

## **AV, AV SCHOOLS, AMA, VMA AND VRWC CLUB CHAMPIONSHIPS, MIDDLE PARK, SUNDAY 24 JUNE**

Sunday saw one of our biggest days of the winter at Middle Park with a variety of Victorian, Victorian Schools, VMA, AMA and VRWC Championships on offer. The weather was perfect (even some sun) and the large fields of walkers showed excellent form. It is not often that we get right through this sort of championship day without one disqualification but that was the case on Sunday so well done everyone on your good walking. Overall, 87 walkers contested a variety of events.

The first events to kick off at 9:30AM were the 20km championships - Victorian Open, Victorian Masters, Australian Masters and VRWC Open Men. Then we also had an Open non-championship for anyone else who wanted to walk 20km. Obviously many walkers featured in more than one championship so there is a fair bit of duplication in the results.

In total, we had over 30 walkers in the 20km events and the gun performer was NSW Olympian Beki Lee who was untroubled in taking fastest time overall with 1:36:45. With her pre-departure test now completed, she will fly out to Europe to join her Australian Olympic walking team mates in St Moritz. Behind her, local walkers Michelle Laufer 1:50:09 and Sarah Brennan 1:54:14 took Victorian Open gold and silver in their first ever 20km efforts while the bronze medal went to Kirstin Shaw who recorded a big PB with her time of 1:59:28. In the men's Victorian Open championship, Simon Evans 1:44:33 took gold ahead of Stuart Kollmorgen 1:45:50 and Aaron McDonough 1:47:05. There were plenty of PBs overall as shown below.

### **AMA Master 20km Men & Women**

1 W40-44 Michelle Laufer Vic 1:50:09  
1 W50-54 Donna-Marie Elms Vic 2:20:29  
1 W55-59 Alison Thompson Vic 2:13:31  
1 W60-64 Heather Carr Vic 2:03:59  
2 W60-64 Liz Feldman Vic 2:10:16  
1 M40-44 Scott Nelson Vic 1:45:11  
2 M40-44 Stuart Kollmorgen Vic 1:45:50  
3 M40-44 Aaron McDonough Vic 1:47:05  
4 M40-44 James Christmass Vic 1:52:42  
5 M40-44 Adam Patterson Vic 2:09:55  
M40-44 David Smythe WA DNF  
1 M45-49 Mark Thomas Vic 1:55:59  
2 M45-49 David Best WA 2:24:48  
1 M50-54 Simon Evans Vic 1:44:33  
1 M55-59 Clyde Riddoch Vic 2:07:48  
1 M60-64 Alan Lucas Vic 2:15:35  
M65-65 Andrew Jamieson Vic DNF  
M65-69 Russ Dickenson Vic DNS  
1 M70-74 Ralph Bennett Vic 1:57:35  
1 M75-79 Bob Gardiner Vic 2:11:00

### **VMA Masters 20km Men & Women**

1 W30-34 Anna Wallace Vic 2:13:37 PB 5:22  
1 W40-44 Michelle Laufer Vic 1:50:09  
1 W50-54 Robyn Shaw Vic 2:17:49  
2 W50-54 Donna-Marie Elms Vic 2:20:29  
1 W55-59 Alison Thompson Vic 2:13:31  
1 W60-64 Heather Carr Vic 2:03:59  
2 W60-64 Liz Feldman Vic 2:10:16  
1 M40-44 Scott Nelson Vic 1:45:11  
2 M40-44 Stuart Kollmorgen Vic 1:45:50  
3 M40-44 Aaron McDonough Vic 1:47:05  
4 M40-44 Adam Patterson Vic 2:09:55  
1 M45-49 Mark Thomas Vic 1:55:59

1 M50-54 Simon Evans Vic 1:44:33  
1 M55-59 Clyde Riddoch Vic 2:07:48  
2 M55-59 Rudolf Skrucany Vic 2:33:26  
1 M70-74 Ralph Bennett Vic 1:57:35