

<b>Age</b>	<b>Event</b>	<b>Name</b>	<b>State</b>	<b>Performance</b>	<b>2023%</b>	<b>Date</b>
M45	10000m	Dave Power	NSW	31:42.6	89.56%	22/12/1973
M35	100m	Don Fraser	Vic	11.0h	85.56%	6/04/1974
M35	Long Jump	Don Fraser	Vic	6.03m	70.45%	6/04/1974
M35	400m	Noel Clough	Vic	50.8h	86.06%	6/04/1974
M35	800m	Noel Clough	Vic	1m 57.2s	86.19%	7/04/1974
M35	Triple Jump	Don Fraser	Vic	12.44m	68.08%	21/04/1974
M35	200m	Don Fraser	Vic	23.4h	83.15%	21/04/1974
M35	200m	Noel Clough	Vic	23.4h	83.15%	21/04/1974
M55	One Hour Run	John Gilmour	WA	17,186m	-	1974
M55	800m	John Gilmour	WA	2:11.9	89.15%	1974
M50	5000m	Jack Ryan	Vic	15:54	88.44%	30/11/1974
M35	100m	Reg Austin	NSW	11.0h(=)	85.56%	1975
M40	3000m Steeplechase	I Hassell	NSW	10:45	77.17%	1975
M40	400m Hurdles	Don Brodie	NSW	64.1h	76.08%	1975
M40	Triple Jump	Lloyd Schaefer	NSW	12.25m	70.43%	1975
M50	Triple Jump	Alex Lampard	SA	9.49m	60.86%	1975
M40	Discus	Harry Wynhoven	Vic	34.32m	48.25%	1975
M50	Discus	P Dalwood	SA	29.62m	41.30%	1975
M60	Discus	D Horsley	WA	23.20m	30.89%	1975
M40	Shot Put	Aivers Pavulins	Vic	11.91m	56.62%	1975
M50	Shot Put	P Dalwood	SA	11.01m	54.41%	1975
M40	Hammer	Tom Mullins		48.36m	59.61%	1975
M40	Hammer	D Leadbetter	SA	49.94m	61.56%	1975
M50	Hammer	Peter Dalwood	SA	29.04m	37.10%	1975
M40	High Jump	Don Williams	NSW	1.52m	65.78%	March 1975
M50	High Jump	Alex Lampart	SA	1.22m	58.03%	March 1975
M40	Long Jump	J Sturzacker	NSW	5.77m	71.17%	March 1975
M50	Long Jump	Alex Lampard	SA	4.68m	64.60%	March 1975
M60	Long Jump	V Pye	SA	3.97m	61.73%	March 1975
M40	Pole Vault	G Brown	Qld	2.78m	47.82%	March 1975
M50	Discus	Aivars Pavulins	Vic	41.98m	58.53%	March 1975
M60	Hammer	Bill Tunaley	Vic	27.24m	37.27%	March 1975
M60	200m	V Pye	Vic	29.1h	77.94%	15/03/1975

M60	400m	V Pye	Vic	73.1h	70.26%	15/03/1975
M40	800m	Tom Roberts	Vic	2:04	84.58%	15/03/1975
M50	800m	Wally Sheppard	Vic	2:11.6	85.97%	15/03/1975
M60	800m	Merv Jenkinson	Qld	2:34.5	79.12%	15/03/1975
M40	1500m	Tom Roberts	Vic	4:23.8	82.12%	15/03/1975
M45	1500m	Norm Windred	NSW	4:33.4	81.91%	15/03/1975
M50	1500m	Theo Orr	Vic	4:25.1	87.59%	15/03/1975
M60	1500m	Merv Jenkinson	Qld	5:23.9	77.79%	15/03/1975
M45	5000m	Dave Power	NSW	15:54.6	84.74%	15/03/1975
M40	10000m	Tony Visalli	NSW	35:05	77.84%	15/03/1975
M50	10000m	Theo Orr	Vic	35:59.2	81.52%	15/03/1975
M60	10000m	Stan Nicolls	Vic	40:45.4	78.71%	15/03/1975
M40	3000m Walk	Peter Waddell	SA	14:25.2	81.48%	15/03/1975
M40	5000m Walk	Peter Waddell	SA	25:03.2	74.33%	15/03/1975
M60	3000m Steeplechase	Stan Nicholls	Vic	13:31.2	-	15/03/1975
M40	100m	N Fletcher	NSW	12.4h	78.23%	29/03/1975
M40	400m	Tom Roberts	Vic	53.5h	84.20%	29/03/1975
M45	400m	Norm Windred	NSW	56.4h	82.38%	29/03/1975
M50	400m	Wally Sheppard	Vic	59.3h	80.91%	29/03/1975
M40	5000m	Tom Roberts	Vic	16:11.6	80.02%	29/03/1975
M60	5000m	Stan Nicols	Vic	19:27.2	79.26%	29/03/1975
M40	1500m	Albie Thomas	NSW	3:55.4	92.03%	29/03/1975
M40	5000m	Albie Thomas	NSW	14:50.8	87.28%	29/03/1975
M40	200m	J Waller	NSW	24.4h	81.97%	30/03/1975
M50	200m	Joe Tennant	Vic	26.8h	79.22%	30/03/1975
M40	100m	EA Eden		11.9h	85.45%	Aug 1975
M45	100m	Rudi Hochreiter	Vic	12.2h	81.86%	Aug 1975
M50	100m	Joe Tennant	Vic	12.4h	83.06%	Aug 1975
M60	100m	Andy Smith	Vic	14.6h	75.56%	Aug 1975
M65	100m	George Simpson	Vic	15.1h	75.72%	Aug 1975
M35	200m	Reg Austin	NSW	22.1h	87.98%	Aug 1975
M45	200m	D McKenny		25.9h	79.51%	Aug 1975
M50	200m	RL Clarke	SA	25.9h	81.94%	Aug 1975
M65	200m	George Simpson	Vic	37.6h	62.61%	Aug 1975

M50	400m	R Clarke	SA	57.9h	82.86%	Aug 1975
M55	400m	Jack Stevens	Vic	61.2h	79.75%	Aug 1975
M60	400m	Andy Smith	Vic	64.7h	79.36%	Aug 1975
M65	400m	George Simpson	Vic	73.4h	72.52%	Aug 1975
M40	800m	Tom Roberts	Vic	2:00.4	87.10%	Aug 1975
M50	800m	R Clarke	SA	2:09.1	87.64%	Aug 1975
M55	800m	Jack Stevens	Vic	2:21.3	83.22%	Aug 1975
M65	800m	Merv Jenkinson	Qld	2:30.6	84.42%	Aug 1975
M65	1500m	Merv Jenkinson	Qld	5:13	84.30%	Aug 1975
M55	5000m	John Gilmour	WA	17:02	86.33%	Aug 1975
M65	5000m	Sid Hesketh	NSW	20:44	78.22%	Aug 1975
M70	5000m	Reg Barlow	Vic	21:06.4	81.10%	Aug 1975
M35	10000m	RH Harbert	Vic	34:46	75.84%	Aug 1975
M50	10000m	Theo Orr	Vic	34:09.2	81.52%	Aug 1975
M55	10000m	George McGrath	NSW	34:05.4	90.08%	Aug 1975
M65	10000m	Sid Hesketh	NSW	42:58	78.19%	Aug 1975
M55	Marathon	George McGrath	NSW	2:40:44	86.65%	Aug 1975
M60	5000m Walk	D Horsley		26:47.2	80.88%	Aug 1975
M40	3000m Steeplechase	Doug Worling	Qld	9:22.4	88.50%	Aug 1975
M50	3000m Steeplechase	Theo Orr	Vic	10:36.6	85.24%	Aug 1975
M40	110m Hurdles	Lloyd Schaefer	NSW	16.6h	78.84%	Aug 1975
M45	110m Hurdles	Don Brodie	NSW	19.4h	70.08%	Aug 1975
M50	110m Hurdles	George Bartlett	Vic	17.5h	-	Aug 1975
M55	110m Hurdles	A Lampard	NSW	23.1h	-	Aug 1975
M45	400m Hurdles	Don Brodie	NSW	64.5h	78.55%	Aug 1975
M50	400m Hurdles	Wally Sheppard	Vic	65.3h	80.87%	Aug 1975
M55	400m Hurdles	A Lampard	SA	89.2h	61.94%	Aug 1975
M60	400m Hurdles	Andy Smith	Vic	80.6h	;-	Aug 1975
M50	High Jump	George Bartlett	Vic	1.58m	75.16%	Aug 1975
M50	Long Jump	Neil Goff	WA	5.21m	71.92%	Aug 1975
M55	Long Jump	Alex Lampard	SA	4.35m	63.67%	Aug 1975
M65	Long Jump	George Simpson	Vic	3.09m	51.14%	Aug 1975
M45	Triple Jump	Rudi Hochreiter	Vic	10.57m	64.06%	Aug 1975
M50	Triple Jump	George Bartlett	Vic	11.00m	70.54%	Aug 1975

M55	Triple Jump	Alex Lampard	SA	9.32m	63.50%	Aug 1975
M60	Triple Jump	Andrew Smith	Vic	8.70m	63.28%	Aug 1975
M40	Pole Vault	Jim McGrath	NSW	3.15m	54.18%	Aug 1975
M50	Pole Vault	George Bartlett	Vic	2.96m	57.05%	Aug 1975
M45	Discus	Ilmar Mancs	Vic	34.66m	52.02%	Aug 1975
M65	Discus	P Barnes		21.28m	30.95%	Aug 1975
M45	Shot Put	Ilmar Mancs	Vic	10.86m	55.11%	Aug 1975
M60	Shot Put	D Horsley	WA	10.78m	56.56%	Aug 1975
M45	Hammer	Tom Mullins	NSW	53.34m	69.98%	Aug 1975
M50	Hammer	Des Frawley	Qld	34.48m	44.05%	Aug 1975
M60	Hammer	John Fraser	Vic	44.50m	60.89%	Aug 1975
M45	Javelin	Rudi Hochreiter	Vic	35.70m	43.90%	Aug 1975
M50	Javelin(800g)	Aivars Pavulins	Vic	44.18m	55.15%	Aug 1975
M55	Shot Put	Peter Dalwood	SA	10.37m	55.13%	1976
M50	1500m	Jack Ryan	Vic	4:14	91.41%	March 1976
W45	Shot Put	Sylvia White	SA	10.53m	59.86%	21/03/1977
M75	5000m Walk	Gus Theobald	Vic	31:32.8	80.65%	10/04/1976
M50	3000m Walk	J Pottage	Vic	14:40	80.45%	11/04/1976
M60	3000m Walk	Tom Daintry	Vic	15:05	85.11%	11/04/1976
M75	3000m Walk	Gus Theobald	Vic	18:18	82.23%	11/04/1976
M60	Hammer	John Fraser	Vic	46.04m	63.00%	18/04/1976
M55	100m	Bernie Hogan	Qld	11.5h	92.34%	18/12/1976
M60	Shot Put	Roy Foley	Vic	12.18m	63.90%	1977
W45	High Jump	Sylvia White	SA	1.28m	68.70%	16/01/1977
M65	5000m Walk	Tom Daintry	Vic	26:28	85.92%	12/03/1977
M70	5000m Walk	Gus Theobald	Vic	31:53.5	75.21%	12/03/1977
M45	100m	LJ Snelling	SA	11.7h	85.28%	9/04/1977
M60	100m	Alex Lampard	SA	14.2h	77.65%	9/04/1977
M70	100m	George Simpson	Vic	15.2h	78.07%	9/04/1977
M35	400m	PM Gare	WA	51.3h	85.23%	9/04/1977
M45	400m	LJ Snelling	SA	54.3h	85.56%	9/04/1977
M50	400m	R Clarke	SA	57.9h	82.86%	9/04/1977
M60	400m	Jack Stevens	Vic	63.3h	81.11%	9/04/1977
M35	1500m	A Jennings	WA	4:46.6	73.31%	9/04/1977

M55	1500m	John Gilmour	WA	4:31.5	88.94%	9/04/1977
M60	1500m	Jack Stevens	Vic	5:17	79.48%	9/04/1977
M70	1500m	P Barnes	NSW	7:06	65.14%	9/04/1977
M35	5000m	A Willis	WA	16:01.2	78.79%	9/04/1977
M40	5000m	Rob Morgan-Morris	Vic	15:55.4	81.38%	9/04/1977
M35	5000m Walk	G Martin	Vic	27:33	65.69%	9/04/1977
M35	110m Hurdles	J Reynolds	WA	16.4h	77.26%	9/04/1977
M55	110m Hurdles	N Goff	WA	19.1h	-	9/04/1977
M70	110m Hurdles	George Simpson	Vic	26.0h	-	9/04/1977
M45	Long Jump	James Souter	NSW	4.90m	63.90%	9/04/1977
M55	Long Jump	Noel Goff	WA	4.82m	70.55%	9/04/1977
M60	Long Jump	Alex Lampard	SA	4.44m	69.04%	9/04/1977
M70	Long Jump	George Simpson	Vic	3.80m	67.09%	9/04/1977
M35	Pole Vault	T Reynolds	WA	2.64m	43.16%	9/04/1977
M45	Pole Vault	Pat Leane	Vic	2.82m	51.23%	9/04/1977
M60	Pole Vault	Alex Lampard	SA	1.86m	40.99%	9/04/1977
M60	Discus	John Fraser	Vic	42.70m	56.85%	9/04/1977
M35	Shot Put	E Neimanis	WA	12.32m	55.06%	9/04/1977
M45	Shot Put	Pat Leane	Vic	11.43m	58.00%	9/04/1977
M55	Shot Put	Noel Goff	WA	9.20m	48.91%	9/04/1977
M60	Shot Put	John Fraser	Vic	12.87m	67.52%	9/04/1977
M65	Shot Put	Bill Tunaley	Vic	8.15m	46.50%	9/04/1977
M70	Shot Put	Percy Barnes	SA	8.44m	47.15%	9/04/1977
M35	Javelin	T Reynolds	WA	43.06m	45.64%	9/04/1977
M40	Javelin	Tom Hancock	Vic	52.02m	59.26%	9/04/1977
M45	Javelin	Pat Leane	Vic	52.70m	64.80%	9/04/1977
M50	Javelin(800g)	Des Frawley	Qld	48.24m	60.22%	9/04/1977
M55	Javelin(800g)	Noel Goff	WA	25.96m	35.39%	9/04/1977
M60	Javelin	John Fraser	Vic	28.24m	39.21%	9/04/1977
M65	Javelin(800g)	J Collins	WA	16.14m	24.89%	9/04/1977
M70	Javelin	Percy Barnes	SA	23.98m	37.90%	9/04/1977
M45	200m	LJ Snelling	SA	24.6h	83.67%	10/04/1977
M55	200m	N Goff	WA	28.4h	77.21%	10/04/1977
M70	200m	George Simpson	Vic	34.1h	71.63%	10/04/1977

M35	800m	N Charles	SA	2:19.3	72.51%	10/04/1977
M45	800m	RI Shand	WA	2:13.6	81.52%	10/04/1977
M60	800m	Jack Stevens	Vic	2:28.3	82.43%	10/04/1977
M70	800m	Tom Millard	NSW	3:37.9	60.70%	10/04/1977
M40	10000m	Rob Morgan-Morris	Vic	33:06.6	82.48%	10/04/1977
M65	10000m	W Batterham	WA	42:41	78.71%	10/04/1977
M70	10000m	J Sheppard	WA	54:07	65.20%	10/04/1977
M35	3000m Walk	G Martin	Vic	15:50.9	68.05%	10/04/1977
M45	3000m Walk	D Waters	WA	16:41	68.17%	10/04/1977
M60	3000m Walk	Tom Daintry	Vic	15:48	85.27%	10/04/1977
M45	3000m Steeplechase	R Sara	SA	12:46	67.77%	10/04/1977
M55	400m Hurdles	RG Payne	NSW	73.7h	74.94%	10/04/1977
M60	400m Hurdles	A Lampard	SA	76.6h	-	10/04/1977
M70	400m Hurdles	George Simpson	Vic	95.8h	-	10/04/1977
M35	High Jump	T Reynolds	WA	1.71m	70.77%	10/04/1977
M40	High Jump	Tom Hancock	Vic	1.57m	67.94%	10/04/1977
M45	High Jump	Pat Leane	Vic	1.57m	71.16%	10/04/1977
M55	High Jump	N Goff	WA	1.30m	65.02%	10/04/1977
M60	High Jump	Alex Lampard	SA	1.30m	68.53%	10/04/1977
M35	Triple Jump	T Reynolds	WA	11.59m	63.43%	10/04/1977
M50	Triple Jump	Rudi Hochreiter	Vic	11.05m	70.86%	10/04/1977
M55	Triple Jump	Noel Goff	WA	10.76m	73.31%	10/04/1977
M60	Triple Jump	Alex Lampard	SA	9.40m	68.37%	10/04/1977
M70	Triple Jump	George Simpson	Vic	8.06m	67.96%	10/04/1977
M35	Discus	E Neimanis	WA	38.78m	53.97%	10/04/1977
M45	Discus	Pat Leane	Vic	35.94m	53.95%	10/04/1977
M55	Discus	Noel Goff	WA	22.86m	34.36%	10/04/1977
M50	Hammer	Des Frawley	Qld	41.32m	52.79%	10/04/1977
M70	Hammer	Percy Barnes	SA	24.68m	36.84%	10/04/1977
M50	Pentathlon	Rudi Hochreiter	Vic	3519pts	-	8/08/1977
M70	100m	George Simpson	Vic	14.6h	81.22%	8/08/1977
M70	Discus	Percy Barnes	SA	28.74m	46.07%	8/08/1977
M55	Shot Put	Peter Dalwood	SA	10.93m	58.11%	8/08/1977
M40	100m	Reg Austin	NSW	10.8h	89.57%	9/08/1977

M50	High Jump	George Bartlett	Vic	1.60m	76.11%	9/08/1977
M50	Triple Jump	Rudi Hochreiter	Vic	11.11m	71.25%	9/08/1977
M40	200m	Reg Austin	NSW	21.9h	91.23%	10/08/1977
M55	Long Jump	Noel Goff	WA	4.84m	70.84%	10/08/1977
M70	Long Jump	George Simpson	Vic	3.91m	69.03%	10/08/1977
M55	3000m Steeplechase	Allen Merrett	WA	11:29.8	82.43%	11/08/1977
M70	Javelin	Percy Barnes	SA	27.84m	44.00%	11/08/1977
M80	5000m Walk	Gus Theobald	Vic	30:42	88.47%	12/08/1977
M40	5000m Walk	Logan Irwin	NSW	24:55.8	74.70%	12/08/1977
M50	5000m Walk	Noel Anderson	Vic	26:03.2	76.49%	12/08/1977
M55	5000m Walk	GA Cavill	NSW	25:57.5	79.88%	12/08/1977
M40	400m	Noel Clough	Vic	49.5h	90.99%	13/08/1977
M40	800m	Noel Clough	Vic	1:54.8	87.10%	13/08/1977
M40	800m	Anthony Blue	Qld	1:54.8	87.10%	13/08/1977
M40	20km Walk Road	Logan Irwin	NSW	1:45:48.4	73.73%	13/08/1977
M50	20km Walk Road	Noel Anderson	Vic	1:54:27.6	72.88%	13/08/1977
M55	20km Walk Road	George Cavill	NSW	1:55:44.4	75.05%	13/08/1977
M60	20km Walk Road	Harry Jones	Vic	1:58:04.8	77.00%	13/08/1977
M80	20km Walk Road	Gus Theobald	Vic	2:11:55	88.01%	13/08/1977
M35	Shot Put	Merv Kemp	SA	15.99m	71.46%	29/10/1977
M65	Marathon	Stan Nicolls	Vic	3:07:48	81.42%	20/11/1977
M55	Marathon	John Gilmour	WA	2:38:19	87.98%	1978
M55	Discus	P Dalwood	SA	25.64m	38.54%	1978
W35	60m	Kathy Holland	WA	7.4h	90.97%	1978
W35	100m	Kathy Holland	WA	12.00s	88.67%	7/01/1978
W35	Triple Jump	J Petroschevly	Qld	8.45m	54.52%	15/01/1978
W40	Triple Jump	Heather Doherty	Qld	7.45m	50.66%	15/01/1978
W30	400m	Judy Daly	SA	57.2h	84.14%	4/02/1978
M40	Hammer	Mike Edwards	Vic	49.94m(=)	61.56%	5/02/1978
W35	200m	Kathy Holland	WA	24.6h	87.08%	18/02/1978
W35	400m Hurdles	Kathy Holland	WA	63.7h	82.58%	18/02/1978
W30	800m	Judy Daly	SA	2:07.40	89.49%	25/02/1978
W30	400m	Kathy Holland	WA	56.0h	88.28%	25/03/1978
W30	10k	E Richards	NSW	35:46	81.89%	25/03/1978

W30	Long Jump	M Davidson	Vic	3.85m	51.89%	25/03/1978
W35	Long Jump	Helen Searle	NSW	5.06m	70.93%	25/03/1978
W45	Long Jump	Jean O'Neill	Vic	3.22m	50.37%	25/03/1978
W30	Shot Put	R Stokes	SA	10.41m	49.01%	25/03/1978
W35	Shot Put	Helen Searle	NSW	11.51m	56.27%	25/03/1978
W40	Shot Put	Joyce Hallett	NSW	9.22m	48.53%	25/03/1978
W50	Shot Put	Lesley Foley	Vic	7.27m	38.81%	25/03/1978
W55	Shot Put	Margaret Cahill	SA	5.22m	30.36%	25/03/1978
W30	Javelin	Marylou Serre	Vic	26.76m	37.02%	25/03/1978
W35	Javelin	Pamela Klaarson	Vic	32.94m	46.84%	25/03/1978
W40	Javelin	Joyce Hallett	NSW	22.70m	35.49%	25/03/1978
W45	Javelin	Sylvia White	SA	30.88m	53.21%	25/03/1978
W50	Javelin	Lesley Foley	Vic	16.06m	27.94%	25/03/1978
W55	Javelin(800g)	Verna LeRossignol	Vic	14.78m	28.55%	25/03/1978
M65	3000m Walk	Tom Daintry	Vic	14:57	90,12%	26/03/1978
M55	1500m Steeplechase	J Lovell	SA	6:21.4	-	26/03/1978
M60	1500m Steeplechase	Eddie Gamble	Vic	6:06.5	-	26/03/1978
M65	1500m Steeplechase	Stan Nicolls	Vic	5:53.7	-	26/03/1978
M35	Triple Jump	Kevin Rule	Vic	12.70m	69.51%	26/03/1978
M40	Triple Jump	Graeme Annard	Vic	12.48m	71.75%	26/03/1978
M45	Triple Jump	Lloyd Schaefer	NSW	12.09m	73.27%	26/03/1978
M35	Hammer	Graeme Young	Vic	47.70m	56.21%	26/03/1978
M55	Hammer	Peter Dalwood	SA	28.82m	39.72%	26/03/1978
M65	Hammer	Bill Tunaley	Vic	28.00m	42.07%	26/03/1978
W35	High Jump	Helen Searle	NSW	1.50m	73.39%	26/03/1978
W40	High Jump	Ursula Krenkels	Vic	1.50m	76.82%	26/03/1978
W35	Discus	Pamela Klaarsen	Vic	29.58m	41.42%	26/03/1978
W40	Discus	Joyce Hallett	NSW	30.92m	46.82%	26/03/1978
W45	Discus	Sylvia White	SA	33.39m	54.91%	26/03/1978
W50	Discus	Lesley Foley	Vic	21.70m	38.91%	26/03/1978
W55	Discus	Margaret Cahill	SA	14.16m	27.82%	26/03/1978
M55	5000m	Jack Ryan	Vic	15:52.8	92.60%	24/04/1978
W55	Shot Put	Margaret Cahill	SA	6.10m	35.48%	2/12/1978
W45	Discus	Heather Doherty	Qld	34.00m	55.91%	10/12/1978



W40	Javelin	Heather Doherty	Qld	32.40m	50.65%	18/12/1978
M60	200m	Alex Lampard	SA	28.5h	79.57%	1979
M60	400m	Jack Stevens	Vic	62.5h	82.15%	1979
M70	400m	George Simpson	Vic	78.5h	70.39%	1979
M35	800m	R Brown	Vic	2:00	84.18%	1979
M45	800m	William Grady	Qld	2:07.9	85.16%	1979
M55	800m	Wally Shepard	Vic	2:12.8	88.54%	1979
M35	1500m	R Brown		4:08.7	84.49%	1979
M45	1500m	Geoff Warren	Vic	4:09.7	89.68%	1979
M55	1500m	Jack Ryan	Vic	4:20.7	92.62%	1979
M60	1500m	Alan Burgoyne	Vic	5:13.2	80.45%	1979
M70	1500m	Reg Barlow	Vic	6:18.2	73.37%	1979
M60	1500m	John Gilmour	WA	4:29.00	93.66%	1979
M60	One Hour Run	John Gilmour	WA	16,854m	-	1979
M35	5000m	Trevor Vincent	Vic	15:01	84.06%	1979
M35	10000m	Trevor Vincent	Vic	31:32.6	83.59%	1979
M40	10000m	Ernst Krenkels	NSW	32:27.2	84.15%	1979
M50	10000m	Peter Piper	NSW	33:21.6	87.94%	1979
M65	10000m	Stan Nicolls	Vic	39:04	86.00%	1979
M35	5000m Walk	Allan Salter	Vic	26:03	69.48%	1979
M40	5000m Walk	Ken Hall	Vic	24:38	75.60%	1979
M35	3000m Steeplechase	Peter Hannaford	Vic	9:30.7	83.80%	1979
M55	Long Jump	Des Frawley	Qld	5.00m	73.18%	1979
M45	Pole Vault	Jim McGrath	NSW	3.20m	58.14%	1979
M60	Pole Vault	Alex Lampard	SA	2.30m	50.69%	1979
M40	Shot Put	W Baladis	Vic	12.69m	60.33%	1979
M45	Shot Put	Pat Leane	Vic	11.95m	60.64%	1979
M40	Javelin	Tom Hancock	Vic	55.80m	63.56%	1979
M50	Javelin(800g)	Jin Achurch	Qld	53.92m	67.31%	1979
M60	Javelin	Harry Logan	Vic	29.06m	40.35%	1979
W35	5000m	Dot Browne	Vic	17:43.9	80.00%	1979
W35	Discus	Una Lund	Qld	38.50m	53.91%	4/02/1979
W35	Long Jump	Helen Searle	NSW	5.56m	77.94%	18/02/1979
W35	Shot Put	Helen Searle	NSW	11.66m	57.00%	18/02/1979

W55	Discus	Margaret Cahill	SA	15.92m	31.28%	24/02/1979
W30	Javelin	Mary Thomas	NSW	49.40m	68.48%	24/02/1979
W35	Javelin(800g)	Una Lund	Qld	33.26m	47.29%	4/03/1979
M40	Long Jump	Graeme Annard	Vic	5.85m	72.16%	April 1979
M60	Long Jump	Alex Lampard	SA	4.60m	71.52%	April 1979
M40	Pole Vault	R Daniels	SA	3.25m	55.90%	April 1979
M45	Javelin	Pat Leane	Vic	55.08m	67.73%	April 1979
W30	Long Jump	R Phillips	Qld	4.68m	63.07%	1/04/1979
M50	100m	Rudi Hochreiter	Vic	12.4h	83.06%	14/04/1979
M45	100m	Jim Liascos	SA	11.7h	85.28%	14/04/1979
M50	100m	Rudi Hochreiter	Vic	12.0h	85.77%	14/04/1979
M60	100m	Alex Lampard	SA	13.7h	80.43%	14/04/1979
M65	100m	Wally Stubbings	Qld	14.7h	77.74%	14/04/1979
M65	100m	Wally Stubbings	Qld	14.3h	79.88%	14/04/1979
M35	400m	D McGregor	Vic	51.3h	85.23%	14/04/1979
M45	400m	LJ Snelling	SA	53.0h	87.65%	14/04/1979
M50	400m	Reg Austin	NSW	55.6h	86.28%	14/04/1979
M55	400m	R Payne	NSW	60.9h	81.45%	14/04/1979
M65	400m	Wally Stubbings	Qld	67.4h	78.96%	14/04/1979
M65	400m	Wally Stubbings	Qld	66.1h	80.51%	14/04/1979
M70	400m	Merv Jenkinson	Qld	71.2h	77.59%	14/04/1979
M40	5000m	Ernst Krenkels	NSW	15:28	83.78%	14/04/1979
M65	5000m	Stan Nicols	Vic	18:57	85.58%	14/04/1979
M60	1500m	Ted McDonald	Vic	5:09.7	81.36%	14/04/1979
M70	1500m	Merv Jenkinson	Qld	5:48.3	79.67%	14/04/1979
M75	1500m	Tom Millard	NSW	7:37	64.13%	14/04/1979
M40	5000m	Trevor Vincent	Vic	15:04.9	85.92%	14/04/1979
M45	5000m	Rob Morgan-Morris	Vic	15:54.4	84.76%	14/04/1979
M35	5000m Walk	Allan Salter	Vic	25:28	71.07%	14/04/1979
M40	5000m Walk	John Smith	NSW	22:34	82.52%	14/04/1979
M45	5000m Walk	Logan Irwin	NSW	25:05	75.46%	14/04/1979
M45	5000m Walk	Peter Waddell	NSW	25:29	75.46%	14/04/1979
M65	5000m Walk	Tom Daintry	Vic	25:44	90.21%	14/04/1979
M35	110m Hurdles	Harry Giles	Qld	15.6h	81.16%	14/04/1979

M40	110m Hurdles	Ken Priestly	Vic	16.5h	79.31%	14/04/1979
M45	110m Hurdles	Lloyd Schaefer	NSW	17.2h	78.92%	14/04/1979
M70	110m Hurdles	A Lampard	NSW	20.6h	-	14/04/1979
M35	Long Jump	Pat Greene	NSW	5.95m	69.51%	14/04/1979
M45	Long Jump	Jim McGrath	NSW	5.86m	76.42%	14/04/1979
M50	Long Jump	Garvin Brown	Qld	5.32m	73.44%	14/04/1979
M40	Pole Vault	Glen Powell	SA	3.50m	60.20%	14/04/1979
M45	Pole Vault	Jim McGrath	NSW	3.50m	63.59%	14/04/1979
M50	Pole Vault	Garvin Brown	Qld	3.50m	67.46%	14/04/1979
M45	Shot Put	Bill Van Weenen	Vic	12.17m	61.76%	14/04/1979
M65	Shot Put	A Hayes	NSW	10.15m	57.91%	14/04/1979
W50	1500m	Shirley Brasher	Tas	5:19.2	82.34%	14/04/1979
W40	Long Jump	Ursula Krenkels	Qld	4.45m	65.84%	14/04/1979
W45	Long Jump	Sylvia White	SA	4.06m	63.50%	14/04/1979
W50	Long Jump	Mavis Gibbs	NSW	3.04m	50.35%	14/04/1979
W30	Shot Put	Mary Thomas	NSW	11.18m	52.64%	14/04/1979
W40	Shot Put	J Preece	Vic	10.47m	55.11%	14/04/1979
W50	Shot Put	Laurel Renalson	NSW	10.05m	53.65%	14/04/1979
W45	Javelin	Heather Doherty	Qld	38.66m	66.62%	14/04/1979
W55	Javelin	Margaret Cahill	SA	15.96m	30.83%	14/04/1979
M40	200m	Noel Clough	Vic	23.8h	84.02%	15/04/1979
M45	200m	LJ Snelling	SA	24.0h	85.74%	15/04/1979
M50	200m	Rudi Hochreiter	Vic	25.6h	82.89%	15/04/1979
M55	200m	Joe Tennant	Vic	26.5h	82.70%	15/04/1979
M40	200m	Graham Page	Vic	23.7h	84.37%	15/04/1979
M45	200m	P Pearson	Qld	23.7h	86.82%	15/04/1979
M50	200m	Rudi Hochreiter	Vic	24.7h	85.89%	15/04/1979
M60	200m	Richard Barker	Vic	28.4h	79.84%	15/04/1979
M65	200m	Wally Stubbings	Qld	29.3h	80.20%	15/04/1979
M70	200m	Merv Jenkinson	Qld	31.8h	76.77%	15/04/1979
M45	800m	Tom Roberts	Vic	2:03.7	88.05%	15/04/1979
M60	800m	Jack Stevens	Vic	2:26.5	83.44%	15/04/1979
M70	800m	Merv Jenkinson	Qld	2:42.4	81.45%	15/04/1979
M75	800m	Tom Millard	NSW	3:45	61.85%	15/04/1979

M35	3000m Walk	John Salter	Vic	14:51.9	72.55%	15/04/1979
M40	3000m Walk	John Smith	NSW	13:26.5	81.83%	15/04/1979
M45	3000m Walk	Logan Irwin	NSW	15:08	75.15%	15/04/1979
M55	3000m Walk	G Cavill	NSW	16:16	75.52%	15/04/1979
M70	3000m Walk	W Grierson	Vic	21:01	67.58%	15/04/1979
M80	3000m Walk	Gus Theobald	Vic	19:11	85.87%	15/04/1979
M45	3000m Steeplechase	Bill Hughes	Vic	10:42.3	80.82%	15/04/1979
M50	1500m Steeplechase	G Cavell	NSW	6:16.3	-	15/04/1979
M60	10000m	Ted McDonald	Vic	40:28.7	79.25%	15/04/1979
M35	400m Hurdles	Harry Giles	Qld	59.8h	78.71%	15/04/1979
M35	400m Hurdles	Robert Smith	Vic	60.8h	77.42%	15/04/1979
M40	400m Hurdles	C Matthews	Vic	61.4h	79.42%	15/04/1979
M45	400m Hurdles	B Grady	Qld	63.2h	80.16%	15/04/1979
M50	400m Hurdles	Hans Meischelbach	Vic	64.0h	82.50%	15/04/1979
M55	400m Hurdles	RG Payne	NSW	72.2h	76.49%	15/04/1979
M60	400m Hurdles	A Lampard	SA	76.0h	-	15/04/1979
M40	High Jump	Cosmos Julian	Vic	1.70m	73.56%	15/04/1979
M55	High Jump	R Payne	NSW	1.30m(=)	65.02%	15/04/1979
M50	Triple Jump	Ken McConnell	Tas	11.82m	75.80%	15/04/1979
M40	Discus	H Vann	Vic	36.94m	51.93%	15/04/1979
M65	Discus	Bill Tunneley	Vic	23.58m	34.30%	15/04/1979
M35	Hammer	Ken Readwin	Vic	50.38m	59.37%	15/04/1979
M60	Triple Jump	Harry Logan	Vic	9.70m	70.56%	15/04/1979
W45	Triple Jump	Heather Doherty	Qld	8.13m	58.76%	15/04/1979
W50	Triple Jump	B Sherlock	NSW	6.61m	50.87%	15/04/1979
W30	Discus	Mary Thomas	NSW	29.44m	41.23%	15/04/1979
W50	Discus	Laurel Renalson	NSW	23.58m	42.28%	15/04/1979
M55	Hammer	Aivers Pavulins	Vic	33.94m	46.78%	July 1979
M60	10000m	John Gilmour	WA	35:07.7	91.32%	27/07/1979
M75	10000m	Reg Barlow	Vic	46:16	78.38%	27/07/1979
M55	Discus	Aivers Pavulins	Vic	36.64m	55.08%	27/07/1979
M55	Shot Put	Aivers Pavulins	Vic	13.31m	70.76%	27/07/1979
M75	100m	Fritz Duchene	Vic	15.59s	80.40%	28/07/1979
M45	800m	Tom Roberts	Vic	2:00.3	90.54%	28/07/1979

M60	800m	John Gilmour	WA	2:19.3	87.75%	28/07/1979
M70	800m	Merv Jenkinson	Qld	2:37.4	84.04%	28/07/1979
M40	10k Walk Road	John Smith	NSW	47:34.3	81.30%	28/07/1979
M45	10k Walk Road	Irwin Logan	NSW	52:08	76.53%	28/07/1979
M65	10k Walk Road	RH Jones	Vic	55:23.4	84.30%	28/07/1979
M40	200m	Reg Austin	NSW	22.39s	90.21%	29/07/1979
M50	400m Hurdles	Hans Meischelbach	Vic	63.67s	83.11%	29/07/1979
M60	5000m	John Gilmour	WA	16:54.9	91.16%	30/07/1979
M75	5000m	Reg Barlow	Vic	22:28.2	80.71%	30/07/1979
M75	200m	Fritz Duchene	Vic	34.08s	75.08%	31/07/1979
M65	400m	Wally Stubbings	Qld	65.44s	81.49%	31/07/1979
M70	1500m	Merv Jenkinson	Qld	5:28.5	84.47%	31/07/1979
M75	1500m	Reg Barlow	Vic	6:23.9	76.34%	31/07/1979
M40	20km Walk Road	John Smith	NSW	1:36:50.7	80.55%	31/07/1979
M45	20km Walk Road	Logan Irwin	NSW	1:47:39.2	74.77%	31/07/1979
M65	30km Walk Road	Harry Jones	Vic	1:58:07.7	81.01%	31/07/1979
W50	Javelin	Lesley Foley	Vic	19.10m	33.23%	31/07/1979
M70	400m	Merv Jenkinson	Qld	69.76s	79.35%	1/08/1979
M60	1500m	John Gilmour	WA	4:32.5	92.46%	1/08/1979
M55	3000m Steeplechase	Allen Merrett	WA	11:18.1	83.85%	1/08/1979
M45	Triple Jump	J Sturzaker	NSW	12.65m	76.67%	1/08/1979
M55	Javelin(800g)	Aivars Pavulins	Vic	43.90m	59.85%	1/08/1979
W40	5k Walk	Marlene Stanway	Vic	26:21.4	78.58%	2/08/1979
W40	10k Walk Road	Marlene Stanway	Vic	53:42.8	78.81%	2/08/1979
W50	5k Walk	Shirley Brasher	Tas	28:23	78.20%	14/09/1979
W60	Long Jump	I Korhonen	Qld	2.19m	40.90%	7/10/1979
W35	Javelin	Una Lund	Qld	36.14m	51.39%	14/10/1979
W35	Triple Jump	Una Lund	Qld	10.40m	67.10%	21/10/1979
W45	Triple Jump	Heather Doherty	Qld	8.65m	62.52%	21/10/1979
W35	Shot Put	Una Lund	Qld	11.75m	57.44%	3/11/1979
W30	Triple Jump	Beverley Kelly	Qld	7.90m	50.97%	2/12/1979
W55	Discus	Laurel Frawley	Qld	19.56m	38.43%	2/12/1979
M55	10000m	Jack Ryan	Vic	33:36.2	91.38%	19/12/1979
M60	1500m	John Gilmour	WA	4:30	93.32%	22/12/1979

M70	800m	Merv Jenkinson	Qld	2:37.4	84.04%	1980
M60	3000m	John Gilmour	WA	9:41.20	92.39%	1980
M60	5000m	John Gilmour	WA	16:33.30	93.14%	1980
M60	Mile	John Gilmour	WA	4:57.10	91.08%	1980
M35	30km Walk Road	Willi Sawall	Vic	2:10:11	93.55%	1980
M35	50km Walk Road	Willi Sawall	Vic	3:46:34	95.21%	1980
M35	3000m Walk	John Salter	Vic	14:23	74.98%	1980
M35	Discus	Graeme Young	Vic	45.76m	63.68%	1980
M70	1500m	Merv Jenkinson	Qld	5:11.8	88.99%	6/01/1980
W35	Discus	Una Lund	Qld	39.96m	55.96%	6/01/1980
W45	Javelin(800g)	Heather Doherty	Qld	42.28m	75.82%	19/01/1980
W30	High Jump	Beverley Kelly	Qld	1.20m	57.42%	27/01/1980
W35	Javelin	Una Lund	Qld	37.62m	53.49%	11/02/1980
W30	1500m	Judy Daly	SA	4:28.7	85.62%	12/02/1980
W50	Shot Put	Sylvia White	SA	11.16m	59.57%	16/02/1980
W50	Javelin	Sylvia White	SA	27.84m	48.43%	16/02/1980
W50	Discus	Sylvia White	SA	30.32m	54.36%	17/02/1980
M55	1500m	Jack Ryan	Vic	4:17.6	93.74%	11/03/1980
M55	200m	Bernie Hogan	Qld	24.8h	88.31%	March 1980
W40	Long Jump	Ronda Beveridge	Vic	4.75m	70.28%	March 1980
W50	Long Jump	Margaret Anderson	Vic	3.23m	53.50%	March 1980
W40	Javelin	Pam Telfer	Vic	34.16m	53.40%	March 1980
W60	Javelin	Verna Le Rossignol	Vic	13.42m	28.94%	March 1980
W50	Discus	Sylvia White	SA	30.60m	54.87%	8/03/1980
W50	Javelin	Sylvia White	SA	29.24m	50.87%	8/03/1980
W40	Triple Jump	Ronda Beveridge	Vic	8.99m	61.14%	12/03/1980
M35	3000m Walk	*Willi Sawall	Vic	11:28.2	94.03%	15/03/1980
W50	Javelin	Sylvia White	SA	29.96m	52.12%	15/03/1980
W40	Shot Put	J Preeze	Vic	10.93m	57.53%	16/03/1980
W30	Triple Jump	Linda Ireland	Vic	9.85m	63.55%	19/03/1980
W55	Discus	Laurel Frawley	Qld	19.64m	38.59%	22/03/1980
M35	20km Walk Road	Willi Sawall	Vic	1:24:04.3	91.10%	23/03/1980
W45	Long Jump	Heather Doherty	Qld	4.17m	65.23%	23/03/1980
M65	Discus	John Fraser	Vic	32.82m	47.74%	April 1980

M45	Shot Put	Bill Van Weenen	Vic	12.44m	63.13%	April 1980
M65	Shot Put	John Fraser	Vic	10.57m	60.30%	April 1980
M65	Hammer	John Fraser	Vic	33.64m	50.54%	April 1980
M65	100m	R Burford	NSW	14.3h	79.88%	4/04/1980
M40	10000m	Trevor Vincent	Vic	32:24.1	84.28%	4/04/1980
M70	10000m	John Brown	Vic	48:23	72.93%	4/04/1980
M65	110m Hurdles	Andy Smith	Vic	23.4h	-	4/04/1980
M35	Long Jump	J Hamann	SA	6.43m	75.12%	4/04/1980
M40	Long Jump	Rod Stone	SA	5.91m	72.90%	4/04/1980
M55	Long Jump	Ken McConnell	Tas	5.43m	79.48%	4/04/1980
M65	Long Jump	Al Digance	SA	3.68m	60.90%	4/04/1980
M55	Triple Jump	Ken McConnell	Tas	12.19m	83.06%	4/04/1980
M65	Triple Jump	Andrew Smith	Vic	8.24m	64.33%	4/04/1980
M65	400m Hurdles	Andy Smith	Vic	84.0h	-	5/04/1980
M70	400m Hurdles	George Simpson	Vic	94.2h	-	5/04/1980
M35	800m	N Spurling		1:58.9	84.95%	5/04/1980
M50	800m	W Grady	Qld	2:07.5	88.74%	5/04/1980
M60	800m	John Gilmour	WA	2:18.2	88.45%	5/04/1980
M65	High Jump	Andy Smith	Vic	1.20m	66.85%	5/04/1980
M35	Pole Vault	J Hamann	SA	4.03m	65.89%	5/04/1980
M40	Pole Vault	Ken Priestly	Vic	3.50m(=)	60.20%	5/04/1980
W30	Long Jump	Linda Ireland	Vic	4.96m	66.85%	5/04/1980
W40	Long Jump	Helen Searle	NSW	5.35m	79.16%	5/04/1980
W50	Long Jump	Margaret Anderson	Vic	3.54m	58.63%	5/04/1980
W55	Shot Put	Laurel Frawley	Qld	6.12m	35.59%	5/04/1980
W60	Shot Put	Verna Le Rossignol	Vic	4.98m	31.74%	5/04/1980
W50	Javelin	Sylvia White	SA	30.66m	53.34%	5/04/1980
W60	Javelin	Verna Le Rossignol	Vic	13.70m	28.94%	5/04/1980
M55	400m	R Clarke	Vic	58.2h	85.22%	6/04/1980
M65	400m	R Burford	NSW	64.3h	82.76%	6/04/1980
M75	400m	H Warburton	Vic	79.5h	72.42%	6/04/1980
M35	1500m	N Spurling	SA	4:07	85.07%	6/04/1980
M75	1500m	Reg Barlow	Vic	6:20	77.12%	6/04/1980
M45	5000m	D Worling	NSW	15:53.8	84.81%	6/04/1980

M60	5000m	John Gilmour	WA	16:52.6	91.37%	6/04/1980
M35	3000m Walk	Peter Fullager	SA	12:44.6	84.63%	6/04/1980
M40	3000m Walk	Bob Mee	SA	13:12.7	83.26%	6/04/1980
M45	3000m Walk	Logan Irwin	NSW	14:44.5	77.15%	6/04/1980
M55	3000m Walk	George Nevitt	Vic	15:19	80.21%	6/04/1980
M70	3000m Walk	Frank Scully	Vic	18:53	75.21%	6/04/1980
M45	3000m Steeplechase	Doug Worling	NSW	9:52	87.69%	6/04/1980
M50	1500m Steeplechase	Theo Orr	Vic	5:10.1	-	6/04/1980
W30	High Jump	Linda Ireland	Vic	1.40m	66.99%	6/04/1980
W50	High Jump	Jean O'Neill	Vic	0.95m	53.50%	6/04/1980
W60	Discus	Verna Le Rossignol	Vic	13.46m	29.16%	6/04/1980
M60	5000m	John Gilmour	WA	16:33.3	93.14%	9/08/1980
W60	Shot Put	Margaret Cahill	SA	5.56m	35.44%	8/11/1980
W60	Discus	Margaret Cahill	SA	14.34m	31.07%	8/11/1980
W55	Shot Put	Laurel Frawley	Qld	6.21m	36.12%	9/11/1980
W60	Shot Put	Margaret Cahill	SA	5.75m	36.65%	15/11/1980
W50	Javelin	Sylvia White	SA	32.20m	56.02%	15/11/1980
W60	Javelin	Margaret Cahill	SA	14.86m	32.04%	15/11/1980
W60	Shot Put	Margaret Cahill	SA	5.85m	37.28%	22/11/1980
W60	Discus	Margaret Cahill	SA	15.26m	33.06%	22/11/1980
M60	10000m	John Gilmour	WA	34:23	93.30%	26/11/1980
W35	Shot Put	Una Lund	Qld	11.86m	57.98%	29/11/1980
W60	Shot Put	Margaret Cahill	SA	5.86m	37.35%	13/12/1980
W50	Discus	Sylvia White	SA	32.10m	57.56%	20/12/1980
W45	Discus	Heather Doherty	Qld	34.66m	57.00%	21/12/1980
W55	Discus	Laurel Frawley	Qld	19.70m	38.71%	21/12/1980
M60	Marathon	John Gilmour	WA	2:41:07	90.44%	1981
M40	10000m	Trevor Vincent	Vic	30:50	88.57%	1981
W30	Long Jump	Pamela Klaarsen	Vic	5.04m	67.92%	1981
M40	10000m	Trevor Vincent	Vic	31:47.7	85.89%	8/01/1981
M70	10000m	John Brown	Vic	45:54.6	76.85%	8/01/1981
M50	Long Jump	Lloyd Schaefer	NSW	5.34m	73.72%	8/01/1981
W40	High Jump	Helen Searle	NSW	1.51m	77.34%	8/01/1981
M50	100m	Lawrie Snelling	SA	11.91s	88.15%	9/01/1981



M65	100m	R Burford	NSW	14.28s	81.34%	9/01/1981
M75	100m	V Empey	NSW	31.63s	41.39%	9/01/1981
M45	200m	HJ Thomas	SA	23.20s	89.59%	9/01/1981
M60	200m	Bernie Hogan	Qld	25.88s	88.36%	9/01/1981
M45	3000m Steeplechase	Doug Worling	NSW	9:41.49	89.27%	9/01/1981
M65	3000m Steeplechase	Stan Nicolls	Vic	12:57.56	-	9/01/1981
M50	400m Hurdles	William Grady	Qld	62.20s	85.08%	9/01/1981
M65	Shot Put	John Fraser	Vic	10.95m	62.47%	9/01/1981
W60	Javelin	Margaret Cahill	SA	15.06m	32.47%	10/01/1981
M45	100m	HJ Thomas	SA	11.50s	88.55%	11/01/1981
M65	200m	RP Burford		28.79s	82.29%	11/01/1981
M50	400m	Lawrie Snelling	SA	52.91s	90.90%	11/01/1981
M55	800m	Reg McRae	Vic	2:12.58	88.69%	11/01/1981
M60	800m	John Gilmour	WA	2:16.98	89.24%	11/01/1981
M75	10000m	Syd Hesketh	NSW	46:00.3	78.83%	11/01/1981
M45	5000m Walk	Harry Summers	Vic	23:38	81.37%	11/01/1981
M70	5000m Walk	George Knott	Vic	31:25	76.34%	11/01/1981
M60	100m	Bernie Hogan	Qld	12.54s	89.41%	12/01/1981
M40	5000m	Trevor Vincent	Vic	14:55.33	86.84%	12/01/1981
M65	Discus	John Fraser	Vic	33.12m	48.18%	12/01/1981
W50	Javelin	Sylvia White	SA	32.22m	56.05%	12/01/1981
M50	200m	Mick Pirie	Qld	24.43s	87.68%	13/01/1981
M45	400m	Hal Thomas	SA	52.34s	88.99%	13/01/1981
M55	400m	Reg McRae	Vic	58.08s	85.60%	13/01/1981
M60	400m	Bernie Hogan	Qld	59.54s	86.43%	13/01/1981
M40	20km Walk Road	John Smith	NSW	1:34:10	82.84%	13/01/1981
M45	20km Walk Road	Harry Summers	Vic	1:40:07	80.39%	13/01/1981
M50	20km Walk Road	Ronald Witham	Vic	1:53:29	73.51%	13/01/1981
M60	20km Walk Road	Victor Townsend	NSW	1:52:49	80.59%	13/01/1981
M65	20km Walk Road	Tom Daintry	Vic	1:51:18	85.98%	13/01/1981
M70	20km Walk Road	George Knott	Vic	2:12:24	76.54%	13/01/1981
M75	20km Walk Road	Roy Grierson	Vic	2:40:24	67.36%	13/01/1981
W50	10k Road Walk	Shirley Brasher	Tas	59:06	77.20%	13/01/1981
W55	10k Road Walk	Marj Colthup	Vic	60:00.58	79.43%	13/01/1981

M50	110m Hurdles	L Schaefer	NSW	17.16s	-	13/01/1981
M65	Triple Jump	Andrew Smith	Vic	8.35m	65.19%	13/01/1981
M50	800m	W Grady	Qld	2:06.53	89.42%	14/01/1981
M45	1500m	D Todd		4:08.29	90.19%	14/01/1981
M75	1500m	Reg Barlow	Vic	6:16.15	77.91%	14/01/1981
M50	Marathon	*Peter Piper	NSW	2:47:36	79.68%	14/01/1981
M60	Triple Jump	C G West		10.55m	76.74%	14/01/1981
M65	Hammer	John Fraser	Vic	36.84m	55.35%	14/01/1981
W50	Javelin	Sylvia White	SA	33.22m	57.79%	14/02/1981
W35	Long Jump	Jan Hynes	Qld	5.69m	79.76%	22/02/1981
W35	Javelin	Una Lund	Qld	38.20m	54.31%	22/02/1981
W60	Shot Put	Margaret Cahill	SA	5.91m	37.67%	28/02/1981
W30	Discus	Wilma Perkins	Qld	29.52m	41.34%	28/02/1981
W55	Discus	Laurel Frawley	Qld	19.94m	39.18%	28/03/1981
M60	200m	Bernie Hogan	Qld	25.23s	90.63%	29/03/1981
W40	400m Hurdles	L Thomas	Qld	88.6h	61.72%	29/03/1981
W30	High Jump	Wilma Perkins	Qld	1.43m	68.42%	29/03/1981
W55	Shot Put	Laurel Frawley	Qld	6.36m	36.99%	29/03/1981
M45	3000m Steeplechase	Doug Worling	NSW	9:50.66	87.89%	April 1981
M55	3000m Walk	George Nevitt	Vic	15:11.1	80.90%	4/04/1981
M35	Triple Jump	Russell Sarah	Vic	14.63m	80.07%	4/04/1981
M70	5000m Walk	George Knott	Vic	30:06.98	79.64%	15/04/1981
M35	110m Hurdles	P Moore	Vic	15.22s	84.46%	17/04/1981
W40	10k	Dot Browne	Vic	38:47.4	79.07%	17/04/1981
W45	10k	Judy Cox	NSW	40:52.8	77.30%	17/04/1981
W55	10k	Lucille Warth	ACT	56:59.2	60.72%	17/04/1981
W60	10k	Eunice Harris	NSW	53:02.46	68.26%	17/04/1981
M50	100m	Lawrie Snelling	SA	11.56s	90.82%	18/04/1981
M60	100m	Bernie Hogan	Qld	12.15s	92.28%	18/04/1981
M50	400m	Lawrie Snelling	SA	52.5h	91.36%	18/04/1981
M55	110m Hurdles	Ken McConnell	Tas	18.59s	-	18/04/1981
M35	Javelin	Ray Mooney	Vic	53.66m	56.87%	18/04/1981
M55	Javelin(800g)	Des Frawley	Qld	45.26m	61.70%	18/04/1981
M60	Javelin	Kevin Hopkins	NSW	29.76m	41.32%	18/04/1981

M65	Javelin	Andrew Smith	Vic	19.28m	29.73%	18/04/1981
W30	100m	Lorraine Grainger	NSW	12.31s	86.43%	18/04/1981
W40	100m	Una Lund	Qld	12.48s	86.04%	18/04/1981
W50	100m	Shirley Kennedy	Vic	14.36s	80.74%	18/04/1981
W40	200m	Una Lund	Qld	26.01s	84.26%	18/04/1981
W45	400m	Daphne Pirie	Qld	63.93s	82.77%	18/04/1981
W50	400m	Clare McKerr	Vic	70.8h	77.55%	18/04/1981
W55	400m	Betty Newman	Vic	73.63s	78.03%	18/04/1981
W40	1500m	Dot Browne	Vic	4:47.94	84.20%	18/04/1981
W55	3000m	Lucille Warth	ACT	7:36.74	60.15%	18/04/1981
W60	1500m	Eunice Harris	NSW	7:17.78	65.80%	18/04/1981
W40	80m Hurdles	Una Lund	Qld	12.84s	83.58%	18/04/1981
W55	80m Hurdles	Mavis Gibbs	NSW	22.37s	53.53%	18/04/1981
W35	Long Jump	Jan Hynes	Qld	5.71m	80.04%	18/04/1981
W40	Long Jump	Helen Searle	NSW	5.54m	81.97%	18/04/1981
W45	Long Jump	Ruth Hughes	Qld	4.24m	66.32%	18/04/1981
W55	Long Jump	Mavis Gibbs	NSW	2.81m	49.37%	18/04/1981
W40	Long Jump	Una Lund	Qld	11.90m	62.63%	18/04/1981
W55	Shot Put	Mavis Gibbs	NSW	6.85m	39.84%	18/04/1981
W35	Javelin	Mary Thomas	NSW	44.20m	62.84%	18/04/1981
W40	Javelin(800g)	Una Lund	Qld	35.66m	55.74%	18/04/1981
M45	3000m Walk	Harry Summers	Vic	13:56.18	81.61%	19/04/1981
M70	3000m Walk	George Knott	Vic	18:33.49	76.53%	19/04/1981
M35	400m Hurdles	Harry Giles	Qld	56.09s	84.12%	19/04/1981
M40	400m Hurdles	R Smith	Vic	59.45s	82.21%	19/04/1981
M55	400m Hurdles	Reg Austin	NSW	69.56s	79.55%	19/04/1981
M35	High Jump	Winston Bales	Qld	1.78m	73.67%	19/04/1981
M40	High Jump	Tom Hancock	Vic	1.71m	76.78%	19/04/1981
M55	High Jump	Ken McConnell	Tas	1.45m	72.52%	19/04/1981
M60	High Jump	Harry Logan	Vic	1.42m	74.86%	19/04/1981
M60	Triple Jump	Harry Logan	Vic	9.81m	71.36%	19/04/1981
W30	200m	Lorraine Grainger	NSW	25.71s	84.13%	19/04/1981
W50	200m	Shirley Kennedy	Vic	30.0h	78.59%	19/04/1981
W40	800m	Dot Browne	Vic	2:20.02	85.06%	19/04/1981

W55	800m	Betty Newman	Vic	2:58.19	75.45%	19/04/1981
W40	5000m	Dot Browne	Vic	18:44.16	77.96%	19/04/1981
W45	5000m	Judy Cox	NSW	19:41.72	77.01%	19/04/1981
W55	5000m	Lucille Warth	ACT	24:56	66.43%	19/04/1981
W60	5000m	Eunice Harris	NSW	24:05.5	72.36%	19/04/1981
W30	High Jump	Lee Docksey	Qld	1.43m(=)	68.42%	19/04/1981
W50	High Jump	Sylvia White	SA	1.13m	63.64%	19/04/1981
W55	High Jump	Mavis Gibbs	NSW	1.00m	59.18%	19/04/1981
W30	Discus	Wilma Perkins	Qld	29.54m	41.37%	19/04/1981
W40	Discus	Una Lund	Qld	40.04m	60.62%	19/04/1981
M70	10k Walk Road	Tom Daintry	Vic	54:17	90.34%	9/05/1981
M30	5000m	*Steve Austin	Vic	13:22.98	94.32%	14/07/1981
W35	10k	Desiree Letherby	SA	34:34.4	86.08%	7/10/1981
W35	800m	Judy Daly	SA	2:15.7	84.86%	7/11/1981
W50	Discus	Sylvia White	SA	33.56m	60.17%	14/11/1981
W35	1500m	Judy Daly	SA	4:40.4	83.34%	25/11/1981
W35	800m	Judy Daly	SA	2:13.9	86.01%	5/12/1981
W50	Shot Put	Sylvia White	SA	11.40m	60.85%	5/12/1981
W35	5000m	Desiree Letherby	SA	16:45	84.69%	9/12/1981
W35	1500m	Desiree Letherby	SA	4:39.8	83.52%	12/12/1981
M85	20km Walk Road	Gus Theobald	Vic	2:26:07	86.15%	1982
M40	400m Hurdles	Noel Clough	Vic	54.3h	90.01%	1982
M40	30km Walk Road	Willi Sawall	Vic	2h 08m	97.11%	1982
W35	Long Jump	Jan Hynes	Qld	5.89	82.56%	1982
M45	Marathon	*Bill Raimond	NSW	2:25.51	88.04%	1982
M40	400m Hurdles	Noel Clough	Vic	54.3h	89.78%	1982
W40	Marathon	Dot Browne	Vic	2:46:51	83.73%	1982
W35	1500m	Judy Daly	SA	4:32	85.92%	6/01/1982
W50	Shot Put	Sylvia White	SA	11.62m	62.03%	6/01/1982
W35	800m	Judy Daly	SA	2:13.7	86.13%	16/01/1982
W50	High Jump	Daphne Pirie	Qld	1.14m	64.21%	24/01/1982
W40	Javelin	Una Lund	Qld	37.78m	59.06%	30/01/1982
W50	Javelin	Sylvia White	SA	34.12m	59.36%	6/02/1982
W50	400m	Daphne Pirie	Qld	69.9h	78.54%	7/02/1982

W50	Shot Put	Sylvia White	SA	11.68m	62.35%	13/02/1982
M35	Discus	Merv Kemp	SA	49.60m	69.02%	20/02/1982
W35	1500m	Judy Daly	SA	4:31.4	86.11%	20/02/1982
M40	3000m Walk	Willi Sawall	Vic	11:38.4	94.50%	21/02/1982
W35	100m Hurdles	Jan Hynes	Qld	15.4h	78.54%	21/02/1982
W30	400m Hurdles	Eileen Hindle	WA	63.2h	82.41%	21/02/1982
W30	Long Jump	Wilma Perkins	Qld	5.21m	70.22%	21/02/1982
M60	High Jump	Harry Logan	Vic	1.47m	77.50%	27/02/1982
W35	5k Walk	Denise Hauville	Qld	38:19.2	52.52%	28/02/1982
M60	100m Hurdles	Harry Logan	Vic	17.98s	74.54%	March 1982
W50	Shot Put	Sylvia White	SA	11.71m	62.51%	6/03/1982
W50	Javelin	Sylvia White	SA	35.58m	64.61%	6/03/1982
M75	Long Jump	George Simpson	Vic	3.28m	61.98%	10/03/1982
W40	Discus	Una Lund	Qld	42.30m	64.05%	13/03/1982
M40	5000m Walk	Willi Sawall	Vic	20:56	88.96%	14/03/1982
M45	High Jump	Cosmos Julien	Vic	1.70m	77.06%	14/03/1982
M65	Discus	Roy Foley	Vic	42.00m	61.09%	14/03/1982
W50	200m	Daphne Pirie	Qld	29.8h	79.12%	14/03/1982
W40	Triple Jump	Margo Roberts	Vic	9.24m	62.84%	14/03/1982
W65	Discus	Maisie Stevens	Vic	13.28m	31.97%	14/03/1982
M65	Shot Put	Roy Foley	Vic	11.03m	62.93%	18/03/1982
W35	Long Jump	Jan Hynes	Qld	5.73m	80.32%	20/03/1982
W50	400m	Daphne Pirie	Qld	67.6h	81.09%	27/03/1982
W35	100m Hurdles	Jan Hynes	Qld	14.9h	81.13%	27/03/1982
W40	80m Hurdles	Una Lund	Qld	12.6h	83.58%	27/03/1982
W50	Long Jump	Daphne Pirie	Qld	4.02m	66.58%	27/03/1982
W40	Javelin	Una Lund	Qld	37.80m	59.09%	27/03/1982
W50	200m	Daphne Pirie	Qld	28.8h	81.84%	28/03/1982
W30	High Jump	Lee Docksey	Qld	1.45m	69.38%	28/03/1982
W30	High Jump	Wilma Perkins	Qld	1.45m(=)	69.38%	28/03/1982
W50	High Jump	Daphne Pirie	Qld	1.15m	64.77%	28/03/1982
W55	Discus	Laura Frawley	Qld	20.52m	40.32%	28/03/1982
W45	10k	Judy Cox	NSW	39:39.9	80.30%	9/04/1982
W50	10k	Jean Albury	Vic	40:56.8	80.57%	9/04/1982

W55	10k	Shirley Brasher	Tas	42:31.6	81.37%	9/04/1982
M70	3000m Walk	Tom Daintry	Vic	15:51	89.60%	10/04/1982
M85	3000m Walk	Gus Theobald	Vic	19:31	88.09%	10/04/1982
M50	5000m Walk	Peter Waddell	NSW	25:51	77.09%	10/04/1982
M70	5000m Walk	Tom Daintry	Victoria	27:01.8	88.73%	10/04/1982
M85	5000m Walk	Gus Theobald	Vic	33:14.2	87.86%	10/04/1982
M45	3000m Walk	Harry Summers	Vic	13:45.2	82.69%	10/04/1982
M60	3000m Steeplechase	Kevin Hopkins	NSW	14:28.8	-	10/04/1982
M70	3000m Steeplechase	Stan Nicholls	Vic	13:26.5	-	10/04/1982
M40	High Jump	Graeme Morrish	Vic	1.95m	84.38%	10/04/1982
M50	Long Jump	Jim McGrath	NSW	5.53m	76.34%	10/04/1982
M40	Shot Put	Richard Brown	WA	16.51m	78.49%	10/04/1982
M75	Shot Put	Percy Barnes	SA	6.92m	42.67%	10/04/1982
M55	Javelin(880g)	Des Frawley	Qld	45.70m	62.30%	10/04/1982
M65	Javelin	H Snelgar	SA	25.18m	38.82%	10/04/1982
M75	Javelin(880g)	Percy Barnes	SA	18.22m	32.80%	10/04/1982
W60	100m	Stella Murnane	Vic	18.5h	67.14%	10/04/1982
W50	400m	Daphne Pirie	Qld	65.4h	83.93%	10/04/1982
W55	1500m	Shirley Brasher	Tas	5:49	78.72%	10/04/1982
W60	3k Walk	Stella Murnane	Vic	19:16.7	74.36%	10/04/1982
W30	Long Jump	Eileen Hindle	WA	5.55m	74.80%	10/04/1982
W45	Long Jump	Dorothy Hamilton	NSW	4.40m	68.82%	10/04/1982
W55	Javelin	Lesley Foley	Vic	17.42m	33.65%	10/04/1982
W65	Javelin	Maisie Stevens	Vic	11.50m	27.86%	10/04/1982
M75	400m Hurdles	George Simpson	Vic	113.3h	-	11/04/1982
M50	High Jump	Rudi Hochreiter	Vic	1.48m	74.02%	11/04/1982
M75	Triple Jump	George Simpson	Vic	6.40m	58.70%	11/04/1982
M40	Discus	Richard Brown	WA	48.18m	67.73%	11/04/1982
M55	Discus	Rudi Hochreiter	Vic	37.08m	55.74%	11/04/1982
M75	Discus	Percy Barnes	SA	20.74m	37.02%	11/04/1982
W50	200m	Daphne Pirie	Qld	28.5h	82.70%	11/04/1982
W60	200m	Stella Murnane	Vic	39.0h	66.06%	11/04/1982
W50	800m	Daphne Pirie	Qld	2:36.7	82.09%	11/04/1982
W60	800m	Phyllis Head	WA	3:55.2	59.99%	11/04/1982

W45	5000m	Judy Cox	NSW	19:09.2	79.19%	11/04/1982
W50	5000m	Jean Albury	Vic	19:11.4	82.41%	11/04/1982
W55	5000m	Shirley Brasher	Tas	20:15	81.79%	11/04/1982
W45	400m Hurdles	Dorothy Whittam	NSW	88.2h	64.30%	11/04/1982
W50	High Jump	Daphne Pirie	Qld	1.25m	70.40%	11/04/1982
W50	Discus	Sylvia White	SA	33.76m	62.75%	11/04/1982
W55	Discus	Laura Frawley	Qld	21.16m	44.05%	11/04/1982
M70	5000m	Stan Nicholls	Vic	19:58	85.73%	13/05/1982
M85	20km Walk Road	Gus Theobald	Vic	2:26:07	86.15%	21/08/1982
M70	Long Jump	V Keliher	Qld	4.00m	70.62%	14/11/1982
W60	400m	Aileen Hogan	Qld	73.26s	82.30%	14/11/1982
W50	Shot Put	Sylvia White	SA	12.08m	64.48%	27/11/1982
M70	Triple Jump	V Keliher	Qld	8.55m	72.09%	28/11/1982
W60	200m	Aileen Hogan	Qld	32.6h	78.94%	28/11/1982
M65	Long Jump	Harry Logan	Vic	4.70m	77.78%	4/12/1982
M65	High Jump	Harry Logan	Vic	1.45m	80.77%	11/12/1982
M45	200m	Reg Austin	NSW	22.4s	93.33%	1983
M45	400m	Reg Austin	NSW	50.61s	92.63%	1983
M70	Pentathlon	Wally Stubbings	Qld	3390pts	-	1983
M40	Pole Vault	Ken Priestly	Vic	3.86m	66.39%	1983
W40	Marathon	Dot Browne	Vic	2:41:25	86.54%	1983
W60	Shot Put	Mary Vickers	Qld	6.27m	39.96%	9/01/1983
M65	Triple Jump	Harry Logan	Vic	10.16m	79.32%	20/01/1983
W35	800m	Judy Daly	SA	2:13.3	86.95%	22/01/1983
M65	100m Hurdles	Harry Logan	Vic	18.7s	74.74%	5/02/1983
W55	5k Walk	Ruth Webber	SA	33:52	68.30%	9/02/1983
W35	Long Jump	Jan Hynes	Qld	5.89m	84.36%	19/02/1983
W35	Javelin	Mary Thomas	NSW	46.98m	66.80%	20/02/1983
W35	800m	Judy Daly	SA	2:12.88	87.23%	26/02/1983
W45	Pentathlon	Margaret Dunbar	Vic	2462pts	-	6/03/1983
M35	Long Jump	Russell Sarah	Vic	6.82m	79.68%	10/03/1983
M75	Triple Jump	George Simpson	Vic	6.87m	63.01%	10/03/1983
M75	Long Jump	Harry Gathercole	Vic	3.49m	62.74%	19/03/1983
W45	1500m	Margaret Brown	Vic	5:16	79.78%	19/03/1983

W40	800m	Judy Pollock	Vic	2:12.1	90.16%	20/03/1983
W55	Shot Put	Lydia Widera	Vic	7.91m	46.00%	20/03/1983
W45	400m Hurdles	Dorothy Whittam	WA	86.8h	65.33%	20/03/1983
W40	Javelin	Una Lund	Qld	37.88m	61.55%	26/03/1983
W60	200m	Aileen Hogan	Qld	31.1h	82.71%	27/03/1983
W30	Discus	Suzanne Field	Qld	34.54m	48.37%	27/03/1983
M55	Discus	Charlie Rann	ACT	37.44m	56.28%	1/04/1983
M75	Discus	Percy Barnes	SA	21.80m	38.91%	1/04/1983
M55	Hammer	Rudi Hochreiter	Vic	38.40m	52.93%	1/04/1983
M75	Hammer	Percy Barnes	SA	22.14m	37.23%	1/04/1983
W50	10k	Jean Albury	Vic	40:39	81.15%	1/04/1983
M35	5000m	Col O'Brien	Vic	14:42.3	85.84%	2/04/1983
M55	5000m Walk	Stan Jones	Vic	25:50	80.27%	2/04/1983
M35	3000m Steeplechase	Graeme Kipp	Vic	9:19	85.55%	2/04/1983
M60	3000m Steeplechase	John Milne	NSW	13:48	-	2/04/1983
M75	80m Hurdles	George Simpson	Vic	18.99s	81.62%	2/04/1983
M40	Long Jump	Les Spencer	Vic	5.96m	73.52%	2/04/1983
M45	Long Jump	Graeme Annard	Vic	5.95m	77.59%	2/04/1983
W65	100m	Maisie Stevens	Vic	24.06	54.58%	2/04/1983
W35	400m	Judy Pollock	Vic	57.0h	89.45%	2/04/1983
W40	1500m	Dot Browne	Vic	4:31.8	89.20%	2/04/1983
W55	1500m	Shirley Brasher	Tas	5:41	80.57%	2/04/1983
W60	1500m	Margaret Clyne	NSW	7:06	67.62%	2/04/1983
W70	1500m	Arley Nicholls	Vic	7:47	44.00%	2/04/1983
W35	5k Walk	Judith Johnson	ACT	27:53	72.18%	2/04/1983
W45	5k Walk	Joan Hooper	Vic	27:18	78.37%	2/04/1983
W55	5k Walk	Shirley Brasher	Tas	29:00	79.76%	2/04/1983
W70	5k Walk	Arley Nicholls	Vic	36:17	74.38%	2/04/1983
W40	80m Hurdles	Una Lund	Qld	12.4h	84.90%	2/04/1983
W45	80m Hurdles	Brenda Parkinson	SA	13.43s	82.80%	2/04/1983
W40	Long Jump	Helen Searle	NSW	5.59m	81.97%	2/04/1983
W50	Long Jump	Daphne Pirie	Qld	4.19m	69.39%	2/04/1983
W55	Long Jump	Lydia Widera	Vic	3.24m	56.93%	2/04/1983
W70	Shot Put	Ruth Frith	NSW	6.28m	49.16%	2/04/1983



W30	200m	Eileen Hindle	WA	25.57s	84.59%	3/04/1983
W55	800m	Shirley Brasher	Tas	2:51.43	78.43%	3/04/1983
W40	5000m	Dot Browne	Vic	17:09.1	86.42%	3/04/1983
W70	5000m	Arley Nicholls	Vic	28:15	69.53%	3/04/1983
M35	20km Walk Road	David Thompson	ACT	1:56:01	66.02%	4/04/1983
M50	20km Walk Road	Ken Walters	Vic	1:50:43	75.35%	4/04/1983
M55	20km Walk Road	Stan Jones	Vic	1:51:58	77.58%	4/04/1983
M70	20km Walk Road	Tom Daintry	Vic	2:02:13	82.92%	4/04/1983
M75	20km Walk Road	Tom Kelly	Vic	2:38:51	68.01%	4/04/1983
M40	Pentathlon	Lloyd Michelson	NSW	3380pts	-	4/04/1983
M35	Marathon	Garry Hand	NSW	2:17:18	88.60%	12/06/1983
M40	20km Walk Road	Willi Sawall	Vic	1:21:36	95.60%	4/07/1983
M65	800m	Jack Stevens	Vic	2:20.5	90.49%	13/08/1983
M65	400m	Jack Stevens	Vic	62.00s	86.01%	17/09/1983
W50	100m	Daphne Pirie	Qld	13.17s	88.03%	17/09/1983
W60	100m	Aileen Hogan	Qld	14.80s	85.01%	17/09/1983
W60	400m	Aileen Hogan	Qld	72.5h	83.01%	17/09/1983
W60	200m	Aileen Hogan	Qld	31.1h(=)	82.71%	18/09/1983
M65	400m Hurdles	Kevin Hopkins	NSW	77.24s	-	Sept 1983
M45	100m	Reg Austin	NSW	11.36s	89.64%	30/09/1983
M85	100m	William Empey	NSW	22.3h	62.63%	30/09/1983
M45	200m	Reg Austin	NSW	22.40s	92.79%	30/09/1983
M75	200m	Harry Gathercole	Vic	31.11s	82.25%	30/09/1983
M85	200m	William Empey	NSW	46.4h	61.55%	30/09/1983
M45	400m	Reg Austin	NSW	50.61s	92.04%	30/09/1983
M85	400m	William Empey	NSW	112.0h	59.67%	30/09/1983
W55	100m	Shirley Kennedy	Vic	14.77s	81.72s%	30/09/1983
W50	200m	Daphne Pirie	Qld	27.65s	85.96%	30/09/1983
W55	200m	Shirley Kennedy	Vic	30.82s	80.47%	30/09/1983
W50	400m	Daphne Pirie	Qld	64.44s	85.37%	30/09/1983
W40	80m Hurdles	Una Lund	Qld	12.39s	86.62%	30/09/1983
W70	Shot Put	Ruth Frith	NSW	6.31m	49.40%	30/09/1983
W70	Javelin	Olive Dunk	NSW	7.34m	20.14%	30/09/1983
W50	Javelin	Heather Doherty	Qld	37.72m	65.62%	2/10/1983

W45	100m	Wendy Ey	SA	13.3h	82.36%	5/11/1983
W45	200m	Wendy Ey	SA	27.6h	81.93%	12/11/1983
W30	100m	Eileen Hindle	WA	12.1h	86.22%	19/11/1983
W30	100m Hurdles	Eileen Hindle	WA	14.3h	83.91%	19/11/1983
W30	Long Jump	Wilma Perkins	Qld	5.58m	75.20%	26/11/1983
W45	100m	Wendy Ey	SA	13.0h	84.23%	17/12/1983
M65	3000m	John Gilmour	WA	10:10.20	92.56%	1984
M65	One Hour Run	John Gilmour	WA	15,892m	-	1984
M50	1500m	Tom Roberts	Vic	4:05.20	94.69%	1984
M30	Marathon	*Steve Austin	Victoria	2:16:01	89.44%	1984
W30	Marathon	*Margaret Reddan	Qld	2:43:40	81.91%	1984
W55	Marathon	Jean Albury	Vic	3:09:14	83.78%	1984
W45	400m Hurdles	Brenda Parkinson	SA	75.9h	74.70%	6/01/1984
W55	1500m	Shirley Brasher	Tas	5:34.5	82.14%	14/01/1984
W60	800m	Aileen Hogan	Qld	3:36.5	65.17%	23/01/1984
W30	Pentathlon w/shot	Glenda Hollis	SA	2468pts	-	29/01/1984
W35	Pentathlon w/shot	Leonie Byrnes	SA	2639pts	-	29/01/1984
W40	Pentathlon w/shot	Glynn Boyce	SA	2291pts	-	29/01/1984
M45	Pole Vault	Ken Priestly	Vic	3.92m	71.22%	4/02/1984
W45	100m	Wendy Ey	SA	12.5h	87.53%	4/02/1984
M45	800m	Alan Bradford	Qld	1:59.5	91.14%	11/02/1984
W60	Long Jump	Elaine Woods	Qld	2.68m	50.06%	12/02/1984
M40	Discus	Merv Kemp	SA	52.44m	73.72%	19/02/1984
W50	Shot Put	Sylvia White	SA	12.12m	69.26%	25/02/1984
W45	200m	Wendy Ey	SA	26.2h	86.27%	4/03/1984
W30	High Jump	Wilma Perkins	Qld	1.46m	69.86%	11/03/1984
W50	Pentathlon	Tina Leb	Vic	1140pts	-	11/03/1984
W55	Pentathlon	Lydia Widera	Vic	1988pts	-	11/03/1984
W60	Pentathlon	Bettina Woodburn	Vic	2770pts	-	11/03/1984
W30	Shot Put	Chris Schultz	Vic	15.71m	73.96%	18/03/1984
M40	Long Jump	Gary Donaldson	Vic	6.30m	77.71%	18/03/1984
M65	Javelin	Olaf Ebne	Vic	33.60m	51.81%	18/03/1984
W60	Javelin	Bettina Woodburn	Vic	19.88m	42.87%	18/03/1984
W65	200m	Mavis Collins	Qld	45.13s	60.14%	18/03/1984

W50	High Jump	Sylvia White	SA	1.25m(=)	70.40%	18/03/1984
W55	Long Jump	Betty Newman	Vic	3.46m	60.79%	18/03/1984
W60	Shot Put	Bettina Woodburn	Vic	7.76m	49.46%	18/03/1984
W50	Discus	Sylvia White	SA	33.84m	65.26%	18/03/1984
M50	1500m	Tom Roberts	Vic	4:05.2	94.69%	22/03/1984
M65	Hammer	John Fraser	Vic	42.18m	63.37%	25/03/1984
W60	800m	Bettina Woodburn	Vic	3:06.81	75.53%	25/03/1984
W30	Discus	Chris Schultz	Vic	49.60m	69.46%	25/03/1984
W60	High Jump	Bettina Woodburn	Vic	1.03m	64.15%	28/03/1984
W60	Long Jump	Bettina Woodburn	Vic	3.48m	65.00%	28/03/1984
W60	Discus	Bettina Woodburn	Vic	17.46m	37.83%	28/03/1984
M45	10000m	Bill Raimond	NSW	31:41	90.78%	31/03/1984
M40	5000m Walk	Willi Sawall	Vic	19:45.65	94.24%	31/03/1984
W55	Long Jump	Daphne Pirie	Qld	3.91m	68.70%	April 1984
W50	Pentathlon w/shot	Heather Doherty	Qld	00:00.0	-	1/04/1984
W55	100m	Daphne Pirie	Qld	14.60s	82.67%	4/04/1984
W65	400m	Mavis Collins	Qld	107.3h	59.21%	7/04/1984
M35	Hammer	Waldymar Jacencko	NSW	51.96m	61.23%	20/04/1984
M50	Hammer	James Davis	Vic	41.64m	53.20%	20/04/1984
M55	Hammer	Charlie Rann	Vic	40.08m	55.24%	20/04/1984
M70	Hammer	Anton Tesija	ACT	34.48m	51.47%	20/04/1984
M65	Javelin	Kevin Hopkins	NSW	34.36m	52.98%	20/04/1984
W40	10k	Dot Browne	Vic	36:27.5	84.12%	20/04/1984
W55	Shot Put	Lydia Widera	Vic	8.17m	47.52%	20/04/1984
W60	Javelin	Bettina Woodburn	Vic	20.52m	44.25%	20/04/1984
W70	Javelin	Ruth Frith	NSW	11.10m	30.46%	20/04/1984
M80	100m	Fritz Duchene	Vic	23.1h	56.09%	21/04/1984
M35	5000m Walk	David Thompson	ACT	23:46	76.15%	21/04/1984
M45	5000m Walk	John Smith	NSW	22:32	85.34%	21/04/1984
M50	5000m Walk	Logan Irwin	NSW	25:26	78.36%	21/04/1984
M60	5000m Walk	Theo Orr	Vic	25:48	83.97%	21/04/1984
M60	1500m Steeplechase	John Milne	NSW	6:00.1	-	21/04/1984
M60	Long Jump	Fred O'Connor	NSW	4.70m	73.08%	21/04/1984
M80	Long Jump	Fritz Duchene	Vic	2.38m	49.00%	21/04/1984

M45	Shot Put	Moisant Bennett	NSW	12.61m	63.99%	21/04/1984
M70	Shot Put	Leonard Barnes	SA	8.61m	48.10%	21/04/1984
M55	Javelin(800g)	Jim Church	Qld	48.78m	66.50%	21/04/1984
M75	Javelin	George Simpson	Vic	18.88m	33.99%	21/04/1984
W60	1500m	Bettina Woodburn	Vic	6:55.9	69.26%	21/04/1984
W65	1500m	Mavis Collins	Qld	8:08.6	62.02%	21/04/1984
W30	5000m Walk	Edna Dundas	ACT	36:14	55.32%	21/04/1984
W35	5000m Walk	Judith Johnson	ACT	27:33.65	73.02%	21/04/1984
W60	5000m Walk	Ruth Webber	SA	33:47	71.69%	21/04/1984
W65	5000m Walk	Grace McDonald	Vic	36:25	70.00%	21/04/1984
W35	100m Hurdles	Eileen Hindle	WA	14.7h	82.22%	21/04/1984
W50	80m Hurdles	Heather Doherty	Qld	15.3h	74.08%	21/04/1984
W60	Shot Put	Bettina Woodburn	Vic	8.24m	52.52%	21/04/1984
M70	200m	F Burgoyne	Vic	30.7h	79.50%	22/04/1984
M50	800m	Tom Roberts	Vic	2:00.7	93.74%	22/04/1984
M55	400m Hurdles	Hans Meiselbach	Vic	66.6h	82.91%	22/04/1984
M45	Long Jump	Don Fraser	ACT	6.01m	78.37%	22/04/1984
W65	800m	Mavis Collins	Qld	3:59.6	62.09%	22/04/1984
W60	High Jump	Bettina Woodburn	Vic	1.11m	69.13%	22/04/1984
W50	Discus	Sylvia White	SA	33.92m	65.41%	22/04/1984
W55	Discus	Lydia Widera	Vic	22.76m	44.72%	22/04/1984
W70	Discus	Ruth Frith	NSW	15.10m	40.78%	22/04/1984
M45	Pentathlon	Don Fraser	ACT	3056pts	-	23/04/1984
W30	Pentathlon w/shot	Wilma Perkins	Qld	3259pts	-	23/04/1984
W35	Pentathlon w/shot	Eileen Hindle	WA	3218pts	-	23/04/1984
W40	Pentathlon w/shot	Catherine Coleman	Vic	2660pts	-	23/04/1984
W45	Pentathlon w/shot	Gloria Richards	NSW	2704pts	-	23/04/1984
W55	Pentathlon w/shot	Betty Newman	Vic	2543pts	-	23/04/1984
W60	Pentathlon w/shot	Bettina Woodburn	Vic	2625pts	-	23/04/1984
M35	20k Walk Road	David Thompson	ACT	97:29	78.58%	23/04/1984
M50	20k Walk Road	Ken Walters	Vic	1:48:31	76.88%	23/04/1984
W35	10k Road Walk	Judith Johnson	SA	61:25	67.79%	23/04/1984
W45	10k Road Walk	Marlene Stanway	Vic	57:58	75.67%	23/04/1984
W60	10k Road Walk	Ruth Webber	SA	69:37	71.87%	23/04/1984

W65	10k Road Walk	Grace McDonald	Vic	73:39	71.67%	23/04/1984
M35	Decathlon	Bob Banens	NSW	5339pts	-	1/05/1984
M65	Mile	John Gilmour	WA	5:20.4	88.60%	28/10/1984
M65	10000m	John Gilmour	WA	36:11	92.85%	28/10/1984
W60	Discus	Laurel Frawley	Qld	19.72m	42.72%	4/11/1984
W55	Shot Put	Sylvia White	SA	10.66m	62.00%	10/11/1984
W55	Discus	Sylvia White	SA	29.50m	57.96%	10/11/1984
W55	Javelin	Sylvia White	SA	29.50m	56.99%	10/11/1984
W55	Discus	Sylvia White	SA	33.64m	66.10%	17/11/1984
M60	Javelin	Des Frawley	Qld	46.26m	64.24%	18/11/1984
W55	Shot Put	Sylvia White	SA	11.50m	66.88%	24/11/1984
W55	Javelin	Sylvia White	SA	33.38m	64.48%	24/11/1984
M60	400m	Tom Hishon	Qld	59.4h	86.43%	26/11/1984
W60	200m	Aileen Hogan	Qld	31.04s	83.51%	2/12/1984
W55	Javelin	Sylvia White	SA	34.16m	65.99%	8/12/1984
M70	10000m	Alan Burgoyne	Vic	41:26	85.17%	10/12/1984
M70	Hammer	John Fraser	Vic	39.70m	59.26%	15/12/1984
W35	High Jump	Wilma Perkins	Qld	1.50m(=)	73.39%	15/12/1984
W35	One Hour Run	Annette Perkins	ACT	15552m	-	1985
W35	100m Hurdles	Eileen Hindle	WA	14.5s	84.71%	1985
M35	10000m	Eric Coyle	Tas	29:58.50	89.51%	1985
M45	One Hour Run	Frank Green	ACT	17759m	-	1985
M65	Half Marathon	John Gilmour	WA	1:17:17	93.74%	1985
M35	Marathon	Garry Hand	ACT	2:20:15	86.74%	1985
M40	Marathon	Garry Hand	ACT	2:21:38	87.39%	1985
W35	Marathon	Petrina Trowbridge	Vic	2:46:37	81.15%	1985
W30	Discus	Chris Schultz	Vic	50.04m	70.07%	10/01/1985
M60	400m Hurdles	Max McKay	Vic	74.6s	-	19/01/1985
W65	1500m	Mavis Collins	Qld	7:57	63.53%	27/01/1985
W40	Javelin	Mary Thomas	NSW	45.55m	71.20%	27/01/1985
W60	Discus	Laurel Frawley	Qld	20.00m	43.33%	3/02/1985
W35	5k Walk	Lilian Harpur	SA	26:54	74.82%	9/02/1985
W55	Javelin	Sylvia White	SA	34.82m	67.27%	9/02/1985
W35	One Hour Run	Annette Perkins	ACT	15552m	-	14/02/1985

W55	High Jump	Sylvia White	SA	1.20m	71.02%	17/02/1985
W55	Discus	Sylvia White	SA	34.48m	67.75%	23/02/1985
W55	Discus	Sylvia White	SA	34.56m	67.91%	2/03/1985
W35	100m Hurdles	Eileen Hindle	WA	14.5h	83.33%	3/03/1985
W55	10k	Jean Albury	Vic	39:03	88.61%	6/03/1985
W65	1500m	Mavis Collins	Qld	7:54.3	63.89%	9/03/1985
M55	400m	Mick Pirie	Qld	57.2h	86.71%	9/03/1985
M80	10000m	Reg Barlow	Vic	59:37	65.05%	10/03/1985
W65	200m	Mavis Collins	Qld	44.0h	61.35%	10/03/1985
W55	5000m	Jean Albury	Vic	19:01	87.09%	10/03/1985
W60	10k	Bettina Woodburn	Vic	48:55	73.96%	10/03/1985
W65	5k Walk	Stella Murnane	Vic	35:16	72.28%	10/03/1985
W60	Pentathlon w/shot	Bettina Woodburn	Vic	3229pts	-	10/03/1985
M80	1500m	Reg Barlow	Vic	7:26	70.08%	16/03/1985
W55	1500m	Jean Albury	Vic	5:21.2	85.54%	16/03/1985
W60	1500m	Bettina Woodburn	Vic	6:24.1	74.99%	16/03/1985
W40	3000m Walk	Joan Russell	Vic	15:30	78.76%	16/03/1985
W70	3000m Walk	Arley Nicholls	Vic	21:31	74.28%	16/03/1985
W60	Javelin	Bettina Woodburn	Vic	22.53m	48.58%	16/03/1985
W50	Long Jump	Daphne Pirie	Qld	4.24m	70.22%	19/03/1985
M45	3000m Walk	Murray Dickinson	Vic	13:41.5	83.07%	23/03/1985
M70	Shot Put	John Fraser	Vic	10.86m	60.67%	23/03/1985
M50	Hammer	James Davis	Vic	42.14m	53.84%	23/03/1985
M70	Hammer	John Fraser	Vic	41.02m	61.23%	23/03/1985
W60	800m	Bettina Woodburn	Vic	3:02	77.53%	23/03/1985
W70	800m	Arley Nicholls	Vic	3:55	67.08%	23/03/1985
W60	High Jump	Bettina Woodburn	Vic	1.19m	74.12%	23/03/1985
W35	Discus	J Keen	NSW	46.24m	64.75%	24/03/1985
W40	Javelin	Mary Thomas	NSW	48.84m	76.35%	24/03/1985
W35	10k Road Walk	Lilian Harpur	SA	56:48	73.30%	31/03/1985
M35	5000m	Garry Hand	ACT	14:36.8	86.38%	April 1985
W60	80m Hurdles	Bettina Woodburn	Vic	19.4h	63.55%	April 1985
M35	10000m	Eric Coyle	Tas	29:58.5	87.96%	5/04/1985
M60	Pole Vault	Fred O'Connor	NSW	2.35m	51.79%	5/04/1985

M70	Discus	John Fraser	Vic	31.80m	50.97%	5/04/1985
W40	10k	Dot Browne	Vic	35:30.5	86.38%	5/04/1985
W55	10k	Jean Albury	Vic	38:38.6	89.54%	5/04/1985
M75	100m	Harry Gathercole	Vic	14.9h	82.79%	6/04/1985
M35	400m	R Heffernon	Tas	50.7h	86.23%	6/04/1985
M50	5000m Walk	Robert Chapman	SA	24:52	80.14%	6/04/1985
M60	100m Hurdles	Ken McConnell	Tas	17.5h	75.55%	6/04/1985
W60	1500m	Bettina Woodburn	Vic	6:12.1	77.41%	6/04/1985
W65	1500m	Mavis Collins	Qld	7:43.7	65.35%	6/04/1985
W55	1500m	Jean Albury	Vic	5m 15.7s	87.03%	6/04/1985
W45	5k Walk	Joan Hooper	Vic	26:37.2	81.52%	6/04/1985
W60	5k Walk	Marj Colthup	Vic	32:09.07	75.33%	6/04/1985
W70	5k Walk	Arley Nicholls	Vic	35:52.4	75.23%	6/04/1985
W50	Long Jump	Daphne Pirie	Qld	4.28m	70.89%	6/04/1985
W60	Long Jump	Bettina Woodburn	Vic	4.03m	75.27%	6/04/1985
M75	800m	John Brown	Vic	3:19.5	69.76%	7/04/1985
M60	Triple Jump	Ken McConnell	Tas	11.10m	80.74%	7/04/1985
W45	5000m	Margaret Smith	Vic	18:59.8	79.19%	7/04/1985
W55	5000m	Jean Albury	Vic	18:49	88.02%	7/04/1985
W50	High Jump	Daphne Pirie	Qld	1.30m	73.22%	7/04/1985
W55	High Jump	Sylvia White	SA	1.24m	73.39%	7/04/1985
W45	Shot Put	Helen Searle	NSW	11.24m	63.89%	7/04/1985
W75	Shot Put	Ruth Frith	NSW	6.54m	47.04%	7/04/1985
M70	20k Walk Road	Tom Daintry	Vic	2:00:16.1	84.26%	8/04/1985
W45	10k Road Walk	Joan Hooper	Vic	54:24	80.63%	8/04/1985
W70	10k Road Walk	Arley Nicholls	Vic	76:51.1	72.88%	8/04/1985
W45	Long Jump	Helen Searle	NSW	4.71m	73.67%	8/04/1985
W45	Shot Put	Helen Searle	NSW	11.52m	65.49%	8/04/1985
W45	Pentathlon w/shot	Helen Searle	NSW	3174pts	-	8/04/1985
W60	Pentathlon w/shot	Bettina Woodburn	Vic	3398pts	-	8/04/1985
W70	1500m	Arley Nicholls	Vic	7:45.3	68.77%	10/04/1985
W55	1500m	Jean Albury	Vic	5:15.7	87.03%	26/04/1985
W50	Javelin	Heather Doherty	Qld	38.26m	66.56%	28/04/1985
M35	High Jump	Garry Richards	Vic	1.85m	76.57%	23/05/1985

M70	Discus	John Fraser	Vic	34.74m	55.68%	9/06/1985
M70	Hammer	John Fraser	Vic	41.72m	62.28%	22/06/1985
M45	Pentathlon	Lloyd Michelson	NSW	4163pts	-	June 1985
M55	Pentathlon	Rudi Hochreiter	Vic	4015pts	-	June 1985
M65	Pentathlon	Kevin Hopkins	NSW	3817pts	-	June 1985
W50	80m Hurdles	Daphne Pirie	Qld	15.10s	76.24%	16/06/1985
W45	High Jump	Helen Searle	NSW	1.40m	75.14%	22/06/1985
W50	High Jump	Daphne Pirie	Qld	1.40m	78.85%	22/06/1985
W60	Shot Put	Bettina Woodburn	Vic	8.42m	53.66%	23/06/1985
M65	5000m	John Gilmour	WA	17:25.3	93.09%	25/06/1985
W70	5000m Walk	Arley Nicholls	Vic	28:03.3	70.01%	25/06/1985
M85	800m	William Empey	NSW	5:04.83	53.99%	26/06/1985
M50	3000m Steeplechase	Doug Worling	NSW	10:15.9	88.11%	27/06/1985
M55	Pole Vault	Harry Wynhoven	Vic	2.45m	50.35%	27/06/1985
M65	Hammer	Roy Foley	Vic	43.04m	64.67%	27/06/1985
W65	400m	Mavis Collins	Qld	98.4h	64.56%	27/06/1985
W50	Long Jump	Daphne Pirie	Qld	4.49m	74.36%	27/06/1985
M60	Long Jump	Fred O'Connor	NSW	4.89m	76.03%	28/06/1985
M75	400m	Harry Gathercole	Vic	74.77s	77.13%	29/06/1985
M90	400m	William Empey	NSW	116.67s	64.74%	29/06/1985
M65	1500m	John Gilmour	WA	4:49.16	91.25%	29/06/1985
W45	400m	Judy Pollock	Vic	58.35s	90.68%	Aug 1985
W45	800m	Judy Pollock	Vic	2:16.8	90.31%	Aug 1985
W45	1500m	Judy Pollock	Vic	4:40.35	89.92%	Aug 1985
M30	10km Walk Road	*David Smith	Vic	38:20.9	96.96%	15/09/1985
W65	800m	Mavis Collins	Qld	3:59.3	62.16%	9/10/1985
W50	Discus	Isabelle DeNeefe	Vic	37.82m	67.81%	9/11/1985
W65	800m	Mavis Collins	Qld	3:46	65.82%	24/11/1985
M65	100m	Bernie Hogan	Qld	12.5h	91.17%	1/12/1985
M65	200m	Bernie Hogan	Qld	25.6h	91.68%	16/12/1985
M70	10000m	Alan Burgoyne	Vic	40:40.04	86.77%	17/12/1985
W30	High Jump	Yvonne Craig	ACT	1.57m	75.12%	19/12/1985
M40	1500m Walk	Dave Thompson	ACT	5:58.90	87.53%	1986
M40	2000m Walk	Dave Thompson	ACT	8:07.00	-	1986



M30	30km Walk Road	David Smith	Vic	2:05:59	96.10%	1986
W35	800m	Judy Daly	SA	2:11.50	87.58%	1986
M60	Triple Jump	Ken McConnell	Tas	11.89m	86.49%	1986
M35	One Hour Run	Phil Garvin	ACT	18790m	-	1986
M75	20km Walk Road	Tom Daintry	Vic	1:59:20	90.54%	1986
M40	50km Walk Road	Willi Sawall	Vic	3:59:48	91.04%	1986
M65	Marathon	John Gilmour	WA	2:57:59	85.91%	1986
M30	400m Hurdles	*Garry Brown	Qld	50.85s	92.00%	1986
M55	Pole Vault	Garvin Brown	Qld	3.35m	68.85%	1986
W50	Javelin	Heather Doherty	Qld	38.64m	67.22%	18/01/1986
W35	1500m Walk	Judy Daly	SA	4:29.51	89.29%	22/02/1986
M50	3000m Walk	Harry Summers	Vic	13:49.5	85.35%	1/03/1986
W35	800m	Judy Daly	SA	2:11.5	89.94%	2/03/1986
W40	Long Jump	Jan Hynes	Qld	5.73m	84.78%	9/03/1986
W35	Pentathlon w/shot	Wilma Perkins	Qld	3487pts	-	9/03/1986
W40	Pentathlon w/shot	Jan Hynes	Qld	3695pts	-	9/03/1986
M45	10km Walk Road	John Smith	NSW	45:16	89.31%	15/03/1986
M55	200m	Mick Pirie	Qld	24.8h	88.31%	16/03/1986
M75	Shot Put	Bill Tunaley	Vic	8.08m	49.82%	16/03/1986
W30	5k Walk	Alison Thompson	Vic	29:16	68.49%	16/03/1986
W35	Shot Put	Chris Schultz	Vic	14.07m	68.79%	16/03/1986
W60	Javelin	Bettina Woodburn	Vic	22.92m	49.42%	16/03/1986
M60	300m Hurdles	Peter Colthup	Vic	67.37s	57.36%	23/03/1986
M65	Hammer	Roy Foley	Vic	43.44m	65.27%	23/03/1986
M70	Hammer	John Fraser	Vic	42.26m	63.08%	23/03/1986
W60	Discus	Lydia Widera	Vic	22.44m	48.62%	23/03/1986
M50	5000m Walk	Harry Summers	Vic	23:37.89	84.33%	26/03/1986
M55	Pole Vault	Garvin Brown	Qld	3.20m	65.77%	28/03/1986
M60	Pole Vault	Ken McConnell	Tas	2.50m	55.09%	28/03/1986
M75	Discus	Len Barnes	SA	25.34m	45.23%	28/03/1986
M55	Hammer	Alistair Gordon	SA	43.44m	59.87%	28/03/1986
W45	10k	Dot Browne	Vic	37:01.6	85.30%	28/03/1986
W35	Discus	Chris Schultz	Vic	47.36m	66.32%	28/03/1986
W65	Discus	Verna LeRossignol	Vic	13.42m	32.30%	28/03/1986

M35	100m	Hans Van Bavel	SA	11.0h	85.56%	29/03/1986
M35	100m	Peter Cootes	NSW	11.0h	85.56%	29/03/1986
M90	100m	William Empey	NSW	24.1h	62.98%	29/03/1986
M35	1500m	Bob Lange	SA	3:58.6	88.06%	29/03/1986
M45	110m Hurdles	Donald Brown	SA	17.1h	79.37%	29/03/1986
M40	Long Jump	Russell Sarah	Vic	6.57m	81.04%	29/03/1986
M60	Long Jump	Ken McConnell	Tas	4.98m	77.43%	29/03/1986
W75	100m	Ruth Frith	NSW	19.3h	73.59%	29/03/1986
W55	400m	Ann Cooper	SA	72.7h	78.88%	29/03/1986
W45	5000m Walk	Dot Browne	Vic	17:33.3	86.40%	29/03/1986
W45	80m Hurdles	Wendy Ey	SA	12.9h	84.63%	29/03/1986
W45	Long Jump	Helen Searle	NSW	4.98m	77.89%	29/03/1986
W75	Javelin	Ruth Frith	NSW	11.06m	31.07%	29/03/1986
M90	200m	William Empey	NSW	54.7h	58.00%	30/03/1986
M35	800m	Peter Tippett	SA	1:54.8	87.99%	30/03/1986
M45	400m Hurdles	Michael Stevenson	Tas	60.2h	84.15%	30/03/1986
M50	High Jump	Gordon Gourlay	Vic	1.53m	76.52%	30/03/1986
M70	High Jump	Andy Smith	Vic	1.15m	67.89%	30/03/1986
M75	High Jump	George Knott	Vic	1.05m	65.89%	30/03/1986
M40	Triple Jump	Russell Sarah	Vic	13.89m	79.86%	30/03/1986
M60	Triple Jump	Ken McConnell	Tas	11.89m	86.49%	30/03/1986
M75	Shot Put	Len Barnes	SA	9.34m	57.59%	30/03/1986
M35	Javelin	Francis Ryak	NSW	64.40m	68.26%	30/03/1986
M45	Javelin	Nicholas Birks	SA	56.12m	69.01%	30/03/1986
M55	20km Walk Road	Peter Waddell	ACT	1:56:20	74.67%	31/03/1986
M35	Pentathlon	Bernard Wallace	Vic	3816pts	-	31/03/1986
M75	Pentathlon	Harry Gathercole	Vic	2341pts	-	31/03/1986
W35	Pentathlon w/shot	Wilma Perkins	Qld	3447pts	-	31/03/1986
M40	Half Marathon	Garry Hand	ACT	68:01	88.45%	15/06/1986
M50	20km Walk Road	Harry Summers	Vic	1:46:50	78.09%	22/06/1986
M60	20km Walk Road	Theo Orr	Vic	1:44:15	87.21%	22/06/1986
M70	Hammer	John Fraser	Vic	45.20m	67.47%	31/08/1986
W35	Shot Put	Chris Schultz	Vic	14.12m	69.03%	5/09/1986
W75	Discus	Ruth Frith	NSW	18.00m	47.81%	5/09/1986

W75	Javelin	Ruth Frith	NSW	11.80m	33.15%	5/09/1986
W45	Hammer	Lynn Scarff	Vic	21.54m	33.70%	5/10/1986
W50	Hammer	Heather Doherty	Qld	23.38m	34.99%	5/10/1986
W60	Hammer	Eileen Wood	Qld	14.62m	27.04%	5/10/1986
W60	Triple Jump	Frances Woods	Qld	5.00m	43.89%	10/10/1986
M75	800m	Stan Nichols	Vic	3:19.2	69.86%	19/10/1986
W50	Triple Jump	Heather Doherty	Qld	7.30m	56.18%	19/10/1986
W60	Hammer	Bettina Woodburn	Vic	22.68m	41.94%	26/10/1986
M75	800m	Merv Jenkinson	Qld	2:54	79.98%	2/11/1986
W40	Hammer	Chris Battersby	Vic	25.92m	36.83%	2/11/1986
M35	One Hour Run	Phil Garvin	ACT	18,790m	-	20/11/1986
W45	Hammer	Irene Mitchell	ACT	32.50m	50.85%	20/11/1986
W45	Triple Jump	Una Lund	Qld	9.64m	69.68%	22/11/1986
M75	1500m	Merv Jenkinson	Qld	6:07.7	79.70%	23/11/1986
W65	100m	M Collins	Qld	20.2h	64.25%	23/11/1986
W40	Triple Jump	Jan Hynes	Qld	10.47m	71.20%	23/11/1986
W50	Triple Jump	Heather Doherty	Qld	7.93m	61.03%	23/11/1986
W35	Hammer	Chris Schultz	Vic	38.33m	49.56%	29/11/1986
M75	5000m Walk	Tom Daintry	Vic	29:49	85.33%	7/12/1986
M35	Hammer	Hans Lotz	Vic	63.75m	75.12%	7/12/1986
W60	10k	Shirley Brasher	Tas	43:59	82.25%	7/12/1986
W75	5k Walk	Nance Jeffreys	Vic	39:04.2	73.60%	7/12/1986
W50	Javelin	Heather Doherty	Qld	39.34m	68.44%	7/12/1986
M70	Discus	Roy Foley	Vic	37.34m	59.85%	21/12/1986
M70	Hammer	Roy Foley	Vic	47.24m	70.51%	21/12/1986
M70	Discus	Roy Foley	Vic	38.10m	61.07%	30/12/1986
M45	800m	Alan Bradford	Qld	1:58.60	91.83%	1987
W35	Shot Put	Chris Schultz	Vic	15.41m	75.34%	1987
M35	Hammer	Hans Lotz	Vic	67.92m	80.04%	1987
M40	Hammer	Hans Lotz	Vic	66.94m	82.51%	1987
M65	1500m	Jack Ryan	Vic	4:41.82	93.63%	1987
M65	Mile	Jack Ryan	Vic	5:05.61	92.89%	1987
W40	400m Hurdles	Jan Hynes	Qld	62.8s	87.07%	1987
M50	400m	Reg Austin	NSW	51.81s	92.83%	1987

M40	Triple Jump	Russell Sarah	Vic	14.14m	81.30%	1987
M75	5000m Walk	Tom Daintry	Vic	28:02.26	90.74%	1987
M50	Mile	Tom Roberts	Vic	4:30.06	92.38%	1987
M45	30km Walk Road	Willi Sawall	Vic	2:19:40	92.13%	1987
M40	Marathon	Garry Hand	ACT	2:19	89.04%	1987
M50	Marathon	*Peter Kellio	ACT	2:30:52	88.72%	1987
M70	Marathon	Norm Gulbransen	Qld	3:14:01	83.00%	1987
W30	3000m	Tessa Brockwell	WA	9:42.6	85.64%	1987
W30	Half Marathon	Tessa Brockwell	WA	79:04	81.60%	1987
M40	110m Hurdles	A McGowan	NSW	16.2h	80.76%	3/01/1987
M60	5000m Walk	Theo Orr	Vic	24:54.6	86.97%	8/01/1987
M80	Discus	Eddie Barnacle	Qld	11.58m	23.41%	11/01/1987
M40	Triple Jump	Russell Sarah	Vic	14.14m	81.30%	24/01/1987
W45	Discus	Una Lund	Qld	35.70m	58.71%	25/01/1987
W45	Hammer	Irene Mitchell	ACT	34.02m	53.23%	29/01/1987
W50	300m Hurdles	Brenda Parkinson	SA	56.4h	78.22%	31/01/1987
M60	300m Hurdles	Ken McConnell	Tas	54.0h	71.37%	Feb 1987
M60	300m Hurdles	Ken McConnell	Tasmania	53.5h	72.04%	4/02/1987
W60	3k Walk	Valerie Tyson	WA	19:04	75.19%	7/02/1987
W50	Hammer	Heather Doherty	Qld	25.40m	38.01%	15/02/1987
W50	Triple Jump	Dorothy Wittam	WA	8.40m	64.64%	19/02/1987
M55	Hammer	Alistair Gordon	SA	44.44m	61.25%	21/02/1987
W50	80m Hurdles	Brenda Parkinson	SA	14.1h	81.65%	22/02/1987
W40	Triple Jump	Raelene Tregenza	SA	10.56m	71.81%	22/02/1987
W40	400m Hurdles	Jan Hynes	Qld	69.26s	78.95%	28/02/1987
M35	100m	Kevin Silver	Qld	10.94s	87.90%	1/03/1987
W35	Triple Jump	Eileen Hindle	WA	11.57m	74.65%	1/03/1987
W55	400m	Ann Cooper	SA	71.55s	80.30%	7/03/1987
M35	Hammer	Hans Lotz	Vic	67.92m	80.04%	8/03/1987
M65	Pentathlon	Mike Johnston	Vic	3987pts	-	14/03/1987
W30	Pentathlon	Jo-Anne Masek	Vic	2444pts	-	14/03/1987
W35	Pentathlon	Kristine Bowles	Vic	1902pts	-	14/03/1987
W40	Pentathlon	Chris Battersby	Vic	2661pts	-	14/03/1987
M60	300m Hurdles	Ken McConnell	Tas	52.3h	73.69%	14/03/1987

W45	Discus	Una Lund	Qld	38.92m	64.00%	14/03/1987
W30	Pentathlon	Donna Thompson	Qld	2501pts	-	15/03/1987
W35	Pentathlon	Wilma Perkins	Qld	3341pts	-	15/03/1987
W40	Pentathlon	Jan Hynes	Qld	3713pts	-	15/03/1987
W50	Pentathlon	Heather Doherty	Qld	2578pts	-	15/03/1987
M60	2000m Steeplechase	Alan Tyson	WA	8:21.46	74.35%	18/03/1987
M75	Discus	Len Barnes	SA	25.54m	45.59%	21/03/1987
W60	Pentathlon	Joyce Bannister	ACT	3041pts	-	28/03/1987
M35	5000m Walk	David Cash	Vic	23:37	76.64%	29/03/1987
M75	5000m Walk	Tom Daintry	Vic	29:32	86.15%	29/03/1987
M90	5000m Walk	Gus Theobald	Vic	36:13	87.42%	29/03/1987
M75	2000m Steeplechase	George Knott	Vic	17:08	42.88%	29/03/1987
M65	Long Jump	Mike Johnston	Vic	4.80m	79.44%	29/03/1987
M80	Long Jump	George Simpson	Vic	2.70m	55.58%	29/03/1987
M70	Javelin	Olaf Ebne	Vic	29.14m	46.06%	29/03/1987
M80	Javelin	George Simpson	Vic	12.60m	23.54%	29/03/1987
W30	5k Walk	Alison Thompson	Vic	26:58	74.33%	29/03/1987
W65	5k Walk	Stella Murnane	Vic	34:38	73.60%	29/03/1987
W75	5k Walk	Nance Jeffreys	Vic	37:43	76.24%	29/03/1987
M35	200m	Kevin Silver	Qld	22.29s	88.18%	April 1987
M45	5000m Walk	Murry Dickinson	Vic	23:15.1	82.70%	April 1987
W35	Weight Throw	Chris Schultz	Vic	12.79m	53.09%	April 1987
M70	100m	Ron Combey	Qld	14.2h	83.47%	4/04/1987
M80	100m	Wilf Blockley	Qld	19.5h	66.32%	4/04/1987
M70	Long Jump	Ron Combey	Qld	4.26m	75.21%	4/04/1987
M80	Hammer	George Simpson	Vic	11.28m	18.84%	4/04/1987
M70	200m	Orm Burton	Vic	30.3h	80.54%	5/04/1987
M80	200m	George Simpson	Vic	46.3h	57.50%	5/04/1987
M80	200m	Wilf Blockley	Qld	45.1h	59.02%	5/04/1987
M80	800m	Wilf Blockley	Qld	4:32.5	54.84%	5/04/1987
M45	3000m Walk	Murry Dickinson	Vic	13:36.3	83.60%	5/04/1987
M75	3000m Walk	Tom Daintry	Vic	17:07.8	87.85%	5/04/1987
M90	3000m Walk	Gus Theobald	Vic	21:21.3	86.99%	5/04/1987
M65	Triple Jump	Mike Johnston	Vic	10.16m(=)	79.32%	5/04/1987

M80	Triple Jump	George Simpson	Vic	5.09m	51.22%	5/04/1987
M80	Discus	George Simpson	Vic	13.10m	26.48%	5/04/1987
M45	Shot Put	Peter Phillips	Qld	13.92m	70.64%	5/04/1987
M70	Hammer	Roy Foley	Vic	47.84m	71.41%	5/04/1987
W55	200m	Daphne Pirie	Qld	29.8h	82.56%	5/04/1987
W40	400m Hurdles	Jan Hynes	Qld	68.0h	80.25%	5/04/1987
W45	Triple Jump	Una Lund	Qld	10.01m	72.35%	5/04/1987
W50	Discus	Isabelle DeNeefe	Vic	38.80m	69.57%	5/04/1987
W60	Discus	Lydia Widera	Vic	23.74m	51.43%	5/04/1987
W65	Discus	Verna LeRossignol	Vic	13.48m	32.45%	5/04/1987
W60	Hammer	Lydia Widera	Vic	27.84m	51.48%	5/04/1987
W60	Shot Put	Lydia Widera	Vic	8.48m	54.05%	12/04/1987
M40	10000m	Garry Hand	ACT	30:33.08	89.38%	17/04/1987
M70	Pole Vault	Roy Foley	Vic	1.65m	42.68%	17/04/1987
M50	Hammer	Alex Tahmindjis	NSW	46.26m	59.10%	17/04/1987
M75	Hammer	Bill Tunaley	Vic	22.24m	37.39%	17/04/1987
M80	Hammer	Eddie Barnacle	Qld	14.04m	18.84%	17/04/1987
M35	Javelin	Mark Stevens	Qld	58.96m	62.49%	17/04/1987
W30	Hammer	Margaret Holahan	NSW	29.20m	35.19%	17/04/1987
W35	Hammer	Chris Schultz	Vic	39.20m	50.69%	17/04/1987
W40	Hammer	Mary Thomas	NSW	27.86m	39.59%	17/04/1987
W50	Hammer	Mary Wahren	ACT	25.66m	38.40%	17/04/1987
W55	Hammer	Claire O'Callaghan	ACT	18.64m	30.93%	17/04/1987
M35	5000m Walk	Keith Knox	NSW	22:09.27	81.69%	18/04/1987
M75	5000m Walk	Tom Daintry	Vic	28:43.86	88.55%	18/04/1987
M90	5000m Walk	Gus Theobald	Vic	35:09.47	90.06%	18/04/1987
M65	2000m Steeplechase	Kevin Hopkins	NSW	10:00.46	65.43%	18/04/1987
M75	2000m Steeplechase	George Knott	Vic	12:03.78	60.90%	18/04/1987
M80	Long Jump	George Simpson	Vic	2.76m	56.82%	18/04/1987
W55	400m	Daphne Pirie	Qld	68.6h	83.58%	18/04/1987
W60	1500m	Shirley Brasher	Tas	5:56.67	80.76%	18/04/1987
W35	5k Walk	Heather McDonald	Vic	26:04	77.21%	18/04/1987
W50	5k Walk	Joan Hooper	Vic	26:48	82.82%	18/04/1987
W55	5k Walk	Jean Albury	Vic	28:39	80.74%	18/04/1987

W60	5k Walk	Shirley Brasher	Tas	30:16	80.02%	18/04/1987
W65	5k Walk	Stella Murnane	Vic	34:03	74.86%	18/04/1987
W75	5k Walk	Nance Jeffreys	Vic	37:04	77.58%	18/04/1987
W75	Javelin	Ruth Frith	NSW	12.40m	34.83%	18/04/1987
M50	200m	Reg Austin	NSW	23.1h	91.77%	19/04/1987
M40	5000m	Garry Hand	ACT	14:51.4	87.22%	19/04/1987
M65	300m Hurdles	Wally Charles	Qld	55.2h	73.58%	19/04/1987
M50	High Jump	Tom Hancock	Vic	1.60m(=)	76.11%	19/04/1987
M80	Triple Jump	George Simpson	Vic	5.41m	54.44%	19/04/1987
M80	Shot Put	Eddie Barnacle	Qld	5.10m	30.36%	19/04/1987
W55	200m	Daphne Pirie	Qld	29.59s	83.82%	19/04/1987
W60	800m	Shirley Brasher	Tas	2:57.55	79.47%	19/04/1987
W30	5000m	Georgann Peterson	Vic	17:50.25	79.53%	19/04/1987
W60	5000m	Shirley Brasher	Tas	22:00.17	79.23%	19/04/1987
W55	High Jump	Daphne Pirie	Qld	1.31m	77.53%	19/04/1987
W50	Triple Jump	Dorothy Wittam	WA	8.76m	67.41%	19/04/1987
W55	Triple Jump	Claire O'Callaghan	ACT	7.04m	57.80%	19/04/1987
M50	20km Walk Road	Bob Gardiner	Vic	1:44:16	80.01%	20/04/1987
M90	20km Walk Road	Gus Theobald	Vic	2:34:01	89.56%	20/04/1987
W30	10k Road Walk	Jane Johnson	NSW	63:51	65.20%	20/04/1987
W35	10k Road Walk	Heather McDonald	Vic	55:02	75.65%	20/04/1987
W60	10k Road Walk	Shirley Brasher	Tas	63:58	78.22%	20/04/1987
W75	10k Road Walk	Nance Jeffreys	Vic	75:38	79.08%	20/04/1987
W60	Javelin	Bettina Woodburn	Vic	24.24m	52.27%	20/04/1987
W30	Pentathlon	Iris Good	NSW	2903pts	-	21/04/1987
W50	Pentathlon	Heather Doherty	Qld	2659pts	-	21/04/1987
W60	Triple Jump	Bettina Woodburn	Vic	7.02m	61.63%	31/05/1987
M45	20km Walk Road	*Willi Sawall	Vic	1:33:59	85.64%	28/06/1987
W65	Hammer	Mary Vickers	Qld	14.06m	29.18%	2/08/1987
W65	Javelin	Mary Vickers	Qld	15.54m	37.65%	2/08/1987
W65	Shot Put	Mary Vickers	Qld	5.83m	41.00%	16/08/1987
W35	10k Road Walk	Heather McDonald	Vic	52:14	79.71%	Sept 1987
W55	3k Walk	Lorna Laughlan	WA	18:14	75.05%	1/09/1987
W50	10k Road Walk	Joan Hooper	Vic	55:52.29	81.66%	13/09/1987

W50	Hammer	Mary Wahren	ACT	26.08m	39.03%	17/10/1987
M55	3000m Walk	Ken Walters	Vic	14:40.5	83.72%	24/10/1987
M60	Discus	Rudi Hochreiter	Vic	43.00m	57.25%	24/10/1987
M45	Shot Put	Peter Phillips	Qld	14.19m	72.01%	25/10/1987
M50	Pentathlon	Ken Daniels	ACT	3558pts	-	Nov 1987
M80	Pentathlon	George Simpson	Vic	545pts	-	Nov 1987
M55	800m	David Carr	WA	2:11.6	89.35%	5/11/1987
M45	Discus	Merv Kemp	ACT	45.20m	67.84%	7/11/1987
W40	400m Hurdles	Jan Hynes	Qld	62.8h	86.88%	7/11/1987
W50	Hammer	Heather Doherty	Qld	27.18m	40.68%	8/11/1987
W40	Hammer	Trish Connell	ACT	29.02m	41.24%	10/11/1987
M75	Discus	Vic Younger	Qld	26.76m	47.77%	13/11/1987
M45	800m	Alan Bradford	Qld	1:58.6	91.83%	14/11/1987
M50	Long Jump	Rod Stone	SA	5.73m	79.10%	14/11/1987
W50	Javelin	Heather Doherty	Qld	39.54m	68.78%	14/11/1987
M40	Javelin	Frank Ryak	SA	56.92m	64.84%	19/11/1987
M50	Triple Jump	Rod Stone	SA	12.06m	77.34%	21/11/1987
W55	800m	Ann Cooper	SA	2:50.2	78.99%	21/11/1987
W40	200m	Jan Hynes	Qld	25.1h	86.49%	22/11/1987
W40	Hammer	Trish Connell	ACT	31.04m	44.11%	24/11/1987
W45	Hammer	Irene Mitchell	ACT	36.32m	56.83%	24/11/1987
M80	Shot Put	Ray Frith	NSW	7.27m	43.28%	28/11/1987
W65	200m	Aileen Hogan	Qld	32.15s	84.41%	28/11/1987
W70	200m	Mavis Collins	Qld	42.39s	67.17%	28/11/1987
W45	10k	Theresa Baird	Vic	36:59.2	85.40%	28/11/1987
W60	10k	Shirley Brasher	Tas	44m 32.6s	82.70%	28/11/1987
W40	80m Hurdles	Jan Hynes	Qld	12.32s	87.11%	28/11/1987
W50	80m Hurdles	Brenda Parkinson	SA	13.08s	88.02%	28/11/1987
W65	High Jump	Gwen Davidson	Vic	1.22m	80.11%	28/11/1987
W55	Triple Jump	Pat Carr	WA	8.75m	71.84%	28/11/1987
M80	200m	Harry Gathercole	Vic	33.1h	80.27%	29/11/1987
M55	800m	David Carr	WA	2:09.78	90.60%	29/11/1987
M80	10000m	Syd Hesketh	NSW	57:38.52	67.28%	29/11/1987
M45	20km Walk Road	Willi Sawall	Vic	1:33:54	85.72%	29/11/1987



M50	20km Walk Road	Bob Gardiner	Vic	1:39:27	83.89%	29/11/1987
M55	20km Walk Road	Ken Walters	Vic	1:48:13	80.27%	29/11/1987
M50	High Jump	Tom Hancock	Vic	1.61m	76.58%	29/11/1987
M60	Shot Put	Jim Peridis	NSW	13.00m	68.21%	29/11/1987
W55	800m	Ann Cooper	SA	2:46.98	80.52%	29/11/1987
W60	800m	Shirley Brasher	Tas	2:56.48	79.95%	29/11/1987
W50	10k Road Walk	Joan Hooper	Vic	54:51	83.18%	29/11/1987
W60	10k Road Walk	Marj Colthup	Vic	63:26	78.88%	29/11/1987
W65	10k Road Walk	Stella Murnane	Vic	71:04	74.28%	29/11/1987
W75	10k Road Walk	Nance Jeffreys	Vic	74:48	79.96%	29/11/1987
W65	Discus	Gwen Davidson	Vic	15.92m	38.32%	29/11/1987
W70	Discus	Gerida Bergman		16.62m	44.88%	29/11/1987
W35	Hammer	Chris Schultz	Vic	40.36m	52.19%	29/11/1987
W40	Hammer	Chris Battersby	Vic	31.38m	44.59%	29/11/1987
M80	100m	Harry Gathercole	Vic	15.59s	83.97%	30/11/1987
M70	Weight Throw	Roy Foley	Vic	17.24m	68.46%	Dec 1987
M45	Javelin	Rod Cooney	NSW	44.18m	54.33%	1/12/1987
W60	5000m	Shirley Brasher	Tas	21:14.6	82.07%	1/12/1987
W65	5000m	Marie Partridge	NSW	25:19.9	72.83%	1/12/1987
W65	Long Jump	Gwen Davidson	Vic	3.16m	62.89%	1/12/1987
W40	Triple Jump	Raelene Tregenza	SA	10.63m	72.29%	1/12/1987
M40	Pentathlon	Ray Mooney	Vic	3393pts	-	3/12/1987
M60	Pentathlon	Rudi Hochreiter	Vic	4470pts	-	3/12/1987
M50	5000m Walk	Bob Gardiner	Vic	23:12.31	85.88%	4/12/1987
M55	5000m Walk	Ken Walters	Vic	25:18.51	81.93%	4/12/1987
M75	5000m Walk	Tom Daintry	Vic	28:02.26	90.74%	4/12/1987
M80	Discus	Ray Frith	Qld	18.24m	36.87%	4/12/1987
W65	100m	Aileen Hogan	Qld	15.56s	84.40%	4/12/1987
W35	5k Walk	Heather McDonald	Vic	25:11.16	79.91%	4/12/1987
W50	5k Walk	Joan Hooper	Vic	26:35.4	83.48%	4/12/1987
W55	5k Walk	Jean Albury	Vic	26:46.92	86.37%	4/12/1987
W60	5k Walk	Marj Colthup	Vic	30:11	80.24%	4/12/1987
W75	5k Walk	Nance Jeffreys	Vic	37:03.2	78.66%	4/12/1987
W70	Shot Put	Gerida Bergman		6.44m	50.42%	4/12/1987

W50	Hammer	Mary Wahren	ACT	28.86m	43.19%	4/12/1987
M50	400m	Reg Austin	NSW	51.81s	92.83%	5/12/1987
M75	400m	Vic Turner		73.65s	78.31%	5/12/1987
M80	400m	Harry Gathercole	Vic	81.79s	74.95%	5/12/1987
M35	800m	Peter Tippet	SA	1:53.8	88.76%	5/12/1987
M45	1500m	Alan Bradford	Qld	4:05.53	91.21%	5/12/1987
M65	1500m	Jack Ryan	Vic	4:41.82	93.63%	5/12/1987
M40	3000m Steeplechase	Graham Kipp	Vic	9:21.64	88.62%	5/12/1987
M55	3000m Steeplechase	Bill Hughes	Vic	11:12.99	84.49%	5/12/1987
M60	2000m Steeplechase	Mervyn Collins	ACT	8:12	75.78%	5/12/1987
M75	2000m Steeplechase	Stan Nicolls	Vic	10:32.17	69.73%	5/12/1987
M40	110m Hurdles	Harry Giles	Qld	16.19s	82.01%	5/12/1987
M60	Discus	Aivars Pavulins	Vic	43.52m	57.94%	5/12/1987
M40	Hammer	Hans Lotz	Vic	66.94m	82.51%	5/12/1987
M70	Hammer	Roy Foley	Vic	45.24m	67.53%	5/12/1987
M55	Javelin(800g)	Colin Murray-Lee	Vic	38.84m	52.95%	5/12/1987
M80	Javelin	Ray Frith	NSW	15.22m	28.44%	5/12/1987
W70	100m	Gerida Bergman		19.62s	69.98%	5/12/1987
W65	400m	Aileen Hogan	Qld	76.24s	83.44%	5/12/1987
W60	1500m	Shirley Brasher	Tas	5:44.81	83.54%	5/12/1987
W65	1500m	Margaret Clyne	NSW	7:40.45	65.81%	5/12/1987
W50	300m Hurdles	Brenda Parkinson	SA	49.78s	88.84%	5/12/1987
W40	400m Hurdles	Jan Hynes	Qld	63.58s	86.01%	5/12/1987
W55	High Jump	Daphne Pirie	Qld	1.35m	79.90%	5/12/1987
W50	Triple Jump	Dorothy Wittam	WA	9.28m	71.41%	5/12/1987
W35	Shot Put	Chris Schultz	Vic	15.41m	75.34%	5/12/1987
W60	Hammer	Lydia Widera	Vic	30.46m	56.33%	5/12/1987
M45	5000m Walk	Murry Dickinson	Vic	22:59.6	83.63%	6/12/1987
M60	Discus	Aivars Pavulins	Vic	44.86m	59.72%	7/12/1987
W35	Throws Pentathlon	Chris Schultz	Vic	3885pts	-	7/12/1987
W35	Hammer	Chris Schultz	Vic	41.36m	54.49%	12/12/1987
M40	3000m	Tony Murray	ACT	8:36	88.21%	17/12/1987
M60	Hammer	Charlie Rann	ACT	46.40m	63.49%	24/12/1987
M30	Marathon	*Gerard Barrett	ACT	2:13:33	91.09%	1988

W65	Hammer	Stella Murnane	Vic	16.64m	34.53%	1/04/1988
M45	Discus	Merv Kemp	ACT	45.52m	68.32%	6/01/1988
M55	High Jump	Gordon Gourlay	Vic	1.55m	77.53%	Feb 1988
W30	5k Walk	Miriam Harding	ACT	25:03.1	80.01%	6/02/1988
M60	Discus	Charlie Rann	ACT	46.44m	61.83%	11/02/1988
W50	Pentathlon	Heather Doherty	Qld	2774pts	-	21/02/1988
W65	Long Jump	Gwen Davidson	Vic	3.43m	68.27%	March 1988
M35	5000m Walk	Steve Hausfeld	ACT	21:30.2	84.17%	4/03/1988
M55	400m	Paul Faithfull	Qld	56.7h	87.47%	12/03/1988
M75	400m	Wally Stubbings	Qld	73.0h	78.85%	12/03/1988
W70	400m	Mavis Collins	Qld	113.5h	59.43%	12/03/1988
M35	High Jump	Clay Tomkins	NSW	1.90m	78.64%	12/03/1988
W65	1500m	Alison Worrall	Qld	7:39.6	65.94%	12/03/1988
W50	Javelin	Heather Doherty	Qld	41.44m	78.36%	12/03/1988
M35	3000m Steeplechase	Stephen Brennan	Vic	9:15	86.17%	20/03/1988
M50	300m Hurdles	Don Williams	Vic	46.6h	-	20/03/1988
M55	300m Hurdles	David Mather	Vic	47.5h	-	20/03/1988
M80	Javelin	Harry Gathercole	Vic	16.10m	30.08%	20/03/1988
W30	Triple Jump	Glenis Johnson	Vic	10.71m	69.10%	20/03/1988
W65	Triple Jump	Gwen Davidson	Vic	7.41m	69.74%	20/03/1988
W65	Discus	Gwen Davidson	Vic	16.02m	38.56%	20/03/1988
W45	Pentathlon	Noreen Parish	NSW	2546pts	-	20/03/1988
M65	2000m Steeplechase	John Milne	NSW	8:54.7	73.48%	26/03/1988
M40	110m Hurdles	Alan McGowan	NSW	15.7h	83.29%	26/03/1988
M50	Discus	Rocky Wijesinthe	NSW	43.22m	60.26%	26/03/1988
M35	Weight Throw	Roger Glass	Vic	13.92m	54.65%	27/03/1988
M35	Throws Pentathlon	Roger Glass	Vic	2981pts	-	27/03/1988
W75	Hammer	Ruth Frith	NSW	12.74m	-	27/03/1988
M35	Pole Vault	Wayne Garth	Vic	4.05m	66.22%	April 1988
M50	Javelin(800g)	Sarah Wijesinghe	NSW	43.58m	54.40%	April 1988
W65	Javelin	Gwen Davidson	Vic	16.50m	39.97%	April 1988
M75	Hammer	Bill Tunaley	Vic	22.84m	38.40%	1/04/1988
W35	High Jump	Yvonne Craig	ACT	1.53m	74.86%	1/04/1988
W30	Hammer	Margaret Holahan	NSW	29.50m	35.55%	1/04/1988

M60	300m Hurdles	Fred O'Connor	NSW	50.89s	75.93%	3/04/1988
M80	Javelin	Harry Gathercole	Vic	16.80m	31.39%	3/04/1988
W65	Discus	Gwen Davidson	Vic	17.68m	42.56%	3/04/1988
M35	Pentathlon	Clay Tomkins	NSW	3719pts	-	4/04/1988
W45	Pentathlon	Una Lund	Qld	3430pts	-	4/04/1988
W65	Pentathlon	Gwen Davidson	Vic	2897pts	-	4/04/1988
W30	10km Walk Road	Miriam Harding	ACT	53:20	78.06%	4/04/1988
W45	Pentathlon	Una Lund	Qld	3483pts	-	17/04/1988
W35	10km Walk Road	Heather McDonald	Vic	52:07	79.88%	30/07/1988
W55	Javelin	Heather Doherty	Qld	36.68m	70.86%	20/08/1988
M50	One Hour Run	Mike McAvoy	Vic	16900m	-	24/08/1988
M45	20km Walk Road	Willi Sawall	Vic	1:25:02	95.31%	27/08/1988
M75	Javelin	Vic Younger	Qld	21.40m	38.53%	28/08/1988
W55	Hammer	Heather Doherty	Qld	28.88m	47.92%	Sept 1988
W65	Javelin	Eileen Woods	Qld	16.80m	40.70%	23/10/1988
W50	One Hour Run	Anne Young	ACT	13593m	-	10/11/1988
M55	Javelin(700g)	Arvo Ropelin	Qld	38.00m	51.80%	13/11/1988
M55	Shot Put	George Mencik	ACT	13.64m	72.52%	17/11/1988
M65	Pole Vault	John Stuchbery	Vic	2.22m	52.80%	19/11/1988
W40	Hammer	Chris Battersby	Vic	33.48m	47.58%	19/11/1988
M75	High Jump	Vic Younger	Qld	1.10m	69.03%	20/11/1988
M70	Javelin	Frank Welz	Qld	29.20m	46.15%	4/12/1988
W55	Hammer	Heather Doherty	Qld	28.96m	48.05%	4/12/1988
M40	Mile	Tony Murray	ACT	4:12.56	92.62%	15/12/1988
M65	Pole Vault	John Stuchbery	Vic	2.36m	56.13%	17/12/1988
M65	Shot Put	Aivars Pavulins	Vic	13.02m	74.28%	1989
W35	Discus	Chris Schultz	Vic	48.90m	68.48%	1989
M70	Half Marathon	John Gilmour	WA	1:21:41	92.93%	1989
M70	Marathon	John Gilmour	WA	3:03:04	87.97%	1989
M70	One Hour Run	John Gilmour	WA	15,474m	-	1989
W30	3000m Walk	Karen Iselin	Qld	13:55.80	83.79%	1989
W80	10km Walk Road	Nance Jeffreys	Vic	1:17:32	82.98%	1989
M60	Decathlon	Rudi Hochreiter	Vic	7391pts	-	1989
M30	50km Walk Road	Simon Baker	Vic	3:43:13	96.54%	1989

W30	Mile	Susan Hobson	ACT	4:48.00	87.61%	1989
W30	3000m	Susan Hobson	ACT	9:05.93	91.39%	1989
W30	5000m	Susan Hobson	ACT	16:25.70	86.35%	1989
M30	Long Jump	*Gary Honey	Vic	7.87m	87.93%	1989
M45	Marathon	Lavinia Petrie	Vic	3:00:11	80.50%	1989
W45	Hammer	Chris Battersby	Vic	36.80m	57.58%	1989
M60	Hammer	Charlie Rann	ACT	46.82m	64.07%	5/01/1989
W55	Javelin	Heather Doherty	Qld	40.10m	77.46%	7/01/1989
W40	Triple Jump	Eileen Hindle	WA	10.90m	74.13%	14/01/1989
W35	Discus	Chris Schultz	Vic	48.90m	68.48%	14/01/1989
W50	80m Hurdles	Wendy Ey	SA	13.3h	85.03%	27/01/1989
W60	Triple Jump	Margaret McKinnon	SA	7.44m	65.31%	27/01/1989
M75	Javelin	Vic Younger	Qld	23.70m	42.67%	29/01/1989
M55	Shot Put	George Mencik	ACT	13.69m	72.78%	2/02/1989
W30	5k Walk	Miriam Harding	ACT	24:59.6	80.19%	7/02/1989
M55	100m Hurdles	Tony Hall	ACT	18.9h	71.79%	9/02/1989
M75	High Jump	Vic Younger	Qld	1.17m	73.42%	12/02/1989
M50	3000m Steeplechase	Alan Bradford	Qld	9:51.62	91.72%	18/02/1989
W50	Long Jump	Wendy Ey	SA	4.86m	80.49%	19/02/1989
W30	Mile	Sue Hobson	ACT	4:48	87.61%	23/02/1989
M65	2000m Steeplechase	Max McKay	Vic	8:45.2	74.81%	25/02/1989
W55	Hammer	Heather Doherty	Qld	29.88m	49.58%	26/02/1989
W30	1500m	Sue Hobson	ACT	4:27.83	85.90%	3/03/1989
W30	5k Walk	Miriam Harding	ACT	24:31.5	81.73%	3/03/1989
M50	Pole Vault	Glen Powell	SA	3.60m	69.39%	4/03/1989
M75	Javelin	Wally Stubbings	Qld	24.88m	44.80%	5/03/1989
M75	Pentathlon	Wally Stubbings	Qld	3455pts	-	5/03/1989
W55	Pentathlon	Heather Doherty	Qld	2432pts	-	5/03/1989
M50	5000m Walk	Murry Dickinson	Vic	22:26	88.84%	8/03/1989
W30	Pentathlon	Alison Duff	Vic	2933pts	-	8/03/1989
M45	110m Hurdles	Harry Giles	Qld	15.9h	85.28%	11/03/1989
M45	400m Hurdles	Harry Giles	Qld	58.02s	87.51%	11/03/1989
M65	Shot Put	John McHugh	NSW	11.25m	64.18%	11/03/1989
W75	Hammer	Ruth Frith	NSW	18.32m	-	12/03/1989

M70	2000m Steeplechase	Kevin Hopkins	NSW	9:53	70.05%	15/03/1989
M50	100m Hurdles	Ken Priestly	Vic	16.3h	79.45%	18/03/1989
M55	100m Hurdles	David Mather	Vic	16.7h	82.28%	18/03/1989
M85	100m	Charlie Booth	Vic	17.4h	79.18%	18/03/1989
M50	3000m Walk	Murry Dickinson	Vic	13:34	86.98%	18/03/1989
M50	300m Hurdles	Mike Hall	Vic	44.3h	-	18/03/1989
M55	300m Hurdles	David Mather	Vic	47.38s	-	18/03/1989
M45	Javelin	Graeme Rose	Vic	52.58m	64.66%	18/03/1989
W40	2000m Steeplechase	Heather Ducat	Vic	10:13	66.30%	18/03/1989
W65	Shot Put	Bettina Woodburn	Vic	7.14m	50.22%	18/03/1989
W65	Javelin	Bettina Woodburn	Vic	21.76m	52.71%	18/03/1989
M85	200m	Charlie Booth	Vic	39.3h	72.60%	19/03/1989
M55	800m	Tom Roberts	Vic	2:06.52	92.94%	19/03/1989
M75	Hammer	Hans Holland	Vic	26.10m	43.88%	19/03/1989
M80	Hammer	Harry Gathercole	Vic	17.04m	28.46%	19/03/1989
W65	Hammer	Bettina Woodburn	Vic	27.70m	57.48%	19/03/1989
W30	5k Walk	Miriam Harding	ACT	24:31.24	81.74%	20/03/1989
W40	Hammer	Lynn Carter	WA	34.52m	49.06%	24/03/1989
W55	Hammer	Heather Doherty	Qld	31.34m	52.00%	24/03/1989
M35	400m	Peter Brazier	NSW	50.6h	86.40%	25/03/1989
M45	1500m	Keith Wheeler	WA	4:02.1	92.50%	25/03/1989
M65	2000m Steeplechase	Theo Orr	Vic	8:38	75.85%	25/03/1989
M70	80m Hurdles	Harry Logan	Vic	17.5h	66.35%	25/03/1989
M70	High Jump	Kevin Hopkins	NSW	1.18m	69.66%	25/03/1989
M75	Discus	Vic Younger	Qld	27.46m	49.02%	25/03/1989
W75	1500m	Arley Nicholls	Vic	9:39.3	58.67%	25/03/1989
W40	80m Hurdles	Eileen Hindle	WA	11.8h	89.14%	25/03/1989
W35	2000m Steeplechase	Edna Dundas	ACT	12:11.9	53.33%	25/03/1989
W40	2000m Steeplechase	Antoinette Shaw	WA	8:34.1	79.06%	25/03/1989
W45	2000m Steeplechase	Erica Mercer	WA	8:49.1	79.87%	25/03/1989
M80	200m	Harry Gathercole	Vic	32.8h	80.99%	26/03/1989
M65	300m Hurdles	Fred O'Connor	NSW	54.9h	73.98%	26/03/1989
M70	300m Hurdles	Kevin Hopkins	NSW	59.5h	72.25%	26/03/1989
M70	Triple Jump	Kevin Hopkins	NSW	8.96m	75.55%	26/03/1989

M65	Shot Put	John McHugh	NSW	11.38m	64.92%	26/03/1989
M35	Javelin	Mark Stevens	Qld	59.52m	63.09%	26/03/1989
M55	Javelin(700g)	Eric Matthews	SA	40.52m	55.24%	26/03/1989
M70	Javelin	Kevin Hopkins	NSW	30.18m	47.70%	26/03/1989
W75	800m	Arley Nicholls	Vic	4:42.4	59.87%	26/03/1989
W75	5000m	Arley Nicholls	Vic	33:29.4	62.88%	26/03/1989
W45	400m Hurdles	Kathleen Holland	WA	73.6h	77.03%	26/03/1989
W60	Triple Jump	Margaret McKinnon	SA	7.87m	69.09%	26/03/1989
W65	Triple Jump	Gwen Davidson	Vic	7.43m	69.93%	26/03/1989
M70	Pentathlon	Kevin Hopkins	NSW	3569pts	-	27/03/1989
M80	Pentathlon	Harry Gathercole	Vic	1761pts	-	27/03/1989
W55	Pentathlon	Heather Doherty	Qld	2493pts	-	27/03/1989
W65	Pentathlon	Gwen Davidson	Vic	2913pts	-	27/03/1989
W70	10km Walk Road	Dorothy Jack	Vic	75:41	74.01%	27/03/1989
W75	Long Jump	Ruth Frith	NSW	2.26m	51.55%	1/04/1989
W35	5k Walk	Heather McDonald	Vic	45:56	80.72%	June 1989
M70	10000m	John Gilmour	WA	38:26	91.81%	21/06/1989
M50	10km Walk Road	Murry Dickinson	Vic	49:10	83.96%	24/06/1989
M65	Shot Put	Aivers Pavulins	Vic	13.02m	74.28%	July 1989
M55	300m Hurdles	David Mather	Vic	46.72s	-	July 1989
M30	Decathlon	Kevin Matthews	ACT	4015pts	-	July 1989
M45	Decathlon	Robert Newey	NSW	6185pts	-	July 1989
M50	Decathlon	Terry Dunn	Vic	5103pts	-	July 1989
M55	Decathlon	Ken Daniels	ACT	6525pts	-	July 1989
M60	Decathlon	Rudi Hochreiter	Vic	7391pts	-	July 1989
M65	Decathlon	Fred O'Connor	NSW	7024pts	-	July 1989
W30	Heptathlon	Jan Erickson	ACT	3106pts	-	July 1989
W40	Heptathlon	Margaret Taylor	ACT	4239pts	-	July 1989
W45	Heptathlon	Chris Battersby	Vic	5144pts	-	July 1989
W50	Heptathlon	Gloria Seymon	NSW	4260pts	-	July 1989
W60	Heptathlon	Margaret McKinnon	SA	3541pts	-	July 1989
W65	Heptathlon	Gwen Davidson	Vic	4495pts	-	July 1989
M85	100m	Charlie Booth	Vic	16.98s	82.26%	July 1989
W50	80m Hurdles	Wendy Ey	SA	13.22s	87.09%	July 1989

W65	80m Hurdles	Gwen Davidson	Vic	20.09s	64.91%	27/07/1989
M65	Long Jump	Mike Johnston	Vic	4.92m	81.42%	29/07/1989
M60	Pole Vault	Garvin Brown	Qld	2.90m	63.91%	29/07/1989
M65	Shot Put	Aivers Pavulins	Vic	12.23m	69.77%	29/07/1989
M70	Shot Put	Roy Foley	Vic	10.96m	61.22%	29/07/1989
W60	10k	Shirley Brasher	Tas	43:58.66	82.26%	29/07/1989
W75	Long Jump	Ruth Frith	NSW	2.32m	52.92%	29/07/1989
M50	20k Walk Road	Murray Dickinson	Vic	1:37:57	85.17%	30/07/1989
M65	Javelin	Aivers Pavulins	Vic	45.00m	69.38%	30/07/1989
W35	10km Walk Road	Heather McDonald	Vic	50:51	81.87%	30/07/1989
W65	10km Walk Road	Betty Newman	Vic	63:25	83.24%	30/07/1989
W70	10km Walk Road	Dorothy Jack	Vic	71:08	78.74%	30/07/1989
W45	Shot Put	Mary Thomas	NSW	11.79m	67.02%	30/07/1989
W50	Shot Put	Helen Searle	NSW	12.58m	67.15%	30/07/1989
W75	Shot Put	Ruth Frith	NSW	6.70m	48.19%	30/07/1989
W65	800m	Thelma Davies	NSW	3:25.7	72.32%	Aug 1989
W65	1500m	Thelma Davies	NSW	6:31.03	77.50%	Aug 1989
M55	800m	Tom Roberts	Vic	2:05.07	94.01%	1/08/1989
M70	5000m	John Gilmour	WA	18:46.62	91.16%	1/08/1989
M45	Triple Jump	Derek Boosey	Qld	12.88m	78.06%	1/08/1989
W60	800m	Ann Cooper	SA	2:52.66	81.72%	1/08/1989
W50	Triple Jump	Helen Searle	NSW	9.66m	74.34%	1/08/1989
M65	300m Hurdles	Fred O'Connor	NSW	51.04s	79.78%	3/08/1989
W45	400m Hurdles	Chris Battersby	Vic	71.14s	79.84%	3/08/1989
W45	High Jump	Chris Battersby	Vic	1.42m	76.22%	3/08/1989
W60	High Jump	Margaret McKinnon	SA	1.19m(=)	74.12%	3/08/1989
W60	5000m	Shirley Brasher	Tas	20:51.63	83.57%	4/08/1989
M65	400m	Tom Hishon	Qld	61.29s	87.01%	5/08/1989
M80	400m	Harry Gathercole	Vic	79.10s	77.50%	5/08/1989
M50	800m	Alan Bradford	Qld	2:00.4	93.97%	5/08/1989
M70	1500m	John Gilmour	WA	5:09.73	89.59%	5/08/1989
W60	400m	Ann Cooper	SA	69.00s	87.38%	5/08/1989
W65	5k Walk	Betty Newman	Vic	31:24	81.18%	5/08/1989
W70	5k Walk	Dorothy Jack	Vic	35:05	76.92%	5/08/1989



W45	2000m Steeplechase	Erica Mercer	WA	8:41.64	81.01%	5/08/1989
W50	Hammer	Helen Searle	NSW	39.64m	59.32%	5/08/1989
W70	Hammer	Stella Murnane	Vic	17.34m	40.73%	5/08/1989
W75	Hammer	Ruth Frith	NSW	20.00m	-	5/08/1989
W50	Hammer	Helen Searle	NSW	41.84m	62.61%	23/09/1989
W40	5k Walk	Heather McDonald(Carr)	Vic	25:17.2	81.90%	Oct 1989
W45	Long Jump	Jan Hynes	Qld	5.46m	85.40%	1/10/1989
M60	High Jump	Gordon Gourlay	Vic	1.48m	78.02%	14/10/1989
W75	800m	Arley Nicholls	Vic	4:35.7	61.33%	14/10/1989
W75	1500m	Arley Nicholls	Vic	9:25.3	60.13%	14/10/1989
W75	5000m	Arley Nicholls	Vic	32:37	64.57%	14/10/1989
W65	Triple Jump	Gwen Davidson	Vic	7.54m	70.96%	14/10/1989
W65	Shot Put	Bettina Woodburn	Vic	7.40m	52.04%	14/10/1989
W65	Javelin	Bettina Woodburn	Vic	21.98m	53.25%	14/10/1989
W70	400m	Mavis Collins	Qld	110.92s	60.89%	19/10/1989
W75	400m	Arley Nicholls	Vic	123.2h	58.82%	19/10/1989
W60	100m	Ann Cooper	SA	14.41s	87.31%	21/10/1989
W80	100m	Nance Jeffreys	Vic	24.18s	62.92%	21/10/1989
W80	5k Walk	Nance Jeffreys	Vic	39:35.6	77.97%	21/10/1989
W60	200m	Ann Cooper	SA	30.05s	86.27%	22/10/1989
W40	10km Walk Road	Heather McDonald	Vic	50:15.5	84.23%	22/10/1989
W80	10km Walk Road	Nance Jeffreys	Vic	77:32	82.98%	22/10/1989
W45	80m Hurdles	Jan Hynes	Qld	12.36s	89.97%	4/11/1989
W45	400m	Jan Hynes	Qld	57.8h	91.32%	7/11/1989
W30	5000m	Sue Hobson	ACT	16:25.7	86.35%	9/11/1989
M65	Pole Vault	Ken McConnell	Tas	2.40m	57.08%	11/11/1989
W45	400m Hurdles	Jan Hynes	Qld	64.8h	81.21%	11/11/1989
W45	Triple Jump	Jan Hynes	Qld	10.12m	73.14%	18/11/1989
W40	One Hour Run	Maryann Busted	ACT	14761m	-	23/11/1989
M30	5000m	David Lewis	NSW	14:51.8	84.92%	3/12/1989
W30	5k Walk	Karen Iselin	Qld	24:13.2	82.76%	5/12/1989
W30	10k	Sue Hobson	ACT	33:01.66	88.69%	7/12/1989
W30	Pole Vault	Glenis Johnson	Vic	2.20m	43.48%	16/12/1989
M75	Triple Jump	Vic Younger	Qld	7.36m	67.51%	17/12/1989

W30	3k Walk	Karen Iselin	Qld	13:55.8	83.79%	17/12/1989
W40	1500m Walk	Heather McDonald(Carr)	Vic	6:45.00	85.98%	1990
M60	10000m	John Gilmour	WA	34:23.00	91.89%	1990
M65	Triple Jump	Ken McConnell	Tas	10.87m	84.87%	1990
M40	Long Jump	Murray Tolbert	WA	6.67	82.28%	1990
W30	10km Walk Road	Sue Cook	ACT	46:51.00	88.87%	1990
W30	1500m Walk	Sue Cook	ACT	6:40.00	80.73%	1990
W50	Marathon	Margaret Ellis-Smith	Vic	3:12:14	78.66%	1990
W30	5k Walk	Lorraine Jachno	ACT	22:17.32	89.93%	14/01/1990
M90	10km Walk Road	Gus Theobald	Vic	77:52	82.19%	22/01/1990
W30	Pole Vault	Glenis Johnson	Vic	2.25m	44.47%	30/01/1990
W30	10k	Sue Hobson	ACT	32:54.92	88.99%	Feb 1990
W30	10km Walk Road	Lorraine Jachno	ACT	47:35	87.50%	2/02/1990
W40	Hammer	Trish Connell	ACT	34.90m	49.60%	8/02/1990
W30	Pole Vault	Glenis Johnson	Vic	2.35m	46.44%	10/02/1990
W65	Discus	Laurel Frawley	Qld	17.80m	42.85%	10/02/1990
M60	High Jump	Gordon Gourlay	Vic	1.51m	79.60%	March 1990
M50	Pentathlon	Robert Newey	NSW	3732pts	-	March 1990
W30	1500m	Sue Hobson	ACT	4:27.4	86.04%	March 1990
W60	5000m	Jean Albury	Vic	20:34	84.77%	March 1990
W40	5k Walk	Heather McDonald(Carr)	Vic	25:09	82.35%	March 1990
W60	5k Walk	Jean Albury	Vic	27:39	87.59%	March 1990
W80	5k Walk	Nance Jeffreys	Vic	39:21	78.45%	March 1990
W40	2000m Steeplechase	Antoinette Shaw	WA	8:01.2	84.47%	March 1990
W45	2000m Steeplechase	Erica Mercer	WA	8:39.75	81.31%	March 1990
W50	2000m Steeplechase	Margaret Robinson	WA	9:14.7	79.08%	March 1990
W55	2000m Steeplechase	Pam Mews	Vic	10:37	71.40%	March 1990
W55	Long Jump	Dorothy Anderson	WA	4.09m	71.86%	March 1990
W65	Long Jump	Gwen Davidson	Vic	3.59m	71.45%	March 1990
W40	Triple Jump	Margaret Taylor	ACT	10.98m	74.67%	March 1990
W30	Pole Vault	Glenis Johnson	Vic	2.52m	49.80%	March 1990
W60	Shot Put	Lydia Widera	Vic	8.68m	55.32%	March 1990
W60	Discus	Lydia Widera	Vic	24.20m	52.43%	March 1990
M65	2000m Steeplechase	Max McKay	Vic	8:32.5	76.66%	9/03/1990

W60	10k	Jean Albury	Vic	42:54	84.33%	17/03/1990
W30	Pentathlon	Mandi Cole	Vic	3032pts	-	17/03/1990
M40	Long Jump	Murray Tolbert	WA	6.67m	82.28%	24/03/1990
W65	10k	Thelma Davies	NSW	50:51	75.14%	30/03/1990
W55	80m Hurdles	Dorothy Anderson	WA	18.2h	64.94%	30/03/1990
M80	800m	John Brown	Vic	4:17	58.15%	31/03/1990
M75	1500m	Alan Burgoyne	Vic	6:07	79.86%	31/03/1990
M85	1500m	Johan Sanders	WA	12:06.2	47.17%	31/03/1990
M75	5000m	Alan Burgoyne	Vic	22:02	82.31%	31/03/1990
M80	5000m	John Brown	Vic	31:13	61.87%	31/03/1990
M45	5000m Walk	*Willi Sawall	Vic	21:12.19	90.69%	31/03/1990
M80	Discus	Harry Gathercole	Vic	19.68m	39.78%	31/03/1990
M75	Pole Vault	Vic Younger	Qld	1.50m	42.57%	31/03/1990
M75	Hammer	John Fraser	Vic	31.14m	52.36%	31/03/1990
M70	Javelin(700g)	Frank Welz	Qld	32.82m	51.88%	31/03/1990
W65	5000m	Thelma Davies	NSW	23:58.4	76.96%	April 1990
W65	Discus	Laurel Frawley	Qld	17.82m	42.90%	April 1990
M75	High Jump	Vic Younger	Qld	1.20m	75.31%	1/04/1990
W65	800m	Thelma Davies	NSW	3:22.1	73.61%	1/04/1990
W80	5k Walk	Nance Jeffreys	Vic	39:04	79.02%	1/04/1990
M35	3000m Steeplechase	Jeff Broderick	Vic	9:13	86.48%	13/04/1990
M35	110m Hurdles	David Douglas	Vic	15.1h	83.80%	13/04/1990
M45	110m Hurdles	Harry Giles	Qld	15.5h	87.44%	13/04/1990
M50	100m Hurdles	Ken Priestly	Vic	15.9h	81.42%	13/04/1990
M65	Pole Vault	Ken McConnell	Tas	2.45m	58.27%	13/04/1990
W60	10k	Jean Albury	Vic	42:16	85.59%	13/04/1990
W80	Hammer	Ruth Frith	NSW	19.12m	45.54%	13/04/1990
M85	Discus	Ray Frith	NSW	14.28m	33.46%	14/04/1990
M85	Shot Put	Ray Frith	NSW	5.61m	37.70%	14/04/1990
W80	100m	Ruth Frith	NSW	20.2h	74.43%	14/04/1990
W60	1500m	Jean Albury	Vic	5:37	85.48%	14/04/1990
W75	1500m	Arley Nicholls	Vic	9:02	62.71%	14/04/1990
W70	5k Walk	Dorothy Jack	Vic	35:03	77.00%	14/04/1990
W35	2000m Steeplechase	Jan Shaw	Tas	8:16	78.69%	14/04/1990

W40	2000m Steeplechase	Antoinette Shaw	WA	7:58	85.03%	14/04/1990
W50	2000m Steeplechase	Margaret Robinson	WA	9:08	80.05%	14/04/1990
W55	2000m Steeplechase	Pam Mews	Vic	10:29	72.31%	14/04/1990
W65	Long Jump	Gwen Davidson	Vic	3.62m	72.05%	14/04/1990
W80	Long Jump	Ruth Frith	NSW	2.40m	59.75%	14/04/1990
W60	Shot Put	Lydia Widera	Vic	8.70m	55.45%	14/04/1990
W65	Shot Put	Gwen Davidson	Vic	7.46m	52.47%	14/04/1990
W80	Shot Put	Ruth Frith	NSW	5.90m	48.40%	14/04/1990
W60	Discus	Lydia Widera	Vic	25.62m	55.51%	14/04/1990
W65	Discus	Laurel Frawley	Qld	18.14m	43.67%	14/04/1990
W80	Discus	Ruth Frith	NSW	14.48m	44.39%	14/04/1990
M80	800m	John Brown	Vic	4:02	61.76%	15/04/1990
M80	5000m	John Brown	Vic	29:03	66.49%	15/04/1990
M65	300m Hurdles	Fred O'Connor	NSW	50.7h	80.09%	15/04/1990
M70	300m Hurdles	Kevin Hopkins	NSW	58.3h	73.74%	15/04/1990
M75	Hammer	John Fraser	Vic	33.66m	56.59%	15/04/1990
M85	Hammer	Ray Frith	NSW	15.92m	31.22%	15/04/1990
M35	Javelin	M Rohkamper	Vic	60.70m	64.34%	15/04/1990
M45	Javelin	Graeme Rose	Vic	53.56m	65.86%	15/04/1990
M50	Javelin(700g)	Tom Hancock	Vic	47.42m	59.19%	15/04/1990
M85	Javelin	Ray Frith	NSW	11.70m	26.01%	15/04/1990
W60	5000m	Jean Albury	Vic	20:04	86.88%	15/04/1990
W30	High Jump	Kerry Maurer-Smith	NSW	1.60m	76.56%	15/04/1990
W80	Javelin	Ruth Frith	NSW	11.88m	38.72%	15/04/1990
M45	Long Jump	Harry Giles	Qld	6.19m	80.72%	16/04/1990
W65	10km Walk Road	Betty Newman	Vic	62:24	84.60%	16/04/1990
W40	10km Walk Road	Heather McDonald	Vic	49:37	85.32%	16/06/1990
W30	10km Walk Road	Sue Cook	ACT	46:51	88.87%	23/06/1990
M75	10km Walk Road	Tom Daintry	Vic	64:39	80.04%	22/07/1990
M60	10km Walk Road	Gordon Gourlay	Vic	57:54	77.10%	27/07/1990
M30	Half Marathon	Brian Simmons	Vic	66:44	86.94%	12/08/1990
W50	Triple Jump	Helen Searle	NSW	9.95m	76.57%	22/09/1990
M40	Half Marathon	Peter Hunt	Vic	68:14	88.17%	Oct 1990
W45	Long Jump	Jan Hynes	Qld	5.49m	85.87%	21/10/1990

M30	3000m	David Lewis	NSW	8:33.7	85.78%	27/10/1990
W30	Pole Vault	Glenis Johnson	Vic	2.70m	53.36%	27/10/1990
M75	Shot Put	Vic Younger	Qld	9.69m	59.75%	28/10/1990
M50	100m Hurdles	Michael Stevenson	Tas	15.7h	82.44%	31/10/1990
W65	3k Walk	Betty Newman	Vic	18:49	80.23%	3/11/1990
W80	3k Walk	Nance Jeffreys	Vic	24m 00s	76.09%	3/11/1990
M50	Pole Vault	Robert Barkly	NSW	3.65m	70.35%	10/11/1990
M45	3000m Walk	George White	NSW	12:58.2	87.69%	17/11/1990
M70	High Jump	Harry Logan	Vic	1.33m	78.51%	22/11/1990
M50	Long Jump	Graeme Noden	Vic	5.73m(=)	79.10%	22/11/1990
W35	2000m Steeplechase	Jan Shaw	Tas	8:02.9	80.83%	24/11/1990
W45	Triple Jump	Jan Hynes	Qld	10.34m	74.73%	8/12/1990
M50	Hammer	Ken Readwin	Vic	50.90m	65.03%	15/12/1990
W30	One Hour Run	Carol Ey	ACT	15705m	-	1991
W40	Discus	Chris Schultz	Vic	48.52	73.46%	1991
W40	Shot Put	Chris Schultz	Vic	14.36	75.58%	1991
W35	3000m	Karen Gobby	WA	10:12	81.53%	1991
W35	Marathon	Karen Gobby	WA	2:36:42	86.29%	1991
M50	300m Hurdles	Mick Stevenson	Tas	43.58	-	1991
M70	Long Jump	Mike Johnston	Vic	4.75	83.86%	1991
M40	10000m	Steve Austin	Vic	29:23.10	93.82%	1991
M40	5000m	Steve Austin	Vic	14:01.7	92.37%	1991
M50	100m Hurdles	Michael Stevenson	Tas	15.2h	85.11%	1991
W35	Half Marathon	Karen Gobby	WA	74:47	86.27%	1991
W35	Marathon	Karen Gobby	WA	2:36:42	86.29%	1991
W45	Marathon	Lavinia Petrie	Vic	2:58:25	81.30%	1991
W65	Discus	Lydia Widera	Vic	24.02m	57.82%	12/01/1991
W65	Hammer	Lydia Widera	Vic	28.14m	58.39%	16/01/1991
W30	400m	Iris Good	NSW	56.4h	85.33%	19/01/1991
W45	200m	Jan Hynes	Qld	26.0h	86.93%	26/01/1991
W60	High Jump	Margaret McKinnon	SA	1.20m	74.74%	2/02/1991
W65	Shot Put	Lydia Widera	Vic	8.63m	60.69%	2/02/1991
W65	Long Jump	Joyce Bannister	ACT	3.73m	74.24%	24/02/1991
W65	Pentathlon	Joyce Bannister	ACT	3802pts	-	24/02/1991

W40	Shot Put	Chris Schultz	Vic	13.58m	71.47%	24/02/1991
W40	Discus	Chris Schultz	Vic	43.82m	66.35%	24/02/1991
W40	Hammer	Chris Schultz	Vic	39.38m	55.96%	24/02/1991
W65	Hammer	Gwen Davidson	Vic	28.30m	58.72%	24/02/1991
W40	Throws Pentathlon	Chris Schultz	Vic	4061pts	-	24/02/1991
M50	5000m	Alan Bradford	Qld	15:51.2	88.70%	2/03/1991
M65	Pentathlon	Mike Johnston	Vic	4085pts	-	2/03/1991
W40	Discus	Chris Schultz	Vic	45.54m	68.95%	2/03/1991
W40	Hammer	Chris Schultz	Vic	41.56m	59.06%	2/03/1991
W45	Pentathlon	Jan Hynes	Qld	3844pts	-	2/03/1991
M75	Javelin	Vic Younger	Qld	25.10m	45.19%	3/03/1991
W40	Shot Put	Chris Schultz	Vic	13.82m	72.74%	3/03/1991
M45	High Jump	John Hunt	ACT	1.71m	77.51%	7/03/1991
M70	100m	Bernie Hogan	Qld	13.7h	86.47%	9/03/1991
M70	200m	Bernie Hogan	Qld	27.3h	89.31%	9/03/1991
W40	2000m Steeplechase	Antoinette Shaw	WA	7:53.6	85.82%	9/03/1991
M75	Hammer	Sydney Coleman	WA	37.38m	62.85%	10/03/1991
M60	400m	Mick Pirie	Qld	59.4h	86.43%	16/03/1991
M70	400m	Bernie Hogan	Qld	67.3h	82.07%	16/03/1991
M75	Pole Vault	Vic Younger	Qld	1.63m	46.26%	16/03/1991
M80	Hammer	Bill Tunaley	Vic	17.94m	29.96%	16/03/1991
W65	Discus	Lydia Widera	Vic	24.78m	59.65%	16/03/1991
W35	Hammer	Lisa Kirsch	Tas	41.72m	53.95%	16/03/1991
W45	Hammer	Jan Davies	Vic	36.94m	57.80%	16/03/1991
W65	Hammer	Lydia Widera	Vic	33.00m	68.48%	16/03/1991
W65	Javelin	Bettina Woodburn	Vic	22.08m	56.16%	16/03/1991
M75	Discus	Sidney Coleman	WA	34.30m	61.23%	17/03/1991
W45	Triple Jump	Jan Hynes	Qld	10.58m	76.47%	17/03/1991
W40	Shot Put	Chris Schultz	Vic	14.36m	75.58%	24/03/1991
M35	400m	Victor Ramondetta	NSW	50.6h	86.40%	29/03/1991
M60	Pole Vault	Jim McGrath	NSW	2.90m(=)	63.91%	29/03/1991
M65	Pole Vault	Werner Widera	Vic	2.46m	58.51%	29/03/1991
M55	Hammer	Alex Tahmindjis	NSW	44.86m	61.83%	29/03/1991
M75	Hammer	Sydney Coleman	WA	37.54m	63.12%	29/03/1991

M85	Hammer	Ray Frith	NSW	15.98m	31.33%	29/03/1991
W70	400m	Marie Partridge	NSW	92.7h	72.75%	29/03/1991
M55	5000m Walk	Bob Gardiner	Vic	23:40.1	87.61%	30/03/1991
M55	20k Walk Road	Bob Gardiner	Vic	1:41:54	85.25%	30/03/1991
M50	High Jump	John Hunt	ACT	1.72m	81.82%	30/03/1991
M70	80m Hurdles	Gordon Boag	ACT	17.4h	66.72%	30/03/1991
M45	Long Jump	Peter Vallance	NSW	6.26m	81.63%	30/03/1991
M85	Long Jump	Ray Frith	NSW	1.96m	42.88%	30/03/1991
M85	Shot Put	Ray Frith	NSW	6.14m	41.26%	30/03/1991
M65	Pentathlon	Mike Johnston	Vic	4142pts	-	30/03/1991
W70	100m	Marie Partridge	NSW	18.00s	76.28%	30/03/1991
W60	200m	Ann Cooper	SA	29.8h	86.29%	30/03/1991
W70	200m	Marie Partridge	NSW	40.3h	70.23%	30/03/1991
W55	80m Hurdles	Beverley Byrne	SA	17.3h	68.27%	30/03/1991
W70	Long Jump	Marie Partridge	NSW	2.93m	62.31%	30/03/1991
W70	Triple Jump	Marie Partridge	NSW	6.82m	64.19%	30/03/1991
M60	300m Hurdles	Tom Morgan	SA	49.6h	77.69%	31/03/1991
M75	Triple Jump	Sydney Coleman	WA	7.52m	68.98%	31/03/1991
M85	Triple Jump	Ray Frith	NSW	5.38m	60.01%	31/03/1991
M75	Discus	Sidney Coleman	WA	34.36m	61.33%	31/03/1991
W35	High Jump	Yvonne Craig	ACT	1.54m	75.35%	31/03/1991
W30	One Hour Run	Carol Ey	ACT	15705m	-	28/04/1991
M45	Throws Pentathlon	Rod Guy	Vic	3780pts	-	11/05/1991
M50	20k Walk Road	Murray Dickinson	Vic	1:37:56	85.18%	19/05/1991
M50	Hammer	Ken Readwin	Vic	53.28m	68.07%	23/06/1991
M65	300m Hurdles	Fred O'Connor	NSW	50.29s	80.96%	July 1991
W60	Heptathlon	Margaret McKinnon	SA	3562pts	-	July 1991
M60	Pole Vault	Jim McGrath	NSW	3.00m	66.11%	July 1991
W40	3k Walk	Heather McDonald	Vic	14:26	84.58%	3/07/1991
M55	200m	Hal Thomas	SA	24.52s	90.19%	18/07/1991
M55	High Jump	Tom Hancock	Vic	1.57m	78.53%	18/07/1991
M55	Javelin(800g)	Tom Hancock	Vic	41.28m	56.27%	18/07/1991
W50	400m	Kathy Holland	WA	64.41s	85.41%	18/07/1991
W60	400m	Ann Cooper	SA	67.97s	88.71%	18/07/1991

W40	5k Walk	Heather McDonald	Vic	24:39.8	83.97%	18/07/1991
W80	Triple Jump	Ruth Frith	NSW	5.22m	62.42%	18/07/1991
W40	Discus	Chris Schultz	Vic	48.52m	73.46%	18/07/1991
W50	Hammer	Helen Searle	NSW	41.86m	62.64%	18/07/1991
M35	Half Marathon	Brian Simmons	Vic	67:40	86.34%	1/09/1991
M75	5000m	Norm Gulbransen	Qld	21:49.5	83.10%	20/09/1991
W55	Hammer	Heather Doherty	Qld	32.04m	53.16%	28/09/1991
M75	5000m	Norm Gulbransen	Qld	21:48.4	83.17%	6/10/1991
M55	200m	Hal Thomas	SA	24.45s	90.44%	16/10/1991
M70	400m	Mike Johnston	Vic	66.75s	82.92%	16/10/1991
M75	1500m	Norm Gulbransen	Qld	5:49.02	83.97%	16/10/1991
M60	2000m Steeplechase	Peter Couattie	Vic	8:03.3	77.14%	16/10/1991
M70	80m Hurdles	Wally Charles	Qld	16.97s	69.36%	16/10/1991
M70	300m Hurdles	Wally Charles	Qld	57.73s	74.64%	16/10/1991
M70	Long Jump	Mike Johnston	Vic	4.75m	83.86%	16/10/1991
M80	Long Jump	Harry Gathercole	Vic	2.96m	60.94%	16/10/1991
M70	Triple Jump	Mike Johnston	Vic	9.35m	78.84%	16/10/1991
M50	Discus	A Spaits	ACT	44.86m	62.55%	16/10/1991
M75	Hammer	Syney Coleman	WA	38.68m	65.03%	16/10/1991
M45	Javelin	Graeme Rose	Vic	54.82m	67.41%	16/10/1991
M50	Javelin(700g)	John Cooper	NSW	48.76m	60.87%	16/10/1991
M75	Javelin	Syney Coleman	WA	25.66m	46.20%	16/10/1991
M50	Pentathlon	John Cooper	NSW	3881pts	-	16/10/1991
M70	Pentathlon	Mike Johnston	Vic	4653pts	-	16/10/1991
M80	Pentathlon	Harry Gathercole	Vic	2360pts	-	16/10/1991
W50	Pentathlon	Una Lund	Qld	4081pts	-	16/10/1991
W45	200m	Jan Hynes	Qld	25.63s	88.99%	16/10/1991
W70	200m	Marie Partridge	NSW	40.14s	70.93%	16/10/1991
W65	800m	Thelma Davies	NSW	3:21.26	73.91%	16/10/1991
W65	5000m	Thelma Davies	NSW	23:36	78.18%	16/10/1991
W45	400m Hurdles	Marge Allison	NSW	64.35s	88.27%	16/10/1991
W50	2000m Steeplechase	Jan Morrey	Vic	8:58	81.54%	16/10/1991
W60	2000m Steeplechase	Clare McKerr	Vic	12:01	68.66%	16/10/1991
W70	Discus	Marion Skarratt	Tas	18.76m	50.66%	16/10/1991



W45	Hammer	Jan Davies	Vic	37.14m	58.11%	16/10/1991
W70	Hammer	Marion Skarratt	Tas	18.96m	44.53%	16/10/1991
W70	Javelin	Marion Skarratt	Tas	16.52m	45.33%	16/10/1991
M80	800m	Stan Nicols	Vic	3:46.17	66.08%	17/10/1991
W70	Shot Put	Marion Skarratt	Tas	7.00m	54.80%	18/10/1991
W70	Triple Jump	Marie Partridge	NSW	7.18m	72.66%	19/10/1991
M55	Javelin(700g)	Tom Hancock	Vic	41.72m	56.87%	Nov 1991
W50	Hammer	Helen Searle	NSW	42.34m	63.36%	9/11/1991
W70	Javelin	Marion Skarratt	Tas	16.86m	46.26%	13/11/1991
W45	Hammer	Chris Battersby	Vic	37.36m	60.80%	14/11/1991
M55	High Jump	Tom Hancock	Vic	1.60m	80.03%	23/11/1991
W55	One Hour Run	Anne Young	ACT	13284m	-	28/11/1991
M35	400m	Neville Appleby	Qld	50.4h	86.75%	30/11/1991
W40	2000m Steeplechase	Antoinette Shaw	WA	7:50.6	86.37%	30/11/1991
M40	10000m	Steve Austin	Vic	29:23.1	92.93%	Dec 1991
M50	300m Hurdles	Michael Stevenson	Tas	43.58s	-	7/12/1991
W65	Triple Jump	Margaret McKinnon	SA	7.73m	72.75%	14/12/1991
M50	High Jump	John Hunt	ACT	1.73m	82.29%	19/12/1991
M35	High Jump	Clayton Tompkins	NSW	1.93m	79.88%	1992
M55	100m	Hal Thomas	SA	11.63s	93.21%	1992
M65	10000m	John Gilmour	WA	36:11.00	91.07%	1992
W30	Marathon	Lisa Ondieki	SA	2:24:40	92.67%	1992
W30	1500m	Marcia Sheer	SA	4:25.00	86.82%	1992
M35	400m Hurdles	Michael Edwards	WA	53.79s	87.71%	1992
M80	3000m Walk	Tom Daintry	Vic	18:44.00	85.58%	1992
M40	One Hour Run	Trevor Jacobs	ACT	17819m	-	1992
M50	50km Walk Road	Willi Sawall	Vic	4:12:57	91.84%	1992
M35	Marathon	*Gerard Barrett	ACT	2:16:46	88.95%	1992
M85	Discus	Ray Frith	NSW	14.74m	34.54%	1992
M85	Javelin(700g)	Ray Frith	NSW	12.90m	28.68%	1992
W30	Marathon	*Jenny Dowie	Vic	2:40:40	83.44%	1992
W45	Marathon	Bev Lucas	SA	2:50:13	85.20%	1992
W60	Marathon	Shirley Young	Vic	3:27:44	80.48%	1992
W65	Marathon	Thelma Davies	NSW	4:12:51	70.16%	1992

M35	3000m Walk	*David Smith	Qld	11m 16.38s	95.67%	1992
M35	5000m Walk	*David Smith	Qld	19m 23.41s	93.34%	1992
W40	2000m Steeplechase	Antoinette Shaw	WA	7:48.8	86.70%	4/01/1992
M45	Long Jump	Murray Tolbert	WA	6.49m	84.63%	5/01/1992
M55	Javelin(700g)	Tom Hancock	Vic	43.16m	58.84%	1/02/1992
M35	3000m Steeplechase	Jeff Broderick	Vic	8:53.57	91.05%	8/02/1992
M75	10000m	Norm Gulbransen	Qld	45:57.9	78.89%	10/02/1992
W70	3k Walk	Valerie Tyson	WA	19:56	80.18%	12/02/1992
W40	2000m Steeplechase	Antoinette Shaw	WA	7:44.9	89.51%	15/02/1992
W70	800m	Marion Skarratt	Tas	3:53.5	67.51%	16/02/1992
W70	Pentathlon	Marion Skarratt	Tas	1829pts	-	16/02/1992
M35	400m Hurdles	Michael Edwards	WA	53.79s	87.71%	23/02/1992
M75	Pole Vault	Vic Younger	Qld	1.65m	46.82%	29/02/1992
W65	High Jump	Margaret McKinnon	SA	1.22m(=)	80.11%	1/03/1992
W30	Triple Jump	Glenis Johnson	Vic	10.72m	69.16%	1/03/1992
M35	400m	Michael Edwards	WA	49.70s	88.21%	7/03/1992
W55	Hammer	Heather Doherty	Qld	32.98m	54.72%	7/03/1992
M55	300m Hurdles	Hugh Coogan	Qld	46.35s	-	8/03/1992
M50	5000m Walk	*Willi Sawall	Vic	21:38.3	92.10%	19/03/1992
W30	Triple Jump	Glenis Johnson	Vic	10.83m	69.87%	22/03/1992
W50	10k	Theresa Baird	Vic	38:07	86.55%	28/03/1992
M65	Pentathlon	Rudi Hochreiter	Vic	4602pts	-	29/03/1992
M40	Weight Throw	Hans Lotz	Vic	16.60m	69.16%	April 1992
W65	Triple Jump	Gwen Davidson	Vic	7.95m	74.82%	April 1992
M55	100m	Hal Thomas	SA	11.63s	93.21%	3/04/1992
W55	80m Hurdles	Brenda Parkinson	SA	13.94s	85.90%	3/04/1992
M80	3000m Walk	Tom Daintry	Vic	18:44	85.58%	4/04/1992
W35	Pole Vault	Dawn Hartigan	Vic	2.25m	44.49%	4/04/1992
M75	Shot Putt	Sydney Coleman	WA	10.66m	65.73%	4/04/1992
M75	Javelin	Sydney Coleman	WA	25.66m(=)	46.20%	4/04/1992
M60	300m Hurdles	David Mather	Vic	49.2h	78.32%	5/04/1992
M75	Hammer	Roy Foley	Vic	40.88m	68.73%	5/04/1992
W50	1500m	Theresa Baird	Vic	5:16	83.17%	5/04/1992
W50	5000m	Theresa Baird	Vic	18:59	83.31%	5/04/1992

W65	5k Walk	Betty Newman	Vic	31:06	83.80%	5/04/1992
W35	High Jump	Salli-Ann Lee	Vic	1.55m	75.84%	5/04/1992
W50	Hammer	Jan Davies	Vic	43.04m	64.41%	5/04/1992
M55	200m	Hal Thomas	SA	24.02s	92.06%	10/04/1992
M75	Hammer	Roy Foley	Vic	43.10m	72.47%	11/04/1992
M75	Weight Throw	Roy Foley	Vic	14.81m	64.56%	11/04/1992
M75	Throws Pentathlon	Roy Foley	Vic	4322pts	-	11/04/1992
M40	Throws Pentathlon	Hans Lotz	Vic	3641pts	-	11/04/1992
W55	Hammer	Heather Doherty	Qld	33.80m	61.14%	11/04/1992
W45	Weight Throw	Chris Battersby	Vic	10.99m	52.90%	11/04/1992
M75	Discus	Roy Foley	Vic	35.50m	63.37%	14/04/1992
M60	2000m Steeplechase	Osmo Millridge	NSW	7:52.48	78.91%	17/04/1992
M70	Pole Vault	Werner Widera	Vic	2.30m	59.49%	17/04/1992
W50	10k	Theresa Baird	Vic	38:00.3	86.80%	17/04/1992
W65	10k	Shirley Brasher	Tas	45:49.71	83.38%	17/04/1992
W50	Hammer	Helen Searle	NSW	43.30m	64.80%	17/04/1992
M45	5000m Walk	George White	SA	22:43.63	84.61%	18/04/1992
M80	10km Walk Road	Tom Daintry	Vic	70:41	77.66%	18/04/1992
M60	100m Hurdles	David Mather	Vic	16.92s	79.21%	18/04/1992
M50	High Jump	John Hunt	ACT	1.74m	82.77%	18/04/1992
M85	Long Jump	Ray Frith	NSW	2.04m	47.02%	18/04/1992
W65	1500m	Shirley Brasher	Tas	6:02.68	83.56%	18/04/1992
W65	2000m Steeplechase	Tony Smit	Tas	12:44.98	69.94%	18/04/1992
M60	300m Hurdles	Quentin Anthony	ACT	47.63s	81.13%	19/04/1992
M65	Discus	Rudi Hochreiter	Vic	42.76m	62.20%	19/04/1992
M85	Discus	Ray Frith	NSW	14.44m	33.83%	19/04/1992
W65	800m	Shirley Brasher	Tas	3:01.18	82.11%	19/04/1992
W50	5000m	Theresa Baird	Vic	18:33.1	85.25%	19/04/1992
W65	5000m	Shirley Brasher	Tas	22:06.34	83.46%	19/04/1992
W80	Triple Jump	Ruth Frith	NSW	5.33m	63.74%	19/04/1992
M70	400m	Mike Johnston	Vic	66.1h	83.56%	4/05/1992
M85	Discus	Harry Gathercole	Qld	17.52m	41.05%	3/10/1992
W55	Shot Putt	Heather Doherty	Qld	11.68m	67.93%	18/10/1992
W70	100m	Aileen Hogan	Qld	16.7h	81.06%	25/10/1992

W70	200m	Aileen Hogan	Qld	35.4h	79.89%	25/10/1992
W50	Hammer	Jan Davies	Vic	43.32m	64.83%	8/11/1992
M70	100m	Bernie Hogan	Qld	13.4h	88.37%	14/11/1992
W70	100m	Aileen Hogan	Qld	16.3h	83.02%	14/11/1992
M60	800m	David Carr	WA	2:15.5	90.21%	14/11/1992
M45	110m Hurdles	Harry Giles	Qld	15.5h (=)	89.53%	14/11/1992
W70	200m	Aileen Hogan	Qld	34.7h	81.49%	21/11/1992
W35	3k Walk	Lyn Gordon	Qld	14:42.7	80.51%	21/11/1992
M40	One Hour Run	Trevor Jacobs	ACT	17819	-	26/11/1992
M70	100m Hurdles	Bernie Hogan	Qld	13.4h	88.37%	12/12/1992
M75	Pole Vault	Vic Younger	Qld	1.70m	48.24%	12/12/1992
W55	100m	Annette Horsnell	Qld	14.60s(=)	82.67%	12/12/1992
W30	1500m	Marcia Sheer	SA	4:25	86.82%	19/12/1992
W60	Marathon	Marie O'Donovan	NSW	3:20:28	83.40%	1993
M80	10km Walk Road	Tom Daintry	Vic	1:04:23	85.26%	1993
W45	10km Walk Road	Marlene Robb	NSW	53:54.5	81.36%	1993
M30	200m	*Kieran Finn	WA	21.0h	90.35%	1993
W50	Marathon	Lavinia Petrie	Vic	3:03:36	82.36%	1993
W30	3k Walk	*Kerry Junna-Saxby	NSW	11m 52.71s	98.26%	1993
W55	Pentathlon	Dorothy Whittam	WA	2751pts	-	3/01/1993
W80	Javelin	Ruth Frith	NSW	11.90m	38.79%	9/01/1993
M85	200m	Harry Gathercole	Qld	37.22s	77.13%	10/01/1993
M80	80m Hurdles	Vic Younger	Qld	22.50s	60.44%	10/01/1993
M80	Long Jump	Vic Younger	Qld	3.17m	65.26%	10/01/1993
M80	Triple Jump	Vic Younger	Qld	6.85m	68.93%	10/01/1993
W55	100m	Annette Horsnell	Qld	14.50s	83.24%	10/01/1993
W55	Shot Putt	Heather Doherty	Qld	11.70m	68.05%	23/01/1993
M30	Half Marathon	*Steve Moneghetti	Vic	60:06	96.53%	24/01/1993
W40	Hammer	Lisa Kirsch	Tas	42.00m	59.68%	24/01/1993
W35	Pole Vault	Glenis Johnson	Vic	2.60m	51.41%	30/01/1993
M80	Long Jump	Vic Younger	Qld	3.20m	65.88%	31/01/1993
M80	Shot Putt	Vic Younger	Qld	7.70m	45.84%	31/01/1993
M35	Pole Vault	Paul Woo	WA	4.05m(=)	66.22%	6/02/1993
M80	Pole Vault	Vic Younger	Qld	1.50m	47.22%	6/02/1993

M80	Discus	Vic Younger	Qld	23.94m	48.39%	6/02/1993
M80	Javelin	Vic Younger	Qld	19.82m	37.04%	6/02/1993
W50	Hammer	Jan Davies	Vic	44.56m	66.68%	7/02/1993
W45	2000m Steeplechase	Antoinette Shaw	WA	8:11.8	85.93%	13/02/1993
W45	2000m Steeplechase	Antoinette Shaw	WA	8:02.4	87.60%	17/02/1993
M70	Shot Putt	Felix Jekabsons	Qld	12.66m	70.72%	20/02/1993
M80	Pentathlon	Vic Younger	Qld	2464pts	-	21/02/1993
M30	100m	Mark Larose	Vic	11.0s	85.23%	March 1993
M30	400m	David Cross	Vic	51.7h	83.01%	March 1993
M55	90m Hurdles	Al McLean	Vic	14.5h	-	March 1993
M30	Pentathlon	Robert Claridge	Vic	3286pts	-	March 1993
W70	1500m	Thelma Davies	NSW	7:06	75.11%	March 1993
W80	Triple Jump	Ruth Frith	NSW	5.41m	64.69%	March 1993
W80	Shot Putt	Ruth Frith	NSW	5.92m	48.57%	March 1993
W70	Hammer	Gwen Davidson	Vic	24.10m	56.61%	March 1993
W55	Pentathlon	Gloria Seymon	NSW	2856pts	-	March 1993
M60	Shot Putt	George Mencik	ACT	13.39m	70.25%	4/03/1993
W70	Long Jump	Gwen Davidson	Vic	3.51m	74.65%	7/03/1993
W70	Pentathlon	Gwen Davidson	Vic	2796pts	-	7/03/1993
M85	Javelin	Harry Gathercole	Qld	13.88m	30.86%	13/03/1993
M85	800m	Alex Pittendrich	Qld	4:13	65.04%	14/03/1993
M80	High Jump	Vic Younger	Qld	1.15m	77.00%	14/03/1993
M65	Discus	Charlie Rann	ACT	43.04m	62.61%	14/03/1993
W65	Discus	Lydia Widera	Vic	25.72m	61.91%	14/03/1993
W50	Hammer	Jan Davies	Vic	46.02m	68.87%	14/03/1993
W65	Weight Throw	Lydia Widera	Vic	11.29m	57.46%	14/03/1993
W65	Throws Pentathlon	Lydia Widera	Vic	4138pts	-	14/03/1993
M30	200m	David Cross	Vic	23.0h	82.57%	20/03/1993
M30	800m	Tim Crosbie	Vic	1:56	86.99%	20/03/1993
M30	1500m	Tim Crosbie	Vic	3:58	86.55%	20/03/1993
M30	5000m	Tim Crosbie	Vic	15:36	80.91%	20/03/1993
M30	10000m	Jeff Sharam	Vic	33:52	77.63%	20/03/1993
M30	5000m Walk	Kevin Cassidy	Vic	26:46	67.59%	20/03/1993
M30	400m Hurdles	Russell Young	Vic	62.9h	74.21%	20/03/1993

M70	300m Hurdles	Charles Scarff	Vic	56.2h	76.48%	20/03/1993
M30	High Jump	Russell Young	Vic	1.70m	69.39%	20/03/1993
M30	Long Jump	Marc Larose	Vic	5.96m	66.59%	20/03/1993
M55	Long Jump	Graeme Noden	Vic	5.44m	79.62%	20/03/1993
M30	Triple Jump	Russell Young	Vic	12.31m	67.30%	20/03/1993
M30	Pole Vault	Mike Fawkner	Vic	2.40m	31.23%	20/03/1993
M30	Shot Putt	Mike Fawkner	Vic	9.49m	41.42%	20/03/1993
M30	Javelin	Mike Fawkner	Vic	29.28m	-	20/03/1993
W70	100m	Gwen Davidson	Vic	15.9h	85.07%	20/03/1993
W70	Javelin	Gwen Davidson	Vic	16.86m(=)	46.26%	20/03/1993
M40	Hammer	Hans Lotz	Vic	55.76m	73.16%	21/03/1993
W70	High Jump	Gwen Davidson	Vic	1.15m	79.76%	21/03/1993
W70	Triple Jump	Gwen Davidson	Vic	7.46m	75.50%	21/03/1993
W35	Hammer	Pam Matthews	Vic	44.14m	57.08%	21/03/1993
W50	Hammer	Jan Davies	Vic	46.68m	69.86%	21/03/1993
M60	400m	David Carr	WA	59.3h	86.57%	27/03/1993
W40	Triple Jump	Margaret Taylor	ACT	11.28m	76.71%	27/03/1993
M60	400m	David Carr	WA	58.46s	88.02%	9/04/1993
M85	400m	Harry Gathercole	Qld	93.50s	71.56%	9/04/1993
M45	100m Hurdles	Graham Taylor	ACT	15.20s	-	9/04/1993
M60	90m Hurdles	David Mather	Vic	16.78s	-	9/04/1993
M65	80m Hurdles	Fred O'Connor	NSW	15.28s	-	9/04/1993
M30	Pole Vault	Kevin Matthews	ACT	2.70m	43.69%	9/04/1993
M70	Pole Vault	Werner Widera	Vic	2.33m	60.26%	9/04/1993
M80	Hammer	Vic Younger	Qld	19.00m	31.73%	9/04/1993
M30	Javelin	Bruce Dengate	NSW	57.60m	58.49%	9/04/1993
M50	Javelin(700g)	John Cooper	NSW	51.22m	63.94%	9/04/1993
W35	Hammer	Pam Matthews	Vic	47.16m	60.98%	9/04/1993
W70	Javelin	Gwen Davidson	Vic	17.76m	48.73%	9/04/1993
M80	10km Walk Road	Tom Daintry	Vic	68:04	80.64%	10/04/1993
M30	3000m Steeplechase	Roscoe McDonnell	NSW	10:47.34	73.17%	10/04/1993
M80	80m Hurdles	Vic Younger	Qld	20.90s	65.07%	10/04/1993
M45	High Jump	John Gordon	NSW	1.72m	77.96%	10/04/1993
M30	Long Jump	Marc Larose	Vic	6.28m	70.17%	10/04/1993

M80	Long Jump	Vic Younger	Qld	3.37m	69.38%	10/04/1993
M85	Long Jump	Harry Gathercole	Qld	2.86m	65.93%	10/04/1993
M85	Shot Put	Harry Gathercole	Qld	6.17m	41.47%	10/04/1993
M55	Javelin(700g)	Tom Hancock	Vic	45.06m	61.43%	10/04/1993
M80	Javelin(700g)	Vic Younger	Qld	21.62m	40.40%	10/04/1993
W55	Pentathlon	Gloria Seymon	NSW	2978pts	-	10/04/1993
M85	200m	Harry Gathercole	Qld	36.78s	78.05%	11/04/1993
M70	Triple Jump	Mike Johnston	Vic	9.46m	79.77%	11/04/1993
M30	Discus	Bruce Dengate	NSW	37.76m	52.55%	11/04/1993
M30	Shot Putt	Bruce Dengate	NSW	12.20m	53.25%	11/04/1993
W70	200m	Gwen Davidson	Vic	34.60s	82.29%	11/04/1993
W35	5000m	Marcia Sheer	SA	16:42.74	84.88%	11/04/1993
W45	High Jump	Anne Taylor	ACT	1.43m	76.75%	11/04/1993
W70	High Jump	Gwen Davidson	Vic	1.16m	80.46%	11/04/1993
M55	Long Jump	Graeme Noden	Vic	5.53m	80.94%	12/04/1993
M80	Javelin	Vic Younger	Qld	21.74m	40.62%	12/04/1993
M85	Pentathlon	Harry Gathercole	Qld	1274pts	-	12/04/1993
M35	10km Walk Road	Clyde Riddoch	Vic	51:40	72.79%	25/04/1993
M80	10km Walk Road	Tom Daintry	Vic	64:23	85.26%	25/04/1993
M75	Pole Vault	Sydney Coleman	WA	1.85m	52.50%	30/04/1993
M80	Pole Vault	Vic Younger	Qld	1.60m	50.37%	30/04/1993
M80	Discus	Vic Younger	Qld	25.08m	50.69%	1/05/1993
M55	Discus	Attila Spaits	ACT	43.52m	65.42%	15/05/1993
M65	Discus	Charlie Rann	ACT	44.14m	64.21%	15/05/1993
M55	20k Walk Road	Murray Dickinson	Vic	1:39:33	87.26%	12/09/1993
W40	20k Walk Road	Heather McDonald	Vic	1:42:22	85.02%	12/09/1993
M85	200m	Harry Gathercole	Qld	35.99s	79.76%	Oct 1993
M70	800m	Gordon McKeown	Vic	2:36.47	84.53%	Oct 1993
M55	5000m Walk	Murray Dickinson	Vic	23:30.98	88.17%	Oct 1993
M60	2000m Steeplechase	Ronald Stuart	NSW	7:51.96	78.99%	Oct 1993
M80	80m Hurdles	Vic Younger	Qld	19.57s	69.49%	Oct 1993
M80	80m Hurdles	Vic Younger	Qld	19.51s	69.71%	Oct 1993
M80	Triple Jump	Vic Younger	Qld	7.95m	80.00%	Oct 1993
M80	Shot Put	Vic Younger	Qld	8.24m	49.06%	Oct 1993

M80	Javelin	Vic Younger	Qld	24.32m	45.44%	Oct 1993
M45	Decathlon	John Gordon	NSW	6747pts	-	Oct 1993
M50	Decathlon	John Cooper	NT	6375pts	-	Oct 1993
M80	Decathlon	Vic Younger	Qld	5727pts	-	Oct 1993
W35	Heptathlon	Peta Bird	NSW	4746pts	-	Oct 1993
W55	Heptathlon	Gloria Seymon	NSW	4461pts	-	Oct 1993
W55	100m	Wendy Ey	SA	13.80s	87.47%	Oct 1993
W55	200m	Wendy Ey	SA	29.04s	85.41%	Oct 1993
W45	800m	Judy Bandiera	Vic	2m 17.06s	90.14%	Oct 1993
W60	Triple Jump	Pat Carr	WA	8.32m	73.04%	Oct 1993
W80	Triple Jump	Ruth Frith	NSW	5.65m	70.56%	Oct 1993
W40	Pole Vault	Wilma Perkins	Qld	1.86m	39.04%	Oct 1993
W50	Shot Put	Helen Searle	NSW	12.59m	67.21%	Oct 1993
W80	Weight Throw	Ruth Frith	NSW	7.84m	48.34%	Oct 1993
W40	Throws Pentathlon	Chris Schultz	Vic	3939pts	-	Oct 1993
W45	Throws Pentathlon	Mary Thomas	NSW	3724pts	-	17/10/1993
W80	Throws Pentathlon	Ruth Frith	NSW	3375pts	-	17/10/1993
W60	Shot Put	Heather Doherty	Qld	12.18m	77.63%	3/10/1993
M75	Javelin(700g)	Frank Welz	Qld	26.72m	48.11%	9/10/1993
W60	Javelin	Heather Doherty	Qld	36.08m	77.80%	23/10/1993
W60	Discus	Heather Doherty	Qld	32.52m	70.45%	6/11/1993
W35	Pole Vault	Glenis Johnson	Vic	2.70m	53.39%	2/12/1993
W40	20k Walk	Heather McDonald	Vic	1h 42m 22s	85.02%	9/12/1993
M30	2000m Walk	Andrew Jachno	ACT	8:43.00	-	1994
M35	10km Walk Road	David Smith	Qld	41:53.00	91.29%	1994
M35	5000m Walk	David Smith	Qld	19:53.00	92.56%	1994
M70	Triple Jump	Fred O'Connor	NSW	9.85m	83.05%	1994
M45	Discus	Geoff Tyler	Vic	49.08m	73.67%	1994
M60	Shot Put	George Mencik	ACT	14.30m	75.03%	1994
M45	Hammer	Hans Lotz	Vic	59.62m	78.22%	1994
W60	Discus	Heather Doherty	Qld	33.24m	72.01%	1994
W50	300m Hurdles	ssack	Qld	45.8s	96.56%	1994
W45	Triple Jump	Margaret Taylor	ACT	11.22m	81.10%	1994
M35	Marathon	Mark Purvis	Vic	2:27:47	82.32%	1994



W35	Marathon	*Susan Hobson	ACT	2:32:57	88.41%	1994
W45	Marathon	Bev Lucas	SA	2:48:32	86.00%	1994
W45	Marathon	Bev Lucas	SA	2:46:08	88.70%	1994
W50	Half Marathon	Lavinia Petrie	Vic	86:45	82.20%	1994
M30	Decathlon	Terry Baldwin	Vic	5807pts	-	Jan 1994
M30	High Jump	Peter Dohnt	SA	1.80m	73.47%	14/01/1994
M65	Pole Vault	Garvin Brown	Qld	2.80m	66.60%	15/01/1994
M45	Hammer	Hans Lotz	Vic	59.62m	78.22%	16/01/1994
W45	Triple Jump	Margaret Taylor	ACT	11.16m	80.66%	18/01/1994
M30	Javelin	Peter Dohnt	SA	61.21m	62.15%	21/01/1994
W50	400m Hurdles	Ann Stobaus	Vic	64.1h	85.63%	22/01/1994
M30	400m Hurdles	Terry Baldwin	Vic	58.9h	79.23%	29/01/1994
M60	Shot Put	George Mencik	ACT	13.48m	70.72%	3/02/1994
M30	Pentathlon	Greg Newnham	Qld	3335pts	-	3/02/1994
M55	3000m Steeplechase	Alan Bradford	Qld	10:14.0	92.60%	4/02/1994
M30	110m Hurdles	Terry Baldwin	Vic	16.2h	77.86%	5/02/1994
M60	Hammer	George Mencik	ACT	47.08m	64.42%	10/02/1994
M30	Pole Vault	Peter Dohnt	SA	3.20m	51.78%	12/02/1994
M80	Pentathlon	Vic Younger	Qld	2602pts	-	13/02/1994
W40	Pole Vault	Wilma Perkins	Qld	2.00m	41.98%	13/02/1994
M30	Hammer	Ian Peterson	Qld	41.94m	49.42%	19/02/1994
W45	3k Walk	Georgina McKay	Qld	15:58.3	79.07%	19/02/1994
M45	Javelin	Bob Banens	ACT	57.36m	70.54%	20/02/1994
W35	5000m	Marcia Sheer	SA	16:26.3	86.30%	2/03/1994
M60	Hammer	George Mencik	ACT	48.90m	66.91%	3/03/1994
M55	400m	John Cooper	Qld	56.6h	87.62%	5/03/1994
M70	2000m Steeplechase	Eric Bailey	Qld	9:33.8	72.39%	5/03/1994
M80	Pole Vault	Vic Younger	Qld	1.71m	53.83%	5/03/1994
M85	Javelin	Harry Gathercole	Qld	15.06m	33.48%	5/03/1994
M80	High Jump	Vic Younger	Qld	1.16m	77.67%	6/03/1994
M35	Pole Vault	Paul Woo	WA	4.10m	67.03%	6/03/1994
W80	3k Walk	Gene Mogg	Qld	23.45.3	76.87%	6/03/1994
M30	Triple Jump	Peter Dohnt	SA	12.68m	69.33%	11/03/1994
M45	Discus	Geoffrey Tyler	Vic	49.08m	73.67%	13/03/1994

M55	3000m Walk	Murray Dickinson	Vic	13:51.9	88.61%	14/03/1994
W50	3000m Walk	Lee Pownall	Vic	16:03	81.73%	14/03/1994
M30	High Jump	Peter Dohnt	SA	1.81m	73.88%	18/03/1994
M30	200m	Terry Baldwin	Vic	22.6h	84.02%	19/03/1994
M30	110m Hurdles	Terry Baldwin	Vic	15.5h	81.32%	19/03/1994
M35	5000m Walk	Mark Donahoo	Vic	21:21	84.77%	19/03/1994
M60	90m Hurdles	David Mather	Vic	15.6h	-	19/03/1994
M70	80m Hurdles	Fred O'Connor	NSW	15.83s	74.35%	19/03/1994
M70	80m Hurdles	Charles Scarff	Vic	15.7h	73.84%	19/03/1994
M70	300m Hurdles	Charles Scarff	Vic	53.8h	79.89%	19/03/1994
M30	Long Jump	Terry Baldwin	Vic	6.48m	72.40%	19/03/1994
M55	Long Jump	Graeme Noden	Vic	5.61m	82.11%	19/03/1994
W55	800m	Lorraine Woodman	Vic	2:46.4	80.52%	19/03/1994
W30	2k Steeplechase	Kerryn Manks	Vic	9:56.7	62.71%	19/03/1994
W45	Triple Jump	Margaret Taylor	ACT	11.22m	81.10%	19/03/1994
W60	Discus	Heather Doherty	Qld	33.24m	72.01%	19/03/1994
W60	Throws Pentathlon	Heather Doherty	Qld	4418pts	-	19/03/1994
M70	2000m Steeplechase	Max McKay	NSW	9:32.5	72.56%	20/03/1994
M30	Hammer	Sergei Zablotskii	NSW	56.08m	66.09%	20/03/1994
M30	Pole Vault	Terry Baldwin	Vic	3.65m	59.06%	20/03/1994
M80	Hammer	Hans Holland	Vic	22.40m	37.41%	20/03/1994
W55	Triple Jump	Dorothy Wittam	WA	8.76m	71.92%	20/03/1994
M55	400m	Alan Pollack	NSW	56.6h	87.62%	26/03/1994
M60	Shot Put	George Mencik	ACT	14.30m	75.03%	26/03/1994
M30	Pentathlon	Terry Baldwin	Vic	3653pts	-	26/03/1994
M55	10km Walk Road	Murray Dickinson	Vic	48:54	87.63%	27/03/1994
M55	Weight Throw	Ken Priestly	Vic	14.09m	58.24%	27/03/1994
M30	Javelin	Peter Dohnt	SA	65.14m	66.15%	1/04/1994
M55	Pentathlon	Don Fraser	ACT	4101pts	-	1/04/1994
M85	Pentathlon	Harry Gathercole	Qld	1927pts	-	1/04/1994
W60	Pentathlon	Patricia Carr	WA	3118.00	-	1/04/1994
W70	10k	Thelma Davies	NSW	53:36.98	75.77%	1/04/1994
M30	200m	Mark Rosenberg	NSW	22.13s	86.71%	2/04/1994
M50	100m Hurdles	Harry Giles	Qld	15.42s	85.22%	2/04/1994

M30	High Jump	Terry Baldwin	Vic	1.90m	77.55%	2/04/1994
M80	High Jump	Vic Younger	Qld	1.17m	78.34%	2/04/1994
W65	100m	Ann Cooper	SA	15.46s	84.95%	2/04/1994
W60	80m Hurdles	Bev Byrne	SA	17.89s	69.77%	2/04/1994
W65	80m Hurdles	Judith Knight	NSW	18.78s	69.44%	2/04/1994
M30	400m	Mark Rosenberg	NSW	48.35s	89.00%	3/04/1994
M80	2000m Steeplechase	George Knott	Vic	15:42.63	50.45%	3/04/1994
M50	400m Hurdles	Harry Giles	Qld	62.14s	85.16%	3/04/1994
M70	300m Hurdles	Fred O'Connor	NSW	53.51s	80.53%	3/04/1994
M55	Long Jump	Don Fraser	ACT	5.69m	83.28%	3/04/1994
M70	Triple Jump	Fred O'Connor	NSW	9.85m	83.05%	3/04/1994
M80	Pole Vault	Vic Younger	Qld	1.72m	54.14%	3/04/1994
M50	Javelin(800g)	Graeme Rose	Vic	47.40m	59.17%	3/04/1994
W65	200m	Ann Cooper	SA	31.41s	86.40%	3/04/1994
W75	200m	Mavis Collins	Qld	52.78s	56.75%	3/04/1994
W50	800m	Peggy Macliver	WA	2:34.23	83.41%	3/04/1994
W70	800m	Thelma Davies	NSW	3:37.63	72.44%	3/04/1994
W70	5000m	Thelma Davies	NSW	25:25.61	77.25%	3/04/1994
W60	10km Walk Road	Jean Albury	Vic	63:06	79.29%	3/04/1994
W45	400m Hurdles	Jan Hynes	Qld	64.09s	88.63%	3/04/1994
W30	2k Steeplechase	Elizabeth Renton	NSW	9:30.25	65.62%	3/04/1994
W70	Shot Put	Gwen Davidson	Vic	7.21m	56.44%	3/04/1994
W80	Shot Put	Ruth Frith	NSW	6.93m	56.85%	3/04/1994
W70	Discus	Gwen Davidson	Vic	19.56m	52.82%	3/04/1994
W30	Hammer	Gail Peterson	Qld	32.18m	38.78%	3/04/1994
W70	Hammer	Gwen Davidson	Vic	24.56m	57.69%	3/04/1994
W40	Pole Vault	Wilma Perkins	Qld	2.10m	44.08%	4/04/1994
W45	5000m Walk	Kath Woodwood	Vic	26:36	80.43%	9/04/1994
W45	10km Walk Road	Kath Woodwood	Vic	52:44	83.18%	8/05/1994
W45	20k Road Walk	Kath Woodwood	Vic	1:48:01	83.34%	8/05/1994
M40	Half Marathon	*Peter Gaffney	Vic	67:27	89.19%	18/07/1994
M35	5000m Walk	David Smith	Qld	20:21	88.94%	31/07/1994
M50	Long Jump	Garry Donaldson	Qld	5.73m(=)	79.10%	31/07/1994
M85	Shot Put	Harry Gathercole	Qld	6.95m	46.71%	31/07/1994

W50	Throws Pentathlon	Chris Battersby	Vic	3646pts	-	14/08/1994
W30	Hammer	Gail Peterson	Qld	36.28m	43.72%	20/08/1994
W45	10km Walk Road	Heather McDonald	Vic	52:39	83.31%	Sept 1994
M80	High Jump	Vic Younger	Qld	1.18m	79.01%	3/09/1994
W50	200m	Jan Hynes	Qld	27.0h	87.25%	3/09/1994
W50	300m Hurdles	Jan Hynes	Qld	45.8h	96.27%	3/09/1994
M35	3000m Walk	David Smith	Qld	11:34.1	94.49%	10/09/1994
W50	80m Hurdles	Jan Hynes	Qld	12.8h	88.29%	10/09/1994
W55	Throws Pentathlon	Val Worrell	Vic	2881pts	-	11/09/1994
W45	Pole Vault	Wilma Perkins	Qld	2.20m	49.09%	17/09/1994
W30	Weight Throw	Gail Peterson	Qld	11.80m	46.09%	18/09/1994
M50	Javelin(800g)	Graeme Rose	Vic	51.08m	63.76%	26/09/1994
M55	Pole Vault	Rob Barkly	NSW	3.45m	70.90%	27/09/1994
W85	3k Walk	Nance Jeffries	Vic	27:36.5	71.51%	27/09/1994
W45	Pole Vault	Wilma Perkins	Qld	2.30m	51.32%	27/09/1994
W30	Pentathlon	Marie Kay	Qld	3082pts	-	27/09/1994
M65	100m	Mick Pirie	Qld	12.62s	91.17%	28/09/1994
M65	High Jump	Alan Rolfe	Qld	1.47m	81.89%	28/09/1994
W30	Long Jump	Rosemary Clarke	NSW	5.65m	76.15%	28/09/1994
W50	Long Jump	Jan Hynes	Qld	5.25m	86.95%	28/09/1994
W50	Hammer	Jan Davies	Vic	47.78m	74.78%	28/09/1994
M35	5000m Walk	David Smith	Qld	19:53	91.02%	29/09/1994
M30	Hammer	Brad Monk	Qld	56.46m	66.53%	29/09/1994
W45	5k Walk	Heather McDonald	Vic	25:04.5	85.33%	29/09/1994
W85	5k Walk	Nance Jeffries	Vic	47:13	70.77%	29/09/1994
W65	80m Hurdles	Judith Knight	NSW	18.25s	71.46%	29/09/1994
W60	Hammer	Heather Doherty	Qld	30.68m	56.73%	29/09/1994
W50	Javelin	Mary Thomas	NSW	41.96m	72.99%	29/09/1994
M30	3000m Steeplechase	Raymond Rossi	Vic	10:27.84	75.44%	30/09/1994
M70	2000m Steeplechase	Max McKay	NSW	9:14.23	74.95%	30/09/1994
M30	Shot Put	Brad Monk	Qld	12.46m	54.39%	30/09/1994
W30	2000m Steeplechase	Elizabeth Renton	NSW	9:13.72	67.58%	30/09/1994
W30	High Jump	Julie Walklate	Qld	1.60m(=)	76.56%	30/09/1994
W45	3k Walk	Heather McDonald	Vic	14:53.8	84.78%	Oct 1994

W60	3k Walk	Tina Leb	Vic	19:04(=)	75.19%	Oct 1994
W75	3k Walk	Dorothy Jack	Vic	22:29	75.72%	Oct 1994
W40	Weight Throw	Chris Schultz	Vic	12.44m	55.49%	Oct 1994
M35	10km Walk Road	David Smith	Qld	41:53	89.79%	1/10/1994
M60	10km Walk Road	Robert Chapman	ACT	56:35	78.90%	1/10/1994
M70	300m Hurdles	Fred O'Connor	NSW	53.24s	80.94%	2/10/1994
M75	300m Hurdles	Kevin Hopkins	NSW	65.97s	69.48%	2/10/1994
M85	Triple Jump	Alex Pittendrich	Qld	5.66m	63.14%	2/10/1994
M70	Javelin(800g)	Aivars Pavulins	Vic	36.34m	57.44%	2/10/1994
M85	Javelin	Harry Gathercole	Qld	15.08m	33.53%	2/10/1994
W50	200m	Jan Hynes	Qld	26.84s	88.55%	2/10/1994
W70	400m	Aileen Hogan	Qld	91.54s	73.78%	2/10/1994
W70	Weight Throw	Gwen Davidson	Vic	10.10m	57.49%	2/10/1994
W70	Throws Pentathlon	Gwen Davidson	Vic	3627pts	-	2/10/1994
M30	Hammer	Brad Monk	Qld	57.88m	68.21%	3/10/1994
M30	Weight Throw	Brad Monk	Qld	15.32m	59.24%	3/10/1994
M30	Throws Pentathlon	Brad Monk	Qld	2983pts	-	3/10/1994
M65	Throws Pentathlon	Colin Murraylee	Qld	4281pts	-	3/10/1994
W30	Throws Pentathlon	Gail Peterson	Qld	2410pts	-	3/10/1994
M50	Long Jump	Garry Donaldson	Qld	5.80m	80.07%	8/10/1994
W50	Triple Jump	Jan Hynes	Qld	9.97m	76.72%	8/10/1994
M50	Javelin(800g)	John McSorley	Qld	53.06m	66.23%	12/10/1994
M80	Pole Vault	Vic Younger	Qld	1.75m	55.09%	16/10/1994
W50	800m	Marge Allison	NSW	2:22.03	90.57%	29/10/1994
M50	Long Jump	Garry Donaldson	Qld	5.86m	80.89%	5/11/1994
W55	Hammer	Helen Searle	NSW	42.68m	70.82%	5/11/1994
W85	Hammer	Ruth Frith	NSW	17.56m	49.62%	5/11/1994
M40	3000m Steeplechase	Jeff Broderick	Vic	9:11.9	90.18%	12/11/1994
M65	Pole Vault	Garvin Brown	Qld	3.15m	74.92%	12/11/1994
M80	High Jump	Vic Younger	Qld	1.19m	79.68%	19/11/1994
M30	Javelin	Peter Dohnt	SA	66.74m	67.77%	19/11/1994
M50	10000m	Jim Langford	WA	32:58	88.99%	25/11/1994
M60	Hammer	Wim Van Weenen	Vic	50.60m	69.24%	27/11/1994
W35	Hammer	Pam Matthews	Vic	48.14m	62.25%	3/12/1994

M30	400m Hurdles	Terry Baldwin	Vic	58.3h	80.05%	10/12/1994
W50	400m	Marge Allison	NSW	60.02s	91.65%	10/12/1994
M60	Hammer	Wim Van Weenen	Vic	50.62m	69.27%	17/12/1994
M30	60m	Michael Ritter	ACT	6.8h	90.06%	1995
M50	100m	Peter Crombie	NSW	11.47s	91.53%	1995
W35	10km Walk Road	Anne Manning	NSW	44:28.00	93.63%	1995
W35	20km Walk Road	Anne Manning	NSW	1:36:04	88.10%	1995
W35	3000m Walk	Anne Manning	NSW	12:43.20	93.11%	1995
W45	Marathon	Bev Lucas	SA	2:43:45	88.54%	1995
M40	3000m Steeplechase	Jeff Broderick	Vic	9:10.20	90.46%	1995
M55	1500m Walk	Murray Dickinson	Vic	6:44.10	85.94%	1995
W85	Long Jump	Ruth Frith	NSW	2.19	61.16%	1995
W85	Shot Put	Ruth Frith	NSW	5.92	56.39%	1995
W85	Triple Jump	Ruth Frith	NSW	5.50	73.97%	1995
M50	100m Hurdles	Ted Barnard	Vic	15.03	87.44%	1995
W65	Marathon	Shirley Young	Vic	3:39:43	80.74%	1995
W60	Weight Throw	Heather Doherty	Qld	11.51m	52.93%	1995
M30	Decathlon	Terry Baldwin	Vic	6106pts	-	8/01/1995
M60	Throws Pentathlon	Wim Van weenen	Vic	4162pts	-	8/01/1995
M70	Throws Pentathlon	Aivars Pavulins	Vic	4242pts	-	8/01/1995
W35	3k Walk	Anne Manning	NSW	12:46.7	92.69%	14/01/1995
W35	10km Walk Road	Anne Manning	NSW	45:55	90.67%	29/01/1995
W60	Hammer	Heather Doherty	Qld	30.70m	56.77%	29/01/1995
W60	Weight Throw	Heather Doherty	Qld	12.12m	55.73%	29/10/1995
W40	Hammer	Lisa Kirsch	Tas	42.60m	60.54%	4/02/1995
M30	Hammer	Brad Monk	Qld	58.88m	69.38%	11/02/1995
W35	5k Walk	Anne Manning	NSW	21:47.4	92.36%	11/02/1995
W40	Hammer	Lisa Kirsch	Tas	42.68m	60.65%	18/02/1995
W50	Hammer	Marja-leena Parviainen	NSW	48.52m	72.61%	18/02/1995
W35	Pentathlon	Peta Bird	NSW	3415pts	-	11/03/1995
M80	Shot Put	John Fraser	Vic	9.31m	55.43%	12/03/1995
M80	Pentathlon	Vic Younger	Qld	2702pts	-	12/03/1995
M30	10000m	Glen Ritchie	NSW	31:06.5	84.52%	25/03/1995
M55	3000m Walk	Murray Dickinson	Vic	13:50	88.81%	25/03/1995

M30	Long Jump	Roger Groppi	Vic	6.48m(=)	72.40%	25/03/1995
M75	Long Jump	Kevin Hopkins	NSW	3.67m	69.35%	25/03/1995
M90	Discus	Ray Frith	NSW	12.64m	35.46%	25/03/1995
M55	Javelin(800g)	Greg Nicol	NSW	42.76m	58.29%	25/03/1995
W30	2000m Steeplechase	Elizabeth Renton	NSW	9:08.3	68.24%	25/03/1995
W85	Long Jump	Ruth Frith	NSW	2.19m	61.16%	25/03/1995
W85	Triple Jump	Ruth Frith	NSW	5.50m	73.97%	25/03/1995
W55	Shot Put	Helen Searle	NSW	11.78m	68.51%	25/03/1995
W85	Shot Put	Ruth Frith	NSW	5.92m	56.39%	25/03/1995
W50	Javelin	Mary Thomas	NSW	43.62m	75.88%	25/03/1995
M30	1500m	Glen Ritchie	NSW	3:55.1	87.62%	26/03/1995
M30	5000m	Glen Ritchie	NSW	14:57.35	84.40%	26/03/1995
M30	Triple Jump	Roger Groppi	Vic	12.92m	70.64%	26/03/1995
M75	Triple Jump	Kevin Hopkins	NSW	8.05m	73.84%	26/03/1995
M90	Hammer	Ray Frith	NSW	12.84m	30.55%	26/03/1995
W30	2000m Steeplechase	Lynda Bateson	Qld	8:51.7	70.37%	26/03/1995
W55	Triple Jump	Helen Searle	NSW	9.20m	75.53%	26/03/1995
W85	Weight Throw	Ruth Frith	NSW	7.78m	56.45%	April 1995
W85	Throws Pentathlon	Ruth Frith	NSW	3954pts	-	April 1995
M30	Marathon	*Steve Moneghetti	Vic	2:08:33	94.63%	2/04/1995
M45	Weight Throw	Hans Lotz	Vic	15.70m	69.58%	2/04/1995
M55	Throws Pentathlon	Tom Hancock	Vic	3650pts	-	2/04/1995
W50	Weight Throw	Jan Davies	Vic	14.00m	63.88%	16/04/1995
W50	Throws Pentathlon	Mary Thomas	NSW	4096.00	-	16/04/1995
M55	400m	Alan Pollock	NSW	55.7h	89.03%	28/04/1995
M80	Pole Vault	Vic Younger	Qld	1.76m	55.40%	28/04/1995
W50	400m Hurdles	Marge Allison	NSW	59.5h	92.24%	28/04/1995
M30	5000m Walk	Ignacio Jimenez	Qld	22:55.1	78.94%	29/04/1995
W55	2000m Steeplechase	Jan Morrey	Vic	9:13.5	82.17%	29/04/1995
W35	10km Walk Road	Anne Manning	NSW	45:26	91.64%	29/04/1995
M80	800m	Andy Smith	Vic	3:45.2	66.36%	30/04/1995
W50	200m	Marge Allison	NSW	26.4h	89.21%	30/04/1995
M30	10km Walk Road	Ignacio Jimenez	Qld	46:30	79.96%	1/05/1995
M45	10km Walk Road	George White	SA	48:11.5	82.79%	1/05/1995

M60	10km Walk Road	Robert Chapman	AC	55:10.8	80.90%	1/05/1995
W45	10km Walk Road	Heather McDonald	Vic	50:35	86.71%	4/06/1995
M80	Discus	John Fraser	Vic	27.70m	55.99%	2/07/1995
M80	Hammer	John Fraser	Vic	34.72m	57.98%	2/07/1995
M55	400m Hurdles	Mike Hall	Vic	66.56s	83.14%	8/07/1995
M50	100m	Peter Crombie	NSW	11.47s	91.53%	13/07/1995
M55	400m	John Cooper	Qld	55.51s	89.56%	13/07/1995
M70	400m	Frank Evans	Qld	63.76s	86.81%	13/07/1995
M55	100m Hurdles	Michael Stevenson	Tas	15.95s	86.15%	13/07/1995
M70	80m Hurdles	Fred O'Connor	NSW	15.70s	74.97%	13/07/1995
M55	400m Hurdles	Michael Stevenson	Tas	63.20s	87.55%	13/07/1995
W50	100m	Marge Allison	NSW	13.06s	88.78%	13/07/1995
W65	100m	Ann Cooper	SA	15.09s	87.03%	13/07/1995
W45	400m	Barbara Blurton	Vic	57.91s	91.37%	13/07/1995
W50	400m	Marge Allison	NSW	58.51s	94.02%	13/07/1995
W65	400m	Ann Cooper	SA	74.92s	84.92%	13/07/1995
W60	2000m Steeplechase	Pam Mews	Vic	11:46.21	70.09%	13/07/1995
W55	Triple Jump	Helen Searle	NSW	9.46m	77.67%	13/07/1995
W50	Shot Put	Mary Thomas	NSW	12.76m	68.11%	13/07/1995
W55	Shot Put	Helen Searle	NSW	11.92m	69.33%	13/07/1995
W55	Hammer	Helen Searle	NSW	45.86m	76.10%	13/07/1995
W60	Hammer	Val Worrell	Vic	30.70m(=)	56.77%	13/07/1995
W85	Hammer	Ruth Frith	NSW	18.26m	51.60%	13/07/1995
W50	Javelin	Mary Thomas	NSW	48.56m	84.48%	13/07/1995
M40	Decathlon	Clyde Riddoch	Vic	4599pts	-	14/07/1995
M70	Decathlon	Fred O'Connor	NSW	6667pts	-	14/07/1995
W50	200m	Marge Allison	NSW	26.56s	89.48%	19/07/1995
M50	Throws Pentathlon	Graeme Rose	Vic	4356pts	-	22/07/1995
W50	Throws Pentathlon	Mary Thomas	NSW	4043pts	-	23/07/1995
W55	Hammer	Helen Searle	NSW	46.30m	76.83%	23/07/1995
W55	Throws Pentathlon	Helen Searle	NSW	4469pts	-	23/07/1995
W85	Throws Pentathlon	Ruth Frith	NSW	3623pts	-	23/07/1995
W35	20k Walk	Anne Manning	NSW	1:36:04	88.10%	3/09/1995
W65	5k Walk	Jean Albury	Vic	27:57	91.20%	6/10/1995



W85	5k Walk	Nance Jeffreys	Vic	45:08	74.04%	6/10/1995
M90	100m	Charlie Booth	Vic	23.03s	66.57%	7/10/1995
M30	3000m Steeplechase	Glenn Tarran	Vic	10:10.7	77.56%	7/10/1995
M55	1500m Walk	Murray Dickinson	Vic	6:45.1	91.40%	7/10/1995
M50	100m Hurdles	Ted Barnard	Vic	15.03s	87.44%	7/10/1995
M70	80m Hurdles	Charles Scarff	Vic	14.79s	79.58%	7/10/1995
M55	Discus	Warwick Selvey	Qld	44.42m	66.77%	7/10/1995
M65	Discus	Charlie Rann	ACT	44.82m	65.20%	7/10/1995
W65	100m	Ann Cooper	SA	14.85s	88.43%	7/10/1995
W60	2000m Steeplechase	Pam Mews	Vic	11:07.4	74.17%	7/10/1995
M40	Pole Vault	Robert Huddle	Vic	4.00m	68.80%	8/10/1995
M50	Weight Throw	Graeme Rose	Vic	17.98m	69.45%	8/10/1995
M65	Weight Throw	Charlie Rann	ACT	15.74m	65.94%	8/10/1995
M80	Weight Throw	John Fraser	Vic	15.10m	61.97%	8/10/1995
W55	Weight Throw	Jen Bourke	ACT	8.86m	44.08%	8/10/1995
W85	10k Road Walk	Nance Jeffreys	Vic	92:41	75.32%	8/10/1995
M80	5000m	Alan Burgoyne	Vic	28:20	68.17%	10/10/1995
M60	Weight Throw	Wim Van Weenen	Vic	17.41m	67.63%	14/10/1995
M80	Throws Pentathlon	John Fraser	Vic	3507pts	-	14/10/1995
W45	3000m	*Trish Wallace	Vic	9:56.7	88.94%	21/10/1995
W45	Pole Vault	Jann Livingston	NSW	2.35m	53.09%	28/10/1995
W35	3k Walk	Anne Manning	NSW	12:43.2	93.11%	4/11/1995
M40	3000m Steeplechase	Jeff Broderick	Vic	9:10.2	90.46%	16/11/1995
W35	5k Walk	Anne Manning	NSW	21:45.8	92.48%	25/11/1995
W35	10k Road Walk	Anne Manning	NSW	44:28	93.63%	17/12/1995
M90	Triple Jump	Alex Pittendrich	Qld	5.51m	69.00%	1996
W35	5000m Walk	Anne Manning	NSW	21:37.50	93.57%	1996
W50	Half Marathon	Bev Lucas	SA	1:17:52	91.57%	1996
W30	400m	Glenda Douglass	NSW	55.5s	87.38%	1996
W30	400m Hurdles	Glenda Douglass	NSW	61.6s	84.74%	1996
M55	Hammer	Ken Readwin	Vic	49.34m	68.00%	1996
W35	400m Hurdles	Stacey Quitzaw	NSW	62.3s	84.63%	1996
M30	Decathlon	Terry Baldwin	Vic	6339pts	-	1996
W40	Half Marathon	Karen Gobby	WA	79:07	83.49%	1996

W30	5k Walk	*Kerry Junna-Saxby	NSW	20m 03s	99.97%	1996
W30	10k Road Walk	*Kerry Junna-Saxby	NSW	41m 47s	99.64%	1996
W35	5k Walk	*Kerry Junna-Saxby	NSW	20m 41s	97.30%	1996
M60	2000m Steeplechase	Colin McLeod	Qld	7:48.4	79.59%	13/01/1996
W45	800m	Barbara Blurton	Vic	2:16	90.84%	18/01/1996
W35	5k Walk	Anne Manning	NSW	21:37.5	93.57%	11/02/1996
W45	3k Walk	Sandra Kramer	SA	14:34.6	86.64%	14/02/1996
W45	800m	Barbara Blurton	Vic	2:14.7	91.72%	16/02/1996
M40	Pole Vault	Paul Woo	WA	4.00m(=)	68.80%	17/02/1996
W45	Pole Vault	Jann Livingston	NSW	2.40m	54.22%	18/02/1996
W75	Triple Jump	Marie Partridge	NSW	6.31m	68.91%	March 1996
W40	Hammer	Lisa Kirsch	Tas	44.00m	66.23%	2/03/1996
M35	1500m	Gerard Ryan	ACT	3:55.43	89.25%	3/03/1996
M30	Pentathlon	Terry Baldwin	Vic	3808pts	-	3/03/1996
W45	Discus	Chris Schultz	Vic	42.78m	70.35%	9/03/1996
M30	1500m	Glen Ritchie	NSW	3:41.48	93.01%	14/03/1996
M55	Weight Throw	Ken Readwin	Vic	14.50m	59.93%	17/03/1996
M80	Throws Pentathlon	John Fraser	Vic	3876pts	-	17/03/1996
W45	Shot Put	Chris Schultz	Vic	12.66m	71.97%	17/03/1996
W70	Shot Put	Lydia Widera	Vic	7.60m	59.50%	17/03/1996
W45	Weight Throw	Chris Schultz	Vic	11.83m	56.94%	17/03/1996
W45	Throws Pentathlon	Chris Schultz	Vic	4132pts	-	17/03/1996
W70	Throws Pentathlon	Lydia Widera	Vic	4110pts	-	17/03/1996
M30	5000m Walk	Ignacio Jimenez	Qld	21:38.52	83.59%	23/03/1996
M30	110m Hurdles	Terry Baldwin	Vic	15.0h	83.99%	23/03/1996
M80	Hammer	John Fraser	Vic	37.18m	62.09%	23/03/1996
M30	Discus	Roger Groppi	Vic	39.08m	54.38%	23/03/1996
W45	Discus	Chris Schultz	Vic	43.26m	71.14%	23/03/1996
W70	Discus	Lydia Widera	Vic	22.10m	59.68%	23/03/1996
W70	Hammer	Lydia Widera	Vic	28.36m	66.61%	23/03/1996
W70	Javelin	Lydia Widera	Vic	18.38m	50.44%	23/03/1996
M30	3000m Walk	Ignacio Jimenez	Qld	12:45.81	84.50%	24/03/1996
W30	400m Hurdles	Glenda Douglass	NSW	61.6h	84.55%	24/03/1996
W35	400m Hurdles	Stacey Quitzaw	NSW	62.3h	84.44%	24/03/1996

W35	Pole Vault	Glenis Johnson	Vic	2.86m	56.55%	24/03/1996
W50	Hammer	Marja-leena Parviainen	NSW	49.10m	73.48%	24/03/1996
W50	Weight Throw	Marja-leena Parviainen	NSW	14.58m	66.53%	24/03/1996
M55	Hammer	Ken Readwin	Vic	48.46m	66.79%	25/03/1996
M35	Throws Pentathlon	Ian Peterson	Qld	2918pts	-	30/03/1996
M30	Discus	Gavin Hames	WA	39.36m	54.77%	5/04/1996
M80	Discus	Sydney Aust Champs Co	WA	29.56m	59.75%	5/04/1996
M55	Weight Throw	Ken Readwin	Vic	16.26m	67.21%	5/04/1996
W30	400m Hurdles	Glenda Douglas	NSW	55.5h	86.71%	5/04/1996
W45	Shot Put	Chris Schultz	Vic	13.16m	74.81%	5/04/1996
W45	Weight Throw	Chris Schultz	Vic	12.40m	59.68%	5/04/1996
W50	Weight Throw	Marja-leena Parviainen	NSW	14.80m	67.53%	5/04/1996
W75	Weight Throw	Phyllis Head	WA	3.66m	19.60%	5/04/1996
W75	Throws Pentathlon	Phyllis Head	WA	1278pts	-	5/04/1996
W45	Throws Pentathlon	Chris Schultz	Vic	4465pts	-	5/04/1996
M30	Discus	Gavin Hames	WA	39.60m	55.11%	6/04/1996
M80	2000m Steeplechase	Eddie Gamble	Vic	12:32.9	63.17%	6/04/1996
M55	Hammer	Ken Readwin	Vic	49.34m	68.00%	6/04/1996
W40	Pole Vault	Yasha Watkins	Qld	2.15m	45.12%	6/04/1996
W45	Pole Vault	Jann Livingston	NSW	2.45m	55.35%	6/04/1996
W60	Hammer	Val Worrell	Vic	30.70m(=)	56.77%	6/04/1996
M80	800m	Eddie Gamble	Vic	3:40.2	67.87%	7/04/1996
M30	400m Hurdles	Terry Baldwin	Vic	57.3h	81.44%	7/04/1996
M50	Triple Jump	Murray Tolbert	WA	12.12m	77.72%	7/04/1996
M30	Shot Put	Gavin Hames	WA	12.84m	56.05%	7/04/1996
W30	200m	Glenda Douglas	NSW	24.9h	86.04%	7/04/1996
W30	400m Hurdles	Glenda Douglass	NSW	61.6h(=)	84.55%	7/04/1996
W35	High Jump	Marie Kay	NSW	1.56m	76.33%	7/04/1996
W70	Javelin	Lydia Widera	Vic	19.08m	52.36%	7/04/1996
M30	20k Walk Road	Garry Hastie	WA	1:59:49	63.93%	8/04/1996
M55	Throws Pentathlon	Ken Readwin	Vic	3700pts	-	8/04/1996
W30	Pentathlon	Jennifer Baldwin	Vic	3260pts	-	8/04/1996
W30	Hammer	Sharon Clayton	Vic	37.96m	45.75%	20/04/1996
M30	800m	Glenn Ritchie	NSW	1:51.30	90.66%	30/04/1996

M50	Weight Throw	Graeme Rose	Vic	18.00m	69.53%	5/05/1996
M60	Weight Throw	Wim Van Weenen	Vic	17.65m	68.57%	5/05/1996
W30	Throws Pentathlon	Sharon Clayton	Vic	2617pts	-	5/05/1996
W50	20k Walk Road	Noela McKinnon	Qld	2:17:53	67.85%	19/05/1996
W35	3000m	*Susan Hobson	ACT	9:01.77	92.09%	13/07/1996
M60	10km Walk Road	Geoff Major	Vic	54:09	82.44%	14/07/1996
W55	10km Walk Road	Penny Hall	Vic	58:55	80.91%	14/07/1996
W55	20k Walk Road	Penny Hall	Vic	2:08:51	75.88%	1/09/1996
M30	Shot Put	Brad Monk	Qld	13.11m	57.22%	6/10/1996
W50	Half Marathon	Bev Lucas	SA	77:52	91.57%	20/10/1996
W40	3000m	Joanne Cowan	NSW	9:42.1	87.61%	26/10/1996
M70	Discus	Rudi Hochreiter	Vic	38.52m	61.74%	1/11/1996
M90	800m	Alex Pittendrich	Qld	5:09.3	60.53%	2/11/1996
M80	5000m	Norm Gulbransen	Qld	28:09.6	68.59%	2/11/1996
M90	Long Jump	Alex Pittendrich	Qld	2.20m	58.93%	2/11/1996
W75	Long Jump	Marie Partridge	NSW	2.64m	60.21%	2/11/1996
W75	Shot Put	Marion Skarratt	Tas	6.79m	48.83%	2/11/1996
W45	Hammer	Chris Schultz	Vic	37.44m	58.58%	2/11/1996
W55	Hammer	Jan Davies	Vic	46.90m	77.82%	2/11/1996
W75	Javelin	Marion Skarratt	Tas	15.38m	43.21%	2/11/1996
M90	Triple Jump	Alex Pittendrich	Qld	5.51m	69.00%	3/11/1996
W75	Weight Throw	Marion Skarratt	Tas	6.32m	33.84%	3/11/1996
W75	Throws Pentathlon	Marion Skarratt	Tas	3191pts	-	3/11/1996
M75	Long Jump	Wally Charles	Qld	3.82m	72.19%	9/11/1996
W35	Pole Vault	Dawn Hartigan	Vic	3.00m	59.32%	9/11/1996
W45	One Hour Run	Rosemary Longstaff	ACT	14688m	-	14/11/1996
W55	400m	Anne Stobaus	Vic	64.2h	89.30%	16/11/1996
W40	Pole Vault	Dawn Hartigan	Vic	3.00m	62.96%	16/11/1996
W55	800m	Anne Stobaus	Vic	2:43.4	82.28%	21/11/1996
M30	Shot Put	Allan Flynn	NSW	13.46m	58.75%	23/11/1996
W55	Discus	Una Lund	Qld	35.30m	69.36%	23/11/1996
M85	10000m	Harry Preston	Vic	98:35	43.35%	30/11/1996
M55	3000m Walk	*Willi Sawall	Vic	12:44	96.48%	14/12/1996
M80	800m	Charlie Hankins	Qld	3:36.8	68.94%	21/12/1996

W50	Marathon	Bev Lucas	SA	2:44:12	92.09%	1997
M55	High Jump	John Hunt	ACT	1.74m	87.03%	1997
W50	Weight Throw	Marja Parviainen	NSW	16.54m	78.07%	1997
M45	5000m	Steve Austin	Vic	14:59	89.98%	1997
W35	Half Marathon	Susan Hobson	ACT	1:10:31	91.49%	1997
M65	Weight Throw	Wim Van Weenen	Vic	18.57m	77.80%	1997
M75	Marathon	Robert Horman	Qld	3:41:08	77.00%	1997
M70	Discus	Rudi Hochreiter	Vic	40.14m	64.34%	1997
W45	3000m	Antoinette Shaw	WA	10:33	83.84%	1997
W65	3000m	Pat Carr	WA	18:05.3	59.91%	1997
W45	Half Marathon	Ann Shaw	WA	81:19	84.20%	1997
W50	Marathon	Bev Lucas	SA	2:49:42	89.11%	1997
M55	5000m Walk	Willi Sawall	Vic	22m 11.5s	93.44%	1997
W35	3000m Walk	Kerry Junna-Saxby	NSW	12m 02.39s	98.37%	1997
W50	Hammer	Marja-leena Parviainen	NSW	51.10m	76.47%	4/01/1997
M30	Discus	Allan Flynn	NSW	44.32m	61.68%	8/02/1997
M65	Hammer	Wim Van Weenen	Vic	50.38m	75.69%	15/02/1997
W40	Pole Vault	Dawn Hartigan	Vic	3.15m	66.11%	15/02/1997
W75	200m	Marie Partridge	NSW	46.9h	63.53%	March 1997
W50	Weight Throw	Marja-leena Parviainen	NSW	16.54m	76.75%	March 1997
W75	400m	Marion Skarratt	Tas	1:41.26	71.65%	1/03/1997
W55	Long Jump	Una Lund	Qld	4.31m	75.73%	1/03/1997
M30	Throws Pentathlon	Allan Flynn	NSW	3024pts	-	1/03/1997
W40	Pole Vault	Dawn Hartigan	Vic	3.20m	67.16%	8/03/1997
M35	Pentathlon (w/shot)	Greg Van Der Sanden	WA	2753pts	-	9/03/1997
M55	Pentathlon (w/shot)	Peter Gare	WA	3226pts	-	9/03/1997
M60	Pentathlon (w/shot)	David Carr	WA	3061pts	-	9/03/1997
M75	Pentathlon (w/shot)	Fred Watson	WA	1125pts	-	9/03/1997
W35	Pentathlon (w/shot)	Snow McSwain	WA	2136pts	-	9/03/1997
W40	Pentathlon (w/shot)	Lynne Choate	WA	2434pts	-	9/03/1997
W55	Pentathlon (w/shot)	Kath Holland		2615pts	-	9/03/1997
M60	5000m Walk	Bob Gardiner	Vic	24:46	87.47%	15/03/1997
M75	200m	Mike Johnston	Vic	29.8h	85.18%	16/03/1997
M60	3000m	Bob Gardiner	Vic	14:22	89.36%	16/03/1997

M35	Throws Pentathlon	Ian Peterson	Qld	2942pts	-	16/03/1997
W35	Half Marathon	Susan Hobson	ACT	70:31	91.49%	16/03/1997
W65	Triple Jump	Pat Carr	WA	8.03m	75.58%	16/03/1997
M70	Shot Put	Jim Peridis	NSW	13.03m	72.79%	19/03/1997
W75	Javelin	Marion Skarratt	Tas	15.54m	43.66%	19/03/1997
M55	Throws Pentathlon	Keith James	NSW	4108pts	-	27/03/1997
M65	Throws Pentathlon	Wim Van Weenen	Vic	4516pts	-	27/03/1997
M55	400m	Fred Turner	NSW	55.25s	89.99%	28/03/1997
M75	400m	Mike Johnston	Vic	69.00s	83.58%	28/03/1997
W70	10k	Shirley Brasher	Tas	51:09	79.42%	28/03/1997
M65	100m Hurdles	David Mather	Vic	18.24s	77.61%	28/03/1997
M75	100m	Mike Johnston	Vic	14.93s	83.95%	29/03/1997
M60	2000m Steeplechase	Bob Gardiner	Vic	7:38	81.40%	29/03/1997
M80	2000m Steeplechase	Eddie Gamble	Vic	12:25	63.84%	29/03/1997
M55	High Jump	John Hunt	ACT	1.68m	84.03%	29/03/1997
M60	High Jump	Tom Hancock	Vic	1.52m	80.13%	29/03/1997
M70	Javelin	Rudi Hochreiter	Vic	36.72m	58.04%	29/03/1997
M75	Javelin	Kevin Hopkins	NSW	28.80m	51.85%	29/03/1997
M65	Weight Throw	Wim Van Weenen	Vic	18.57m	77.80%	29/03/1997
W70	1500m	Shirley Brasher	Tas	6:55.68	76.98%	29/03/1997
W45	5k Walk	Sandra Kramer	SA	24:46	85.33%	29/03/1997
W70	5k Walk	Jean Knox	Vic	34:48	77.55%	29/03/1997
W70	Javelin	Lydia Widera	Vic	19.36m	53.12%	29/03/1997
W45	Weight Throw	Chris Schultz	Vic	13.57m	66.36%	29/03/1997
W75	Weight Throw	Marion Skarratt	Tas	6.67m	35.72%	29/03/1997
M30	800m	Paul Schnyder	Vic	1:55.40	87.44%	30/03/1997
M75	800m	Mike Johnston	Vic	2:51.71	81.05%	30/03/1997
M80	800m	Jack Stevens	Vic	3:26.3	72.44%	30/03/1997
M90	800m	Alex Pittendrich	Qld	4:28.2	69.81%	30/03/1997
M30	Triple Jump	Roger Groppi	Vic	13.10m	71.62%	30/03/1997
W55	800m	Anne Stobaus	Vic	2:39.5	84.29%	30/03/1997
W70	800m	Shirley Brasher	Tas	3:23.89	77.32%	30/03/1997
W70	5000m	Shirley Brasher	Tas	24:40	79.63%	30/03/1997
W45	High Jump	Margaret Taylor	ACT	1.45m	77.83%	30/03/1997

M85	10km Walk Road	George Knott	Vic	88:29	66.37%	31/03/1997
M30	Pentathlon (w/shot)	Terry Baldwin	Vic	2829pts	-	31/03/1997
M45	Pentathlon (w/shot)	Tom Gerrard	Vic	2811pts	-	31/03/1997
M50	Pentathlon (w/shot)	Graham Taylor	ACT	3273pts	-	31/03/1997
M60	Pentathlon (w/shot)	Peter Gatti	NSW	3347pts	-	31/03/1997
M65	Pentathlon (w/shot)	Alex Harris	Vic	2989pts	-	31/03/1997
M70	Pentathlon (w/shot)	Stan Stankovic	Vic	3079pts	-	31/03/1997
M80	Pentathlon (w/shot)	Vic Younger	Qld	1811pts	-	31/03/1997
W30	Pentathlon (w/shot)	Jennifer Baldwin	Vic	2689pts	-	31/03/1997
W45	Pentathlon (w/shot)	Kaye Smythe	NSW	3295pts	-	31/03/1997
W50	Pentathlon (w/shot)	Chris Battersby	Vic	3020pts	-	31/03/1997
W70	Pentathlon (w/shot)	Shirley Brasher	Tas	2701pts	-	31/03/1997
M35	Half Marathon	*Pat Carroll	Qld	62:55	92.86%	25/05/1997
M50	5000m	Colin O'Brien	Vic	15:49.4	88.87%	15/06/1997
M55	300m Hurdles	Richard Trembath	Vic	44.5h	-	15/06/1997
W55	3k Walk	Penny Hall	Vic	17:16	79.25%	15/06/1997
M60	Throws Pentathlon	Tom Hancock	Vic	4231pts	-	6/07/1997
W40	Heptathlon	Peta Bird	NSW	4579pts	-	17/07/1997
W60	Heptathlon	Gloria Seymon	NSW	4274pts	-	17/07/1997
M90	100m	Harry Gathercole	Vic	19.99s	76.69%	20/07/1997
M50	400m Hurdles	John Gordon	NSW	60.22s	87.88%	20/07/1997
W70	5k Walk	Jean Knox	Vic	34:02.88	79.26%	20/07/1997
W55	300m Hurdles	Fran Harris	ACT	56.83s	81.08%	20/07/1997
M55	100m Hurdles	Michael Stevenson	Tas	15.53s	88.48%	22/07/1997
M90	Discus	Harry Gathercole	Qld	14.42m	40.45%	22/07/1997
W70	5000m	Shirley Brasher	Tas	24:20.09	80.72%	22/07/1997
M90	200m	Harry Gathercole	Qld	44.24s	72.03%	23/07/1997
W55	200m	Noreen Parrish	NSW	28.62s	86.66%	23/07/1997
M60	400m	Hugh Coogan	Qld	58.16s	88.48%	25/07/1997
M55	High Jump	John Hunt	ACT	1.74m	87.03%	26/07/1997
M60	High Jump	Tom Hancock	Vic	1.54m	81.19%	26/07/1997
W70	400m	Shirley Brasher	Tas	88.0h	76.62%	26/07/1997
W45	Throws Pentathlon	Chris Schultz	Vic	4492pts	-	26/07/1997
M60	2000m Steeplechase	Adolf Blonner	NSW	7:37.79	81.44%	27/07/1997

W50	2000m Steeplechase	Marge Allison	NSW	8:34.67	85.23%	27/07/1997
W70	Marathon	Shirley Brasher	Tas	4:32:08	69.67%	27/07/1997
M30	20km Walk Road	Ignacio Jimenez	Qld	1:38:02	78.14%	3/08/1997
M45	Pentathlon (w/shot)	Bob Banens	ACT	2938pts	-	Oct 1997
W50	Hammer	Marja-leena Parviainen	NSW	51.18m	76.59%	Oct 1997
W60	Weight Throw	Val Worrell	Vic	12.49m	57.43%	Oct 1997
W45	Pole Vault	Wilma Perkins	Qld	2.46m	55.58%	8/11/1997
M45	5000m	Steve Austin	Vic	14:59	89.98%	12/11/1997
W40	Pole Vault	Dawn Hartigan	Vic	3.30m	69.26%	22/11/1997
M70	Discus	Charlie Rann	ACT	40.43m	64.80%	4/12/1997
W45	Pole Vault	Wilma Perkins	Qld	2.50m	56.48%	6/12/1997
W45	1500m	Jeanette Flynn	Qld	4:33.29	92.25%	13/12/1997
W45	Mile	Jeanette Flynn	Qld	5:07.95	90.34%	19/12/1997
M50	400m Hurdles	John Gordon	NSW	60.22s	87.88%	31/12/1997
W45	Shot Put	Chris Schultz	Vic	13.18m	74.92%	1998
M65	800m	David Carr	WA	2:19.50	91.14%	1998
M50	Hammer	Hans Lotz	Vic	60.39m	77.16%	1998
M50	Long Jump	Murray Tolbert	WA	6.11m	84.35%	1998
W30	5000m Walk	Sharon Schnyder	Vic	24:42.00	81.15%	1998
M80	Marathon	Robert Horman	Qld	3:39:18	83.53%	1998
W45	Mile	Jeanette Flynn	Qld	5:07.95	89.69%	1998
W50	3000m	Antoinette Shaw	WA	10:44.4	86.06%	1998
W60	3000m	Margaret Robinson	WA	13:10.9	77.57%	1998
W50	20km Walk Road	Celia Johnson	Vic	1:58:20	79.06%	1998
W65	Long Jump	Pat Carr	WA	3.76m	74.84%	1998
W45	Hammer	Lisa Kirsch	Tas	38.93m	60.91%	1998
W35	10k Walk	*Kerry Junna-Saxby	NSW	42m 52s	97.31%	1998
W35	Pentathlon (w/shot)	Rosemary Clarke	NSW	2384pts	-	Jan 1998
W85	Discus	Ruth Frith	NSW	13.92m	50.31%	3/01/1998
W50	1500m	Antoinette Shaw	WA	5:04.9	86.20%	15/01/1998
W30	Heptathlon	Jennifer Baldwin	Vic	3475pts	-	21/01/1998
W40	5000m Walk	Joanne Cowan	NSW	17:00.65	85.87%	Feb 1998
M85	High Jump	Vic Younger	Qld	1.00m	71.74%	7/02/1998
M85	Hammer	Vic Younger	Qld	16.12m	31.61%	7/02/1998



M85	Javelin	Vic Younger	Qld	18.83m	41.86%	7/02/1998
W55	3k Walk	Gwen Steed	Vic	16:34	82.60%	7/02/1998
W40	Pole Vault	Dawn Hartigan	Vic	3.40m	71.36%	7/02/1998
W45	Pole Vault	Wilma Perkins	Qld	2.55m	59.83%	7/02/1998
M30	Shot Put	Angelo Pagano	Vic	14.47m	63.16%	15/02/1998
W45	Shot Put	Chris Schultz	Vic	13.18m	77.35%	15/02/1998
M70	Pole Vault	Garvin Brown	Qld	2.80m	72.42%	19/02/1998
M85	80m Hurdles	Vic Younger	Qld	25.1s	59.61%	21/02/1998
M85	Pole Vault	Vic Younger	Qld	1.50m	53.08%	21/02/1998
M85	Discus	Vic Younger	Qld	18.65m	43.70%	21/02/1998
M60	Long Jump	David Clive	WA	5.33m	82.87%	26/02/1998
M85	300m Hurdles	Vic Younger	Qld	119.8h	-	28/02/1998
M85	Triple Jump	Vic Younger	Qld	6.59m	73.71%	28/02/1998
M30	Throws Pentathlon	Allan Flynn	NSW	3064pts	-	March 1998
M35	Throws Pentathlon	Jeff Hailey	NSW	3006pts	-	March 1998
W85	Throws Pentathlon	Ruth Frith	NSW	3700pts	-	March 1998
M45	Pentathlon (w/shot)	Clay Tompkins	NSW	3695pts	-	March 1998
W35	Pentathlon (w/shot)	Ros Laver	NSW	2719pts	-	March 1998
W45	Pole Vault	Wilma Perkins	Qld	2.60m	61.00%	March 1998
M60	Pentathlon (w/shot)	Ken Daniels	ACT	3697pts	-	5/03/1998
W50	5000m	Antoinette Shaw	WA	18:30.2	85.47%	5/03/1998
M45	Pentathlon (w/shot)	Eddie Czarnecki	Qld	2974pts	-	7/03/1998
M75	Pentathlon (w/shot)	Ted Vickers	Qld	1324pts	-	7/03/1998
M85	Pentathlon (w/shot)	Vic Younger	Qld	2208pts	-	7/03/1998
W50	1500m	Antoinette Shaw	WA	4:53.8	89.45%	19/03/1998
W70	5k Walk	Jean Knox	Vic	33:10	81.37%	21/03/1998
M85	Pole Vault	Vic Younger	Qld	1.60m	56.62%	22/03/1998
M85	Discus	Vic Younger	Qld	19.16m	44.89%	22/03/1998
M75	Shot Put	Felix Jekabsons	Qld	10.80m	66.59%	22/03/1998
M50	Weight Throw	Hans Lotz	Vic	19.55m	75.52%	22/03/1998
M60	Throws Pentathlon	Tom Hancock	Vic	4370pts	-	22/03/1998
M85	Throws Pentathlon	Vic Younger	Qld	2813pts	-	22/03/1998
W75	Throws Pentathlon	Gwen Davidson	Vic	3803pts	-	22/03/1998
M35	Pentathlon	Terry Baldwin	Vic	3585pts	-	22/03/1998

M65	Pentathlon(w/shot)	David Carr	WA	3334pts	-	22/03/1998
M75	Pentathlon(w/shot)	Ron Tomkins	WA	1728pts	-	22/03/1998
W50	2000m Steeplechase	Antoinette Shaw	WA	8:14.6	88.69%	26/03/1998
M65	2000m Steeplechase	Bill Hughes	Vic	8:30	77.04%	28/03/1998
M35	110m Hurdles	Terry Baldwin	Vic	15.0h	84.35%	28/03/1998
M55	90m Hurdles	Richard Trembath	Vic	14.1h	-	28/03/1998
M50	Hammer	Hans Lotz	Vic	60.39m	77.16%	28/03/1998
M50	Weight Throw	Hans Lotz	Vic	19.71m	76.13%	28/03/1998
M45	Triple Jump	Clay Tompkins	NSW	13.28m	80.49%	28/03/1998
M85	Pole Vault	Vic Younger	Qld	1.65m	58.39%	28/03/1998
W75	Long Jump	Gwen Davidson	Vic	2.79m	63.64%	28/03/1998
W30	Hammer	Kath Newman	Vic	43.85m	52.84%	28/03/1998
W85	Javelin	Ruth Frith	NSW	11.11m	42.79%	28/03/1998
W75	Weight Throw	Gwen Davidson	Vic	10.30m	55.15%	28/03/1998
M65	800m	David Carr	WA	2:19.5	91.14%	29/03/1998
M80	5000m	Peter Brownbill	Vic	27:37.7	69.91%	29/03/1998
M30	400m Hurdles	Michael Skerritt	Vic	57.0h	81.44%	29/03/1998
M85	High Jump	Vic Younger	Qld	1.05m	75.33%	29/03/1998
M50	Triple Jump	Murray Tolbert	WA	12.18m	78.11%	29/03/1998
M75	Pole Vault	Werner widera	Vic	2.16m	61.30%	29/03/1998
M50	Discus	Ray green	ACT	45.06m	62.82%	29/03/1998
M85	Shot Put	Vic Younger	Qld	7.06m	47.45%	29/03/1998
M85	Weight Throw	Vic Younger	Qld	7.91m	37.19%	29/03/1998
W55	800m	Anne Stobaus	Vic	2:34	87.30%	29/03/1998
W50	5000m	Antoinette Shaw	WA	18:18.4	86.39%	29/03/1998
W50	Shot Put	Mary Thomas	NSW	12.86m	68.65%	29/03/1998
W50	3k Walk	Celia Johnson	Vic	15:50.3	82.82%	4/04/1998
M90	1500m	Alex Pittendrich	Qld	11:04.39	58.56%	9/04/1998
M90	Javelin	Alex Pittendrich	Qld	6.70m	18.36%	9/04/1998
M90	Pentathlon	Alex Pittendrich	Qld	1553pts	-	9/04/1998
M90	Shot Put	Alex Pittendrich	Qld	3.24m	24.97%	9/04/1998
M65	2000m Steeplechase	Bill Hughes	Vic	8:25.97	77.65%	9/04/1998
M60	2000m Steeplechase	Col McLeod	Qld	7:36.33	81.70%	9/04/1998
W50	Hammer	Marja Parviainen	NSW	51.73m	77.41%	9/04/1998

W50	Throws Pentathlon	Marja Parviainen	NSW	4289pts	-	9/04/1998
M75	200m	Mike Johnston	Vic	29.76s	85.98%	9/04/1998
M75	400m	Mike Johnston	Vic	68.57s	84.11%	9/04/1998
M30	20km Walk Road	Richard Everson	SA	1:42:44	74.56%	9/04/1998
W35	Pentathlon	Roslyn Laver	NSW	2857pts	-	9/04/1998
W85	Throws Pentathlon	Ruth Frith	NSW	3655pts	-	9/04/1998
M35	110m Hurdles	Terry Baldwin	Vic	15.1h	85.13%	9/04/1998
M85	High Jump	Vic Younger	Qld	1.05m	75.33%	9/04/1998
M85	Javelin	Vic Younger	Qld	19.41m	43.15%	9/04/1998
M85	Javelin	Vic Younger	Qld	19.80m	44.02%	9/04/1998
M85	Shot Put	Vic Younger	Qld	7.17m	48.19%	9/04/1998
M85	Weight Throw	Vic Younger	Qld	8.07m	37.94%	9/04/1998
W45	Pole Vault	Wilma Perkins	Qld	2.61m	58.24%	9/04/1998
M85	Javelin	Vic Younger	Qld	19.41m	43.15%	9/04/1998
W50	Hammer	Marja-leena Parviainen	NSW	51.73m	82.32%	9/04/1998
W80	400m	Mavis Collins	Qld	2:42.09	48.96%	10/04/1998
M75	200m	Mike Johnston	Vic	29.76s	85.98%	10/04/1998
M75	400m	Mike Johnston	Vic	68.57s	84.11%	10/04/1998
W45	Pole Vault	Wilma Perkins	Qld	2.61m	61.24%	10/04/1998
M60	2000m Steeplechase	Colin McLeod	Qld	7:36.33	81.70%	11/04/1998
M65	2000m Steeplechase	Bill Hughes	Vic	8:25.97	77.65%	11/04/1998
M35	110m Hurdles	Terry Baldwin	Vic	15.10s	85.13%	11/04/1998
W80	200m	Mavis Collins	Qld	60.43s	53.00%	12/04/1998
W80	800m	Mavis Collins	Qld	6:03.95	50.77%	12/04/1998
M85	Javelin	Vic Younger	Qld	19.80m	44.02%	12/04/1998
M85	Weight Throw	Vic Younger	Qld	8.07m	37.94%	12/04/1998
W80	200m	Mavis Collins	Qld	60.43s	53.00%	12/04/1998
M90	1500m	Alex Pittendrich	Qld	11:04.39	58.56%	13/04/1998
M85	Shot Put	Vic Younger	Qld	7.17m	48.19%	13/04/1998
M90	Shot Put	Alex Pittendrich	Qld	3.24m	24.97%	13/04/1998
M90	Javelin(600g)	Alex Pittendrich	Qld	6.70m	18.36%	13/04/1998
M65	Pentathlon(w/shot)	David Carr	WA	3461pts	-	13/04/1998
M75	Pentathlon(w/shot)	Kevin Hopkins	NSW	2567pts	-	13/04/1998
M85	Pentathlon(w/shot)	Vic Younger	Qld	2267pts	-	13/04/1998

W30	Pentathlon(w/shot)	Jennifer Baldwin	Vic	2687pts	-	13/04/1998
W35	Pentathlon(w/shot)	Roslyn Laver	NSW	2857pts	-	13/04/1998
W45	Pentathlon(w/shot)	Wilma Perkins	Qld	3569pts	-	13/04/1998
M70	Javelin	Rudi Hochreiter	Vic	36.88m	58.29%	18/04/1998
M35	Marathon	*Steve Moneghetti	Vic	2:11:40	92.39%	26/04/1998
M50	20km Walk Road	Andrew Jamieson	Vic	1:37:20	85.71%	17/05/1998
W50	20km Walk Road	Celia Johnson	Vic	1:55:00.1	81.35%	17/05/1998
M35	Throws Pentathlon	Jeff Hailey	NSW	3200pts	-	28/06/1998
M40	10km Walk Road	Mark Donahoo	Vic	46:27	83.26%	4/07/1998
M50	20km Walk Road	Andrew Jamieson	Vic	1:36:03	86.85%	19/07/1998
W55	10km Walk Road	Gwen Steed	Vic	57:59	82.21%	25/07/1998
W60	Hammer	Val Worrell	Vic	32.67m	64.68%	26/07/1998
M60	Pole Vault	Rob Barclay	Vic	3.10m	68.32%	2/08/1998
W50	20km Walk Road	Celia Johnson	Vic	1:53:05	82.73%	16/08/1998
W75	Hammer	Gwen Davidson	Vic	23.59m	48.33%	23/08/1998
W75	Discus	Gwen Davidson	Vic	18.22m	48.40%	23/08/1998
W75	Hammer	Gwen Davidson	Vic	23.59m	48.33%	23/08/1998
W75	Throws Pentathlon	Gwen Davidson	Vic	4041pts	-	23/08/1998
M45	High Jump	Clay Tomkins	NSW	1.78m	80.68%	28/08/1998
W75	100m	Gwen Davidson	Vic	18.1h	78.41%	28/08/1998
M60	10km Walk Road	Murray Dickinson	Vic	49:35	90.04%	29/08/1998
W70	10km Walk Road	Jean Knox	Vic	67:57	82.43%	29/08/1998
M35	3000m	*Pat Carroll	Qld	8:06.99	90.49%	8/09/1998
M75	Shot Put	Felix Jekabsons	Qld	11.24m	69.30%	19/09/1998
W65	Discus	Heather Doherty	Qld	28.44m	68.46%	19/09/1998
W65	Shot Put	Heather Doherty	Qld	9.88m	69.49%	19/09/1998
M75	Shot Put	Felix Jekabsons	Qld	11.24m	69.30%	19/09/1998
W65	Javelin	Heather Doherty	Qld	24.16m	58.53%	20/09/1998
W65	Weight Throw	Heather Doherty	Qld	11.76m	59.86%	20/09/1998
W65	Weight Throw	Heather Doherty	Qld	11.76m	59.86%	29/09/1998
W35	High Jump	Deann Mayfield	Qld	1.70m	83.18%	3/10/1998
W65	Javelin	Heather Doherty	Qld	28.92m	70.06%	3/10/1998
M55	Javelin(800g)	Graeme Rose	Vic	50.35m	68.64%	17/10/1998
W65	Discus	Heather Doherty	Qld	28.93m	69.64%	18/10/1998

W65	Shot Put	Heather Doherty	Qld	10.31m	72.51%	18/10/1998
M85	Discus	Vic Younger	Qld	20.03m	46.93%	18/10/1998
M85	Weight Throw	Vic Younger	Qld	8.09m	38.03%	18/10/1998
M85	Discus	Vic Younger	Qld	20.03m	46.93%	18/10/1998
M85	Weight Throw	Vic Younger	Qld	8.09m	38.03%	18/10/1998
W65	Shot Put	Heather Doherty	Qld	10.31m	72.51%	18/10/1998
W35	2000m Steeplechase	Elaine Cooper	ACT	7:08.6	91.07%	22/10/1998
W30	Hammer	Kathleen Newman	Vic	46.01m	55.45%	24/10/1998
M60	Pole Vault	Rob Barclay	Vic	3.25m	71.62%	24/10/1998
W30	Hammer	Kathleen Newman	Vic	46.01m	55.45%	24/10/1998
W75	200m	Laurie Delbridge	Qld	43.5h	68.85%	25/10/1998
M85	High Jump	Vic Younger	Qld	1.08m	77.48%	6/11/1998
M80	Long Jump	Kevin Hopkins	NSW	3.44m	70.82%	6/11/1998
M85	Long Jump	Vic Younger	Qld	2.86m(=)	65.93%	6/11/1998
W65	Discus	Heather Doherty	Qld	29.86m	71.88%	6/11/1998
M40	Pole Vault	Bruce Arnold	Qld	4.01m	68.97%	7/11/1998
M85	Pole Vault	Vic Younger	Qld	1.70m	58.39%	7/11/1998
M80	Javelin	Kevin Hopkins	NSW	25.99m	48.56%	7/11/1998
M90	High Jump	Alex Pittendrich	Qld	0.70m	54.06%	8/11/1998
W80	1500m	Mavis Collins	Qld	12:19.09	49.80%	8/11/1998
M60	Pole Vault	Rob Barclay	Vic	3.30m	72.72%	14/11/1998
M50	3000m Walk	Andrew Jamieson	Vic	13:22.7	89.59%	26/11/1998
W45	Pole Vault	Wilma Perkins	Qld	2.62m	61.47%	28/11/1998
W50	Triple Jump	Margaret Taylor	ACT	10.37m	79.80%	3/12/1998
W50	High Jump	Patsy Waters	Qld	1.41m	79.41%	5/12/1998
W65	Javelin	Heather Doherty	Qld	28.92m	70.06%	5/12/1998
M40	10km Walk Road	Mark Donahoo	Vic	46:03.7	83.97%	13/12/1998
W50	High Jump	Margaret Taylor	ACT	1.43m	80.54%	17/12/1998
M80	60m	Tom Brown	Qld	9.42s	88.02%	1999
M30	800m	*Martin Byron	ACT	1:47.56	93.82%	1999
M60	800m	Alan Bradford	Qld	2:10.42	93.73%	1999
M50	10km Walk Road	Andrew Jamieson	Vic	45m 41s	90.36%	1999
M50	1500m Walk	Andrew Jamieson	Vic	6:21.10	87.84%	1999
M50	30km Walk Road	Andrew Jamieson	Vic	2:31:20	88.37%	1999

M45	Javelin	Bob Banens	ACT	57.38m	70.56%	1999
W45	Discus	Chris Schultz	Vic	44.38m	72.98%	1999
W35	2000m Steeplechase	Elaine Cooper	ACT	7:07	91.41%	1999
M40	10km Walk Road	Mark Donahoo	Vic	43:47.90	88.31%	1999
M75	Marathon	Randall Hughes	Vic	3:40:47	77.13%	1999
M55	300m Hurdles	Richard Trembath	Vic	44.0h	-	1999
M80	60m	Tom Brown	Qld	9.42s	88.02%	1999
M85	Decathlon	Vic Younger	Qld	5001pts	-	1999
M85	Long Jump	Vic Younger	Qld	3.17m	73.07%	1999
M30	Triple Jump	Tim Burns	NSW	16.00m	87.48%	1999
W75	3000m	Glenice Shanahan	WA	23:46	52.15%	1999
W60	Half Marathon	Barbara Dalglish	Vic	101:28	77.44%	1999
W75	Half Marathon	Grace Smith	Vic	189:48	-	1999
M65	30k Walk Road	Bob Chapman	ACT	3:19:05	-	1999
M65	50k Walk Road	Bob Chapman	ACT	5:59:06	-	1999
W55	Weight Throw	Helen Searle	NSW	14.08m	70.05%	1999
M70	Pole Vault	Garvin Brown	Qld	3.00m	77.59%	9/01/1999
M85	Hammer	Vic Younger	Qld	16.83m	33.00%	9/01/1999
W45	Discus	Chris Schultz	Vic	44.38m	76.83%	9/01/1999
M45	Javelin	Bob Banens	ACT	57.38m	75.30%	10/01/1999
W45	Hammer	Lisa Kirsch	Tas	42.44m	66.41%	10/01/1999
M85	High Jump	Vic Younger	Qld	1.10m	78.91%	16/01/1999
W30	2000m Steeplechase	*Cristina Cronin	Vic	7:28.2	83.49%	16/01/1999
M70	80m Hurdles	Garvin Brown	Qld	14.5h	79.85%	23/01/1999
W35	High Jump	Deann Mayfield	Qld	1.73m	84.65%	30/01/1999
W50	5k Walk	Sandra Kramer	SA	25:02.2	88.66%	3/02/1999
W50	3k Walk	Sandra Kramer	SA	14:27.5	90.73%	10/02/1999
M70	High Jump	Alan Rolfe	Qld	1.35m	79.69%	13/02/1999
W45	800m	Jeanette Flynn	Qld	2:13.13	92.80%	13/02/1999
W65	Javelin	Heather Doherty	Qld	31.02m	75.15%	13/02/1999
W40	Pentathlon (w/Shot)	Kerry Boden	ACT	2788pts	-	18/02/1999
M40	Pentathlon (w/Shot)	Kevin Matthews	ACT	2708pts	-	18/02/1999
W50	Pentathlon (w/Shot)	Margaret Taylor	ACT	3252pts	-	18/02/1999
M30	3000m	*Darren Lynch	Vic	7:45.53	94.66%	20/02/1999

M50	3000m Walk	Andrew Jamieson	Vic	13:13.8	90.60%	27/02/1999
M70	Pole Vault	Garvin Brown	Qld	3.05m	78.89%	27/02/1999
W60	2000m Steeplechase	Margaret Robinson	WA	10:34.6	78.00%	March 1990
M80	Javelin	Kevin Hopkins	NSW	26.89m	50.25%	2/03/1999
M55	Weight Throw	Graeme Rose	Vic	17.83m	73.70%	2/03/1999
W40	Pentathlon (w/Shot)	Kerry Boden	ACT	2880pts	-	4/03/1999
M45	Triple Jump	Clayton Tompkins	NSW	13.51m	81.88%	6/03/1999
M70	High Jump	Alan Rolfe	Qld	1.37m	80.87%	6/03/1999
M45	Triple Jump	Clayton Tompkins	NSW	13.51m	81.88%	6/03/1999
M35	400m	Jeffery King	NSW	49.5h	88.32%	13/03/1999
M70	80m Hurdles	Garvin Brown	Qld	14.42s	81.62%	13/03/1999
M45	High Jump	Clayton Tompkins	NSW	1.79m	81.13%	13/03/1999
M75	Triple Jump	Fred O'Connor	NSW	9.31m	85.39%	13/03/1999
W35	2000m Steeplechase	Elaine Cooper	ACT	7:07	91.41%	13/03/1999
M70	High Jump	Alan Rolfe	Qld	1.40m	82.65%	14/03/1999
M55	Throws Pentathlon	Graeme Rose	Vic	4558pts	-	14/03/1999
W75	Hammer	Gwen Davidson	Vic	23.82m	48.80%	14/03/1999
W50	Pentathlon (w/Shot)	Peggy MacLiver	WA	3124pts	-	14/03/1999
M55	90m Hurdles	Richard Trembath	Vic	13.8h	-	20/03/1999
M60	90m Hurdles	Ken Priestly	Vic	14.9h	-	20/03/1999
M65	80m Hurdles	David Mather	Vic	14.0h	-	20/03/1999
M70	Throws Pentathlon	Colin Murraylee	Qld	4525pts	-	20/03/1999
M60	3000m Walk	Murray Dickinson	Vic	14:16	89.99%	21/03/1999
M55	300m Hurdles	Richard Trembath	Vic	44.0h	-	21/03/1999
M60	300m Hurdles	Mike Hall	Vic	46.4h	83.03%	21/03/1999
M55	Weight Throw	Graeme Rose	Vic	17.84m	73.74%	21/03/1999
W55	800m	Anne Stobaus	Vic	2:33.9	89.02%	21/03/1999
M85	Pole Vault	Vic Younger	Qld	1.71m	60.51%	27/03/1999
M60	2000m Steeplechase	Alan Bradford	Qld	6:54.51	87.62%	28/03/1999
M90	High Jump	Alex Pittendrich	Qld	0.85m	65.64%	28/03/1999
M90	Shot Put	Alex Pittendrich	Qld	3.29m	25.36%	28/03/1999
M60	Discus	Attila Spaits	ACT	47.39m	63.09%	2/04/1999
M70	Javelin	Colin Murraylee	Qld	40.41m	63.87%	2/04/1999
M60	400m	David Clive	WA	58.13s	88.52%	2/04/1999

M75	300m Hurdles	Fred O'Connor	NSW	62.99s	72.77%	2/04/1999
M75	80m Hurdles	Fred O'Connor	NSW	15.78s	79.78%	2/04/1999
M75	Long Jump	Fred O'Connor	NSW	4.12m	77.86%	2/04/1999
M75	Triple Jump	Fred O'Connor	NSW	8.73m	80.07%	2/04/1999
W50	Pole Vault	Hazel McDonnell	Qld	1.60m	38.02%	2/04/1999
W65	Discus	Heather Doherty	Qld	30.74m	74.00%	2/04/1999
W55	Weight Throw	Helen Searle	Qld	14.59m	78.16%	2/04/1999
M80	Javelin	Kevin Hopkins	NSW	26.89m	50.25%	2/04/1999
W50	Triple Jump	Margaret Taylor	ACT	10.36m	79.73%	2/04/1999
W30	200m	Melissa Medicott	NSW	24.74s	87.43%	2/04/1999
M60	5000m Walk	Murray Dickinson	Vic	24:26.94	88.61%	2/04/1999
M75	1500m	Randall Hughes	Vic	5:32.09	88.25%	2/04/1999
M75	5000m	Randall Hughes	Vic	20:18.04	89.34%	2/04/1999
M60	200m	Reg Austin	NSW	24.93s	93.01%	2/04/1999
M55	400m Hurdles	Richard Trembath	Vic	62.6s	88.39%	2/04/1999
W50	5000m Walk	Sandra Kramer	SA	25:18.30	87.72%	2/04/1999
M35	Weight Throw	Sergei Zablotskii	NSW	14.88m	61.25%	2/04/1999
W55	Pole Vault	Val Chesterton	ACT	1.40m	35.50%	2/04/1999
M75	80m Hurdles	Fred O'Connor	NSW	15.78s	79.78%	2/04/1999
M70	Javelin	Colin Murraylee	Qld	40.41m	63.87%	2/04/1999
W50	Pole Vault	Hazel McDonnell	Qld	1.60m	38.02%	2/04/1999
W55	Pole Vault	Val Chesterton	ACT	1.40m	35.50%	2/04/1999
W65	Discus	Heather Doherty	Qld	30.74m	74.00%	2/04/1999
M60	400m	David Clive	WA	58.13s	88.52%	3/04/1999
M75	1500m	Randall Hughes	Vic	5:32.09	88.25%	3/04/1999
M60	5000m Walk	Murray Dickinson	Vic	24:26.94	88.73%	3/04/1999
M70	High Jump	Alan Rolfe	Qld	1.41m	83.24%	3/04/1999
M60	Discus	Attila Spaits	ACT	47.39m	63.09%	3/04/1999
M35	Weight Throw	Sergei Zablotskii	NSW	14.88m	58.42%	3/04/1999
W75	Discus	Gwen Davidson	Vic	18.99m	50.44%	3/04/1999
W55	Weight Throw	Helen Searle	NSW	14.59m	72.59%	3/04/1999
M60	Pentathlon (w/Shot)	Don Fraser	ACT	4005pts	-	4/04/1999
M30	Pentathlon (w/Shot)	David Lynch	Vic	3029pts	-	4/04/1999
M40	Pentathlon (w/Shot)	John Creek	Vic	3062pts	-	4/04/1999



M65	Pentathlon (w/Shot)	Peter Gatti	NSW	3497pts	-	4/04/1999
M80	Pentathlon (w/Shot)	Kevin Hopkins	NSW	2431pts	-	4/04/1999
M75	5000m	Randall Hughes	Vic	20:18.04	89.34%	4/04/1999
M55	400m Hurdles	Richard Trembath	Vic	62.6h	88.20%	4/04/1999
M75	300m Hurdles	Fred O'Connor	NSW	62.99s	72.77%	4/04/1999
M75	Long Jump	Fred O'Connor	NSW	4.12m	77.86%	4/04/1999
W65	300m Hurdles	Anna Zeitzen	Tas	84.7h	59.28%	4/04/1999
M85	Throws Pentathlon	Vic Younger	Qld	3033pts	-	5/04/1999
W65	Throws Pentathlon	Heather Doherty	Qld	4587pts	-	5/04/1999
M60	200m	Reg Austin	NSW	24.93s	91.72%	5/04/1999
W30	200m	Melissa Medicott	NSW	24.74s	87.43%	5/04/1999
W50	10km Walk Road	Sandra Kramer	SA	52:17.6	87.25%	5/04/1999
M40	10km Walk Road	Mark Donahoo	Vic	44:12.1	87.50%	10/04/1999
M50	10km Walk Road	Andrew Jamieson	Vic	46:01	89.70%	10/04/1999
M50	20km Walk Road	Andrew Jamieson	Vic	1:35:03.6	87.76%	8/05/1999
M60	20km Walk Road	Murray Dickinson	Vic	1:43:15	88.06%	8/05/1999
W50	10km Walk Road	Sandra Kramer	SA	50:40	90.05%	5/06/1999
M50	10km Walk Road	Andrew Jamieson	Vic	45:41	90.36%	26/06/1999
M40	10km Walk Road	Mark Donahoo	Vic	43:47.9	88.31%	26/06/1999
M55	Throws Pentathlon	Graeme Rose	Vic	4582pts	-	4/07/1999
M50	20km Walk Road	Andrew Jamieson	Vic	1:34:38	88.16%	8/07/1999
W40	Half Marathon	Susan Hobson	ACT	77:27	85.29%	11/07/1999
M50	Shot Put	Ray Green	ACT	14.03m	69.34%	17/07/1999
W50	20km Walk Road	Sandra Kramer	SA	1:48:57	85.87%	25/07/1999
M75	Decathlon	Fred O'Connor	NSW	6054pts	-	29/07/1999
W50	Heptathlon	Kaye Smythe	NSW	5222pts	-	29/07/1999
W35	Heptathlon	Marie Kay	NSW	5134pts	-	29/07/1999
W70	100m	Ann Cooper	SA	15.72s	87.35%	31/07/1999
W60	Hammer	Helen Searle	NSW	42.03m	77.72%	31/07/1999
W65	Triple Jump	Pat Carr	WA	8.03m(=)	75.58%	Aug 1999
M75	300m Hurdles	Fred O'Connor	NSW	56.29s	81.43%	1/08/1999
W60	Shot Put	Helen Searle	NSW	12.36m	78.77%	1/08/1999
W55	Shot Put	Mary Thomas	NSW	12.06m	70.14%	1/08/1999
M75	300m Hurdles	Fred O'Connor	NSW	56.29s	81.43%	1/08/1999

W60	Shot Put	Helen Searle	NSW	12.36m	78.77%	1/08/1999
W70	200m	Ann Cooper	SA	34.43s	82.69%	3/08/1999
W70	200m	Ann Cooper	SA	32.83s	86.72%	3/08/1999
W50	Pole Vault	Hazel McDonnell	Qld	1.80m	42.77%	3/08/1999
W70	100m	Ann Cooper	SA	15.72s	87.35%	3/08/1999
W55	800m	Peggy Macliver	WA	2:32.29	88.28%	3/08/1999
M60	800m	Alan Bradford	Qld	2:10.42	93.73%	3/08/1999
W55	800m	Peggy Macliver	WA	2:32.29	88.28%	3/08/1999
W50	Pole Vault	Hazel McDonnell	Qld	1.80m	42.77%	3/08/1999
W65	Triple Jump	Pat Carr	WA	8.03m	75.58%	4/08/1999
W60	Throws Pentathlon	Helen Searle	NSW	4752pts	-	7/08/1999
W55	Throws Pentathlon	Mary Thomas	NSW	4515pts	-	7/08/1999
M60	2000m Steeplechase	Alan Bradford	Qld	6:54.31	89.99%	8/08/1999
W70	2000m Steeplechase	Shirley Brasher	Tas	12:19.45	78.43%	8/08/1999
M35	Throws Pentathlon	Jeff Hailey	NSW	3193pts	-	21/08/1999
W65	2000m Steeplechase	Pam Mews	Vic	12:44.52	69.98%	Sept 1999
W75	High Jump	Gwen Davidson	Vic	1.12m	82.23%	Sept 1999
M85	1500m	Allan Sherriff	ACT	8:45.67	65.16%	1/09/1999
W60	80m Hurdles	Brenda Parkinson	SA	17.34s	71.98%	1/09/1999
W60	10km Walk Road	Brenda Riley	Vic	58:06	86.12%	1/09/1999
M60	Long Jump	Don Fraser	ACT	5.35m	83.19%	1/09/1999
M85	1500m	Allan Sheriff	ACT	8:45.67	65.16%	1/09/1999
W75	100m	Gwen Davidson	Vic	18.00s	79.89%	1/09/1999
M60	Long Jump	Don Fraser	ACT	5.35m	83.19%	1/09/1999
M60	Long Jump	Don Fraser	ACT	5.45m	84.74%	29/09/1999
W60	Weight Throw	Helen Searle	NSW	15.48m	28.63%	3/10/1999
W60	Throws Pentathlon	Helen Searle	NSW	4637pts	-	3/10/1999
W50	3000m	Morey Sheer	Qld	10:41	86.52%	31/10/1999
W30	3000m	*Kerry McCann	NSW	8:50.4	94.07%	6/11/1999
M50	5000m Walk	Andrew Jamieson	Vic	22:22.5	91.17%	11/11/1999
W30	100m	Melissa Medicott	NSW	11.78s	90.32%	13/11/1999
W40	Pole Vault	Dawn Hartigan	Vic	3.45m	75.11%	20/11/1999
W35	Weight Throw	Jayne Hardy	ACT	13.37m	55.50%	25/11/1999
W40	Mile	Elaine Cooper	ACT	5:02.8	88.11%	2/12/1999

W50	3k Walk	Sandra Kramer	SA	14:25.3	90.96%	8/12/1999
M85	Discus	John Fraser	Vic	21.73m	50.91%	12/12/1999
M85	Weight Throw	John Fraser	Vic	12.80m	25.10%	12/12/1999
M85	Shot Put	John Fraser	Vic	7.60m	51.08%	12/12/1999
M85	Discus	John Fraser	Vic	21.73m	50.91%	12/12/1999
M85	Hammer	John Fraser	Vic	27.51m	53.94%	12/12/1999
M85	Throws Pentathlon	John Fraser	Vic	3727pts	-	12/12/1999
W40	2000m Steeplechase	Elaine Cooper	ACT	7:06.60	95.28%	2000
W60	2000m Steeplechase	Jan Morrey	Vic	8:52.30	92.99%	2000
W35	Javelin	Jayne Hardy	ACT	41.28	58.69%	2000
W70	1500m Walk	Jean Albury	Tas	8:24.00	87.86%	2000
W40	3000m Walk	Lyn Ventris	WA	15:04.4	80.99%	2000
M80	Half Marathon	Robert Horman	Qld	1:46:00	81.30%	2000
W90	Discus	Ruth Frith	NSW	12.10	53.13%	2000
W35	1500m Walk	Sharon Schnyder	Vic	6:47.00	81.78%	2000
W35	20km Walk Road	*Kerry Saxby-Junna	NSW	1:29:36	94.46%	2000
W30	Half Marathon	*Kerry McCann	NSW	67:48	95.16%	10/01/2000
W30	2000m Steeplechase	*Cristina Cronin	Vic	7:18.8	85.27%	11/01/2000
W40	2000m Steeplechase	Elaine Cooper	ACT	7:06.6	95.28%	13/01/2000
W70	5000m Walk	Jean Albury	Tas	30:59.84	87.06%	15/01/2000
W55	Throws Pentathlon	Mary Thomas	NSW	4474pts	-	17/01/2000
M75	Javelin (500g)	Aivars Pavulins	Vic	29.97	53.96%	18/01/2000
M35	400m	Jeff King	ACT	48.2h	90.69%	18/01/2000
M30	800m	*Martin Byron	ACT	1:46.45	93.82%	18/01/2000
M70	Javelin (500g)	Rudi Hochreiter	Vic	36.22m	57.25%	18/01/2000
W55	Javelin	Mary Thomas	NSW	37.28m	72.02%	20/01/2000
W55	Shot Put	Mary Thomas	NSW	12.09m	70.31%	20/01/2000
M30	800m	Scott Tamblin	WA	1:55.11	87.66%	22/01/2000
W30	100m	Melissa Medicott	NSW	11.70s	90.94%	24/01/2000
M50	3000m Walk	Andrew Jamieson	Vic	12:59.5	93.77%	27/01/2000
W40	Marathon	Susan Hobson	ACT	2:32:37	91'53%	30/01/2000
M55	Shot Put	Ray Green	ACT	13.85m	73.63%	3/02/2000
M30	800m	Scott Tamblin	WA	1:54.31	88.28%	5/02/2000
M45	3000m Steeplechase	Jeff Broderick	Vic	9:24.4	91.97%	10/02/2000

M30	200m	*Cameron Mackenzie	Vic	21.18s	90.60%	17/02/2000
M70	Pole Vault	Garvin Brown	Qld	3.10m	80.18%	19/02/2000
M30	800m	Scott Tamblin	WA	1:53.33	89.04%	19/02/2000
W30	Pole Vault	*Tracey Shepherd	WA	4.00m	79.05%	19/02/2000
W30	100m	Melissa Medicott	NSW	11.70s	90.94%	24/02/2000
W50	Triple Jump	Margaret Taylor	ACT	10.49m	80.73%	24/02/2000
W65	Throws Pentathlon	Heather Doherty	Qld	4674pts	-	26/02/2000
M85	Javelin (400g)	Vic Younger	Qld	21.98m	48.87%	26/02/2000
M70	Pole Vault	Garvin Brown	Qld	3.14m	84.19%	3/03/2000
M30	800m	Scott Tamblin	WA	1:51.81	90.25%	5/03/2000
M50	2000m Walk	Andrew Jamieson	Vic	8:33	-	6/03/2000
W50	Pole Vault	Wilma Perkins	Qld	2.40m	57.03%	12/03/2000
M30	Discus	*Werner Reiterer	Vic	61.40m	85.44%	16/03/2000
W55	Pentathlon (w/Disc)	Peggy Macliver	WA	3321pts	-	19/03/2000
M30	Pole Vault	Howard Arbuthnot	Qld	4.40m	71.20%	20/03/2000
M65	2000m Steeplechase	David Simmonds	WA	8:08.6	80.41%	23/03/2000
M30	Mile	Vince Craig	ACT	4:29.4	82.82%	23/03/2000
W50	10000m	Antoinette Shaw	WA	37:31.9	87.90%	24/03/2000
W40	5000m Walk	Lyn Ventris	WA	24:32.6	84.38%	24/03/2000
W30	200m	Melissa Medicott	NSW	23.70s	91.27%	24/03/2000
W40	3000m Walk	Lyn Ventris	WA	14:41.7	83.08%	25/03/2000
W55	Pole Vault	Val Chesterton	ACT	1.45m	36.77%	30/03/2000
W65	300m Hurdles	Anna Zeitzen	Tas	80.52s	62.46%	1/04/2000
M85	80m Hurdles	Vic Younger	Qld	26.65s	56.68%	1/04/2000
M85	Pole Vault	Vic Younger	Qld	1.74m	64.89%	1/04/2000
M100	100m	Les Amey	Qld	58.29s	35.92%	1/04/2000
M100	1500m	Les Amey	Qld	16:46.40	59.68%	1/04/2000
W70	2000m Steeplechase	Shirley Brasher	Tas	12m 00.1s	80.54%	1/04/2000
M90	Shot Put	Alex Pittendrich	Qld	3.72m	28.67%	2/04/2000
W70	5000m Walk	Jean Albury	Vic	30:25	88.72%	8/04/2000
M85	Weight Throw	John Fraser	Vic	12.99m	61.07%	8/04/2000
M80	1500m	Peter Brownbill	Vic	7:18	71.36%	8/04/2000
M60	90m Hurdles	Ken Priestly	Vic	14.8h	-	8/04/2000
W60	2000m Steeplechase	Jan Morrey	Vic	8:59.6	91.74%	8/04/2000

M55	Javelin (700g)	Graeme Rose	Vic	48.24m	65.76%	9/04/2000
W60	800m	Jan Morrey	Vic	2:41.7	87.26%	9/04/2000
M75	Triple Jump	Fred O'Connor	NSW	8.92m	81.82%	14/04/2000
W90	Throws Pentathlon	Ruth Frith	NSW	4339pts	-	14/04/2000
M50	Javelin (700g)	Bob Banens	ACT	51.83m	64.70%	21/04/2000
M55	Javelin (700g)	Graeme Rose	Vic	48.41m	65.99%	21/04/2000
M40	Javelin	John Kay	NSW	60.20m	68.57%	21/04/2000
W50	Javelin (500g)	Kaye Smythe	NSW	26.90m	47.77%	21/04/2000
M75	10000m	Randall Hughes	Vic	43:05.41	84.16%	21/04/2000
M70	Javelin (500g)	Rudi Hochreiter	Vic	37.00m	58.48%	21/04/2000
W70	10000m	Shirley Young	Vic	49:30.43	82.06%	21/04/2000
W50	Pole Vault	Wilma Perkins	Qld	2.50m	59.41%	21/04/2000
W90	Shot Put	Ruth Frith	NSW	5.24m	59.37%	21/04/2000
W35	Javelin	Jayne Hardy	ACT	41.28m	58.69%	21/04/2000
W60	Weight	Helen Searle	NSW	17.52m	80.56%	22/04/2000
W70	5000m Walk	Jean Albury	Tas	29:42.75	90.83%	22/04/2000
W40	5000m Walk	Lyn Ventris	WA	24:26.73	84.72%	22/04/2000
W70	2000m Steeplechase	Shirley Brasher	Tas	11:24.25	84.76%	22/04/2000
W70	1500m	Shirley Young	Vic	6:47.29	78.56%	22/04/2000
W90	Discus	Ruth Frith	NSW	12.10m	53.13%	22/04/2000
W90	Weight Throw	Ruth Frith	NSW	5.33m	46.92%	22/04/2000
M75	High Jump	Fred O'Connor	NSW	1.20m(=)	75.31%	23/04/2000
W60	Hammer	Helen Searle	NSW	42.67m	78.91%	23/04/2000
W55	Hammer	Marja Parviainen	NSW	49.17m	81.59%	23/04/2000
W90	Hammer	Ruth Frith	NSW	12.59m	43.45%	23/04/2000
W70	5000m	Shirley Young	Vic	23:21.40	84.10%	23/04/2000
W60	10km Walk Road	Brenda Riley	Vic	57:13	87.45%	24/04/2000
W60	Throws Pentathlon	Helen Searle	NSW	5022pts	-	24/04/2000
W60	800m	Jan Morrey	Vic	2:41.2	87.53%	24/04/2000
W70	10km Walk Road	thompson	Tas	62:31	89.59%	24/04/2000
W55	Javelin (500g)	Mary Thomas	NSW	37.25m	71.96%	24/04/2000
W55	Hammer	Marja Parviainen	NSW	50.56m	83.89%	24/04/2000
W90	Hammer	Ruth Frith	NSW	13.13m	45.31%	24/04/2000
W90	Javelin	Ruth Frith	NSW	9.33m	43.59%	24/04/2000

W90	Weight Throw	Ruth Frith	NSW	6.00m	52.82%	24/04/2000
M85	Shot Put	John Fraser	Vic	7.89m	53.03%	7/05/2000
M85	800m	Eddie Gamble	Vic	4:07	66.62%	14/05/2000
M90	Javelin(400g)	Alex Pittendrich	Qld	8.89m	24.36%	28/05/2000
M90	Weight Throw	Alex Pittendrich	Qld	4.08m	22.73%	28/05/2000
M30	5000m	*Shaun Creighton	ACT	13:21.45	94.50%	3/06/2000
M85	5000m	Eddie Gamble	Vic	34:08.0	61.79%	21/06/2000
M85	Shot Put	John Fraser	Vic	7.94m	53.36%	2/07/2000
W30	200m	Melissa Medicott	NSW	23.4h	91.50%	2/07/2000
M85	Hammer	Anton Tesija	ACT	28.01m	54.92%	15/07/2000
W35	Discus	*Daniela Costian	Qld	61.33m	85.88%	15/07/2000
M30	Javelin	*Adrian Hatcher	NSW	82.85m	84.13%	25/07/2000
W30	Javelin	*Louise McPaul-Currey	NSW	66.80m	92.42%	5/08/2000
W30	1500m	*Margaret Crowley	Vic	4:07.23	93.06%	9/08/2000
W30	100m	Melissa Medicott	NSW	11.55s	92.12%	18/08/2000
M35	Shot Put	Stuart Gyngell	NSW	16.05m	72.60%	19/08/2000
W30	800m	*Margaret Crowley	Vic	1:59.97	95.03%	8/09/2000
W30	5000m	*Kerryn McCann	NSW	15:08.69	93.67%	8/09/2000
W35	5000m	Anne Cross	Vic	15:26.65	91.85%	8/09/2000
M30	Triple Jump	*Andrew Murphy	NSW	17.12m	93.60%	23/09/2000
W60	Hammer	Helen Searle	NSW	45.29m	85.66%	1/10/2000
W45	Half Marathon	Bronwyn Cardy	Vic	78:42	87.00%	8/10/2000
W50	Pole Vault	Wilma Perkins	Qld	2.65m	62.97%	28/10/2000
M85	2000m Steeplechase	Eddie Gamble	Vic	14:52.6	59.21%	31/10/2000
W60	2000m Steeplechase	Jan Morrey	Vic	8:52.3	92.99%	3/11/2000
M40	Javelin	John Kay	NSW	62.72m	72.52%	4/11/2000
W60	1500m	Jan Morrey	Vic	5:36.93	85.49%	5/11/2000
W60	Pole Vault	Val Chesterton	ACT	1.35m	36.61%	9/11/2000
W50	Pole Vault	Wilma Perkins	Qld	2.70m	64.16%	18/11/2000
M85	10000m	Eddie Gamble	Vic	74:43.7	57.18%	25/11/2000
M60	Discus	Warwick Selvey	Qld	47.77m	63.60%	26/11/2000
W60	Pole Vault	Val Chesterton	ACT	1.40m	37.97%	7/12/2000
M85	1500m	Eddie Gamble	Vic	8:29.6	67.22%	13/12/2000
M60	100m Hurdles	Mick Stevenson	Tas	16.24s	82.53%	16/12/2000

W30	2000m Steeplechase	Tressa Lindenberg	Qld	7:51.74	79.32%	16/12/2000
W75	Pentathlon (w/Shot)	Marion Skarratt	Tas	2457pts	-	17/12/2000
M50	Javelin(700g)	Bob Banens	ACT	53.36m	66.61%	28/12/2000
M50	60m	Wayne Cousins	Qld	7.40s	91.78%	2001
M55	60m	John Wight	Qld	7.41s	94.14%	2001
M85	60m	Charlie Hankins	Qld	10.45s	84.58%	2001
M95	Long Jump	Alex Pittendrich	Qld	1.67m	54.90%	2001
M95	Triple Jump	Alex Pittendrich	Qld	3.55m	51.93%	2001
M55	20km Walk Road	Andrew Jamieson	Vic	1:35:13	91.23%	2001
W60	400m	Anne Stobaus	Vic	67.30s	89.59%	2001
M70	10000m	John Gilmour	WA	38:26.00	89.76%	2001
W45	20km Walk Road	Lyn Ventris	WA	1:34:15	95.51%	2001
M45	50km Walk Road	Peter Bennett	Qld	4:49:28	77.40%	2001
W90	Shot Put	Ruth Frith	NSW	5.37m	63.23%	2001
W90	Weight Throw	Ruth Frith	NSW	6.19m	56.91%	2001
W60	10000m	Theresia Baird	Vic	39:21.10	91.94%	2001
W50	60m	Margaret Taylor	ACT	8.3h	89.26%	2001
W55	Half Marathon	Theresia Baird	Vic	86:21	90.02%	2001
W60	Half Marathon	Theresia Baird	Vic	86:16	91.08%	2001
W40	5000m Walk	Lyn Ventris	WA	24:08	85.82%	6/01/2001
M50	Javelin(700g)	Bob Banens	ACT	58.68	73.25%	7/01/2001
M50	Decathlon	Bob Banens	ACT	6581pts	-	7/01/2001
W50	Discus	Chris Schultz	Vic	40.91	73.35%	13/01/2001
M45	5000m Walk	David Smith	Qld	22:30.1	85.46%	13/01/2001
W80	Pentathlon (w/Shot)	Phyllis Head	WA	598pts	-	16/01/2001
W40	5000m Walk	Lyn Ventris	WA	23:58.6	86.38%	20/01/2001
W50	Discus	Chris Schultz	Vic	41.00m	73.51%	23/01/2001
M65	2000m Steeplechase	Colin McLeod	Qld	7:28.02	87.69%	27/01/2001
W65	3000m	Anne Young	ACT	14:15	76.04%	31/01/2001
M30	One Hour Run	Adrian Sheppard	ACT	17296m	-	1/02/2001
M45	High Jump	Clayton Tompkins	NSW	1.83m	84.55%	4/02/2001
M30	Weight Throw	Rohan Nelson	ACT	16.83m	65.08%	4/02/2001
M45	High Jump	Clayton Tompkins	NSW	1.83m	82.95%	4/02/2001
W55	Javelin	Mary Thomas	NSW	38.55m	76.09%	11/02/2001

M35	Marathon	*Steve Moneghetti	Vic	2:10	93.58%	13/02/2001
M40	Javelin	John Kay	NSW	66.90m	77.35%	16/02/2001
M30	400m	*Anton Booth	Qld	46.19s	93.16%	18/02/2001
M50	5000m Walk	Andrew Jamieson	Vic	22:19.3	89.28%	22/02/2001
M65	400m	Hugh Coogan	Qld	59.67s	89.37%	24/02/2001
M60	300m Hurdles	Mick Stevenson	Tas	46.36s	83.35%	24/02/2001
W30	Throws Pentathlon	Kelly Carvill	Vic	2844pts	-	4/03/2001
W40	3000m Walk	Lyn Ventris	WA	14:19.75	85.20%	4/03/2001
W60	80m Hurdles	Brenda Parkinson	SA	14.41s	86.62%	8/03/2001
M60	100m Hurdles	Mick Stevenson	Tas	15.86s	84.51%	10/03/2001
W50	Triple Jump	Margaret Taylor	ACT	10.54m	81.11%	10/03/2001
W50	Shot Put	Chris Schultz	Vic	13.64m	72.81%	11/03/2001
W30	Throws Pentathlon	Kelly Carvill	Vic	2892pts	-	11/03/2001
W40	5000m Walk	Lyn Ventris	WA	23:24.5	88.47%	23/03/2001
W40	3000m Walk	Lyn Ventris	WA	14:05.7	86.61%	24/03/2001
M30	Long Jump	*Leigh Stuart	Vic	7.93m	88.60%	24/03/2001
M85	2000m Steeplechase	Eddie Gamble	Vic	13:50.9	63.60%	31/03/2001
M55	Javelin(700g)	Graeme Rose	Vic	50.07m	68.26%	31/03/2001
M60	Discus	Warwick Selvey	Qld	48.90m	66.23%	1/04/2001
W30	Javelin	Kelly Carville	Vic	34.10m	47.18%	1/04/2001
M85	5000m	Allan Sherriff	ACT	29:28.88	71.54%	5/04/2001
M30	Javelin	Andrew Currey	NSW	77.65m	78.85%	13/04/2001
W45	10000m	Bronwen Cardy	Vic	36:06.26	87.91%	13/04/2001
M55	Javelin(700g)	Graeme Rose	Vic	50.38m	68.68%	13/04/2001
M75	Shot Put	Jim Peridis	NSW	11.64m	71.77%	13/04/2001
W30	High Jump	Lisa Doyle	NSW	1.63m	78.33%	13/04/2001
W50	High Jump	Margaret Taylor	ACT	1.44m	83.53%	13/04/2001
W55	Javelin	Mary Thomas	NSW	39.17m	77.32%	13/04/2001
W90	Shot Put	Ruth Frith	NSW	5.37m	60.84%	13/04/2001
W90	Javelin	Ruth Frith	NSW	9.63m	44.99%	13/04/2001
W90	Weight Throw	Ruth Frith	NSW	6.19m	56.91%	13/04/2001
W30	Triple Jump	Sue Ward	NSW	10.91m	70.39%	15/04/2001
M75	Pentathlon	Fred O'Connor	NSW	3139pts	-	15/04/2001
M80	Pentathlon	Kevin Hopkins	NSW	2334pts	-	15/04/2001



W40	10km Walk Road	Lyn Ventris	WA	47:25	89.28%	16/04/2001
W40	20km Walk Road	Lyn Ventris	WA	1:39:26	87.53%	13/05/2001
M45	50k Walk Road	Peter Bennett	Qld	4:49:28	77.40%	13/05/2001
M55	5000m Walk	Andrew Jamieson	Vic	22:40.11	92.67%	4/07/2001
W40	High Jump	Marie Kay	NSW	1.64m	84.78%	4/07/2001
W85	5000m Walk	Margaret Russell	Qld	44:52.07	74.48%	5/07/2001
W40	Heptathlon	Marie Kay	NSW	5995pts	-	5/07/2001
W50	Shot Put	Chris Schultz	Vic	14.39m	76.81%	6/07/2001
M80	5000m	John Gilmour	WA	25:00.81	77.22%	6/07/2001
M80	Javelin	Kevin Hopkins	NSW	28.07m	58.01%	6/07/2001
W85	100m	Margaret Russell	Qld	56.45s	29.23%	7/07/2001
M60	300m Hurdles	Mick Stevenson	Tas	46.23s	83.59%	7/07/2001
W60	800m	Anne Stobaus	Vic	2:40.28	88.03%	9/07/2001
M70	Javelin	Colin Murraylee	Qld	39.19m	61.94%	9/07/2001
W40	Triple Jump	Glynis Cearns	Qld	11.45m	77.87%	9/07/2001
W60	800m	Jan Morrey	Vic	2:41.2(=)	87.53%	9/07/2001
W60	800m	Anne Stobaus	Vic	2:40.28	88.03%	9/07/2001
W80	200m	Marion Skarratt	Tas	46.44s	68.97%	9/07/2001
W80	800m	Marion Skarratt	Tas	4:20.88	70.83%	9/07/2001
W50	Triple Jump	Margaret Taylor	ACT	10.59m	84.70%	10/07/2001
M45	10000m	Ron Peters	Qld	31:48.69	89.27%	10/07/2001
W60	Triple Jump	Una Lund	Qld	8.80m	77.25%	10/07/2001
M60	Discus	Warwick Selvey	Qld	49.43m	66.94%	10/07/2001
W60	400m	Anne Stobaus	Vic	67.30s	89.59%	10/07/2001
W40	80m Hurdles	Glynis Cearns	Qld	11.66s	92.04%	12/07/2001
W60	80m Hurdles	Una Lund	Qld	14.24s	87.66%	12/07/2001
W70	400m	Ann Cooper	SA	84.19s	80.22%	13/07/2001
W60	10km Walk Road	Brenda Riley	Vic	56:26	88.66%	13/07/2001
W50	Javelin	Chris Schultz	Vic	32.18m	55.98%	13/07/2001
W40	Long Jump	Glynis Cearns	Qld	5.77m	85.38%	13/07/2001
M65	400m	Hugh Coogan	Qld	59.35s	89.85%	13/07/2001
W85	400m	Margaret Russell	Qld	4:06.75	35.98%	13/07/2001
W60	Long Jump	Una Lund	Qld	4.16m	77.70%	13/07/2001
W50	Throws Pentathlon	Chris Schultz	Vic	4455pts	-	13/07/2001

W55	2000m Steeplechase	Marge Allison	NSW	9:03.34	83.71%	14/07/2001
M75	2000m Steeplechase	Max McKay	NSW	10:31.21	69.83%	14/07/2001
M55	Long Jump	Murray Tolbert	WA	5.89m	86.21%	14/07/2001
W70	Marathon	Shirley Young	Vic	4:18:15	73.42%	14/07/2001
M30	Javelin	Andrew Currey	NSW	86.67m	88.01%	22/07/2001
M30	400m Hurdles	Blair Young	Qld	50.17s	93.24%	7/08/2001
M65	Throws Pentathlon	Tom Hancock	Vic	4728pts	-	12/08/2001
M60	Discus	Warwick Selvey	Qld	53.43m	72.36%	12/08/2001
W30	100m	Melissa Medlicott	NSW	11.55s	92.12%	18/08/2001
M55	20km Walk Road	Andrew Jamieson	Vic	1:35:12.7	91.24%	18/08/2001
W40	20km Walk Road	*Kerry Saxby-Junna	NSW	1:33:40.2	92.92%	6/09/2001
W60	Hammer	Helen Searle	NSW	46.09m	89.17%	29/09/2001
M45	Super Weight 56lb	Lagos Joni	NSW	6.85m	-	Oct 2001
M45	100lb Weight	Lagos Joni	NSW	2.55m	-	Oct 2001
M50	Super Weight 56lb	Bob Banens	ACT	6.85m	-	Oct 2001
M50	100lb Weight	Bob Banens	ACT	3.44m	-	Oct 2001
M55	100lb Weight	Ray Green	ACT	2.86m	-	Oct 2001
W35	56lb Weight	Jayne Hardy	ACT	3.74m	-	Oct 2001
W35	100lb Weight	Jayne Hardy	ACT	2.06m	-	Oct 2001
W40	56lb Weight	Sharon Gibbons	ACT	3.24m	-	Oct 2001
W40	100lb Weight	Sharon Gibbons	ACT	1.59m	-	Oct 2001
W45	56lb Weight	Adriana Van Boeckel	NSW	2.75m	-	Oct 2001
W55	56lb Weight	Raylea Rudov	ACT	2.88m	-	Oct 2001
M55	Super Weight 56lb	Graeme Rose	Vic	7.70m	-	1/10/2001
M65	56lb	Wim Van Weenen	Vic	6.18m	-	1/10/2001
W90	Javelin	Ruth Frith	NSW	10.00m	46.72%	1/10/2001
W40	Long Jump	Marie Kay	NSW	5.84m	87.36%	5/10/2001
M95	400m	Alex Pittendrich	Qld	2:50.1	52.52%	6/10/2001
W85	100m	Margaret Russell	Qld	27.22s	60.62%	6/10/2001
W85	1500m	Margaret Russell	Qld	13:06.6	52.02%	6/10/2001
W85	200m	Margaret Russell	Qld	70.48s	49.84%	6/10/2001
W85	400m	Margaret Russell	Qld	2:35.47	57.11%	6/10/2001
W85	5000m	Margaret Russell	Qld	50:13.07	50.53%	6/10/2001
W85	800m	Margaret Russell	Qld	6:58.9	49.36%	6/10/2001

M95	Triple Jump	Alex Pittendrich	Qld	3.55m	51.93%	6/10/2001
M95	Long Jump	Alex Pittendrich	Qld	1.67m	54.90%	7/10/2001
W70	Marathon	Shirley Young	Vic	4:03:52	77.75%	14/10/2001
M35	Shot Put	Stuart Gyngell	NSW	16.84m	77.11%	27/10/2001
W60	10k	Theresia Baird	Vic	39:21.1	91.94%	27/10/2001
M75	High Jump	Rudi Hochreiter	Vic	1.20m(=)	75.31%	3/11/2001
W65	Mile	Anne Young	ACT	7:30.5	73.27%	8/11/2001
W60	5000m	Theresia Baird	Vic	19:21.3	90.07%	28/11/2001
M75	Discus	Rudi Hochreiter	Vic	35.77m	63.85%	15/12/2001
W45	20km Walk Road	Lyn Ventris	WA	1:34:15	95.51%	16/12/2001
W60	Pole Vault	Val Chesterton	ACT	1.74m	47.19%	20/12/2001
W75	1500m Walk	Jean Knox	Vic	9:55.00	78.46%	2002
W35	Marathon	*Kerryn McCann	NSW	2:27:51	91.45%	2002
W90	Javelin	Ruth Frith	NSW	10.51m	53.56%	2002
M35	60m	Michael Roden	ACT	7.0h	87.64%	2002
M35	60m	Ken Telfer	ACT	7.0h	87.64%	2002
W65	60m	Annette Horsnell	Qld	9.61s	86.86%	2002
W70	Half Marathon	Corrie De Groot	Vic	1:17:42	75.41%	2002
W70	Half Marathon	Rowena Barker	Vic	1:12:25.62	78.95%	2002
M75	Pentathlon	Fred O'Connor	NSW	3240pts	-	5/01/2002
M35	Shot Put	Stuart Gyngell	NSW	17.27m	80.07%	5/01/2002
M35	Shot Put	Stuart Gyngell	NSW	17.29m	80.16%	6/01/2002
M65	Throws Pentathlon	Tom Hancock	Vic	4750pts	-	6/01/2002
W35	Weight Throw	Jayne Hardy	ACT	13.89m	57.65%	10/01/2002
W75	5000m	Shirley Brasher	Tas	30:26.17	69.19%	12/01/2002
M35	Shot Put	Stuart Gyngell	NSW	17.87m	82.85%	12/01/2002
M65	Discus	Tom Hancock	Vic	46.79m	68.06%	12/01/2002
W75	10k Road Walk	Lorna Thompson	Qld	72:49	82.14%	12/01/2002
W75	800m	Shirley Brasher	Tas	4:10.79	67.42%	14/01/2002
W90	Javelin	Ruth Frith	NSW	10.09m	47.14%	14/01/2002
W90	Javelin	Ruth Frith	NSW	10.51m	53.56%	15/01/2002
M80	400m	Mike Johnston	Vic	75.64s	81.05%	18/01/2002
M75	High Jump	Rudi Hochreiter	Vic	1.23m	77.19%	18/01/2002
W75	1500m	Shirley Brasher	Tas	8:44.03	64.86%	18/01/2002

W75	Pentathlon	Shirley Brasher	Tas	2769pts	-	18/01/2002
W40	Weight Throw	Sharon Gibbons	ACT	13.22m	61.70%	24/01/2002
W80	400m	Marion Skarratt	Tas	2:15.6	58.53%	30/01/2002
W45	10k Road Walk	Lyn Ventris	WA	46m 35.6s	94.14%	9/02/2002
W65	One Hour Run	Anne Young	ACT	11651m	-	14/02/2002
W40	High Jump	Deann Mayfield	Qld	1.65m	84.51%	16/02/2002
M70	Weight Throw	Wim van Weenen	Vic	17.27m	68.58%	17/02/2002
W60	Pentathlon	Fran Harris	ACT	3258pts	-	21/02/2002
M30	Discus	Warren Evans	Qld	44.43m	61.83%	2/03/2002
W75	5000m Walk	Lorna Thompson	Qld	36:16.16	79.29%	10/03/2002
M60	High Jump	John Hunt	ACT	1.57m	82.77%	14/03/2002
W75	5000m Walk	Jean Knox	Vic	35:29	81.04%	16/03/2002
M80	100m	Mike Johnston	Vic	15.1h	86.70%	16/03/2002
M65	High Jump	Tom Hancock	Vic	1.47m(=)	81.89%	16/03/2002
M80	400m	Mike Johnston	Vic	74.5h	82.13%	16/03/2002
W45	3k Walk	Lyn Ventris	WA	13:57.43	86.64%	16/03/2002
W60	300m Hurdles	Fran Harris	ACT	60.07s	80.07%	17/03/2002
M30	Pole Vault	Warren Evans	Qld	4.45m	72.01%	17/03/2002
M30	Pole Vault	Warren Evans	Qld	4.50m	72.82%	18/03/2002
W45	Pole Vault	Dawn Hartigan	Vic	3.50m	78.10%	19/03/2002
W55	800m	Ann Holcombe	Vic	2:27	91.46%	20/03/2002
W75	5000m Walk	Lorna Thompson	Qld	35:18.2	81.46%	23/03/2002
W70	Long Jump	Pat Carr	WA	3.51m(=)	74.65%	23/03/2002
M80	800m	Mike Johnston	Vic	3:05.6	80.52%	24/03/2002
W70	Triple Jump	Pat Carr	WA	7.64m	77.32%	24/03/2002
M70	Weight Throw	Wim Van Weenen	Vic	17.96m	71.32%	24/03/2002
W75	10000m	Helen Agostini	SA	61:58.50	70.21%	29/03/2002
W75	800m	Helen Agostini	SA	4:05.10	68.98%	29/03/2002
W75	1500m	Helen Agostini	SA	8:06.78	69.82%	30/03/2002
W50	5000m	Bronwen Cardy	Vic	17:44.75	89.12%	31/03/2002
W75	5000m	Helen Agostini	SA	28:56.29	72.77%	31/03/2002
M80	200m	Mike Johnston	Vic	31.82s	84.10%	31/03/2002
M80	400m	Mike Johnston	Vic	72.85s	84.15%	1/04/2002
W30	Pentathlon	Lynette Smith	NSW	2916pts	-	1/04/2002

M35	Throws Pentathlon	Stuart Gyngell	NSW	3592pts	-	1/04/2002
M35	Weight Throw	Stuart Gyngell	NSW	14.96m	60.85%	1/04/2002
M30	Pole Vault	Howard Arbuthnot	Qld	4.60m	74.43%	8/04/2002
M65	Marathon	Colin McLeod	Qld	2:57:06	86.34%	14/04/2002
M35	3000m	*Shaun Creighton	ACT	7:49.04	93.95%	18/05/2002
M60	30km Walk Road	Robin Whyte	ACT	3:05:48	78.17%	9/06/2002
W70	Half Marathon	Rowena Barker	Vic	1:53:20	78.31%	7/07/2002
W60	20km Walk Road	Noela McKinven	Qld	2:18:45.07	74.08%	14/07/2002
W60	50k Road Walk	Val Chesterton	ACT	6:55:10	78.02%	10/08/2002
W35	Weight Throw	Jayne Hardy	ACT	13.91m	57.74%	24/08/2002
M30	Discus	Warren Evans	Qld	46.26m	64.38%	25/08/2002
M30	Long Jump	Warren Evans	Qld	6.81m	76.09%	25/08/2002
W55	800m	Ann Holcombe	Vic	2:25	92.72%	27/08/2002
W80	Javelin	Marion Skarratt	Tas	14.18m	46.22%	1/09/2002
W40	High Jump	Deann Mayfield	Qld	1.66m	85.02%	7/09/2002
W70	3000m	Rowena Barker	Vic	14:48.5	77.99%	9/09/2002
M30	Shot Put	Dean Cowan	Qld	15.65m	68.31%	16/09/2002
M30	Triple Jump	Warren Evans	Qld	13.12m	71.73%	16/09/2002
W75	5000m Walk	Lorna Thompson	Qld	34:54.6	82.37%	21/09/2002
M75	Javelin	Rudi Hochreiter	Vic	31.09m	55.98%	27/09/2002
W75	3k Walk	Lorna Thompson	Qld	20:42.15	82.24%	27/09/2002
W40	High Jump	Deann Mayfield	Qld	1.71m	87.58%	28/09/2002
W35	Super Weight	Jayne Hardy	ACT	7.24m	-	28/09/2002
M50	Super Weight	Alex Turbin	ACT	7.02m	-	Oct 2002
M60	56lb	Noel Donohue	NSW	4.86m	-	Oct 2002
M60	100lb	Noel Donohue	NSW	2.47m	-	Oct 2002
W30	56lb Weight	Jackie Jones	NSW	2.47m	-	Oct 2002
W35	56lb Weight	Jayne Hardy	ACT	4.06m	-	Oct 2002
W40	56lb Weight	Sharon Gibbons	ACT	3.57m	-	Oct 2002
W40	100lb Weight	Sharon Gibbons	ACT	1.67m	-	Oct 2002
W50	56lb Weight	Adriana Van Boeckel	NSW	2.95m	-	Oct 2002
W30	2000m Steeplechase	Mary Fien	NSW	7:35.21	82.20%	7/10/2002
M70	800m	David Carr	WA	2:26.93	90.02%	8/10/2002
W60	300m Hurdles	Fran Harris	ACT	59.35s	81.04%	8/10/2002

W30	Triple Jump	Irie Hill	Vic	11.29m	72.84%	8/10/2002
W55	300m Hurdles	Marge Allison	NSW	55.62s	84.99%	8/10/2002
W75	800m	Shirley Brasher	Tas	4:04.85	69.05%	8/10/2002
W35	Weight Throw	Jayne Hardy	ACT	14.04m	58.28%	9/10/2002
W75	5000m Walk	Lorna Thompson	Qld	34:40.70	82.92%	9/10/2002
W55	Weight Throw	Marja Parviainen	NSW	15.15m	79.64%	9/10/2002
M35	Weight Throw	Stuart Gyngell	NSW	15.11m	61.46%	9/10/2002
M30	Pentathlon	Warren Evans	Qld	3160pts	-	9/10/2002
W45	5k Walk	Lyn Ventris	WA	24:09.44	88.57%	9/10/2002
W55	Hammer	Marja Parviainen	NSW	51.30m	88.83%	10/10/2009
W55	1500m	Ann Holcombe	Vic	5:01.90	91.00%	11/10/2002
M60	400m	Colin Buyers	Qld	57.88s	88.91%	11/10/2002
W55	Pole Vault	Hazel McDonnell	Qld	1.90m	48.18%	11/10/2002
W30	Pole Vault	Irie Hill	Vic	4.00m	79.05%	11/10/2002
W75	1500m	Shirley Brasher	Tas	7:57.83	71.13%	11/10/2002
W75	400m	Shirley Brasher	Tas	1:41.56	71.44%	11/10/2002
M35	Shot Put	Stuart Gyngell	NSW	18.00m	83.46%	12/10/2002
M30	Throws Pentathlon	*Yohan Amerasekera	Vic	3115pts	-	12/10/2002
M35	Half Marathon	John Meagher	Vic	67:05.24	87.09%	13/10/2002
W70	Half Marathon	Rowena Barker	Vic	1:52:25.62	78.95%	13/10/2002
W35	Weight Throw	Jayne Hardy	ACT	14.20m	58.94%	24/10/2002
W75	3000m	Lorna Thompson	Qld	17:46.0	69.76%	2/11/2002
W35	Weight Throw	Jayne Hardy	ACT	14.46m	60.02%	21/11/2002
W55	1500m	Ann Holcombe	Vic	5:00.1	91.55%	23/11/2002
M35	200m	Peter O'Dwyer	Vic	21.98s	89.43%	30/11/2002
M70	Mile	David Carr	WA	5:45.7	86.61%	5/12/2002
M60	300m Hurdles	Richard Trembath	Vic	45.6h	84.74%	12/12/2002
W40	Weight Throw	Sharon Gibbons	ACT	13.32m	63.12%	19/12/2002
W40	Heavy Weight Pentathlon	Jayne Hardy	ACT	3878pts	-	2003
W50	2000m Steeplechase	Louise Fairfax	Tas	7:55.74	92.21%	2003
W55	3000m	Antoinette Shaw	WA	12:01.2	80.69%	9/01/2003
M70	400m	David Carr	WA	63.14s	87.66%	15/01/2003
M35	800m	Robert McCubbin	Vic	1:53.10	89.31%	18/01/2003
W40	Weight Throw	Jayne Hardy	ACT	13.88m	61.92%	6/02/2003

M75	Discus	Charlie Rann	Qld	36.88m	64.36%	8/02/2003
M45	3000m Walk	Paul Kennedy	Vic	12:50.2	88.60%	11/02/2003
W50	Mile	Fay McNeill	Qld	5:47.5	82.57%	12/02/2003
M30	100m	Matt McEwen	Qld	11.23s	85.31%	15/02/2003
M30	Decathlon	Matt McEwen	Qld	7705pts	-	15/02/2003
M30	High Jump	Matt McEwen	Qld	1.97m	80.41%	15/02/2003
M30	Long Jump	Matt McEwen	Qld	7.20m	80.45%	15/02/2003
W50	2000m Steeplechase	Louise Fairfax	Vic	7:55.74	92.21%	15/02/2003
W40	Weight Throw	Jayne Hardy	ACT	13.91m	62.05%	16/02/2003
M30	110m Hurdles	Matt McEwen	Qld	15.22s	84.10%	16/02/2003
M30	Pole Vault	Matt McEwen	Qld	4.80m	77.67%	16/02/2003
W50	800m	Jeanette Flynn	Qld	2:17.87	93.30%	19/02/2003
W40	Weight Throw	Jayne Hardy	ACT	14.62m	65.22%	20/02/2003
M90	High Jump	Vic Younger	Vic	0.92m	71.05%	22/02/2003
M90	Long Jump	Vic Younger	Vic	2.25m	60.27%	22/02/2003
M90	Shot Put	Vic Younger	Vic	5.86m	45.17%	22/02/2003
M70	800m	David Carr	WA	2:26.72	90.15%	23/02/2003
M90	Javelin	Vic Younger	Vic	13.30m	36.45%	23/02/2003
M90	Pole Vault	Vic Younger	Vic	1.15m	47.11%	23/02/2003
M90	Decathlon	Vic Younger	Vic	4199pts	-	23/02/2003
M70	Hammer	Wim Van Weenen	Vic	48.74m	72.75%	23/02/2003
M55	2000m Walk	Andrew Jamieson	Vic	8:47.7		25/02/2003
M75	Mile	Bob Lewis	Vic	6:33.1	80.85%	27/02/2003
W60	Mile	Brenda Riley	Vic	6:34.4	79.51%	27/02/2003
W75	Mile	Corrie De Groot	Vic	8m 59.4s	69.14%	27/02/2003
W40	Throws Pentathlon	Jayne Hardy	ACT	4094pts	-	27/02/2003
W80	Discus	Gwen Davidson	Vic	15.10m	46.29%	2/03/2003
W80	Hammer	Gwen Davidson	Vic	21.27m	50.66%	2/03/2003
W80	Throws Pentathlon	Gwen Davidson	Vic	4307	-	2/03/2003
M50	Triple Jump	Clayton Tompkins	NSW	12.83	82.28%	8/03/2003
W60	3000m Walk	Gwen Steed	Vic	17:29.19	81.98%	8/03/2003
M35	Shot Put	Stuart Gyngell	NSW	18.16m	85.26%	8/03/2003
M50	High Jump	Clayton Tompkins	NSW	1.75m	83.24%	9/03/2003
W40	Hammer	Jayne Hardy	ACT	44.20m	62.81%	15/03/2003

W55	2000m Steeplechase	Antoinette Shaw	WA	8:25.4	89.99%	16/03/2003
M70	400m	David Carr	WA	62.83s	88.10%	16/03/2003
W75	800m	Shirley Brasher	Tas	4:00.16	70.40%	16/03/2003
M90	Javelin	Vic Younger	Vic	15.05m	41.25%	16/03/2003
M90	Long Jump	Vic Younger	Vic	2.53m	67.77%	16/03/2003
M90	Pentathlon	Vic Younger	Vic	2673pts	-	16/03/2003
M70	1500m	David Carr	WA	5:05.2	90.92%	20/03/2003
W40	Hammer	Jayne Hardy	ACT	45.03m	63.99%	20/03/2003
W70	80m Hurdles	Anna Zeitzen	Tas	20.5h	66.38%	22/03/2003
M35	Shot Put	Stuart Gyngell	NSW	18.48m	86.76%	22/03/2003
W70	300m Hurdles	Anna Zeitzen	Tas	96.10s	-	23/03/2003
M90	Discus	Vic Younger	Vic	15.22m	42.70%	23/03/2003
M90	Javelin	Vic Younger	Vic	17.01m	46.62%	23/03/2003
M90	Weight Throw	Vic Younger	Vic	6.70m	37.32%	23/03/2003
W80	Hammer	Gwen Davidson	Vic	21.66m	51.58%	23/03/2003
W80	Throws Pentathlon	Gwen Davidson	Vic	4423pts	-	23/03/2003
M55	3000m Walk	Andrew Jamieson	Vic	13:21.7	92.73%	27/03/2003
M60	300m Hurdles	Richard Trembath	Vic	45.19s	85.51%	29/03/2003
W60	5000m Walk	Brenda Riley	Vic	27:34	87.85%	30/03/2003
W80	Discus	Gwen Davidson	Vic	15.59m	47.79%	30/03/2003
W80	Weight Throw	Gwen Davidson	Vic	8.80m	54.26%	30/03/2003
W55	Pole Vault	Hazel McDonnell	Qld	1.92m	48.69%	30/03/2003
M85	1500m	Peter Brownbill	Vic	8:01.6	71.12%	30/03/2003
M90	80m Hurdles	Vic Younger	Vic	44.4h	39.32%	30/03/2003
M90	Shot Put	Vic Younger	Vic	5.93m	45.71%	5/04/2003
M90	Pole Vault	Vic Younger	Vic	1.42m	58.16%	5/04/2003
M50	10000m	Ron Peters	Qld	32:54.8	89.13%	7/04/2003
M50	3000m	Ron Peters	Qld	9:19.75	87.73%	12/04/2003
M30	Discus	Warren Evans	Qld	47.03m	65.45%	12/04/2003
M30	Pentathlon	Warren Evans	Qld	3275pts	-	12/04/2003
M65	Marathon	Colin McLeod	Qld	2:54:41	87.53%	13/04/2003
W70	One Hour Run	Rowena Barker	Vic	11410m	-	14/04/2003
M65	Long Jump	Graeme Noden	Vic	5.01m	82.91%	18/04/2003
W55	Long Jump	Margaret Taylor	ACT	4.57m	80.30%	18/04/2003



M65	Long Jump	Graeme Noden	Vic	5.01m	82.91%	18/04/2003
W75	Javelin	Raema McMillan	WA	16.12m	45.28%	18/04/2003
W55	2000m Steeplechase	Antoinette Shaw	WA	8:23.96	90.25%	19/04/2003
W60	5000m Walk	Brenda Riley	Vic	27:33	87.91%	19/04/2003
W65	2000m Steeplechase	Margaret Robinson	WA	10:50.90	82.20%	19/04/2003
W55	High Jump	Margaret Taylor	ACT	1.35m	79.90%	19/04/2003
W40	Hammer	Jayne Hardy	ACT	44.65m	63.45%	20/04/2003
W40	Throws Pentathlon	Jayne Hardy	ACT	4236pts	-	20/04/2003
W55	Triple Jump	Margaret Taylor	ACT	10.20m	83.75%	20/04/2003
M35	Weight Throw	Stuart Gyngell	NSW	15.73m	64.75%	21/04/2003
W40	Javelin	Jayne Hardy	ACT	39.32m	61.47%	21/04/2003
W75	Half Marathon	Lorna Thompson	Qld	2:32:18	62.66%	27/04/2003
M55	10km Walk Road	Andrew Jamieson	Vic	47:30.1	91.66%	14/06/2003
M45	10km Walk Road	Mark Donahoo	Vic	47:25.1	84.14%	14/06/2003
M45	10km Walk Road	Mark Donahoo	Vic	46:40.4	85.48%	21/06/2003
M65	Pole Vault	Rob Barclay	Vic	3.15m(=)	74.92%	21/06/2003
W50	Heptathlon	Wilma Perkins	Qld	5119pts	-	2/07/2003
W55	300m Hurdles	Marge Allison	NSW	51.71s	91.41%	5/07/2003
M50	Half Marathon	Ron Peters	Qld	71:32	89.84%	6/07/2003
M70	800m	David Carr	WA	2:25.14	91.13%	8/07/2003
M55	400m	Colin McCurry	Vic	55.08s	90.26%	11/07/2003
W40	400m	Marie Kay	NSW	56.18s	92.85%	12/07/2003
W40	Hammer	Jayne Hardy	ACT	46.14	65.57%	26/07/2003
M65	10km Walk Road	Murray Dickinson	Vic	54:54.5	85.04%	23/08/2003
W60	10km Walk Road	Brenda Riley	Vic	55:28	93.09%	6/09/2003
M75	One Hour Run	Robert Lewis	Vic	13038m	-	29/09/2003
W55	One Hour Run	Bronwyn Cardy	Vic	15323m	-	29/09/2003
W60	One Hour Run	Lavinia Petrie	Vic	13822m	-	29/09/2003
M45	Super Weight 56lb	Lagos Joni	NSW	6.88m	-	Oct 2003
M45	100lb Weight	Lagos Joni	NSW	2.68m	-	Oct 2003
M50	Super Weight 56lb	Alex Turbin	ACT	7.17m	-	Oct 2003
M50	100lb Weight	Bob Banens	ACT	3.61m	-	Oct 2003
M55	100lb Weight	Ray Green	ACT	3.00m	-	Oct 2003
W40	56lb Weight	Jayne Hardy	ACT	4.72m	-	Oct 2003

W40	100lb Weight	Sharon Gibbons	ACT	1.96m	-	Oct 2003
W45	56lb Weight	Sharon Gibbons	ACT	3.53m	-	Oct 2003
W45	100lb Weight	Sharon Gibbons	ACT	1.75m	-	Oct 2003
W50	56lb Weight	Adriana Van Boeckel	NSW	2.98m	-	Oct 2003
W60	56lb Weight	Jean Heath	ACT	1.76m	-	Oct 2003
W80	Hammer	Gwen Davidson	Vic	22.60m	53.82%	Oct 2003
W75	10000m	Corrie DeGroot	Vic	58:43	74.11%	4/10/2003
M75	Pole Vault	Garvin Brown	Qld	2.80m	79.46%	4/10/2003
W70	Discus	Heather Doherty	Qld	24.26m	65.52%	4/10/2003
W70	Javelin	Heather Doherty	Qld	24.47m	67.15%	4/10/2003
W40	Heavy Weight Pentathlon	Jayne Hardy	ACT	3878pts	-	6/10/2003
W70	Shot Put	Heather Doherty	Qld	7.96m	62.32%	11/10/2003
W75	Pole Vault	Garvin Brown	Qld	2.85m	96.52%	18/10/2003
W70	Shot Put	Heather Doherty	Qld	8.02m	62.79%	18/10/2003
W45	Hammer	Sharon Gibbons	ACT	42.69m	66.80%	30/10/2003
W80	100m	Gwen Davidson	Vic	19.93s	76.33%	2/11/2003
M35	Shot Put	Stuart Gyngell	NSW	18.55m	87.09%	3/11/2003
M80	Shot Put	Felix Jekabsons	Qld	9.41m	56.02%	5/11/2003
M75	1500m Walk	Ron O'Neil	SA	9:27.11	73.64%	5/11/2003
M40	800m	Robert McCubbin	Vic	1:54.57	91.54%	6/11/2003
M55	30km Walk Road	Andrew Jamieson	Vic	2:32:05	91.52%	9/11/2003
W50	1500m	Jeanette Flynn	Qld	4:52.85	91.32%	14/11/2003
M30	110m Hurdles	Matt McEwen	Qld	14.95s	85.62%	14/11/2003
M35	Pole Vault	Howard Arbuthnot	Qld	4.50m	73.57%	21/11/2003
M45	Weight Throw	Bob Wagner	Qld	15.78m	69.94%	22/11/2003
W70	Discus	Heather Doherty	Qld	24.47m	66.08%	22/11/2003
W50	1500m	Jeanette Flynn	Qld	4:44.53	93.99%	28/11/2003
M40	Shot Put	Stuart Gyngell	NSW	17.67m	84.01%	29/11/2003
M35	Pole Vault	Howard Arbuthnot	Qld	4.60m	75.21%	5/12/2003
W60	3000m	Lavinia Petrie	Vic	11:58.9	85.34%	6/12/2003
M40	Shot Put	Stuart Gyngell	NSW	17.92m	85.20%	6/12/2003
M40	800m	Robert McCubbin	Vic	1:53.52	92.38%	11/12/2003
W75	Pentathlon	Shirley Brasher	Tas	2320pts	-	14/12/2003
M45	1500m Walk	Paul Kennedy	Vic	6:14.29	86.50%	16/12/2003

W45	Hammer	Sharon Gibbons	ACT	43.87m	68.64%	18/12/2003
W50	800m	Jeanette Flynn	Qld	2m 17.9s	93.28%	19/12/2003
W55	Triple Jump	Margaret Taylor	ACT	10.20m	83.75%	31/12/2003
W40	Javelin	Jayne Hardy	ACT	39.32m	61.47%	2004
W55	50km Walk Road	Liz Feldman	Vic	5:45:08	87.53%	2004
M45	2000m Walk	Paul Kennedy	Vic	8:22.77	-	2004
M85	Marathon	Robert Horman	Qld	4:34:55	73.90%	2004
M40	60m	Steve Jones	ACT	7.0h	89.47%	2004
M30	100m	Matt McEwen	Qld	11.19s	85.61%	9/01/2004
M30	Pole Vault	Matt McEwen	Qld	4.90m	79.29%	10/01/2004
M40	Shot Put	Stuart Gyngell	NSW	17.97m	85.43%	10/01/2004
W30	Heptathlon	Cherie Rothery	SA	3813	-	17/01/2004
W55	Pole Vault	Hazel McDonnell	Qld	2.05m	51.98%	17/01/2004
M75	Javelin	Rudi Hochreiter	Vic	32.47m	58.46%	31/01/2004
M65	Pole Vault	Rob Barclay	Vic	3.20m	77.34%	31/01/2004
M35	Pole Vault	Howard Arbuthnot	Qld	4.80m	78.48%	1/02/2004
W35	Pole Vault	Irie Hill	Vic	3.90m	77.11%	7/02/2004
W50	800m	Jeanette Flynn	Qld	2:16.78	94.85%	7/02/2004
W60	3000m Walk	Gwen Steed	Vic	17:22.72	82.49%	13/02/2004
M65	2000m Steeplechase	Alan Bradford	Qld	7:18.2	89.66%	14/02/2004
W50	Mile	Jeanette Flynn	Qld	5:13.6	91.50%	14/02/2004
M40	800m	Robert McCubbin	Vic	1:51.83	93.78%	15/02/2004
M65	Decathlon	Don Fraser	ACT	6989pts	-	22/02/2004
M75	Mile	Bob Lewis	Vic	6:26.5	82.23%	26/02/2004
W60	Mile	Lavinia Petrie	Vic	6:05.7	85.75%	26/02/2004
W75	100m	Ann Cooper	SA	16.0h	88.55%	4/03/2004
W75	200m	Ann Cooper	SA	33.6h	88.51%	5/03/2004
W60	5000m Walk	Brenda Riley	Vic	27:20	88.60%	13/03/2004
M75	Javelin	Colin Murraylee	Qld	32.92m	59.27%	13/03/2004
W70	Throws Pentathlon	Heather Doherty	Qld	4306pts	-	13/03/2004
M80	300m Hurdles	Fred O'Connor	NSW	69.38s	19.60%	13/03/2004
M80	80m Hurdles	Fred O'Connor	NSW	19.39s	70.14%	13/03/2004
M80	Long Jump	Fred O'Connor	NSW	3.45m	71.02%	13/03/2004
M80	Pole Vault	Fred O'Connor	NSW	1.90m	59.81%	13/03/2004

M85	1500m	Peter Brownbill	Vic	7:53	72.42%	13/03/2004
M65	Long Jump	Don Fraser	ACT	5.05m	83.58%	14/03/2004
M60	Javelin	Graeme Rose	Vic	48.98m	68.01%	14/03/2004
M60	Weight Throw	Graeme Rose	Vic	18.72m	72.72%	14/03/2004
W55	1500m Walk	Liz Feldman	Vic	7:49.04	82.64%	14/03/2004
M40	800m	Robert McCubbin	Vic	1:51.56	94.01%	14/03/2004
M70	Javelin	Erkki Saarinen	Qld	39.37m	62.23%	20/03/2004
M35	Weight Throw	Russell Devine	Vic	16.86m	66.19%	20/03/2004
M75	Javelin	Colin Murraylee	Qld	34.53m	62.17%	28/03/2004
M70	Javelin	Erkki Saarinen	Qld	41.57m	65.71%	3/04/2004
M30	3000m	Brendan Gray	Qld	8:46.49	83.70%	4/04/2004
W70	Shot Put	Heather Doherty	Qld	8.30m	64.98%	4/04/2004
M55	Javelin(700g)	Bob Banens	ACT	51.45m	70.14%	9/04/2004
M80	Javelin	Fred O'Connor	NSW	28.25m	52.79%	9/04/2004
M80	Long Jump	Fred O'Connor	NSW	3.60m	74.11%	9/04/2004
M80	Pole Vault	Fred O'Connor	NSW	1.90m(=)	59.81%	9/04/2004
W75	100m	Ann Cooper	SA	16.18s	88.88%	10/04/2004
W60	5000m Walk	Brenda Riley	Vic	27:13.41	88.96%	10/04/2004
M30	3000m Steeplechase	Brendan Gray	Qld	10:05.24	78.25%	10/04/2004
M80	300m Hurdles	Fred O'Connor	NSW	66.33s	20.50%	10/04/2004
M75	High Jump	Gordon Gourlay	Vic	1.28m	80.33%	10/04/2004
W30	High Jump	Lynette Smith	NSW	1.64m	78.81%	10/04/2004
M90	High Jump	Vic Younger	Vic	0.95m	73.36%	10/04/2004
W45	5k Walk	Lyn Ventris	WA	23:56.62	89.36%	10/04/2004
M80	Triple Jump	Fred O'Connor	NSW	8.23m	82.82%	11/04/2004
W70	Discus	Heather Doherty	Qld	24.85m	67.11%	11/04/2004
W70	Weight Throw	Heather Doherty	Qld	10.18m	57.94%	11/04/2004
W70	Throws Pentathlon	Heather Doherty	Qld	4571pts	-	11/04/2004
M85	5000m	Peter Brownbill	Vic	29:24.79	71.70%	11/04/2004
M80	Pentathlon	Fred O'Connor	NSW	3457pts	-	12/04/2004
M60	Weight Throw	Graeme Rose	Vic	18.77m	72.92%	12/04/2004
M40	400m	Robert McCubbin	Vic	49.33s	91.56%	12/04/2004
M35	Weight Throw	Russell Devine	Vic	17.76m	69.73%	12/04/2004
W30	Weight Throw	Tracey Brown	WA	12.18m	47.58%	12/04/2004

W60	10km Walk Road	Brenda Riley	Vic	55:18	94.40%	12/04/2004
W35	50km Walk Road	Lisa Wilson	ACT	5:23:08	76.57%	24/04/2004
M65	10km Walk Road	Murray Dickinson	Vic	54:16	86.05%	8/05/2004
W70	Mile	Rowena Barker	Vic	8:17.2	70.25%	10/05/2004
W55	20km Walk Road	Liz Feldman	Vic	2:06:07	77.53%	23/05/2004
W60	20km Walk Road	Sandy Brunner	SA	1h 57m 43s	79.48%	23/05/2004
W60	56lb Weight	Jan Davies	ACT	2.39m	-	June 2004
W65	56lb Weight	Nola de Chazal	ACT	1.49m	-	June 2004
M85	Half Marathon	Robert Horman	Qld	2:05:11	76.39%	6/06/2004
W35	Pole Vault	Irie Hill	Vic	4.00m	79.09%	12/06/2004
W35	Pole Vault	Irie Hill	Vic	4.10m	81.07%	20/06/2004
M30	110m Hurdles	Matt McEwen	Qld	14.89s	85.96%	26/06/2004
W55	56lb Weight	Trish Thomas	ACT	2.93m	-	July 2004
M80	3000m	Max McKay	NSW	18:01.1	62.58%	1/07/2004
M85	Marathon	Robert Horman	Qld	4:35:55	73.90%	4/07/2004
W65	Hammer	Helen Searle	Qld	39.50m	81.97%	12/07/2004
W65	Shot Put	Helen Searle	Qld	11.11m	78.14%	12/07/2004
W65	20km Walk Road	Nola de Chazal	ACT	3:00:40	58.80%	17/07/2004
W55	10km Walk Road	Liz Feldman	Vic	57:25.1	83.02%	18/07/2004
M80	3000m	Max McKay	NSW	17:43.6	63.61%	22/07/2004
M55	100lb Weight	Bob Banens	ACT	3.14m	-	Aug 2004
M60	100lb Weight	Ray Green	ACT	2.92m	-	Aug 2004
W55	100lb Weight	Trish Thomas	ACT	1.35m	-	Aug 2004
W60	100lb Weight	Jan Davies	ACT	0.93m	-	Aug 2004
M80	Mile	Max McKay	NSW	8:19.5	68.26%	12/08/2004
W55	56lb Weight	Trish Thomas	ACT	3.06m	-	Sept 2004
W60	56lb Weight	Raylea Rudov	ACT	2.84m	-	Sept 2004
W95	Shot Put	Ruth Frith	Qld	4.20m	58.57%	4/09/2004
W95	Shot Put	Ruth Frith	Qld	4.47m	62.34%	4/09/2004
W95	Discus	Ruth Frith	Qld	9.55m	53.25%	4/09/2004
W95	Hammer	Ruth Frith	Qld	11.28m	49.63%	4/09/2004
M70	50km Walk Road	Bob Chapman	ACT	6:07:53	75.55%	11/09/2004
W75	Half Marathon	Corrie De Groot	Vic	131:15	72.70%	12/09/2004
W55	Pole Vault	Wilma Perkins	Qld	2.20m	55.79%	13/09/2004

W65	Weight Throw	Helen Searle	Qld	15.91m	80.98%	18/09/2004
M35	Discus	Peter Lonsdale	Qld	50.03m	69.62%	18/09/2004
M45	Weight Throw	Robert Wagner	Qld	16.03m	71.04%	18/09/2004
W95	Weight Throw	Ruth Frith	Qld	5.09m	56.87%	18/09/2004
W95	Javelin	Ruth Frith	Qld	8.13m	47.85%	18/09/2004
W55	Pole Vault	Wilma Perkins	Qld	2.25m	57.05%	18/09/2004
W55	10km Walk Road	Heather Carr	Vic	57:20	83.14%	19/09/2004
W60	10km Walk Road	Brenda Riley	Vic	55:12	94.57%	19/09/2004
W65	Hammer	Helen Searle	Qld	40.55m	84.14%	25/09/2004
W95	Hammer	Ruth Frith	Qld	11.37m	50.03%	25/09/2004
W55	Pole Vault	Wilma Perkins	Qld	2.35m	59.59%	25/09/2004
M80	One Hour Run	Ken Matchett	Vic	9873m	-	27/09/2004
W80	One Hour Run	Margaret Prowse	Vic	5840m	-	27/09/2004
W45	One Hour Run	Jenny Dowie	Vic	14827m	-	27/09/2004
M40	Super Weight 56lb	Phil Frkovic	NSW	6.93m	-	Oct 2004
M40	100lb Weight	Phil Frkovic	NSW	2.94m	-	Oct 2004
M45	Super Weight 56lb	Lagos Joni	NSW	7.05m	-	Oct 2004
M45	100lb Weight	Lagos Joni	NSW	2.75m	-	Oct 2004
M55	100lb Weight	Bob Banens	ACT	3.14m	-	Oct 2004
W30	100lb Weight	Lyn Smith	NSW	1.08m	-	Oct 2004
M60	56lb	Ray Green	ACT	5.83m	-	Oct 2004
M75	56lb	Harry Wynhoven	Vic	3.85m	-	Oct 2004
M75	100lb Weight	Harry Wynhoven	Vic	1.93m	-	Oct 2004
W55	100lb Weight	Trish Thomas	ACT	1.47m	-	Oct 2004
W65	56lb Weight	Nola de Chazal	ACT	1.53m	-	Oct 2004
W65	Weight Throw	Helen Searle	Qld	15.91m	80.98%	2/10/2004
W40	Hammer	Jayne Hardy	ACT	46.33m	67.11%	2/10/2004
W95	Discus	Ruth Frith	Qld	9.85m	54.92%	2/10/2004
M65	Heavy Weight Pentathlon	Ken Priestly	Vic	4078pts	-	4/10/2004
W55	Pole Vault	Wilma Perkins	Qld	2.36m	59.84%	9/10/2004
W65	Shot Put	Helen Searle	Qld	11.58m	81.44%	21/10/2004
W95	Shot Put	Ruth Frith	Qld	4.72m	65.82%	21/10/2004
W65	Weight Throw	Helen Searle	Qld	16.44m	83.68%	21/10/2004
M80	2000m Steeplechase	Max McKay	NSW	11:44.44	67.51%	23/10/2004

W30	Pentathlon	Lynette Smith	NSW	2463pts	-	23/10/2004
W55	Pentathlon	Wilma Perkins	Qld	3932pts	-	23/10/2004
M55	50km Walk Road	Andrew Jamieson	Vic	4:46:44	84.15%	24/10/2004
W55	50km Walk Road	Liz Feldman	Vic	5:45:08	87.53%	24/10/2004
M40	60m	Greg Potts	Qld	7.51s	86.26%	29/10/2004
M45	Weight Throw	Robert Wagner	Qld	16.11m	71.40%	30/10/2004
M75	1500m Walk	Richard Lynch	Qld	9:18.56	74.77%	6/11/2004
M50	Pole Vault	Bruce Arnold	Qld	3.67m	70.74%	8/11/2004
M75	Javelin	Colin Murraylee	Qld	36.25m	65.27%	8/11/2004
M75	Throws Pentathlon	Colin Murraylee	Qld	4603pts	-	8/11/2004
M40	Throws Pentathlon	Stuart Gyngell	NSW	3586pts	-	8/11/2004
W95	Weight Throw	Ruth Frith	Qld	6.07m	67.82%	20/11/2004
M50	Decathlon	Terry Hicks	Vic	6319pts	-	21/11/2004
W55	Pole Vault	Wilma Perkins	Qld	2.41m	61.11%	27/11/2004
W55	Pole Vault	Wilma Perkins	Qld	2.45m	62.13%	4/12/2004
W55	30km Walk Road	Barbara Cain	SA	3:31:15	77.96%	2005
W65	10km Walk Road	Brenda Riley	Vic	55:32.00	95.06%	2005
W75	Marathon	Shirley Young	Vic	4:36:46	73.81%	2005
M40	One Hour Run	Steve Moneghetti	Vic	19710m	-	2005
W55	60m	Wendy Sheaves-Doran	Qld	8.82s	87.68%	2005
W30	Heptathlon	Lynette Smith	NSW	3886pts	-	16/01/2005
W95	Weight Throw	Ruth Frith	Qld	6.23m	69.60%	29/01/2005
W50	800m	Jeanette Flynn	Qld	2:16.05	96.19%	29/01/2005
M40	100lb Weight	Grant Edwards	ACT	4.46m	-	2/05
M60	56lb Weight	Ray Green	ACT	6.10m	-	2/05
W55	56lb Weight	Trish Thomas	ACT	3.17m	-	2/05
W60	56lb Weight	Raylea Rudov	ACT	2.98m	-	2/05
M40	Throws Pentathlon	Stuart Gyngell	NSW	3624pts	-	17/01/2005
W95	Weight Throw	Ruth Frith	Qld	6.23m	69.60%	29/01/2005
W75	Javelin	Raema McMillan	WA	16.25m	45.65%	1/02/2005
W50	1500m	Jeanette Flynn	Qld	4:42.00	95.68%	4/02/2005
M30	Weight Throw	David Allan	Qld	17.05m	65.93%	5/02/2005
W70	Javelin	Heather Doherty	Qld	25.09m	68.85%	5/02/2005
W60	3000m Walk	Sandy Brunner	SA	17:17.0	82.95%	5/02/2005

W55	3000m Walk	Heather Carr	Vic	15:32.45	88.05%	11/02/2005
M65	Decathlon	Don Fraser	ACT	7129pts	-	20/02/2005
M80	Decathlon	Fred O'Connor	NSW	6130pts	-	20/02/2005
W55	Heptathlon	Wilma Perkins	Qld	5471pts	-	20/02/2005
W65	Mile	Brenda Riley	Vic	6:51.6	80.20%	24/02/2005
W45	5k Walk	Lyn Ventris	WA	23:42.4	91.54%	25/02/2005
W70	Shot Put	Heather Doherty	Qld	8.31m	65.06%	26/02/2005
W55	Pentathlon	Wilma Perkins	Qld	3532pts	-	26/02/2005
M50	Pentathlon	Terry Hicks	Vic	3662pts	-	27/02/2005
W65	5k Walk	Brenda Riley	Vic	27:38	92.25%	5/03/2005
W65	1500m Walk	Brenda Riley	Vic	7:48.2	90.17%	6/03/2005
W55	1500m Walk	Heather Carr	Vic	7:27	86.72%	6/03/2005
W75	5000m	Shirley Young	Vic	28:18	74.42%	6/03/2005
W65	5000m	Brenda Riley	Vic	21:22	86.35%	6/03/2005
W45	20k Walk	Lyn Ventris	WA	1h 39m 09s	90.79%	6/03/2005
M65	Long Jump	David Clive	WA	5.05m(=)	83.58%	12/03/2005
M70	2000m Steeplechase	David Simmonds	WA	8:52.3	78.04%	12/03/2005
W70	Weight Throw	Heather Doherty	Qld	10.22m	58.17%	12/03/2005
W65	Throws Pentathlon	Helen Searle	Qld	5309pts	-	12/03/2005
W75	Javelin	Raema McMillan	WA	16.82m	47.25%	12/03/2005
W60	3000m Walk	Sandy Brunner	SA	16:57.49	84.54%	12/03/2005
W80	Throws Pentathlon	Gwen Davidson	Vic	4915pts	-	13/03/2005
M90	Discus	John Fraser	Vic	19.72m	55.38%	13/03/2005
M90	Shot Put	John Fraser	Vic	6.90m	53.18%	13/03/2005
M90	Weight Throw	John Fraser	Vic	10.11m	56.37%	13/03/2005
M90	Hammer	John Fraser	Vic	24.61m	58.55%	13/03/2005
M90	Throws Pentathlon	John Fraser	Vic	5201pts	-	13/03/2005
W60	300m Hurdles	Marge Allison	NSW	55.32s	86.94%	19/03/2005
M50	Pole Vault	Bruce Arnold	Qld	3.70m	71.32%	20/03/2005
M80	80m Hurdles	Fred O'Connor	NSW	18.64s	72.96%	25/03/2005
M80	Javelin	Fred O'Connor	NSW	28.72m	53.67%	25/03/2005
W70	Shot Put	Heather Doherty	Qld	8.62m	70.64%	25/03/2005
W55	Pole Vault	Wilma Perkins	Qld	2.50m	63.39%	25/03/2005
W75	100m	Ann Cooper	SA	16.09s	90.23%	26/03/2005



W70	Discus	Heather Doherty	Qld	25.30m	68.33%	26/03/2005
W30	High Jump	Lynette Smith	NSW	1.66m	80.49%	26/03/2005
W60	300m Hurdles	Marge Allison	NSW	54.87s	87.66%	26/03/2005
W75	5000m	Shirley Young	Vic	27:56.65	75.36%	27/03/2005
M40	Throws Pentathlon	Stuart Gyngell	NSW	3708pts	-	27/03/2005
W70	Throws Pentathlon	Heather Doherty	Qld	4636pts	-	27/03/2005
W70	Weight Throw	Heather Doherty	Qld	10.54m	59.99%	28/03/2005
W30	Pentathlon	Lynette Smith	NSW	3255pts	-	28/03/2005
W30	Javelin	Lynette Smith	NSW	38.88m	54.25%	28/03/2005
M60	400m	Peter Crombie	NSW	56.85s	90.52%	28/03/2005
M60	56lb	Ray Green	ACT	6.16m	-	April 2005
W55	200m	Wendy Sheaves-Doran	Qld	28.08s	88.33%	10/04/2005
M75	High Jump	Gordon Gourlay	Vic	1.33m	84.53%	15/04/2005
W55	400m	Barbara Blurton	WA	63.3s	90.76%	21/04/2005
M60	Throws Pentathlon	Ray Green	ACT	4237pts	-	15/05/2005
W55	10km Walk Road	Heather Carr	Vic	56:41.8	84.08%	22/05/2005
W75	10000m	Shirley Young	Vic	56:59	76.37%	22/05/2005
W30	Marathon	Kate Seibold-Crosbie	Vic	2:44:11	81.66%	5/06/2005
M70	30km Walk Road	Bob Chapman	ACT	3:36:18	74.91%	12/06/2005
W60	30km Walk Road	Val Chesterton	ACT	4:06:13	71.44%	12/06/2005
M90	3000m	Eddie Gamble	Vic	24:28.6	56.92%	18/06/2005
M90	5000m	Eddie Gamble	Vic	41:36.0	57.54%	18/06/2005
M90	One Mile	Eddie Gamble	Vic	12m 49.9s	55.65%	18/06/2005
M90	1500m	Eddie Gamble	Vic	12:49.9	55.65%	18/06/2005
W65	20km Walk Road	Val Chesterton	ACT	2:37:41	68.96%	16/07/2005
W65	Hammer	Helen Searle	Qld	41.33m	87.84%	25/07/2005
M60	200m	Peter Crombie	NSW	24.83s	92.09%	27/07/2005
M55	10km Walk Road	Andrew Jamieson	Vic	46:32.8	95.10%	30/07/2005
W85	100m	Margaret Prowse	Vic	35.4s	46.61%	7/08/2005
W85	200m	Margaret Prowse	Vic	76.8s	45.74%	7/08/2005
W85	400m	Margaret Prowse	Vic	3:00.8	49.11%	7/08/2005
W45	High Jump	Marie Kay	NSW	1.57m	84.27%	23/08/2005
W45	Heptathlon	Marie Kay	NSW	6094pts	-	24/08/2005
W60	300m Hurdles	Marge Allison	NSW	51.64s	93.14%	24/08/2005

M70	100m	Hugh Coogan	Qld	13.43s	89.75%	25/08/2005
M70	100m	Hugh Coogan	Qld	13.40s	89.95%	25/08/2005
M65	300m Hurdles	Mick Stevenson	Tas	47.69s	85.38%	25/08/2005
M70	100m	Hugh Coogan	Qld	13.34s	90.35%	26/08/2005
M70	200m	Hugh Coogan	Qld	27.14s	90.63%	28/08/2005
W60	200m	Marge Allison	Qld	30.03s	86.32%	28/08/2005
M65	100m Hurdles	Mick Stevenson	Tas	16.61s	85.23%	29/08/2005
M70	200m	Hugh Coogan	Qld	26.84s	91.64%	29/08/2005
M70	400m	Hugh Coogan	Qld	62.27s	88.89%	31/08/2005
M65	100m Hurdles	Mick Stevenson	Tas	16.42s	86.21%	31/08/2005
W70	Hammer	Val Worrell	Vic	29.39m	69.03%	31/08/2005
M70	400m	Hugh Coogan	Qld	61.07s	90.64%	1/09/2005
M80	1500m	Norm Pearce	Qld	6:56.28	75.08%	2/09/2005
M55	Javelin(700g)	Bob Banens	ACT	51.75m	71.86%	3/09/2005
W30	Half Marathon	Kate Seibold-Crosbie	Vic	77:45	82.98%	4/09/2005
M80	Heavy Weight 100lb	Ewen Drummond	ACT	0.69m	-	29/09/2005
W40	Heavy Weight 100lb	Jayne Hardy	ACT	2.07m	-	29/09/2005
W65	Heavy Weight Pentathlon	Helen Searle	Qld	4970pts	-	Oct 2005
W75	Heavy Weight Pentathlon	Stella Saberton	ACT	2896pts	-	Oct 2005
M80	Heavy Weight 56lb	Ewen Drummond	ACT	2.99m	-	3/10/2005
M40	Heavy Weight 100lb	Grant Edwards	ACT	4.46m	-	3/10/2005
M75	Heavy Weight 100lb	Harry Wynhoven	Vic	1.99m	-	3/10/2005
M75	Heavy Weight 56lb	Harry Wynhoven	Vic	3.96m	-	3/10/2005
W65	Heavy Weight 100lb	Jean Heath	ACT	0.54m	-	3/10/2005
W65	Heavy Weight 56lb	Jean Heath	ACT	1.61m	-	3/10/2005
W55	Heavy Weight 56lb	Judy Coram	Vic	3.32m	-	3/10/2005
M50	Heavy Weight 56lb	Lajos Joni	NSW	7.28m	-	3/10/2005
M65	Heavy Weight 100lb	Noel Donohoe	NSW	2.55m	-	3/10/2005
M40	Heavy Weight 56lb	Phil Frkovic	NSW	7.92m	-	3/10/2005
M60	Heavy Weight 56lb	Ray Green	ACT	6.16m	-	3/10/2005
W60	Heavy Weight 56lb	Raylea Rudov	ACT	2.98m	-	3/10/2005
W75	Heavy Weight 56lb	Stella Saberton	ACT	1.97m	-	3/10/2005
W60	Heavy Weight 100lb	Trish Thomas	ACT	1.27m	-	3/10/2005
M70	Heavy Weight 100lb	Wim Van Weenen	Vic	2.24m	-	3/10/2005

M70	56lb Weight	Wim Van Weenen	Vic	5.38m	-	3/10/2005
W30	Triple Jump	Maree Bugeja	Qld	11.68m	75.35%	9/10/2005
W65	5k Walk	Brenda Riley	Vic	27:23.58	93.06%	9/10/2005
W65	5000m	Brenda Riley	Vic	21:20.3	86.46%	10/10/2005
W65	10k Walk Road	Brenda Riley	Vic	57:20.37	92.06%	23/10/2005
M30	Hammer	Stuart Rendell	ACT	71.61m	84.39%	27/10/2005
M50	3000m	Christopher Lynch	Vic	9:16.9	88.18%	5/11/2005
M60	1500m Walk	George White	SA	7:05.85	84.88%	5/11/2005
W65	Pole Vault	Val Chesterton	ACT	1.45m	42.16%	10/11/2005
W55	1500m Walk	Heather Carr	Vic	7:11.91	89.75%	12/11/2005
M70	400m	Hugh Coogan	Qld	61.05s	90.67%	12/11/2005
W65	10k Walk Road	Brenda Riley	Vic	55:31.77	95.06%	13/11/2005
W65	Pole Vault	Val Chesterton	ACT	1.50m	43.62%	24/11/2005
W95	Discus	Ruth Frith	Qld	10.50m	58.54%	26/11/2005
W30	2k Steeplechase	Kate Seibold-Crosbie	Vic	7m 08.7s		26/11/2005
M30	Discus	Randal Humich	WA	50.13m	69.76%	4/12/2005
M30	100m	Brett Blanco	WA	10.88s	88.05%	13/12/2005
M65	Long Jump	Don Fraser	ACT	5.13m	84.90%	15/12/2005
M30	100m	Brett Blanco	WA	10.88s	88.05%	18/12/2005
M60	60m	Peter Crombie	NSW	7.94s	90.42%	2006
M70	60m	Hugh Coogan	Qld	8.55s	89.59%	2006
W65	3000m Walk	Brenda Riley	Vic	16:22.10	92.23%	2006
W65	5000m Walk	Brenda Riley	Vic	27:19.10	93.31%	2006
M80	*Shot Put	Felix Jekabsons	Qld	10.09m	60.07%	2006
W55	2000m Walk	Heather Carr	Vic	9:57.50	-	2006
W95	Discus	Ruth Frith	Qld	10.90m	64.22%	2006
W95	Hammer	Ruth Frith	Qld	13.71m	63.79%	2006
W95	Javelin	Ruth Frith	Qld	9.03m	56.01%	2006
W95	Shot Put	Ruth Frith	Qld	5.25m	76.73%	2006
M80	2000m Walk	Stan Jones	WA	13:25.70	-	2006
W95	Throws Pentathlon	Ruth Frith	Qld	6750pts	-	Jan 2006
M50	3000m	Keith Bateman	NSW	9:14.02	88.63%	7/01/2006
M40	Shot Put	Stuart Gyngell	NSW	18.46m	90.04%	7/01/2006
W55	3k Walk	Heather Carr	Vic	15:29.7	88.31%	7/01/2006

M40	Decathlon	Chris Boylen	Vic	4823pts	-	8/01/2006
M70	2000m Steeplechase	Colin McLeod	Qld	8:23.2	82.55%	14/01/2006
M80	Shot Put	Felix Jekabsons	Qld	10.09m	60.07%	16/01/2006
W55	5000m Walk	Heather Carr	Vic	26:21.36	87.77%	17/01/2006
W95	Weight Throw	Ruth Frith	Qld	5.11m	57.09%	17/01/2006
W40	Mile	Jenny Brichacek	ACT	4:59.91	88.96%	17/01/2006
W65	Throws Pentathlon	Helen Searle	NSW	5387pts	-	17/01/2006
W60	3000m Walk	Sandy Brunner	SA	16:50.23	85.14%	20/01/2006
W55	10k Walk Road	Heather Carr	Vic	54:01	88.25%	20/01/2006
W95	Weight Throw	Ruth Frith	Qld	5.16m	57.65%	20/01/2006
W40	Pentathlon w/shot	Julie Brims	Qld	2856pts	-	20/01/2006
W40	100m	Gianna Mogentale	NSW	12.47s	87.41%	21/01/2006
W95	Discus	Ruth Frith	Qld	10.85m	60.50%	21/01/2006
W95	Discus	Ruth Frith	Qld	10.90m	60.78%	29/01/2006
M40	Shot Put	Stuart Gyngell	NSW	18.55m	90.48%	3/02/2006
M30	Long Jump	Shane Hair	WA	7.43m	83.02%	4/02/2006
M80	Shot Put	Felix Jekabsons	Qld	10.19m	60.66%	11/02/2006
W65	5k Walk	Brenda Riley	Vic	27:19.1	94.34%	12/02/2006
M40	1500m	Richard Polkinghorn	Vic	3:55.32	92.06%	17/02/2006
M80	3000m	Norm Pearce	Qld	16:10.95	69.68%	18/02/2006
W45	Heavy Weight 56lb	Sharon Gibbons	ACT	3.65m	-	18/02/2006
M35	800m	*James McEniry	Vic	1:52	90.19%	18/02/2006
M75	Decathlon	Fred O'Connor	NSW	6082pts	-	19/02/2006
M35	Decathlon	John Gan	Qld	5334pts	-	19/02/2006
M40	Decathlon	Troy McLaren	Qld	5242pts	-	19/02/2006
W35	Pole Vault	Irie Hill	Vic	4.18m	84.63%	28/02/2006
W35	Pole Vault	Irie Hill	Vic	4.20m	85.04%	4/03/2006
M30	Triple Jump	Shane Hair	WA	14.25m	77.91%	5/03/2006
M50	3000m	Keith Bateman	NSW	9:13.21	88.76%	11/03/2006
M80	10000m	Bill Burridge	NSW	53:49.2	72.06%	12/03/2006
W60	Pentathlon	Peggy Macliver	WA	3253pts	-	19/03/2006
W95	Javelin	Ruth Frith	Qld	9.03m	56.01%	19/03/2006
M30	Hammer	Stuart Rendell	NSW	77.53m	91.36%	24/03/2006
M55	Heavy Weight 100lb	Bob Banens	ACT	3.34m	-	25/03/2006

M80	Heavy Weight 100lb	Ewen Drummond	ACT	1.39m	-	25/03/2006
W40	Heavy Weight 100lb	Jayne Hardy	ACT	2.23m	-	25/03/2006
M80	Mile	Norm Pearce	Qld	7:24	76.79%	25/03/2006
W65	3k Walk	Brenda Riley	Vic	16:22.1	92.23%	1/04/2006
W70	Discus	Heather Doherty	Qld	25.45m	68.73%	1/04/2006
M80	5000m	Bill Burridge	NSW	24:33.46	78.65%	2/04/2006
M70	400m	Hugh Coogan	Qld	60.77s	91.08s%	2/04/2006
M85	800m	Margaret Prowse	Vic	6:56.8	49.61%	2/04/2006
W65	5000m	Brenda Riley	Vic	21:02.1	87.71%	2/04/2006
W70	Weight Throw	Val Worrell	Vic	10.94m	62.27%	2/04/2006
M50	Pole Vault	Bruce Arnold	Qld	3.71m	71.51%	8/04/2006
M60	Throws Pentathlon	Graeme Rose	Vic	4394pts	-	9/04/2006
M40	Throws Pentathlon	Stuart Gyngell	NSW	3747pts	-	14/04/2006
M80	10000m	Bill Burridge	NSW	50:23.45	78.46%	14/04/2006
M70	Javelin	Erkki Saarinen	Qld	42.00m	69.80%	14/04/2006
W85	800m	Margaret Prowse	Vic	6:35.91	52.23%	14/04/2006
W95	Shot Put	Ruth Frith	Qld	5.04m	70.28%	14/04/2006
W50	Javelin	Yasha Watkins	Qld	32.20m	56.02%	14/04/2006
W70	Javelin	Heather Doherty	Qld	26.14m	75.60%	14/04/2006
M60	Weight Throw	Graeme Rose	Vic	19.03m	87.22%	14/04/2006
W65	Hammer	Helen Searle	Qld	41.41m	85.93%	15/04/2006
W80	Hammer (2kg)	Gwen Davidson	Vic	23.12m	55.06%	15/04/2006
M60	Throws Pentathlon	Graeme Rose	Vic	4538pts	60.83%	16/04/2006
W95	Throws Pentathlon	Ruth Frith	Qld	7383pts	-	16/04/2006
M60	20km Walk Road	George White	SA	1:42:20	88.85%	17/04/2006
W60	Heavy Weight 56lb	Raylea Rudov	ACT	3.13m	-	28/04/2006
M30	Mile	Brendan Whelan	Qld	4:29.48	82.80%	5/05/2006
W55	10k Walk Road	Heather Carr	Vic	53:55	88.41%	20/05/2006
W65	30km Walk Road	Val Chesterton	ACT	4:09:52	75.86%	12/06/2006
M30	Marathon	Brendan Whelan	Qld	3:00:48	67.28%	2/07/2006
W55	20km Walk Road	Heather Carr	Vic	1:55:39	84.54%	2/07/2006
M60	30km Walk Road	George White	SA	2:56:52	82.11%	9/07/2006
M60	10k Walk Road	Andrew Jamieson	Vic	47:17	94.42%	22/07/2006
M60	20km Walk Road	Andrew Jamieson	Vic	1h 36m 15s	94.45%	30/07/2006

M30	Marathon	Brendan Whelan	Qld	3:00:41	67.33%	6/08/2006
M60	20km Walk Road	Andrew Jamieson	Vic	1:36:15	94.46%	6/08/2006
W55	20km Walk Road	Heather Carr	Vic	1:54:17	85.55%	19/08/2006
W65	20km Walk Road	Marlaine Stanway	Vic	2:29:25	72.78%	19/08/2006
W65	50km Walk Road	Val Chesterton	ACT	7:07:53	81.94%	9/09/2006
M55	Heavy Weight 100lb	Bob Banens	ACT	3.36m	-	23/09/2006
W95	Throws Pentathlon	Ruth Frith	Qld	4539pts	-	Oct 2006
M65	Heavy Weight 100lb	Bill Binks	Vic	3.09m	-	2/10/2006
M30	Heavy Weight 100lb	Brett Kingston	NSW	2.86m	-	2/10/2006
M30	Heavy Weight 56lb	Brett Kingston	NSW	5.05m	-	2/10/2006
M60	Heavy Weight 56lb	Graeme Rose	Vic	7.01m	-	2/10/2006
W65	Heavy Weight 100lb	Jean Heath	ACT	0.57m	-	2/10/2006
M55	Heavy Weight 56lb	Roger Glass	Vic	7.28m	-	2/10/2006
W60	Heavy Weight 100lb	Trish Thomas	ACT	1.49m	-	2/10/2006
M70	Heavy Weight 100lb	Wim Van Weenen	Vic	2.74m	-	2/10/2006
M70	Heavy Weight 56lb	Wim Van Weenen	Vic	5.84m	-	2/10/2006
W65	Heavy Weight 56lb	Jan Banens	ACT	2.57m	-	28/10/2006
W60	Heavy Weight 56lb	Raylea Rudov	ACT	3.22m	-	28/10/2006
M30	400m Hurdles	Cameron Yorke	WA	55.46s	84.35%	29/10/2006
W95	Hammer (2kg)	Ruth Frith	Qld	13.71m	67.65%	2/11/2006
W95	Weight Throw	Ruth Frith	Qld	5.58m	69.83%	2/11/2006
M50	Weight Throw	Bob Wagner	Qld	19.77m	76.37%	4/11/2006
W65	300m Hurdles	Fran Harris	ACT	74.48s	67.53%	5/11/2006
M75	60m	Jack Thackray	ACT	9.74s	81.54%	5/11/2006
W40	60m	Julie Brims	Qld	8.03s	87.16%	5/11/2006
W30	60m	Ranell Hobson	NSW	8.09s	85.91%	5/11/2006
M50	3000m	Keith Bateman	NSW	9:10.03	90.02%	11/11/2006
W95	Shot Put (2kg)	Ruth Frith	Qld	5.25m	80.60%	20/11/2006
M85	3000m	Peter Kennedy	WA	28:17.5	43.47%	21/11/2006
M30	Mile	Brendan Whelan	Qld	4:25.25	84.12%	25/11/2006
W55	Mile	Jeanette Flynn	Qld	5:27.57	91.38%	25/11/2006
W70	60m	Cory Collins	ACT	10.64s	81.79%	30/11/2006
M60	50km Walk Road	Andrew Jamieson	Vic	4:27:40	93.76%	2/12/2006
M50	Weight Throw	Bob Wagner	Qld	19.78m	76.40%	2/12/2006

W40	100m	Julie Brims	Qld	12.46s	86.18%	15/12/2006
W40	60m	Julie Brims	Qld	7.92s	88.37%	15/12/2006
W65	5000m	Theresa Baird	Vic	20m 57.4s	88.04%	16/12/2006
M60	5000m Walk	Andrew Jamieson	Vic	22m 53s	94.67%	16/12/2006
W65	20km Walk Road	Brenda Riley	Vic	1:57:39	92.43%	17/12/2006
M60	10km Walk Road	Andrew Jamieson	Vic	47m 06s	94.78%	17/12/2006
M85	Mile	Peter Kennedy	WA	14:35.9	42.89%	19/12/2006
W55	Mile	Jeanette Flynn	Qld	5:27.57	91.38%	31/12/2006
M60	10km Walk Road	Andrew Jamieson	Vic	46:23.00	96.25%	2007
W55	One Hour Run	Bronwen Cardy	Vic	15323m	-	2007
M75	800m	David Carr	WA	2:34.30	90.19%	2007
M45	56lb Heavy Weight	Grant Edwards	ACT	10.24m	-	2007
W50	10km Walk Road	Lyn Ventris	WA	48:27.00	94.17%	2007
W50	3000m Walk	Lyn Ventris	WA	13:54.30	94.34%	2007
W85	One Hour Run	Margaret Prowse	Vic	6469m	-	2007
W65	10000m	Theresa Baird	Vic	42:07.10	90.72%	2007
W65	3000m	Theresa Baird	Vic	12:07.18	89.41%	2007
W65	5000m	Theresa Baird	Vic	20:42.50	89.09%	2007
M35	Javelin	Anthony Shield	Vic	62.11m	65.83%	3/01/2007
M60	3000m Walk	Andrew Jamieson	Vic	14:03.9	91.28%	6/01/2007
W50	Pole Vault	Dawn Hartigan	Vic	3.00m	71.29%	6/01/2007
M55	Pole Vault	Phillip Carrero	NSW	3.65m	75.01%	20/01/2007
W50	Pole Vault	Dawn Hartigan	Vic	3.15m	74.85%	23/01/2007
W50	Pole Vault	Dawn Hartigan	Vic	3.17m	75.33%	27/01/2007
W40	100m	Gianna Mogentale	NSW	12.46s	88.14%	3/02/2007
M60	3000m Walk	Andrew Jamieson	Vic	13:34.6	94.56%	9/02/2007
W55	800m	Jeanette Flynn	Qld	2:22.18	94.56%	9/02/2007
W50	Pole Vault	Dawn Hartigan	Vic	3.30m	78.42%	9/02/2007
W80	3000m Walk	Lorna Thompson	Qld	23:06.8	79.00%	10/02/2007
M40	Heavy Weight 100lb	Grant Edwards	ACT	4.94m	-	11/02/2007
M40	Super Weight	Grant Edwards	ACT	10.82m	-	11/02/2007
W45	High Jump	Deann Mayfield	Qld	1.60m	85.88%	17/02/2007
W80	5000m Walk	Lorna Thompson	Qld	38:54.73	79.33%	17/02/2007
W55	5000m Walk	Heather Carr	Vic	25:54.11	89.30%	24/02/2007

W75	Long Jump	Pat Carr	WA	3.09m	70.48%	24/02/2007
W60	56lb Heavy Weight	Raylea Rudov	ACT	3.27m	-	24/02/2007
M60	5000m Walk	Andrew Jamieson	Vic	22:38.7	95.67%	1/03/2007
W55	800m	Jeanette Flynn	Qld	2:21.98	94.69%	3/03/2007
W50	Pole Vault	Dawn Hartigan	Vic	3.40m	80.79%	6/03/2007
W50	5k Walk	Lyn Ventris	WA	24:32.8	90.43%	16/03/2007
W40	100m	Julie Brims	Qld	12.37s	87.46%	17/03/2007
W80	400m	Lorna Thompson	Qld	2:08.92	61.56%	17/03/2007
M45	60m	Greg Potts	Qld	7.56s	87.66%	17/03/2007
W55	3k Walk	Heather Carr	Vic	15:11	91.77%	17/03/2007
M75	60m	George Harrod	Qld	9.72s	81.71%	18/03/2007
W75	Pentathlon	Pat Carr	WA	2789pts	-	18/03/2007
W60	Pentathlon	Peggy Macliver	WA	3253pts	-	18/03/2007
W65	5000m	Theresia Baird	Vic	20:42.4	89.10%	18/03/2007
M55	Heavy Weight 100lb	Bob Banens	ACT	3.40m	-	24/03/2007
M50	Heavy Weight 100lb	Geoff Crumpton	ACT	3.74m	-	24/03/2007
W40	100m	Gianna Mogentale	NSW	12.26s	89.58%	24/03/2007
W65	Heavy Weight 100lb	Jan Banens	ACT	1.19m	-	24/03/2007
W55	3000m	Bronwen Cardy	Vic	11:14.6	86.26%	24/03/2007
W75	Long Jump	Pat Carr	WA	3.23m	73.67%	24/03/2007
W50	3k Walk	Lyn Ventris	WA	13:54.3	94.34%	24/03/2007
W55	3k Walk	Heather Carr	Vic	15:08.4	92.03%	24/03/2007
W50	1500m Walk	Lyn Ventris	WA	6:45.8	91.92%	25/03/2007
W75	Triple Jump	Pat Carr	WA	6.71m	73.27%	25/03/2007
M60	3000m Walk	Andrew Jamieson	Vic	13:24.07	95.80%	31/03/2007
W75	60m	Ann Cooper	SA	10.23s	88.92%	6/04/2007
W55	10000m	Bronwen Cardy	Vic	37:50.93	91.04%	6/04/2007
W30	Hammer	Byrony Glass	WA	53.93m	64.99%	6/04/2007
W40	60m	Gianna Mogentale	NSW	7.86s	90.72%	6/04/2007
W80	60m	Gwen Davidson	Vic	13.67s	70.28%	6/04/2007
M75	60m	Jack Thackray	ACT	9.47s	84.50%	6/04/2007
M85	10000m	Ken Matchett	Vic	60:52.92	70.19%	6/04/2007
W30	60m	Ranell Hobson	NSW	8.02s	86.66%	6/04/2007
W80	1500m	Shirley Brasher	Tas	9:34.52	64.06%	7/04/2007



W50	5k Walk	Lyn Ventris	WA	23m 37.8s	93.93%	7/04/2007
W30	Weight Throw	Byrony Glass	WA	15.95m	62.30%	8/04/2007
W40	200m	Julie Brims	Qld	25.35s	87.15%	8/04/2007
W65	400m	Anne Stobaus	Vic	74.16s	85.79%	9/04/2007
W30	Weight Throw	Byrony Glass	WA	16.41m	64.10%	9/04/2007
W50	10km Walk Road	Lyn Ventris	WA	48m 27s	94.17%	9/04/2007
W30	2000m Steeplechase	Mary Fien	NSW	7:24.74	84.13%	9/04/2007
M30	Marathon	Jason Hall	Qld	2:55:46	69.21%	15/04/2007
W85	60m	Margaret Prowse	Vic	17.9s	57.32%	16/04/2007
W65	3000m	Theresia Baird	Vic	12:07.2	89.41%	25/04/2007
W65	800m	Theresia Baird	Vic	2:59.8	82.74%	10/05/2007
M60	30k Walk Road	Andrew Jamieson	Vic	2:30:56.3	96.22%	20/05/2007
W65	10k	Theresia Baird	Vic	42:07.1	90.72%	20/05/2007
W60	Heavy Weight 100lb	Trish Thomas	ACT	1.50m	-	26/05/2007
W50	20k Road Walk	Lyn Ventris	WA	1h 42m 28s	91.31%	24/06/2007
M60	20k Road Walk	Andrew Jamieson	Vic	1h 35m 56.3s	94.77%	1/07/2007
W65	Mile	Theresia Baird	Vic	6:30.4	84.55%	11/07/2007
M75	Mile	David Carr	WA	6:04.2	87.26%	12/07/2007
M60	10km Walk Road	Andrew Jamieson	Vic	46m 56.6s	95.11%	14/07/2007
M75	400m	David Carr	WA	67.8s	85.06%	19/07/2007
M65	10km Walk Road	Ralph Bennett	Vic	54:06	86.31%	21/07/2007
M60	10km Walk Road	Andrew Jamieson	Vic	46m 22.1s	96.28%	21/07/2007
W55	10km Walk Road	Heather Carr	Vic	53m 41.1s	88.79%	21/07/2007
M75	800m	David Carr	WA	2m 34.3s	90.19%	26/07/2007
W65	Heavy Weight 100lb	Jan Banens	ACT	1.29m	-	28/07/2007
W60	Heavy Weight 100lb	Trish Thomas	ACT	1.53m	-	28/07/2007
M75	1500m	David Carr	WA	5:28.1	89.32%	2/08/2007
M75	3000m	David Carr	WA	12:18.3	85.82%	16/08/2007
M65	10km Walk Road	Ralph Bennett	Vic	51:56	89.91%	18/08/2007
M50	Heavy Weight 56lb	Terry Gibbs	NSW	7.72m	-	18/08/2007
M65	80m Hurdles	Richard Trembath	Vic	13.4h	-	19/08/2007
W55	Half Marathon	Bronwen Cardy	Vic	85:10	87.64%	9/09/2007
W40	200m	Julie Brims	Qld	25.13s	87.91%	9/09/2007
M85	200m	Mike Johnston	Vic	35.79s	80.21%	10/09/2007

W65	400m	Anne Stobaus	Vic	73.99s	85.98%	12/09/2007
M40	Pole Vault	Howard Arbuthnot	Qld	4.40m	75.68%	12/09/2007
W70	Weight Throw	Val Worrell	Vic	11.40m	64.89%	12/09/2007
M65	400m	Colin Buyers	Qld	58.90s	90.54%	14/09/2007
M30	Marathon	Jason Hall	Qld	2:53:29	70.12%	21/09/2007
W60	Heavy Weight 100lb	Trish Thomas	ACT	1.58m	-	22/09/2007
W85	1500m	Margaret Prowse	Vic	12:33.4	54.31%	24/09/2007
W85	3000m	Margaret Prowse	Vic	26:21.8	55.98%	24/09/2007
W85	5000m	Margaret Prowse	Vic	45:33.2	55.70%	24/09/2007
W85	Mile	Margaret Prowse	Vic	13:34.3	55.72%	24/09/2007
W85	One Hour Run	Margaret Prowse	Vic	6469m	-	24/09/2007
M35	Heavy Weight 100lb	Brett Kingston	NSW	2.79m	-	1/10/2007
M35	Heavy Weight 56lb	Brett Kingston	NSW	5.24m	-	1/10/2007
M30	Heavy Weight 56lb	Clayton Campodonico	ACT	5.13m	-	1/10/2007
M85	Heavy Weight 100lb	Felix Jekabsons	Qld	1.66m	-	1/10/2007
M85	Heavy Weight 56lb	Felix Jekabsons	Qld	3.07m	-	1/10/2007
M45	Heavy Weight 100lb	Grant Edwards	ACT	4.38m	-	1/10/2007
M45	Super Weight	Grant Edwards	ACT	10.24m	-	1/10/2007
W40	Heavy Weight 100lb	Jayne Hardy	ACT	2.24m	-	1/10/2007
W70	Heavy Weight 100lb	Margarita Jekabsons	Qld	0.85m	-	1/10/2007
W70	Heavy Weight 56lb	Margarita Jekabsons	Qld	1.82m	-	1/10/2007
W45	Heavy Weight 100lb	Sharon Gibbons	ACT	1.80m	-	1/10/2007
W30	Heavy Weight 100lb	Tatiana Sudarikova	NSW	2.05m	-	1/10/2007
W30	Heavy Weight 56lb	Tatiana Sudarikova	NSW	3.97m	-	1/10/2007
W60	Heavy Weight 100lb	Trish Thomas	ACT	1.61m	-	1/10/2007
	56lb Throw	Grant Edwards	ACT	11.71m	89.89%	1/10/2007
M70	80m Hurdles	Don Chambers	Vic	14.14s	83.24%	5/10/2007
M45	High Jump	Volodymyr Shelever	NSW	1.84m	84.20%	5/10/2007
W80	3000m	Lorna Thompson	Qld	20:28.81	65.45%	6/10/2007
W45	High Jump	Deann Mayfield	Qld	1.61m	86.42%	20/10/2007
M55	Heavy Weight 56lb	Roger Glass	Vic	7.62m	-	21/10/2007
M50	Heavy Weight 56lb	Geoff Crumpton	ACT	7.79m	-	25/10/2007
M50	3000m	Keith Bateman	NSW	9:09.61	90.85%	10/11/2007
W45	High Jump	Deann Mayfield	Qld	1.62m	86.95%	24/11/2007

W40	200m	Kylie Strong	NSW	25.10s	87.32%	1/12/2007
M30	3000m Steeplechase	Scott McTaggart	ACT	9:05.44	86.83%	13/12/2007
M65	20km Walk Road	Ralph Bennett	Vic	1:50:24	86.68%	16/12/2007
M80	2000m Steeplechase	Rad Leovic	ACT	11:17.54	70.19%	3/01/2008
M30	400m Hurdles	Cameron Yorke	WA	55.20s	84.75%	13/01/2008
W65	Super Weight	Jan Banens	ACT	9.01m	-	13/01/2008
W30	20km Walk Road	Justijana Roseman	Vic	1:56:56	72.38%	13/01/2008
M40	Decathlon	*Terry Baldwin	Vic	5410pts	-	13/01/2008
W70	60m	Annette Horsnell	Qld	10.36s	84.00%	19/01/2008
W40	One Hour Run	Jackie Fairweather	ACT	16056m	-	24/01/2008
M45	3000m	David Sweeney	Qld	8:56.46	87.99%	25/01/2008
W40	Pole Vault	Irie Hill	Vic	3.50m	73.46%	31/01/2008
M40	Pole Vault	Howard Arbuthnot	Qld	4.60m	79.12%	3/02/2008
W80	Weight Throw	Raema McMillan	WA	9.33m	57.53%	12/02/2008
M75	2000m Steeplechase	David Carr	WA	9:17.60	79.05%	17/02/2008
W80	Javelin	Raema McMillan	WA	14.93m	48.66%	19/02/2008
W70	60m	Annette Horsnell	Qld	10.22s	85.15%	23/02/2008
M85	Shot Put	Felix Jekabsons	Qld	8.39m	56.39%	23/02/2008
W65	Heavy Weight 56lb	Jan Banens	ACT	2.71m	-	23/02/2008
W45	Heavy Weight 56lb	Jayne Hardy	ACT	4.32m	-	23/02/2008
W80	5000m	Lorna Thompson	Qld	36:05.23	63.21%	23/02/2008
M85	Discus	Felix Jekabsons	Qld	22.67m	53.12%	23/02/2008
M30	400m Hurdles	Cameron Yorke	WA	54.83s	85.32%	24/02/2008
M60	3000m	Kevin Solomon	Vic	10:11.85	87.76%	March 2008
M65	3000m	Peter Sandery	SA	10:39.33	88.35%	March 2008
M65	3000m	Peter Sandery	SA	10:36.54	88.73%	March 2008
W70	60m	Annette Horsnell	Qld	9.99s	87.11%	2/03/2008
M75	Hammer	Wim Van Weenen	Vic	43.84m	73.71%	2/03/2008
M75	400m	David Carr	WA	67.7h	85.19%	6/03/2008
M75	1500m	David Carr	WA	5:28.1	89.32%	8/03/2008
M75	Pentathlon	David Carr	WA	3462pts	-	8/03/2008
W45	Long Jump	Marie Kay	Qld	5.52m	89.34%	8/03/2008
M80	1500m	Bob Lewis	Vic	6:37.74	78.58%	8/03/2008
W80	1500m	Jean Knox	Vic	10:41.9	57.34%	8/03/2008

W30	Hammer	Raelene Warren	Vic	46.50m	56.04%	8/03/2008
M60	1500m Walk	Andrew Jamieson	Vic	6:52.50	87.62%	9/03/2008
M55	Triple Jump	Clayton Tompkins	NSW	12.26m	83.53%	9/03/2008
M85	Discus	Felix Jekabsons	Qld	23.97m	56.16%	9/03/2008
M85	Shot Put	Felix Jekabsons	Qld	9.66m	64.92%	9/03/2008
M65	1500m Walk	Ralph Bennett	Vic	7:30.84	83.77%	9/03/2008
M75	Weight Throw	Wim Van Weenen	Vic	15.90m	69.31%	9/03/2008
M35	Discus	Darron Haworth	Qld	50.33m	70.04%	15/03/2008
W80	Discus	Raema McMillan	WA	17.29m	53.01%	16/03/2008
W80	Shot Put	Raema McMillan	WA	7.12m	58.41%	16/03/2008
M75	800m	David Carr	WA	2:34.3 (=)	90.19%	16/03/2008
W30	10000m	Billinda Schipp	NSW	35:07.4	84.61%	21/03/2008
M80	1500m	Bob Lewis	Vic	6:34.57	79.21%	22/03/2008
W30	Hammer	Karyne Di Marco	NSW	56.30m	67.85%	22/03/2008
M85	Discus	Felix Jekabsons	Qld	25.28m	59.23%	23/03/2008
M85	Throws Pentathlon	Felix Jekabsons	Qld	4505pts	-	23/03/2008
W30	Hammer	Karyne Di Marco	NSW	59.27m	71.43%	23/03/2008
W30	Throws Pentathlon	Karyne Di Marco	NSW	3828pts		23/03/2008
W30	Weight Throw	Karyne Di Marco	NSW	17.61m	68.79%	23/03/2008
W30	Weight Throw	Karyne Di Marco	NSW	18.57m	72.54%	23/03/2008
M75	2k Steeple	David Carr	WA	8m 56.6s	82.15%	23/03/2008
M75	400m	David Carr	WA	66.92s	86.18%	24/03/2008
W70	20km Walk Road	Margaret Beaumont	Vic	2:45:11	70.17%	24/03/2008
W80	Pentathlon	Shirley Brasher	Tas	2558pts	-	24/03/2008
W45	Javelin	Jayne Hardy	ACT	36.38m	62.69%	24/03/2008
W45	Heavy Weight 100lb	Jayne Hardy	ACT	2.27m	-	29/03/2008
M90	5000m	Peter Brownbill	Vic	36:52.1	64.93%	21/05/2008
M60	20km Walk Road	Andrew Jamieson	Vic	1:35:38.9	96.96%	24/05/2008
M50	Heavy Weight 100lb	Geoff Crumpton	ACT	4.22m	-	24/05/2008
W65	Heavy Weight 100lb	Jan Banens	ACT	1.40m	-	24/05/2008
W60	Triple Jump	Margaret Taylor	ACT	9.03m	79.27%	25/05/2008
M40	60m	Michael Roden	ACT	7.25s	89.35%	25/05/2008
M90	1500m	Peter Brownbill	Vic	9:32	68.02%	4/06/2008
M90	Mile	Peter Brownbill	Vic	10:30.9	67.91%	18/06/2008

M85	Heavy Weight 56lb	Ewen Drummond	ACT	2.34m	-	28/06/2008
W45	Heavy Weight 56lb	Jayne Hardy	ACT	4.33m	-	28/06/2008
W65	Heavy Weight 56lb	Raylea Rudov	ACT	3.24m	-	28/06/2008
M60	30k Walk Road	Andrew Jamieson	Vic	2:29:45.7	96.98%	27/07/2008
M70	Decathlon	Ken Daniels	Qld	6265pts	-	28/07/2008
W60	Heptathlon	Marge Allison	Qld	5410pts	-	28/07/2008
W75	Shot Put	Heather Doherty	Qld	7.24m	52.07%	29/07/2008
W60	Triple Jump	Margaret Taylor	ACT	9.22m	80.94%	29/07/2008
W45	60m	Marie Kay	Qld	8.41s	87.59%	29/07/2008
W75	Javelin	Heather Doherty	Qld	19.78m	55.57%	31/07/2008
W60	High Jump	Margaret Taylor	ACT	1.26m	78.48%	31/07/2008
W75	Discus	Heather Doherty	Qld	21.02m	55.84%	1/08/2008
W60	Long Jump	Margaret Taylor	ACT	4.38m	81.81%	1/08/2008
W45	80m Hurdles	Marie Kay	Qld	12.34s	92.14%	1/08/2008
W80	Pentathlon	Shirley Brasher	Tas	2593pts	-	1/08/2008
W75	Javelin	Heather Doherty	Qld	19.83m	55.71%	2/08/2008
W75	Shot Put	Heather Doherty	Qld	7.36m	52.93%	2/08/2008
W60	Pole Vault	Lyndsay Cattermole	Vic	1.90m	51.53%	2/08/2008
W60	20k Road Walk	Andrew Jamieson	Vic	1h 35m 38.9s	95.06%	24/08/2008
M55	Half Marathon	Ron Peters	Qld	73:06	91.21%	7/09/2008
M55	Heavy Weight Pentathlon	Roger Glass	Vic	4328pts	-	14/09/2008
W75	Discus (750g)	Heather Doherty	Qld	23.02m	61.15%	20/09/2008
W75	Discus (750g)	Heather Doherty	Qld	24.16m	64.18%	27/09/2008
W75	Shot Put (2kg)	Heather Doherty	Qld	8.25m	59.33%	27/09/2008
W75	Weight Throw	Heather Doherty	Qld	10.33m	55.31%	27/09/2008
M80	One Hour Run	Bob Lewis	Vic	10850m	-	29/09/2008
W65	One Hour Run	Lavinia Petrie	Vic	13406m	-	29/09/2008
W80	3k Walk	Lorna Thompson	Qld	23:06.8	79.00%	Oct 2008
M80	3000m	Bob Lewis	Vic	15:08	74.52%	2/10/2008
W75	Hammer (2kg)	Heather Doherty	Qld	23.16m	47.45%	4/10/2008
M35	Heavy Weight 100lb	Darron Haworth	Qld	5.57m	-	6/10/2008
M35	Super Weight	Darron Haworth	Qld	10.94m	-	6/10/2008
W50	Heavy Weight 100lb	Jill Taylor	NSW	1.50m	-	6/10/2008
W30	Heavy Weight 100lb	Karyne Di Marco	NSW	2.24m	-	6/10/2008

W30	Heavy Weight 56lb	Karyne Di Marco	NSW	4.07m	-	6/10/2008
M80	Heavy Weight 100lb	Norm Windred	NSW	1.76m	-	6/10/2008
M80	Heavy Weight 56lb	Norm Windred	NSW	3.12m	-	6/10/2008
M35	Heavy Weight Pentathlon	Darron Haworth	Qld	4352	-	6/10/2008
W65	2000m Walk	Gwen Steed	Vic	11:39.6	-	25/10/2008
W60	High Jump	Margaret Taylor	ACT	1.27m	79.10%	30/10/2008
M35	Discus	Darron Haworth	Qld	54.15m	75.35%	1/11/2008
W60	3000m Walk	Liz Feldman	Vic	16:34	86.53%	1/11/2008
W80	1500m Walk	Lorna Thompson	Qld	11:12.83	74.52%	1/11/2008
M85	1500m Walk	Richard Keatinge	Qld	11:07.00	71.79%	1/11/2008
M35	Throws Pentathlon	Darron Haworth	Qld	3620pts	-	2/11/2008
W75	Shot Put (2kg)	Heather Doherty	Qld	8.40m	60.41%	2/11/2008
W45	60m	Lisa Crouch	Qld	8.35s	86.49%	2/11/2008
M65	60m	Neville McIntyre	NSW	8.30s	89.24%	2/11/2008
M85	10km Walk Road	Richard Keating	Qld	78:52.8	74.45%	2/11/2008
W75	Throws Pentathlon	Heather Doherty	Qld	4815pts	-	4/11/2008
W60	60m	Margaret Taylor	ACT	9.31s	86.20%	6/11/2008
W60	High Jump	Margaret Taylor	ACT	1.28m	79.72%	13/11/2008
M65	60m	Colin Buyers	Qld	8.27s	89.56%	22/11/2008
W80	3000m Walk	Lorna Thompson	Qld	22:15.42	82.04%	22/11/2008
M45	Shot Put	Stuart Gyngell	NSW	17.51m	88.86%	29/11/2008
M45	Shot Put	Stuart Gyngell	NSW	17.85m	90.53%	5/12/2008
M75	Javelin	Erkki Saarinen	Qld	36.94m	66.51%	6/12/2008
M30	Discus	Graham Hicks	Vic	50.57m	70.37%	14/12/2008
M30	Throws Pentathlon	Graham Hicks	Vic	3444pts	-	14/12/2008
M45	Throws Pentathlon	Stuart Gyngell	NSW	3750pts	-	14/12/2008
M60	50k Walk Road	Andrew Jamieson	Vic	4:23:16	96.94%	14/12/2008
W50	20k Road Walk	Lyn Ventris	WA	1:45:13	88.92%	14/12/2008
M30	400m Hurdles	Cameron Yorke	WA	54.83s	85.32%	24/12/2008
M85	10km Walk Road	Richard Keatinge	Qld	1:18:52	74.46%	31/12/2008
M55	Marathon	Ron Peters	Qld	2:37:27	88.46%	2009
M45	3000m	James Harrison	NSW	8:56.34	88.01%	10/01/2009
W65	High Jump	Margaret Taylor	ACT	1.30m	80.97%	15/01/2009
W65	Triple Jump	Margaret Taylor	ACT	9.25m	81.20%	15/01/2009

M30	400m Hurdles	Cameron Yorke	WA	54.43s	85.95%	18/01/2009
W65	2000m Walk	Gwen Steed	Vic	11:32	-	22/01/2009
M75	Javelin	Erkki Saarinen	Qld	37.07m	66.74%	24/01/2009
W60	Pole Vault	Lyndsay Cattermole	Vic	2.10m	56.95%	24/01/2009
M35	Pole Vault	Rob Hill	Vic	4.81m	78.64%	26/01/2009
W40	Pole Vault	Irie Hill	Vic	3.50m	73.46%	31/01/2009
M50	3000m	Keith Bateman	NSW	8:59.62	93.33%	31/01/2009
M45	60m	Stephen Jones	Qld	7.40s	89.55%	31/01/2009
W45	100m	Gianna Mogentale	NSW	12.57s	88.72%	7/02/2009
W40	Pole Vault	Irie Hill	Vic	3.55m	74.51%	8/02/2009
M45	Shot Put	Stuart Gyngell	NSW	18.12m	91.95%	8/02/2009
M45	10000m	James Harrison	NSW	31:43.17	89.53%	14/02/2009
W45	3000m	Glenda Banaghan	Qld	10:11.04	86.86%	27/02/2009
M70	Decathlon	Don Fraser	ACT	6762pts	-	1/03/2009
M45	Throws Pentathlon	Stuart Gyngell	NSW	3912pts	-	7/03/2009
M70	300m Hurdles	Alan Bradford	Qld	53.1s	81.15%	14/03/2009
W45	Pentathlon w/shot	Lisa Crouch	Qld	3653pts	-	14/03/2009
W50	Pentathlon w/shot	Christine Bridle	Vic	3221pts	-	15/03/2009
W65	Half Marathon	Lavinia Petrie	Vic	1:43:29	80.41%	22/03/2009
W40	Pole Vault	Irie Hill	Vic	3.65m	76.61%	22/03/2009
W45	100m	Gianna Mogentale	NSW	12.53s	89.00%	28/03/2009
M65	60m	Neville McIntyre	Qld	8.18s	91.14%	28/03/2009
W60	Pentathlon w/shot	Marge Allison	Qld	3355pts	-	28/03/2009
M70	1500m Walk	Murray Dickinson	Vic	8:04.01	81.86%	29/03/2009
M65	1500m Walk	Ralph Bennett	Vic	7:23.56	85.14%	29/03/2009
W45	High Jump	Deann Mayfield	Qld	1.63m	87.49%	5/04/2009
M35	60m	Gregory Smith	NSW	7.29s	87.74%	10/04/2009
W80	60m	Gwen Gleeson	ACT	13.22s	72.67%	10/04/2009
W75	Hammer	Heather Doherty	Qld	23.77m	48.70%	10/04/2009
W60	60m	Margaret Taylor	ACT	9.29s	87.06%	10/04/2009
M70	2000m Steeplechase	Alan Bradford	Qld	8:20.95	82.92%	11/04/2009
W30	Throws Pentathlon	Byrony Glass	WA	3831pts	-	12/04/2009
M65	Throws Pentathlon	Graeme Rose	Vic	4766pts	-	12/04/2009
W75	Throws Pentathlon	Heather Doherty	Qld	4986pts	-	12/04/2009

W80	400m	Shirley Brasher	Tas	2:06.15	62.91%	12/04/2009
M45	Throws Pentathlon	Stuart Gyngell	NSW	3950pts	-	12/04/2009
W75	Weight Throw	Heather Doherty	Qld	10.33m(=)	55.31%	13/04/2009
W35	Pentathlon w/shot	Lynette Smith	NSW	2754pts	-	13/04/2009
W60	Pentathlon w/shot	Margaret Taylor	ACT	3699pts	-	13/04/2009
W65	Pentathlon w/shot	Lesley Hamilton	Qld	2897pts	-	13/04/2009
M80	5000m	Irwin Barrett-Lennard	WA	23:57.6	80.61%	30/04/2009
M60	30km Walk Road	Andrew Jamieson	Vic	2:28:55	97.53%	3/05/2009
M80	3000m	Irwin Barrett-Lennard	WA	14:16.8	78.97%	7/05/2009
M60	Heavy Weight 100lb	Bob Banens	ACT	3.02m	-	30/05/2009
W30	Hammer	Karyne Di Marco	NSW	64.10m	77.25%	7/06/2009
M65	30km Walk Road	Robin Whyte	ACT	3:18:09	77.05%	7/06/2009
M55	Half Marathon	Ron Peters	Qld	72:19	92.20%	5/07/2009
W75	Hammer (2kg)	Mary Wahren	ACT	24.87m	50.95%	12/07/2009
W45	60m	Gianna Mogentale	NSW	8.06s	89.61%	18/07/2009
W60	Triple Jump	Margaret Taylor	ACT	9.38m	83.48%	19/07/2009
W60	60m	Margaret Taylor	ACT	9.23s	86.95%	19/07/2009
W45	80m Hurdles	Marie Kay	Qld	12.32s	90.26%	Aug 2009
W45	Heptathlon	Marie Kay	Qld	6185pts	-	Aug 2009
W50	Javelin	Dawn Hartigan	Vic	32.26m	56.12%	2/08/2009
W65	400m	Peggy Macliver	WA	73.24s	86.86%	7/08/2009
W45	80m Hurdles	Marie Kay	Qld	12.32s	90.26%	8/09/2009
W75	Hammer (2kg)	Mary Wahren	ACT	26.87m	55.05%	16/08/2009
M40	Discus	Darron Haworth	Qld	54.35m	76.40%	23/08/2009
W70	Hammer	Helen Searle	Qld	31.69m	74.44%	23/08/2009
W70	Throws Pentathlon	Helen Searle	Qld	4944pts	-	23/08/2009
W70	Shot Put	Helen Searle	Qld	9.33m	73.04%	23/08/2009
W70	Weight Throw	Helen Searle	Qld	12.23m	69.61%	23/08/2009
W100	Throws Pentathlon	Ruth Frith	Qld	11671pts	-	23/08/2009
W100	Shot Put (2kg)	Ruth Frith	Qld	4.27m	77.20%	23/08/2009
W100	Discus	Ruth Frith	Qld	9.04m	68.80%	23/08/2009
W100	Hammer (2kg)	Ruth Frith	Qld	10.16m	61.15%	23/08/2009
W100	Javelin	Ruth Frith	Qld	6.43m	50.64%	23/08/2009
W100	Weight Throw	Ruth Frith	Qld	4.42m	67.43%	23/08/2009



M70	Mile	John Warren	NSW	5:39.38	88.23%	29/08/2009
M80	Heavy Weight 100lb	Harry Wynhoven	Vic	1.80m	-	30/08/2009
M80	Heavy Weight 56lb	Harry Wynhoven	Vic	3.53m	-	30/08/2009
M75	Heavy Weight 56lb	Wim Van Weenen	Vic	5.05m	-	30/08/2009
M75	Weight Throw	Wim van Weenen	Vic	15.98m	69.66%	30/08/2009
W65	Half Marathon	Lavinia Petrie	Vic	97:53	85.01%	6/09/2009
W65	80m Hurdles	Marge Allison	Qld	15.42s	84.57%	19/09/2009
W100	Discus	Ruth Frith	Qld	9.12m	69.41%	Oct 2009
W100	Hammer (2kg)	Ruth Frith	Qld	10.53m	63.38%	3/10/2009
M55	Heavy Weight 100lb	Geoff Crumpton	ACT	3.42m	-	5/10/2009
W30	Super Weight	Karyne Di Marco	NSW	10.00m	-	5/10/2009
W30	Heavy Weight 100lb	Karyne Di Marco	NSW	2.51m	-	5/10/2009
W50	Heavy Weight 100lb	Lesley Dawson	SA	1.72m	-	5/10/2009
W50	Heavy Weight 56lb	Lesley Dawson	SA	3.53m	-	5/10/2009
W30	Heavy Weight Pentathlon	Karyne Di Marco	NSW	4472pts	-	5/10/2009
W70	Hammer	Helen Searle	Qld	34.48m	80.99%	11/10/2009
W70	Throws Pentathlon	Helen Searle	Qld	5235pts	-	11/10/2009
W70	Shot Put	Helen Searle	Qld	9.86m	77.19%	11/10/2009
W70	Weight Throw	Helen Searle	Qld	13.94m	79.34%	11/10/2009
W65	400m	Marge Allison	Qld	72.25s	88.05%	11/10/2009
W65	80m Hurdles	Marge Allison	Qld	15.11s	86.31%	11/10/2009
W65	High Jump	Marge Allison	Qld	1.27m	83.39%	11/10/2009
M35	100m	Matthew Pilkington	NSW	10.88s	88.39%	11/10/2009
M55	Marathon	Ron Peters	Qld	2:37:27	88.46%	11/10/2009
W30	Weight Throw	Karyne Di Marco	NSW	19.08m	74.94%	12/10/2009
W100	Weight Throw	Ruth Frith	Qld	4.88m	74.45%	12/10/2009
W100	Discus	Ruth Frith	Qld	9.12m	69.41%	12/10/2009
W100	Hammer	Ruth Frith	Qld	10.53m	63.38%	12/10/2009
W65	1500m	Lavinia Petrie	Vic	6:02.20	83.67%	13/10/2009
M45	100m	Robert Ballard	NSW	11.22s	91.37%	15/10/2009
W65	800m	Anne Stobaus	Vic	2:55.99	84.53%	17/10/2009
W65	Javelin	Mary Thomas	NSW	31.31m	75.85%	18/10/2009
W60	3000m Walk	Heather Carr	Vic	15:45.4	90.98%	24/10/2009
W60	2000m Walk	Heather Carr	Vic	10:37.5	-	29/10/2009

W70	2000m Walk	Jan Morrey	Vic	13:01.9	-	29/10/2009
W50	3000m	Marcia Sheer	Qld	10:41.00	86.52%	31/10/2009
W60	Pole Vault	Wilma Perkins	Qld	2.15m	58.30%	7/11/2009
M40	Pole Vault	Rob Hill	Qld	4.60m	79.12%	14/11/2009
W60	3k Walk	Heather Carr	Vic	15:43.6	91.16%	14/11/2009
W65	2000m Walk	Gwen Steed	Vic	11:27.0	-	21/11/2009
W70	2000m Walk	Jan Morrey	Vic	12:47.1	-	21/11/2009
W60	20k Road Walk	Heather Carr	Vic	1:57:38	87.38%	22/11/2009
W65	300m Hurdles	Marge Allison	Qld	59.08s	85.13%	28/11/2009
W60	Pole Vault	Wilma Perkins	Qld	2.20m	59.66%	28/11/2009
M80	Heavy Weight 56lb	Harry Wynhoven	Vic	3.67m	-	29/11/2009
M60	2000m Walk	Andrew Jamieson	Vic	9:23.5	-	5/12/2009
W60	2000m Walk	Heather Carr	Vic	10:19.4	-	5/12/2009
W70	Hammer	Helen Searle	Qld	34.86m	81.88%	5/12/2009
W100	Hammer	Ruth Frith	Qld	10.80m	65.01%	5/12/2009
M55	Decathlon	Terry Hicks	Vic	6179pts	-	20/12/2009
W100	Javelin	Ruth Frith	Qld	6.43m	50.64%	31/12/2009
W100	Weight Throw	Ruth Frith	Qld	4.88m	74.45%	31/12/2009
W100	Hammer	Ruth Frith	Qld	11.30m	68.02%	March 2010
W100	Shot Put	Ruth Frith	Qld	4.48m	80.99%	21/03/2010
W80	Javelin	Raema McMillan	WA	15.27m	49.77%	12/01/2010
W60	2000m Walk	Heather Carr	Vic	10:10.4	-	14/01/2010
W60	3k Walk	Heather Carr	Vic	15:30.7	92.42%	21/01/2010
M30	400m Hurdles	Cameron Yorke	WA	54.29s	86.17%	22/01/2010
M30	800m	Scott Tamblin	WA	1:55.11	87.66%	22/01/2010
W65	1500m	Lavinia Petrie	Vic	5:56.1	85.10%	30/01/2010
M30	800m	Scott Tamblin	WA	1:54.31	88.28%	5/02/2010
W65	Pentathlon	Marge Allison	Qld	3882pts	-	6/02/2010
W45	60m	Gianna Mogentale	NSW	8.03s	90.52%	9/02/2010
W75	Hammer (2kg)	Val Worrell	Vic	28.96m	59.33%	14/02/2010
W60	5000m Walk	Heather Carr	Vic	27:04.50	89.45%	18/02/2010
M30	800m	Scott Tamblin	WA	1:53.53	88.88%	19/02/2010
W60	60m	Wilma Perkins	Qld	9.22s	87.04%	20/02/2010
W60	Pole Vault	Wilma Perkins	Qld	2.25m	61.02%	20/02/2010

M40	Pole Vault	Rob Hill	Qld	4.80m	82.56%	26/02/2010
W75	Weight Throw (4kg)	Val Worrell	Vic	11.33m	60.67%	28/02/2010
W100	Discus	Ruth Frith	Qld	8.89m	67.66%	March 2010
M60	Javelin	Bob Banens	ACT	49.22m	68.35%	4/03/2010
M30	800m	Scott Tamblin	WA	1:51.81	90.25%	5/03/2010
W40	60m	Kylie Strong	NSW	7.84s	90.38%	6/03/2010
W70	3000m	Lorraine Lopes	WA	14:47.8	78.05%	11/03/2010
M75	Javelin	Erkki Saarinen	Qld	37.12m	66.83%	13/03/2010
W70	400m	Jan Morrey	Vic	82.94s	81.43%	20/03/2010
W40	Pole Vault	Irie Hill	Vic	3.75m	80.65%	20/03/2010
W60	1500m Walk	Heather Carr	Vic	7:18.50	92.10%	21/03/2010
W70	Shot Put	Helen Searle	Qld	9.92m	77.66%	21/03/2010
W100	Shot Put	Ruth Frith	Qld	4.48m	80.99%	21/03/2010
W65	300m Hurdles	Marge Allison	Qld	58.04s	86.65%	21/03/2010
M30	60m	Robert Vidler	Vic	7.03s	90.18%	21/03/2010
M30	400m Hurdles	Cameron Yorke	WA	53.76s	87.02%	26/03/2010
M75	Javelin	Erkki Saarinen	Qld	38.12m	72.66%	27/03/2010
W45	60m	Gianna Mogentale	NSW	7.86s	92.48%	2/04/2010
W65	60m	Peggy Macliver	WA	9.43s	88.52%	2/04/2010
M90	1500m Walk	Peter Kennedy	WA	16:11.60	53.39%	2/04/2010
M65	60m	Rob McDonald	Qld	8.10s	91.44%	2/04/2010
W40	800m	Suzy Cole	Tas	2:10.48	91.27%	2/04/2010
W50	Long Jump	Marie Kay	Qld	5.41m	89.60%	2/04/2010
W50	High Jump	Marie Kay	Qld	1.45m	81.66%	3/04/2010
W80	Javelin	Raema McMillan	WA	15.34m	50.00%	3/04/2010
W60	5k Walk	Heather Carr	Vic	26:29.26	91.43%	3/04/2010
W60	Pole Vault	Wilma Perkins	Qld	2.33m	63.19%	4/04/2010
W80	Throws Pentathlon	Raema McMillan	WA	4817pts	-	4/04/2010
W60	10k Road Walk	Heather Carr	Vic	54:12	92.31%	5/04/2010
W75	Weight Throw (4kg)	Val Worrell	Vic	11.57m	61.95%	5/04/2010
W100	Weight Throw (4kg)	Ruth Frith	Qld	4.72m	72.01%	5/04/2010
W40	Pole Vault	Irie Hill	Vic	3.80m	81.72%	14/04/2010
W65	Heptathlon	Marge Allison	Qld	5922pts	-	1/05/2010
W80	Half Marathon	Norma Wallett	NSW	2:17:25	75.35%	2/05/2010

W60	10k Road Walk	Heather Carr	Vic	53:56.6	92.75%	5/06/2010
W70	30km Walk Road	Val Chesterton	ACT	4:27:59	77.06%	13/06/2010
W60	20km Walk Road	Heather Carr	Vic	1:56:42	88.08%	27/06/2010
W70	20km Walk Road	Marlaine Stanway	Vic	2:33:11	75.66%	27/06/2010
W50	Heptathlon	Marie Kay	Qld	5832pts	-	1/07/2010
W45	Javelin	Jayne Hardy	ACT	37.01m	63.77%	5/07/2010
W65	Marathon	Lavinia Petrie	Vic	3:28:24	85.13%	5/07/2010
W50	20km Walk Road	Lyn Ventris	WA	1:45:04	89.05%	18/07/2010
M65	100m	Peter Crombie	NSW	12.62s	92.04%	24/07/2010
M65	200m	Peter Crombie	NSW	25.67s	92.29%	25/07/2010
W80	Mile	Ailsa Cree	NSW	13:02.06	51.93%	31/07/2010
M55	Mile	Keith Bateman	NSW	4:37.30	93.48%	31/07/2010
M75	60m	Richard Hughes	NSW	9.39s	86.61%	14/08/2010
W80	Half Marathon	Norma Walleth	NSW	137:12	75.47%	22/08/2010
W100	Javelin	Ruth Frith	Qld	5.99m	50.53%	22/08/2010
W100	Throws Pentathlon	Ruth Frith	Qld	5501pts	-	22/08/2010
M60	Heavy Weight 100lb	Bob Banens	ACT	3.09m	-	28/08/2010
M60	Heavy Weight 56lb	Roger Glass	Vic	7.05m	-	29/08/2010
M80	Half Marathon	Bill Page	Vic	1:59:28	72.14%	12/09/2010
W80	Marathon	Norma Walleth	ACT	5:31:51	67.09%	19/09/2010
M75	Half Marathon	Tony Berry	Vic	97:13	82.29%	19/09/2010
W100	Hammer	Ruth Frith	Qld	11.05m	66.51%	25/09/2010
W50	One Hour Run	Stacey Van Dueren	Vic	15142m	-	27/09/2010
W65	800m	Marge Allison	Qld	2:55.36	85.78%	2/10/2010
W100	Hammer	Ruth Frith	Qld	11.30m	73.35%	3/10/2010
M30	Heavy Weight 56lb	Anatoly Kirievski	NSW	5.41m	-	4/10/2010
M55	Heavy Weight 100lb	Geoff Crumpton	ACT	3.76m	-	4/10/2010
M60	Heavy Weight 100lb	Roger Glass	Vic	3.44m	-	4/10/2010
M60	Heavy Weight 56lb	Roger Glass	Vic	7.25m	-	4/10/2010
M85	Heavy Weight Pentathlon	Ewan Drummond	ACT	2195pts	-	4/10/2010
M60	2000m Walk	Andrew Jamieson	Vic	9:19	-	9/10/2010
W70	2000m Walk	Jan Morrey	Vic	12:41.7	-	9/10/2010
W50	2000m Walk	Pam Tindal	Vic	9:38.5	-	9/10/2010
M30	Marathon	Brendan Davies	NSW	2:33:45	79.12%	10/10/2010

M75	Half Marathon	Tony Berry	Vic	93:51	85.24%	10/10/2010
M75	60m	Hugh Coogan	Qld	9.23s	86.04%	16/10/2010
W70	3000m Walk	Jan Morrey	Vic	19:15.6	82.98%	16/10/2010
M55	3000m	Keith Bateman	NSW	9:14.27	92.47%	16/10/2010
M60	2000m Walk	Andrew Jamieson	Vic	9:19	-	16/10/2010
W60	2000m Walk	Heather Carr	Vic	10:03.3	-	23/10/2010
W70	2000m Walk	Jan Morrey	Vic	12:41.1	-	23/10/2010
M55	1500m	Keith Bateman	NSW	4:15.12	94.65%	23/10/2010
W50	2000m Walk	Pam Tindal	Vic	9:37.7	-	23/10/2010
M55	1500m	Keith Bateman	NSW	4:12.91	95.48%	6/11/2010
W65	300m Hurdles	Marge Allison	Qld	56.69s	89.54%	7/11/2010
W60	60m	Wendy Doran	Qld	9.04s	88.78%	7/11/2010
W70	400m	Jan Morrey	Vic	80.71s	83.68%	8/11/2010
W65	400m	Marge Allison	Qld	70.64s	91.10%	8/11/2010
M75	Throws Pentathlon	Ron Simcock	NSW	4182pts	-	8/11/2010
M60	2000m Walk	Andrew Jamieson	Vic	9:13.5	-	13/11/2010
M55	3000m	Keith Bateman	NSW	8:56.82	95.47%	13/11/2010
W70	Pole Vault	Val Chesterton	ACT	1.35m	42.21%	18/11/2010
W100	Discus	Ruth Frith	Qld	9.02m	68.64%	20/11/2010
M55	10000m	Keith Bateman	NSW	32:28.71	94.55%	2/12/2010
W60	2000m Walk	Heather Carr	Vic	9:54.9	-	18/12/2010
M55	Mile	Keith Bateman	NSW	4:35.04	94.25%	18/12/2010
W50	Long Jump	Marie Kay	Qld	5.41m	89.60%	31/12/2010
M55	10000m	Keith Bateman	NSW	31:51.86	95.40%	26/03/2011
M55	5000m	Keith Bateman	NSW	15:29.70	94.90%	5/01/2011
W45	100m	Julie Brims	Qld	12.46s	89.50%	7/01/2011
W40	Pentathlon	Lynette Smith	NSW	2960pts	-	9/01/2011
W60	3k Walk	Heather Carr	Vic	15:21.94	94.29%	22/01/2011
W45	100m	Julie Brims	Qld	12.42s	89.79%	29/01/2011
W70	800m	Lorraine Lopes	WA	3:20.0	78.82%	3/02/2011
M75	60m	Hugh Coogan	Qld	9.22s	86.14%	5/02/2011
W50	2000m Walk	Pam Tindal	Vic	9:35.7	-	5/02/2011
W70	1500m	Lorraine Lopes	WA	6:42.0	79.60%	10/02/2011
W45	200m	Julie Brims	Qld	25.3h	89.31%	12/02/2011

M75	200m	Hugh Coogan	Qld	29.38s	87.09%	26/02/2011
M75	60m	Hugh Coogan	Qld	9.03s	87.95%	26/02/2011
M30	Heavy Weight 56lb	Warren Jones	NSW	5.82m	-	27/02/2011
W60	5k Walk	Heather Carr	Vic	26:10.22	93.46%	4/03/2011
W35	5000m	Belinda Martin	NSW	16:12.12	88.32%	5/03/2011
M80	200m Hurdles	Rad Leovic	ACT	52.77s	62.93%	5/03/2011
W70	Pentathlon	Jan Morrey	Vic	3052pts	-	6/03/2011
M75	100m	Hugh Coogan	Qld	14.2s	88.27%	12/03/2011
M75	400m	Hugh Coogan	Qld	66.38s	86.88%	12/03/2011
M75	60m	Hugh Coogan	Qld	9.01s	88.15%	12/03/2011
M45	1500m	Robert Schwerkolt	Vic	4:00.2	93.23%	15/03/2011
M55	10000m	Keith Bateman	Vic	31:51.86	96.37%	26/03/2011
M75	3000m Walk	Bob Gardiner	Vic	17:01.00	88.43%	2/04/2011
W70	Shot Put	Helen Searle	Qld	9.98m	81.79%	2/04/2011
M75	400m	Hugh Coogan	Qld	65.44s	88.13%	2/04/2011
W100	Discus	Ruth Frith	Qld	9.30m	76.32%	2/04/2011
W100	Throws Pentathlon	Ruth Frith	Qld	5570pts	-	2/04/2011
W90	400m	Margaret Prowse	Vic	3:36.47	47.29%	2/04/2011
M75	1500m Walk	Bob Gardiner	Vic	7:57.44	87.47%	3/04/2011
W90	200m	Margaret Prowse	Vic	1:37.22	40.92%	3/04/2011
W90	60m	Margaret Prowse	Vic	42.0h	27.62%	3/04/2011
M45	3000m	Robert Schwerkolt	Vic	8:49	89.23%	10/04/2011
W35	1500m	Belinda Martin	NSW	4:21.03	90.83%	17/04/2011
W30	60m	Fiona Cullen	Qld	7.95s	87.42%	21/04/2011
M70	60m	Glen Wilson	Qld	8.41s	91.08%	21/04/2011
M75	100m	Hugh Coogan	Qld	14.19s	88.33%	21/04/2011
M75	60m	Hugh Coogan	Qld	8.92s	89.03%	21/04/2011
W45	60m	Julie Brims	Qld	7.75s	93.19%	21/04/2011
W50	100m	Julie Forster	NSW	12.64s	91.73%	21/04/2011
M35	60m	Leigh Phelan	Vic	7.25s	87.52%	21/04/2011
M80	100m	Leo Coffey	Vic	15.27s	85.73%	21/04/2011
W50	60m	Marie Kay	Qld	8.54s	88.03%	21/04/2011
M30	60m	Robert Vidler	Vic	6.96s	91.09%	21/04/2011
W65	2000m Steeplechase	Anne Lang	SA	10:45.45	82.89%	22/04/2011

M75	200m	Hugh Coogan	Qld	28.83s	88.75%	22/04/2011
W45	200m	Julie Brims	Qld	25.21s	90.48%	22/04/2011
W70	1500m	Lorraine Lopes	WA	6:38.71	80.26%	22/04/2011
W65	200m	Marge Allison	Qld	31.40s	87.25%	22/04/2011
M70	80m Hurdles	Mick Stevenson	Tas	14.13s	83.30%	22/04/2011
W50	80m Hurdles	Sally Stagles	NSW	12.86s	89.52%	22/04/2011
M85	Pentathlon	Maurice Dauphinet	Qld	2770pts	-	24/04/2011
W75	Throws Pentathlon	Heather Doherty	Qld	3890pts	-	24/04/2011
W70	Mile	Lorraine Lopes	WA	7:14.5	80.39%	5/05/2011
W70	3000m	Lorraine Lopes	WA	14:17.2	80.84%	12/05/2011
M75	10km Walk Road	Bob Gardiner	Vic	61:22	84.32%	14/05/2011
W70	1500m	Lorraine Lopes	WA	6:38.2	80.36%	24/05/2011
W50	20km Walk Road	Lyn Ventris	WA	1:39:51	93.70%	29/05/2011
W60	20km Walk Road	Heather Carr	Vic	1:56:18	88.38%	29/05/2011
M75	100m	Hugh Coogan	Qld	14.02s	89.40%	11/06/2011
M55	Heavy Weight 100lb	Geoff Crumpton	ACT	3.83m	-	25/06/2011
M65	10km Walk Road	Andrew Jamieson	Vic	49:27	94.43%	25/06/2011
M55	1500m	Keith Bateman	NSW	4:12.35	96.48%	6/07/2011
W50	High Jump	Marie Kay	Qld	1.51m	85.88%	6/07/2011
W50	Heptathlon	Marie Kay	Qld	6202pts	-	6/07/2011
M40	Decathlon	Mark Jeffery	WA	6036pts	-	6/07/2011
W45	100m	Julie Brims	Qld	12.37s	90.15%	7/07/2011
W75	Hammer	Val Worrell	Vic	32.17m	65.91%	8/07/2011
W70	800m	Anne Stobaus	Vic	3:03.94	85.71%	11/07/2011
M70	300m Hurdles	Mick Stevenson	Tas	51.64s	83.45%	11/07/2011
W65	300m Hurdles	Marge Allison	Qld	54.06s	93.03%	11/07/2011
W70	1500m	Lorraine Lopes	WA	6:31.96	81.64%	15/07/2011
W60	Triple Jump	Margaret Taylor	ACT	9.56m	87.48%	15/07/2011
M75	Throws Pentathlon	Tom Hancock	Vic	4290pts	-	15/07/2011
M55	1500m	Keith Bateman	NSW	4:12.35	95.69%	15/07/2011
M45	High Jump	David Hoyle	Vic	1.87m	84.76%	16/07/2011
W70	20km Walk Road	Joan Purcell	Qld	2:30:05	77.23%	16/07/2011
M65	20km Walk Road	Andrew Jamieson	Vic	1:42:56.8	92.95%	16/07/2011
W70	400m	Anne Stobaus	Vic	76.63s	88.13%	16/07/2011

M70	2000m Steeplechase	Peter Sandery	SA	8:16.57	83.65%	17/07/2011
M65	20km Walk Road	Andrew Jamieson	Vic	1:41:27	94.32%	21/08/2011
M70	3000m	Peter Sandery	SA	11:19.08	87.88%	26/08/2011
W60	30km Walk Road	Heather Carr	Vic	3:19:01	88.38%	11/09/2011
M65	30km Walk Road	Andrew Jamieson	Vic	2:39:25	95.77%	11/09/2011
W40	50km Walk Road	*Michelle Thompson	Vic	5:13:14	81.82%	11/09/2011
W60	50km Walk Road	Liz Feldman	Vic	6:05:43	88.57%	11/09/2011
M60	Heavy Weight 56lb	Roger Glass	Vic	7.44m	-	25/09/2011
M60	Heavy Weight Pentathlon	Roger Glass	Vic	4459pts	-	25/09/2011
W65	One Hour Run	Lavinia Petrie	Vic	13640m	-	26/09/2011
W70	Heavy Weight 100lb	Fran Harris	ACT	1.37m	-	3/10/2011
W70	Heavy Weight 56lb	Fran Harris	ACT	2.36m	-	3/10/2011
M55	Heavy Weight 100lb	Geoff Crumpton	ACT	4.02m	-	3/10/2011
M30	Heavy Weight 100lb	Grzegorz Urbanowicz	WA	3.97m	-	3/10/2011
M30	Heavy Weight 56lb	Grzegorz Urbanowicz	WA	7.74m	-	3/10/2011
M30	Heavy Weight Pentathlon	Grzegorz Urbanowicz	WA	2981pts	-	3/10/2011
W55	Heavy Weight 100lb	Jill Taylor	NSW	1.62m	-	3/10/2011
M60	Heavy Weight 100lb	Roger Glass	Vic	3.68m	-	3/10/2011
M60	Heavy Weight 56lb	Roger Glass	Vic	7.49m	-	3/10/2011
W35	Heavy Weight 100lb	Tatiana Sudarikova	NSW	2.22m	-	3/10/2011
W35	Heavy Weight 56lb	Tatiana Sudarikova	NSW	4.30m	-	3/10/2011
W55	5k Walk	Lyn Ventris	WA	24:16.77	95.27%	7/10/2011
W55	3k Walk	Lyn Ventris	WA	14:26.99	94.70%	8/10/2011
W55	1500m Walk	Lyn Ventris	WA	7:00.30	92.23%	9/10/2011
W55	10k Road Walk	Lyn Ventris	WA	50:32	94.33%	12/10/2011
W75	800m	Cory Collins	ACT	3:56.00	71.64%	20/10/2011
M75	2000m Walk	Bob Gardiner	Vic	11:20.1	-	22/10/2011
M35	Decathlon	Geoff Gibbons	Tas	6204pts	-	22/10/2011
M75	200m	Hugh Coogan	Qld	28.71s	89.12%	23/10/2011
M75	400m	Hugh Coogan	Qld	65.04s	88.67%	23/10/2011
W75	400m	Cory Collins	ACT	94.02s	77.17%	27/10/2011
M75	60m	Hugh Coogan	Qld	8.91s	89.13%	29/10/2011
W70	Heavy Weight Pentathlon	Jan Banens	ACT	4699pts	-	1/11/2011
M75	400m	Hugh Coogan	Qld	64.10s	89.97%	5/11/2011



M65	2000m Walk	Andrew Jamieson	Vic	9:33.5	-	12/11/2011
W35	3000m	Belinda Martin	NSW	9:18.51	89.33%	12/11/2011
M75	100m	Hugh Coogan	Qld	13.97s	89.72%	12/11/2011
M75	200m	Hugh Coogan	Qld	28.44s	89.97%	12/11/2011
M75	60m	Hugh Coogan	Qld	8.84s	89.84%	12/11/2011
W35	2000m Walk	Kelly Ruddick	Vic	8:42.2	-	12/11/2011
W50	3000m	Robyn Basman	NSW	10:30.27	89.65%	12/11/2011
W70	Hammer	Jan Banens	ACT	34.96m	82.12%	17/11/2011
W70	Hammer	Jan Banens	ACT	35.67m	83.78%	26/11/2011
W55	Pole Vault	Dawn Hartigan	Vic	2.80m	71.00%	30/11/2011
W55	Pole Vault	Dawn Hartigan	Vic	2.85m	72.27%	3/12/2011
M70	3000m	Peter Sandery	SA	11:11.25	88.91%	3/12/2011
M60	Pole Vault	Phillip Carrero	NSW	3.34m	73.60%	10/12/2011
W55	Pole Vault	Dawn Hartigan	Vic	3.00m	76.07%	17/12/2011
W40	Pentathlon	Lynette Smith	NSW	3091pts	-	8/01/2012
M35	Decathlon	Geoff Gibbons	Tas	6634pts	-	14/01/2012
M45	60m	Jaye Hanson	Tas	7.34s	90.29%	15/01/2012
W55	Pole Vault	Dawn Hartigan	Vic	3.07m	77.85%	21/12/2012
M30	110m Hurdles	Greg Eyears	NSW	14.13s	90.59%	4/02/2012
W55	Pole Vault	Dawn Hartigan	Vic	3.11m	78.86%	4/02/2012
W75	800m	Cory Collins	ACT	3:54.65	72.06%	6/02/2012
W75	400m	Cory Collins	ACT	90.69s	80.00%	10/02/2012
W75	Throws Pentathlon	Heather Doherty	Qld	3979pts	-	10/02/2012
M45	Mile	Robert Schwerkolt	Vic	4:27.70	90.06%	16/02/2012
M40	60m	Gregory Smith	NSW	7.19s	90.10%	25/02/2012
W85	5000m Walk	Heather Lee	NSW	42:05.26	79.40%	26/02/2012
M70	Discus	Keith James	NSW	41.66m	66.77%	26/02/2012
W85	3000m Walk	Lorna Thompson	Qld	25:10.70	78.41%	3/03/2012
M40	Pentathlon	Justin Hanrahan	Vic	3277pts	-	4/03/2012
M65	5000m Walk	Andrew Jamieson	Vic	24:46.05	91.81%	9/03/2012
W50	High Jump	Deann Mayfield	Qld	1.52m	85.61%	10/03/2012
M75	100m	Hugh Coogan	Qld	13.86s	90.44%	10/03/2012
M75	60m	Hugh Coogan	Qld	8.78s	90.45%	10/03/2012
M60	Pole Vault	Phillip Carrero	NSW	3.40m	74.93%	10/03/2012

M70	Throws Pentathlon	Keith James	NSW	4122pts	-	11/03/2012
M55	Heavy Weight 56lb	Lajos Joni	NSW	7.87m	-	11/03/2012
W55	3000m	Kathy Southgate	ACT	11:12.51	86.53%	15/03/2012
W70	10000m	Lorraine Lopes	WA	48:59.9	82.91%	15/03/2012
M50	Mile	Scott Lawrence	Vic	4:52.24	85.37%	17/03/2012
M65	5000m Walk	Andrew Jamieson	Vic	24:17.1	93.64%	18/03/2012
M80	Hammer	Wim van Weenen	Vic	38.78m	64.76%	18/03/2012
M80	Throws Pentathlon	Wim van Weenen	Vic	3862pts	-	18/03/2012
M80	Weight Throw	Wim van Weenen	Vic	15.35m	63.00%	18/03/2012
W70	1500m	Lorraine Lopes	WA	6:29.7	82.11%	20/03/2012
W65	Pentathlon w/shot	Peggy Macliver	WA	3494pts	-	20/03/2012
W55	5k Walk	Lyn Ventris	WA	23:57.9	96.52%	22/03/2012
W55	3000m Walk	Lyn Ventris	Australia	14:16.41	95.89%	24/03/2012
M75	Long Jump	David Clive	Australia	4.37m	82.58%	24/03/2012
W70	1500m	Lorraine Lopes	Australia	6:29.49	82.16%	24/03/2012
W90	100m	Margaret Prowse	Vic	43.1h	42.61%	24/03/2012
M80	Hammer	Wim van Weenen	Vic	41.85m	69.89%	24/03/2012
M65	1500m Walk	Andrew Jamieson	Vic	6:52.56	91.54%	25/03/2012
W90	60m	Margaret Prowse	Vic	25.54s	45.41%	25/03/2012
W80	60m	Pat Carr	WA	12.95s	74.19%	25/03/2012
W70	200m Hurdles	Ruth Johnson	WA	48.04s	70.92%	25/03/2012
M80	Weight Throw	Wim van Weenen	Vic	16.58m	68.04%	25/03/2012
M30	200m	Jay Stone	NSW	21.84s	88.60%	1/04/2012
M70	100m	Bob Wishart	Vic	13.28s	90.76%	6/04/2012
W35	Hammer	Byrony Glass	WA	54.47m	70.43%	6/04/2012
M75	Long Jump	David Clive	WA	4.42m	83.53%	6/04/2012
W85	1500m Walk	Heather Lee	NSW	11:36.90	78.55%	6/04/2012
W90	100m	Margaret Prowse	Vic	43.22s	42.73%	6/04/2012
M80	1500m Walk	Osmo Millridge	NSW	9:54.62	74.73%	6/04/2012
M70	1500m Walk	Ralph Bennett	Vic	8:00.40	82.47%	6/04/2012
M35	60m	Robert Vidler	Vic	7.21s	88.00%	6/04/2012
W70	10000m	Sandy Brunner	SA	48:31.23	83.73%	6/04/2012
M80	Hammer	Wim van Weenen	Vic	41.98m	70.10%	6/04/2012
W65	2000m Steeplechase	Anne Lang	SA	10:42.65	113.32%	7/04/2012

W75	Discus	Heather Doherty	Qld	24.46m	64.97%	7/04/2012
W85	5000m Walk	Heather Lee	NSW	41:25.35	80.67%	7/04/2012
M50	Discus	Richard Fejer	Vic	46.07m	64.23%	7/04/2012
W40	1500m	Suzu Cole	Tas	4:31.63	89.25%	7/04/2012
W55	10km Walk Road	Lyn Ventris	WA	49:59	95.37%	7/04/2012
M80	200m Hurdles	Osmo Millridge	NSW	44.11	74.42%	8/04/2012
W70	5000m	Sandy Brunner	SA	23:02.20	85.27%	8/04/2012
W55	Pole Vault	Dawn Hartigan	Vic	3.20m	81.14%	8/04/2012
W35	Throws Pentathlon	Byrony Glass	WA	3621pts	-	8/04/2012
M75	10km Walk Road	Bob Gardiner	Vic	59:55	86.36%	9/04/2012
W85	10km Walk Road	Heather Lee	NSW	84:06	83.01%	9/04/2012
M75	10km Walk Road	Bob Gardiner	Vic	59:55	86.36%	9/04/2012
W35	Pentathlon w/shot	Leonie Hoffman	Qld	2852pts	-	9/04/2012
W50	Pentathlon w/shot	Christine Shaw	NSW	3129pts	-	9/04/2012
W35	Weight Throw	Byrony Glass	WA	17.29m	71.77%	9/04/2012
M65	3000m Walk	Andrew Jamieson	Vic	14:20.10	93.99%	14/04/2012
M65	5000m Walk	Andrew Jamieson	Vic	24m 14s	93.84%	14/04/2012
W70	3000m	Sandy Brunner	SA	13:21.93	86.41%	14/04/2012
M65	10km Walk Road	Andrew Jamieson	Vic	49:05	95.13%	12/05/2012
M65	10km Walk Road	Andrew Jamieson	Vic	48:39	95.98%	19/05/2012
M70	30km Walk Road	Robin Whyte	ACT	3:19:13	81.33%	10/06/2012
M80	Mile	David Carr	WA	6:26.6	88.20%	21/06/2012
M75	80m Hurdles	Don Chambers	Vic	15.34s	82.06%	24/06/2012
M70	20km Walk Road	Ralph Bennett	Vic	1:57:35	86.18%	24/06/2012
M80	800m	David Carr	WA	2:49.0	88.43%	26/06/2012
M80	2000m Steeplechase	David Carr	WA	9:39.3	82.10%	26/06/2012
W55	10km Walk Road	Lyn Ventris	WA	49:34	96.17%	15/07/2012
W60	1500m	Jeanette Flynn	Qld	5:35.97	85.74%	29/07/2012
M65	20km Walk Road	Andrew Jamieson	Vic	1:40:14	96.52%	29/07/2012
W55	20km Walk Road	Lyn Ventris	WA	1:43:11	94.76%	29/07/2012
M80	2000m Steeplechase	David Carr	WA	9:38.1	82.27%	31/07/2012
W55	10km Walk Road	Lyn Ventris	WA	49:15	96.17%	19/08/2012
M80	5000m	David Carr	WA	23:40.9	81.56%	23/08/2012
W55	20km Walk Road	Lyn Ventris	WA	1:40:42	97.09%	26/08/2012

W60	3000m	Jeanette Flynn	Qld	11:50.53	86.34%	2/09/2012
W40	30km Walk Road	*Michelle Thompson	Vic	3:08:30	74.78%	9/09/2012
W40	50km Walk Road	*Michelle Thompson	Vic	5:23:38	79.19%	9/09/2012
W45	30km Walk Road	Sandra Howorth	Vic	4:07:15	59.68%	9/09/2012
M80	3000m	David Carr	WA	13:25.3	84.02%	13/09/2012
W60	Mile	Jeanette Flynn	Qld	5:56.00	88.08%	29/09/2012
W40	Super Weight	Althea Mackie	Qld	7.75m	-	1/10/2012
M45	Heavy Weight Pentathlon	Stuart Gyngell	NSW	4576pts	-	1/10/2012
W55	Heavy Weight Pentathlon	Jill Taylor	NSW	3708pts	-	1/10/2012
W70	Heavy Weight Pentathlon	Jan Banens	ACT	3988pts	-	1/10/2012
W50	High Jump	Deann Mayfield	Qld	1.53m	86.17%	6/10/2012
W70	2000m Walk	Gwen Steed	Vic	12:34.4	-	13/10/2012
W50	High Jump	Deann Mayfield	Qld	1.54m	86.73%	13/10/2012
W55	Half Marathon	Stacey van Dueren	Vic	82:21	90.63%	14/10/2012
M80	10000m	David Carr	WA	49:05.1	79.01%	18/10/2012
W50	High Jump	Deann Mayfield	Qld	1.55m	87.30%	20/10/2012
M80	3000m	David Carr	WA	13:12.3	85.40%	25/10/2012
M65	2000m Walk	Andrew Jamieson	Vic	9:10.4	-	27/10/2012
W70	2000m Walk	Gwen Steed	Vic	12:33.2	-	27/10/2012
M70	2000m Walk	Ralph Bennett	Vic	10:52.5	-	27/10/2012
M85	3000m	Rad Leovic	ACT	17:59.92	68.33%	1/11/2012
M65	3000m Walk	Andrew Jamieson	Vic	14:13.60	95.67%	3/11/2012
W85	10km Walk Road	Heather Lee	NSW	81:17	85.88%	4/11/2012
W50	High Jump	Deann Mayfield	Qld	1.56m	87.86%	5/11/2012
W65	2000m Steeplechase	Irene Davey	Qld	10:26.48	85.40%	5/11/2012
M65	High Jump	John Serle	NSW	1.52m	84.67%	5/11/2012
W85	3000m Walk	Heather Lee	NSW	23:24.89	84.32%	5/11/2012
W85	5000m Walk	Heather Lee	NSW	40:06.97	83.30%	5/11/2012
W60	1500m	Jeanette Flynn	Qld	5:28.07	88.68%	8/11/2012
M50	Heavy Weight 56lb	Grant Edwards	ACT	9.79m	-	11/11/2012
M50	One Hour Run	Bruce Graham	ACT	17067m	-	15/11/2012
M85	One Hour Run	Rad Leovic	ACT	9137m	-	15/11/2012
M45	Pole Vault	Howard Arbuthnot	Qld	4.40m	79.94%	17/11/2012
W55	3000m	Stacey van Dueren	Vic	11:06.2	87.35%	17/11/2012

M40	High Jump	Nick Moroney	NSW	2.10m	90.87%	18/11/2012
M55	Discus	Wayne Martin	NSW	44.47m	69.01%	20/11/2012
W60	800m	Jeanette Flynn	Qld	2:34.77	92.10%	22/11/2012
W80	5000m	Norma Wallett	ACT	31:11.58	76.01%	22/11/2012
W55	5000m	Stacey van Dueren	Vic	18:37.25	88.95%	22/11/2012
W85	Hammer	Raema McMillan	WA	18.35m	51.85%	27/11/2012
W85	Weight Throw	Raema McMillan	WA	7.57m	54.93%	27/11/2012
M80	1500m	David Carr	WA	6:12.0	84.02%	6/12/2012
W70	3000m Walk	Gwen Steed	Vic	19:09.2	83.45%	8/12/2012
M80	Throws Pentathlon	Wim van Weenen	Vic	3930pts	-	9/12/2012
M85	200m Hurdles	Rad Leovic	ACT	60.05s	60.91%	13/12/2012
M40	High Jump	Nick Moroney	NSW	2.15m	93.04%	15/12/2012
W55	3000m	Stacey van Dueren	Vic	10:54.6	88.90%	20/12/2012
M75	80m Hurdles	Don Chambers	Vic	15.03s	83.76%	22/12/2012
W50	60m	Julie Forster	NSW	8.49s	88.55%	22/12/2012
M85	Mile	Rad Leovic	ACT	9:23.13	66.71%	10/01/2013
W35	2000m Walk	Kelly Ruddick	Vic	8:26.4	-	19/01/2013
M80	2000m Steeplechase	David Carr	WA	9:35.1	82.70%	1/02/2013
W35	Weight Throw	Byrony Glass	WA	18.02m	74.80%	5/02/2013
M35	1500m	Brett Halls	NSW	3:53.52	89.98%	8/02/2013
M30	100m	Piyush Kumar	NSW	10.71s	89.45%	8/02/2013
M30	High Jump	Shaun Fletcher	NSW	1.97m(=)	80.41%	8/02/2013
M80	1500m	David Carr	WA	5:54.3	88.22%	12/02/2013
M85	2000m Steeplechase	Rad Leovic	ACT	12:37.03	69.81%	14/02/2013
W35	2000m Walk	Kelly Ruddick	Vic	8:22	-	16/02/2013
W50	Javelin	Jayne Hardy	ACT	32.52m	56.57%	17/02/2013
W85	Javelin	Raema McMillan	WA	11.75m	45.26%	19/02/2013
W70	2000m Steeplechase	Anne Lang	SA	11:10.9	86.45%	20/02/2013
M85	Pentathlon	Rad Leovic	ACT	2799pts	-	21/02/2013
M60	High Jump	Clayton Tompkins	NSW	1.60m	84.35%	22/02/2013
M80	Shot Put	George Mencik	ACT	10.71m	63.76%	23/02/2013
W50	Heavy Weight 100lb	Jayne Hardy	ACT	2.09m	-	23/02/2013
W55	Pole Vault	Dawn Hartigan	Vic	3.26m	82.67%	23/02/2013
M80	800m	David Carr	WA	2:48.5	88.70%	26/02/2013

M40	Pentathlon	Mark Jeffery	WA	3347pts	-	2/03/2013
W30	Pentathlon	Melissa Foster	WA	2518pts	-	2/03/2013
W50	Pentathlon	Donna Burgess	Vic	3509pts	-	3/03/2013
W75	Pentathlon	Miriam Cudmore	SA	3819pts	-	6/03/2013
M80	Weight Throw	George Mencik	ACT	16.71m	68.58%	7/03/2013
M85	200m Hurdles	Rad Leovic	ACT	54.84s	66.69%	7/03/2013
M80	400m	David Carr	WA	71.40s	85.86%	9/03/2013
W85	Hammer	Raema McMillan	WA	18.55m	52.42%	9/03/2013
W85	Javelin	Raema McMillan	WA	12.09m	46.57%	10/03/2013
M80	Shot Put	George Mencik	ACT	10.73m	63.88%	14/03/2013
M30	Mile	Scott Tamblin	WA	4:18.98	86.16%	16/03/2013
M90	60m	Dan Begley	Qld	27.37s	35.32%	17/03/2013
M70	Shot Put	Lee Christopher	NSW	13.54m	75.64%	17/03/2013
M35	Weight Throw	Richard Meiring	NSW	18.56m	75.49%	17/03/2013
W85	Weight Throw	Raema McMillan	WA	9.90m	71.84%	19/03/2013
W75	Long Jump	Miriam Cudmore	SA	3.33m	75.95%	20/03/2013
M90	60m	Dan Begley	Qld	27.37s	35.32%	20/03/2013
W70	Heavy Weight 56lb	Fran Harris	ACT	2.67m	-	23/03/2013
W50	Heavy Weight 56lb	Jayne Hardy	ACT	4.07m	-	23/03/2013
W35	Hammer	Byrony Glass	WA	54.67m	70.69%	29/03/2013
W75	Long Jump	Miriam Cudmore	SA	3.34m	76.18%	29/03/2013
M75	10000m	Lachlan Lavis	ACT	42:30	87.48%	29/03/2013
W70	2000m Steeplechase	Anne Lang	SA	11:03.03	87.47%	30/03/2013
W65	2000m Steeplechase	Gillian Young	WA	10:02.49	88.80%	30/03/2013
M60	High Jump	Clayton Tompkins	NSW	1.61m	84.88%	31/03/2013
W50	Javelin	Jayne Hardy	ACT	34.64m	60.26%	31/03/2013
M70	Shot Put	Leo Christopher	NSW	13.44m	75.08%	31/03/2013
W75	Triple Jump	Miriam Cudmore	SA	7.49m	81.79%	31/03/2013
W50	Pentathlon	Donna Burgess	Vic	3583pts	-	1/04/2013
W85	10km Walk Road	Heather Lee	NSW	80:54	87.81%	1/04/2013
W40	Pentathlon	Lee-Anne Grosvenor	Qld	3162pts	-	1/04/2013
W30	Pentathlon	Melissa Foster	WA	2667pts	-	1/04/2013
M80	Throws Pentathlon	George Mencik	ACT	3982pts	-	14/04/2013
W50	Heavy Weight 100lb	Jayne Hardy	ACT	2.14m	-	27/04/2013

M60	Half Marathon	Ron Peters	Qld	75:52	91.47%	28/04/2013
W40	10km Walk Road	Kelly Ruddick	Vic	46:27	91.13%	26/05/2013
W40	20km Walk Road	Kelly Ruddick	Vic	1:36:46	89.94%	29/06/2013
W75	20km Walk Road	Margaret Beaumont	Vic	3:06:59	66.66%	29/06/2013
M60	Half Marathon	Ron Peters	Qld	75:07	92.39%	7/07/2013
W40	10km Walk Road	Kelly Ruddick	Vic	46:35	90.87%	13/07/2013
W50	Heavy Weight 56lb	Jayne Hardy	ACT	4.14m	-	27/07/2013
W75	20km Walk Road	Margaret Beaumont	Vic	2:57:00	70.42%	4/08/2013
W40	10km Walk Road	Kelly Ruddick	Vic	46:15	91.53%	4/08/2013
M70	Shot Put	Leo Christopher	NSW	13.60m	75.97%	5/08/2013
W40	10km Walk Road	Kelly Ruddick	Vic	45:26	93.17%	17/08/2013
W60	800m	Jeanette Flynn	Qld	2:33.96	91.65%	18/08/2013
W40	20km Walk Road	Kelly Ruddick	Vic	1:33:15	93.34%	1/09/2013
W70	One Hour Run	Lavinia Petrie	Vic	13044m	-	13/09/2013
W80	Discus	Heather Doherty	Qld	20.74m	63.58%	21/09/2013
W80	Javelin	Heather Doherty	Qld	15.92m	51.89%	21/09/2013
W80	Throws Pentathlon	Heather Doherty	Qld	4202pts	-	21/09/2013
W80	Shot Put	Heather Doherty	Qld	7.12m(=)	58.41%	21/09/2013
W80	Weight Throw	Heather Doherty	Qld	9.33m(=)	57.53%	21/09/2013
M80	Heavy Weight 100lb	Wim van Weenen	Vic	1.99m	-	22/09/2013
M80	Heavy Weight 56lb	Wim van Weenen	Vic	4.30m	-	22/09/2013
M80	Weight Throw	George Mencik	ACT	16.92m	69.44%	5/10/2013
M85	2000m Walk	Russell Grigg	Qld	18:40	-	5/10/2013
W70	1500m	Lavinia Petrie	Vic	6:11.76	86.07%	6/10/2013
W40	Heavy Weight 56lb	Althea Mackie	Qld	5.00m	-	7/10/2013
W50	Heavy Weight 56lb	Jayne Hardy	ACT	4.40m	-	7/10/2013
M50	Heavy Weight Pentathlon	Grant Edwards	ACT	4647pts	-	7/10/2013
M75	Heavy Weight Pentathlon	Ken Priestley	Vic	3808pts	-	7/10/2013
W50	Heavy Weight Pentathlon	Jayne Hardy	ACT	4321pts	-	7/10/2013
W40	5k Walk	Kelly Ruddick	Vic	21:57.4	94.32%	7/10/2013
M30	5000m	Stephen Dinneen	Vic	14:41.02	85.96%	8/10/2013
W70	5000m	Lavinia Petrie	Vic	21:34.23	91.06%	8/10/2013
W55	High Jump	Alex Lloyd	ACT	1.35m(=)	79.90%	10/10/2013
M40	Decathlon	Justin Hanrahan	Vic	6165pts	-	17/10/2013

W80	Shot Put	Heather Doherty	Qld	7.20m	59.07%	19/10/2013
W75	Javelin	Miriam Cudmore	SA	21.01m	59.02%	19/10/2013
W65	Triple Jump	Margaret Taylor	ACT	8.50m	80.00%	22/10/2013
M50	One Hour Run	Bruce Graham	ACT	17357m	-	24/10/2013
W50	Javelin	Jayne Hardy	ACT	36.19m	62.96%	24/10/2013
M80	Javelin	Erkki Saarinen	Qld	32.99m	61.65%	2/11/2013
W40	3000m Walk	Kelly Ruddick	Vic	13:07.25	93.04%	2/11/2013
W40	2000m Walk	Kelly Ruddick	Vic	8:46.8	-	16/11/2013
M50	Discus	Stuart Gyngell	NSW	49.45m	68.95%	30/11/2013
M50	Shot Put	Stuart Gyngell	NSW	17.52m	86.58%	30/11/2013
W80	Javelin	Heather Doherty	Qld	16.46m	53.65%	7/12/2013
W50	60m	Gianna Mogentale	NSW	8.41m	88.78%	15/12/2013
M80	Javelin	Erkki Saarinen	Qld	33.80m	63.16%	21/12/2013
W80	Discus	Heather Doherty	Qld	21.78m	66.77%	21/12/2013
W80	Weight Throw	Heather Doherty	Qld	9.52m	58.70%	21/12/2013
W35	60m	Wendy Seegers	WA	7.88m	88.20%	29/12/2013
W50	60m	Gianna Mogentale	NSW	8.40s	88.89%	6/01/2014
W80	Shot Put	Heather Doherty	Qld	7.44m	61.04%	6/01/2014
W60	Throws Pentathlon	Chris Schultz	Vic	3279pts	-	6/01/2014
M50	Throws Pentathlon	Stuart Gyngell	NSW	4049pts	-	8/01/2014
M50	Shot Put	Stuart Gyngell	NSW	17.57m	86.83%	8/01/2014
W80	Javelin	Heather Doherty	Qld	17.27m	56.29%	9/01/2014
W80	Throws Pentathlon	Heather Doherty	Qld	4269pts	-	9/01/2014
W65	Throws Pentathlon	Mary Thomas	NSW	3651pts	-	9/01/2014
W60	Javelin	Wilma Perkins	Qld	21.72m	46.84%	10/01/2014
W70	Javelin	Helen Searle	Qld	14.75m	40.47%	10/01/2014
W80	Javelin	Heather Doherty	Qld	19.45m	63.40%	10/01/2014
W80	Weight Throw	Heather Doherty	Qld	9.63m	59.37%	10/01/2014
W70	1500m	Lavinia Petrie	Vic	6:06	87.43%	10/01/2014
M50	Discus	Stuart Gyngell	NSW	49.65m	69.22%	10/01/2014
W70	Half Marathon	Lavinia Petrie	Vic	97:38	90.91%	12/01/2014
M50	Discus	Stuart Gyngell	NSW	50.65m	70.62%	15/01/2014
M50	Shot Put	Stuart Gyngell	NSW	18.40m	90.93%	15/01/2014
W70	3000m	Lavinia Petrie	Vic	13:07.79	87.96%	24/01/2014



W70	10k	Lavinia Petrie	Vic	45:28.73	90.15%	24/01/2014
W65	Javelin	Mary Thomas	NSW	23.57m	57.10%	24/01/2014
M50	Shot Put	Stuart Gyngell	NSW	18.63m	92.07%	25/01/2014
W50	200m	Gianna Mogentale	NSW	26.48s	89.75%	26/01/2014
M45	High Jump	Chris Anderson	WA	1.90m	86.12%	16/02/2014
W65	Pentathlon w/shot	Jean Hampson	Qld	2916pts	-	16/02/2014
M30	Mile	Scott Tamblin	WA	4:11.94	88.56%	22/02/2014
W50	60m	Gianna Mogentale	NSW	8.18s	91.28%	23/02/2014
M75	Pentathlon	Don Fraser	ACT	3360pts	-	27/02/2014
W70	Javelin	Jennifer Deravin	Vic	17.01m	46.68%	March 2014
W60	Pentathlon	Adele Lucas	Tas	2128pts	-	7/03/2014
M85	100m	Gwen Gleeson	ACT	25.19s	55.45%	8/03/2014
M35	Weight Throw	Richard Meiring	NSW	19.08m	78.54%	8/03/2014
W70	10k	Lavinia Petrie	Vic	44:43.27	91.68%	8/03/2014
W85	200m	Gwen Gleeson	ACT	58.33s	60.22%	9/03/2014
W75	Javelin	Miriam Cudmore	Adelaide	22.63m	63.57%	9/03/2014
M50	Discus	Stuart Gyngell	NSW	50.78m	70.80%	9/03/2014
W70	5000m	Lavinia Petrie	Vic	21:34.08	91.07%	9/03/2014
W50	60m	Gianna Mogentale	NSW	8.17s	91.39%	10/03/2014
W85	60m	Gwen Gleeson	ACT	14.78s	70.35%	10/03/2014
M40	Pentathlon	Paul Jeffery	WA	3639pts	-	15/03/2014
W60	Javelin	Wilma Perkins	Qld	21.72m(=)	46.84%	15/03/2014
W70	Throws Pentathlon	Jan Banens	ACT	3693pts	-	16/03/2014
W75	Pentathlon	Miriam Cudmore	SA	3916pts	-	19/03/2014
M90	Shot Put	Felix Jekabsons	Qld	6.95m	53.57%	22/03/2014
W70	Pentathlon	Lavinia Petrie	Vic	2712pts	-	23/03/2014
W40	5k Walk	Kelly Ruddick	Vic	21:46.68	95.10%	29/03/2014
W70	Mile	Lavinia Petrie	Vic	6:33.96	88.66%	31/03/2014
W40	10000m	Belinda Martin	NSW	34:50	88.05%	3/05/2014
W40	Heavy Weight 100lb	Samantha Latanis	NSW	2.33m	-	10/05/2014
W80	Super Weight	Mary Wahren	ACT	3.86m	-	18/05/2014
M85	3000m	Irwin Barrett-Lennard	WA	17:03.2	72.12%	5/06/2014
M85	Mile	Irwin Barrett-Lennard	WA	8:50.4	70.82%	5/06/2014
W60	Javelin	Wilma Perkins	Qld	23.42m	50.50%	8/06/2014

M30	Decathlon	*Stephen Cain	Vic	7787pts	-	July 2014
M85	5000m	Irwin Barrett-Lennard	WA	29:06.7	72.45%	3/07/2014
W70	Javelin	Mary Thomas	NSW	21.83m	59.90%	9/08/2014
W75	Shot Put	Helen Searle	Qld	9.73m	69.98%	21/09/2014
W65	Pole Vault	Wilma Perkins	Qld	2.00m	58.15%	21/09/2014
W70	Javelin	Mary Thomas	NSW	22.74m	62.40%	5/10/2014
W70	Throws Pentathlon	Mary Thomas	NSW	4290pts	-	5/10/2014
W75	Hammer	Helen Searle	Qld	32.27m	66.12%	6/10/2014
W75	Throws Pentathlon	Helen Searle	Qld	4363pts	-	6/10/2014
W75	Shot Put	Helen Searle	Qld	9.76m	70.19%	6/10/2014
W30	Heavy Weight 56lb	Melissa Holahan	NSW	4.45m	-	6/10/2014
M70	Heavy Weight Pentathlon	Graeme Rose	Vic	4326pts	-	6/10/2014
W65	2000m Walk	Heather Carr	Vic	11:00.52	-	11/10/2014
W80	Weight Throw	Heather Doherty	Qld	9.64m	59.44%	11/10/2014
W65	Pole Vault	Wilma Perkins	Qld	2.10m	61.06%	11/10/2014
M30	Half Marathon	Stephen Dinneen	Vic	66:42	86.98%	12/10/2014
M50	Half Marathon	Steve Moneghetti	Vic	69:43	92.18%	12/10/2014
W85	800m	Heather Lee	NSW	6:19.59	57.45%	1/11/2014
M50	Discus	Stuart Gyngell	NSW	51.08m	71.22%	1/11/2014
W70	200m Hurdles	Marge Allison	Qld	38.28s	89.00%	2/11/2014
W85	1500m	Heather Lee	NSW	11:56.80	60.10%	3/11/2014
W85	400m	Heather Lee	NSW	2:44.80	56.80%	3/11/2014
W70	1500m	Lavinia Petrie	Vic	6:04.06	87.89%	3/11/2014
W65	200m	Wendy Sheaves-Doran	Qld	31.11s	87.24%	3/11/2014
W65	60m	Wendy Sheaves-Doran	Qld	9.30s	89.76%	3/11/2014
W40	3000m	Belinda Martin	NSW	9:36.67	88.43%	8/11/2014
M50	High Jump	Ben Dickson	Qld	1.77m	84.19%	8/11/2014
W80	Discus	Heather Doherty	Qld	22.28m	70.45%	8/11/2014
M90	100m	Jim Sinclair	Vic	19.80s	77.43%	18/11/2014
W70	3000m	Lavinia Petrie	Vic	12:52.03	89.76%	18/11/2014
W35	60m	Wendy Seegers	WA	7.75s	89.68%	28/11/2014
M45	Pole Vault	Rob Hill	Qld	4.45m	80.85%	20/12/2014
M35	Mile	Philo Saunders	ACT	4:01.81	94.23%	2015
M50	Triple Jump	Nick Hodgson	Vic	12.94m	82.98%	10/01/2015

W65	100m	Evelyn Peake	SA	14.75s	89.03%	14/01/2015
W35	Heavy Weight 56lb	Byrony Glass	WA	5.40m	-	20/01/2015
M50	Triple Jump	Nick Hodgson	Vic	13.11m	84.07%	24/01/2015
M45	Pole Vault	Rob Hill	Qld	4.50m	81.76%	24/01/2015
W35	Triple Jump	Melissa Foster	WA	11.59m	74.77%	30/01/2015
M35	1500m	Scott Tamblin	WA	3:51.01	90.96%	30/01/2015
W30	100m Hurdles	Eliana Seymour	Qld	14.07s	86.71%	31/01/2015
W75	Weight Throw	Helen Searle	Qld	13.23m	70.84%	31/01/2015
W35	200m	Wendy Seegers	WA	24.79s	87.25%	6/02/2015
M30	200m	Adam Farlow	ACT	21.67s	88.56%	7/02/2015
W30	100m Hurdles	Eliana Seymour	Qld	14.05s	86.83%	7/02/2015
W65	100m	Evelyn Peake	SA	14.75s	89.03%	7/02/2015
W65	60m	Evelyn Peake	SA	9.28s	89.95%	7/02/2015
W65	400m	Evelyn Peake	SA	1:10.23	90.59%	11/02/2015
W75	Throws Pentathlon	Helen Searle	Qld	4637pts	-	12/02/2015
W75	Shot Put	Helen Searle	Qld	10.40m	74.80%	12/02/2015
M35	Mile	Scott Tamblin	WA	4:11.78	90.49%	14/02/2015
W35	100m	Wendy Seegers	WA	12.17s	87.43%	14/02/2015
M30	400m	Adam Farlow	ACT	47.63s	90.34%	21/02/2015
W55	100m	Marie Kay	Qld	13.44s	89.81%	21/02/2015
W70	Marathon	Lavinia Petrie	Vic	3:38:53	86.62%	22/02/2015
W75	3000m	Lorraine Lopes	WA	14:40.2	84.49%	24/02/2015
W70	Pentathlon	Anne Lang	SA	3089pts	-	25/02/2015
W65	Pentathlon	Evelyn Peake	SA	3415pts	-	25/02/2015
M35	3000m	Scott Tamblin	WA	8:36.8	85.27%	27/02/2015
W35	60m	Wendy Seegers	WA	7.63s	91.09%	27/02/2015
M45	Decathlon	Justin Hanrahan	Vic	7216pts	-	1/03/2015
W75	10000m	Lorraine Lopes	WA	51:31.8	84.45%	5/03/2015
W65	Triple Jump	Margaret Taylor	ACT	8.65m	82.58%	5/03/2015
W70	Throws Pentathlon	Mary Thomas	NSW	4405pts	-	7/03/2015
W35	100m	Wendy Seegers	WA	12.04s	88.37%	13/03/2015
M90	100m	Jim Sinclair	Vic	18.63s	82.29%	14/03/2015
M50	Pole Vault	Chris Boylen	Vic	3.75m	72.28%	15/03/2015
M90	200m	Jim Sinclair	Vic	43.12s	73.90%	15/03/2015

M90	400m	Jim Sinclair	Vic	1:56.71	64.72%	15/03/2015
M90	60m	Jim Sinclair	Vic	12.18s	79.36%	15/03/2015
M85	Triple Jump	Leo Coffey	Vic	7.00m	78.08%	15/03/2015
W65	100m	Evelyn Peake	SA	14.66s	89.58%	18/03/2015
W65	200m	Evelyn Peake	SA	30.87s	87.91%	18/03/2015
W75	800m	Lorraine Lopes	WA	3:26.25	81.98%	19/03/2015
W60	Throws Pentathlon	Chris Schultz	Vic	3402pts	-	22/03/2015
W80	Hammer	Val Worrell	Vic	25.77m	61.37%	22/03/2015
W80	Heavy Hammer	Val Worrell	Vic	9.72m	23.15%	22/03/2015
M45	Pole Vault	Rob Hill	Qld	4.60m	83.57%	27/03/2015
W30	100m Hurdles	Eliana Seymour	Qld	14.03s	86.96%	29/03/2015
W65	60m	Evelyn Peake	SA	9.27s	90.05%	3/04/2015
M90	60m	Jim Sinclair	Vic	12.12s	79.75%	3/04/2015
W65	Long Jump	Margaret Taylor	ACT	3.96m	79.85%	3/04/2015
W85	200m	Gwen Gleeson	ACT	57.85s	60.72%	4/04/2015
W45	Weight Throw	Gabi Watts	NSW	13.88m	71.24%	5/04/2015
M85	5000m	Irwin Barrett-Lennard	WA	28:58.90	72.77%	5/04/2015
M90	400m	Jim Sinclair	Vic	1:51.93	67.48%	5/04/2015
W60	Throws Pentathlon	June Lowe	NSW	3570pts	-	5/04/2015
W65	Triple Jump	Margaret Taylor	ACT	8.72m	83.25%	5/04/2015
W35	Triple Jump	Melissa Foster	WA	11.95m	77.10%	5/04/2015
M50	Throws Pentathlon	Stuart Gyngell	NSW	4072pts	-	5/04/2015
W70	Pentathlon	Anne Lang	SA	3222pts	-	6/04/2015
W40	Pentathlon	Lee-Anne Grosvenor	Qld	3290pts	-	6/04/2015
W75	Mile	Lorraine Lopes	WA	7:46.5	79.94%	21/04/2015
M85	2000m Steeplechase	Irwin Barrett-Lennard	WA	12:30.4	70.43%	12/05/2015
M70	1500m	Donald Mathewson	NSW	5:02.28	91.80%	6/06/2015
M70	3000m	Donald Mathewson	NSW	11:06.68	89.52%	6/06/2015
M80	Throws Pentathlon	Ron Simcock	NSW	4520pts	-	15/06/2015
M80	Shot Put	Ron Simcock	NSW	11.08m	65.96%	15/06/2015
W75	1500m	Lorraine Lopes	WA	7:09.6	79.12%	16/06/2015
W55	High Jump	Marie Kay	Qld	1.45m	85.81%	20/06/2015
W55	Long Jump	Marie Kay	Qld	5.00m	87.85%	20/06/2015
M85	5000m	Irwin Barrett-Lennard	WA	28:28.5	74.07%	23/06/2015

W60	3000m	Anne Ryan	Qld	11:46	86.89%	26/07/2015
W70	80m Hurdles	Jean Hampson	Qld	18.70s	73.62%	4/08/2015
W70	Heptathlon	Jean Hampson	Qld	4732pts	-	5/08/2015
M45	Long Jump	Justin Hanrahan	Vic	6.55m	85.41%	5/08/2015
W65	Heptathlon	Wilma Perkins	Qld	5415pts	-	6/08/2015
W55	Heptathlon	Marie Kay	Qld	6682pts	-	6/08/2015
W75	5000m	Lorraine Lopes	WA	27:03.79	77.82%	7/08/2015
W70	Javelin	Mary Thomas	NSW	24.31m	68.47%	7/08/2015
W65	Pole Vault	Wilma Perkins	Qld	2.11m	61.35%	8/08/2015
W55	200m	Marie Kay	Qld	27.30s	90.85%	10/08/2015
M75	300m Hurdles	Mick Stevenson	Tas	55.47s	82.63%	10/08/2015
W70	200m Hurdles	Marge Allison	Qld	36.71s	92.80%	11/08/2015
M65	Javelin	Bob Banens	ACT	42.85m	66.07%	12/08/2015
W75	Long Jump	Miriam Cudmore	SA	3.39m	79.85%	12/08/2015
W65	Long Jump	Wilma Perkins	Qld	4.02m	80.01%	12/08/2015
W45	400m	Janelle Delaney	NSW	57.37s	92.23%	15/08/2015
W55	80m Hurdles	Marie Kay	Qld	13.03s	91.90%	15/08/2015
W35	Triple Jump	Melissa Foster	WA	12.16m	78.45%	15/08/2015
M75	80m Hurdles	Mick Stevenson	Tas	14.98s	84.04%	15/08/2015
W60	Javelin	June Lowe	NSW	23.80m	52.50%	16/08/2015
W70	Throws Pentathlon	Mary Thomas	NSW	4407pts	-	16/08/2015
W70	Half Marathon	Lavinia Petrie	Vic	101:52	87.13%	16/08/2015
W60	Throws Pentathlon	Dorn Jenkins	Vic	4437pts	-	16/08/2015
W85	Half Marathon	Norma Walleth	ACT	2:42:43	70.41%	23/08/2015
M70	30km Walk Road	George White	SA	3:14:05	83.48%	29/08/2015
M70	50km Walk Road	Robin Whyte	ACT	6:06:34	75.82%	5/09/2015
W75	50km Walk Road	Val Chesterton	ACT	8:06:47	87.64%	5/09/2015
W65	30km Walk Road	Heather Carr	Vic	3:37:02	87.34%	13/09/2015
W45	50km Walk Road	Michelle Thompson	Vic	5:33:10	80.75%	13/09/2015
W75	Hammer	Helen Searle	Qld	32.55m	68.63%	26/09/2015
W60	One Hour Run	Bronwen Cardy	Vic	14109m	-	28/09/2015
W45	One Hour Run	Julie Norney	Vic	15421m	-	28/09/2015
M80	Shot Put	Ron Simcock	NSW	11.29m	67.21%	4/10/2015
W35	Heavy Weight 100lb	Audrey Muscat	NSW	2.27m	-	5/10/2015

W30	Heavy Weight 56lb	Melissa Holahan	NSW	5.87m	-	5/10/2015
M50	Throws Pentathlon	Stuart Gyngell	NSW	4192pts	-	5/10/2015
W65	Javelin	Wilma Perkins	Qld	24.51m	59.38%	5/10/2015
M80	Heavy Weight Pentathlon	Ron Simcock	NSW	5034pts	-	5/10/2015
W60	Throws Pentathlon	Dorn Jenkins	Vic	4443pts	-	7/10/2015
W80	One Hour Run	Consie Larmour	ACT	6448m	-	12/11/2015
W35	200m	Wendy Seegers	WA	24.42s	88.57%	13/11/2015
W45	Heavy Weight 56lb	Althea Mackie	Qld	4.78m	-	22/11/2015
W80	Mile	Anne Young	ACT	10:48.05	62.67%	26/11/2015
M35	3000m	Scott Tamblin	WA	8:35.3	85.52%	27/11/2015
W35	60m	Wendy Seegers	WA	7.61s	91.33%	27/11/2015
W80	60m	Consie Larmour	ACT	12.94s	74.25%	3/12/2015
M70	200m	Peter Crombie	NSW	26.97s	91.20%	12/12/2015
W80	400m	Consie Larmour	ACT	1:57.07	67.79%	17/12/2015
W35	400m	Wendy Seegers	WA	55.72s	88.95%	17/12/2015
W30	5000m	*Elloise Wellings	NSW	15:01.59	94.41%	2016
W45	400m	Adrienne Mclvor	Qld	57.11s	92.65%	9/01/2016
W45	400m	Adrienne Mclvor	Qld	56.89s	93.01%	9/01/2016
M55	400m	Trevor Young	NSW	55.06s	91.53%	9/01/2016
W65	Pole Vault	Wilma Perkins	Qld	2.12m	61.64%	9/01/2016
W40	3k Walk	Kelly Ruddick	Vic	12:58.8	95.30%	9/01/2016
W45	Heavy Weight 56lb	Althea Mackie	Qld	5.16m	-	10/01/2016
M45	Decathlon	Mark Jeffery	WA	7299pts	-	15/01/2016
M40	Decathlon	Paul Jeffery	WA	7007pts	-	15/01/2016
W35	100m	Wendy Seegers	WA	12.01s	88.59%	15/01/2016
M80	5000m	Colin McLeod	Qld	22:58.42	84.08%	16/01/2016
W65	2000m Walk	Heather Carr	Vic	10:56.8	-	16/01/2016
W60	Pentathlon	Carol Davis	Qld	3417pts	-	17/01/2016
W70	Pentathlon	Marge Allison	Qld	3437pts	-	17/01/2016
W65	Pentathlon	Wilma Perkins	Qld	3720pts	-	17/01/2016
W65	100m	Carol Davis	Qld	14.61s	89.89%	24/01/2016
W65	60m	Carol Davis	Qld	9.12s	91.53%	24/01/2016
W65	Pole Vault	Wilma Perkins	Qld	2.13m	61.93%	30/01/2016
W35	Heavy Weight 56lb	Byrony Glass	WA	5.71m	-	31/01/2016

M40	Heavy Weight Pentathlon	Matt Staunton	WA	3749pts	-	31/01/2016
W45	400m	Adrienne Mclvor	Qld	56.60s	93.49%	6/02/2016
W45	Heavy Weight Pentathlon	Gabi Watts	NSW	4174pts	-	6/02/2016
W30	Heavy Weight 56lb	Melissa Holahan	NSW	5.90m	-	7/02/2016
M75	Heavy Weight 100lb	Noel Donohoe	NSW	2.22m	-	7/02/2016
W45	800m	Adrienne Mclvor	Qld	2:11.19	94.17%	13/02/2016
W65	Pole Vault	Wilma Perkins	Qld	2.19m	63.68%	13/02/2016
W30	100m Hurdles	Eliana Seymour	Qld	13.94s	87.52%	20/02/2016
W55	Long Jump	Marie Kay	Qld	5.01m	88.03%	20/02/2016
W85	Pentathlon	Gwen Gleeson	ACT	1980pts	-	25/02/2016
M80	10000m	Colin McLeod	Qld	47:13.84	83.71%	26/02/2016
W75	Pole Vault	Val Chesterton	ACT	1.22m	41.32%	3/03/2016
W40	200m	Wendy Seegers	WA	24.52s	89.38%	3/03/2016
M30	Triple Jump	Shaun Fletcher	NSW	14.59m	79.77%	5/03/2016
M50	Long Jump	Luke Di Biasi	Vic	6.11m(=)	84.35%	19/03/2016
W60	Weight Throw	Dorn Jenkins	Vic	17.58m	80.84%	20/03/2016
W40	100m	Wendy Seegers	WA	12.18s	88.16%	24/03/2016
W30	Heptathlon	Jitka Hiscock	NSW	4626pts	-	1/04/2016
W80	Heavy Weight Pentathlon	Mary Wahren	ACT	2028pts	-	10/04/2016
M60	2000m Steeplechase	David McEwan	NSW	7:23.60	84.04%	16/04/2016
W30	Long Jump	Jitka Hiscock	NSW	5.74m	77.36%	16/04/2016
W50	60m	Julie Brims	Qld	8.14s	91.73%	16/04/2016
W55	60m	Julie Forster	NSW	8.71s	88.79%	16/04/2016
W50	200m	Julie Brims	Qld	26.09s	91.09%	17/04/2016
W60	Javelin	June Lowe	NSW	25.20m	55.59%	17/04/2016
M90	Javelin	Maurice Dauphinet	Qld	17.11m	46.89%	17/04/2016
W80	400m	Consie Larmour	ACT	1:55.76	68.56%	18/04/2016
M55	400m	Trevor Young	NSW	54.63s	92.88%	18/04/2016
W65	800m	Carol Davis	Qld	2:50.54	87.23%	19/04/2016
W30	Pentathlon	Jitka Hiscock	NSW	3236pts	-	19/04/2016
M90	Pentathlon	Maurice Dauphinet	Qld	2953pts	-	19/04/2016
W55	300m Hurdles	Michele Hossack	Vic	51.00s	90.35%	19/04/2016
W75	Pentathlon	Miriam Cudmore	SA	3931pts	-	19/04/2016
W55	300m Hurdles	Michele Hossack	Vic	50.12s	91.94%	4/05/2016

W80	200m	Consie Larmour	ACT	46.10s	69.48%	28/05/2016
M45	100m	Rob Colling	WA	11.34s	89.80%	5/06/2016
W75	30km Walk Road	Val Chesterton	ACT	4:42:31	80.68%	12/06/2016
W35	Heavy Weight Pentathlon	Byrony Glass	WA	4655pts	-	25/06/2016
M70	20k Walk Road	Andrew Jamieson	Vic	1:52:36	90.00%	26/06/2016
M70	10km Walk Road	Andrew Jamieson	Vic	53:16	92.04%	23/07/2016
W85	400m	Christiane Dauphinet	Qld	2:22.65	62.24%	31/07/2016
W75	Heavy Weight 56lb	Fran Harris	ACT	2.58m	-	27/08/2016
W85	800m	Christiane Dauphinet	Qld	5:34.89	61.74%	28/08/2016
W50	60m	Julie Brims	Qld	8.09s	92.30%	17/09/2016
W75	Heavy Weight 100lb	Fran Harris	ACT	1.19m	-	24/09/2016
W50	Javelin	Sueli Dashwood	Qld	36.77m	63.97%	24/09/2016
W60	Heavy Weight Pentathlon	Dorn Jenkins	Vic	4815pts	-	25/09/2016
M65	Heavy Weight Pentathlon	*Roger Glass	Vic	4331pts	-	25/09/2016
M50	Discus	Todd Davey	WA	52.03m	72.54%	29/09/2016
M80	Discus	Tom Hancock	Vic	29.60m	59.83%	1/10/2016
M80	Shot Put	Tom Hancock	Vic	11.77m	70.07%	1/10/2016
M50	Discus	Todd Davey	WA	53.75m	74.94%	2/10/2016
M80	Discus	Tom Hancock	Vic	31.07m	62.80%	2/10/2016
W35	Heavy Weight 100lb	Audrey Thomson	NSW	2.34m	-	3/10/2016
W50	Heavy Weight Pentathlon	Gabi Watts	NSW	4513pts	-	3/10/2016
W80	400m	Cory Collins	ACT	1:40.31	79.12%	6/10/2016
M70	3000m Walk	Andrew Jamieson	Vic	15:17	92.93%	8/10/2016
W50	100m	Julie Brims	Qld	12.60s	92.02%	8/10/2016
W50	60m	Julie Brims	Qld	8.01s	93.22%	8/10/2016
W80	100m	Cory Collins	ACT	19.29s	78.86%	13/10/2016
W75	80m Hurdles	Fran Harris	ACT	21.67s	68.25%	13/10/2016
W85	800m	Christiane Dauphinet	Qld	5:26.22	63.38%	15/10/2016
M40	110m Hurdles	Geoffrey Gibbons	Tas	15.62s	85.00%	15/10/2016
M35	Heavy Weight 56lb	Jamie Muscat	NSW	9.73m	-	15/10/2016
W50	200m	Julie Brims	Qld	26.02s	91.34%	15/10/2016
M80	Discus	Tom Hancock	Vic	33.63m	67.98%	15/10/2016
W80	400m	Cory Collins	ACT	1:35.55	83.06%	20/10/2016
W75	Hammer	Jan Banens	ACT	33.87m	69.39%	20/10/2016



M70	5000m Walk	Andrew Jamieson	Vic	26:42.08	89.83%	26/10/2016
W75	Hammer	Jan Banens	ACT	34.25m	70.17%	26/10/2016
M40	Weight Throw	Richard Meiring	NSW	16.65m	69.37%	26/10/2016
W50	100m	Julie Brims	Qld	12.39s	93.58%	27/10/2016
M55	Decathlon	Peter Murray	NSW	6130pts	-	27/10/2016
M40	100m	Ashley McMahon	NSW	10.85s	91.67%	28/10/2016
W75	Weight Throw	Jan Banens	ACT	13.48m	72.18%	28/10/2016
M95	800m	John Gilmour	WA	9:19.93	39.82%	28/10/2016
W75	5000m	Lorraine Lopes	WA	26:41.46	78.90%	28/10/2016
W65	80m Hurdles	Wilma Perkins	Qld	15.09s	86.42%	28/10/2016
W75	Heptathlon	Fran Harris	ACT	4215pts	-	29/10/2016
W65	Heptathlon	Wilma Perkins	Qld	5475pts	-	29/10/2016
M40	200m	Ashley McMahon	NSW	22.03s	92.20%	1/11/2016
W50	200m	Julie Brims	Qld	25.84s	91.98%	1/11/2016
W60	200m	Margaret Tweedie	Vic	29.99s	86.44%	1/11/2016
W50	Javelin	Sueli Dashwood	Qld	38.12m	66.31%	1/11/2016
W75	80m Hurdles	Fran Harris	ACT	21.24s	69.63%	4/11/2016
W75	20km Walk Road	Lynne Schickert	WA	2:52:27	72.28%	4/11/2016
W80	400m	Cory Collins	ACT	92.75s	85.56%	5/11/2016
M40	110m Hurdles	Geoffrey Gibbons	Tas	15.29s	86.83%	5/11/2016
W65	1500m	Jeanette Flynn	Qld	5:47.83	87.12%	5/11/2016
M95	1500m	John Gilmour	WA	19:35.95	39.51%	5/11/2016
W75	400m	Ruth Johnson	WA	89.78s	80.81%	5/11/2016
M80	Throws Pentathlon	Tom Hancock	Vic	4741pts	-	5/11/2016
W75	2000m Steeplechase	Fran Harris	ACT	14:54	72.15%	6/11/2016
W70	Half Marathon	Lavinia Petrie	Vic	1:41:00	87.88%	6/11/2016
M40	Weight Throw	Richard Meiring	NSW	17.26m	71.91%	6/11/2016
M80	High Jump	Tom Hancock	Vic	1.22m	81.69%	6/11/2016
M40	3000m	Philo Saunders	ACT	8:16.34	91.70%	12/11/2016
W80	One Hour Run	Anne Young	ACT	7202m	-	17/11/2016
W90	1500m Walk	Heather Lee	NSW	12:09.10	82.43%	19/11/2016
W90	3000m Walk	Heather Lee	NSW	25:34.18	84.28%	19/11/2016
W75	Hammer	Jan Banens	ACT	34.46m	70.60%	26/11/2016
W70	10000m	Lavinia Petrie	Vic	44:36.7	91.06%	6/12/2016

W65	800m	Jeanette Flynn	Qld	2:43.39	91.05%	7/12/2016
W90	5000m Walk	Heather Lee	NSW	42:37.46	85.75%	9/12/2016
M70	2000m Walk	Andrew Jamieson	Vic	10:32.9	-	10/12/2016
M40	Mile	Philo Saunders	ACT	4:12.18	92.76%	10/12/2016
W40	1500m	Belinda Martin	NSW	4:30.56	89.60%	10/12/2016
W65	400m	Jeanette Flynn	Qld	69.32s	91.77%	17/12/2016
W30	Marathon	Rochelle Rodgers	WA	2:43:49	81.84%	2017
W45	400m Hurdles	Lenore Lambert	NSW	63.63s	90.67%	01/01/2017
W70	Super Weight	Mary Thomas	NSW	7.68m	-	01/01/2017
M40	Decathlon	Geoffrey Gibbons	Tas	7022pts	-	8/01/2017
W65	2000m Walk	Heather Carr	Vic	10:52.2	-	21/01/2017
M35	200m	Jay Stone	NSW	21.96s	90.47%	22/01/2017
M30	200m	Leigh Bennett	NSW	21.63s	88.72%	22/01/2017
M40	Heavy Weight Pentathlon	Matt Staunton	WA	3918pts	-	22/01/2017
M40	1500m	Philo Saunders	ACT	3:49.70	94.31%	28/01/2017
M50	Discus	Todd Davey	WA	53.98m	75.26%	3/02/2017
M40	1500m	Philo Saunders	ACT	3:47.34	95.29%	5/02/2017
W80	200m	Cory Collins	ACT	39.91s	80.26%	7/02/2017
W80	100m	Cory Collins	ACT	19.11s	79.61%	7/02/2017
M50	Discus	Todd Davey	WA	55.26m	77.05%	7/02/2017
W65	Pentathlon	Carol Davis	Qld	3942pts	-	12/02/2017
W55	High Jump	Deann Mayfield	Qld	1.52m	89.96%	18/02/2017
M50	Throws Pentathlon	Todd Davey	WA	4195pts	-	18/02/2017
M35	200m	Jay Stone	NSW	21.96s	90.47%	21/02/2017
W70	Heavy Weight 56lb	Jeannette Williamson	ACT	2.75m	-	25/02/2017
W40	5000m	Sinead Diver	Vic	16:20.3	89.40%	2/03/2017
W55	High Jump	Deann Mayfield	Qld	1.53m	90.55%	4/03/2017
W75	Hammer	Jan Banens	ACT	35.28m	72.28%	9/03/2017
W70	80m Hurdles	Marge Allison	Qld	17.94s	78.79%	11/03/2017
W40	Marathon	Sinead Diver	Vic	2:31:37	92.14%	12/03/2017
W75	Hammer	Jan Banens	ACT	35.84m	73.43%	20/03/2017
M75	100m	Bob Wishart	Vic	13.56s	92.44%	25/03/2017
W65	2000m Steeplechase	Marlene Gourlay	Vic	9:41.24	92.05%	25/03/2017
M75	200m	Bob Wishart	Vic	28.42s	90.03%	26/03/2017

M75	60m	Bob Wishart	Vic	8.67s	91.60%	26/03/2017
W80	60m	Shirley Coppock	Vic	12.39s	77.54%	26/03/2017
W45	400m Hurdles	Lenore Lambert	NSW	63.85s	90.36%	31/03/2017
W40	Weight Throw	Byrony Glass	WA	15.83m	70.62%	1/04/2017
W30	Triple Jump	*Linda Allen	Qld	13.08m	84.39%	3/04/2017
W40	Hammer	Byrony Glass	WA	49.27m	70.02%	9/04/2017
M30	Heavy Weight 56lb	Michael Laws	NSW	8.16m	-	9/04/2017
W75	Weight Throw	Jan Banens	ACT	13.54m	72.50%	24/04/2017
W70	80m Hurdles	Marge Allison	Qld	17.35s	81.47%	27/04/2017
W70	Heptathlon	Marge Allison	Qld	5342pts	-	28/04/2017
W75	Hammer	Jan Banens	ACT	36.51m	74.80%	20/05/2017
W75	Heavy Weight 100lb	Jeannette Williamson	ACT	1.47m	-	20/05/2017
M40	Mile	Philo Saunders	ACT	4:07.04	94.69%	1/06/2017
M40	1500m	Philo Saunders	ACT	3:46.97	95.45%	3/06/2017
M30	1500m Walk	Kim Mottrom	SA	6:04.50	82.99%	9/06/2017
W80	1500m	June McIntyre	NT	9:09.49	66.98%	10/06/2017
M85	200m	Richard Hughes	NSW	35.13s	81.71%	10/06/2017
W45	2000m Steeplechase	Sharon Pedersen	Vic	7:51.79	89.57%	10/06/2017
M85	200m Hurdles	Osmo Millridge	NSW	52.22s	70.04%	11/06/2017
M40	Mile	Philo Saunders	ACT	4:05.95	95.11%	11/06/2017
M85	400m	Richard Hughes	NSW	1:25.63	78.14%	11/06/2017
W45	400m Hurdles	Lenore Lambert	NSW	63.63s	90.67%	12/06/2017
M85	1500m	David Carr	WA	6:27.3	88.44%	15/06/2017
M55	Decathlon	Dave Varley	Qld	6302pts	-	18/06/2017
M85	800m	David Carr	WA	3:06.69	88.15%	28/06/2017
M85	2000m Steeplechase	David Carr	WA	11:04.2	79.57%	6/07/2017
M40	1500m	Philo Saunders	ACT	3:45.95	95.88%	9/07/2017
M85	3000m	David Carr	WA	14:54.8	82.46%	20/07/2017
M85	100m	Richard Hughes	NSW	15.65s	89.25%	23/07/2017
W75	Heavy Weight Pentathlon	Jan Banens	ACT	4250pts	-	13/08/2017
W80	Heavy Weight Pentathlon	Mary Wahren	ACT	2214pts	-	13/08/2017
M85	Mile	David Carr	WA	7:16.7	86.02%	17/08/2017
M60	Half Marathon	David Riches	NSW	74:54	92.65%	3/09/2017
W40	Heavy Weight Pentathlon	Byrony Glass	WA	3587pts	-	17/09/2017

M55	Decathlon	Dave Varley	Qld	6400pts	-	24/09/2017
W60	Heavy Weight Pentathlon	Dorn Jenkins	Vic	5115pts	-	24/09/2017
M85	5000m	David Carr	WA	26:47.7	78.71%	28/09/2017
M55	Super Weight	Grant Edwards	ACT	8.63m	-	30/09/2017
M50	Heavy Weight 100lb	Todd Davey	WA	4.43m	-	1/10/2017
M30	Heavy Weight 100lb	Michael Day	Qld	4.16m	-	2/10/2017
M30	Heavy Weight 56lb	Michael Day	Qld	7.90m	-	2/10/2017
M40	Heavy Weight 56lb	Richard Meiring	NSW	10.49m	-	2/10/2017
M40	Heavy Weight Pentathlon	Richard Meiring	NSW	4668pts	-	2/10/2017
M50	Discus	Todd Davey	WA	55.54m	78.57%	3/10/2017
W75	Discus	Una Lund	Qld	25.32m	69.12%	7/10/2017
W75	3000m Walk	Gwen Steed	Vic	20:24.5	83.42%	7/10/2017
W30	Marathon	Rochelle Rodgers	WA	2:43:49	81.84%	15/10/2017
W75	3000m Walk	Gwen Steed	Vic	20:04.50	84.81%	21/10/2017
M85	200m	Richard Hughes	NSW	34.37s	83.52%	21/10/2017
M85	60m	Richard Hughes	NSW	10.17s	86.91%	21/10/2017
W90	3k Walk	Heather Lee	NSW	24m 57s	86.38%	23/10/2017
W90	5k Walk	Heather Lee	NSW	42m 36.5s	85.78%	24/10/2017
W75	Heavy Weight 56lb	Jeannette Williamson	ACT	2.76m	-	28/10/2017
M50	Pole Vault	Howard Arbutnot	Qld	4.10m	79.03%	29/10/2017
M85	10000m	David Carr	WA	55:45.4	76.64%	3/11/2017
W65	Mile	Jeanette Flynn	Qld	6:17.10	88.49%	11/11/2017
W65	Pentathlon	Carol Davis	Qld	4063pts	-	12/11/2017
M90	Heavy Weight Pentathlon	Rad Leovic	ACT	1697pts	-	12/11/2017
W80	60m	Cory Collins	ACT	11.84s	81.14%	23/11/2017
M85	5000m	David Carr	WA	26:17.6	80.21%	30/11/2017
M30	400m Hurdles	Leigh Bennett	NSW	51.21s	91.35%	2/12/2017
W35	2000m Steeplechase	*Victoria Mitchell	NSW	6:27.1	100.83%	2/12/2017
M35	110m Hurdles	*Ryan Dowling	NSW	14.77s	88.70%	3/12/2017
M50	5000m	Shaun Creighton	ACT	15:34.71	90.27%	3/12/2017
W80	100m	Cory Collins	ACT	19.11s	79.61%	7/12/2017
W75	2000m Walk	Gwen Steed	Vic	13:42.7	-	10/12/2017
W40	10000m	Sinead Diver	Vic	33:18.41	92.08%	14/12/2017
M45	High Jump	Nick Moroney	NSW	1.95m	88.39%	16/12/2017

W70	2000m Steeplechase	Gillian Young	WA	10:25.1	92.78%	21/12/2017
M85	2000m Steeplechase	David Carr	WA	10:53.3	80.89%	21/12/2017
M50	10000m	Shaun Creighton	ACT	32:19.71	90.75%	23/12/2017
W80	100m	Miriam Cudmore	SA	18.77s	81.05%	3/01/2018
M35	2000m Walk	Daniel Walters	Vic	8:26.75	-	13/01/2018
M50	Pole Vault	Howard Arbuthnot	Qld	4.20m	80.96%	13/01/2018
W35	Mile	*Victoria Mitchell	NSW	4:46.19	90.36%	13/01/2018
W80	Javelin	Miriam Cudmore	SA	20.26m	66.04%	17/01/2018
M50	3000m	Shaun Creighton	ACT	8:58.00	91.27%	21/01/2018
W65	200m	Jeanette Flynn	Qld	30.55s	89.68%	23/01/2018
W80	200m	Miriam Cudmore	SA	39.75s	80.58%	24/01/2018
W80	60m	Miriam Cudmore	SA	11.41s	84.20%	24/01/2018
W80	Long Jump	Miriam Cudmore	SA	2.86m	71.20%	24/01/2018
W65	400m	Jeanette Flynn	Qld	69.01s	93.25%	25/01/2018
W70	2000m Steeplechase	Gillian Young	WA	10:03.49	96.11%	25/01/2018
W55	1500m	Louisa Abram	Qld	4:59.4	91.76%	26/01/2018
W45	2000m Steeplechase	Sharon Pedersen	Vic	7:41.09	91.65%	26/01/2018
M35	200m	Adam Farlow	ACT	21.80s	90.16%	27/01/2018
W80	Triple Jump	Miriam Cudmore	SA	6.81m	81.43%	31/01/2018
M45	High Jump	Nick Moroney	NSW	2.00m	90.65%	2/02/2018
M35	Triple Jump	Shaun Fletcher	NSW	14.70m	80.45%	2/02/2018
W40	Mile	Anna Kasapis	Vic	4:58.5	89.38%	6/02/2018
W80	60m	Miriam Cudmore	SA	11.26s	85.32%	14/02/2018
M30	400m Hurdles	Leigh Bennett	NSW	51.08s	91.58%	16/02/2018
M30	400m	Murray Goodwin	Qld	46.24s	93.06%	17/02/2018
M30	400m Hurdles	Leigh Bennett	NSW	50.73s	92.21%	18/02/2018
M35	110m Hurdles	Ryan Dowling	NSW	14.93s	87.75%	24/02/2018
W40	5000m	Sinead Diver	Vic	16:13.3	90.04%	27/02/2018
W75	400m	Anne Lang	SA	89.55s	81.02%	28/02/2018
W55	3000m	Louisa Abram	Qld	10:51.56	89.31%	3/03/2018
W80	100m	Miriam Cudmore	SA	18.40s	82.68%	14/03/2018
W80	Long Jump	Miriam Cudmore	SA	2.96m	73.69%	14/03/2018
W80	Pentathlon	Miriam Cudmore	SA	4372pts	-	14/03/2018
W35	Weight Throw	Melissa Holahan	NSW	15.53m	64.46%	17/03/2018

W60	Heavy Weight 100lb	Jill Taylor	NSW	1.65m	-	18/03/2018
M80	Long Jump	Graeme Noden	Vic	3.69m	75.96%	24/03/2018
W75	Heavy Weight 56lb	Jeannette Williamson	ACT	2.83m	-	24/03/2018
W65	2000m Steeplechase	Marlene Gourlay	Vic	9:37.33	92.67%	24/03/2018
W40	Half Marathon	Sinead Diver	Vic	71:40	92.17%	24/03/2018
W80	60m	Miriam Cudmore	SA	11.13s	86.32%	28/03/2018
W80	100m	Miriam Cudmore	SA	18.09s	84.10%	11/04/2018
W35	Javelin	*Kathryn Mitchell	Vic	68.92m	97.99%	11/04/2018
M55	Heavy Weight Pentathlon	Grant Edwards	ACT	4675pts	-	15/04/2018
W55	Heavy Weight Pentathlon	Jayne Hardy	ACT	3994pts	-	15/04/2018
M55	Heavy Weight 100lb	Grant Edwards	ACT	4.30m	-	21/04/2018
W55	Heavy Weight 100lb	Jayne Hardy	ACT	1.87m	-	21/04/2018
W75	Weight Throw	Una Lund	Qld	13.54m(=)	76.54%	24/04/2018
W40	Hammer	Byrony Glass	WA	51.75m	73.54%	26/04/2018
M80	Long Jump	Graeme Noden	Vic	3.99m	82.14%	26/04/2018
W90	5000m Walk	Heather Lee	NSW	41:04.87	90.70%	26/04/2018
W70	Long Jump	Margaret Taylor	ACT	3.66m	77.84%	26/04/2018
W80	60m	Miriam Cudmore	SA	11.04s	87.02%	26/04/2018
W80	Long Jump	Miriam Cudmore	SA	3.04m	75.68%	26/04/2018
W55	60m	Sue Turner	SA	8.65s	89.40%	26/04/2018
W70	High Jump	Margaret Taylor	ACT	1.16m(=)	80.46%	27/04/2018
W80	Javelin	Miriam Cudmore	SA	20.75m	67.63%	27/04/2018
W55	80m Hurdles	Sally Stagles	NSW	12.94s	92.54%	27/04/2018
W60	5k Walk	Lyn Ventris	WA	25:41.58	94.26%	27/04/2018
W75	400m	Anne Lang	SA	87.42s	83.00%	28/04/2018
M85	400m	David Carr	WA	81.93s	81.67%	28/04/2018
M80	1500m Walk	Jim Seymon	NSW	9:38.26	76.85%	28/04/2018
W55	5000m	Louisa Abram	Qld	18:24.57	89.97%	28/04/2018
W70	Triple Jump	Margaret Taylor	ACT	7.69m	77.82%	28/04/2018
M60	400m	Trevor Young	NSW	55.42s	92.85%	28/04/2018
W40	Weight Throw	Byrony Glass	WA	16.12m	71.91%	29/04/2018
W90	10km Walk Road	Heather Lee	NSW	85:28	89.51%	29/04/2018
W35	50km Walk Road	*Claire Tallent	SA	4:09:33	99.15%	5/05/2018
W70	High Jump	Margaret Taylor	ACT	1.20m	83.23%	6/05/2018

W70	Triple Jump	Margaret Taylor	ACT	7.85m	79.44%	20/05/2018
W55	Heavy Weight 56lb	Jayne Hardy	ACT	3.45m	-	23/06/2018
W40	Half Marathon	Sinead Diver	Vic	69:53	94.52%	1/07/2018
W45	30km Walk Road	Kelly Ruddick	Vic	2:37:36	93.63%	29/07/2018
W40	30km Walk Road	*Tracy Feiner	Vic	2:54:21	80.84%	29/07/2018
W80	20km Walk Road	Margaret Beaumont	Vic	3:17:34	68.56%	5/08/2018
W55	Heavy Weight Pentathlon	Jayne Hardy	ACT	4260pts	-	12/08/2018
W40	Half Marathon	Sinead Diver	Vic	69:22	95.23%	19/08/2018
W65	Javelin	Carol Davis	Qld	25.51m	61.80%	26/08/2018
W30	Half Marathon	Rochelle Rodgers	WA	77:30.93	83.23%	26/08/2018
W75	2000m Steeplechase	Anne Lang	SA	12:48.54	83.92%	7/09/2018
M70	Decathlon	Geoff Shaw	Vic	7165pts	-	7/09/2018
M55	400m Hurdles	Luke De Biasi	Vic	61.42s	90.09%	7/09/2018
W55	300m Hurdles	Michele Hossack	Vic	49.49s	93.11%	7/09/2018
W60	Pole Vault	Dawn Hartigan	Vic	2.40m	65.08%	9/09/2018
M55	Long Jump	Luke De Biasi	Vic	6.03m	88.26%	9/09/2018
W60	10km Walk Road	Lyn Ventris	WA	53:26	93.64%	9/09/2018
W40	Triple Jump	Melissa Foster	WA	11.52m	78.34%	12/09/2018
W75	20km Walk Road	Joan Purcell	NSW	2:40:10	80.34%	14/09/2018
W75	One Hour Run	Lavinia Petrie	Vic	12218m	-	24/09/2018
M50	Heavy Weight 100lb	Todd Davey	WA	4.81m	-	29/09/2018
W45	Heavy Weight Pentathlon	Althea Mackie	Qld	4245pts	-	1/10/2018
W45	Super Weight	Althea Mackie	Qld	8.01m	-	1/10/2018
W50	Super Weight	Gabi Watts	NSW	10.94m	-	1/10/2018
W50	Heavy Weight Pentathlon	Gabi Watts	NSW	4750pts	-	1/10/2018
M65	Heavy Weight Pentathlon	Geoffrey Gee	WA	4095pts	-	1/10/2018
W75	800m	Lavinia Petrie	Vic	3:18.2	85.31%	8/10/2018
M50	Throws Pentathlon	Todd Davey	WA	4251pts	-	13/10/2018
W40	Marathon	Sinead Diver	Vic	2:25:19	96.13%	14/10/2018
M55	Long Jump	Luke De Biasi	Vic	6.05m	88.55%	20/10/2018
W75	400m	Anne Lang	SA	86.90s	83.49%	31/10/2018
M70	High Jump	Geoff Shaw	Vic	1.42m	83.83%	3/11/2018
W90	3000m Walk	Heather Lee	NSW	24:45.29	88.71%	9/11/2018
M80	Triple Jump	Nick Bastas	NSW	8.34m	83.92%	9/11/2018

W40	3000m	Belinda Martin	NSW	9:20.05	93.99%	10/11/2018
W65	Long Jump	Carol Davis	Qld	4.02m(=)	80.01%	10/11/2018
M55	Long Jump	Luke De Biasi	Vic	6.11m	89.43%	10/11/2018
W90	3k Walk	Heather Lee	NSW	25:45.29	83.68%	10/11/2018
W90	10km Walk Road	Heather Lee	NSW	1:24:21	92.50%	11/11/2018
M50	Super Weight	Todd Davey	WA	9.91m	-	15/11/2018
W60	Pole Vault	Dawn Hartigan	Vic	2.50m	67.80%	29/11/2018
W85	Discus	Heather Doherty	Qld	14.89m	53.82%	1/12/2018
M50	Throws Pentathlon	Todd Davey	WA	4259pts	-	1/12/2018
W45	50k Road Walk	Kelly Ruddick	Vic	4:54:31	91.34%	2/12/2018
W60	Javelin	Cindy Goy	Vic	26.30m	56.71%	15/12/2018
W65	Long Jump	Carol Davis	Qld	4.07m	81.01%	16/12/2018
W40	Mile	Belinda Martin	NSW	4:45.38	96.09%	22/12/2018
W40	5000m	Sinead Diver	Vic	15:23.65	94.88%	22/12/2018
W60	Pole Vault	Dawn Hartigan	Vic	2.71m	73.49%	5/01/2019
W45	3000m	Kerri Hodge	Qld	10:04.8	87.75%	5/01/2019
M35	60m	Adam Farlow	ACT	7.21s	88.00%	12/01/2019
M40	60m	Ashley McMahon	NSW	7.14s	91.95%	12/01/2019
W45	5000m	Kerri Hodge	Qld	17:25.9	87.01%	12/01/2019
M70	Decathlon	Geoff Shaw	Vic	7307pts	-	13/01/2019
W40	1500m	Belinda Martin	NSW	4:25.62	94.16%	25/01/2019
M30	400m Hurdles	Leigh Bennett	NSW	50.34s	92.93%	27/01/2019
W45	5000m	Belinda Martin	NSW	16:28.66	92.04%	2/02/2019
W40	Half Marathon	Sinead Diver	Vic	68:55	95.85%	3/02/2019
M30	3000m	Aidan Hobbs	Qld	8:21.33	87.90%	9/02/2019
W65	Pentathlon	Carol Davis	Qld	4248pts	-	10/02/2019
M30	100m	Gary Finegan	Qld	10.70s	89.53%	16/02/2019
W45	3000m	Belinda Martin	NSW	9:37.57	91.89%	16/02/2019
W45	Mile	Belinda Martin	NSW	4:57.2	92.93%	19/02/2019
M70	2000m Steeplechase	Allan Mayfield	SA	8:08.65	85.01%	23/02/2019
W75	2000m Walk	Gwen Steed	Vic	13:40.2	-	23/02/2019
M80	Pentathlon	Don Fraser	ACT	3550pts	-	28/02/2019
M80	80m Hurdles	Don Fraser	ACT	17.77s	76.53%	7/03/2019
M35	Javelin	*Benjamin Baker	NSW	65.04m	68.94%	9/03/2019



W45	1500m	Belinda Martin	NSW	4:29.08	93.69%	9/03/2019
M85	Hammer	Jim Davis	WA	32.62m	63.96%	10/03/2019
W60	Pole Vault	Dawn Hartigan	Vic	2.80m	75.93%	17/03/2019
M55	Pentathlon	Luke De Biasi	Vic	3716pts	-	17/03/2019
M80	200m Hurdles	Don Fraser	ACT	43.41s	75.62%	21/03/2019
W45	3k Walk	Kelly Ruddick	Vic	13:19.48	94.78%	23/03/2019
M75	60m	Bob Wishart	Vic	8.64s	93.33%	24/03/2019
M55	Weight Throw	Phil Spivey	Vic	18.40m	76.05%	24/03/2019
M30	Shot Put	Shane Carstairs	Vic	15.70m	68.53%	31/03/2019
W45	1500m	Belinda Martin	NSW	4:28.23	93.99%	4/04/2019
M35	Javelin	*Benjamin Baker	NSW	67.91m	71.98%	7/04/2019
W45	2000m Steeplechase	Kerri Hodge	Qld	7:33.24	93.24%	13/04/2019
M80	200m Hurdles	Alan Bradford	Qld	41.53s	79.05%	14/04/2019
M80	Decathlon	Don Fraser	ACT	6121pts	-	14/04/2019
W55	Super Weight	Jayne Hardy	ACT	8.37m	-	14/04/2019
M30	Shot Put	Shane Carstairs	Vic	16.01m	69.88%	26/04/2019
W55	60m	Gianna Mogentale	NSW	8.44s	91.63%	27/04/2019
W75	5000m	Lavinia Petrie	Vic	23:30.93	89.56%	28/04/2019
W40	Marathon	Sinead Diver	Vic	2:24:11	96.89%	28/04/2019
W60	Javelin	Cindy Goy	Vic	27.13m	58.50%	29/04/2019
M55	Weight Throw	Phil Spivey	Vic	18.81m	77.75%	29/04/2019
W55	Pentathlon	Gianna Mogentale	NSW	3708pts	-	29/04/2019
M30	10000m	Aidan Hobbs	Qld	30:58.49	85.23%	25/05/2019
M65	Marathon	Ron Peters	Qld	2:54:19	87.72%	25/05/2019
W45	Half Marathon	Belinda Martin	NSW	76:12	89.85%	6/07/2019
M45	Half Marathon	Peter Costello	NSW	70:17	90.16%	6/07/2019
M30	Marathon	Aidan Hobbs	Qld	2:23	85.07%	7/07/2019
M70	Heavy Weight 100lb	Bob Banens	ACT	2.85m	-	27/07/2019
W55	Heavy Weight 100lb	Jayne Hardy	ACT	1.88m	-	27/07/2019
W75	Heavy Weight 100lb	Jeannette Williamson	ACT	1.53m	-	27/07/2019
M75	Heavy Weight 100lb	John Reynolds	ACT	2.39m	-	27/07/2019
W45	Half Marathon	Belinda Martin	NSW	1:14:42	91.66%	4/08/2019
M65	Super Weight	Gavin Murray	NSW	7.08m	-	10/08/2019
W90	60m	Gwen Gleeson	ACT	16.74s	69.29%	1/09/2019

W80	Hammer	Helen Searle	Qld	27.03m	64.37%	1/09/2019
M95	60m	Jim Sinclair	Vic	15.24s	71.68%	1/09/2019
W80	Shot Put	Helen Searle	Qld	9.24m	75.80%	2/09/2019
M95	100m	Jim Sinclair	Vic	25.39s	68.75%	3/09/2019
W65	Throws Pentathlon	June Lowe	NSW	4361pts	-	5/09/2019
W65	2000m Steeplechase	Margaret Saunders	WA	9:29.52	93.94%	5/09/2019
W70	3k Walk	Heather Carr	Vic	18:01.06	88.71%	6/09/2019
M65	Discus	Jo Peters	WA	47.28m	68.78%	12/09/2019
W70	Pole Vault	Wilma Perkins	Qld	1.90m	59.41%	14/09/2019
W60	Super Weight	Dorn Jenkins	Vic	11.31m	-	22/09/2019
W80	Heavy Weight 56lb	Nola de Chazal	ACT	1.10m	-	28/09/2019
W70	Pole Vault	Wilma Perkins	Qld	2.00m	62.54%	28/09/2019
W40	10k	Sinead Diver	Vic	31:25:49	97.60%	28/09/2019
W45	10000m	Belinda Martin	NSW	34:06.65	93.04%	30/09/2019
M40	Heavy Weight 100lb	Jamie Muscat	NSW	4.97m	-	5/10/2019
W55	Heavy Weight 56lb	Jayne Hardy	ACT	3.65m	-	5/10/2019
W75	400m	Marge Allison	Qld	85.07s	85.29%	5/10/2019
M75	Heavy Weight 100lb	Ray Green	ACT	2.44m	-	5/10/2019
M30	Discus	Allan Sadul	NSW	51.16m	71.19%	6/10/2019
W60	Javelin	Christine Shaw	NSW	29.93m	64.54%	6/10/2019
W90	3k Walk	Heather Lee	NSW	25:52.25	83.30%	6/10/2019
M90	1500m Walk	Donald McPherson	Vic	13:46.6	62.76%	7/10/2019
M70	300m Hurdles	John Lamb	ACT	50.09s	86.03%	7/10/2019
W90	1500m Walk	Heather Lee	NSW	12:05.76	86.17%	8/10/2019
M65	Discus	Jo Peters	WA	47.28m	68.78%	12/10/2019
M65	Marathon	John Shaw	Qld	2:51:21	89.23%	13/10/2019
M50	Marathon	Shaun Creighton	ACT	2:29:23	89.40%	13/10/2019
M30	10000m	Aidan Hobbs	Qld	66:26	87.33%	13/10/2019
W70	2000m Walk	Gwen Steed	Vic	13:34.9	-	19/10/2019
W70	2000m Walk	Heather Carr	Vic	11:49.5	-	19/10/2019
W70	Pole Vault	Wilma Perkins	Qld	2.05m	64.10%	19/10/2019
M70	80m Hurdles	John Lamb	ACT	14.06s	83.71%	24/10/2019
M75	Heavy Weight 100lb	Ray Green	ACT	2.45m	-	26/10/2019
W70	60m	Wilma Perkins	Qld	9.78s	88.98%	26/10/2019

W60	80m Hurdles	Robyn Suttor	NSW	14.21s	87.84%	2/11/2019
W45	3000m	Belinda Martin	NSW	9:30.72	92.99%	9/11/2019
W50	200m	Julie Brims	Qld	25.70s	94.85%	9/11/2019
M70	Super Weight	Brian Davies	Qld	7.07m	-	16/11/2019
M60	Super Weight	Lajos Joni	Qld	8.40m	-	16/11/2019
M70	Super Weight	Bob Banens	ACT	8.32m	-	17/11/2019
W70	Long Jump	Margaret Taylor	ACT	3.73m	80.41%	21/11/2019
W50	100m	Julie Brims	Qld	12.39s(=)	95.85%	23/11/2019
W50	200m	Julie Brims	Qld	25.49s	95.63%	23/11/2019
M75	Super Weight	Graeme Rose	Vic	7.27m	-	24/11/2019
M30	Super Weight	Shane Carstairs	Vic	8.02m	-	24/11/2019
M80	Super Weight	Tom Hancock	Vic	8.61m	-	24/11/2019
M45	Decathlon	Paul Jeffery	WA	7867pts	-	24/11/2019
W70	3k Walk	Heather Carr	Vic	17:58	88.96%	27/11/2019
W45	5000m	Belinda Martin	NSW	16:21.85	92.69%	30/11/2019
W30	Discus	Dani Stevens	NSW	65.93m	92.33%	30/11/2019
W40	50km Walk Road	Tracy Feiner	Vic	4:59:44	85.51%	1/12/2019
M65	50km Walk Road	Colin Heywood	NT	5:05:34	85.94%	1/12/2019
M45	Weight Throw	Richard Meiring	NSW	16.91m	74.94%	12/12/2019
M75	3000m	Donald Mathewson	NSW	12:15.82	86.11%	20/12/2019
W50	60m	Julie Brims	Qld	7.98s	95.53%	21/12/2019
W45	2000m Walk	Kelly Ruddick	Vic	8:48.69	-	21/12/2019
W50	100m	Julie Brims	Qld	12.39s	95.85%	23/12/2019
W50	200m	Julie Brims	Qld	25.49s	95.63%	23/12/2019
W45	1500m	Belinda Martin	NSW	4:28.23	93.99%	31/12/2019
W75	Super Weight	Mary Thomas	NSW	7.79m	-	31/12/2019
W75	80m Hurdles	Marge Allison	Qld	18.71s	79.05%	4/01/2020
W75	High Jump	Marge Allison	Qld	1.12m	82.23%	4/01/2020
W75	Heptathlon	Marge Allison	Qld	5618pts	-	5/01/2020
W45	3000m Walk	Kelly Ruddick	Vic	13:11.60	95.73%	11/01/2020
W45	Mile	Belinda Martin	NSW	4:51.33	94.80%	11/01/2020
W55	3000m	Karen Blay	NSW	10:37.44	92.23%	11/01/2020
W90	Mile	Heather Lee	NSW	12:48.59	76.07%	11/01/2020
W70	3k Walk	Heather Carr	Vic	17:50.6	89.57%	11/01/2020

M45	Heavy Weight 100lb	Simon Van Baalen	Vic	4.53m	-	12/01/2020
M70	2000m Walk	Andrew Jamieson	Vic	10:28.3	-	18/01/2020
W70	2000m Walk	Heather Carr	Vic	11:47.0	-	18/01/2020
W70	Pole Vault	Wilma Perkins	Qld	2.06m	64.41%	18/01/2020
M80	Super Weight	Tom Hancock	Vic	9.25m	-	26/01/2020
W70	Long Jump	Margaret Taylor	ACT	3.80m	81.92%	30/01/2020
M55	Pole Vault	Chris Boylen	Vic	3.70m	76.04%	1/02/2020
W40	Marathon	Sinead Diver	Vic	68:50	95.96%	2/02/2020
M90	2000m Walk	Colin Hainsworth	SA	19:43.9	-	12/02/2020
W70	Triple Jump	Margaret Taylor	ACT	7.89m	81.05%	20/02/2020
W55	Super Weight	Jayne Hardy	ACT	8.70m	-	22/02/2020
W45	2000m Walk	Kelly Ruddick	Vic	8:33.4	-	22/02/2020
W75	80m Hurdles	Marge Allison	Qld	18.67s	79.22%	22/02/2020
W40	Triple Jump	Melissa Foster	WA	11.89m	80.86%	22/02/2020
M75	Super Weight	Ray Green	ACT	7.27m	-	22/02/2020
W75	Heptathlon	Marge Allison	Qld	5901pts	-	23/02/2020
M70	300m Hurdles	John Lamb	ACT	50.06s	86.08%	27/02/2020
M35	60m	John Howe	Tas	7.10s	89.37%	11/03/2020
W70	Triple Jump	Margaret Taylor	ACT	7.90m	82.38%	12/03/2020
M30	Super Weight	Warren Button	WA	10.02m	-	19/03/2020
W60	Heavy Weight 100lb	Jill Taylor	NSW	1.66m	-	20/03/2020
W70	Super Weight	Mary Thomas	NSW	7.68m	-	April 2020
M30	Weight Throw	Warren Button	WA	17.76m	68.68%	30/07/2020
M45	Half Marathon	Wayne Spies	WA	70:17	88.35%	5/08/2020
M65	Super Weight	Geoffrey Gee	WA	7.55m	-	13/08/2020
W55	Heavy Weight Pentathlon	Jayne Hardy	ACT	4321pts	-	15/08/2020
M45	Heavy Weight Pentathlon	Richard Meiring	ACT	4877pts	-	15/08/2020
W80	20km Walk Road	Val Chesterton	ACT	3:01:18.94	74.71%	15/08/2020
W70	400m	Barbara Blurton	WA	75.37s	89.61%	20/08/2020
W50	60m	Julie Brims	Qld	7.96s	96.46%	19/09/2020
W50	100m	Julie Brims	Qld	12.10s	98.95%	19/09/2020
M80	Heavy Weight 100lb	Ian Kennedy	Qld	2.01m	-	3/10/2020
W80	Heavy Weight 56lb	Nola de Chazal	ACT	1.11m	-	3/10/2020
W50	200m	Julie Brims	Qld	25.49s(=)	93.24%	4/10/2020

W65	Heavy Weight 100lb	Jill Taylor	NSW	1.63m	-	5/10/2020
W55	Heavy Weight 100lb	Vicki Townsend	NSW	1.89m	-	5/10/2020
W35	Super Weight	Odette Palma	NSW	8.87m	-	7/10/2020
W70	400m	Barbara Blurton	WA	72.76s	92.82%	8/10/2020
W85	200m	Consie Larmour	ACT	54.46s	64.50%	10/10/2020
W85	60m	Consie Larmour	ACT	14.13s	73.59%	10/10/2020
W60	200m	Sue Turner	Adelaide	29.46s	87.99%	14/10/2020
W60	60m	Sue Turner	Adelaide	8.85s	90.68%	14/10/2020
M35	3000m	Gerard Hill	Aust Champ	8:30.66	86.29%	17/10/2020
W35	Hammer	Odette Palma	NSW	56.55m	77.37%	17/10/2020
W70	200m	Barbara Blurton	Aust Champ	32.78s	86.86%	23/10/2020
W85	100m	Consie Larmour	ACT	23.27s	70.91%	24/10/2020
W70	400m	Barbara Blurton	WA	72.51s	93.14%	12/11/2020
M55	100m Hurdles	Andrew Kohlrusch	NSW	15.82s	86.86%	15/11/2020
M30	3000m	Aidan Hobbs	Qld	8:19.82	88.17%	18/11/2020
W45	3000m	Belinda Martin	NSW	9:22.41	95.17%	21/11/2020
M45	3000m	Scott Westcott	NSW	8:34.62	91.72%	21/11/2020
W85	60m	Consie Larmour	ACT	13.97s	74.43%	26/11/2020
W50	Heavy Weight 56lb	Althea Mackie	Qld	4.48m	-	28/11/2020
W70	800m	Barbara Blurton	WA	3:03.93	85.71%	3/12/2020
M30	5000m	Aidan Hobbs	Qld	14:34.70	86.58%	5/12/2020
W50	200m	Julie Brims	Qld	24.87s	98.87%	5/12/2020
W70	20km Walk Road	Heather Carr	Vic	2:22:49	81.16%	6/12/2020
W65	Throws Pentathlon	Dorn Jenkins	Vic	4580pts	-	6/12/2020
W60	100m	Sue Turner	SA	14.37s	87.55%	9/12/2020
W80	2000m Walk	Val Chesterton	ACT	16:19.52	-	10/12/2020
W70	400m	Barbara Blurton	WA	71.78s	94.09%	10/12/2020
W50	Mile	Charlotte Middleton	NSW	5:22.65	88.93%	19/12/2020
M55	60m	John Wight	Qld	7.41s	94.14%	19/12/2020
M60	60m	Craig Parker	Qld	7.83s	91.69%	19/12/2020
M45	60m	Ernie Leseberg	NSW	7.27s	92.95%	9/01/2021
M70	Heavy Weight Pentathlon	Ossi Igel	WA	4682pts	-	9/01/2021
M70	Super Weight	Ossi Igel	WA	8.87m	-	9/01/2021
M30	Heavy Weight Pentathlon	Warren Button	WA	3835pts	-	9/01/2021

M55	200m	Michael Roden	ACT	23.99s	92.18%	10/01/2021
M45	Heavy Weight 100lb	Simon Van Baalen	Vic	4.60m	-	10/01/2021
M55	400m	Michael Roden	ACT	54.01s	92.05%	14/01/2021
W55	400m	Julie Brims	Qld	59.36s	96.79%	23/01/2021
M40	110m Hurdles	Ryan Dowling	NSW	15.26s	87.60%	24/01/2021
W60	80m Hurdles	Sally Stagles	NSW	13.25s	94.20%	24/01/2021
W35	10000m	Olga Firsova	Qld	34:07.27	87.22%	26/01/2021
W55	100m	Julie Brims	Qld	12.24s	98.61%	27/01/2021
W55	60m	Julie Brims	Qld	8.00s	96.67%	27/01/2021
W70	200m	Barbara Blurton	WA	32.34s	88.04%	28/01/2021
W55	100m	Julie Brims	Qld	12.34s	97.81%	30/01/2021
W55	200m	Julie Brims	Qld	25.18s	98.50%	30/01/2021
W70	80m Hurdles	Carol Davis	Qld	16.98s	81.08%	6/02/2021
W70	Heptathlon	Carol Davis	Qld	6375	-	7/02/2021
M30	3000m	Aidan Hobbs	Qld	8:13.56	89.28%	13/02/2021
M50	Decathlon	Justin Hanrahan	Vic	7017pts	-	13/02/2021
W55	100m	Julie Brims	Qld	12.24s	98.61%	13/02/2021
W70	100m	Barbara Blurton	WA	15.60s	88.02%	16/02/2021
W70	200m	Barbara Blurton	WA	32.17s	88.50%	16/02/2021
W65	Heavy Weight Pentathlon	Dorn Jenkins	Vic	5609pts	-	21/02/2021
M55	400m	Michael Roden	ACT	53.80s	92.41%	25/02/2021
M35	Javelin	Benjamin Baker	NSW	64.54m	71.40%	6/03/2021
W70	Long Jump	Carol Davis	Qld	4.01m	85.28%	6/03/2021
W60	100m	Sue Turner	SA	14.28s	88.10%	6/03/2021
M60	60m	Craig Parker	Qld	7.80s	92.04%	7/03/2021
W55	60m	Julie Brims	Qld	7.95s	97.28%	7/03/2021
W70	200m Hurdles	Carol Davis	Qld	36.53s	93.26%	7/03/2021
W55	200m	Julie Brims	Qld	25.07s	98.93%	9/03/2021
M30	3000m Steeplechase	Aidan Hobbs	Qld	9:01.54	85.03%	11/03/2021
M50	Pole Vault	Howard Arbuthnot	Qld	4.30m	86.08%	14/03/2021
W55	Heavy Weight 100lb	Caroline Layt	NSW	2.02m	-	14/03/2021
W55	Super Weight	Gabi Watts	NSW	9.05m	-	14/03/2021
M50	Pentathlon	Mark Jeffery	WA	3577pts	-	14/03/2021
W80	800m	Ruth Johnson	WA	4:14.05	72.73%	14/03/2021

W80	High Jump	Ruth Johnson	WA	0.92m	72.01%	14/03/2021
W65	Hammer	Dorn Jenkins	Vic	42.42m	88.02%	21/03/2021
W65	Throws Pentathlon	Dorn Jenkins	Vic	4711pts	-	21/03/2021
M30	3000m Steeplechase	Aidan Hobbs	Qld	8:50.43	89.29%	27/03/2021
W75	Heavy Weight 56lb	Jeannette Williamson	ACT	2.94m	-	27/03/2021
W50	3000m	Julie Norney	Vic	10:29.84	88.05%	1/04/2021
M45	110m Hurdles	Brad Krawczyk	Vic	15.59s	88.28%	8/04/2021
W30	3000m Steeplechase	Aidan Hobbs	Qld	8:50.22	89.33%	18/04/2021
M45	110m Hurdles	Brad Krawczyk	Vic	15.56s	88.45%	24/04/2021
M85	80m Hurdles	Brian Greaves	Vic	23.81s	63.44%	24/04/2021
M85	High Jump	Brian Greaves	Vic	1.10m	78.91%	24/04/2021
W75	1500m	Lavinia Petrie	Vic	6:48.39	83.23%	24/04/2021
W85	100m	Shirley Coppock	Vic	22.16s	74.46%	24/04/2021
W85	400m	Shirley Coppock	Vic	2:20.26	63.30%	24/04/2021
W65	Weight Throw	Dorn Jenkins	Vic	16.55m	84.24%	25/04/2021
W85	200m	Shirley Coppock	Vic	50.16s	70.03%	25/04/2021
M45	400m Hurdles	Cameron Yorke	Vic	57.94s	87.64%	15/04/2021
W75	10000m	Lavinia Petrie	Vic	50:17.3	86.53%	11/05/2021
W30	2000m Walk	Melissa Lewis	WA	9:41.79	-	27/05/2021
M30	Heavy Weight 100lb	Shane Carstairs	Vic	4.23m	-	20/06/2021
W30	1500m	*Linden Hall	Vic	3:59	96.26%	6/08/2021
M30	800m	*Jeffrey Risely	Vic	1:45.41	95.73%	8/08/2021
W30	20km Walk Road	Melissa Lewis	WA	1:48:46	77.81%	25/08/2021
W50	Heavy Weight 100lb	Althea Mackie	Qld	2.15m	-	29/08/2021
W50	Heavy Weight 56lb	Althea Mackie	Qld	4.66m	-	29/08/2021
M65	Super Weight	Lajos Joni	Qld	8.68m	-	29/08/2021
W30	Mile	*Linden Hall	Vic	4:21.38	96.54%	4/09/2021
M65	Heavy Weight Pentathlon	Lajos Joni	Qld	4385pts	-	12/09/2021
W70	60m	Carol Davis	Qld	9.69s	89.81%	18/09/2021
W30	High Jump	Ashleigh Reid	Qld	1.70m	81.34%	24/09/2021
M55	Shot Put	Todd Davey	WA	14.34m	76.24%	26/09/2021
M55	Shot Put	Todd Davey	WA	14.78m	78.58%	30/09/2021
M30	Weight Throw	Warren Button	WA	18.28m	70.69%	30/09/2021
M65	Heavy Weight 56lb	Lajos Joni	Qld	6.60m	-	2/10/2021

M35	1500m Walk	Kim Mottrom	SA	5:58.63	86.04%	6/11/2021
M55	200m	Michael Roden	ACT	23.80s	92.91%	6/11/2021
M60	Super Weight	Robert Clark	NSW	8.59m	-	7/11/2021
M95	200m	Mervyn Collins	ACT	65.04s	56.94%	11/11/2021
M35	5000m	Aidan Hobbs	Qld	14:15.34	88.54%	13/11/2021
M40	3000m	Ben St Lawrence	NSW	8:09.77	92.93%	13/11/2021
W80	Super Weight	Jan Banens	ACT	6.04m	-	13/11/2021
W80	Heavy Weight Pentathlon	Jan Banens	ACT	3496pts	-	14/11/2021
M75	2000m Walk	Andrew Jamieson	Vic	11:01.2	-	20/11/2021
M55	Super Weight	Todd Davey	WA	9.85m	-	25/11/2021
M50	100m	Ernie Leseberg	NSW	11.44s	91.77%	27/11/2021
W80	Weight Throw	Jan Banens	ACT	9.98m	61.53%	27/11/2021
W80	Heavy Weight 56lb	Jane Kinsey	Vic	0.58m	-	28/11/2021
M30	Heavy Weight 100lb	Nigel Skurrie	Vic	4.64m	-	28/11/2021
M45	Heavy Weight 100lb	Simon Van Baalen	Vic	4.61m	-	28/11/2021
M75	3000m Walk	Andrew Jamieson	Vic	16:47	89.66%	4/12/2021
M75	Pole Vault	George Schillinger	Vic	2.90m	82.30%	11/12/2021
W80	Hammer	Jan Banens	ACT	28.57m	68.04%	11/12/2021
M80	Pole Vault	Jim Poulter	Vic	1.90m(=)	59.81%	11/12/2021
W55	Marathon	Jill Wilkie	Vic	2:56:08	90.01%	12/12/2021
W45	1500m Walk	Kelly Ruddick	Vic	6:34	91.36%	18/12/2021
M55	400m	Michael Roden	ACT	53.62s	92.72%	18/12/2021
W55	Heavy Weight Pentathlon	Gabi Watts	NSW	4623pts	-	19/12/2021
W55	Super Weight	Gabi Watts	NSW	9.66m	-	19/12/2021
M65	Heavy Weight 56lb	Gavin Murray	NSW	6.67m	-	19/12/2021
M55	Shot Put	Todd Davey	WA	14.97m	79.59%	30/12/2021
M35	3000m	Aidan Hobbs	Qld	8:26.8	86.95%	8/01/2022
W75	10km Walk Road	Lorna Thompson	Qld	72:49	82.14%	12/01/2022
M75	Pole Vault	George Schillinger	Vic	2.95m	83.72%	22/01/2022
W50	Pentathlon	Lee-Anne Nelson	Qld	3656pts	-	22/01/2022
W65	Super Weight	Dorn Jenkins	Vic	10.70m	-	23/01/2022
M45	Heavy Weight 100lb	Simon Van Baalen	Vic	4.61m	-	23/01/2022
M95	200m	Mervyn Collins	ACT	63.37s	58.44%	27/01/2022
W60	100m	Sue Turner	SA	14.11s	89.17%	29/01/2022



W45	5k Walk	Kelly Ruddick	Vic	23:14.49	93.37%	29/01/2022
M45	1500m	Philo Saunders	ACT	3m 55.38s	95.07%	29/01/2022
M80	Pole Vault	Jim Poulter	Vic	2.00m	62.96%	30/01/2022
M55	Shot Put	Todd Davey	WA	15.01m	79.80%	30/01/2022
W80	High Jump	Lynne Schickert	WA	0.95m	74.36%	3/02/2022
W70	60m	Maureen Keshwar	WA	9.67s	90.00%	3/02/2022
M75	2000m Walk	Andrew Jamieson	Vic	10:55.9	-	5/02/2022
M85	2000m Walk	Bob Gardiner	Vic	16:20.1	-	5/02/2022
M80	Pole Vault	Jim Poulter	Vic	2.05m	64.53%	5/02/2022
M55	400m	Michael Roden	ACT	53.52s	92.89%	10/02/2022
W30	Triple Jump	Linda Allen	Vic	12.39m	79.94%	12/02/2022
W60	High Jump	Deann Mayfield	Qld	1.40m	87.20%	13/02/2022
M75	Heavy Weight 100lb	Don Quinn	Qld	2.47m	-	13/02/2022
W35	Heavy Weight 100lb	Miranda Ramsden	Qld	2.36m	-	13/02/2022
M35	20km Walk Road	Kim Mottrom	SA	2h 31m 32s	83.69%	13/02/2022
W70	60m	Maureen Keshwar	WA	9.58s	90.84%	17/02/2022
W30	Triple Jump	Linda Allen	Vic	12.48m	80.52%	19/02/2022
M45	Half Marathon	Wayne Spies	Qld	69:15	89.67%	19/02/2022
W40	Triple Jump	Melissa Foster	WA	11.89m(=)	80.86%	22/02/2022
W55	Discus	Todd Davey	WA	45.05m	88.52%	22/02/2022
M45	5000m Walk	Mark Blackwood	Vic	22:10.75	86.70%	26/02/2022
W45	5000m Walk	entris	Vic	22:47.17	95.95%	26/02/2022
W80	High Jump	Lynne Schickert	WA	0.99m	77.49%	27/02/2022
W70	Pentathlon	Maureen Keshwar	WA	3439pts	-	27/02/2022
M55	Shot Put	Todd Davey	WA	15.06m	80.07%	1/03/2022
*M35	Pole Vault	Joel Pocklington	Vic	5.05m	82.57%	6/03/2022
*M40	1000m	Aleksandr Ruda	Vic	2m 36.38s	87.64%	8/03/2022
W80	2000m Steeplechase	Lynne Schickert	WA	17:58.3	67.24%	10/03/2022
W60	100m	Julie Forster	NSW	14.01s	89.80%	12/03/2022
M65	100m	Robert Mayston	Vic	12.50s	92.92%	12/03/2022
M65	400m	Robert Mayston	Vic	57.92s	92.07%	12/03/2022
M50	60m	Ernie Leseberg	NSW	7.39s	91.90%	13/03/2022
W60	60m	Julie Forster	NSW	8.76s	91.61%	13/03/2022
M50	60m	Ernie Leseberg	NSW	7.35s	92.40%	17/03/2022

M95	200m	Mervyn Collins	ACT	60.71s	61.00%	17/03/2022
M55	400m	Michael Roden	ACT	53.01s	93.79%	17/03/2022
M65	200m	Robert Mayston	Vic	25.51s	92.87%	17/03/2022
W50	Heavy Weight 56lb	Althea Mackie	Qld	4.71m	-	19/03/2022
W60	High Jump	Deann Mayfield	Qld	1.41m	87.82%	19/03/2022
M45	100m	Mark Harper	Vic	11.32s	89.95%	20/03/2022
M60	Hammer	Phil Spivey	Vic	51.32m	70.22%	20/03/2022
M60	Weight Throw	Phil Spivey	Vic	20.55m	79.83%	20/03/2022
M65	Long Jump	Robert Mayston	Vic	5.39m	89.20%	20/03/2022
W70	2000m Steeplechase	Marlene Gourlay	Vic	9:46.79	98.84%	20/03/2022
W80	Weight Throw	Jan Banens	ACT	10.61m	65.42%	24/03/2022
W80	Hammer	Jan Banens	ACT	29.37m	69.95%	26/03/2022
W80	56lb Weight	Jan Banens	ACT	2.08m	-	26/03/2022
M60	Hammer	Phil Spivey	Vic	52.68m	72.09%	27/03/2022
M60	60m	Michael Cassidy	SA	7.80s	92.04%	1/04/2022
M65	60m	Robert Mayston	Vic	8.02s	92.35%	1/04/2022
W60	60m	Sue Turner	SA	8.76s(=)	92.33%	1/04/2022
M50	200m	Ernie Leseberg	NSW	22.97s	93.25%	2/04/2022
W60	100m	Julie Forster	NSW	13.86s	90.77%	2/04/2022
W80	2000m Steeplechase	Lynne Schickert	WA	17:56.31	67.36%	2/04/2022
M65	200m	Robert Mayston	Vic	25.00s	94.77%	2/04/2022
W35	5000m	Olga Firsova	Qld	16:09.93	89.70%	2/04/2022
W30	High Jump	Ashleigh Reid	Qld	1.71m	81.82%	3/04/2022
W70	Pentathlon	Carol Davis	Qld	3963pts	-	3/04/2022
W80	High Jump	Lynne Schickert	WA	1.00m	78.27%	3/04/2022
W70	Pentathlon	Carol Davis	Qld	3963pts	-	3/04/2022
W80	Weight Throw	Jan Banens	ACT	10.85m	66.90%	4/04/2022
M85	Weight Throw	Tom Hancock	Vic	13.36m	62.81%	4/04/2022
W80	Super Weight	Jan Banens	ACT	6.37m	-	10/04/2022
W80	Heavy Weight Pentathlon	Jan Banens	ACT	4056pts	-	10/04/2022
M30	200m	Kyle Ennis	WA	21.35s	89.88%	22/04/2022
M30	60m	Kyle Ennis	WA	6.90s	91.88%	23/04/2022
M30	200m	Kyle Ennis	WA	21.35	89.88%	25/04/2022
W55	Heavy Weight Pentathlon	Gabi Watts	NSW	4798pts	-	30/04/2022

W55	Super Weight	Gabi Watts	NSW	10.00m	-	30/04/2022
M75	10km Walk Road	Andrew Jamieson	Vic	58:31	88.43%	1/05/2022
W45	30km Walk Road	Kelly Ruddick	Vic	2:33:22	100.23%	15/05/2022
W45	35km Walk Road	Kelly Ruddick	Vic	3:00:04	-	15/05/2022
M35	35km Walk Road	Kim Mottrom	SA	3:03:17	-	15/05/2022
M60	Hammer	Phil Spivey	Vic	53.74m	73.54%	15/05/2022
M60	Weight Throw	Phil Spivey	Vic	20.67m	80.30%	15/05/2022
M30	35km Walk Road	*Rhydian Cowley	Vic	2:37:57	-	15/05/2022
M75	10km Walk Road	Andrew Jamieson	Vic	57:36	89.83%	28/05/2022
M35	Half Marathon	Aidan Hobbs	Qld	66:05	88.41%	5/06/2022
M95	Hammer	Maurice Dauphinet	Qld	9.77m	29.61%	9/06/2022
W90	100m	Christiane Dauphinet	Qld	34.02s	54.29%	10/06/2022
W90	400m	Christiane Dauphinet	Qld	3:14.42	52.65%	10/06/2022
M95	Javelin	Maurice Dauphinet	Qld	9.09m	32.18%	10/06/2022
M95	Shot Put	Maurice Dauphinet	Qld	4.49m	40.53%	10/06/2022
W90	200m	Christiane Dauphinet	Qld	76.28s	52.15%	11/06/2022
M95	Discus	Maurice Dauphinet	Qld	11.37m	40.08%	11/06/2022
M90	1500m	David Carr	WA	7:48.89	82.97%	16/06/2022
M70	Mile	John Bermingham	NT	5:23.90	92.44%	19/06/2022
W85	60m	Shirley Coppock	Vic	13.48s	77.14%	19/06/2022
M90	3000m	David Carr	WA	16:20.96	85.21%	23/06/2022
W80	56lb Weight	Jeannette Williamson	ACT	2.63m	-	25/06/2022
M90	800m	David Carr	WA	3:41.55	84.50%	1/07/2022
W55	Half Marathon	Krishna Stanton	Qld	1:21:32	91.54%	2/07/2022
M35	Marathon	Aidan Hobbs	Qld	2:20:08	86.81%	3/07/2022
M45	Marathon	Wayne Spies	Qld	2:25:47	88.08%	3/07/2022
M90	5000m	David Carr	WA	29:47.83	80.34%	3/07/2022
M90	1500m	David Carr	WA	7:38.62	84.83%	7/07/2022
M90	400m	David Carr	WA	1:35.47	79.11%	8/07/2022
W50	400m	Janelle Delaney	NSW	58.41s	95.78%	8/07/2022
W40	Triple Jump	Melissa Foster	WA	12.04m	85.96%	8/07/2022
M90	2000m Steeplechase	David Carr	WA	12:50.43	79.30%	8/07/2022
M30	35km Walk Road	*Rhydian Cowley	Vic	2:30:34	-	24/07/2022
M90	Mile	David Carr	WA	8:21.34	83.80%	28/07/2022

W80	Heavy Weight 100lb	Jeannette Williamson	ACT	1.29m	-	31/07/2022
*M30	400m	Alex Beck	Qld	45.79s	94.0%	5/08/2022
W65	Super Weight	Dorn Jenkins	Vic	10.85m	-	7/08/2022
M90	10000m	David Carr	WA	1:02:48.93	77.93%	11/08/2022
W80	Super Weight	Jeannette Williamson	ACT	6.48m	-	14/08/2022
M90	1500m	David Carr	WA	7:32.95	85.89%	1/09/2022
W75	Half Marathon	Lavinia Petrie	Vic	118:14	80.71%	4/09/2022
M90	800m	David Carr	WA	3:36.30	86.55%	8/09/2022
M90	2000m Steeplechase	David Carr	WA	12:26.57	81.84%	15/09/2022
W80	Super Weight	Luella Jenkins	WA	6.61m	-	25/09/2022
M60	Heavy Weight Pentathlon	Phil Spivey	Vic	5080	-	25/09/2022
M60	Super Weight	Phil Spivey	Vic	10.83m	-	25/09/2022
W40	Marathon	Lisa Weightman	Vic	2:24	97.01%	25/09/2022
W35	Heavy Weight 100lb	Miranda Ramsden	Qld	2.36m(=)	-	1/10/2022
M85	Throws Pentathlon	Tom Hancock	Vic	4080pts	-	1/10/2022
M85	Weight Throw	Tom Hancock	Vic	13.55m	63.70%	1/10/2022
M85	Super Weight	Tom Hancock	Vic	5.56m	-	2/10/2022
M60	Half Marathon	Steve Moneghetti	Vic	74:24	93.30%	2/10/2022
W55	Marathon	Krishna Stanton	Qld	2:48:06	94.32%	2/10/2022
M85	Heavy Weight Pentathlon	Tom Hancock	Vic	3318	-	3/10/2022
W80	1500m Walk	Gwen Steed	Vic	10:48.2	77.36%	8/10/2022
W95	1500m	Heather Lee	NSW	13:45.93	68.95%	8/10/2022
W80	3000m	Caroline Campbell	ACT	17:23.84	77.00%	13/10/2022
M90	800m	David Carr	WA	3:36.28	86.60%	13/10/2022
M90	5000m	David Carr	WA	29:28.6	81.21%	13/10/2022
W95	400m	Heather Lee	NSW	3:10.21	64.71%	15/10/2022
W80	3000m Walk	Gwen Steed	Vic	21:41.3	84.20%	15/10/2022
W80	1500m	Caroline Campbell	ACT	8:15.81	74.20%	20/10/2022
W80	2000m Walk	Gwen Steed	Vic	14:17.8	-	22/10/2022
W95	800m	Heather Lee	NSW	6:49.14	70.49%	22/10/2022
M55	Pole Vault	Howard Arbuthnot	Qld	3.80m	78.10%	29/10/2022
M65	56lb Weight Throw	Lajos Joni	Qld	6.79m	-	29/10/2022
W35	100lb Weight Throw	Miranda Ramsden	Qld	2.39m	-	29/10/2022
W80	One Hour Run	Caroline Campbell	ACT	9627m	-	3/11/2022

W95	1500m	Heather Lee	NSW	12:46.77	74.29%	5/11/2022
M55	Pole Vault	Howard Arbuthnot	Qld	4.00m	82.20%	12/11/2022
M90	200m	David Carr	WA	42.60s	74.80%	17/11/2022
W85	Pentathlon	Jo Klemke	ACT	1763pts	-	24/11/2022
W80	800m	Caroline Campbell	ACT	4:07.35	74.70%	24/11/2022
W80	Mile	Caroline Campbell	ACT	8:47.43	77.00%	24/11/2022
W60	200m	Julie Forster	NSW	29.37s	89.06%	26/11/2022
M60	3000m	Steve Moneghetti	Vic	9:30.7	94.10%	1/12/2022
M60	5000m	Steve Moneghetti	Vic	15:52.9	97.07%	1/12/2022
W80	800m	Caroline Campbell	ACT	4:05.17	75.40%	1/12/2022
W80	1500m Walk	Gwen Steed	Vic	10:40.9	84.50%	3/12/2022
W95	Mile	Heather Lee	NSW	13:41.36	77.48%	3/12/2022
*M30	Marathon	Brett Robinson	ACT	2:07:31	95.40%	4/12/2022
*W45	Marathon	Sinead Diver	Vic	2:21:34	102.41%	4/12/2022
M60	Hammer	Phil Spivey	Vic	55.82m	76.40%	11/12/2022
M45	110m Hurdles	Brad Krawczyk	Vic	15.55s	89.90%	17/12/2022
M55	1500m Walk	Ignacio Jimenez	Qld	6:43.81	93.40%	7/01/2023
M60	Weight Throw	Mark Cumming	Qld	20.78m	80.70%	14/01/2023
M60	Heavy Weight Pentathlon	Phil Spivey	Vic	4988pts	-	15/01/2023
W80	Super Weight Throw	Jeanette Williamson	ACT	6.64m	-	15/01/2023
W80	Heavy Weight Pentathlon	Jeanette Williamson	ACT	3655pts	-	15/01/2023
M50	Marathon	Wayne Spies	Qld	2:27:40	90.40%	15/01/2023
M65	400m	Rob Mayston	Vic	57.92s (=)	92.07%	19/01/2023
M85	2000m Walk	Bob Gardiner	Vic	16:03.0	-	21/01/2023
W35	60m Hurdles	Eliana Seymour	Qld	9.56s	81.30%	21/01/2023
W55	60m Hurdles	Maryann Hearn	Qld	10.34s	86.50%	21/01/2023
W70	60m Hurdles	Wilma Perkins	Qld	15.24s	69.70%	21/01/2023
M70	60m Hurdles	Bruce Bodsworth	Qld	12.77s	70.60%	21/01/2023
W75	2000m Steeplechase	Gillian Young	WA	11:14.17	95.70%	26/01/2023
M60	Weight Throw	Phil Spivey	Vic	21.18m	82.30%	29/01/2023
M65	3000m	Keith Bateman	NSW	10m 09.64s	92.65%	2/02/2023
M80	Pole Vault	Albert Gay	NSW	2.00m(=)	64.37%	4/02/2023
W85	60m	Kathleen Cook	NSW	12.50s	83.18%	4/02/2023
W95	800m	Heather Lee	NSW	6:35.34	72.95%	5/02/2023

W95	200m	Heather Lee	NSW	94.3s	52.05%	5/02/2023
W95	60m	Heather Lee	NSW	25.69s	54.40%	5/02/2023
M75	60m Hurdles	Dieter Lacko	Qld	14.34s	65.50%	11/02/2023
W35	60m Hurdles	Eliana Seymour	Qld	9.20s	83.60%	11/02/2023
M35	60m	Gary Finegan	Qld	7.07s	90.47%	11/02/2023
M80	100m	Bob Wishart	Vic	15.04s	88.00%	11/02/2023
M45	110m Hurdles	Brad Krawczyk	Vic	15.31s	91.30%	11/02/2023
M60	Hammer	Phil Spivey	Vic	56.50m	78.70%	11/02/2023
M60	Weight Throw	Phil Spivey	Vic	22.10m	87.10%	11/02/2023
W65	Weight Throw	Dorn Jenkins	Vic	16.60m	88.20%	11/02/2023
M85	Javelin	Tom Hancock	Vic	22.69m	52.40%	11/02/2023
M35	High Jump	Manjula Wijesekara	Vic	1.93m(=)	82.77%	11/02/2023
M40	3k Steeplechase(0.838m)	Daniel Rees	Vic	11m 35.39s	-	11/02/2023
M85	Discus	Tom Hancock	Vic	25.79m	62.50%	12/02/2023
M80	60m	Bob Wishart	Vic	9.39s	89.27%	12/02/2023
M65	400m	Rob Mayston	Vic	57.34s	93.00%	18/02/2023
M80	Pole Vault	Albert Gay	NSW	2.14m	68.88%	18/02/2023
W85	60m	Miriam Cudmore	SA	12.44s	83.60%	23/02/2023
W40	Marathon	Lisa Weightman	Vic	2:23:15	97.52%	26/02/2023
M35	Marathon	Dean Menzies	WA	2:17:41	88.40%	26/02/2023
W85	Long Jump	Miriam Cudmore	SA	2.42m	67.60%	1/03/2023
W85	Shot Put	Miriam Cudmore	SA	6.53m	62.20%	1/03/2023
W80	800m	Anne Lang	SA	4:04	75.70%	1/03/2023
W80	10k	Caroline Campbell	ACT	63:19.95	74.80%	2/03/2023
M75	Marathon	Bob Lane	WA	3:33:26	79.80%	5/03/2023
W80	Throws Pentathlon	Jeanette Williamson	ACT	3458pts	-	5/03/2023
W60	60m	Christine De Vries	NSW	8.76s(=)	91.60%	10/03/2023
W80	800m	Anne Lang	SA	4:00.2	76.90%	10/03/2023
W95	1500m Walk	Heather Lee	NSW	12:45.95	101.00%	10/03/2023
W75	2k Steeplechase	Gillian Young	WA	11:01.5	97.50%	11/03/2023
M30	3k Steeplechase(0.838m)	Christopher Davis	Qld	10m 49.0s	-	11/03/2023
M45	3k Steeplechase(0.838m)	Justin Rule	Qld	11m 23.3s	-	11/03/2023
M50	3k Steeplechase(0.838m)	Daniel Smee	Tas	11m 27.2s	-	11/03/2023
M55	3k Steeplechase(0.838m)	David O'Brien	Tas	11m 53.8s	-	11/03/2023

W60	200m	Julie Forster	NSW	29.34s	89.15%	11/03/2023
W85	200m	Miriam Cudmore	SA	43.38s	81.00%	11/03/2023
W85	Long Jump	Miriam Cudmore	SA	2.65m	74.00%	11/03/2023
W85	Javelin	Miriam Cudmore	SA	18.33m	70.60%	11/03/2023
W95	5000m	Heather Lee	NSW	44:03.75	85.40%	12/03/2023
W85	Triple Jump	Miriam Cudmore	SA	6.27m	84.30%	12/03/2023
W80	Throws Pentathlon	Jeanette Williamson	ACT	3552pts	-	12/03/2023
W95	5000m	Heather Lee	NSW	44:03.75	85.4%	12/03/2023
W50	Pentathlon	Lee-Anne Nelson	Qld	3707pts	-	13/03/2023
W55	Pentathlon	Sue Coate	WA	3581pts	-	13/03/2023
M65	400m	Rob Mayston	Vic	56.92s	94.38%	18/03/2023
W55	Pentathlon	Sue Coate	WA	3619pts	-	18/03/2023
M70	3000m	John Bermingham	NT	10:40.56	94.30%	21/03/2023
M35	400m Hurdles	Leigh Bennett	ACT	53.75s	88.38%	22/03/2023
W55	60m	Mandy Mason	WA	7.88s	98.14%	25/03/2023
M50	60m	Adrian McKenzie	WA	7.20s	94.33%	25/03/2023
M50	100m	Adrian McKenzie	WA	11.41s	92.01%	26/03/2023
M70	5000m	John Bermingham	NT	18:26.9	92.80%	30/03/2023
W80	5000m	Caroline Campbell	ACT	28:52.55	79.00%	30/03/2023
M35	400m Hurdles	Leigh Bennett	ACT	52.76s	90.03%	31/03/2023
M80	Pole Vault	Albert Gay	NSW	2.20m	70.81%	9/04/2023
*W60	Marathon	Colleen Middleton	NSW	3h 18m 54s	85.01%	23/04/2023
M45	100lb Throw	Jamie Muscat	NSW	4.80m	-	29/04/2023
W40	100lb Throw	Julia Atila	NSW	2.50m	-	29/04/2023
W75	10k	Lavinia Petrie	Vic	49m 54.5s	93.28%	16/05/2023
W50	3000m	Lucy Di Benedetto	Vic	10m 23.09s	91.56%	21/05/2023
W60	Marathon	Karen Blay	NSW	3h 04m 02s	90.85%	27/05/2023
W75	High Jump	Margaret Taylor	ACT	1.13m	82.97%	27/05/2023
*W30	Mile	Linden Hall	Vic	4m 19.60s	97.40%	15/06/2023
*M35	Marathon	Liam Adams	Vic	2h 08m 39s	94.56%	2/07/2023
M60	Half Marathon	Steve Moneghetti	Vic	73m 05s	94.96%	2/07/2023
W65	Half Marathon	Jennifer Kellett	ACT	97m 31s	85.33%	2/07/2023
*W30	1500m	Linden Hall	Vic	3m 57.27s	96.97%	16/07/2023
W60	60m	Christine De Vries	NSW	8.69s	92.35%	16/07/2023

W60	100lb Throw	Jayne Hardy	ACT	1.72m	-	29/07/2023
*W30	1000m	Linden Hall	Vic	2m 35.12s	96.04%	4/08/2023
M35	20k Walk	Kim Mottram	SA	1h 34m 42s	81.46%	6/08/2023
W75	High Jump	Margaret Taylor	ACT	1.14m	83.70%	6/08/2023
M75	Super Weight Throw	Phillip Rowlands	Qld	7.85m	-	26/08/2023
M60	56lb Weight	Mark Cumming	Qld	8.20m	-	29/08/2023
W80	5k Walk	Gwen Steed	Vic	38:08.2	82.17%	2/09/2023
M40	Half Marathon	Ben St Lawrence	NSW	65m 55s	91.26%	3/09/2023
*W30	1500m	Linden Hall	Vic	3m 56.92s	97.11%	16/09/2023
M85	56lb Weight	Tom Hancock	Vic	2.75m	-	30/09/2023
M90	56lb Weight	Gordon Woolston	Qld	1.08m	-	30/09/2023
W50	100lb Weight	Althea Mackie	Qld	2.18m	-	30/09/2023
W60	100lb Weight	Jayne Hardy	ACT	1.77m	-	30/09/2023
M45	100lb Weight	Jamie Muscat	NSW	4.96m	-	30/09/2023
M75	100lb Weight	Phillip Rowlands	Qld	2.67m	-	30/09/2023
M85	100lb Weight	Tom Hancock	Vic	1.42m	-	30/09/2023
M90	100lb Weight	Gordon Woolston	Qld	0.54m	-	30/09/2023
M85	Heavy Weight Pentathlon	Tom Hancock	Vic	3,193pts	-	2/10/2023
M90	Heavy Weight Pentathlon	Gordon Woolston	Qld	1,398pts	-	2/10/2023
M85	Super Weight Throw	Tom Hancock	Vic	5.82m	-	2/10/2023
M90	Super Weight Throw	Gordon Woolston	Qld	2.71m	-	2/10/2023
W80	One Hour Run	Lavinia Petrie	Vic	11,488m	-	2/10/2023
W80	1500m	Lavinia Petrie	Vic	7m 12.44s	85.11%	17/10/2023
W80	1500m Walk	Gwen Steed	Vic	10m 37.7s	86.42%	21/10/2023
W70	60m Hurdles	Carol Davis	Qld	12.92s	81.12%	21/10/2023
W60	3000m	Karen Blay	NSW	11m 10.56s	91.49%	21/10/2023
W40	1500m	Olga Firsova	Qld	4m 25.30s	91.38%	26/10/2023
W60	3000m	Karen Blay	NSW	10m 55.18s	93.63%	4/11/2023
W55	60m	Mandy Mason	WA	7.76s	99.66%	10/11/2023
W55	200m	Mandy Mason	WA	24.94s	99.45%	10/11/2023
W85	100m	Miriam Cudmore	SA	20.07s	82.22%	15/11/2023
M60	300m Hurdles	Luke De Biasi	Vic	45.13s	85.62%	18/11/2023
M40	3k Steeplechase(0.838m)	Daniel Rees	Vic	11m 31.1s	-	18/11/2023
W80	2k Steeplechase	Ruth Johnson	WA	14m 59.7s	83.40%	23/11/2023



W55	200m	Mandy Mason	WA	24.63s	101.26%	23/11/2023
W60	1500m	Karen Blay	NSW	5m 12.50s	92.60%	25/11/2023
W75	1000m	Gillian Young	WA	4m 45.53s	76.55%	30/11/2023
W30	1000m	Michelle Hunter	WA	3m 14.51s	76.59%	30/11/2023
W55	100m	Mandy Mason	WA	12.15s	100.36%	1/12/2023
*W30	Marathon	Genevieve Gregson	Qld	2h 23m 08s	93.67%	2/12/2023
W80	2k Steeplechase	Ruth Johnson	WA	14m 39.8s	85.28%	9/12/2023
W55	100lb Throw	Paula Kennedy	WA	2.33m	77.83%	23/12/2023
W60	1500m	Karen Blay	NSW	5m 10.59s	93.16%	23/12/2023
W70	800m	Margaret Saunders	WA	3m 00.71s	86.97%	4/01/2024
W45	Triple Jump	Melissa Foster	WA	11.46m	84.34%	6/01/2024
W60	Mile	Karen Blay	NSW	5m 28.95s	95.71%	13/01/2024
W70	1000m	Margaret Saunders	WA	3m 52.65s	87.58%	18/01/2024
W45	Long Jump	Melissa Foster	WA	5.56m	86.45%	24/01/2024
*M45	800m	Philo Saunders	ACT	1m 56.79s	95.38%	26/01/2024
W45	Long Jump	Melissa Foster	WA	5.66m	88.00%	27/01/2024
W45	Triple Jump	Melissa Foster	WA	11.72m	86.25%	28/01/2024
M55	800m	Craig Sanford	Vic	2m 05.03s	95.07%	10/02/2024
M40	3k Steeplechase(0.838m)	Alekandr Ruda	Vic	10m 05.52s	na	10/02/2024
W50	5000m	Belinda Martin	NSW	17m 24.95s	92.07%	10/02/2024
W55	Pentathlon	Karen Carah	Vic	3772pts	-	11/02/2024
*W40	Javelin	Kathryn Mitchell	Qld	62.12m	99.06%	15/02/2024
W45	Long Jump	Melissa Foster	WA	5.71m	88.78%	25/02/2024
M60	Super Weight Throw	Mark Cumming	Qld	11.36m	90.94%	25/02/2024
W45	Long Jump	Melissa Foster	WA	5.71m	88.78%	25/02/2024
M50	100m Hurdles	Mathew Woodhouse	NSW	14.72s	90.00%	2/03/2024
W60	1500m	Karen Blay	NSW	5m 08.45s	93.81%	2/03/2024
M35	3000m	Aidan Hobbs	Qld	8m 18.78s	90.34%	2/03/2024
M70	56lb Throw	Johannes Peters	WA	5.89m	65.20%	2/03/2024
M70	Throws Pentathlon	Johannes Peters	WA	3984pts	-	2/03/2024
M90	Shot Put	Jim Davis	WA	7.13m	55.93%	2/03/2024
W60	5000m	Karen Blay	NSW	19m 03.77s	92.85%	3/03/2024
W85	60m	Kathleen Cook	NSW	12.11s	82.26%	3/03/2024
M30	60m	Kenneth Vuong	NSW	6.85s	92.55%	3/03/2024

W30	60m	Kiara Crandell	NSW	7.85s	88.54%	3/03/2024
M50	400m Hurdles	Mathew Woodhouse	NSW	59.28s	92.10%	3/03/2024
*M30	20k Walk	Rhydian Cowley	Vic	78m 33s	97.52%	3/03/2024
M45	100m	Leigh Phelan	Vic	11.29s	92.69%	9/03/2024
M70	100lb Throw	Johannes Peters	WA	3.21m	74.62%	3/03/2024
M70	Discus	Johannes Peters	WA	41.68m	68.13%	5/03/2024
M70	Weight Throw	Johannes Peters	WA	17.99m	71.40%	16/03/2024
M70	Discus	Johannes Peters	WA	44.46m	72.67%	16/03/2024
M55	Hammer	Peter Baxevanis	Vic	55.35m	78.12%	16/03/2024
W80	1500m	Lavinia Petrie	Vic	7m 10.73s	84.57%	16/03/2024
M35	3k Steeplechase (0.838m)	F Craig Dodsworth	Vic	11m 55.96s	-	16/03/2024
W80	5000m	Lavinia Petrie	Vic	25m 58.97s	88.20%	17/03/2024
W80	800m	Lavinia Petrie	Vic	3m 42.52s	80.64%	17/03/2024
W35	Triple Jump	Linda Allen	Vic	12.38m	80.18%	17/03/2024
W45	1000m	Anna Kasapis	Vic	3m 00.40s	90.03%	21/03/2024
M55	1000m	Richard Dawe	Vic	2m 56.89s	87.91%	21/03/2024
M45	5000m	Stephen Thurston	SA	14m 48.30s	92.48%	21/03/2024
*W30	3000m	Linden Hall	Vic	8m 40.59s	95.84%	23/03/2024
W50	1000m	Anna Smee	Tas	3m 13.06s	87.77%	23/03/2024
M50	1000m	Daniel Smee	Tas	2m 49.15s	88.99%	23/03/2024
M70	10k	Ian Cameron	Qld	38m 19.70s	92.61%	29/03/2024
W30	60m	Kiara Calvert	Tas	7.85s(=)	88.54%	29/03/2024
W85	100m	Miriam Cudmore	SA	20.05s	81.84%	29/03/2024
W60	800m	Karen Blay	NSW	2m 32.63s	92.86%	29/03/2024
M50	400m Hurdles	Mathew Woodhouse	NSW	58.85s	92.78%	29/03/2024
W85	Shot Put	Miriam Cudmore	SA	6.66m	65.58%	29/03/2024
W85	Long Jump	Miriam Cudmore	SA	2.70m	77.66%	30/03/2024
M85	Long Jump	Don Fraser	ACT	3.19m	73.69%	30/03/2024
W85	200m	Miriam Cudmore	SA	43.09s	80.24%	30/03/2024
M50	100m Hurdles	Mathew Woodhouse	NSW	14.60s	90.74%	31/03/2024
M70	Weight Throw	Gavin Murray	NSW	18.04m	71.59%	31/03/2024
W55	Pentathlon	Karen Carah	Vic	3899pts	-	31/03/2024
M75	2k Steeplechase	Allan Mayfield	Qld	8m 39.00s	85.78%	1/04/2024
M30	3k Steeplechase(0.838m)	Christopher Davis	Qld	10m 29.59s	na	1/04/2024

M40	3k Steeplechase(0.838m)	Alexander Ruda	Vic	10m 03.00s	na	1/04/2024
M50	3k Steeplechase(0.838m)	Daniel Smee	Tas	10m 59.09s	na	1/04/2024
M55	3k Steeplechase (0.838m)	Peter Link	Qld	11m 43.01s	na	1/04/2024
M55	Pentathlon	Gary Parkinson	Qld	3679pts	-	1/04/2024
M55	4 x 800m Relay	Peter Link	Vic	8m 48.42s	-	7/04/2024
		Richard Dawe	Vic			
		Craig Sanford	Vic			
		Glenn stephens	Vic			

























































**Location**

**as at 7 April 2024**

1st Aust Champs Melbourne  
Box Hill VVAC Champs  
Box Hill VVAC Champs  
Box Hill VVAC Champs  
Box Hill VVAC Champs  
Sydney  
Sydney  
Sydney  
Perth  
Perth  
Box Hill VVAC Champs  
Sydney

Melbourne

Box Hill VVAC Champs

Box Hill VVAC Champs

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Toronto WAVA Champs

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Gothenburg Swedon  
Adelaide  
South Melbourne  
Perth

Perth  
Qld  
Qld  
Adelaide  
Melbourne  
Perth  
Melbourne  
Adelaide  
Melbourne Aust Champs  
Melbourne Aust Champs



Qld

Box Hill  
Queensland  
Sydney  
Sydney











Qld

Melbourne  
Melbourne  
Brisbane  
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Brisbane  
Qld  
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Melbourne

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Albany

Murrumbeena

Christchurch WMA Champs

Christchurch WMA Champs

Christchurch WMA Champs

Christchurch WMA Champs

Christchurch WMA Champs







Brisbane AMA Champs  
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Albert Park

Lausanne

Adelaide

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St Lucia

QEII

Adelaide

St Lucia







Aust Champs Perth  
Aust Champs Perth  
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Fiji  
Albert Park  
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Brisbane 3.26 23.10 32.7 21.60 6m 10.7s  
Melbourne

St Lucia Qld  
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Sydney  
Adelaide  
Melbourne 4.00 16.24 30.3 24.04 3m 16s  
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Sandringham  
Sandringham

Sandringham

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Perth

QEII

QEII

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Melbourne Aust Champs

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Melbourne Aust Champs



Adelaide  
Adelaide  
Perth  
Perth  
QEII  
Adelaide

Melbourne  
Melbourne  
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Adelaide  
Launceston

QEII				
Adelaide	4.14	31.60	14.7	7.61 3m 25s
Adelaide	4.35	14.36	13.8	6.26 2m 30s
Adelaide	3.71	22.22	16.0	6.62 3m 05s

Melbourne  
Adelaide  
Qld  
QEII  
Canberra  
Adelaide  
Adelaide

QEII				
Murrumbeena	2.07	12.39	36.9	14.82 3m 24s
Murrumbeena	3.35	16.45	37.44	21.95 3m 22s
Murrumbeena	3.38	18.28	35.55	15.78 3m 13s

Murrumbeena  
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Murrumbeena  
Murrumbeena  
St Lucia Qld



Canberra AMA Champs						
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Canberra AMA Champs	6.01	35.34	25.0	23.36 4m 59.2s		3137
Canberra AMA Champs	5.25	28.71	12.7	9.42 2m 49.4s		
Canberra AMA Champs	5.42	22.14	12.5	6.98 2m 30.8s		
Canberra AMA Champs	4.34	20.04	13.7	7.31 3m 13.4s		
Canberra AMA Champs	3.77	25.36	14.62	7.54 3m 26.8s		
Canberra AMA Champs	3.23	16.90	16.42	6.12 3m 16.9s		
Canberra AMA Champs	3.40	19.06	16.58	7.29 3m 31s		
Canberra AMA Champs						
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Canberra AMA Champs						



Canberra AMA Champs

Sydney Aust Champs

12.4

6.26

11.14

1.60

57.7

20.4

34.50

2.40

55.30 5m 16.3s

Aust Champs Perth

Aust Champs Perth

QEII

Adelaide

Adelaide

Adelaide

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QEII

Adelaide

Adelaide

QEII

QEII

Adelaide

Melbourne

Melbourne

QEII

AIS ACT

Aust Champs Perth

Melbourne

Melbourne

OP Melb

Bendigo

QEII

Sydney

Gold Coast

Adelaide

Adelaide

AIS ACT

Adelaide  
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Adelaide  
Perth  
Murrumbeena  
QEII  
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Murrumbeena  
Murrumbeena  
Murrumbeena 3.50 20.26 15.79 7.90 3m 11s  
Melbourne  
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QEII  
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Hobart  
Hobart  
Maryborough  
Melbourne

4.71	21.74	13.5	11.52 3m 30.8s
3.58	22.40	16.3	7.72 3m 08.9s

Melbourne

Melbourne

Rome WMA Champs 5.70 49.24 24.6 34.22 4m 24.5s

Rome WMA Champs 4.70 41.80 26.2 34.78 5m 24s

Rome WMA Champs 4.32 40.70 30.4 38.96 5m 51.1s

Rome WMA Champs

Rome WMA Champs

Rome WMA Champs

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Rome WMA Champs

Rome WMA Champs

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Rome WMA Champs

Rome WMA Champs

Toronto

Toronto

Toronto

Sydney Aust Champs

QEII

Murrumbeena

QEII

Brisbane

QEII

Melbourne

ACT

Brisbane

QEII

Adelaide

Melbourne

Adelaide

QEII

QEII	5.47	28.98	12.5	9.16 2m 46s
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QEII	5.59	21.62	12.5	9.55 2m 27s
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NSWVAAC C'ships - Sydney Aust Champs Athletic Field

QEII

QEII

Murrumbeena

Murrumbeena

Murrumbeena

Melbourne

Melbourne

Melbourne

Melbourne

Melbourne

Adelaide AMA Champs

Adelaide AMA Champs

Adelaide AMA Champs

Adelaide AMA Champs

Adelaide AMA Champs

Adelaide AMA Champs

Adelaide AMA Champs



Samoa Oceania Champs

Melbourne

QEII

QEII

QEII

Darwin

Sydney

Murrumbeena

QEII

Murrumbeena

AIS ACT

AIS ACT

QEII

QEII

QEII

QEII

QEII

Melbourne

Melbourne

Melbourne

Melbourne

Melbourne

Melbourne

Melbourne

Melbourne

Melbourne

Canberra  
Canberra

Sydney Aust Champs

Melbourne

Brisbane

Bendigo

Qld

AIS ACT

Adelaide

Hobart

Hobart

Perth

QEII Qld

Perth

Adelaide

Adelaide

Adelaide

QEII Qld

QEII Qld

Perth

Adelaide

Melbourne

Melbourne 4.42 24.58 28.20 30.08 5m 39.9s

Melbourne 4.93 21.10 28.18 21.60 3m 17s

Melbourne 3.94 15.42 29.11 17.18 3m 15s

Melbourne 4.14 25.96 30.74 21.38 2m 52s

Hobart



Qld						
QEII Qld	3.97	18.38	27.9	24.26	2m 36.7s	
QEII Qld	5.37	27.38	26.3	26.10	2m 36.6s	
QEII Qld	5.47	24.88	25.8	25.76	2m 25.6s	3369
QEII Qld	3.68	35.34	35.3	28.36	4m 01.1s	
Sydney Aust Champs						
Adelaide						
Canberra	3.59	18.24	32.3	15.48	3m 38.6s	
Murrabeena						
Murrabeena						
Murrabeena						
Murrabeena						
Murrabeena						
Murrabeena						
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Murrabeena						
Murrabeena						
Murrabeena						
NSW						
Murrumbeena						
QEII Qld						
QEII Qld						
QEII Qld						
Melbourne						
Vic						
Murrumbeena						
QEII						
QEII						
QEII Qld						
Melbourne						
Melbourne						
Melbourne						

Melbourne

Melbourne

QEII Qld

Melbourne

Brisbane

Brisbane

Brisbane

Murrumbeena

Murrumbeena

Murrumbeena

Murrumbeena

Murrumbeena

Sydney Aust Champs

Sydney Aust Champs

Sydney Aust Champs

Sydney Aust Champs

Sydney Aust Champs

Sydney Aust Champs

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Sydney Aust Champs

Sydney Aust Champs









Brisbane					
Canberra					
Melbourne					
AIS ACT					
Canberra					
QEII	3.85	36.98	35.03	29.42	3m 56.7s
Murrumbeena					
Canberra					
QEII					
QEII					
QEII					
Sydney Aust Champs					
QEII					
QEII					
Melbourne					
Melbourne					
Melbourne					
Melbourne					
Murrumbeena					
Murrumbeena					
Murrumbeena					
Hensley NSW	3.77	25.30	30.28	18.94	3m 08.68s
Sydney					
Sydney					
Sydney					
Murrumbeena					
Murrumbeena	45.20	12.39	38.82	25.64	13.92
Sydney SAF					
Brisbane					
QEII					
QEII					
Brisbane AMA Champs					
Brisbane AMA Champs					
Brisbane AMA Champs					

Brisbane AMA Champs									
Brisbane AMA Champs									
Brisbane AMA Champs									
Brisbane AMA Champs	6.59	43.70	23.99	33.20	4m 52.97s				
Brisbane AMA Champs	4.20	30.98	28.35	34.22	3m 16.92s				
Brisbane AMA Champs	3.24	16.06	34.61	17.26	4m 05.93s				
Brisbane AMA Champs									
Maryborough Q	4.42	31.58	28.9	37.94	3m 33s				
Albert Park									
QEII									
Geelong									
Canberra									
Ipswich									
QEII									
QEII									
AIS ACT									
QEII									
Canberra									
Bendigo									
Doncaster									
Brisbane									
QEII									
QEII									
Melbourne									
Bendigo									
	13.18	4.82	11.53	1.41	63.21	19.62	41.46	2.30	42.12 5m 48.33s
	19.62	41.46	2.30	42.12	5:48.33	6549			



Melbourne  
Melbourne  
Canberra  
QEII  
Perth  
Melbourne  
Adelaide  
Adelaide  
Brisbane  
Canberra  
AIS ACT  
ACT  
QEII  
QEII  
Adelaide  
AIS ACT  
Bendigo  
QEII  
Canberra  
Canberra  
Adelaide  
Brisbane  
Brisbane  
Brisbane  
Melbourne  
Melbourne  
Sydney  
Sydney  
Sydney  
NSW

3.38	24.88	33.2	21.30	7m 31.2s
3.36	35.60	38.1	27.94	4m 18.5s
4.95	26.46	27.9	23.16	2m 40.03s

Perth

Murrumbeena VVAC

Murrumbeena VVAC

Murrumbeena VVAC

Murrumbeena VVAC

Murrumbeena VVAC

Murrumbeena VVAC

Murrumbeena VVAC

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Murrumbeena VVAC

Murrumbeena VVAC

Murrumbeena VVAC

QEII

Aust Champs Perth

Aust Champs Perth

Aust Champs Perth

Aust Champs Perth

Aust Champs Perth

Aust Champs Perth

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Aust Champs Perth

Aust Champs Perth





Eugene WMA Champs  
Eugene WMA Champs  
Eugene WMA Champs  
Eugene WMA Champs  
NSW  
Adelaide Masters Games  
QEII  
Adelaide Masters Games  
Adelaide Masters Games  
Adelaide Masters Games  
Adelaide Masters Games  
Adelaide Masters Games  
Adelaide Masters Games  
Adelaide Masters Games  
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Adelaide Masters Games  
QEII  
QEII  
Canberra  
Hobart  
QEII  
QEII  
AIS ACT  
Randwick, NSW  
QEII  
OP Melbourne  
Melbourne  
QEII

QEII

Hobart

Melbourne  
SAF Sydney  
Albert Park  
Melbourne  
New Zealand  
Auckland CG  
ACT  
Melbourne  
QEII  
Melbourne

5.15 38.000 26.0 37.28 5m 15.2s

Canberra  
Murrumbeena  
Murrumbeena  
Murrumbeena  
Murrumbeena  
Perth  
Perth  
Perth  
Melbourne  
Perth  
Murrumbeena  
NSW  
Melbourne  
Murrumbeena  
Murrumbeena  
Bendigo







Randwick, NSW  
Doncaster  
QEII  
Hobart  
Auckland Oceania  
Auckland Oceania  
Sydney Aust Champs  
Melbourne  
Melbourne  
Melbourne  
Hobart  
QEII  
Melbourne

Melbourne

Gold Coast  
South Melbourne  
Melbourne  
Melbourne  
Sydney Aust Champs  
QEII  
Adelaide  
Murrumbeena  
ACT  
ACT

3.73 19.78 33.5 16.92 3m 34.4s 2954





Turku WMA Champs  
Turku WMA Champs  
Turku WMA Champs  
Turku WMA Champs  
Keysborough  
QEII  
QEII, Brisbane  
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QEII, Brisbane  
QEII, Brisbane

4.96	48.76	25.6	41.30	5m 52.9s	
4.75	28.00	28.1	24.76	6m 06.4s	3480
2.87	16.28	35.00	16.20	dnf	
4.68	32.68	28.0	34.92	3m 20.4s	3419

QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
Melbourne  
NSW  
Hobart  
OP Melb  
Melbourne  
AIS ACT  
QEII  
Perth  
Melbourne  
Hobart  
Adelaide  
Canberra  
Sydney Aust Champs

Melbourne  
Sydney Aust Champs  
Sydney Aust Champs  
Gold Coast  
Gold Coast  
Melbourne  
Gold Coast

QEII, Brisbane						
QEII, Brisbane						
Perth						
Perth						
Melbourne						
Melbourne						
QEII						
Perth						
Perth						
Hobart						
Hobart	2.51	15.78	41.8	17.38	3m 53.4s	
Perth						
QEII, Brisbane						
Adelaide						
Doncaster						
Perry Lakes						
QEII, Brisbane						
QEII, Brisbane						
Melbourne						
OP Melb						
Murrumbeena						
Melbourne	4.70	35.78	28.42	40.16	6m 15s	3570
Murrumbeena						
Hobart Aust Champs						
Adelaide						
Adelaide						
Murrumbeena						
Murrumbeena						
Perth						
Perth						
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Murrumbeena						
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Murrumbeena						

Murrumbeena

Murrumbeena

Murrumbeena

Adelaide

Murrumbeena

Murrumbeena

Murrumbeena

43.10 9.79 35.08 18.84 14.81

Murrumbeena

61.34 12.87 39.16 29.86 16.60

QEII, Brisbane

Murrumbeena

Hobart Aust Champs

Hobart Aust Champs

Hobart Aust Champs

Hobart Aust Champs

Hobart Aust Champs

Hobart Aust Champs

Hobart Aust Champs

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Hobart Aust Champs

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Hobart Aust Champs

Murrumbeena

QEII, Brisbane

QEII, Brisbane

QEII, Brisbane

QEII, Brisbane  
Murrumbeena  
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QEII, Brisbane  
QEII, Brisbane  
AIS ACT  
QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
Adelaide

Sydney

Port Melbourne

3.81 18.56 31.6 19.04 3m 31.8s

QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
Tokyo  
Tasmania  
Doncaster  
QEII, Brisbane  
QEII, Brisbane  
Perth  
QEII, Brisbane











Gold Coast  
Gold Coast  
Canberra

Melbourne  
Adelaide  
Brisbane  
Mentone  
Canberra  
Adelaide  
Aberfeldie  
OP Melbourne  
Canberra  
QEII, Brisbane  
Norfolk Island  
OP Melbourne  
Canberra  
Adelaide  
Brisbane  
QEII, Brisbane  
Brisbane  
Brisbane  
Canberra  
Adelaide  
Canberra  
QEII  
QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
QEII, Brisbane  
Perth  
Brisbane  
Adelaide  
Homebush

5.81 42.42 24.3 27.80 4m 47.2s

3.15 20.40 40.7 23.56 dnf

Ringwood					
Ringwood					
Adelaide					
Aberfeldie VVAC					
Aberfeldie VVAC					
Aberfeldie VVAC					
Aberfeldie VVAC					
Homebush					
Homebush					
Aberfeldie VVAC					
Aberfeldie VVAC					
Aberfeldie VVAC					
Aberfeldie VVAC					
Aberfeldie VVAC					
Canberra					
QEII					
Taringa Qld	28.44	10.97	33.24	29.18	11.13
Homebush					
Homebush					
Aberfeldie VVAC					
Aberfeldie VVAC					
Perth					
Canberra					
Canberra					
Aberfeldie	6.30	47.02	23.5	31.76	5m 03s
Albert Park					
Murrumbeena					
Homebush Aust Champs					
Homebush Aust Champs	5.65	34.06	25.65	29.22	5m 18.2s
Homebush Aust Champs	2.83	14.44	37.81	14.98	dnf
Homebush Aust Champs	3.75	17.98	33.6	15.84	3m 28.53s
Homebush Aust Champs					
Homebush Aust Champs					
Homebush Aust Champs					







Brisbane					
Brisbane					
Brisbane					
Brisbane					
Brisbane					
Brisbane					
Brisbane					
Brisbane					
Brisbane					
Brisbane					
Brisbane					
Brisbane	24.10	6.84	19.32	14.90	10.10
Brisbane					
Brisbane	57.88	12.44	36.02	23.92	15.32
Brisbane	39.36	10.91	40.28	37.88	13.52
Brisbane	33.46	9.18	25.20	27.56	11.00
Brisbane					
Brisbane					
Brisbane					
Brisbane					
Sydney Aust Champs					
Brisbane					
Chatswood					
Chatswood					
Knox					
Brisbane					
Brisbane					
Adelaide					
Perth					
Mentone					
Melbourne					

OP Melbourne  
Sydney Aust Champs  
Mentone

Buffalo

Melbourne

QEII

Melbourne 11.60 6.07 11.60 1.83 50.91 16.68 30.76 3.60 45.80 4m 54.67s

Murrumbeena 49.50 10.84 38.82 34.02 17.26

Murrumbeena 37.02 11.76 37.14 32.48 13.74

Homebush

Canberra

Taringa Qld

Taringa Qld

Hobart

Taringa Qld

Homebush

Hobart

Homebush

Homebush 5.01 31.60 25.6 27.96 2m 38.2s 2988

Murrumbeena

Brisbane 3.22 21.92 39.80 21.50 dnf

Homebush

Aberfeldie

Aberfeldie					
Homebush					
Homebush					
Homebush					
Homebush					
Homebush					
Homebush					
Homebush					
Homebush					
Homebush					
Homebush					
Aberfeldie					
Homebush					
Homebush					
Brisbane					
Homebush					
Canberra					
Canberra	?	?	?	?	?
London					
Murrumbeena					
Murrumbeena	35.84	10.80	35.94	41.00	12.09
Murrumbeena					
Canberra	34.22	12.49	31.30	40.68	11.34
Townsville AMA Champs					
Townsville AMA Champs					
Townsville AMA Champs					
Townsville AMA Champs					
Townsville AMA Champs					
Beijing					
Townsville AMA Champs					
Townsville AMA Champs					
Townsville AMA Champs					
Townsville AMA Champs					

Townsville AMA Champs

Geelong

Murrumbeena

Murrumbeena

East Lansing USA

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

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Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Buffalo WMA Champs

Adelaide

OP Melbourne VSAMG

Buffalo WMA Champs	14.75	4.98	9.14	1.49	61.05	20.37	31.80	2.00	37.68	4m 59.8s
Buffalo WMA Champs	15.04	4.29	9.23	1.20	75.73	16.07	26.84	1.50	28.50	7m 43.59s
Buffalo WMA Champs	50.48	13.36	42.64	51.08	16.22					
Buffalo WMA Champs	34.00	12.02	33.10	40.02	10.74					
Buffalo WMA Champs	46.30	11.86	27.54	20.84	14.08					
Buffalo WMA Champs	15.80	5.16	13.12	9.16	7.06					

OP Melbourne VSAMG  
OP Melbourne VSAMG  
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OP Melbourne VSAMG  
OP Melbourne VSAMG  
OP Melbourne VSAMG  
OP Melbourne VSAMG  
Melbourne  
Homebush  
Sydney  
Melbourne  
Homebush  
Knox

31.48 8.53 22.12 14.62 13.92

Melbourne Aust Champs

11.4 6.45 11.03 1.83 51.5 15.7 34.44 3.50 48.30 4m 44.71s

Brisbane					
Melbourne Aust Champs					
Homebush					
Adelaide					
Melbourne					
Perth					
Homebush					
Sydney					
Hobart					
Canberra					
Murrumbeena	6.32	42.66	23.2	36.32	4m 45s
Box Hill					
Brisbane					
Murrumbeena					
Murrumbeena	35.04	9.00	24.74	16.40	14.49
Murrumbeena					
Murrumbeena					
Murrumbeena	34.48	12.66	40.12	27.38	11.83
Murrumbeena	27.08	7.60	21.94	18.38	9.93
Brisbane					
Murrumbeena					
Murrumbeena					
Murrumbeena					
Murrumbeena					
Murrumbeena					
Murrumbeena					
Murrumbeena					
Brisbane					
Homebush					
Homebush					

Murrumbeena					
Homebush					
Homebush					
Murrumbeena					
Brisbane	43.40	12.47	35.72	41.78	12.70
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth	4.32	3.70	7.98	7.06	3.66
Aust Champs Perth	36.32	13.16	42.16	32.12	12.40
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth					
Aust Champs Perth	48.36	10.03	33.94	23.36	16.26
Aust Champs Perth	4.90	26.08	26.3	28.60 2m	26.8s
Mentone					
Sydney Aust Champs					

Murrumbeena					
Murrumbeena					
Murrumbeena	37.48	8.23	33.92	20.02	11.32
Brisbane					
Durham					
Albert Park					
Albert Park					
Albert Park					
Brisbane					
Melbourne					
Sydney Aust Champs					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast					
Gold Coast	17.32	6.20	15.12	14.98	6.32
Gold Coast					
Box Hill					
AIS ACT					
Aberfeldie					
Box Hill					
Gold Coast					
Homebush					
Maryborough					
Knox Vic					
Geelong					
Brisbane					



Brisbane  
Geelong

Canberra

Dubbo  
Homebush  
Box Hill  
Box Hill  
Homebush  
Homebush  
Hobart, Tas

Brisbane

Homebush	39.40	13.44	41.98	49.44	11.77
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Box Hill

Perth	5.30	30.88	23.5	7.56 4m 24.1s
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Perth	5.12	31.80	26.5	8.70 6m 24.5s
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Perth	4.27	24.72	29.1	6.37 5m 08.3s
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Perth	2.16	10.72	64.8	5.62 dnf
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Perth	4.15	18.18	29.7	6.11 2m 42.3s
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Perth	4.29	18.70	27.9	6.84 3m 10.2s
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Perth	3.15	19.34	33.7	7.32 3m 23.9s
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Aberfeldie

Melbourne

Aberfeldie



Melbourne Aust Champs						
Melbourne Aust Champs	6.04	39.98	23.8	11.05	5m 01s	
Melbourne Aust Champs	4.63	37.94	25.5	8.59	5m 37.6s	
Melbourne Aust Champs	5.64	39.54	26.2	8.50	6m 00.1s	
Melbourne Aust Champs	4.48	27.58	28.1	9.42	5m 39.8s	
Melbourne Aust Champs	3.73	26.98	31.5	7.49	5m 58.4s	
Melbourne Aust Champs	3.91	24.96	33.1	9.03	7m 09.3s	
Melbourne Aust Champs	2.71	18.78	44.1	6.49	dnf	
Melbourne Aust Champs	4.99	23.34	27.4	8.69	2m 32.6s	
Melbourne Aust Champs	4.25	24.94	28.7	7.30	2m 39.6s	
Melbourne Aust Champs	3.78	28.48	33.0	10.31	3m 16.9s	
Melbourne Aust Champs	2.61	10.04	41.2	5.12	3m 30.6s	
Sydney Aust Champs						
Doncaster						
Doncaster						
Doncaster						
Murrumbeena	41.62	11.79	43.82	41.72	15.40	
Durban WMA Champs	15.53	1.49	9.12	26.75	4.85	23.82 2m 52.04s
Durban WMA Champs	18.07	1.14	8.37	36.31	3.34	20.72 4m 14.11s
Durban WMA Champs						
Durban WMA Champs						
Durban WMA Champs						
Durban WMA Champs						
Durban WMA Champs						
Durban WMA Champs						
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Durban WMA Champs						
Durban WMA Champs						
Durban WMA Champs						
Durban WMA Champs						
Durban WMA Champs	37.24	12.68	42.46	31.12	12.94	3778
Durban WMA Champs						

Durban WMA Champs

Durban WMA Champs

Brisbane

Canberra 4.93 48.84 27.07 10.67 6m 22.56s

Canberra

Canberra

Brisbane

Springvale

Box Hill

Canberra

Brisbane

Brisbane

QAC, Nathan

Brisbane

Brisbane

Perth

Perth

Albert Park

Perth

Hobart

NZ Oceania 5.10 25.90 29.05 7.93 3m 24.77s

Dubbo

Perth

OP Melb 18.62 1.43 7.82 27.83 4.87 23.54 2m 38.2s

Sydney

Brisbane

Brisbane

Brisbane						
Brisbane						
Box Hill						
Brisbane						
Murrumbeena						
Murrumbeena						
Brisbane						
Brisbane						
Brisbane						
QEII, Brisbane						
Perth						
Brisbane						
Brisbane						
Sydney Aust Champs	40.42	13.68	39.84	49.70	12.47	
Sydney Aust Champs	31.23	14.71	38.67	53.00	10.54	
Sydney	15.48	5.57	13.25	9.82	6.51	2621
Sydney Aust Champs	6.36	43.42	24.9	11.13	5m 25s	
Sydney Aust Champs	4.32	29.96	29.2	9.76	2m 43s	
Brisbane						
Canberra	4.59	39.00	26.9	9.04	5m 44.3s	
Perth						
Brisbane	5.47	35.28	25.4	9.13	5m 48.93s	
Brisbane	2.12	19.01	54.1	8.11	dnf	
Brisbane	2.82	18.25	48.3	6.79	dnf	
Perth						
Murrumbeena						
Brisbane						
Brisbane						
Brisbane						
Murrumbeena						
Murrumbeena	41.92	12.72	46.10	42.84	14.88	
Brisbane	15.54	6.71	19.16	17.58	6.81	
Murrumbeena	21.80	6.58	17.04	13.52	9.90	
Murrumbeena	6.57	52.78	22.8	33.88	4m 35.3s	

Perth	4.20	22.05	29.3	6.11 5m 06.1s
Perth	2.45	20.06	51.6	7.51 8m 30.7s
Perth				
Murrumbeena				
Murrumbeena				
Murrumbeena				
Murrumbeena				
Murrumbeena				
Homebush				
Brisbane				
Murrumbeena				
Murrumbeena				
Sydney				
Murrumbeena				
Perth				
Perth				
Perth				
Brisbane				
Perth				
Murrumbeena				
Canberra				
QEII, Brisbane				
QEII, Brisbane				
Murrumbeena				
Perth				
Homebush				
Box Hill				
QEII, AMA Champs				
QEII, AMA Champs				
QEII, AMA Champs	2.09	6.70	59.40	3.24 11m 04.39s
QEII, AMA Champs				
QEII, AMA Champs				
QEII, AMA Champs				
QEII, AMA Champs				

QEII, AMA Champs	51.73	9.11	34.85	22.40	16.29
QEII, AMA Champs					
QEII, AMA Champs					
QEII, AMA Champs					
QEII, AMA Champs	4.40	29.21	28.13	9.98 2m	41.36s
QEII, AMA Champs	14.48	5.52	12.84	10.62	6.43
QEII, AMA Champs					
QEII, AMA Champs					
QEII, AMA Champs					
QEII, AMA Champs					
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QEII, AMA Champs					
QEII, AMA Champs					
QEII, AMA Champs					
QEII, AMA Champs					
QEII, AMA Champs	4.16	22.30	28.78	7.30 5m	11.94s
QEII, AMA Champs	3.32	25.09	38.79	7.07 8m	23.86s
QEII, AMA Champs	2.64	17.34	45.32	7.17	dnf

QEII, AMA Champs	5.00	27.03	27.78	8.52	2m 36.57s	
QEII, AMA Champs	4.40	29.21	28.13	9.98	2m 41.36s	
QEII, AMA Champs	4.38	26.29	27.17	8.91	2m 47.21s	3305
Ballarat						
London						
Albert Park						
Albert Park						
Sydney Aust Champs	39.69	14.59	39.00	49.49	12.35	
Box Hill						
Albert Park						
Albert Park						
Murrumbeena						
Camberwell						
Albert Park						
Murrumbeena						
Murrumbeena						
Murrumbeena						
Murrumbeena	23.600	6.81	18.22	14.74	9.91	
Homebush						
Murrumbeena						
Albert Park						
Albert Park						
Darwin						
Ipswich						
Ipswich						
Ipswich						
Ipswich						
Ipswich						
Ipswich						
Ipswich						
Brisbane						
Brisbane						
Box Hill						
Brisbane						



Brisbane  
Brisbane  
Brisbane  
Brisbane  
Brisbane  
Brisbane  
Canberra  
Box Hill  
Box Hill  
Box Hill  
Brisbane  
Gold Coast  
Gold Coast  
Gold Coast  
Gold Coast  
Gold Coast  
Gold Coast  
Gold Coast  
Gold Coast  
Gold Coast  
Gold Coast  
Gold Coast  
Box Hill  
Melbourne  
Brisbane  
Canberra  
Brisbane  
Brisbane  
Albert Park  
Canberra

19.13	3.17	6.55	1.10	2m 47.21s	27.34	17.82	1.70	17.22	dnf
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Canberra  
Canberra

Brisbane  
Brisbane  
OP Melb  
Sydney  
Sydney  
Brisbane  
Melbourne  
Brisbane  
Brisbane  
Adelaide  
Mile End  
Brisbane  
Brisbane  
Brisbane  
AIS Canberra  
AIS ACT  
AIS ACT  
Sydney Aust Champs

4.61	26.45	28.4	6.40	2m 56.8s					
5.50	35.19	24.8	7.23	5m 17.7s					
4.64	17.71	29.2	7.43	3m 01.3s	3096				

Box Hill					
Brisbane					
Perth					
Canberra					
Murrumbeena					
Canberra	4.57	28.38	28.72	6.78	2m 53.3
Sydney Aust Champs					
Brisbane					
Homebush					
Homebush					
Christchurch					
Homebush					
Homebush					
Canberra					
Gold Coast					
Murrumbeena	44.72	12.90	39.20	48.56	15.89
Murrumbeena					
Perth	3.78	18.09	30.0	7.43	2m 38s
Murrumbeena VVAC					
Murrumbeena VVAC					
Murrumbeena VVAC					
Murrumbeena VVAC	42.35	10.77	36.30	38.15	14.98
Murrumbeena VVAC					
Murrumbeena VVAC					
Murrumbeena VVAC					
Murrumbeena VVAC					
Brisbane					
Brisbane					
Brisbane					
Brisbane					
AIS ACT Aust Champs					
AIS ACT Aust Champs					
AIS ACT Aust Champs					





Gateshead WMA Champs					
Gateshead WMA Champs					
Gateshead WMA Champs					
Gateshead WMA Champs					
Gateshead WMA Champs					
Gateshead WMA Champs					
Gateshead WMA Champs					
Gateshead WMA Champs					
Gateshead WMA Champs					
Gateshead WMA Champs	40.83	11.71	29.17	24.17	13.88
Gateshead WMA Champs	35.00	11.65	29.79	41.02	10.32
Gateshead WMA Champs					
Gateshead WMA Champs					
Sydney Aust Champs	39.73	14.14	38.14	53.48	12.51
Adelaide					
Adelaide					
Adelaide					
Adelaide					
Adelaide					
Adelaide					
Adelaide					
Adelaide					
Adelaide					
Adelaide					
Adelaide					
Canberra					
Canberra	39.46	10.81	26.73	22.68	15.51
SAF Nathan					
Sydney Aust Champs					
Olympic Park WMG					
Sydney Aust Champs					
Box Hill					
Woden ACT					
Woden ACT					

Adelaide  
Murrumbeena  
Murrumbeena  
Murrumbeena  
Murrumbeena  
Murrumbeena  
Murrumbeena

27.51 7.60 21.73 11.84 12.80

Bunbury WA

Nuremberg  
Tokyo  
Melbourne  
AIS Canberra  
Hobart  
Norfolk Island  
Norfolk Island  
AIS Canberra  
Canberra  
Norfolk Island  
Norfolk Island  
Norfolk Island  
Perth  
Sydney Aust Champs  
OP Melbourne  
Osaka  
Bruce ACT  
Perth  
OP Melbourne

33.56 12.09 29.52 32.78 11.42 3772







Hobart AMA Champs  
Murrumbeena  
Mentone  
Ipswich  
Ipswich  
Dedham  
Mentone  
Murrumbeena  
Darwin  
Varazdin Croatia  
Toowomba  
Ljubljana  
Gold Coast  
Gold Coast  
Sydney Aust Champs  
Homebush  
Brisbane  
Brisbane  
Brisbane  
Sydney Aust Champs  
ACT  
Melbourne  
Brisbane  
Murrumbeena  
Southport Asian Pacific Games  
Southport Asian Pacific Games  
Southport Asian Pacific Games  
AIS Canberra  
Brisbane  
Knoxfield  
Southport  
AIS Canberra  
Mentone  
Hobart



Tokyo						
Homebush, NSW						
Canberra						
Olympic Park WMG						
St Lucia, Qld						
Hobart						
Murrumbeena, Vic	33.02	10.69	35.16	28.93	10.77	
Perry Lakes, WA						
Adelaide						
Hobart						
AIS Canberra						
Murrumbeena, Vic						
Murrumbeena, Vic	35.02	10.56	34.06	32.15	10.39	
Coker Park, WA						
Coker Park, WA						
Brisbane						
Murrumbeena, Vic						
Murrumbeena, Vic						
QEII, Brisbane						
Murrumbeena						
AIS, ACT						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs						
Bankstown AMA Champs	3.63	26.68	32.90	26.31	8m 32.08s	
Bankstown AMA Champs	2.90	25.34	42.93	20.47	9m 58.43s	2479

Bankstown AMA Champs

Middle Park

Lytton Qld

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs 12.61 1.64 10.14 26.68 5.55 33.11 2m 32.82s 5474

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

Brisbane WMA Champs

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Brisbane WMA Champs

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Brisbane WMA Champs

Brisbane WMA Champs

37.88 13.87 40.35 32.18 12.94 3824





Geelong Oceania Games	21.28	4.48	2.36	7.62 4m 04.96s
AIS, ACT				
Hobart				
AIS, ACT				
AIS, ACT				
QEII, Brisbane				
Murrumbeena				
AIS, ACT	3.66	19.03	33.04	15.22 3m 07.3s
QEII, Qld				
QEII, Brisbane				
AIS, ACT				
Aberfeldie VMA Champs				
Aberfeldie VMA Champs				
Aberfeldie VMA Champs				
Aberfeldie VMA Champs				
Floreat WA				
AIS, ACT				
Gold Coast				
Gold Coast				
OP Melb				
Murrumbeena, Vic				
QEII, Brisbane				
Perth				
Murrumbeena				
Perth				
Murrumbeena				
Adelaide AMA Champs				
Adelaide AMA Champs				
Adelaide AMA Champs				
Adelaide AMA Champs				
Adelaide AMA Champs				
Adelaide AMA Champs				
Adelaide AMA Champs				
Adelaide AMA Champs	4.44	36.58	28.22	33.61 2m 26.44s



Adelaide AMA Champs	44.15	17.34	45.06	43.67	14.96
Adelaide AMA Champs					
Gold Coast					
Canberra					
Gresham					
Canberra					
Gold Coast					
Lytton, Qld					
Canberra					
ACT					
Ipswich, Qld					
Ipswich, Qld					
Murrumbeena, Vic					
Coffs Harbour, NSW					
QEII, Qld					
Doncaster, Vic					
QEII, Qld					
QEII, Qld					
QEII, Qld					
Griffith Uni, Qld					
Griffith Uni, Qld					
Griffith Uni, Qld					
AMA Throws Champs ACT					
AMA Throws Champs ACT					
AMA Throws Champs ACT					
AMA Throws Champs ACT					
AMA Throws Champs ACT					
AMA Throws Champs ACT					
AMA Throws Champs ACT					
AMA Throws Champs ACT					
AMA Throws Champs ACT					
Olympic Park WMG					
Olympic Park WMG					
Olympic Park WMG					

Olympic Park WMG					
Olympic Park WMG					
Olympic Park WMG					
Yarra Park WMG					
Olympic Park WMG					
Yarra Park WMG					
Yarra Park WMG					
Olympic Park WMG	6.43	54.99	23.69	43.17	5m 37.05s
Olympic Park WMG					
Olympic Park WMG					
Olympic Park WMG					
Olympic Park WMG					
Olympic Park WMG					
Olympic Park WMG					
Olympic Park WMG					
Murrumbeena WMG					
Murrumbeena WMG	37.40	14.09	45.45	46.39	12.63
Carlton WMG					
Carlton WMG					
Canberra, ACT					
QEII, Qld					
Canberra, ACT					
Murrumbeena, Vic					
Geelong, Vic					
Coker Park, Perth					
East Burwood, Vic					
Canberra, ACT					
	17.70	15.97	13.74	10.15	7.12
Coker Park, WA					
Perth					
Ballarat, Vic					
AIS, Canberra					



Perth						
Perth						
Hobart, Tas						
Murrumbeena, Vic						
Murrumbeena, Vic						
Murrumbeena, Vic	2.53	15.05	58.1	13.11	dnf	
Perth						
Canberra						
Newcastle, NSW						
Sydney Aust Champs, NSW						
Newcastle, NSW						
Murrumbeena, Vic						
Murrumbeena, Vic						
Murrumbeena, Vic						
Murrumbeena, Vic						
Murrumbeena, Vic	21.67	6.24	14.94	11.87	7.47	
OP Melbourne Aust Champs						
Launceston, Tas						
Murrumbeena, Vic						
Murrumbeena, Vic						
Murrumbeena, Vic						
Gold Coast, Qld						
Murrumbeena, Vic						
Murrumbeena, Vic						
Murrumbeena, Vic						
Murrumbeena, Vic						
QEII, Brisbane						
QEII, Brisbane						
QEII, Brisbane						
QEII, Brisbane	6.61	49.65	23.29	47.03	5m 29.5s	3275
Canberra, ACT						
Doncaster, Vic						
Aust Champs Perth, WA						
Aust Champs Perth, WA						



AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
Knox, Vic						
QEII, Brisbane						
QEII, Brisbane						
QEII, Brisbane						
Turner	17.70	15.97	13.74	10.15	7.12	3587
QEII, Brisbane						
QEII, Brisbane						
QEII, Brisbane						
Canberra, ACT						
Canberra, ACT						
Canberra, ACT						
Canberra, ACT						
Canberra, ACT						
Olympic Park WMG						
Middle Park						
St Lucia, Qld						
St Lucia, Qld						
St Lucia, Qld						
QEII, Brisbane						
QEII, Brisbane						
St Lucia, Qld						
Homebush, NSW						
St Lucia, Qld						
Knoxfield, Vic						
Homebush, NSW						
Olympic Park WMG						
Hobart, Tas	2.23	10.25	45.92	10.09	4m 25.44s	
Aberfeldie, Vic						

Canberra, ACT  
St Lucia, Qld

St Lucia, Qld  
St Lucia, Qld  
Homebush, NSW

Adelaide, SA 16.97 1.44 9.18 28.67 4.43 30.90 2m 29.63s

QEII, Qld  
Geelong, Vic

Box Hill, Vic

Gold Coast

Box Hill, Vic

QEII

Olympic Park WMG

QEII, Brisbane

QEII, Brisbane

Olympic Park WMG

QEII, Brisbane 13.72 4.86 9.40 1.33 66.71 19.91 32.38 2.00 36.57 6m 39.31s

East Burwood

East Burwood

Adelaide, SA

Adelaide, SA

Murrumbeena

QEII, Brisbane

QEII, Brisbane 21.80 7.91 23.48 24.13 9.35

Homebush, NSW

Homebush, NSW

Homebush, NSW

Homebush, NSW





OP Melb Aust Champs  
WMA New Zealand  
Middle Park, Vic  
Doncaster, Vic  
Middle Park, Vic  
Middle Park, Vic  
Turner  
Turner  
Doomben, Qld  
Bedford, UK  
Birmingham, UK  
SAF, Qld  
Turner  
Woollongong, NSW  
Gold Coast, Qld  
Darwin  
Darwin  
Canberra  
Middle Park, Vic  
Wollongong, NSW  
Turner  
Turner  
Turner  
Turner  
Wollongong, NSW  
Turner  
Turner  
SAF, Qld  
SAF, Qld  
SAF, Qld  
SAF, Qld  
Sydney Aust Champs  
Burnley  
SAF, Qld

SAF, Qld

SAF, Qld

SAF, Qld

SAF, Qld

SAF, Qld

SAF, Qld

Middle Park, Vic

Middle Park, Vic

SAF, Qld

SAF, Qld

SAF, Qld

Doncaster, Vic

Doncaster, Vic

Doncaster, Vic

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

SAF, Qld

Canberra

SAF, Qld

Murrumbidgee

21.96

16.43

14.94

12.86

9.78

SAF, Qld

Rarotonga Oceania Champs

Rarotonga Oceania Champs

Rarotonga Oceania Champs

Rarotonga Oceania Champs





QSAC, Qld AMA Champs						
QSAC, Qld AMA Champs						
QSAC, Qld AMA Champs						
QSAC, Qld AMA Champs						
QSAC, Qld AMA Champs	44.19	17.21	48.00	42.82	13.48	
QSAC, Qld AMA Champs	23.93	8.49	25.23	24.01	10.22	
QSAC, Qld AMA Champs						
QSAC, Qld AMA Champs	4.95	38.88	27.72	38.99	2m 23.65s	
AMA Pent						
QSAC, Qld						
Turner, ACT						
Newcastle						
Adelaide						
Perth						
Turner, ACT	39.86	13.24	46.63	37.57	16.73	
Middle Park						
Aberfeldie, Vic						
Christchurch						
Canberra						
Canberra						
Mentone						
Mentone						
Mentone						
Mentone						
Canberra						
Edmonton						
Edmonton						
Middle Park						
Doncaster						
Doncaster						
Doncaster						
San Sebastian WMA Champs						
San Sebastian WMA Champs	12.46	1.57	9.96	27.12	5.19	34.02 2m 45.09s
San Sebastian WMA Champs						

San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs  
San Sebastian WMA Champs

Burnley

AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
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AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT

20.07	15.81	14.79	11.65	8.26
11.24	10.03	7.21	6.86	5.87

AMA Throws Champs ACT

Adelaide AMG

Adelaide AMG

Adelaide AMG

Middle Park

AIS ACT

Box Hill

Adelaide

AIS, ACT

Murrumbeena

Brisbane

Middle Park

AIS, ACT

SAF, Brisbane

Murrumbeena

Perth

Perth

AIS ACT

Perth

Christchurch

Oceania Cook Islands

11.08

4.35

9.78

6.43

5.16

3012

Homebush, NSW

Homebush, NSW

Box Hill, Vic





Turner, ACT						
Turner, ACT						
Nathan						
Murrumbeena						
QEII						
Bass Hill, NSW						
Brisbane						
Murrumbeena						
Murrumbeena						
Murrumbeena						
Nathan, Qld						
Murrumbeena	47.01	12.24	38.88	45.69	17.71	
AMA National Canberra	43.48	17.63	47.30	41.30	14.55	3839
AMA National Canberra						
AMA National Canberra						
AMA National Canberra						
AMA National Canberra						
AMA National Canberra						
AMA National Canberra						
AMA National Canberra						
AMA National Canberra						
AMA National Canberra						
AMA National Canberra	48.38	13.14	39.36	43.12	19.03	3993
AMA National Canberra	12.42	4.95	9.44	7.19	5.48	3295
AMA National Canberra						
Turner, ACT						
St Lucia, Qld						
Middle Park, Vic						
Canberra						
Gold Coast, Qld						
Middle Park, Vic						
Vic Park, SA						
Middle Park, Vic						
Middle Park, Vic						

Townsville, Qld						
Middle Park, Vic						
Middle Park, Vic						
Middle Park, Vic						
Canberra						
Canberra						
Canberra	13.71	4.99	9.49	7.01	5.58	3391
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
Perth						
Canberra						
Canberra						
Southport, Qld						
Southport, Qld						
Southport, Qld						
Gold Coast, Qld						
Gold Coast						
Sydney						
SAF, Nathan, Qld						
Aust Champs Perth						
SAF, Nathan, Qld						
SAF, Nathan, Qld						
AIS, ACT						
Geelong						
SAF, Nathan, Qld						

St Lucia, Qld  
St Lucia, Qld  
Murrumbeena  
Box Hill, Vic  
Middle Park, Vic  
Middle Park, Vic  
Aust Champs Perth  
SAF Nathan

Gold Coast  
Coburg, Vic  
Box Hill, Vic  
Bankstown  
Doncaster, Vic  
Bendigo, Vic  
Homebush, NSW  
OP Melbourne Aust Champs  
St Lucia  
Melbourne  
Nathan, Qld  
Turner, ACT  
Turner, ACT  
Nathan, Qld  
Nathan, Qld  
Olympic Park

Coker Park, Perth  
Turner, ACT  
OP Melbourne Aust Champs  
SAF Nathan  
Melbourne  
Perth  
Nathan, Brisbane  
Nathan, Brisbane  
Nathan, Brisbane  
Murrumbeena Vic Champs  
Nathan, Brisbane  
Coker Park, Aust Champs Perth  
Coker Park, Aust Champs Perth  
Murrumbeena Vic Champs  
Turner, ACT  
Turner, ACT  
Campbelltown, NSW  
Turner, ACT  
Knox  
Perth  
Perth  
Knox  
Perth  
Perth  
OP Melbourne Aust Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs

3.02	13.73	41.8	13.86	5m 47.5s	1906
3.74	16.90	30.9	15.01	2m 58.6s	2917

Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Hobart AMA Champs  
Canberra  
Doncaster  
Springvale  
Frankston  
Middle Park  
Collingwood  
Turner, ACT  
Perth  
Middle Park  
Noble Park  
Perth  
Middle Park  
Perth  
Middle Park  
Middle Park  
Middle Park  
Perth  
Turner, ACT  
Turner, ACT  
Perth  
Perth  
Middle Park  
Turner, ACT  
Doncaster  
Burnley, Vic  
Riccione  
Riccione

Riccione  
Riccione  
Riccione  
Riccione  
Sydney Aust Champs  
Turner, ACT  
Doncaster  
Doncaster  
Doncaster  
Doncaster  
Doncaster  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
AMA Throws Champs ACT  
Adelaide  
Adelaide  
Nathan, Qld  
Nathan, Qld  
Mentone  
Turner, ACT  
SOPAC, Sydney Aust Champs  
SAF, Nathan, Qld

SOPAC, Sydney Aust Champs

Olympic Park WMG

Middle Park

AIS ACT

Aust Champs Perth

Turner ACT

Middle Park

Olympic Park WMG

12.67

5.37

9.25

1.66

57.47

17.66

26.57

2.80

41.46 5m 40.87s

Southport

AIS ACT

St Lucia

Aberfeldie

Sippy Downs, Qld

Perth

Perth

Perth

Brisbane

Brisbane

Turner ACT

Turner ACT

Brisbane

Brisbane

Perth

WMA France

WMA France

Boston USA

Southport

Murrumbeena

Perth

Perth

Perth

3.22

18.70

30.5

17.02 5m 28.1s

Brisbane

OP Melb Vic Champs

OP Melb Vic Champs

OP Melb Vic Champs

OP Melb Vic Champs

Homebush

Brisbane

Brisbane

Olympic Park

Olympic Park

SAF Brisbane

Perth

Perth

Perth

Blacktown AMA Champs

Blacktown AMA Champs

Blacktown AMA Champs

Blacktown AMA Champs

Blacktown AMA Champs 27.36 9.10 25.28 19.44 10.35

Blacktown AMA Champs

Blacktown AMA Champs 59.27 9.25 32.23 29.24 18.57

Blacktown AMA Champs

Blacktown AMA Champs

Blacktown AMA Champs

Blacktown AMA Champs

Blacktown AMA Champs 2.06 9.52 49.2 10.51 4m 56.24s

Blacktown AMA Champs

Blacktown AMA Champs

Turner ACT

Mentone

Middle Park

Turner ACT

Turner ACT

AIS ACT

AIS ACT

Mentone

Mentone





AMA Throws Chamos ACt						
AMA Throws Chamos ACt						
AMA Throws Chamos ACt						
AMA Throws Chamos ACt	23.16	19.49	15.69	12.96	10.78	4254
Knox						
AIS, ACT						
Southport						
Murrumbeena						
Southport						
Southport						
Southport	51.58	14.13	52.81	37.22	16.20	3664
Southport						
Southport						
Southport						
Southport						
Southport	22.17	8.10	22.43	17.73	9.55	
AIS, ACT						
AIS ACT						
SAF, Nathan						
SAF, Nathan						
Sydney Aust Champs						
Barden Ridge						
QSAC, Nathan						
Murrumbeena						
Murrumbeena	44.89	13.94	50.57	52.09	13.07	3471
Turner, ACT	40.63	17.56	45.35	33.68	13.02	
Fawkner Park						
Fawkner Park						
Perth						
Brisbane						
Melbourne Aust Champs						
Sydney Aust Champs						
AIS ACT						
AIS ACT						

Perth											
Knox											
QSAC, Nathan											
Geelong											
Geelong											
Aberfeldie											
Homebush											
Southport											
Homebush											
Melb Uni											
Greystanes, NSW											
SOPAC, Sydney Aust Champs											
St Lucia, Qld											
QSAC, Nathan	14.87	4.39	8.53	1.19	1m 10.65s	15.63	29.82	2.00	32.07	7m 06.95s	
Campbelltown											
SAC, Nathan											
SAC, Nathan	4.63	28.81	13.62	10.16	2m 26.57s	3476					
Murrumbeena	4.12	23.82	14.52	8.55	3m 00.09s						
Eaglehawk											
Melb Uni											
Bankstown											
Southport Gold Coast Champs											
Southport Gold Coast Champs	15.22	6.28	3.19	18.66	3m 01.88s						
Box Hill											
Box Hill											
SAF, Nathan											
Adelaide AMA Champs											
Adelaide AMA Champs											
Adelaide AMA Champs											
Adelaide AMA Champs											
Adelaide AMA Champs											
Adelaide AMA Champs	56.99	11.63	38.13	22.83	17.29	3242					
Adelaide AMA Champs	43.98	12.12	38.97	40.46	17.05	4059					
Adelaide AMA Champs	22.99	8.20	21.28	19.29	10.29						

Adelaide AMA Champs							
Adelaide AMA Champs	43.75	17.22	45.47	36.98	14.53	4007	
Adelaide AMA Champs							
Adelaide AMA Champs	14.05	9.85	4.85	31.37	2m 43.63s	2660	
Adelaide AMA Champs	14.81	7.18	4.24	16.38	3m 20.34s	3117	
Adelaide AMA Champs	2.60	18.48	17.59	6.66	3m 56.02		
Cannington							
Middle Park							
Cannington							
Turner, ACT							
Greystanes							
Canberra							
Gold Coast							
Turner, ACT							
Illawong							
AIS ACT							
AIS ACT							
Lahti							
Lahti	12.32	1.60	10.79	26.96	5.05	32.30	2m 41.7s 5784
Lahti							
Lahti							
Lahti							
Canberra							
Ipswich							
Southport							
Southport	31.69	9.33	21.05	19.59	12.23		
Southport							
Southport							
Southport	10.16	4.27	9.04	6.43	4.42	3928	
Southport							
Southport							
Southport							
Southport							
Southport							

Illawong NSW					
Murrumbeena					
Murrumbeena					
Murrumbeena					
Murrumbeena					
Burnley					
SAF Nathan					
SOPAC WMG					
SOPAC WMG					
Throws Champs ACT					
Throws Champs ACT					
Throws Champs ACT					
Throws Champs ACT					
Throws Champs ACT					
Throws Champs ACT	24.25	20.30	17.12	13.94	10.00
Sydney SOPAC WMG					
Sydney SOPAC WMG	34.46	9.54	21.55	21.31	12.65
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Melbourne					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Sydney SOPAC WMG					
Knox					
Murrumbeena					



Perth							
Murrumbeena							
SAF Nathan							
Kamloops							
Perth							
NSWMA State Championships - Campbelltown							
Perth							
SAF Nathan							
Murrumbeena							
Melb Uni							
Murrumbeena							
SAF Nathan							
SAF Nathan							
SAF Nathan							
Murrumbeena							
Perth							
SAF Nathan							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth	22.36	7.03	15.57	14.87	8.33		
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
Aust Champs Perth							
SAF Nathan	15.85	1.14	7.12	32.56	3.25	18.75	3m 05,49s
Canberra							

Middle Park						
Canberra						
Middle Park						
Middle Park						
Tahiti Oceania Champs	13.13	1.48	11.19	28.22	4.69	30.38 2m 52.4s
Tahiti Oceania Champs						
Gold Coast						
Perth						
Sacramento						
Sacramento						
Illawong						
Illawong						
Illawong						
Canberra						
Gold Coast						
Gold Coast	10.13	4.10	8.76	5.99	4.22	3762
Turner ACT						
Murrumbeena						
Burnley						
Sydney Aust Champs						
Truro UK						
SAF Nathan						
Doncaster						
SAF Nathan						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT						
AMA Throws Champs ACT	9.84	7.47	7.42	5.86	4.34	
Box Hill						
Knox						
Box Hill						
Melbourne Aust Champs						



Melbourne Aust Champs

SAF Nathan

Frankston

Narrabeen

Box Hill

Knox

Knox

Campbelltown

Box Hill

Campbelltown

Southport

Southport

Southport

Southport

Southport

37.55 10.97 28.73 31.89 15.42

Box Hill

SOPAC

Bruce ACT

SAF Nathan

Aberfeldie Zatopek

Murrumbeena

SOPAC

SAF Nathan

Sydney

Sydney

Gold Coast

Campbelltown

14.49 9.48 4.61 34.36 2m 52.54s

Ballarat

Southport

Cannington

SAF Nathan

Box Hill

Cannington

SAF Nathan





WMA XIX Sacramento, USA

Canberra

Adelaide

Middle Park

Middle Park

Middle Park

Middle Park

Murrumbeena

Murrumbeena 21.76 20.28 18.31 15.47 11.68

Doncaster

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT 16.59 14.46 12.37 9.83 7.67

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

AMA Throws Champs ACT

Adelaide AMG

Adelaide AMG

Adelaide AMG

Adelaide AMG

Canberra

Box Hill

Hobart 11.89 6.14 10.17 1.64 53.54 16.44 31.54 3.70 49.42 4m 39.39s

Gold Coast

Gold Coast

Canberra

SAF Brisbane

Turner ACT 16.53 13.93 12.36 10.06 7.16 3989

SAF Nathan





Albert Park AMA Champs						
Albert Park AMA Champs						
Albert Park AMA Champs						
Albert Park AMA Champs						
Jyvaskyla Finland						
Albert Park AMA Champs						
Albert Park AMA Champs						
Albert Park AMA Champs						
Albert Park AMA Champs	52.64	11.44	33.55	20.00	16.68	3400
Albert Park AMA Champs						
Fawkner Park AMA Champs						
Fawkner Park AMA Champs						
Albert Park AMA Champs	12.95	9.49	4.98	29.08 2m 54.95s		2792
Albert Park AMA Champs	4.32	26.21	14.37	8.76 3m 13.99		
Albert Park AMA Champs						
Albert Park AMA Champs						
Albert Park AMA Champs						
Adelaide						
Middle Park						
Middle Park						
ACT						
Perth						
AIS Canberra						
Middle Park						
Perth						
Perth						
Perth						
Sippy Downs						
Middle Park						
Perth						
Perth						
Perth						
Perth						
Adelaide						

St Lucia					
Middle Park					
Middle Park					
Middle Park					
Perth					
Townsville					
AMA Throws Champs ACT					
AMA Throws Champs ACT	21.25	17.77	14.34	11.66	9.83
AMA Throws Champs ACT	15.05	13.54	11.27	9.16	7.30
AMA Throws Champs ACT	14.07	12.10	11.13	7.55	7.05
SAF Nathan					
Knox					
SAF Nathan					
Melbourne					
Perth					
SAF Nathan					
Perth					
Box Hill					
Mentone					
Mentone					
AIS Canberra					
Doncaster					
Southport					
Southport					
Southport					
Pan Pacific Masters Games - Gold Coast					
Pan Pacific Masters Games - Gold Coast					
Pan Pacific Masters Games - Gold Coast					
St Lucia					
Turner ACT					
Canberra					
Canberra					
SAF Nathan					
Newport					



SOPAC Sydney Aust Champs

Campbelltown

St Lucia

AIS Canberra

Albert Park

Perth

Perth

Perth

Knox

Murrumbeena 9.26 25.12 18.55 14.02

AIS Canberra

Homebush

Albert Park

Bendigo

SOPAC

AIS Canberra

Geelong

Perth

Perth

AIS Canberra

AIS Canberra

Albert Park

Perth

AIS Canberra

Albert Park

Turner ACT

Perth

Adelaide

AIS Canberra 2.66 15.51 42.18 14.81 8m 24.93s 2113

SOPAC

Turner ACT

Turner ACT

Melb Uni

Perth

Perth	5.83	52.54	25	36.12 5m 00.6s
Perth	13.36	9.39	5.50	27.77 3m 3.12s
Murrumbeena	14.54	10.06	4.21	21.19 3m 33s
Adelaide	17.65	6.82	3.11	17.97 4m 01s
Turner ACT				
AIS ACT				
Perth				
Perth				
Perth				
AIS Canberra				
Perth				
SAF Nathan				
SOPAC Homebush				
SOPAC Homebush				
Perth				
Adelaide				
SAF Nathan				
Turner ACT				
Turner ACT				
AIS Canberra Aust Champs				
AIS Canberra Aust Champs				
AIS Canberra Aust Champs				
AIS Canberra Aust Champs				
AIS Canberra Aust Champs				
AIS Canberra Aust Champs				
AIS Canberra Aust Champs				
AIS Canberra Aust Champs				
AIS Canberra Aust Champs				
AIS Canberra Aust Champs	14.32	9.58	4.31	24.63 2m 34.73s
AIS Canberra Aust Champs				
AIS Canberra Aust Champs	13.46	8.17	4.79	28.37 2m 34.24s
AIS Canberra Aust Champs	5.50	27.77	13.36	9.39 3m 03.12s
Turner ACT	37.73	10.05	26.52	13.41 16.03
Turner ACT				

Noosa										
Ballarat										
Middle Park										
Middle Park										
Gold Coast										
Middle Park										
Turner ACT										
Middle Park										
Middle Park										
Torino										
Middle Park										
St Lucia										
Hobart										
Doncaster										
SAF Nathan										
SAF Nathan										
SAF Nathan	20.64	7.12	20.74	15.92	9.33					
SAF Nathan										
SAF Nathan										
Murrumbeena										
Murrumbeena										
AMA Throws Champs ACT										
SAF Nathan										
Geelong AMG										
AMA Throws Champs ACT										
AMA Throws Champs ACT	21.88	20.88	17.74	14.58	11.30	4432				
AMA Throws Champs ACT	18.65	16.35	13.8	12.01	9.25					
AMA Throws Champs ACT										
Geelong AMG										
Geelong AMG										
Geelong AMG										
AIS ACT										
Brazil WMA Champs	12.15	6.00	11.86	1.78	55.78	17.53	28.84	3.00	40.39	5m 08.07s

SAF Nathan

Brazil WMA Champs

Brazil WMA Champs

AIS Canberra

Brazil WMA Champs

SAF Nathan

Ballarat

Ballarat

Wollongong

Wollongong

SAF Nathan

Wollongong

SAF Nathan

SAF Nathan

SAF Nathan

Perth

Bendigo Oceania Champs

Bendigo Oceania Champs

Bendigo Oceania Champs

27.56	9.19	25.09	18.51	10.15
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Bendigo Oceania Champs

Bendigo Oceania Champs

Bendigo Oceania Champs

Bendigo Oceania Champs

21.74	7.11	19.38	17.27	9.42
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Bendigo Oceania Champs

27.50	7.79	23.35	22.55	10.44
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Bendigo Oceania Champs

Bendigo Oceania Champs

Bendigo Oceania Champs

Bendigo Oceania Champs

Bendigo Oceania Champs

Bendigo Oceania Champs

Bendigo Oceania Champs

Bendigo Oceania Champs

Wollongong

Wollongong

Ballarat Country Champs

Ballarat Country Champs						
Wollongong						
Wollongong						
Wollongong						
Washington						
Sunshine Coast	3.40	15.30	17.25	6.15	3m 30.96s	
Washington						
Glendale						
AIS ACT	26.97	4.26	33.02	26.36	8m 07.47s	2934
Nunawading						
Launceston	17.08	6.33	3.24	0	3m 27.16s	
Hobart Aust Champs						
Hobart Aust Champs						
Hobart Aust Champs						
Hobart Aust Champs						
Hobart Aust Champs						
Hobart Aust Champs						
Hobart Aust Champs						
Hobart Aust Champs						
Hobart Aust Champs						
Perth	6.26	51.93	24.2	36.86	4m 42.5s	
SAF Nathan						
Turner ACT	27.86	7.07	17.69	13.82	11.40	
Adelaide	17.58	6.74	3.23	19.63	4m 06.31s	
Griffith Uni						
Doncaster	17.33	4.22	2.50	7.41	3m 11.75s	
SAF Nathan						
Doncaster						
SOPAC Homebush						
Wollongong						
Turner ACT						
Perth						
Perth						
Lyon, France						





Doncaster VMA Champs						
Doncaster VMA Champs						
Doncaster VMA Champs						
Adelaide						
Adelaide						
WA Champs Perth						
Murrumbeena	29.75	9.16	25.61	16.93	11.75	
Murrumbeena						
Murrumbeena						
QSAC Brisbane						
QSAC Brisbane						
Bankstown Aust Champs						
Bankstown Aust Champs						
Bankstown Aust Champs						
Bankstown Aust Champs						
Bankstown Aust Champs						
Bankstown Aust Champs						
Bankstown Aust Champs						
Bankstown Aust Champs	34.07	9.10	22.29	20.04	11.40	
Bankstown Aust Champs						
Bankstown Aust Champs						
Bankstown Aust Champs	45.99	16.36	48.42	38.71	16.40	
Bankstown Aust Champs	17.34	6.37	2.66	14.82 3m	17.94s	
Bankstown Aust Champs	13.45	9.08	4.64	29.63 2m	28.13s	3189
Perth						
Perth						
Campbelltown						
Campbelltown						
Wollongong	40.11	11.08	25.11	28.93	16.31	
Wollongong						
Perth						
SAF Nathan						
SAF Nathan						
Perth						



Sippy Downs

Lyon France WMA Champs	18.70	1.00	5.98	37.09	3.05	13.85 3m 33.92s	
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs	15.89	1.17	8.09	33.09	3.78	22.00 3m 49.9s	
Lyon France WMA Champs	12.89	1.42	11.09	27.88	4.93	32.48 2m 57.4s	6217
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Lyon France WMA Champs							
Cairns							
Lyon France WMA Champs	28.82	8.57	22.60	22.69	10.69	3862	
Lyon France WMA Champs							
Murrumbeena	43.84	8.45	26.85	20.95	17.00		
Canberra							
Adelaide							
Canberra							
Canberra							
Middle Park							
Middle Park							
SAF Nathan							
Doncaster							
Doncaster							
AMA Throws Champs ACT							
AMA Throws Champs ACT							



Perth	19.69	16.38	13.27	10.48	8.50	
QSAC						
Wollongong	16.71	14.61	12.06	11.05	7.60	
Wollongong						
Wollongong						
SAF Nathan						
SAF Nathan						
AIS ACT						
Sydney						
Woden ACT	25.60	3.34	1.51	5.88	6m 56.17s	
QSAC						
AIS ACT						
Perth						
SOPAC						
Doncaster VMA Champs						
Doncaster VMA Champs						
Perth						
SOPAC	15.45	1.52	11.44	26.81	5.30	32.09 2m 30.34s
Turner ACT	7.61	7.18	6.26	4.54	3.17	
Adelaide AMA Aust Champs						
Adelaide AMA Aust Champs						
Adelaide AMA Aust Champs						
Adelaide AMA Aust Champs						
Adelaide AMA Aust Champs						
Adelaide AMA Aust Champs						
Adelaide AMA Aust Champs						
Adelaide AMA Aust Champs						
Adelaide AMA Aust Champs						
Adelaide AMA Aust Champs	12.94	11.35	5.60	28.75	2m 32.83s	3238
Adelaide AMA Aust Champs	2.44	15.51	50.75	18.91	12m 13.17s	2074
Adelaide AMA Aust Champs						
Adelaide AMA Aust Champs	17.37	7.35	3.22	20.42	4m 21.86s	3168
Singapore						

AIS ACT						
Calgary						
ACT						
Perth	21.04	18.32	16.71	13.94	10.29	3808
Middle Park						
Middle Park						
Gold Coast						
Turner ACT						
Gold Coast						
QSAC Nathan						
Turner ACT						
SAF Nathan						
Murrumbeena	20.63	17.45	14.97	11.56	10.41	
Murrumbeena	22.02	17.93	16.15	13.17	10.52	
Perth						
Wollongong						
Wollongong						
Perth						
Wollongong						
Wollongong						
Wollongong	19.19	17.36	14.15	12.22	9.81	
AIS ACT						
East Burwood						
QSAC Nathan						
QSAC Nathan						
AIS ACT						
AIS ACT						
QSAC Nathan						
Hobart						
Wollongong						
QSAC Nathan						
Doncaster						
AIS ACT						
Woden						





Doncaster VMA Champs  
 Doncaster VMA Champs  
 SOPAC  
 Perth  
 SOPAC Homebush  
 Perth  
 NSWMA/HW C'hips - Campbelltown

Auckland  
 Auckland  
 Auckland 17.35 1.11 5.75 33.86 2.94 13.84 3m 21.25s

Turner ACT  
 Turner ACT

Massachusetts  
 Massachusetts

Darwin  
 Darwin  
 Darwin  
 Darwin  
 Darwin

Nashville  
 Darwin

Darwin  
 Perth

Townsville 13.12 4.75 8.06 1.41 60.15 17.21 26.06 3.00 40.03 5m 47.1s

Perth  
 Perth  
 Brussels  
 Perth

Illawarra  
 Turner 15.19 13.42 11.45 9.19 7.71 3603  
 Turner 9.03 7.85 6.15 4.58 3.49

Perth  
 Sydney Aust Champs  
 Perth 18.28 15.75 14.47 12.36 9.40 3587

Townsville						
Murrumbena	21.38	18.51	15.44	12.96	10.68	4300
Cannington						
Clearview USA						
Wollongong						
Wollongong						
Wollongong						
AMA Winter Throws - Wollongong						
Wollongong	23.74	20.15	16.14	12.28	10.49	4569
Perth						
Maryborough						
East Burwood						
Melbourne Aust Champs						
East Burwood						
SOPAC Homebush						
SOPAC Homebush						
Penguin Tas						
Penguin Tas						
Turner ACT						
Gold Coast						
Cannington						
SAF Nathan						
Gold Coast	15.14	7.07	3.81	21.28 2m	51.28s	
Turner ACT	7.10	5.72	4.73	3.67	3.43	1373
Woden ACT						
Cannington						
Homebush						
Homebush						
Homebush						
SOPAC NSW						
Woden ACT						
Cranbourne						
Albert Park						
Homebush						



Perth						
Perth						
Geelong						
Adelaide						
Geelong						
SAF Nathan						
Wollongong						
Adelaide						
AIS ACT						
Dunedin						
Adelaide						
Adelaide						
Adelaide						
Dunedin Oceania Champs						
Dunedin Oceania Champs						
Dunedin Oceania Champs						
Geelong						
AIS ACT						
Adelaide						
Homebush						
Homebush						
Melb Uni Milers Club						
Adelaide						
Homebush						
Gold Coast						
Homebush						
Bankstown						
Melb Uni						
Adelaide						
SAF Nathan						
Adelaide						
Adelaide						
Adelaide	18.4	6.60	2.96	19.71	4m 44.94s	3213
Wollongong						

Wollongong						
Doncaster VMA Champs						
Turner ACT						
Doncaster VMA Champs						
Valencia						
Adelaide						
Adelaide						
Gold Coast C'wealth Games						
Turner ACT	21.75	19.85	16.31	13.46	10.44	4465
Turner ACT	16.48	14.56	11.46	9.75	7.87	
Turner ACT						
Turner ACT						
SAF Nathan						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Perth AMA Champs						
Taicang China						
AIS ACT						







Mackay					
Mackay					
Mackay					
Mackay					
Mackay	36.24	9.84	20.78	23.40	12.49
Mackay					
Mackay					
Bunbury					
SAF Nathan					
Murrumbeena					
Turner ACT					
SAF Nathan					
Doha					
Bankstown					
Wollongong					
Wollongong					
SAF Nathan					
Wollongong					
Wollongong					
Wollongong					
Adelaide AMG					
Adelaide					
Adelaide					
Adelaide					
Bunbury					
Melbourne					
Melbourne					
Melbourne					
Mt Evelyn					
Mt Evelyn					
SAF Nathan					
Woden ACT					
Turner ACT					
SAF Nathan					



Murrumbeena  
 Ringwood  
 Ringwood  
 SAF Nathan  
 Murrumbeena  
 Woden ACT  
 Doncaster  
 Muraguchi  
 Adelaide  
 Woden ACT  
 Turner ACT  
 Albert Park  
 SAF Nathan  
 Perth  
 Turner ACT  
 SAF Nathan  
 Woden ACT  
 Launceston  
 Woden ACT  
 Perth  
 Wollongong  
 NSW  
 Cannington  
 Perth  
 Cannington  
 Turner ACT  
 Turner ACT  
 ACT  
 Perth  
 SAF Nathan  
 SAF Nathan  
 Runaway Bay  
 Turner ACT  
 Mackay

SAF Nathan	18.67	1.09	6.83	37.51	2.90	13.43 3m 33.28s	4553
Turner ACT	17.44	14.84	12.60	10.45	8.67		
Turner ACT	23.57	20.84	15.63	11.63	9.33	4714	



Wollongong Throws Champs						
Wollongong Throws Champs						
Wollongong Throws Champs						
Cannington						
ACT						
ACT						
Adelaide						
Adelaide						
Perth						
Blacktown						
Perth						
ACT						
Cannington						
Wollongong						
Sippy Downs						
Sydney Aust Champs						
Sydney Aust Champs						
Woden						
Turner ACT						
Perth						
QSAC Nathan						
QSAC Nathan						
Middle Park						
Murrumbeena	39.94	8.33	24.56	18.10	16.04	
Adelaide						
Woden						
Cannington						
Bankstown						
SAF Nathan						
SAF Nathan						
Illawong						
Bunbury	21.12	19.67	17.32	14.21	12.22	4240
Bunbury						
Bunbury	22.09	20.65	14.60	11.19	8.71	3835



Perth						
Murrumbeena						
Murrumbeena	42.46	8.64	23.16	19.78	15.91	4050
Nathan QSAC						
Turner ACT						
Box Hill						
Box Hill						
SOPAC						
Doncaster VMA Champs						
Doncaster VMA Champs						
Doncaster VMA Champs						
Doncaster VMA Champs						
Doncaster VMA Champs						
Doncaster VMA Champs						
Doncaster VMA Champs						
Doncaster VMA Champs						
Doncaster VMA Champs						
Collingwood						
Perth						
Murrumbeena						
Tokyo Olympics						
Tokyo Olympics						
Perth						
QSAC Nathan						
QSAC Nathan						
QSAC Nathan						
Brussels						
SAF/QSAC	19.3	18.74	16.90	14.23	10.54	4257
SAF/QSAC						
Townsville						
Cannington						
Perth						
Perth						
SAF/QSAC						

Salisbury					
Woden					
Gosford					
Woden					
SAF Nathan					
Homebush					
Turner					
Turner	12.00	11.38	9.85	7.13	4.58
Cranbourne					
Perth					
Illawong					
Turner					
Murrumbeena					
Murrumbeena					
Murrumbeena					
Knox					
Cranbourne					
ACT					
Aberfeldie					
Melbourne					
Ballarat					
Woden					
Penrith	18.32	15.29	12.68	11.41	9.66
Penrith					
Penrith					
Cannington					
SAF Nathan					
Middle Park, Vic					
Murrumbeena					
SAF Nathan	14.05	9.61	4.34	28.50 2m	41.49s
Murrumbeena					
Murrumbeena					
Woden					
Adelaide					

Bendigo				
AIS ACT				
Bendigo				
Cannington				
Cannington				
Cannington				
Cranbourne				
Aberfeldie				
Aberfeldie				
Woden				
Adelaide				
SAF Nathan				
SAF Nathan				
SAF Nathan				
Adelaide				
Cannington				
Albert Park				
Ras Al Khaimah				
Albert Park				
Perth				
Albert Park				
Albert Park				
Cannington				
Cannington	15.76	8.09	3.34	14.50 4m 32.4s
Claremont				
Melb. Uni				
Box Hill				
Perth				
SOPAC				
Geelong				
Geelong				
SOPAC				
SOPAC				
ACT Masters weekly competition - Woden				

Woden						
Woden						
Albert Park						
Gold Coast						
Gold Coast						
Albert Park VMA Champs						
Albert Park VMA Champs						
Albert Park VMA Champs						
Albert Park VMA Champs						
Albert Park VMA Champs						
Woden						
Turner ACT						
Turner ACT						
Murrumbeena						
SAF Nathan AMA Champs						
SAF Nathan AMA Champs						
SAF Nathan AMA Champs						
SAF Nathan AMA Champs						
SAF Nathan AMA Champs						
SAF Nathan AMA Champs						
SAF Nathan AMA Champs						
SOPAC						
SAF Nathan AMA Champs						
SAF Nathan AMA Champs						
SAF Nathan AMA Champs						
SAF Nathan AMA Champs	16.58	6.24	3.65	16.77 3m	14.53s	3488
SAF Nathan AMA Champs						
SAF Nathan AMA Champs						
Turner ACT						
Turner ACT	12.47	12.23	10.35	8.30	6.37	3614
Perth						
Perth						
Perth						
Penrith	16.67	16.15	13.49	12.00	10.00	3974



Turner						
Tokyo						
Murrumbeena						
Cannington						
Turner						
Perth						
Burnley						
Cannington						
Cannington						
Bunbury						
Murrumbeena	24.71	22.27	19.67	17.56	13.57	4919
Murrumbeena						
Berlin						
AMA Throws Champs Nathan						
AMA Throws Champs Nathan	30.57	8.94	23.25	19.10	13.55	3418
AMA Throws Champs Nathan						
AMA Throws Champs Nathan						
Melbourne Aust Champs						
London						
AMA Throws Champs Nathan	11.48	13.09	11.81	7.45	5.48	2697
Aberfeldie						
Homebush						
Woden						
Cannington						
Cannington						
Homebush						
Murrumbeena						
Woden						
Doncaster						
SOPAC						
SAF Nathan						
SAF Nathan						
SAF Nathan						
Woden						



Campbelltown						
SAF Nathan						
Cannington						
Canberra	23.79	4.47	2.04	10.05	6m 37.63s	1681
Woden						
Woden						

Collingwood						
Collingwood						
Woden						
Mt Evelyn						
Bass Hill						
Fukuoka						
Valencia						
Murrumbeena						
Aberfeldie						
SAF Nathan						
SAF Nathan						
Murrumbeena	23.73	22.76	19.98	18.24	13.83	4988
Turner ACT						
Turner ACT	14.09	11.72	9.97	8.03	6.64	
Houston USA						
Doncaster						
Murrumbeena						
SAF Nathan						
SAF Nathan						
SAF Nathan						
SAF Nathan						
Cannington						
Murrumbeena						
Bass Hill						
Bankstown						
Campbelltown						
Campbelltown						



SOPAC AMA Champs					
SOPAC AMA Champs					
SOPAC AMA Champs					
SOPAC AMA Champs					
SOPAC AMA Champs					
SOPAC AMA Champs	27.08	7.29	19.15	16.30	9.85
SOPAC AMA Champs					
SOPAC AMA Champs	13.71	10.02	4.30	29.58 2m 26.72s	
SOPAC AMA Champs	14.63	9.37	4.28	30.48 3m 01.07s	
Murrumbeena					
Perth	14.35	8.97	4.29	28.71 2m 50.41s	
Bendigo					
AIS ACT					
Perth					
Perth					
Perth					
Alice Springs					
Woden					
QSAC, Nathan					
Bankstown					
London					
Gosford					
Gosford					
Collingwood					
Versailles, France					
Noosa					
Cairns					
Oslo					
Gold Coast					
Gold Coast					
Gold Coast					
Silesia					
Maitland					

Turner  
Bern  
Adelaide  
Woden  
SAF Nathan  
SAF Nathan  
Mentone  
Sydney  
Eugene  
SAF Nathan  
SAF Nathan  
SAF Nathan  
SAF Nathan  
SAF Nathan  
SAF Nathan  
SAF Nathan  
SAF Nathan  
SAF Nathan  
SAF Nathan  
SAF Nathan  
SAF Nathan  
SAF Nathan  
Doncaster  
Box Hill  
Aberfeldie  
SAF Nathan  
Kensington  
St Lucia  
Bass Hill  
Perth  
Perth  
Adelaide  
Aberfeldie  
Aberfeldie  
Bunbury

Perth  
Homebush  
Cannington  
Cannington  
Perth  
Valencia  
Bunbury  
Bunbury  
Bass Hill  
Cannington  
Albert Park  
Wollongong  
Cannington  
AIS ACT  
AIS ACT  
AIS ACT  
AIS ACT  
Aberfeldie  
Aberfeldie  
Sydney  
Albert Park  
Albert Park  
Floreat, Perth  
SAF Nathan  
Floreat, Perth  
Homebush  
Homebush  
St Lucia  
Bunbury  
Bunbury  
Bunbury  
Homebush  
Homebush  
Homebush



Hobart  
Hobart  
Hobart  
Hobart  
Doncaster































































































































































































































































































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