## SUGGESTED COLOUR CODE FOR MASTERS THROWING IMPLEMENTS

Most of the codes are as World Athletics deems necessary. This does not include the Weight Throw events.

## **Hammer and Shot:**

## Weight Throw:

2kg – black 2kg/4.4lb – black 3kg – blue 3kg/6.6lb – yellow 4kg - white 4kg/8.8lb - purple 5.45kg/12lb - blue 5kg – red 6kg - green, 7.26kg - yellow 7.26kg/16lb - white 9.08kg/20lb - red 11.34kg/25lb - green 15.88kg/35lb - yellow 45lb – white 56lb orange 100lb lite blue