

TEAM MANAGERS REPORT
2023 WORLD MASTERS INDOOR ATHLETICS CHAMPIONSHIP
Torun, Poland
March 26-April 1

Team numbers were down on recent Championships as the impact of Covid, the repeat venue of Torun, the war in Ukraine and tough economic times were all influencing athletes' decision and ability to travel.

Australia was represented by 38 athletes and placed 11th from 55 countries with 12 Gold, 7 Silver, 11 Bronze and 46 new Australian Indoor records.

There were 44 entries, with 5 withdrawals and one athlete, John Cooper, being denied exit from Australia at the airport as he had a tear on a page of his passport.

Team Communication

An initial Newsletter was posted for all AMA athletes to provide information and motivation to register. This was followed by regular emails to team members after the close of registration, a ZOOM meeting a month out and a second Newsletter.

A Facebook page and WhatsApp group was the source of team communication for the Championship with the WhatsApp being the primary mode.

The Championship webpage and Handbook were excellent.

With the numbers I was able to give a daily post of who was doing what and at what local times for the next day on the team and AMA Facebook along with results from the day and this received high praise from many. With Stadia Championships and increased numbers this will be difficult but a modified approach could be ongoing.

Flag Bearer(s)

Lynne and Bob Schickert were named as team Flag Bearers during the Team Zoom meeting prior to AMA Facebook announcement the next day. Lynne was unable to march with the Australian team due to her World Masters Athletics commitments and position.

Championship

With the benefit of the 2019 Championship experience and the appointment of the 2024 World Athletics Championship and the additional support the venues and organisation

were outstanding. Daily team Manager meetings were well structured, efficient, and positive. Both WMA and LOC staff were excellent.

Team Gatherings

The Australian Flag was hung and positioned a home base where most athletes gathered daily to communicate and support.

Two dinners were held - one on The Thursday night (for those leaving early and one on the last night where most attended and celebrated the week's experiences.

The opening ceremony also provided the opportunity for the team to meet and share the excitement.

Relays

Our relay selectors did a great job led by the experienced Wilma Perkins and supported by the knowledge and enthusiasm of Lenore Lambert and Rob Mayston. Relay report and recommendations is separate.

Manager Travel and Accommodation

Air Travel was made through Expedia and accommodation through Bookings.com. Car hire was also booked through Bookings.com. It wasn't as cheap or user friendly as first thought so recommend better known companies for future.

Thanks

Huge thanks firstly to Barbra Blurton for her work with registrations and collating individual responses to a spread sheet; to Judy Farrell for her every ready and assistance with posts, communication and general help; to Donna Hiscox for organising the Thursday dinner venue; to Jill Taylor for Team Facebook; to Rob Mayston for being my roommate and assisting with navigation while driving on the wrong side of the road; to all team members for their efforts and support that made the week a wonderful, joyous experience; and finally to Wilma Perkins for her work and support as Assistant Manager. Wilma has a wonderful calming nature and experience and that allowed me to support our out of stadia athletes.

Our individual medal winners were:

David Car M90 4 Gold 1 Silver

Lynne Schickert W80 2 Gold

Julie Brims W 55 2 Gold

Melissa Foster W 40 2 Gold

Lucy Di Benedetto W50 1 Gold

Rob Mayston M65 1 Silver 1 Bronze

Evette Cordy W45 1 Silver 1 Bronze

Brett Gilligan M45 1 Silver 1 Bronze

Christopher Brack M55 1 Silver

Brad Krawczyk M45 1 Silver

Eliana Seymour W35 1 Silver

Lenore Lambert W50 2 Bronze

Kevin Solomon M75 2 Bronze

Wilma Perkins W70 1 Bronze

David OBrien M55 1 Bronze

Kate Seibold W45 1 Bronze

Relay Medals:

Gold W50 Maryann Hearn, Philippa Wight, Lenore Lambert, Julie Brims.

Bronze M75 Bob Schickert, Dieter Lacko, Kevin Solomon, David Carr

Australian Indoor Records

Records created at this championship are on next page but note Wilma Perkins W70 Pole Vault - 1.60m is missed.

Full team list

Names, age division, state, and withdrawals in red and crossed are on last page.

Recommendations

1. Review Athlete Form to best address transformation of information and specifically address necessary relay information.
2. AMA Board to review surveys by Lenore Lambert in conjunction with Wilma Perkin's feedback.

Steve McGugan

Team Manager

Australian Indoor Records:							
W50	3000m	Lucy Di Benedetto	Vic	10:46.89	88.2%	26/03/2023	Torun, Poland
M90	3000m	David Carr	WA	18:42.60	74.5%	26/03/2023	Torun, Poland
W80	High Jump	Lynne Schickert	WA	0.92m	73.1%	26/03/2023	Torun, Poland
M45	Long Jump	Brad Krawczyk	Vic	5.64m	75.2%	26/03/2023	Torun, Poland
M55	High Jump	Johannes Venter	WA	1.60m	83.5%	27/03/2023	Torun, Poland
M75	400m	Dieter Lacko	Qld	82.30s	70.8%	27/03/2023	Torun, Poland
W80	Long Jump	Lynne Schickert	WA	2.23m	56.7%	28/03/2023	Torun, Poland
W80	3k Walk	Lynne Schickert	WA	24:28.13	75.8%	28/03/2023	Torun, Poland
W70	3k Walk	Heather Carr	Vic	19:09.39	86.6%	28/03/2023	Torun, Poland
M90	400m	David Carr	WA	1:42.02	74.0%	28/03/2023	Torun, Poland
M65	400m	Robert Mayston	Vic	58.79s	91.4%	28/03/2023	Torun, Poland
M55	400m	Christopher Brack	Qld	55.03s	91.6%	28/03/2023	Torun, Poland
W80	60m	Lynne Schickert	WA	14.33s	68.0%	29/03/2023	Torun, Poland
W55	60m	Julie Brims	Qld	8.25s	95.1%	29/03/2023	Torun, Poland
M55	High Jump	Johannes Venter	WA	1.61m	84.0%	29/03/2023	Torun, Poland
W40	Triple Jump	Melissa Foster	WA	11.62m	83.0%	29/03/2023	Torun, Poland
W45	Pole Vault	Brett Gilligan	Vic	3.90m	70.9%	29/03/2023	Torun, Poland
M55	1000m	David O'Brien	Tas	3:09.25	82.2%	29/03/2023	Torun, Poland
M45	60m Hurdles	Brett Gilligan	Vic	9.26s	84.0%	30/03/2023	Torun, Poland
M45	Long Jump	Brett Gilligan	Vic	6.00m	78.2%	30/03/2023	Torun, Poland
M45	High Jump	Brett Gilligan	Vic	1.72m	78.0%	30/03/2023	Torun, Poland
W65	Triple Jump	Jill Taylor	NSW	6.66m	64.5%	30/03/2023	Torun, Poland
M45	1000m	Brett Gilligan	Vic	3:05.57	76.4%	30/03/2023	Torun, Poland
M45	Pentathlon	Brett Gilligan	Vic	3724pts	-	30/03/2023	Torun, Poland
M90	800m	David Carr	WA	4:03.80s	76.8%	30/03/2023	Torun, Poland
M75	800m	Kevin Solomon	Vic	2:50.19	81.8%	30/03/2023	Torun, Poland
W55	200m	Julie Brims	Qld	26.60s	94.9%	31/03/2023	Torun, Poland
M65	200m	Rob Mayston	Vic	26.16s	91.2%	31/03/2023	Torun, Poland
M55	200m	Christopher Brack	Qld	24.50s	91.5%	31/03/2023	Torun, Poland
M45	60m Hurdles	Brad Krawczyk	Vic	8.77s	96.2%	31/03/2023	Torun, Poland
M90	200m	David Carr	WA	47.58s	67.0%	31/03/2023	Torun, Poland
W45	1500m	Evette Cordy	Vic	5:06.30	85.1%	1/04/2023	Torun, Poland
M90	1500m	David Carr	WA	9:10.13s	70.7%	1/04/2023	Torun, Poland
M75	1500m	Kevin Solomon	Vic	5:48.82	84.0%	1/04/2023	Torun, Poland
M60	1500m	Scott Lawrence	Vic	4:52.60	86.9%	1/04/2023	Torun, Poland
W55	Pole Vault	Philippa Wight	NSW	2.30m	61.5%	1/04/2023	Torun, Poland
W35	60m Hurdles	Eliana Seymour	Qld	9.01s	86.3%	1/04/2023	Torun, Poland
M75	4 x 200m Relay	Dieter Lacko	Qld	3:01.64	-	1/04/2023	Torun, Poland
		Kevin Solomon	Vic				
		Bob Schickert	WA				
		David Carr	WA				
M55	4 x 200m Relay	Darren Hughes	NSW	1:45.40s	-	1/04/2023	Torun, Poland
		Rob Mayston	Vic				
		Rob Italia	Vic				
		Christopher Brack	Qld				
W50	4 x 200m Relay	Maryann Hearn	Qld	1:54.21	-	1/04/2023	Torun, Poland
		Philippa Wight	NSW				
		Lenore Lambert	NSW				
		Julie Brims	Qld				
M45	4 x 200m Relay	Mark Harper	Vic	1:37.67	-	1/04/2023	Torun, Poland
		David Austin	ACT				
		Graham Scully	Qld				
		Brett Gilligan	Vic				
W35	4 x 200m Relay	Melissa Foster	WA	2:03.99	-	1/04/2023	Torun, Poland
		Evette Cordy	Vic				
		Eliana Seymour	Qld				
		Kate Seibold	Vic				
X70	4 x 200m Mixed Relay	Dieter Lacko	Qld	3:02.60	-	1/04/2023	Torun, Poland
		Kevin Solomon	Vic				
		Wilma Perkins	Qld				
		Lynne Schickert	WA				
X50	4 x 200m Mixed Relay	Krzysztof Wardecki	NSW	1:50.41	-	1/04/2023	Torun, Poland
		Lenore Lambert	NSW				
		Philippa Wight	NSW				
		David Austin	ACT				
X45	4 x 200m Mixed Relay	Brett Gilligan	Vic	1:52.16	-	1/04/2023	Torun, Poland
		Evette Cordy	Vic				
		Kate Seibold	Vic				
		Brad Krawczyk	Vic				
W50	800m	Lucy Di Benedetto	Vic	2:27.15	88.2%	3/03/2023	Miramas, France

First name	Last name		Age Group
David	Austin	ACT	M50
Christopher	Brack	QUEENSLAND	M55
Julie	Brims	QUEENSLAND	W55
David	Carr	MAWA	M90
Heather	Carr	VICTORIA	W70
Ty	Chapman	QUEENSLAND	M35
John	Cooper	VICTORIA	M80
Evette	Cordy	VICTORIA	W45
Janelle	Delaney	NSW	W50
Todd	Devery	NSW	M60
Lucy	Di Benedetto	VICTORIA	W50
Deborah	Drennan	NSW	W60
Melissa	Foster	MAWA	W40
Viola	Garman	VICTORIA	W50
Brett	Gilligan	VICTORIA	M45
Harsharn Singh	Grewal	NSW	M70
Mark	Harper	VICTORIA	M45
Maryann	Hearn	QUEENSLAND	W55
Donna	Hiscox	MAWA	W55
Darren	Hughes	NSW	M60
Rob	Italia	VICTORIA	M55
Brad	Krawczyk	VICTORIA	M45
Dieter	Lacko	QUEENSLAND	M75
Lenorë	Lambert	NSW	W50
Scott	Lawrence	VICTORIA	M60
Wayne	Marriott	NSW	M65
Rob	Mayston	VICTORIA	M65
Danie	Mostert	MAWA	M45
David	O'Brien	TASMANIA	M55
Wilma	Perkins	QUEENSLAND	W70
Lynne	Schickert	MAWA	W80
Robert	Schickert	MAWA	M80
Graham	Scully	QUEENSLAND	M45
Kate	Seibold	VICTORIA	W45
Eliana	Seymour	QUEENSLAND	W35
Bradley	Sharpe	NSW	M60
Kevin	Solomon	VICTORIA	M75
Jay	Stone	NSW	M40
Jill	Taylor	NSW	W65
Johannes	Venter	MAWA	M55
Krzysztof	Wardecki	NSW	M50
Philippa	Wight	NSW	W55
Adrian	Williams	NSW	M55
Peter	Wyatt	VICTORIA	M65