

AUSTRALIAN MASTERS ATHLETICS 20 KM WALK CHAMPIONSHIP 2022

South Australian Masters Athletics (SAMA) conducted the Australian Masters Athletics 20 KM Walk Championships for the seventh time in 2022. The Championship was held as a postal event.

1. The Event

To keep the competition on an even a basis as possible the state based 20kms were organised close to August 7th (the date of the Adelaide competition). Entry to the Championships remained at \$20 in view of the postage required to send medals interstate. Queensland, New South Wales and Tasmania had no walkers interested in participating this year and therefore declined to hold a race. We were pleased to welcome walkers from Victoria and The Northern Territory who competed with us here in Adelaide. Other races were held as follows:

Australian Capital Territory	July 16 th
Victoria	August 21 st
Western Australia	August 6 th

All courses were on AIMS certified circuits and all were judged appropriately. However, as judges, courses and weather varied from State to State it was not an ideal way to conduct the Championship.

2. Communication

The event was advertised on the AMA website, and also in the various State and Territory newsletters and websites. Direct emails were also sent out to known race walkers.

3. Entries

There were 18 entries, 17 starters and 16 finishers with no DQ's and one DNF.

4. Results

	Name	State	Time	Place
35-40 Men	Kim Mottrom	SA	1:36:34	1
	Mario Vincente	NT	1:46:25	2
45-49 Men	Pramesh Prasad	VIC	1:58:47	1
55-59 Men	Andrew Duncan	WA	1:45:11	1
	Greg Metha	SA	2:18:10	2
60-64 Men	Kevin Cassidy	VIC	1:59:14	1
	Peter Crump	SA	2:07:37	2
65-69 Men	Terry O'Neill	VIC	DNS	
70-74 Men	Gil McIntosh	SA	2:28:26	1
75-79 Men	Andrew Jamieson	VIC	2:04:48	1

35-39 Women	Melissa Grantham	SA	2:10:53	1
50-54 Women	Kylie Irshad	Vic	DNF	1

55-59 Women	Ann Staunton-Jugovic	ACT	2:06:43	1
	Karyn Tolardo	WA	2:19:39	2
	Wendy Farrow	WA	2:23:27	3
60-64 Women	Marcela Ruiz Valdes	WA	3:01:40	1
65-69 Women	Karyn O'Neill	Vic	2:29:20	1
70-74 Women	Heather Carr	VIC	2:23:59	1

5. Presentations

Medallions were posted out to finishers within 4 days of the last race being completed.

6. Finance

Income

18 entrants at \$20	\$360.00
Total	\$360.00

Expenditure

AMA sanction fee 18 at \$5	\$90.00
Medals 16 at \$7	\$112.00
Medals postage	\$33.00
Total	\$235.00

Profit \$125.00

7. Future

SAMA is scheduled to host two more annual 20km Championships – which will also be conducted as postal events.

George White
Race Director 20km Walk
SA Masters Athletics