|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Heavy Weights Pentathlon - Womens Scoring Table V5.0** **- 17 Dec 2022**  **Based on 2023 WMA 5-year age factors for standard weights**  **Copyright:** Bob Banens, ACT Masters Athletics, (Australia); banens@ozemail.com.au; (+61) 0439 304 161 | | | | | | | | | | | **Hover Cursor below for** | | |  |  |
| **Competition:** |  | | | | | **Date:** |  | | | | **Instructions** | |  |  |  |
| **Competitor Origin Age Grp** | | | **Distance Score** | | **Distance Score** | | **Distance Score** | | **Distance Score** | | **Distance Score** | | **Total score** | **Position** | **Age Grp** |
| **W30-W49** | | | **5.45kg (12lb)** | | **7.26kg (16lb)** | | **9.08kg (20lb)** | | **11.34kg (25lb)** | | **15.88kg (35lb)** | |  |  |  |
|  |  | W30-34 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W30 |
|  |  | W30-34 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W30 |
|  |  | W30-34 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W30 |
|  |  | W30-34 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W30 |
|  |  | W30-34 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W30 |
|  |  | W30-34 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W30 |
|  |  | W30-34 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W30 |
|  |  | W30-34 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W30 |
|  |  | W30-34 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W30 |
|  |  | W30-34 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W30 |
|  |  | W35-39 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W35 |
|  |  | W35-39 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W35 |
|  |  | W35-39 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W35 |
|  |  | W35-39 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W35 |
|  |  | W35-39 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W35 |
|  |  | W35-39 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W35 |
|  |  | W35-39 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W35 |
|  |  | W35-39 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W35 |
|  |  | W35-39 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W35 |
|  |  | W35-39 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W35 |
|  |  | W40-44 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W40 |
|  |  | W40-44 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W40 |
|  |  | W40-44 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W40 |
|  |  | W40-44 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W40 |
|  |  | W40-44 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W40 |
|  |  | W40-44 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W40 |
|  |  | W40-44 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W40 |
|  |  | W40-44 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W40 |
|  |  | W40-44 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W40 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | W40-44 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W40 |
|  |  | W45-49 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W45 |
|  |  | W45-49 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W45 |
|  |  | W45-49 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W45 |
|  |  | W45-49 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W45 |
|  |  | W45-49 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W45 |
|  |  | W45-49 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W45 |
|  |  | W45-49 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W45 |
|  |  | W45-49 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W45 |
|  |  | W45-49 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W45 |
|  |  | W45-49 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W45 |
| **W50-W55** | | | **4kg (8.8lb)** | | **5.45kg (12lb)** | | **7.26kg (16lb)** | | **9.08kg (20lb)** | | **11.34kg (25lb)** | |  |  |  |
|  |  | W50-54 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W50 |
|  |  | W50-54 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W50 |
|  |  | W50-54 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W50 |
|  |  | W50-54 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W50 |
|  |  | W50-54 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W50 |
|  |  | W50-54 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W50 |
|  |  | W50-54 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W50 |
|  |  | W50-54 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W50 |
|  |  | W50-54 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W50 |
|  |  | W50-54 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W50 |
|  |  | W55-59 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W55 |
|  |  | W55-59 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W55 |
|  |  | W55-59 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W55 |
|  |  | W55-59 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W55 |
|  |  | W55-59 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W55 |
|  |  | W55-59 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W55 |
|  |  | W55-59 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W55 |
|  |  | W55-59 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W55 |
|  |  | W55-59 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W55 |
|  |  | W55-59 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W55 |
| **W60-W74** | | | **3kg (6.6lb)** | | **4kg (8.8lb)** | | **5.45kg (12lb)** | | **7.26kg (16lb)** | | **9.08kg (20lb)** | |  |  |  |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 | W60 |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |
|  |  | W60-64 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W60 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W65-69 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W65 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
|  |  | W70-74 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W70 |
| **W75-W100+** | | | **2kg (4.4lb)** | | **3kg (6.6lb)** | | **4kg (8.8lb)** | | **5.45kg (12lb)** | | **7.26kg (16lb)** | |  |  |  |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |

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|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W75-79 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W75 |
|  |  | W80-85 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W80 |
|  |  | W80-85 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W80 |
|  |  | W80-85 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W80 |
|  |  | W80-85 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W80 |
|  |  | W80-85 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W80 |
|  |  | W80-85 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W80 |
|  |  | W85-90 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W85 |
|  |  | W85-90 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W85 |
|  |  | W85-90 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W85 |
|  |  | W85-90 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W85 |
|  |  | W85-90 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W85 |
|  |  | W85-90 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W85 |
|  |  | W90-95  W90-95 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W90 |
|  |  |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W90 |
|  |  | W90-95 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W90 |
|  |  | W90-95 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W90 |
|  |  | W90-95 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W90 |
|  |  | W95-100  W95-100 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W95 |
|  |  |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W95 |
|  |  | W95-100 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W95 |
|  |  | W95-100  W95-100 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W95 |
|  |  |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W95 |
|  |  | W100-105 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W100 |
|  |  | W100-105 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W100 |
|  |  | W100-105 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W100 |
|  |  | W100-105 |  | 0 |  | 0 |  | 0 |  | 0 |  | 0 | 0 |  | W100 |