

WMA MENS AGE FACTORS - 2023 taken from the "WMA 2023 Age Factors"

		M30	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85	M90	M95	M100	M105	M110
Hammer	7.26kg	1.0000	1.0000	1.0496	1.1190													
Hammer	6kg					1.0911	1.1783											
Hammer	5kg							1.1709	1.2865									
Hammer	4kg									1.2785	1.4403							
Hammer	3kg											1.4301	1.6779	2.0327	2.5823	3.5446	5.5959	12.8565
Shot Put	7.26kg	1.0000	1.0462	1.1125	1.1867													
Shot Put	6kg					1.1551	1.2420											
Shot Put	5kg							1.2252	1.3317									
Shot Put	4kg									1.3036	1.4385							
Shot Put	3kg											1.3885	1.5671	1.7971	2.1043	2.5361	3.1876	4.2841
Discus	2kg	1.0000	1.0000	1.0187	1.0856													
Discus	1.5kg					1.0078	1.0873											
Discus	1kg							0.9653	1.0590	1.1746	1.3205	1.5103	1.7672	2.1341	2.7000	3.6863	5.8353	14.1421
Javelin	800g	1.0000	1.0438	1.1218	1.2110													
Javelin	700g					1.2293	1.3425											
Javelin	600g							1.3675	1.5184									
Javelin	500g									1.5566	1.7731							
Javelin	400g											1.8402	2.1894	2.6989	3.4861	4.7841	7.2999	14.1421
Weight	15.88kg	1.0000	1.0000	1.0668	1.1405													
Weight	11.34kg					0.9978	1.0704											
Weight	9.08kg							1.0071	1.0854									
Weight	7.26kg									1.0263	1.1233							
Weight	5.45kg											1.0544	1.2044	1.4230	1.7680	2.3883	3.8185	10.5283

EVENT FACTORS - 2023 taken from "Scoring of WMA Combined Events Competitions"

	Factor a	Factor b (metres)	Factor c
Shot Put	51.39	1.5	1.05
Discus	12.91	4	1.10
Hammer	13.0941	5.5	1.05
Javelin	10.14	7	1.08
Weight	47.8338	1.5	1.05