

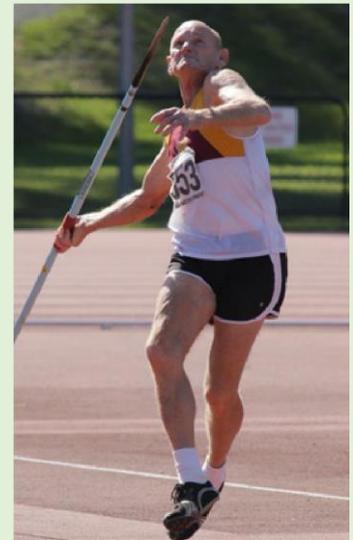
## Profile – Bruce Bodsworth – AMA Board Member



I ran my first mile when I was twelve, nearly sixty years ago. My early years as a jockey taught me the art of competitive racing. During my service in the regular army in the late sixties I competed in Interservice Athletics. For the major part of my life I have been competing in athletics culminating in sixteen gold medals this year. I will always be involved in the sport that I love.

I was president for twenty-six years of Thompson Estate Athletics Club during the club's heyday of the eighties and nineties and subsequently became a life member of the club and Queensland Athletics. Coaching for over forty years able bodied and disabled in all events, including being a guide runner for a blind sprinter, led me to my preferred competition of multi-events. Road running, cross country and a marathon are off season fitness events to have me ready for my track and field favourite, the four hundred meters. Put some hurdles in front of me and I'm even happier.

As President of Queensland Masters Athletics I have a three part vision of, always enough competition for all masters athletes, recruitment of new members and the recruitment of volunteers. Marketing and promoting the fact that the sport of athletics adds years to a healthier lifestyle, especially for masters, is my personal goal.



Fitness and health from athletics paved the way through a recent fifteen years with Coast Guard and Marine Rescue as Deputy Commander/trainer and crew member. Some of you will know the adrenalin at the start of a four hundred. It is the exact same for a rescue callout.

Yet still, there is time left for singing tenor in choirs, musicals and stage plays, including my own production, writing, producing and directing the musical "JUKEBOX".