

**AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021**

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**THROWS PENTATHLON using 2016 WMA AGE FACTORS - MEN**

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
M30	Graham Hicks	Vic	3,444 592	14.12.08	44.89 725	882	13.94 620	50.57 625	52.09 13.07
M35	Darron Haworth	Qld	3,672 728	2.11.08	51.58 768	945	14.13 409	52.81 822	37.22 16.20
M40	Stuart Gyngell	NSW	3,946 659	16.4.06	43.48 1076	914	17.63 513	47.30 784	41.30 14.55
M45	Stuart Gyngell	NSW	4,199 747	12.4.09	43.75 1143	970	17.22 490	45.47 849	36.98 14.53
M50	Todd Davey	WA	4,259 895	1.12.18	53.23 1022	889	16.00 516	49.82 937	36.71 17.65
M55	Graeme Rose	Vic	4,174 873	4.7.99	47.05 861	706	12.72 765	37.84 969	46.19 16.98
M60	Graeme Rose	Vic	4,242 898	16.4.06	48.38 876	702	13.14 752	39.36 1014	43.12 19.03
M65	Graeme Rose	Vic	4,325 917	12.4.09	43.98 882	774	12.12 786	38.97 966	40.46 17.05
M70	Keith James	NSW	4,037	11.3.12	38.18 767	783	11.63 920	40.99 716	34.86 851
M75	Tom Hancock	Vic	4,188 857	15.7.11	36.89 824	843	11.12 776	33.97 888	33.04 14.38
M80	Tom Hancock	Vic	4,741 1041	5.11.16	38.51 927	934	11.44 791	32.27 1048	30.31 15.67
M85 New Specifications	Feliks Jekabsons	Qld	3,805	23.3.08	27.36(3kg) 856	811	9.10(3kg) 856	25.28 550	19.44 732
M90 Old Specification	John Fraser	Vic	4,187 <b>WR</b>	13.3.05	24.63 977	1123	6.90 832	19.74 410	12.96 845

### THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - MEN

M30	Shane Carstairs	Vic	3,164	28.4.19	38.74	15.65 492	44.48 830	43.20 756	12.57 489	597
M35	Stuart Gyngell	NSW	3,611	2002	44.15	17.34 602	45.06 974	43.67 781	14.96 504	750
M40, M45 & M50 – as above in <b>Australian records</b> Stuart Gyngell M40 3,946, M45 4,199 & M50 4,072										
M55	Graeme Rose	Vic	4,085	2001	43.32	12.29 792	38.90 827	49.48 730	15.99 832	904
M60 & M65 – as above in <b>Australian records</b> Graeme Rose M60 4,242 & M65 4,325										
M70	C. Murray-Lee	Qld	3,995	1999	43.22	11.11 889	35.12 742	36.41 764	14.83 755	845
M75	Tom Hancock	Vic	4,036	8.4.12	35.10	10.31 807	35.04 754	29.17 875	15.02 666	934
M80	Tom Hancock	Vic	4,394	11.6.17	35.75	11.12 955	29.20 896	28.99 829	14.57 749	965
M85 – as above in <b>Australian records</b> Feliks Jekabsons 3,805										

### THROWS PENTATHLON using 2016 WMA AGE FACTORS – WOMEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT	
W30	Byrony Glass	WA	3,831	12.4.09	56.99	11.63 1104	38.13 637	22.83 618	17.29 342	1130
W35	Chris Schultz	Vic	3,795	7.12.87	38.24	14.77 752	45.10 882	36.58 787	12.68 645	729
W40	Jayne Hardy	ACT	3,929	20.4.03	41.86	10.46 915	37.62 635	39.32 692	14.27 766	921
W45	Chris Schultz	Vic	4,174	26.7.97	37.24	12.68 873	42.46 870	31.12 875	12.94 645	911
W50	Chris Schultz	Vic	4,371	13.7.01	37.88	13.87 902	40.35 1028	32.18 911	12.94 711	819
W55	Mary Thomas	NSW	4,285	7.8.99	35.00	11.65 909	29.79 925	41.02 711	10.32 1043	697
W60	Dorn Jenkins	Vic	4,443	7.10.15	43.51 1310	8.85 768	28.72 576	21.85 1043	15.57	

765	Dorn Jenkins	Vic	4,711	21.3.21	42.46	8.64 1435	23.16 817	19.78 684	15.91 590	1185
W70	Mary Thomas	NSW	4,407	16.8.15	28.82	8.57 1049	22.60 921	22.69 780	10.69 814	843
W75	Helen Searle	Qld	4,482	14.2.15	31.68	10.40 1155	20.67 1134	17.35 743	10.65 658	792
W80	Heather Doherty	Qld	4,108	8.1.14	21.74	7.11 866	19.38 843	17.27 829	9.42 771	864
W85	Ruth Frith Old specifications	NSW	3,200	7.3.98	15.48	5.57 692	13.25 747	9.82 660	6.51 531	570
W90	Ruth Frith Old specifications	Qld	3,598	24.4.00	13.13	5.22 711	11.81 841	9.33 756	6.00 683	607
W95	Ruth Frith New Specifications - before 1/1/10 – WR not accepted by WMA	Qld	4,253	Oct 2006	13.71(2kg) 993	4.99(2kg) 1003	9.49(750g) 831	7.01 750	5.58(4kg) 676	
W100	Ruth Frith New Specifications - before 1/1/10 – WR not accepted by WMA	Qld	5,743	23.8.09	10.16(2kg) 1203	4.27(2kg) 1114	9.04(750g) 1292	6.43 1307	4.42(4kg) 827	
W100	Ruth Frith New Specifications - after 1/1/10	Qld	5,180	2.4.11	10.14 998	3.96 1022	9.30 1335	5.63 1129	4.68 696	

### THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS – WOMEN

	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
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W30 – as above in **Australian records** Byrony Glass 3,831

W35	Byrony Glass	WA	3,621	8.4.12	52.64	11.44 1102	33.55 652	20.00 553	16.68 312	1002
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W40 – as above in **Australian records** Jane Hardy 3,929

W45	Chris Schultz	Vic	4,160	1996	36.32	13.16 847	42.16 909	32.12 868	12.40 669	867
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**THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS – WOMEN**

			AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
W50	M. Parviaiven	NSW	4,252	13.4.98	51.73	9.11 1301	34.85 627	22.40 767	16.29 489	1068		
W55	Helen Searle	NSW	4,213	13.4.98	43.20	11.23 1165	28.92 887	23.94 687	12.58 595	879		
W60	Dorn Jenkins	Vic	4,042	28.4.18	39.84	8.89 1182	20.26 750	20.01 507	16.11 519	1084		
W65	Bev Hamilton	WA	3,415	5.4.15	26.89	8.22 839	20.51 770	16.91 591	10.39 490	725		
W70	Mary Thomas	NSW	4,333	5.4.15	28.78	8.28 1047	21.87 885	22.12 751	10.86 791	859		
W75	Heather Doherty	Qld	3,890	24.4.11	23.30	7.41 856	22.26 765	18.22 811	9.48 697	761		
W80	Raema McMillan	WA	3,710	4.4.10	22.36	7.03 896	15.57 833	14.87 640	8.33 674	667		
W85	Ruth Frith Old specifications	NSW	3,155	13.4.98	14.48	5.52 637	12.84 739	10.62 635	6.43 583	561		
W90 & W95 – as above in <b>Australian records</b> Ruth Frith W90 3,598 old specifications & W95 4,253 new specifications												
W100	Ruth Frith New Specifications	Qld	5,061	4.4.10	10.02	4.37 984	8.14 1144	5.90 1145	4.13 1189	599		

**HEAVY WEIGHT PENTATHLON using 2016 AMA AGE FACTORS – MEN**

AGE	NAME	STATE	POINTS	DATE	WEIGHT 1	WEIGHT 2	WEIGHT 3	WEIGHT 4	WEIGHT 5
M30	Warren Button	WA	3,835	9.1.21	22.09 20lb	20.65 25lb	14.60 35lb	11.19 20kg	8.71 56lb



W40	Jayne Hardy	ACT	3,878	6.10.03	17.70 12lb	15.97 16lb 776	13.74 20lb	10.15 25lb 837	7.12 35lb 881	740	644	
W45	Althea Mackie	Qld	4,245	1.10.18	16.08 12lb	13.94 16lb 770	12.79 20lb	11.44 25lb 798	8.01 35lb 899	944	834	
W50	Gabrielle Watts	NSW	4,750	1.10.18	18.83 4kg	17.10 12lb 818	14.94 16lb	13.09 20lb 874	10.94 25lb 968	1047	1043	
	W55	Jayne Hardy		ACT	4,321	15.8.20 829 850	17.44 4kg 881	14.84 12lb 888	12.60 16lb 873		10.45 20lb	8.67 25lb
W60	Dorn Jenkins	Vic	5,115	24.9.17	21.38 3kg	18.51 4kg 1013	15.44 12lb	12.96 16lb 964	10.68 20lb 1033	1029	1076	
	W65	Dorn Jenkins		Vic	5,609	21.2.21 1056	20.25 3kg	18.42 4kg 1089	15.19 12lb 1124	1185	13.09 16lb 1155	10.35 20lb
W70	Jan Banens	ACT	4,699	1.11.11	16.53 3kg	13.93 4kg 970	12.36 12lb	10.06 16lb 914	7.16 20lb 997	982	836	
W75	Jan Banens	ACT	4,250	13.8.17	15.19 2kg	13.42 3kg 833	11.45 4kg	9.19 12lb 807	7.71 16lb 862	865	883	
	W80	Mary Wahren		ACT	2,214	13.8.17 528	9.03 2kg	7.85 3kg 471	6.15 4kg 461	4.58 12lb 400	3.49 16lb 354	

### PENTATHLON w/Discus & 200m - using 2016 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M			
	M30	Warren Evans		Qld	3,275	12.4.03 723	6.61 583	49.65 758	23.29 809	47.03 402	5:29.50	
M35	Terry Baldwin	Vic	3,494	1.3.98	6.57	52.78 760	22.8 640	33.88 817	4:35.3 551	726		
M40	Paul Jeffery	WA	3,639	15.3.14	6.26	51.93 771	24.2 684	36.86 755	4:42.5 677	752		
M45	Lloyd Mitchelson	NSW	3,864	5/85	5.70	49.24 716	24.6 703	34.22 812	4:24.5 690	943		
	M50	Mark Jeffery		WA	3,577	14-3-21 687	5.25	51.03	27.21	43.74	5:19.45	
155		Luke De Biasi		Vic	3,716	17.3.19	5.88	38.97 987	25.75 620	34.23 860	5:46.49 624	625
M60	Rudi Hochreiter	Vic	3,858	3.12.87	4.91	40.54 792	27.14 698	39.36 822	5:21.58 702	844		
M65	Rudi Hochreiter	Vic	3,798	28.3.92	4.70	35.78 845	28.42 676	40.16 808	6:15 803	666		

M70	Mike Johnson	Vic	3,816	15.10.91	4.75	28.00 1015	28.1 571	24.76 917	6:06.4 497	816
M75	Don Fraser	ACT	3,360	27.2.14	4.26	26.97 977	33.02 604	26.36 708	8:07.47 619	452
M80	Don Fraser	ACT	3,550	28.2.19	3.82	26.03 957	34.04 656	25.07 804	9:02.55 689	444
M85	Rad Leovic	ACT	2,799	21.2.13	2.66	15.51 563	42.18 410	14.81 562	8:24.93 443	821
M90	Maurice Dauphinet	Qld	2,955	19.4.16	2.44	15.51 608	50.75 518	18.91 481	12:13.17 790	558

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**PENTATHLON w/Discus & 200m - AMA CHAMPIONSHIP RECORDS – MEN**

GE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M	
M30	Geoff Gibbons	Tas	2,938	24.4.11	5.96	47.52 578	24.31 552	29.07 665	4:37.39 446	697
M35	Paul Jeffery	WA	3,170	9.4.12	6.10	50.93 650	24.21 612	35.51 709	4:53.15 584	615
M40	Geoff Gibbons	Tas	3,270	12.6.17	5.51	48.89 587	24.63 635	32.53 739	4:46.21 580	729
M45	John Gordon	NSW	3,513	1993	5.56	44.52 679	24.80 620	28.68 794	4:36.52 555	865
M50	Ken Daniels	ACT	3,209	27.3.89	5.18	37.96 666	25.6 563	26.64 851	5:13.7 410	719
M55	Luke De Biasi	Vic	3,619	29.4.19	5.79	38.61 957	25.89 613	31.74 847	5:44.75 568	634
M60	Quentin Anthony	ACT	3,617	20.4.92	5.02	38.78 828	26.84 660	36.04 846	5:58.2 630	653
M65	Mike Johnston	Vic	3,325	1.4.91	4.82	28.06 888	28.7 498	29.06 768	5:54.4 452	719
M70	Mike Johnston	Vic	3,547	1993	4.46	24.44 898	29.46 480	25.24 831	6:03.78 509	829

M75	Fred O'Connor	NSW	3,010	2001	3.63	26.68 707	32.90 596	26.31 717	8:32.08 618	372
M80	Fred O'Connor	NSW	3,247	12.4.04	3.58	26.30 840	36.37 664	25.27 661	9:22.0 696	386
M85	Maurice Dauphin	Qld	2,770	24.4.11	2.88	18.63 670	42.89 521	20.35 527	10:46.52 658	394
M90 – as above in <b>Australian records</b> Maurice Dauphin 2,955										

**PENTATHLON w/Shot Put & 100m, using 2016 WMA AGE FACTORS – WOMEN**

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M		
W30	Jitka Hiscox			Vic	3,236	19.4.16 778	12.94 618	11.35 729	5.60 453	28.75 658	2:32.83
W35	Leonie Hoffman	Qld	2,852	9.4.12	12.95	9.49 799	4.98 518	29.08 620	2:54.95 493	422	
W40	Lee-Anne Grosvenor	Qld	3,290	6.4.15	13.45	9.08 796	4.64 534	29.63 601	2:28.13 553	806	
W45	Lisa Crouch	Qld	3,572	14.3.09	13.62	10.16 853	4.63 670	28.81 686	2:37.55 590	773	
W50	Donna Burgess			Vic	3,583	1.4.13 828	14.32 666	9.58 671	4.31 522	24.63 896	2:34.73
W55	Wilma Perkins			Qld	3,932	'04 Raratonga 960	14.08 ?	?	4.28 768	? ?	3:08.32 617
W60	Carol Davis			Qld	3,417	17.1.16 952	14.73 505	6.42 637	3.67 469	18.38 854	2:55.53
W65	Carol Davis			Qld	4,248	10.2.19 1003	15.09 637	7.01 883	3.93 741	24.13 984	2:55.26

**AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021**

**PENTATHLON w/Shot Put & 100m, using 2016 WMA AGE FACTORS – WOMEN**

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M		
W75	Miriam Cudmore			SA	3,931	19.4.16 937	17.37 758	7.35 853	3.22 793	20.42 590	4:21.86



W80	Miriam Cudmore	SA	4,372	14.3.18 988	18.4 773	6.60 975	2.96 927	19.71 709	4:44.94
W85	Gwen Gleeson	ACT	1,980	25.2.16 492	25.60 398	3.34 403	1.51 283	5.88 404	6:56.17

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### PENTATHLON w/Shot Put & 100m - AMA CHAMPIONSHIP RECORDS – WOMEN

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M	
W30	- as above in <b>Australian records</b> Jitka Hiscox 3,236									
W35	- as above in <b>Australian records</b> Leonie Hoffman 2,852									
W40	- as above in <b>Australian records</b> Lee-Anne Grosvenor 3,290									
W45	Rachel Little	Vic	3,322		6.4.15 850	13.64 545	8.57 651	4.53 413	21.33 863	2:30.32
W50	- as above in <b>Australian records</b> Donna Burgess 3,583									
W55	Gianna Mogentale	NSW	3,708	29.4.19	13.72 1018	7.01 503	4.39 813	21.73 504	2:44.67 870	
W60	Margaret Taylor	ACT	3,394		13.4.09 941	14.81 581	7.18 880	4.24 387	16.38 605	3:20.34
W65	Carol Davis New Specification – 500g javelin	Qld	3,715		19.4.16	14.65 1068	5.80 505	3.47 668	15.38 438	2:50.54 1036
W70	Anne Lang New Specification – 500g javelin	SA	3,222		6.4.15	17.84 735	6.37 649	2.66 428	14.82 498	3:17.94 428
W75	- as above in <b>Australian records</b> Miriam Cudmore 3,931									
W80	Jo Klemke	ACT	2,634		29.4.19 502	22.02 621	5.50 428	2.08 437	10.28 566	5:07.61

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### DECATHLON using 2016 WMA AGE FACTORS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M	
M30	Matt McEwan	Qld	7,705		15.2.03 810	11.23 862	7.20 795	15.08 785	1.97 825	49.78
			16.2.03	15.22	42.91	4.80	56.64		4:57.93	

			796	724	849	687	572		
M30	Stephen Cain	Vic	7,787	July 2014	11.33	6.73	13.87	1.99	51.07
			789	750	720	794	766		
			14.85	44.87	4.90	62.68	4:40.29		
			868	764	880	778	678		
M35	Geoffrey Gibbons	Tas	6,696	14.1.12	11.70	6.31	10.92	1.73	51.01
				742	700	565	602	849	
			15.1.12	16.31	34.13	4.06	50.41	4:37.66	
				716	556	651	604	711	

**AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021**

**DECATHLON using 2016 WMA AGE FACTORS**

AGE	NAME	STATE	POINTS	DATE	100M	LONG J HURDLES	SHOTPUT DISCUS	HIGH J POLE V	400M JAVELIN	1500M	
M40	Geoffrey Gibbons	Tas	7,022		7.1.17	11.79	6.29	10.20	1.71	52.85	
					795	778	567	619	841		
					8.1.17	15.71	28.83	3.90	48.41	4:39.55	
					853	499	673	627	770		
M45	Paul Jeffery	WA	7,867	WR	2311.19	11.55	6.05	11.41	1.70	53.97	
					922	809	711	687	867		
				24.11.19		16.75	38.49	3.80	55.87	4:58.91	
					810	795	719	820	727		
M50	Justin Hanrahan	Vic	7,017		13.2.21	12.67	12.28	1.68	57.75		
					774	869	752	758	789		
					14.2.21	16.21	38.17	3.10	32.57	5:27.10	
					782	644	562	442	645		
M55	Dave Varley	Qld	6,537		23.9.17	12.79	4.79	8.28	1.42	60.14	
					830	648	517	577	776		
					24.9.17	17.24	28.69	3.00	43.97	5:47.02	
					742	501	603	720	623		
M60	Rudi Hochreiter	Vic	6,911		27.7.89	13.18	4.82	11.53	1.41	63.21	
					841	762	752	653	745		
					28.7.89	19.62	41.46	2.30	42.12	5:48.33	
					554	748	423	731	702		
M65	Don Fraser	ACT	6,746		19.2.05	13.56	4.80	9.07	1.35	67.67	
					861	881	627	687	680		
					20.2.05	19.62	33.68	2.20	37.14	6:36.60	
					629	648	457	708	568		

M70	Geoff Shaw	Vic	7,307	12.1.19	14.87	4.49	8.12	1.40	1:08.72		
			736	910	509	868	757				
			13.1.19	15.76	25.45	3.10	27.08	6:21.45			
M75	Fred O'Connor	NSW	6,748	29.7.99	14.91	3.99	9.15	1.21	78.34		
	655	731	610					15.86	29.65	1.90	25.88
					776	715	496	574	482		7:58.9
M80	Don Fraser	ACT	6,121	13.4.19	16.39	3.82	9.28	1.14	1:40.70		
					769	957	779	767	285		
				14.4.19	21.72	26.14	1.40	26.61	8:51.85		
					401	725	340	674	477		
M85	Vic Younger	Qld	4,637	1999	19.13	3.17	6.55	1.10	2:47.21		
					595	818	548	859	0		
					27.34	17.82	1.70	17.22	DNF		
					161	559	626	471	0		
M90	Vic Younger	Vic	3,133	22.2.03	31.69	2.25	5.86	0.92	DNF		
					0	508	572	705	0		
				23.2.03	49.76	13.72	1.15	13.30	DNF		
					0	533	391	424	0		

### DECATHLON - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	POINTS	DATE	100M	LONG J	SHOTPUT	HIGH J	400M		
					HURDLES	DISCUS	POLE V	JAVELIN	1500M		
M30	Warren Evans	Qld	6,352	22.2.03	11.64	6.39	12.20	1.73	53.70		
					723	673	619	577	652		
				23.2.03	16.15	44.02	4.65	53.38	6:08.95		
					689	747	804	639	229		

### AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021

### DECATHLON - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	POINTS	DATE	100M	LONG J	SHOTPUT	HIGH J	400M		
					HURDLES	DISCUS	POLE V	JAVELIN	1500M		
M35	Geoff Gibbons	Tas	6,487	28.2.15	11.62	6.19	11.04	1.71	51.73		
					759	670	573	585	817		
				1.3.15	16.21	30.72	4.20	42.65	4:41.20		
					727	487	693	488	688		

M40 – as above in **Australian records** Geoffrey Gibbons 7,022

M45	Justin Hanrahan	Vic		7,216	28.2.15	11.76	6.17	11.30	1.77	54.34
				676		842	703	758	852	
			1.3.15	17.99	33.83	3.30	43.73	5:10.42		
				681	680	557	607	660		
M50 – as above in <b>Australian records</b> Justin Hanrahan 7,017										
M55	Nelson Viney	Qld		5,192	22.2.03	13.40	4.79	7.43	1.25	66.80
				717		648	452	411	541	
			23.2.03	21.85	22.58	3.25	29.55	5:54.07		
				336	368	696	435	588		
M60	Greg Mamalis	NSW	5,875	22.2.03	13.95	4.89	10.00	1.34	70.36	
				703		785	636	577	507	
				23.3.03	18.67	30.38	2.65	27.19	6:21.87	
				642	509	554	420	542		
M65 – as above in <b>Australian records</b> Don Fraser 6,746										
M70 - as above in <b>Australian records</b> Geoff Shaw 7,307										
M75	Don Chambers	Vic	4,566	4/5.1.14	16.10	3.67	8.54	1.10	92.31	
				665		723	603	585	274	
				18.44	16.73	1.85	19.15	dnf		
				509	347	472	388	0		
M80	Rad Leovic	ACT	3,765	28.2.09	19.40	2.88	7.26	0.98	1:43.54	
				383		527	541	528	235	
				1.3.09	25.46	12.70	NH	17.66	7:49.17	
				168	289	0	399	695		
M90 – as above in <b>Australian records</b> Vic Younger 3,133										

**HEPTATHLON using 2016 WMA AGE FACTORS**

NAME	STATE	PTS	DATE	HRDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
Jitka Hiscock	NSW	4,626	1.4.16	15.46	1.52	11.44	26.81	5.30	32.09	2:30.34
				782	644	624	728	643	516	689
Marie Kay	NSW	4,897	29/30.8.99	15.76	1.59	10.39	26.97	5.25	34.82	2:35.73
				773	818	580	782	703	609	632
Marie Kay	NSW	5,609	4/5.7.01	12.61	1.64	10.14	26.68	5.55	33.11	2:32.82
				851	978	612	893	899	629	747
Marie Kay	Qld	6,006	8.09	12.32	1.60	10.79	26.96	5.05	32.30	2:41.70
				1058	1041	719	960	831	673	724

Marie Kay	Qld	6,202	6/7.7.11	12.93 953	1.51 1041	11.52 829	27.77 986	5.13 985	31.97 706	2:51.40 702
Marie Kay	Qld	6,682 <b>WR</b>	6/7.8.15	12.89 1132	1.42 1029	11.09 874	27.88 1075	4.93 1040	32.48 803	2:57.40 729

**AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021**

**HEPTATHLON using 2016 WMA AGE FACTORS**

NAME	STATE	PTS	DATE	HRDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
Marge Allison	Qld	5,076	28/29.7.08	15.10 843	1.24 855	6.93 556	31.90 868	3.66 634	18.4 448	2:53.86 872
Wilma Perkins	Qld	5,475	28/29.10.16	15.09 1037	1.15 842	8.26 775	31.95 971	3.44 657	20.78 624	3:38.36 569
Carol Davis	Qld	6,375	6/7.2.21	16.98 1017	1.14 978	6.55 671	32.96 1049	3.68 921	19.96 704	3:05.52 1035
Marge Allison	Qld	5,901	22/23.2.20	18.67 1081	1.09 1054	6.83 695	37.51 928	2.90 677	13.43 488	3:33.28 978

**HEPTATHLON - AMA CHAMPIONSHIP RECORDS**

NAME	STATE	PTS	DATE	HRDLES	HIGHJ	SHOT	200m	LONGJ	JAV	800M
Leanne McMurdy	Qld	3,192	22/23.2.03	19.08 383	1.42 534	8.10 406	28.00 631	4.69 477	21.97 326	2:52.82 435
Jennifer Baldwin	Vic	3,945	9/10.2.02	18.35 480	1.41 599	9.01 486	28.23 680	4.78 562	29.06 493	2:34.63 645
Lee-Anne Grosvenor	Qld	4,068	4/5.1.14	15.75 424	1.27 512	9.05 532	27.92 789	4.54 567	27.41 504	2:33.40 740
Karen Carah	Vic	4,883	9/10.1.16	13.73 843	1.48 867	9.02 580	29.20 777	4.57 665	29.04 595	2:57.02 556
Wilma Perkins	Qld	4,406	22/23.2.03	15.77 563	1.24 632	9.45 655	29.91 816	4.34 683	22.71 497	3:05.02 560
Wilma Perkins	Qld	5,200	19/20.2.05	15.15 813	1.23 724	9.15 697	30.30 883	4.40 816	24.13 600	3:03.31 667

Christine Bridle	Vic	4,322	12/13.1.19	18.63 439	1.24 855	7.25 587	32.60 817	3.49 567	20.06 521	3:27.5 538
Kathryn Heagney	Vic	3,301	4/5.1.20	DNF 0	0.88 491	5.33 454	35.38 738	3.18 543	12.11 326	3:18.30 749

as above in Australian records Marge Allison 5,618

### INDOORS PENTATHLON using 2016 WMA AGE FACTORS – MEN

AGE	NAME	STATE	PTS	DATE	60m HURDLES	HIGH JUMP	SHOT PUT	LONG JUMP	1000M	
M35	Matthew McDowall	WA			3,292	10.3.18 728	9.22 627	1.76 629	11.93 668	3:03.78 640
M40	Geoffrey Gibbons	Tas			3,564	22.3.17 893	8.83 675	5.88 579	10.37 602	2:53.38 815
M50	Andrew Brooker	WA			3,292	27.3.19 605	10.83 705	1.63 533	9.20 632	5:06 817
M55	John Fienieg	NSW			2,932	4.4.12 581	11.45 636	1.48 534	8.51 584	4:57 597
M60	John Fienieg	NSW			2,891	22.3.17 539	12.04 563	4.19 526	8.55 602	1:36 661
M65	Joe Begley	Qld	2,479	27.3.19	12.70	1.12 524	4:26	7.85 527	3.94 582	4:34.46 420

### AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 28 October 2021

### INDOORS PENTATHLON using 2016 WMA AGE FACTORS – MEN

	NAME	STATE	PTS	DATE	60m HURDLES	HIGH JUMP	SHOT PUT	LONG JUMP	1000M	
M70	Don Chambers	Vic	2,990	2.3.10	10.73 913	1.11 496	8.85 602	3.70 606	5:00.31 373	
M75	Don Chambers	Vic	2,968	25.3.14	11.33 903	1.15 669	8.98 685	3.63 711	0 0	dnf
M80	Rad Leovic	ACT	2,883	2008	15.33 456	0.99 544	7.37 592	2.91 540	4:47.96 751	
M85	Rad Leovic	ACT	2,239	25.3.14	25.35	0.91	6.34	2.26		5:35.95

0 544 574 388 733

**INDOORS PENTATHLON using 2016 WMA AGE FACTORS - WOMEN**

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT PUT	LONG JUMP	800M		
W35	Melissa Foster	WA	2,282	24.3.17	10.20	NH 742 0	8.43 446	5.33 726	3:00.62 368			
W40	Marie Kay	NSW	3,431	16.3.04	9.71	1.45 952 736	8.80 514	5.13 756	2:57.32 473			
W45	Marie Kay	NSW			4,312	18.3.06 1026 916	9.43 658	1.51 965	10.02 747	5.41		2:39.79
W50	Marie Kay	Qld			4,758	1.3.10 1075 1041	9.55 894	1.51 994	12.30 754			2:46.78
W60	Wilma Perkins	Qld	3,473	25.3.14	11.28	1.18 918 759	7.96 659	3.96 764	3:48.42 373			
W65	Marge Allison	Qld	3,799	1.3.10	11.53	1.17 969 879	6.57 589	3.13 522	3:08.99 840			
W75	Fran Harris	ACT	2,400	24.3.17	15.52	0.94 629 736	6.03 598	2.11 294	5:45.37 143			