

Throws

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|------|------------------------|-----|-----|
| 1998 | Hans Lotz | M50 | VIC |
| 1999 | Chris Schultz | W45 | VIC |
| 2000 | Marja-Leena Parviainan | W55 | NSW |
| 2001 | Graeme Rose | M55 | VIC |
| 2002 | Stuart Gyngell | M35 | NSW |
| 2003 | Wim van Weenen | M70 | VIC |
| 2004 | Heather Doherty | W70 | QLD |
| 2005 | John Fraser | M65 | VIC |
| 2006 | Stuart Gyngell | M40 | NSW |
| 2007 | Byrony Glass | W30 | WA |
| 2008 | Karyne Di Marco | W30 | NSW |
| 2009 | Stuart Gyngell | M45 | NSW |
| 2010 | Val Worrell | W75 | VIC |
| 2011 | Jan Banens | W65 | ACT |
| 2012 | Jayne Hardy | W45 | ACT |
| 2013 | Chris Schultz | W60 | VIC |
| 2014 | Stuart Gyngell | M50 | NSW |
| 2015 | Mary Thomas | W70 | NSW |
| 2016 | Todd Davey | M50 | TAS |
| 2017 | Mary Thomas | W70 | NSW |
| 2018 | Janice Banens | W75 | ACT |
| 2019 | Jayne Hardy | W55 | ACT |
| 2020 | Althea Mackie | W50 | QLD |