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2020 AMA Awards
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World Masters Records
set by Australians
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Congratulations

Heather Carr VIC

Australia's WMA Council Nominee for
[WMA's Female Athlete of the Decade](#)

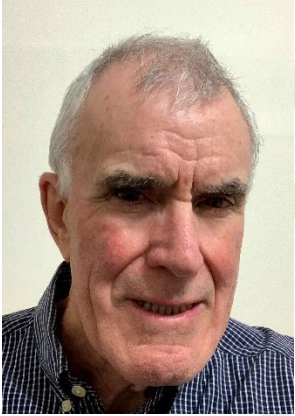


Heather's stats from 2010 – 2019

From

[World Masters Rankings](#)

President's Message



As we move closer to a post Covid “normal” life I hope all members are keeping well and maintaining, or perhaps in some cases, rebuilding competition fitness.

Over the past twelve months I know many members took advantage of the many opportunities to participate, in isolation, in virtual events and to continue to train as restrictions permitted.

Until recently travel restrictions limited events to intrastate activities, and I suspect we will see this disruption continue for some months yet as evidenced by the recent outbreak of covid cases in Brisbane.

I congratulate Bendigo Athletics in responding positively to a request from the board to allow interstate members the opportunity to participate virtually in the 2021 AMA Multi Events Championship. This resulted in a doubling of the usual number of entrants. ACTMA has followed this lead in organising the AMA 2021 Half Marathon Championship with virtual participation.

I am excited to see the assault on world records by some of our female athletes over recent months. Their dedication during a difficult time should inspire all of us maintain training routines through this year leading up to the long awaited return to national competition twelve months from now in Brisbane.

By now you would be aware of the outcome of the AMA Awards for 2020. I congratulate all winners and finalists. Despite the lack of competition during 2020 the nominations were of the usual exceptional standard. These awards are important in recognising and acknowledging the very best of performances by our elite members.

However it is also important the we can all measure our progress and relative performance. One way of doing this is through World Masters Rankings. Last year AMA arranged access to World Masters Rankings for all members. The board agreed to extend this access for another twelve months to December 2021.

Another way of recognising performance is through achievement of AMA Standards - any member can download a standards certificate through the AMA website. Why not check the standards and see how your best performances measure up

Apart from the AMA National Championships coming up next year, World Athletics and World Masters Athletics recently announced the rescheduling of the World Cross Country Championships to be held at Bathurst over the weekend of February 19 and 20 2022. Full details of participation by Masters athletes will be announced shortly.

Phil Urquhart
AMA President

2020 AMA Annual Awards Winners

Congratulations to all Winners

Online Presentation – by Lisa Attenborough

Sprints/Hurdles Karen Long SA

Middle Distance Steeplechase Belinda Martin NSW

Distance Karen Blay NSW

Walks Heather Carr VIC

Jumps Margaret Taylor ACT

Throws Althea Mackie QLD

Multi Events/Relays Marge Allison QLD

Most Outstanding Individual Performance Barbara Blurton WA

Outstanding Female Julie Brims QLD

Outstanding Male John Howe TAS

Administrator/Official Delia Baldock WA

Service Merit Awards Janet Naylor NSW

Don Quinn QLD

Ken Smith ACT

AMA Hall of Fame - No Nominations for 2020

World Records by Australians during COVID 2020/21

W65/W70 Barbara Blurton WA

Echo News - By Claire Ottaviano 22/10/2020

WR 400m	08/10/2020	72.76	Perth WA
WR 400m	12/11/2020	72.51	Perth WA
WR 400m	10/12/2020	71.78	Perth WA
AR 200m	23/10/2020	32.78	Perth WA
AR 800m	03/12/2020	3:03.9	Perth WA



100m: 12.24s
200m: 25.18s
400m: 59.36s

**55-YEAR-OLD
 JULIE BRIMS BREAKS
 WORLD RECORDS**

W50/W55 Julie Brims QLD

ABC Radio Brisbane 25/02/2021 by Edwina Seselja & Kate O'Toole

WR	W55	400m	59.36	23/01/2021
WR	W55	100m	12.34	30/01/2021
WR	W55	200m	25.18	30/01/2021
WR	W55	100m	12.24	13/02/2021
WR	W55	200m	25.07	07/03/2021
AR	W50	60m	7.96	19/09/2020
AR	W50	100m	12.10	19/09/2020
AR	W50	200m	25.49	04/10/2020
AR	W50	200m	24.87	05/12/2020
AR	W55	60m	8.00	27/01/2021
AR	W55	60m	7.95	07/03/2021

W45 4 x 800m Relay VIC

From Left: Katie Siebold, Julia Smith,
 Simone Quin Susan Michelsson

WR 10:30.3 Box Hill 30/01/2021



Jo



W80 WR 4 x 800m Relay ACT

[Read ABC Story](#) By Penny Travers 16/03/2021

From Left: Jo Klemke, Cory Collins, Anne Young, Consie Larmour

WR 26:03.5 22/10/2020 ACT

W70 Carol Davis QLD

200m Hurdles	WR	36:53	07/03/2021
Heptathlon	WR	6375Pts	07/02/2021
80m Hurdles	AR	16.98	06/02/2021
Long Jump	AR	4.01m	06/03/2021



W95 Heather Lee NSW

One Mile Run WR 12:48.6 11/01/2020

W70 Heather Carr VIC

3k Walk	WR	17:50.6	11/01/2020
2k Walk	AR	11.47	18/01/2020
20K Road Walk	AR	2:22.49	06/12/2020



W45 Kelly Ruddick VIC

3k Walk	WR	13:11.6	11/01/2020
2k Walk	AR	8:33.4	22/02/2020

Upcoming Events 2021 – 2022

[Daegu Virtual Marathon](#)

Thursday 1st – Saturday 10th April 2021

[Great Barrier Reef Masters Games](#)

Cairns QLD - 20th-23rd May 2021

[2021 AMA Postal Half Marathon Championships](#)

Eligible Events list via link above

Between March 28th and September 19th 2021

[Australian Masters Games](#)

Perth - Western Australia

Saturday 9th- Saturday 16th October 2021

OMA Championships Norfolk Island

January 10th- 14th 2022 **CANCELLED Due to COVID 19**

[WMA/WA Cross Country Championship 2022](#)

Bathurst NSW 19th February 2022

[AMA Track and Field Championships 2022](#)

QSAC Nathan Brisbane QLD

1st April – 4th April 2022

[2022 WMA Championships Tampere Finland](#)

29th June 2022 – 10th July 2022

AMA Board Members 2020 – 2021



Phil Urquhart – President Steve McGugan – Vice President



Donna Hiscox – Secretary John Clark - Treasurer



Stan Perkins – Board Jayne Hardy - Board



Lisa Attenborough – Board Judy Farrell – Board



World Masters Rankings



[World Masters Rankings](#)

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