

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 26 February 2020

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THROWS PENTATHLON using 2016 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
M30	Graham Hicks	Vic	3,444	14.12.08	44.89 592	13.94 725	50.57 882	52.09 620	13.07 625
M35	Darron Haworth	Qld	3,672	2.11.08	51.58 728	14.13 768	52.81 945	37.22 409	16.20 822
M40	Stuart Gyngell	NSW	3,946	16.4.06	43.48 659	17.63 1076	47.30 914	41.30 513	14.55 784
M45	Stuart Gyngell	NSW	4,199	12.4.09	43.75 747	17.22 1143	45.47 970	36.98 490	14.53 849
M50	Todd Davey	WA	4,259	1.12.18	53.23 895	16.00 1022	49.82 889	36.71 516	17.65 937
M55	Graeme Rose	Vic	4,174	4.7.99	47.05 873	12.72 861	37.84 706	46.19 765	16.98 969
M60	Graeme Rose	Vic	4,242	16.4.06	48.38 898	13.14 876	39.36 702	43.12 752	19.03 1014
M65	Graeme Rose	Vic	4,325	12.4.09	43.98 917	12.12 882	38.97 774	40.46 786	17.05 966
M70	Keith James	NSW	4,037	11.3.12	38.18 767	11.63 783	40.99 920	34.86 716	14.92 851
M75	Tom Hancock	Vic	4,188	15.7.11	36.89 857	11.12 824	33.97 843	33.04 776	14.38 888
M80	Tom Hancock	Vic	4,741	5.11.16	38.51 1041	11.44 927	32.27 934	30.31 791	15.67 1048
M85	Feliks Jekabsons New Specifications	Qld	3,805	23.3.08	27.36(3kg) 856	9.10(3kg) 811	25.28 856	19.44 550	10.35 732
M90	John Fraser Old Specification	Vic	4,187 WR	13.3.05	24.63 977	6.90 1123	19.74 832	12.96 410	10.12 845

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - MEN

M30	Shane Carstairs	Vic	3,164	28.4.19	38.74 492	15.65 830	44.48 756	43.20 489	12.57 597
M35	Stuart Gyngell	NSW	3,611	2002	44.15 602	17.34 974	45.06 781	43.67 504	14.96 750
M40, M45 & M50 – as above in Australian records Stuart Gyngell M40 3,946, M45 4,199 & M50 4,072									
M55	Graeme Rose	Vic	4,085	2001	43.32 792	12.29 827	38.90 730	49.48 832	15.99 904
M60 & M65 – as above in Australian records Graeme Rose M60 4,242 & M65 4,325									
M70	C. Murray-Lee	Qld	3,995	1999	43.22 889	11.11 742	35.12 764	36.41 755	14.83 845
M75	Tom Hancock	Vic	4,036	8.4.12	35.10 807	10.31 754	35.04 875	29.17 666	15.02 934
M80	Tom Hancock	Vic	4,394	11.6.17	35.75 955	11.12 896	29.20 829	28.99 749	14.57 965
M85 – as above in Australian records Feliks Jekabsons 3,805									

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 9 September 2019

THROWS PENTATHLON using 2016 WMA AGE FACTORS – WOMEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
W30	Byrony Glass	WA	3,831	12.4.09	56.99 1104	11.63 637	38.13 618	22.83 342	17.29 1130
W35	Chris Schultz	Vic	3,795	7.12.87	38.24 752	14.77 882	45.10 787	36.58 645	12.68 729
W40	Jayne Hardy	ACT	3,929	20.4.03	41.86 915	10.46 635	37.62 692	39.32 766	14.27 921
W45	Chris Schultz	Vic	4,174	26.7.97	37.24 873	12.68 870	42.46 875	31.12 645	12.94 911
W50	Chris Schultz	Vic	4,371	13.7.01	37.88 902	13.87 1028	40.35 911	32.18 711	12.94 819
W55	Mary Thomas	NSW	4,285	7.8.99	35.00	11.65	29.79	41.02	10.32

					909	925	711	1043	697
W60	Dorn Jenkins	Vic	4,443	7.10.15	43.51	8.85	28.72	21.85	15.57
		1310	746	768	576	1043			
W65	June Lowe	NSW	4,361	5.9.19	36.24	9.84	20.78	23.40	12.49
					1195	950	601	716	899
W70	Mary Thomas	NSW	4,407	16.8.15	28.82	8.57	22.60	22.69	10.69
					1049	921	780	814	843
W75	Helen Searle	Qld	4,482	14.2.15	31.68	10.40	20.67	17.35	10.65
					1155	1134	743	658	792
W80	Heather Doherty	Qld	4,108	8.1.14	21.74	7.11	19.38	17.27	9.42
					866	843	829	771	864
W85	Ruth Frith	NSW	3,200	7.3.98	15.48	5.57	13.25	9.82	6.51
	Old specifications				692	747	660	531	570
W90	Ruth Frith	Qld	3,598	24.4.00	13.13	5.22	11.81	9.33	6.00
	Old specifications				711	841	756	683	607
W95	Ruth Frith	Qld	4,253	Oct 2006	13.71(2kg)	4.99(2kg)	9.49(750g)	7.01	5.58(4kg)
	New Specifications - before 1/1/10 – WR not accepted by WMA				993	1003	831	750	676
W100	Ruth Frith	Qld	5,743	23.8.09	10.16(2kg)	4.27(2kg)	9.04(750g)	6.43	4.42(4kg)
	New Specifications - before 1/1/10 – WR not accepted by WMA				1203	1114	1292	1307	827
W100	Ruth Frith	Qld	5,180	2.4.11	10.14	3.96	9.30	5.63	4.68
	New Specifications - after 1/1/10				998	1022	1335	1129	696

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS – WOMEN

	AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
W30 – as above in Australian records		Byrony Glass		3,831						
W35		Byrony Glass	WA	3,621	8.4.12	52.64	11.44	33.55	20.00	16.68
						1102	652	553	312	1002
W40 – as above in Australian records		Jane Hardy		3,929						
W45		Chris Schultz	Vic	4,160	1996	36.32	13.16	42.16	32.12	12.40

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 9 September 2019

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS – WOMEN

			AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
W50	M. Parviaiven	NSW	4,252	13.4.98	51.73 1301	9.11 627	34.85 767	22.40 489	16.29 1068			
W55	Helen Searle	NSW	4,213	13.4.98	43.20 1165	11.23 887	28.92 687	23.94 595	12.58 879			
W60	Dorn Jenkins	Vic	4,042	28.4.18	39.84 1182	8.89 750	20.26 507	20.01 519	16.11 1084			
W65	Bev Hamilton	WA	3,415	5.4.15	26.89 839	8.22 770	20.51 591	16.91 490	10.39 725			
W70	Mary Thomas	NSW	4,333	5.4.15	28.78 1047	8.28 885	21.87 751	22.12 791	10.86 859			
W75	Heather Doherty	Qld	3,890	24.4.11	23.30 856	7.41 765	22.26 811	18.22 697	9.48 761			
W80	Raema McMillan	WA	3,710	4.4.10	22.36 896	7.03 833	15.57 640	14.87 674	8.33 667			
W85	Ruth Frith Old specifications	NSW	3,155	13.4.98	14.48 637	5.52 739	12.84 635	10.62 583	6.43 561			
W90 & W95 – as above in Australian records Ruth Frith W90 3,598 old specifications & W95 4,253 new specifications												
W100	Ruth Frith New Specifications	Qld	5,061	4.4.10	10.02 984	4.37 1144	8.14 1145	5.90 1189	4.13 599			

HEAVY WEIGHT PENTATHLON using 2016 AMA AGE FACTORS – MEN

AGE	NAME	STATE	POINTS	DATE	WEIGHT 1	WEIGHT 2	WEIGHT 3	WEIGHT 4	WEIGHT 5
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M30	Grezegorz Urbanowicz	WA	2,981	3.10.11	16.59 20lb 578	14.46 25lb 563	12.37 35lb 585	9.83 20kg 642	7.67 56lb 613
M35	Darron Haworth	Qld	4,352	6.10.08	23.16 20lb 864	19.49 25lb 812	15.69 35lb 792	12.96 20kg 919	10.78 56lb 965
M40	Ricard Meiring	NSW	4,668	2.10.17	23.24 20lb 934	20.15 25lb 909	16.14 35lb 883	12.28 20kg 932	10.49 56lb 1010
M45	Stuart Gyngell	NSW	4,576	1.10.12	21.25 20lb 914	17.77 25lb 855	14.34 35lb 837	11.66 20kg 952	9.83 56lb 1018
M50	Grant Edwards	ACT	4,647	7.10.13	21.88 16lb 836	20.88 20lb 929	17.74 25lb 942	14.58 35lb 940	11.30 20kg 1000
M55	Grant Edwards	ACT	4,675	15.4.18	21.75 16lb 896	19.85 20lb 942	16.31 25lb 925	13.46 35lb 926	10.44 20kg 986
M60	Roger Glass	Vic	4,459	25.9.11	21.76 12lb 826	20.28 16lb 860	18.31 20lb 970	15.47 25lb 942	11.68 35lb 861
M65	Geoffrey Gee	WA	4,095	1.10.18	21.07 12lb 858	18.17 16lb 851	14.42 20lb 792	12.84 25lb 835	9.79 35lb 754
M70	Graeme Rose	Vic	4,326	6.10.14	20.11 4kg 836	18.94 12lb 893	15.84 16lb 912	13.11 20lb 827	11.22 25lb 858
M75	Ken Priestley	Vic	4,335	7.10.13	20.00 4kg 929	15.97 12lb 880	13.17 16lb 803	11.78 20lb 867	9.87 25lb 856
M80	Ron Simcock	NSW	5,034	5.10.15	22.96 3kg 1157	17.98 4kg 955	15.64 12lb 1046	12.70 16lb 947	10.48 20lb 929
M85	Ewan Drummond	ACT	2,195	4.10.10	9.84 3kg 496	7.47 4kg 396	7.42 12lb 492	5.86 16lb 442	4.34 20lb 369
M90	Rad Leovifc	ACT	1,697	12.11.17	7.10 3kg 407	5.72 4kg 341	4.73 12lb 335	3.67 16lb 289	3.43 20lb 325

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 9 September 2019

HEAVY WEIGHT PENTATHLON using 2016 AMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	WEIGHT 1	WEIGHT 2	WEIGHT 3	WEIGHT 4	WEIGHT 5
W30	Karyne Di Marco	NSW	4,472	5.10.09	24.25 12lb 914	20.30 16lb 908	17.12 20lb 934	13.94 25lb 918	10.00 35lb 798
W35	Bryony Glass	WA	4,655	25.6.16	21.04 12lb 860	18.32 16lb 892	16.71 20lb 1005	13.94 25lb 978	10.29 35lb 920
W40	Jayne Hardy	ACT	3,878	6.10.03	17.70 12lb 776	15.97 16lb 837	13.74 20lb 881	10.15 25lb 740	7.12 35lb 644
W45	Althea Mackie	Qld	4,245	1.10.18	16.08 12lb 770	13.94 16lb 798	12.79 20lb 899	11.44 25lb 944	8.01 35lb 834
W50	Gabrielle Watts	NSW	4,750	1.10.18	18.83 4kg 818	17.10 12lb 874	14.94 16lb 968	13.09 20lb 1047	10.94 25lb 1043

W55	Jayne Hardy	ACT	4,260	12.8.18	17.33 4kg 823	15.04 12lb 863	12.66 16lb 886	10.42 20lb 886	8.08 25lb 802
W60	Dorn Jenkins	Vic	5,115	24.9.17	21.38 3kg 1013	18.51 4kg 964	15.44 12lb 1033	12.96 16lb 1029	10.68 20lb 1076
W65	Helen Searle	Qld	4,970	10.05	20.07 3kg 1045	15.81 4kg 917	14.79 12lb 1091	11.65 16lb 1036	8.26 20lb 881
W70	Jan Banens	ACT	4,699	1.11.11	16.53 3kg 970	13.93 4kg 914	12.36 12lb 997	10.06 16lb 982	7.16 20lb 836
W75	Jan Banens	ACT	4,250	13.8.17	15.19 2kg 833	13.42 3kg 807	11.45 4kg 862	9.19 12lb 865	7.71 16lb 883
W80	Mary Wahren	ACT	2,214	13.8.17	9.03 2kg 528	7.85 3kg 471	6.15 4kg 461	4.58 12lb 400	3.49 16lb 354

PENTATHLON w/Discus & 200m - using 2016 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M30	Warren Evans	Qld	3,275	12.4.03	6.61 723	49.65 583	23.29 758	47.03 809	5:29.50 402
M35	Terry Baldwin	Vic	3,494	1.3.98	6.57 760	52.78 640	22.8 817	33.88 551	4:35.3 726
M40	Paul Jeffery	WA	3,639	15.3.14	6.26 771	51.93 684	24.2 755	36.86 677	4:42.5 752
M45	Lloyd Mitchelson	NSW	3,864	5/85	5.70 716	49.24 703	24.6 812	34.22 690	4:24.5 943
M50	Terry Hicks	Vic	3,566	27.2.05	5.75 828	37.36 528	25.39 890	22.25 324	4:28.30 996
M55	Luke De Biasi	Vic	3,716	17.3.19	5.88 987	38.97 620	25.75 860	34.23 624	5:46.49 625
M60	Rudi Hochreiter	Vic	3,858	3.12.87	4.91 792	40.54 698	27.14 822	39.36 702	5:21.58 844
M65	Rudi Hochreiter	Vic	3,798	28.3.92	4.70 845	35.78 676	28.42 808	40.16 803	6:15 666
M70	Mike Johnson	Vic	3,816	15.10.91	4.75 1015	28.00 571	28.1 917	24.76 497	6:06.4 816
M75	Don Fraser	ACT	3,360	27.2.14	4.26	26.97	33.02	26.36	8:07.47

					977	604	708	619	452
M80	Don Fraser	ACT	3,550	28.2.19	3.82 957	26.03 656	34.04 804	25.07 689	9:02.55 444
M85	Rad Leovic	ACT	2,799	21.2.13	2.66 563	15.51 410	42.18 562	14.81 443	8:24.93 821
M90	Maurice Dauphin	Qld	2,955	19.4.16	2.44 608	15.51 518	50.75 481	18.91 790	12:13.17 558

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 9 September 2019

PENTATHLON w/Discus & 200m - AMA CHAMPIONSHIP RECORDS – MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M30	Geoff Gibbons	Tas	2,938	24.4.11	5.96 578	47.52 552	24.31 665	29.07 446	4:37.39 697
M35	Paul Jeffery	WA	3,170	9.4.12	6.10 650	50.93 612	24.21 709	35.51 584	4:53.15 615
M40	Geoff Gibbons	Tas	3,270	12.6.17	5.51 587	48.89 635	24.63 739	32.53 580	4:46.21 729
M45	John Gordon	NSW	3,513	1993	5.56 679	44.52 620	24.80 794	28.68 555	4:36.52 865
M50	Ken Daniels	ACT	3,209	27.3.89	5.18 666	37.96 563	25.6 851	26.64 410	5:13.7 719
M55	Luke De Biasi	Vic	3,619	29.4.19	5.79 957	38.61 613	25.89 847	31.74 568	5:44.75 634
M60	Quentin Anthony	ACT	3,617	20.4.92	5.02 828	38.78 660	26.84 846	36.04 630	5:58.2 653
M65	Mike Johnston	Vic	3,325	1.4.91	4.82 888	28.06 498	28.7 768	29.06 452	5:54.4 719
M70	Mike Johnston	Vic	3,547	1993	4.46 898	24.44 480	29.46 831	25.24 509	6:03.78 829
M75	Fred O'Connor	NSW	3,010	2001	3.63 707	26.68 596	32.90 717	26.31 618	8:32.08 372
M80	Fred O'Connor	NSW	3,247	12.4.04	3.58 840	26.30 664	36.37 661	25.27 696	9:22.0 386

M85	Maurice Dauphinat	Qld	2,770	24.4.11	2.88 670	18.63 521	42.89 527	20.35 658	10:46.52 394
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M90 – as above in **Australian records** Maurice Dauphinat 2,955

PENTATHLON w/Shot Put & 100m, using 2016 WMA AGE FACTORS – WOMEN

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W30	Jitka Hiscox	Vic	3,236	19.4.16	12.94 778	11.35 618	5.60 729	28.75 453	2:32.83 658
W35	Leonie Hoffman	QLD	2,852	9.4.12	12.95 799	9.49 518	4.98 620	29.08 493	2:54.95 422
W40	Lee-Anne Grosvenor	Qld	3,290	6.4.15	13.45 796	9.08 534	4.64 601	29.63 553	2:28.13 806
W45	Lisa Crouch	Qld	3,572	14.3.09	13.62 853	10.16 670	4.63 686	28.81 590	2:37.55 773
W50	Donna Burgess	Vic	3,583	1.4.13	14.32 828	9.58 666	4.31 671	24.63 522	2:34.73 896
W55	Wilma Perkins	Qld	3,932	'04 Raratonga	14.08 960	? ?	4.28 768	? ?	3:08.32 617
W60	Carol Davis	Qld	3,417	17.1.16	14.73 952	6.42 505	3.67 637	18.38 469	2:55.53 854
W65	Carol Davis	Qld	4,248	10.2.19	15.09 1003	7.01 637	3.93 883	24.13 741	2:55.26 984

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 20 December 2019

PENTATHLON w/Shot Put & 100m, using 2016 WMA AGE FACTORS – WOMEN

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W75	Miriam Cudmore	SA	3,931	19.4.16	17.37 937	7.35 758	3.22 853	20.42 793	4:21.86 590
W80	Miriam Cudmore	SA	4,372	14.3.18	18.4 988	6.60 773	2.96 975	19.71 927	4:44.94 709

W85	Gwen Gleeson	ACT	1,980	25.2.16	25.60 492	3.34 398	1.51 403	5.88 283	6:56.17 404
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PENTATHLON w/Shot Put & 100m - AMA CHAMPIONSHIP RECORDS – WOMEN

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W30	- as above in Australian records Jitka Hiscox 3,236								
W35	– as above in Australian records Leonie Hoffman 2,852								
W40	- as above in Australian records Lee-Anne Grosvenor 3,290								
W45	Rachel Little	Vic	3,322	6.4.15	13.64 850	8.57 545	4.53 651	21.33 413	2:30.32 863
W50	– as above in Australian records Donna Burgess 3,583								
W55	Gianna Mogentale	NSW	3,708	29.4.19	13.72 1018	7.01 503	4.39 813	21.73 504	2:44.67 870
W60	Margaret Taylor	ACT	3,394	13.4.09	14.81 941	7.18 581	4.24 880	16.38 387	3:20.34 605
W65	Carol Davis	Qld	3,715	19.4.16	14.65 1068	5.80 505	3.47 668	15.38 438	2:50.54 1036
W70	Anne Lang	SA	3,222	6.4.15	17.84 735	6.37 649	2.66 428	14.82 498	3:17.94 428
W75	- as above in Australian records Miriam Cudmore 3,931								
W80	Jo Klemke	ACT	2,634	29.4.19	22.02 502	5.50 621	2.08 428	10.28 437	5:07.61 566

DECATHLON using 2016 WMA AGE FACTORS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M30	Matt McEwan	Qld	7,705	15.2.03	11.23 810	7.20 862	15.08 795	1.97 785	49.78 825
				16.2.03	15.22 796	42.91 724	4.80 849	56.64 687	4:57.93 572

M30	Stephen Cain	Vic	7,787	July 2014	11.33 789 14.85 868	6.73 750 44.87 764	13.87 720 4.90 880	1.99 794 62.68 778	51.07 766 4:40.29 678
M35	Geoffrey Gibbons Tas		6,696	14.1.12 15.1.12	11.70 742 16.31 716	6.31 700 34.13 556	10.92 565 4.06 651	1.73 602 50.41 604	51.01 849 4:37.66 711

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 20 December 2019

DECATHLON using 2016 WMA AGE FACTORS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M40	Geoffrey Gibbons Tas		7,022	7.1.17	11.79 795	6.29 778	10.20 567	1.71 619	52.85 841
				8.1.17	15.71 853	28.83 499	3.90 673	48.41 627	4:39.55 770
M45	Paul Jeffery	WA	7,867WR	23.11.19	11.55 922	6.05 809	11.41 711	1.70 687	53.97 867
				24.11.19	16.75 810	38.49 795	3.80 719	55.87 820	4:58.91 727
M50	Terry Hicks	Vic	6,167	20.11.04	13.11 691	5.57 776	8.06 452	1.50 577	56.33 846
				21.11.04	19.45 461	28.47 447	2.40 342	37.45 553	4:24.34 1022
M55	Dave Varley	Qld	6,537	23.9.17	12.79 830	4.79 648	8.28 517	1.42 577	60.14 776
				24.9.17	17.24 742	28.69 501	3.00 603	43.97 720	5:47.02 623
M60	Rudi Hochreiter	Vic	6,911	27.7.89	13.18 841	4.82 762	11.53 752	1.41 653	63.21 745
				28.7.89	19.62 554	41.46 748	2.30 423	42.12 731	5:48.33 702
M65	Don Fraser	ACT	6,746	19.2.05	13.56 861	4.80 881	9.07 627	1.35 687	67.67 680

				20.2.05	19.62 629	33.68 648	2.20 457	37.14 708	6:36.60 568
M70	Geoff Shaw	Vic	7,307	12.1.19	14.87 736	4.49 910	8.12 509	1.40 868	1:08.72 757
				13.1.19	15.76 759	25.45 514	3.10 988	27.08 522	6:21.45 744
M75	Fred O'Connor	NSW	6,748	29.7.99	14.91 850	3.99 859	9.15 655	1.21 731	78.34 610
				30.7.99	15.86 776	29.65 715	1.90 496	25.88 574	7:58.9 482
M80	Don Fraser	ACT	6,121	13.4.19	16.39 769	3.82 957	9.28 779	1.14 767	1:40.70 285
				14.4.19	21.72 401	26.14 725	1.40 340	26.61 674	8:51.85 477
M85	Vic Younger	Qld	4,637	1999	19.13 595	3.17 818	6.55 548	1.10 859	2:47.21 0
					27.34 161	17.82 559	1.70 626	17.22 471	DNF 0
M90	Vic Younger	Vic	3,133 WR	22.2.03	31.69 0	2.25 508	5.86 572	0.92 705	DNF 0
				23.2.03	49.76 0	13.72 533	1.15 391	13.30 424	DNF 0

DECATHLON - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M30	Warren Evans	Qld	6,352	22.2.03	11.64 723	6.39 673	12.20 619	1.73 577	53.70 652
				23.2.03	16.15 689	44.02 747	4.65 804	53.38 639	6:08.95 229

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 9 September 2019

DECATHLON - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M35	Geoff Gibbons	Tas	6,487	28.2.15	11.62	6.19	11.04	1.71	51.73

				1.3.15	759 16.21 727	670 30.72 487	573 4.20 693	585 42.65 488	817 4:41.20 688
M40 – as above in Australian records Geoffrey Gibbons 7,022									
M45	Justin Hanrahan	Vic	7,216	28.2.15	11.76 676	6.17 842	11.30 703	1.77 758	54.34 852
				1.3.15	17.99 681	33.83 680	3.30 557	43.73 607	5:10.42 660
M50	Peter Murray	NSW	5,567	28.2.15	12.72 763	4.97 608	10.47 623	1.47 544	59.11 736
				1.3.15	19.01 499	22.73 333	2.50 371	36.03 504	5:38.40 586
M55	Nelson Viney	Qld	5,192	22.2.03	13.40 717	4.79 648	7.43 452	1.25 411	66.80 541
				23.2.03	21.85 336	22.58 368	3.25 696	29.55 435	5:54.07 588
M60	Greg Mamalis	NSW	5,875	22.2.03	13.95 703	4.89 785	10.00 636	1.34 577	70.36 507
				23.3.03	18.67 642	30.38 509	2.65 554	27.19 420	6:21.87 542
M65 – as above in Australian record Don Fraser 6,746									
M70 - as above in Australian record Geoff Shaw 7,307									
M75	Don Chambers	Vic	4,566	4/5.1.14	16.10 665 18.44 509	3.67 723 16.73 347	8.54 603 1.85 472	1.10 585 19.15 388	92.31 274 dnf 0
M80	Rad Leovic	ACT	3,765	28.2.09	19.40 383	2.88 527	7.26 541	0.98 528	1:43.54 235
				1.3.09	25.46 168	12.70 289	NH 0	17.66 399	7:49.17 695
M90 – as above in Australian records Vic Younger 3,133									

HEPTATHLON using 2016 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HRDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Jitka Hiscock	NSW	4,626	1.4.16	15.46 782	1.52 644	11.44 624	26.81 728	5.30 643	32.09 516	2:30.34 689

W35	Marie Kay	NSW	4,897	29/30.8.99	15.76 773	1.59 818	10.39 580	26.97 782	5.25 703	34.82 609	2:35.73 632
W40	Marie Kay	NSW	5,609	4/5.7.01	12.61 851	1.64 978	10.14 612	26.68 893	5.55 899	33.11 629	2:32.82 747
W45	Marie Kay	Qld	6,006 WR	8.09	12.32 1058	1.60 1041	10.79 719	26.96 960	5.05 831	32.30 673	2:41.70 724
W50	Marie Kay	Qld	6,202 WR	6/7.7.11	12.93 953	1.51 1041	11.52 829	27.77 986	5.13 985	31.97 706	2:51.40 702
W55	Marie Kay	Qld	6,682 WR	6/7.8.15	12.89 1132	1.42 1029	11.09 874	27.88 1075	4.93 1040	32.48 803	2:57.40 729

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 26 February 2020

HEPTATHLON using 2016 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HRDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W60	Marge Allison	Qld	5,076	28/29.7.08	15.10 843	1.24 855	6.93 556	31.90 868	3.66 634	18.48 448	2:53.86 872
W65	Wilma Perkins	Qld	5,475	28/29.10.16	15.09 1037	1.15 842	8.26 775	31.95 971	3.44 657	20.78 624	3:38.36 569
W70	Marge Allison	Qld	5,342	27/28.4.17	17.35 974	1.11 916	5.75 573	33.86 986	2.94 554	13.84 459	3:21.25 880
W75	Marge Allison	Qld	5,901	22/23.2.20	18.67 1081	1.09 1054	6.83 695	37.51 928	2.90 677	13.43 488	3:33.28 978

HEPTATHLON - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	PTS	DATE	HRDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Leanne McMurdy	Qld	3,192	22/23.2.03	19.08 383	1.42 534	8.10 406	28.00 631	4.69 477	21.97 326	2:52.82 435
W35	Jennifer Baldwin	Vic	3,945	9/10.2.02	18.35 480	1.41 599	9.01 486	28.23 680	4.78 562	29.06 493	2:34.63 645

W40	Lee-Anne Grosvenor	Qld	4,068	4/5.1.14	15.75 424	1.27 512	9.05 532	27.92 789	4.54 567	27.41 504	2:33.40 740
W45	Karen Carah	Vic	4,883	9/10.1.16	13.73 843	1.48 867	9.02 580	29.20 777	4.57 665	29.04 595	2:57.02 556
W50	Wilma Perkins	Qld	4,406	22/23.2.03	15.77 563	1.24 632	9.45 655	29.91 816	4.34 683	22.71 497	3:05.02 560
W55	Wilma Perkins	Qld	5,200	19/20.2.05	15.15 813	1.23 724	9.15 697	30.30 883	4.40 816	24.13 600	3:03.31 667
W60	Christine Bridle	Vic	4,322	12/13.1.19	18.63 439	1.24 855	7.25 587	32.60 817	3.49 567	20.06 521	3:27.5 538
W65	Kathryn Heagney	Vic	3,301	4/5.1.20	DNF 0	0.88 491	5.33 454	35.38 738	3.18 543	12.11 326	3:18.30 749

W75 as above in Australian records Marge Allison 5,618

INDOORS PENTATHLON using 2016 WMA AGE FACTORS – MEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	1000M
M35	Matthew McDowall	WA	3,292	10.3.18	9.22 728	1.76 627	11.93 629	6.18 668	3:03.78 640		
M40	Geoffrey Gibbons	Tas	3,564	22.3.17	8.83 893	5.88 675	10.37 579	1.69 602	2:53.38 815		
M50	Andrew Brooker	WA	3,292	27.3.19	10.83 605	1.63 705	9.20 533	5.06 632	3:08.58 817		
M55	John Fienieg	NSW	2,932	4.4.12	11.45 581	1.48 636	8.51 534	4.57 584	3:43.62 597		
M60	John Fienieg	NSW	2,891	22.3.17	12.04 539	4.19 563	8.55 526	1.36 602	3:46.38 661		
M65	Joe Begley	Qld	2,479	27.3.19	12.70 524	1.12 426	7.85 527	3.94 582	4:34.46 420		

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 9 September 2019

INDOORS PENTATHLON using 2016 WMA AGE FACTORS – MEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT PUT	LONG JUMP	1000M
M70	Don Chambers	Vic	2,990	2.3.10	10.73 913	1.11 496	8.85 602	3.70 606	5:00.31 373	
M75	Don Chambers	Vic	2,968	25.3.14	11.33 903	1.15 669	8.98 685	3.63 711	dnf 0	
M80	Rad Leovic	ACT	2,883	2008	15.33 456	0.99 544	7.37 592	2.91 540	4:47.96 751	
M85	Rad Leovic	ACT	2,239	25.3.14	25.35 0	0.91 544	6.34 574	2.26 388	5:35.95 733	

INDOORS PENTATHLON using 2016 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT PUT	LONG JUMP	800M
W35	Melissa Foster	WA	2,282	24.3.17	10.20 742	NH 0	8.43 446	5.33 726	3:00.62 368	
W40	Marie Kay	NSW	3,431	16.3.04	9.71 952	1.45 736	8.80 514	5.13 756	2:57.32 473	
W45	Marie Kay	NSW	4,312 WR	18.3.06	9.43 1026	1.51 916	10.02 658	5.41 965	2:39.79 747	
W50	Marie Kay	Qld	4,758 WR	1.3.10	9.55 1075	1.51 1041	12.30 894	5.16 994	2:46.78 754	
W60	Wilma Perkins	Qld	3,473	25.3.14	11.28 918	1.18 759	7.96 659	3.96 764	3:48.42 373	
W65	Marge Allison	Qld	3,799	1.3.10	11.53 969	1.17 879	6.57 589	3.13 522	3:08.99 840	
W75	Fran Harris	ACT	2,400	24.3.17	15.52 629	0.94 736	6.03 598	2.11 294	5:45.37 143	