

Medal Placings - World Masters Athletics Champs (WMA), World Masters Games (WMG), Australian Masters Athletics (AMA), Oceania Championships (OAMA), Australian Masters Games (AMG)

Competition	event	age group	placing	performance	date (year)	place
WMA*	Hammer	M65	1	43.04 m	1985	Rome
WMA	Hammer	M70	1	45.24	1987	Melbourne
	Weight Pentathlon	M70	1	2614	1987	Melbourne
WMA	Hammer	M70	1	43.80	1989	Eugene USA
	Weight Pentathlon	M70	1	Not avail	1989	" "
WMA	Weight Pentathlon	M70	4	3741	1991	Turku Finland
WMA	Hammer	M75	2	37.85	1993	Miyazaki Japan
	Discus	M75	9	37.74	1993	" "
	Weight Pentathlon	M75	2	4009	1993	" "
* WMA = WORLD MASTERS ATHLETICS CHAMPIONSHIPS						
AMA [#]	Shot Put	M55	1	9.85	1975	Adelaide
AMA	Discus	M55	1	32.94	1975	"
AMA	Hammer	M55	1	42.10	1976	Brisbane
	Shot Put	M55	1	9.87	1976	"
AMA	Shot Put	M60	1	12.18	1978	Melbourne
	Discus	M60	1	40.26	1978	"
AMA	Shot Put	M60	1	11.51	1980	Adelaide
	Discus	M60	1	35.96	1980	"
AMA	Hammer	M60	1	36.00	1981	Brisbane
	Shot Put	M60	1	10.89	1981	"
AMA	Shot Put	M65	1	11.03	1982	Perth
	Discus	M65	1	35.34	1982	"
	Hammer	M65	1	36.00	1982	"
AMA	Discus	M65	1	38.20	1983	Melbourne
	Hammer	M65	1	35.54	1983	"
AMA	Shot Put	M65	1	10.42	1984	Canberra
	Discus	M65	1	39.26(2)	1984	"
	Hammer	M65	1	40.70(2)	1984	"
AMA	Shot Put	M65	1	9.78	1986	Adelaide
	Discus	M65	1	35.68	1986	"
	Hammer	M65	1	39.78	1986	"
AMA	Shot Put	M70	1	9.67	1987	Sydney
	Discus	M70	1	36.58	1987	"
	Hammer	M70	1	44.34	1987	"
# AMA = AUSTRALIAN MASTERS ATHLETIC CHAMPIONSHIPS						

Please continue on a copy of this page as appropriate

Other Outstanding Masters Performances (e.g. at Open Athletics championships, other national Masters Championships etc.)

Competition	event	age group	placing	performance	date (year)	place
VMA*	Hammer	M55	1	Not available	1975	Melbourne
	Discus	M55	1	"	1975	"
	Shot Put	M55	1	"	1975	"
VMA	Shot Put	M60	1	Not available	1978	"
	Shot Put	M60	1	"	1979	"
VMA	Hammer	M60	1	40.60	1980	"
	Discus	M60	1	38.78	1980	"
	Shot Put	M60	1	10.83	1980	"
	Javelin	M60	1	21.26	1980	"
VMA	Hammer	M60	1	37.84	1981	"
	Shot Put	M60	1	11.10	1981	"
VMA	Discus	M65	1	42.00	1982	Collingwood
	Javelin	M65	1	21.64	1982	"
	Long Jump	M65	1	3.36	1982	"
VMA	Hammer	M65	1	35.42	1983	Melbourne
	Discus	M65	1	38.20	1983	"
	Long Jump	M65	1	3.96	1983	"
VMA	Shot Put	M65	1	10.47	1984	"
	Discus	M65	1	36.56	1984	"
VMA	Hammer	M65	1	41.46	1985	"
	Shot Put	M65	1	9.81	1985	"
VMA	Hammer	M65	1	43.44	1986	"
	Shot Put	M65	1	9.70	1986	"
	Discus	M65	1	35.26	1986	"
VMA	Hammer	M70	1	47.84	1987	"
	Discus	M70	1	36.90	1987	"
	Shot Put	M70	1	10.81	1987	"
VMA	Hammer	M70	1	Not available	1988	"
	Shot	M70	1	"	1988	"
VMA	Hammer	M70	1	43.74	1989	"
	Shot Put	M70	1	10.35	1989	"
	Discus	M70	1	36.26	1989	"
VMA	Hammer	M70	1	43.12	1990	"
	Shot Put	M70	1	10.32	1990	"
	Discus	M70	1	35.50	1990	"
VMA	Hammer	M70	1	41.36	1991	"
	Shot Put	M70	1	9.66	1991	"
	Discus	M70	1	33.78	1991	"

* VMA = VICTORIAN MASTERS ATHLETIC CHAMPIONSHIPS

Involvement in Masters Athletics Administration (this does not have to be completed for the **Athlete Category** but may assist the Nominee where their achievements straddle the athlete and administrator categories – A separate form is required for a nominee under the Administrator Category – substantial contribution to the management and development of Masters athletics at the state, national or international level. For a guide to the sorts of issues to be considered see the AMA Hall of Fame paper.

Roy Foley became involved in Master's Administration soon after the beginning of veterans athletics in the early 1970's.


As veteran's throwing grew the need for technical specifications for veteran's throwing became important. As an Athletics Victoria technical committee member this became a natural extension of his service in that area. He became a delegate with the WMA technical committee providing advice where appropriate. This was definitely the case where the Weight Pentathlon he was developing was concerned.

The growth of veterans throwing meant there was a need for correct record keeping so Roy became the statistician keeping records at State, National and World level. He handled all applications with the world body.

Roy's involvement with veterans athletics extended to being a member of both the Victorian Veterans Athletic Club and the Australian Association of Veteran Athletics Clubs

Roy's biggest involvement however came with his development of the Weight Pentathlon (now Throws Pentathlon). A huge amount of work was required to get WMA approval for this event and have it trialled at the WMA Championships in Melbourne. Not only was there a new implement (weight) for which specifications were needed but a whole new set of scoring tables for the weight were needed so that these could be incorporated with the tables for the other four events to provide an overall score for this new pentathlon.

Graeme Rose



Roy joined the club in the season of 1933/34 as a young 17 year old sprinter. He joined at a time when the club had just been relegated to B Grade after a decade as one of the top clubs in the track and field summer season. Roy became an integral force in seeing the club earn its right to move back into A Grade where they were almost successful in winning the premiership again, in 1940. Prior to World War II (1939 – 1945) Roy established himself as one of the top sprinters in Victoria and still ranks highly on the club ranking list with a 10.0 sec 100 yards (10.9 100 metres). He was a very dedicated competitor and involved himself totally in the club; administratively, as a competitor in most events, and socially.

When he joined the forces he served overseas and became the undisputed ex-service sprint champion. He returned from his war involvement suffering from Malaria and spent a long time in rehabilitation. Following the war years, Roy became secretary of the club (1946 – 1951) and was instrumental in re building the club by fostering a strong junior division. His focus in competition moved from sprinting to throwing and in particular Hammer Throwing. Although he had finished second in the State Title in the Discus Throw 1940, it was the Hammer Throw where he was prominent for many years; finishing in the medals in the early 1950's. At this time he was also a strong contributor to the Glenhuntly Womens Club as a coach and advisor, and where he met and wed his wife Lesley.

Roy became Club President in 1954 (until 1958) and led the club through the Melbourne Olympic Games and was at the helm as the Club began its rise to the top as a strong performer in track and field, but more significantly as a still continuing dominant force in Cross Country. Roy served the Club outstandingly during this time. By the end of the 1950's, Roy's dedication to the sport saw him initiate the Caulfield Coaching Group, a group of dedicated throwers coached by Roy. He remained a coach to our club athletes but reduced his competitive involvement. When the opportunity to introduce Little Athletics into Victoria arose, Roy was an instigator and leader in setting up and conducting the Caulfield Little Athletics Centre in 1968. His involvement was again extensive and wide reaching both in administering, and coaching.

The formation of Veteran Athletics in the early 1970's saw Roy's competitive ambitions return and he was a frequent Gold Medallist at State, National and World titles for his age group. He returned to compete at interclub, and was a valuable member of many venue premiership teams in the throws. He held, and still holds, records at all levels. His world records were in the Hammer Throw. He rekindled his interest in a Throwing Group and for over 25 years was involved in the success of this group at Duncan Mackinnon Reserve. The push to get a home track for local athletes was not lost on Roy who was involved in many of the negotiations with Council. At its establishment in the mid 1970s, Roy became a prominent and tireless worker on the Duncan Mackinnon Reserve Committee of Management. He loved to be involved and has been a dedicated official and equipment steward at Duncan Mackinnon Reserve for decades. Roy has been an icon of the Glenhuntly Athletic Club. He was selected in the team of the 20th Century announced in 2001.

Few men can claim to have given more to this club than Roy, who dedicated a lifetime to the club, and sport, he loved.

ROY FOLEY (GLENHUNTLY ATHLETIC CLUB)

World Masters Championships

**Roy Foley 8 titles Hammer 4, Discus 1
Weight Pentathlon 3**

65+ Hammer 1985
70+ Hammer 1987,1989
Wt Pentathlon 1987,1989,1991
75+ Hammer 1993
Discus 1993

Australian Masters Titles

**Roy Foley 47 titles Hammer 13, Discus 16
Shot Put 14.
Weight Pentathlon 2
Weight Throw 2**

55+ Shot Put 1975,1976
Discus 1975,1976
Hammer 1976
60+ Shot Put 1978,1980,1981
Discus 1978,1980,1981
Hammer 1980,1981
65+ Shot Put 1982, 1984,1986
Discus 1982,1983,1984,1986
Hammer 1982,1983,1984,1986
70+ Shot Put 1987,1988,1990,1991
Discus 1987,1988,1990,1991
Hammer 1987,1988,1990,1991
75+ Shot Put 1992
Discus 1992
Hammer 1992
80+ Shot Put 2001
Hammer 2001
Discus 1997, 2001
Weight Th 1997, 2001
Wt Pentathlon 1997, 2001

Victorian Masters Titles

Roy Foley **58 titles** **Hammer 16, Discus 18,
Shot Put 18
Javelin 4, Long Jump 2.**

55+	Hammer	1975
	Discus	1975
	Shot Put	1975
60+	Hammer	1980, 1981
	Discus	1977, 1978, 1979, 1980, 1981
	Shot Put	1978, 1979, 1980, 1981
65+	Hammer	1983, 1985, 1986
	Discus	1982, 1983, 1984, 1985, 1986
	Shot Put	1984, 1985, 1986
	Javelin	1982
	Long Jump	1982, 1983
70+	Hammer	1987, 1988, 1989, 1990, 1991
	Discus	1987, 1988, 1989, 1991
	Shot Put	1987, 1988, 1989, 1990, 1991
75+	Hammer	1992, 1996
	Discus	1992, 1996
	Shot Put	1992, 1995, 1996
	Javelin	1996
80+	Hammer	1997, 2000
	Discus	2000
	Shot Put	1999, 2000
	Javelin	1997, 2000
85+	Hammer	2002