

M/F	AGE	FIRST	SURNAME	DOB	EVENT	HEATS	TIME	SEMIS	TIME	FINALS	TIME	RESULT	
						SUNDAY	MONDAY		TUESDAY				
VIC	90-94	James	Sinclair	1/08/24	400m							DNS	
NSW	60-64	Wayne	Marriott	23/04/54	400m	24/03/19	4.35pm					19th	79.3
WA	55-59	Colin	Smith	2/01/63	400m	24/03/19	5.00pm Q	25/03/19	5.05pm			9th	57.69
NSW	55-59	Dean	Taylor	3/07/63	400m	24/03/19	5.00pm					DNS	
ACT	50-54	Ken	Telfer	2/05/67	400m	24/03/19	5.40pm					DNS	
VIC	50-54	Andrew	Wilcox	13/02/69	400m	24/03/19	5.40pm Q	25/03/19	5.20pm Q	26/03/19	5.45pm	1st	53.44 NR
NSW	50-54	Adrian	Williams	15/12/67	400m	24/03/19	5.40pm					33rd	61.92
VIC	45-49	Nathan	Crowley	2/04/73	400m	24/03/19	6.20pm Q	25/03/19	5.35pm Q	26/03/19	5.55pm	4th	52.65
VIC	45-49	Mark	Giglio	2/06/72	400m	24/03/19	6.20pm					DNS	
ACT	35-39	Adam	Farlow	18/01/83	400m	24/03/19	7.10pm					DNS	
VIC	35-39	William	Little	5/10/81	400m	24/03/19	7.10pm Q	25/03/19	5.00pm			8th	52.62
NSW	35-39	Jay	Stone	31/12/79	400m	24/03/19	7.10pm Q	25/03/19	5.00pm Q	26/03/19	6.05pm	3rd	51.09
SA	75-79	Peter	Sandery	21/06/41	3000m	24/03/19	8.55am	7th	14.00.94				
WA	75-79	Robert	Schickert	26/10/41	3000m	24/03/19	8.55am	12th	18.21.62				
VIC	70-74	Kevin	Solomon	21/04/47	3000m	24/03/19	9.20am	3rd	11.31.11				
NSW	65-69	Ron	Schwebel	17/08/51	3000m	24/03/19	9.40am	12th	11.51.23				
ACT	60-64	Roger	Pilkington	17/12/58	3000m	24/03/19	10.10am	23rd	13.08.72				
TAS	55-59	Philip	Hniat	10/03/62	3000m	24/03/19	10.40am	28th	11.59.23				
NSW	45-49	Darren	Purcell	8/09/70	3000m	24/03/19	11.45am	11th	9.14.14 NR				
QLD	65-69	Joseph	Begley	29/12/53	LJ A	24/03/19	9.00am	11th	3.94 NR				
NSW	60-64	Wayne	Marriott	23/04/54	LJ B	24/03/19	9.00am	19th	4.22				
ACT	40-44	Brad	Krawczyk	18/09/75	LJ A	24/03/19	3.00pm	6th	6.41				
WA	75-79	Lynne	Schickert	18/10/41	HJ A	24/03/19	9.00am	7th	0.86				
QLD	65-69	Wilma	Perkins	5/09/49	HJ A	24/03/19	11.00am	4th	1.09				
SA	70-74	Viddy	Jermacans	1/09/48	HJ B	24/03/19	1.00pm	10th	1.15				
NSW	45-49	Lenore	Lambert	22/12/69	HJ A	24/03/19	5.00pm	4th	1.5				
						MONDAY	TUESDAY		WED		RESULT		
VIC	90-94	James	Sinclair	1/08/24	60m					27/03/19	12.00pm	3rd	14.11
QLD	65-69	Joseph	Begley	29/12/53	60m	25/03/19	8.25am					18th	8.72

QLD	60-64	Craig	Elliott	7/06/57	60m	25/03/19	8.55am				30th	9.53	
NSW	60-64	Wayne	Marriott	23/04/54	60m	25/03/19	8.55am				29th	9.48	
VIC	55-59	John	Hilditch	8/07/61	60m	25/03/19	9.20am q	26/03/19	10.45am		13th	7.98	
QLD	55-59	Steve	Jones	29/09/63	60m	25/03/19	9.20am Q	26/03/19	10.45am		15th	8.04	
ACT	55-59	Colin	Smith	2/01/63	60m	25/03/19	9.20am q	26/03/19	10.45am		11th	7.92	
WA	50-54	Gregory	Brennan	9/08/68	60m	25/03/19	10.05am				38th	8.10s	
WA	50-54	Andrew	Brooker	20/01/69	60m	25/03/19	10.05am					DNS	
ACT	50-54	Ken	Telfer	2/05/67	60m	25/03/19	10.05am q	26/03/19	10.57am		22nd	7.85	
VIC	45-49	Mark	Giglio	2/06/72	60m	25/03/19	10.47am Q	26/03/19	11.09am		11th	7.47	
NSW	40-44	Ashley	McMahon	22/08/75	60m	25/03/19	11.25am Q	26/03/19	11.21am q	27/03/19	12.50pm	5th	7.08 NR
ACT	35-39	Adam	Farlow	18/01/83	60m	25/03/19	12.00pm				16th	7.36 NR	
NSW	70-74	Paula	Moorhouse	16/12/48	400m			26/03/19	6.28pm	3rd		1.28.71 NR	
NSW	60-64	Deborah	Drennan	17/05/58	400m							DNS	
NSW	60-64	Robyn	Suttor	1/03/59	400m	25/03/19	6.35pm				9th	1.17.07	
NSW	50-54	Amanda	Coombe	21/08/67	400m	25/03/19	7.10pm				12th	1.17.36	
WA	45-49	Sharon	Davis	10/08/73	400m	25/03/19	7.30pm q	26/03/19	6.55pm	3rd		1.01.90	
NSW	45-49	Lenore	Lambert	22/12/69	400m	25/03/19	7.30pm				7th	1.04.36	
SA	75-79	Peter	Sandery	21/06/41	6km XC	25/03/19	8.00am					DNS	
WA	75-79	Robert	Schickert	26/10/41	6km XC	25/03/19	8.00am	18th	42.59				
NSW	65-69	Ron	Schwebel	17/08/51	8km XC	25/03/19	9.50am	10th	36.23				
WA	60-64	Roscoe	McDonnell	10/05/58	8km XC	25/03/19	10.35am	17th	35.34				
ACT	60-64	Roger	Pilkington	17/12/58	8km XC	25/03/19	10.35am	26th	42.34				
TAS	55-59	Paul	Hniat	31/03/60	8km XC	25/03/19	11.25am	38th	38.35				
TAS	55-59	Philip	Hniat	10/03/62	8km XC	25/03/19	11.25am	41st	43.25				
VIC	65-69	Clyde	Riddoch	25/07/53	3000m Walk	25/03/19	2.05pm	11th	19.24.66				
VIC	60-64	Mark	Donahoo	27/05/58	3000m Walk	25/03/19	2.35pm	6th	16.34.29				
QLD	45-49	Dean	Nipperess	4/08/71	3000m Walk	25/03/19	3.20pm	8th	16.50.10				
QLD	45-49	Althea	Mackie	9/04/70	Weight	25/03/19	10.30am	7th	12.02				
NSW	70-74	Mary	Thomas	30/05/44	Shot	25/03/19	11.30am	13th	7.15				
SA	70-74	Claire	Woods	19/10/47	Shot	25/03/19	11.30am	16th	6.37				
NSW	60-64	Ellena	Cubban	23/07/57	Shot	25/03/19	2.30pm	18th	7.45				
NSW	60-64	Jill	Taylor	20/08/55	Shot	25/03/19	2.30pm	12th	9.01 NR				

QLD	60-64	Craig	Elliott	7/06/57	HJ B	25/03/19	1.00pm	16th	1.30m					
NSW	70-74	Peter	Crombie	25/12/44	Javelin					DNS				
SA	70-74	Viddy	Jermacans	1/09/48	LJ	25/03/19	10.35am	9th	3.58					
NSW	45-49	Lenore	Lambert	22/12/69	LJ	25/03/19	3.05pm	4th	4.71					
WA	40-44	Melissa	Foster	8/09/78	LJ	25/03/19	4.30pm	1st	5.54	NR				
						TUESDAY			WEDNESDAY			RESULT		
QLD	65-69	Rosemary	Dean	23/11/51	60m			26/03/19	12.05pm q	27/03/19	11.10am	8th	10.25	
VIC	60-64	Leanne	Monk	8/08/56	60m			26/03/19	12.20pm			14th	10.23	
NSW	60-64	Robyn	Suttor	1/03/59	60m			26/03/19	12.20pm Q	27/03/19	11.15am	7th	9.48	
NSW	60-64	Jill	Taylor	20/08/55	60m			26/03/19	12.20pm			18th	10.66	
VIC	50-54	Sonya	Pollard	11/11/66	60m	26/03/19	9.00am					16th	9.15	
NSW	45-49	Lenore	Lambert	22/12/69	60m	26/03/19	9.25am					10th	8.46	
WA	40-44	Melissa	Foster	8/09/78	60m			26/03/19	1.30pm q	27/03/19	11.35am	7th	8.21	
NSW	40-44	Monique	Perry	5/08/74	60m			26/03/19	1.30pm Q	27/03/19	11.35am	2nd	7.94 NR	
NSW	75-79	Joan	Purcell	12/07/41	3000m Walk	26/03/19	2.10pm	4th	23.53.22					
WA	75-79	Lynne	Schickert	18/10/41	3000m Walk	26/03/19	2.10pm	6th	24.23.12					
VIC	65-69	Heather	Carr	13/08/49	3000m Walk	26/03/19	2.50pm	1st	18.30.85					
NSW	55-59	Anne	Weekes	2/07/62	3000m Walk	26/03/19	3.30pm	7th	18.16.19					
VIC	60-64	Leanne	Monk	8/08/56	LJ A	26/03/19	10.00am			DNS				
QLD	65-69	Rosemary	Dean	23/11/51	LJ B	26/03/19	10.40am	11th	2.93					
NSW	60-64	Wayne	Marriott	23/04/54	TJ A	26/03/19	12.00pm	15th	8.33					
NSW	70-74	Mary	Thomas	30/05/44	Weight	26/03/19	12.00pm	8th	9.00m					
NSW	60-64	Ellena	Cubban	23/07/57	Weight	26/03/19	3.00pm	16th	10.86					
NSW	60-64	Jill	Taylor	20/08/55	Weight	26/03/19	3.00pm	7th	13.44					
VIC	40-44	Brad	Krawczyk	18/09/75	HJ A & B	26/03/19	4.30pm	14th	1.60m					
						WEDNESDAY			THURSDAY			RESULT		
SA	75-79	Peter	Sandery	21/06/41	800m			27/03/19	1.15pm				DNS	
SA	70-74	Allan	Mayfield	14/02/49	800m			27/03/19	2.00pm Q	28/03/19	7.22pm	1st	2.31.16 NR	
VIC	70-74	Kevin	Solomon	21/04/47	800m			27/03/19	2.00pm	28/03/19	7.22pm		DNS	
NSW	55-59	Brad	Sharpe	10/02/61	800m	27/03/19	8.25am					20th	2.23.83	
VIC	50-54	Andrew	Brooker	20/01/69	800m			27/03/19					DNS	

NSW	50-54	Kenneth	Wilson	16/07/66	800m		27/03/19					DNS			
VIC	45-49	Nathan	Crowley	2/04/73	800m		27/03/19	4.05pm	Q	28/03/19	7.57pm	Q	4th	2.01.85 NR	
NSW	45-49	Darren	Purcell	8/09/70	800m		27/03/19	4.05pm					11th	2.08.77	
NSW	70-74	Paula	Moorhouse	16/12/48	800m					28/03/19	8.36pm		3rd	3.35.10	
NSW	60-64	Deborah	Drennan	17/05/58	800m		27/03/19	5.40pm	Q	28/03/19	8.52pm		4th	2.48.23	
QLD	50-54	Petrina	Brown	2/09/68	800m		27/03/19	6.40pm					11th	2.49.01	
NSW	50-54	Amanda	Coombe	21/08/67	800m		27/03/19	6.40pm					13th	3.01.83	
WA	45-49	Sharon	Davis	10/08/73	800m					28/03/19	9.16pm		2nd	2.18.01 - NR	
SA	70-74	Viddy	Jermacans	1/09/48	Pentathlon	27/03/19	3.10pm		13th	1926	Hurds - DNF	LJ - 3.37	SP - 7.39	HJ - 1.19 NR	
QLD	65-69	Joseph	Begley	29/12/53	Pentathlon	27/03/19	10.30am		13th	2479 NR	Hurds - 12.70 NR	LJ - 3.94 NR	SP - 7.85	HJ - 1.12 NR	
VIC	65-69	Clyde	Riddoch	25/07/53	Pentathlon	27/03/19	10.30am		17th	1529	Hurds - 17.96	LJ - 2.77	SP - 7.19	HJ - 1.09	
QLD	60-64	Craig	Elliott	7/06/57	Pentathlon	27/03/19	11.45am		17th	2020	Hurds - 13.02	LJ - 3.71	SP - 6.51	HJ - 1.30	
TAS	55-59	Philip	Hniat	10/03/62	Pentathlon	27/03/19	1.00pm		22nd	2177	Hurds - 13.34	LJ - 3.25	SP - 6.51	HJ - 1.30	
WA	75-79	Robert	Schickert	26/10/41	10km Road	27/03/19	10.00am		9th	1.07.53mins					
NSW	65-69	Ron	Schwebel	17/08/51	10km Road	27/03/19	10.00am		11th	43.44mins					
WA	60-64	Roscoe	McDonnell	10/05/58	10km Road	27/03/19	10.00am		10th	41.46mins					
ACT	60-64	Roger	Pilkington	17/12/58	10km Road	27/03/19	10.00am		18th	50.54mins					
TAS	55-59	Paul	Hniat	31/03/60	10km Road	27/03/19	10.00am		20th	43.17mins					
NSW	60-64	Ellena	Cubban	23/07/57	Javelin B	27/03/19	11.15am		18th	17.08m					
NSW	70-74	Mary	Thomas	30/05/44	Javelin A	27/03/19	2.15pm		7th	16.57m					
SA	70-74	Claire	Woods	19/10/47	Javelin A	27/03/19	2.15pm		8th	13.58m					
NSW	75-79	John	Cooper	26/08/41	Javelin B	27/03/19	2.15pm			DNS					
WA	40-44	Melissa	Foster	8/09/78	TJ	27/03/19	5.00pm		4th	11.54m NR					
						THURSDAY	FRIDAY					RESULT			
QLD	65-69	Rosemary	Dean	23/11/51	200m		29/03/19	11.36am				8th	35.08		
VIC	60-64	Leanne	Monk	8/08/56	200m		29/03/19	11.48am					12th	35.62	
NSW	60-64	Robyn	Suttor	1/03/59	200m		29/03/19	11.48am	Q	29/03/19	9.10pm		4th	31.91	
NSW	50-54	Amanda	Coombe	21/08/67	200m	28/03/19	3.55pm						DNS		
VIC	50-54	Sonya	Pollard	11/11/66	200m	28/03/19	3.55pm		29/03/19	12.12pm	29/03/19	9.18pm	23rd	31.09	
NSW	45-49	Lenore	Lambert	22/12/69	200m	28/03/19	4.55pm	Q	29/03/19	12.44pm			9th DNS-SF	27.63	
WA	40-44	Melissa	Foster	8/09/78	200m	28/03/19	5.45pm		29/03/19	12.52pm			12th	27.74	

NSW	40-44	Monique	Perry	5/08/74	200m	28/03/19	5.48pm Q	29/03/19	12.52pm q	29/03/19	8.35pm	5th	26.68 NR
VIC	90-94	James	Sinclair	1/08/24	200m					29/03/19	8.00pm	4th	57.78
NSW	75-79	John	Cooper	26/08/41	200m			29/03/19	1.32pm				DNS
WA	75-79	Robert	Schickert	26/10/41	200m			29/03/19	1.32pm	29/03/19	8.15pm	17th	42.37
NSW	70-74	Peter	Crombie	25/12/44	200m	28/03/19	8.35am Q	29/03/19	1.40pm q	29/03/19	8.19pm	6th	28.82
SA	70-74	Viddy	Jermacans	1/09/48	200m	28/03/19	8.35am					33rd	35.67
QLD	65-69	Joseph	Begley	29/12/53	200m	28/03/19	9.10am					20th	29.7
VIC	65-69	William	Carr	25/06/49	200m	28/03/19	9.10am						DNS
NSW	60-64	Wayne	Marriott	23/04/54	200m	28/03/19	9.55am Q	29/03/19	2.19pm			15th	31.1
VIC	55-59	John	Hilditch	8/07/61	200m	28/03/19	10.30am q	29/03/19	2.31pm	29/03/19	8.27pm	14th	26.18
QLD	55-59	Steve	Jones	29/09/63	200m	28/03/19	10.30am						DNF - injured
WA	55-59	Colin	Smith	2/01/63	200m	28/03/19	10.30am q	29/03/19	2.31pm			12th	26.06
NSW	55-59	Dean	Taylor	3/07/63	200m	28/03/19	10.30am					52nd	37.59
WA	50-54	Gregory	Brennan	9/08/68	200m	28/03/19	11.45am					31st	26.68
ACT	50-54	Ken	Telfer	2/05/67	200m	28/03/19	11.45am					48th	50.86
VIC	50-54	Andrew	Wilcox	13/02/69	200m	28/03/19	11.45am Q	29/03/19	2.43pm Q	29/03/19	8.31pm	3rd	24.30 NR
NSW	50-54	Adrian	Williams	15/12/67	200m	28/03/19	11.45am					43rd	28.11
VIC	45-49	Mark	Giglio	2/06/72	200m	28/03/19	12.45pm Q	29/03/19	2.55pm Q	29/03/19	8.35pm	3rd	23.40 NR
ACT	35-39	Adam	Farlow	18/01/83	200m	28/03/19	2.50pm Q	29/03/19	3.19pm			8th	23.33
VIC	35-39	William	Little	5/10/81	200m	28/03/19	2.50pm						DNS
NSW	35-39	Jay	Stone	31/12/79	200m	28/03/19	2.50pm Q	29/03/19	3.19pm q			DNS	23.12
WA	50-54	Andrew	Brooker	20/01/69	Pentathlon	28/03/19	8.00am	26th	3292 NR	60mH -10.83	LJ - 5.06 NR	SP - 9.20 NR	HJ - 1.63 NR
QLD	60-64	Craig	Elliott	7/06/57	PV	28/03/19	10.00am	10th	2.45				
QLD	45-49	Althea	Mackie	9/04/70	Hammer	28/03/19	11.45am	4th	38.94				
VIC	60-64	Leanne	Monk	8/08/56	TJ B	28/03/19	3.00pm	12th	6.66 NR				
NSW	60-64	Jill	Taylor	20/08/55	TJ B	28/03/19	3.00pm	13th	6.55				
NSW	75-79	John	Cooper	26/08/41	60m Hurdles	29/03/19	8.25am						DNS
QLD	65-69	Joseph	Begley	29/12/53	60m Hurdles	29/03/19	8.50am						DNS
QLD	60-64	Craig	Elliott	7/06/57	60m Hurdles	29/03/19	9.05am	29/03/19	7.35pm	17th	13.09		
NSW	60-64	Wayne	Marriott	23/04/54	60m Hurdles	29/03/19	9.05am	29/03/19	7.35pm	15th	12.68		
NSW	55-59	Dean	Taylor	3/07/63	60m Hurdles	29/03/19	9.45am						DNS

VIC	40-44	Brad	Krawczyk	18/09/75	60m Hurdles	29/03/19	10.45am q	29/03/19	7.45pm	5th	8.84		
SA	35-39	Sarah	Carthew	18/02/84	Pentathlon	29/03/19	12.20pm	8th	1515	60mH - 12.8	LJ - 3.50m	SP - 7.18m	HJ - 1.21 NR
						FRIDAY	SATURDAY				RESULT		
SA	75-79	Peter	Sandery	21/06/41	1500m			30/03/19	9.38am	6th	6.48.82		
SA	70-74	Allan	Mayfield	14/02/49	1500m			30/03/19	9.48am	1st	5.15.50		
VIC	70-74	Kevin	Solomon	21/04/47	1500m			30/03/19	9.48am	3rd	5.17.23		
NSW	65-69	Ron	Schwebel	17/08/51	1500m	29/03/19	3.50pm			18th	5.42.56		
WA	60-64	Roscoe	McDonnell	10/05/58	1500m	29/03/19	4.10pm			19th	5.27.96		
ACT	60-64	Roger	Pilkington	17/12/58	1500m	29/03/19	4.10pm			22nd	6.19.23		
TAS	55-59	Philip	Hniat	10/03/62	1500m	29/03/19	4.30pm			37th	5.27.91		
NSW	55-59	Brad	Sharpe	10/02/61	1500m	29/03/19	4.30pm			32nd	5.00.32		
NSW	50-54	Kenneth	Wilson	16/07/66	1500m	29/03/19	4.50pm q	30/03/19	10.22am	7th	4.29.14 NR		
VIC	45-49	Nathan	Crowley	2/04/73	1500m	29/03/19	5.35pm q	30/03/19	10.30am	6th	4.15.08 NR		
NSW	45-49	Darren	Purcell	8/09/70	1500m	29/03/19	5.35pm q	30/03/19	10.30am	DNSF 30/3	4.21.88		
NSW	75-79	Joan	Purcell	12/07/41	10km Walk	29/03/19	9.00am	1st	1.17.08				
WA	75-79	Lynne	Schickert	18/10/41	10km Walk	29/03/19	9.00am	6th	1.25.20				
VIC	65-69	Heather	Carr	13/08/49	10km Walk	29/03/19	9.00am	3rd	1.03.47				
NSW	55-59	Anne	Weekes	2/07/62	10km Walk	29/03/19	9.00am	5th	1.02.38				
VIC	60-64	Mark	Donahoo	27/05/58	10km Walk	29/03/19	1.45pm	11th	1.02.48				
QLD	45-49	Dean	Nipperess	4/08/71	10km Walk	29/03/19	3.15pm	13th	1.00.19				
NSW	75-79	John	Cooper	26/08/41	PV	29/03/19	1.30pm	DNS					
VIC	70-74	George	Schillinger	11/03/46	PV	29/03/19	3.00pm	3rd	2.80m				
NSW	70-74	Mary	Thomas	30/05/44	Hammer	29/03/19	11.15am	6th	22.89				
NSW	60-64	Ellena	Cubban	23/07/57	Hammer	29/03/19	3.00pm	9th	30.97				
NSW	60-64	Jill	Taylor	20/08/55	Hammer	29/03/19	3.00pm	5th	34.68				
VIC	40-44	Brad	Krawczyk	18/09/75	TJ	29/03/19	5.45pm	DNS					
SATURDAY													
NSW	60-64	Robyn	Suttor	1/03/59	60m Hurdles	30/03/19	8.05am	30/03/19	11.10am	2nd	10.35		
NSW	45-49	Lenore	Lambert	22/12/69	60m Hurdles	30/03/19	8.40am	30/03/19	11.25am	2nd	9.55		
WA	40-44	Melissa	Foster	8/09/78	60m Hurdles	30/03/19	8.50am	30/03/19	11.30am	6th	9.57		
SA	35-39	Sarah	Carthew	18/02/84	60m Hurdles	30/03/19	9.00am			DNS			

NSW	70-74	Paula	Moorhouse	16/12/48	1500m	30/03/19	12.04pm	3rd	7.35.95
NSW	60-64	Deborah	Drennan	17/05/58	1500m	30/03/19	12.27pm	8th	5.49.57
QLD	50-54	Petrina	Brown	2/09/68	1500m	30/03/19	12.51pm	11th	5.58.00 NR
NSW	65-69	Ron	Schwebel	17/08/51	Half Marathor	30/03/19	10.00am	15th	1.43.07
WA	60-64	Roscoe	McDonnell	10/05/58	Half Marathor	30/03/19	10.00am	18th	1.32.30
ACT	60-64	Roger	Pilkington	17/12/58	Half Marathor	30/03/19	10.00am	37th	1.55.30
TAS	55-59	Paul	Hniat	31/03/60	Half Marathor	30/03/19	10.00am	42nd	1.40.20
TAS	55-59	Philip	Hniat	10/03/62	Half Marathor	30/03/19	10.00am	46th	1.44.08
NSW	45-49	Darren	Purcell	8/09/70	Half Marathor	30/03/19	10.00am	DNS	
QLD	65-69	Wilma	Perkins	5/09/49	PV	30/03/19	8.30am	3rd	1.90m NR
VIC	60-64	Leanne	Monk	8/08/56	PV	30/03/19	8.30am	4th	1.80m
NSW	60-64	Robyn	Suttor	1/03/59	PV	30/03/19	8.30am	DNS	
NSW	70-74	Mary	Thomas	30/05/44	Discus	30/03/19	11.30am	10th	15.81
SA	70-74	Claire	Woods	19/10/47	Discus	30/03/19	11.30am	12th	13.86
NSW	60-64	Ellena	Cubban	23/07/57	Discus	30/03/19	2.15pm	14th	19.13
NSW	60-64	Jill	Taylor	20/08/55	Discus	30/03/19	2.15pm	10th	23.84

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1000m - 4.57.63
1000m - 4.34.46 <i>NR</i>
1000m - 4.39.20
1000m - 5.18.62
1000m - 3.21.26 <i>NR</i>

1000m - 3.08.58 *NR*

1000m - 3.20.93