

# INDOOR RECORDS - AUSTRALIAN MASTERS ATHLETICS

Australian Masters Athletics Inc Club Records compiled by AMA Records Officer, Clyde Riddoch, 40 Beauchamp Street, Preston Vic 3072,

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**From: WMA Indoors Championships: 1st Sindelfingen, Germany, 10-14 March 2004; 2nd Linz, Austria, 15-20 March 2006;**

**3rd Clermont-Ferrand, France, 17-22 March 2008; 4th Kamloops, Canada 1-6 March 2010; 5th Jyvaskyla, Finland**

**3-8 April 2012; 6th Budapest, Hungary, 25-30 March 2014; 7th Daegu, South Korea, 19-25th March 2017. Also from 2003,**

**2007, 2008, 2012 & 2018 USA Masters, Boston; British Masters 23-24 Feb 2008 & 24 Feb 2013; and Munich 8th Feb 2014.**

*Italics indicates record set when not a financial member of Australian Masters Athletics*

MEN		# World Record				WOMEN				
AGE	NAME	STATE	TIME	DATE	AGE	NAME	STATE	TIME	DATE	
<b>60 METRES</b>					<b>60 METRES</b>					
M35	AR Ashley McMahon	NSW	7.38s	2014	W35	AR Melissa Foster	WA	8.16s	2017	
M40	AR Ashley McMahon	NSW	7.21s	2016	W40	AR Julie Brims	QLD	8.05s	2010	
M45	AR Rob Colling	WA	7.28s	2016	W45	AR Lenore Lambert	NSW	8.22s	2017	
M50	AR Stephen Jones	QLD	7.81s	2017	W50	AR Julie Brims	QLD	8.08s	2017	
M55	AR Peter Crombie	NSW	7.81s	2003	W55	AR Lynda Douglass	NSW	8.71s	2017	
	AR Rudy Kocis	WA	7.81s	2017	W60	AR Kathy Heagney	VIC	9.17s	2012	
M60	AR Peter Crombie	NSW	7.98s	2006	W65	AR Lyn Peake	SA	9.48s	2017	
M65	AR Peter Crombie	NSW	8.35s	2010	W70	AR Noreen Parrish	QLD	10.31s	2012	
M70	AR Peter Crombie	NSW	8.39s	2017	W75	AR Noreen Parrish	QLD	11.42s	2017	
M75	AR Don Chambers	VIC	9.39s	2013						
M80	AR Radovan Leovic	ACT	11.51s	2010						
M85	AR Radovan Leovic	ACT	12.17s	2014						
M90	AR Jim Sinclair	Vic	13.56s	2017						
<b>200 METRES</b>					<b>200 METRES</b>					
M35	AR Jay Stone	NSW	22.68s	2017	W35	AR Ranell Hobson	NSW	28.67s	2010	
M40	AR Ashley McMahon	NSW	23.53s	2016	W40	AR Julie Brims	QLD	26.83s	2010	
M45	AR Kris Wardecki	NSW	24.10s	2014	W45	AR Marie Kay	QLD	25.85s	2008	
M50	AR Colin Pocklington	VIC	26.13s	2010	W50	AR Julie Brims	QLD	26.11s	2017	
M55	AR Peter Crombie	NSW	24.85s	2003	W55	AR Lynda Douglass	NSW	29.52s	2017	
M60	AR Peter Crombie	NSW	25.59s	2006	W60	AR Kathy Heagney	VIC	30.60s	2012	
M65	AR Peter Crombie	NSW	26.95s	2010	W65	AR Marge Allison	QLD	31.79s	2010	
M70	AR Peter Crombie	NSW	27.30s	2017	W70	AR Noreen Parrish	QLD	35.86s	2012	
M75	AR Don Chambers	VIC	32.69s	2013	W75	AR Noreen Parrish	QLD	41.54s	2017	
M80	AR Radovan Leovic	ACT	41.82s	2010						
M85	AR Radovan Leovic	ACT	42.41s	2014						
M90	AR Jim Sinclair	VIC	50.13s	2017						
<b>400 METRES</b>					<b>400 METRES</b>					
M35	AR Jay Stone	NSW	50.25s	2017						
M40	AR Ken Telfer	ACT	52.99s	2008	W40	AR Marie Kay	NSW	61.58s	2004	
M45	AR Andrew Wilcox	VIC	52.02s	2014	W45	AR <b>#Marie Kay</b>	QLD	<b>56.99s</b>	<b>2008</b>	
M50	AR Colin Smith	WA	58.09s	2017	W50	AR Gianna Mogentale	NSW	62.20s	2014	
M55	AR Peter Crombie	NSW	57.04s	2004	W55	AR Robyn Suttor	NSW	69.99s	2014	
M60	AR Peter Crombie	NSW	57.62s	2006	W60	AR Kathy Heagney	VIC	70.35s	2012	
M65	AR Peter Crombie	NSW	62.35s	2010	W65	AR <b>#Jeanette Flynn</b>	QLD	<b>70.34s</b>	<b>2017</b>	
M70	AR Peter Crombie	NSW	63.29s	2017	W70	AR Noreen Parrish	QLD	88.74s	2012	
M75	AR Don Chambers	VIC	85.53s	2013	W75	AR Noreen Parrish	QLD	1m 51.08s	2017	
M80	AR Rad Leovic	ACT	88.33s	2008						
M85	AR Rad Leovic	ACT	99.74s	2014						
M90	AR Jim Sinclair	VIC	2m 11.16s	2017						
<b>800 METRES</b>					<b>800 METRES</b>					
M30	AR Brendan Whelan	QLD	2m 04.24s	2008	W35	AR Melissa Foster	WA	3m 00.62s	2017	
M50	AR Scott Lawrence	VIC	2m 13.88s	2012	W40	AR Amanda Coombe	TAS	2m 33.31s	2010	
M55	AR Peter Hawes	QLD	2m 14.87s	2012	W45	AR Marie Kay	NSW	2m 39.79s	2006	
M60	AR Neil MacDonald	VIC	2m 16.91s	2004	W50	AR Marie Kay	QLD	2m 46.78s	2010	
M65	AR Kevin Solomon	VIC	2m 25.37s	2014	W55	AR Deborah Drennan	NSW	2m 42.69s	2016	
M70	AR Peter Sandery	SA	2m 40.11s	2012	W60	AR Jeanette Flynn	QLD	2m 41.40s	2014	
M75	AR Peter Sandery	SA	2m 54.22s	2017	W65	AR Jeanette Flynn	QLD	2m 44.45s	2017	

M80	AR	Rad Leovic	ACT	3m 44.71s	2008	W70	AR	Lavinia Petrie	VIC	3m 10.27s	2017
M85	AR	Rad Leovic	ACT	4m 00.62s	2014	W75	AR	Fran Harris	ACT	5m 45.37s	2017
<b>1000 METRES</b>											
M40	AR	Geoffrey Gibbons	TAS	2m 53.38s	2017						
M50	AR	George Jankowski	NSW	4m 06.38s	2017						
M55	AR	John Fienieg	NSW	3m 43.62s	2012						
M60	AR	John Fienieg	NSW	3m 46.38s	2017						
M70	AR	Ken Daniels	QLD	4m 40.41s	2010						
M75	AR	Don Chambers	VIC	6m 22.77s	2013						
M80	AR	Rad Leovic	ACT	4m 47.96s	2008						
M85	AR	Rad Leovic	ACT	5m 35.95s	2014						
<b>1500 METRES</b>						<b>1500 METRES</b>					
M35	AR	Stephen Dinneen	VIC	4m 04.97s	2017						
M40	AR	Campbell McLennan	VIC	4m 14.31s	2014	W40	AR	Kriszta Kovacs	NSW	5m 02.89s	2014
M45	AR	John Lisiewicz	SA	4m 28.51s	2008						
M50	AR	Stuart Paterson	NSW	4m 41.99s	2008						
M55	AR	Kevin Solomon	VIC	4m 27.49s	2004	W55	AR	Deborah Drennan	NSW	5m 44.28s	2017
M60	AR	Neil MacDonald	VIC	4m 54.17s	2004	W60	AR	Jeanette Flynn	QLD	5m 45.40s	2014
M65	AR	Kevin Solomon	VIC	4m 52.81s	2014	W65	AR	Paula Moorhouse	NSW	6m 24.89s	2017
M70	AR	Peter Sandery	SA	5m 20.16s	2012	W70	AR	Lavinia Petrie	VIC	6m 22.44s	2017
M75	AR	Peter Sandery	SA	6m 15.77s	2017						
M80	AR	Rad Leovic	ACT	8m 19.76s	2010						
M85	AR	Rad Leovic	ACT	9m 28.87s	2014						
<b>MILE</b>											
M30	AR	Brendan Whelan	QLD	4m 31.43s	2008						
M45	AR	Colin Dalton	NSW	5m 34.88s	2016						
M50	AR	Scott Lawrence	Vic	4m 52.24s	2012						
M55	AR	Robert Pearce	SA	5m 25.02s	2008						
M60	AR	Kevin Solomon	VIC	5m 01.62s	2008						
M65	AR	Peter Sandery	SA	5m 22.70s	2008						
<b>3000 METRES</b>						<b>3000 METRES</b>					
M30	AR	Brendan Whelan	QLD	9m 02.38s	2008						
M35	AR	Stephen Dinneen	VIC	8m 52.41s	2017						
M45	AR	John Lisiewicz	SA	9m 23.74s	2008						
M50	AR	Alan Stacey	QLD	10m 53.45s	2017						
M55	AR	Kevin Solomon	VIC	9m 30.32s	2004	W55	AR	Anne Ryan	QLD	12m 28.31s	2014
M60	AR	Kevin Solomon	VIC	10m 11.85s	2008						
M65	AR	Peter Sandery	SA	10m 36.54s	2008						
M70	AR	Peter Sandery	SA	11m 16.60s	2012	W70	AR	<b>#Lavinia Petrie</b>	<b>Vic</b>	<b>12m 54.89s</b>	<b>2017</b>
M75	AR	Peter Sandery	SA	12m 36.92s	2017						
M80	AR	Rad Leovic	ACT	15m 56.73s	2008						
M85	AR	Rad Leovic	ACT	19m 59.79s	2014						
<b>60 METRES HURDLES</b>						<b>60 METRES HURDLES</b>					
M30						W30	AR	Sally Pearson	QLD	7.91s	2017
M35						W35	AR	Melissa Foster	WA	9.79s	2017
M40	AR	Geoffrey Gibbons	TAS	8.74s	2017	W40	AR	Marie Kay	NSW	9.71s	2004
M45	AR	Kris Wardecki	NSW	!0.12s	2014	W45	AR	Marie Kay	NSW	9.43s	2006
M50	AR	Dean Taylor	NSW	10.59s	2017	W50	AR	Marie Kay	QLD	9.55s	2010
M55	AR	Steve McGugan	NSW	9.94s	2010	W55	AR	Sally Stagles	NSW	9.82s	2017
M60	AR	Conrad Burge	ACT	9.78s	2012	W60	AR	Wilma Perkins	QLD	10.81s	2010
M70	AR	Don Chambers	VIC	10.54s	2010	W65	AR	Marge Allison	QLD	11.05s	2010
M75	AR	Don Chambers	VIC	11.33s	2014	W75	AR	Fran Harris	ACT	15.38s	2017
M80	AR	Rad Leovic	ACT	15.33s	2008						
M85	AR	Rad Leovic	ACT	25.35s	2014						
<b>3000 METRES WALK</b>						<b>3000 METRES WALK</b>					
M40	AR	Dean Nipperess	QLD	13m 19.77s	2014	W50	AR	Anne Weekes	NSW	17m 32.63s	2017
M50	AR	Mark Donahoo	VIC	13m 55.43s	2012	W55	AR	<b>#Lyn Ventris</b>	<b>WA</b>	<b>14m 51.24s</b>	<b>2017</b>
M55	AR	Mark Donahoo	VIC	14m 17.18s	2014	W60	AR	Heather Carr	VIC	15m 54.75s	2010

M65	AR	Andrew Jamieson	VIC	14m 39.77s	2012	W65	AR	#Heather Carr	VIC	16m 57.96s	2017
M70	AR	Andrew Jamieson	VIC	16m 24.18s	2017	W70	AR	Lynne Schickert	WA	21m 38.23s	2010
						W75	AR	Joan Purcell	QLD	22m 05.70s	2017
<b>HIGH JUMP</b>						<b>HIGH JUMP</b>					
M40	AR	Geoffrey Gibbons	TAS	1.69m	2017	W35	AR	Audrey Thomson	NSW	0.75m	2018
M50	AR	Roger Pilkington	ACT	1.32m	2010	W40	AR	Irie Hill	VIC	1.52m	2010
M55	AR	John Fienieg	NSW	1.48m	2012	W45	AR	Lenore Lambert	NSW	1.54m	2017
M60	AR	John Fienieg	NSW	1.36m	2017	W50	AR	Marie Kay	QLD	1.51m	2010
M70	AR	Ken Daniels	QLD	1.14m	2010	W60	AR	Wilma Perkins	QLD	1.23m	2012
M75	AR	Don Chambers	VIC	1.15m	2014	W65	AR	Marge Allison	QLD	1.17m	2010
M80	AR	Rad Leovic	ACT	0.99m	2008	W75	AR	Fran Harris	ACT	0.94m	2017
M85	AR	Rad Leovic	ACT	0.91m	2014						
<b>LONG JUMP</b>						<b>LONG JUMP</b>					
M30	AR	Fabrice Lapierre	NSW	8.25m	2016	W35	AR	Melissa Foster	WA	5.71m	2014
M40	AR	Geoffrey Gibbons	Tas	5.88m	2017	W40	AR	Marie Kay	NSW	5.13m	2004
M50	AR	George Jankowski	NSW	4.07m	2017	W45	AR	Marie Kay	QLD	5.57m	2008
M55	AR	Viddy Jermacans	QLD	4.99m	2006	W50	AR	Marie Kay	QLD	5.20m	2012
M60	AR	Wayne Marriott	NSW	4.44m	2017	W55	AR	Sally Stagles	NSW	4.13m	2017
M70	AR	Don Chambers	VIC	3.93m	2010	W60	AR	Wilma Perkins	QLD	4.09m	2010
M75	AR	Don Chambers	VIC	3.63m	2014	W65	AR	Jean Hampson	QLD	3.35m	2014
M80	AR	Rad Leovic	ACT	3.11m	2008	W70	AR	Jean Hampson	QLD	3.05m	2017
M85	AR	Rad Leovic	ACT	2.26m	2014	W75	AR	Fran Harris	ACT	2.38m	2017
<b>TRIPLE JUMP</b>						<b>TRIPLE JUMP</b>					
M40	AR	Jamie Muscat	NSW	8.04m	2018	W35	AR	Melissa Foster	WA	11.82m	2014
M50	AR	Nick Hodgson	VIC	12.50m	2014	W40	AR	Julie Brims	QLD	10.52m	2010
M55	AR	Viddy Jermacans	QLD	8.88m	2006	W45	AR	Selina Ellis	NSW	6.70m	2017
M60	AR	Wayne Marriott	NSW	8.64m	2017	W70	AR	Lynne Schickert	WA	5.46m	2012
M70	AR	Don Chambers	VIC	8.24m	2010	W75	AR	Fran Harris	ACT	5.78m	2017
M75	AR	Don Chambers	VIC	7.75m	2014						
M80	AR	Rad Leovic	ACT	6.98m	2008						
M85	AR	Rad Leovic	ACT	4.82m	2014						
<b>POLE VAULT</b>						<b>POLE VAULT</b>					
M35	AR	Warren Hill	VIC	3.00m	2004						
M40	AR	Howard Arbutnot	QLD	4.40m	2010	W40	AR	Irie Hill	VIC	3.65m	2010
M50	AR	George Jankowski	NSW	2.65m	2017	W45	AR	Dawn Hartigan	VIC	3.35m	2004
M60	AR	Craig Elliot	QLD	2.60m	2018						
M70	AR	George Schillinger	Vic	2.90m	2017	W60	AR	Wilma Perkins	QLD	2.40m	2010
M75	AR	Don Chambers	VIC	2.10m	2013	W65	AR	Wilma Perkins	QLD	1.80m	2017
M85	AR	Rad Leovic	ACT	1.00m	2014						
<b>SHOT PUT</b>						<b>SHOT PUT</b>					
M35	AR	Grzegorz Urbanowicz	WA	12.19m	2014	W35	AR	Audrey Thomson	NSW	9.27m	2018
M40	AR	Jamie Muscat	NSW	13.61m	2018	W40	AR	Caroline Layt	QLD	9.72m	2010
M50	AR	George Jankowski	NSW	7.38m	2017	W45	AR	Caroline Layt	NSW	10.93m	2014
M55	AR	Grant Edwards	ACT	12.40m	2018	W50	AR	Marie Kay	QLD	12.30m	2010
M60	AR	Bob Banens	ACT	11.31m	2010	W55	AR	Jill Taylor	NSW	9.71m	2014
M65	AR	Bob Banens	ACT	10.48m	2017	W60	AR	Wilma Perkins	QLD	8.80m	2012
M70	AR	Don Chambers	VIC	9.98m	2010	W65	AR	Mary Thomas	NSW	8.42m	2014
M75	AR	Don Chambers	VIC	8.98m	2014	W70	AR	Mary Thomas	NSW	8.08m	2017
M80	AR	Rad Leovic	ACT	7.37m	2008	W75	AR	Jan Banens	ACT	8.05m	2017
M85	AR	Rad Leovic	ACT	6.34m	2014						
<b>WEIGHT THROW</b>						<b>WEIGHT THROW</b>					
M35	AR	Grzegorz Urbanowicz	WA	13.84m	2014	W35	AR	Shanell Staunton	WA	10.55m	2017
M40	AR	Matthew Staunton	WA	13.63m	2017	W40	AR	Althea Mackie	QLD	12.61m	2014
M50	AR	Terrence Gibbs	NSW	14.25m	2007	W45	AR	Althea Mackie	QLD	12.06m	2017
M55	AR	Grant Edwards	ACT	16.54m	2018	W55	AR	Jill Taylor	NSW	11.36m	2014
M60	AR	Bob Banens	ACT	14.44m	2010	W60	AR	Jill Taylor	NSW	12.88m	2017
M65	AR	Bob Banens	ACT	12.15m	2017	W65	AR	Jan Banens	ACT	12.47m	2010

M70	AR	Don Chambers	VIC	12.05m	2010	W70	AR	Mary Thomas	NSW	10.34m	2017
M75	AR	Don Chambers	VIC	11.36m	2014	W75	AR	Jan Banens	ACT	11.92m	2017
M80	AR	Rad Leovic	ACT	7.52m	2010						
M85	AR	Rad Leovic	ACT	6.93m	2014						
<b>56LB WEIGHT THROW</b>											
M50	AR	Terrence Gibbs	NSW	7.08m	2007						
M55	AR	Grant Edwards	ACT	8.62m	2018						
<b>PENTATHLON</b>						<b>PENTATHLON</b>					
Re-scored with 2010 Tables											
M35	AR	Matthew McDowall	WA	3,292 points	2018	W35	AR	Melissa Foster	WA	2,282 points	2017
(60mH 9.22s, LJ 6.18m, SP 11.93m, HJ 1.76m, 1000m 3m 03.78s)						(60mH 10.20s, HJ NH, SP 8.42m, LJ 5.33m, 800 3m 00.62s)					
M40	AR	Geoffrey Gibbons	TAS	3,564 points	2017	W40	AR	Marie Kay	NSW	3,431 points	2004
(60mH 8.83s, LJ 5.88m, SP 10.37m, HJ 1.69m, 1000m 2m 53.38s)						(60mH 9.71s, HJ 1.45m, SP 8.80m, LJ 5.13m, 800 2m 57.32s)					
M50	AR	George Jankowski	NSW	1,975 points	2017	W45	AR	Marie Kay	NSW	4,312 points	2006
(60mH 11.21s, LJ 4.05m, SP 7.38m, HJ 1.18m, 1000m 4m 06.38s)						(60mH 9.43s, HJ 1.51m, SP 10.02m, LJ 5.41m, 800 2m 39.79s)					
M55	AR	John Fienieg	NSW	2,932 points	2012	W50	AR	<b>Marie Kay</b>	<b>QLD</b>	<b>4,758 points</b>	<b>2010</b>
(60mH 11.45s, LJ 4.57m, SP 8.51m, HJ 1.48m, 1000m 3m 43.62s)						(60mH 9.55s, HJ 1.51m, SP 12.30m, LJ 5.16m, 800 2m 46.78s)					
M60	AR	John Fienieg	NSW	2,891 points	2017	W60	AR	Wilma Perkins	QLD	3,473 points	2014
(60mH 12.04s, LJ 4.19m, SP 8.55m, HJ 1.36m, 1000m 3m 46.38s)						(60mH 11.28s, HJ 1.18m, SP 7.96m, LJ 3.96m, 800m 3m 48.42s)					
M70	AR	Don Chambers	VIC	2,990 points	2010	W65	AR	Marge Allison	QLD	3,799 points	2010
(60mH 10.73s, HJ 1.11m, SP 8.85m, LJ 3.70m, 1000m 5m 00.31s)						(60mH 11.53s, HJ 1.17m, SP 6.57m, LJ 3.13m, 800 3m 08.99s)					
M75	AR	Don Chambers	VIC	2,968 points	2014	W75	AR	Fran Harris	ACT	2,400 points	2017
(60mH 11.33s, HJ 1.15s, SP 8.98m, LJ 3.63m, 1000m DNF)						(60mH 15.52s, HJ 0.94m, SP 6.03m, LJ 2.11m, 800m 5m 45.37s)					
M80	AR	Rad Leovic	ACT	2,883 points	2008						
(60mH 15.33s, LJ 2.91m, SP 7.37m, HJ 0.99m, 1000m 4m 47.96s)											
M85	AR	Rad Leovic	ACT	2,239 points	2014						
(60mH 25.35s, HJ 0.91m, SP 6.34m, LJ 2.26m, 1000m 5m 35.95s)											
<b>4 x 200 METRES RELAY</b>						<b>4 x 200 METRES RELAY</b>					
M40	AR	Kris Wardecki 41	NSW	1m 37.56s	2010	W35	AR	Ranell Hobson 37	NSW	2m 08.29s	2010
		Ken Telfer 42	ACT					Kathy Heagney 59	VIC		
		Stephen Jones 46	QLD					Amanda Coombe 42	TAS		
		Andrew Wilcox 41	VIC					Caroline Layt 44	NSW		
M50	AR	Stephen Jones 53	QLD	1m 46.24s	2017	W40	AR	Jacqueline Bezuidenhout	NSW	1m 49.98s	2008
		Colin Smith 54	WA					Caroline Layt 42	NSW		
		George Jankowski 54	NSW					Janet Naylon 41	NSW		
		Dean Taylor 53	NSW					Marie Kay 48	QLD		
M55	AR	Wayne Marriott	NSW	2m 04.87s	2012	W45	AR	Robyn Suttor	NSW	2m 00.02s	2014
		Stuart Paterson	NSW					Gianna Mogentale	NSW		
		John Fienieg	NSW					Caroline Layt	NSW		
		Peter Sandery	SA					Janet Naylon	NSW		
M60	AR	Victor Ramondetta 62	NSW	1m 56.12s	2017	W50	AR	Gianna Mogentale 53	NSW	1m 57.02s	2017
		Wayne Marriott 62	NSW					Julie Brims 51	QLD		
		Peter Crombie 72	NSW					Janet Naylon 50	NSW		
		John Fienieg 62	NSW					Philipa Wight 53	NSW		