



AMA 20KM WALK CHAMPIONSHIPS ADELAIDE SOUTH AUSTRALIA

Sunday 11th August 10.00am Start

Entry Fee \$20

Entries Close Sunday 4th August

Contact: George White gwhite@adam.com.au Mob 0419 348 888, Tel 08 8178 0639

Venue: South Parklands, Adelaide Harriers Clubrooms, corner of South Terrace and Peacock Road

– see next page - 10 laps of 2km.

Pay by Electronic Funds Transfer. Pay funds to SA Masters Athletics, BSB 015 259, Account 458951668. Include your full name in the reference field and forward a completed entry form by email to George White gwhite@adam.com.au

Receipt Number if paying by EFT.....

You may also enter by completing this paper form and sending with a cheque made out to SA Masters Athletics, to G White, 12A Gulfview Road, Blackwood, SA 5051.

Surname: First Name:

Male..... Female.....

Address:

.....Postcode.....

Telephone Email:.....

Date of Birth: Age on August 11th 2019.....

Emergency contact..... Phone.....

MEDICAL Do you suffer from any medical condition that could result in unconsciousness (e.g. diabetes)? Are you on any **medication** or have **allergies** that medical staff should be aware of in the event that you become unconscious? If Yes, please write this information on a piece of paper and seal in an envelope with your name on the outside and **give to race organisers. It will be held in case of emergency.**

STATE/TERRITORY UNIFORM In entering this Championship I agree to wear my State/Territory uniform.

WAIVER

In entering this event I acknowledge and agree that I am fully aware of the risks and hazards inherent in participating in this event. I declare that I am in good health and that I will be properly conditioned for the event. I agree to assume all risks of loss, damage, and injury including death that I may sustain as a consequence of my participation. I release AMA and SAMA and its officers from any claims, actions, suits or demands of whatever nature, arising out of or related in any way to my participation in this event.

Signature	Date
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PRIVACY STATEMENT

We respect the confidentiality and security of your personal information and we are committed to protecting it at all times. By completing this entry form you consent to our use and disclosure of your personal information as outlined in our Privacy Policy. You can get more information on our Privacy Policy by contacting George H White on 08 8178 0639 or at gwhite@adam.com.au

Important Information

Eligibility to Compete

To compete in AMA Championships, an athlete must be registered as a member of a State or Territory Club and the Club uniform must be worn during competition. Failure to wear the correct uniform may result in disqualification.

Age Groups

The Championship is conducted in five year age groups starting at 30 years, and medals are awarded in each age group. Your age group is determined by your **age on the day of competition** (11th August 2019).

Confirmation of entries

Confirmation of accepted entries and the events entered will be provided by email to entrant or the State Secretary if no email address is given.

