

Throws Championship Winners

Year	Event	Men	Age	State	Women	Age	State
1999	Javelin	Peter O'Brien	M30	ACT	Mary Thomas	W50	NSW
2000	Discus	James Davis	M65	QLD	Chris Schultz	W45	VIC
2001	Hammer	Ken Readwin	M60	VIC	Marja-Leena Parvianen	W55	NSW
2002	Shot Put	Ted Vickers	M80	QLD	Mary Thomas	W55	NSW
2003	Weight	Bob Banens	M50	ACT	Raema McMillan	W75	WA
2004	Javelin	Bob Watson	M60	NSW	Mary Thomas	W55	NSW
2005	Discus	Warren Evans	M30	QLD	Lynne Smith	W30	NSW
2006	Hammer	Graeme Rose	M60	VIC	Tatiana Sudarikova	W30	NSW
2007	Shot Put	Stuart Gyngell	M40	NSW	Lisa Kirsch	W55	TAS
2008	Weight	Graeme Rose	M65	VIC	Raylea Rudov	W60	ACT
2009	Javelin	Andrew Atkinson-Howatt	M50	NSW	Mary Thomas	W60	NSW
2010	Discus	Mark Hamilton	M35	WA	Raema McMillan	W80	WA
2011	Hammer	Peter Neale	M40	VIC	Jill Taylor	W55	NSW
2012	Shot Put	Keith James	M70	NSW	Joanne Pronk	W55	QLD
2013	Weight	Greg Urbanowicz	M30	WA	Dorn Jenkins	W55	VIC
2014	Javelin	Darrin Norwood	M30	QLD	Cathy McKeown	W40	TAS
2015	Discus	Jamie Muscat	M35	NSW	Mary Thomas	W70	NSW
2016	Hammer	Jim Davis	M80	WA	Gabi Watts	W50	NSW
2017	Shot put	Darrin Norwood	M35	QLD	Wilma Perkins	W65	QLD
2018	Weight	Jo Peters	M60	WA	Dorn Jenkins	W60	VIC