

MA CHAMPIONSHIP RECORDS as at 8 January 2018

* indicates 2015/16 changes

AGE	N A M E	STATE	TIME	YEAR	AGE	NAME	STATE
	60 METRES		MEN			60 METRES	
M30	**ROBERT VIDLER	VIC	6.96s	2011	W30	**FIONA CULLEN	QLD
M35	**ROBERT VIDLER	VIC	7.21s	2012	W35	WENDY SEEGRS	WA
M40	ASHLEY MCMAHON	NSW	7.21s	2017	W40	**GIANNA MOGENTALE	NSW
M45	GREGORY SMITH	NSW	7.44s	2017	W45	**JULIE BRIMS	QLD
M50	RUDY KOCIS	WA	7.59s	2012	W50	**JULIE BRIMS	QLD
M55	GARRY RALSTON	WA	7.77s	2012	W55	**JULIE FORSTER	NSW
M60	KEITH HOWDEN	VIC	8.13s	2009	W60	WENDY SHEAVES-DORAN	QLD
M65	**ROB MCDONALD	QLD	8.10s	2010	W65	**EVELYN PEAKE	SA
M70	**GLEN WILSON	QLD	8.41s	2011	W70	ANNETTE HORSNELL	QLD
M75	**HUGH COOGAN	QLD	8.92s	2011	W75	ANN COOPER	SA
M80	RICHARD HUGHES	NSW	9.47s	2012	W80	**GWENDOLIN GLEESON	ACT
M85	RICHARD HUGHES	NSW	10.71s	2017	W85	**GWENDOLIN GLEESON	ACT
M90	**JIM SINCLAIR	VIC	12.12s	2015			
	100 METRES					100 METRES	
M30	ROBERT VIDLER	VIC	11.05s	2011	W30	LORRAINE GRAINGER	NSW
M35	JOHN DUBLEWICZ	NSW	10.9s	1991	W35	D. IRWIN	VIC
M40	REG AUSTIN	NSW	11.12s	1981	W40	GIANNA MOGENTALE	NSW
M45	HAL THOMAS	SA	11.56s	1981	W45	JULIE BRIMS	QLD
M50	**LLOYD SNELLING	SA	11.56s	1981	W50	**JULIE FORSTER	NSW
M55	HAL THOMAS	SA	11.63s	1992	W55	JULIE FORSTER	NSW
M60	**BERNIE HOGAN	QLD	12.15s	1981	W60	**ANN COOPER	SA
M65	JOHN COOPER	QLD	12.68s	2006	W65	DAPHNE PIRIE	QLD
M70	**BOB WISHART	VIC	13.28s	2012	W70	ANNETTE HORSNELL	QLD
M75	HUGH COOGAN	QLD	13.98s	2012	W75	**ANN COOPER	SA
M80	**LEO COFFEY	VIC	15.27s	2011 *	W80	CORY COLLINS	ACT
M85	RICHARD HUGHES	NSW	17.45s	2017	W85	**GWEN GLEESON	ACT
M90	JAMES SINCLAIR	VIC	20.30s	2015	W90	**MARGARET PROWSE	VIC
	200 METRES					200 METRES	
M30	MARK ROSENBERG	NSW	22.13s	1994	W30	MELISSA MEDLICOTT	NSW
M30	JAY STONE	NSW	22.13s	2013			
M35	KEVIN SILVER	QLD	22.29s	1987	W35	MELISSA MEDLICOTT	NSW
M40	BRENDON WILSON	SA	22.54s	1983	W40	JULIE BRIMS	QLD
M45	REG AUSTIN	NSW	22.6s	1984	W45	**JULIE BRIMS	QLD
M50	**REG AUSTIN	NSW	23.1s	1987	W50	**JULIE BRIMS	QLD
M55	REG AUSTIN	NSW	24.26	1994	W55	JULIE FORSTER	NSW
M60	REG AUSTIN	NSW	24.93s	1999	W60	**ANN COOPER	SA
M65	JOHN COOPER	QLD	26.17s	2004	W65	**MARGE ALLISON	QLD
M70	PETER CROMBIE	NSW	27.16s	2016	W70	MARGE ALLISON	QLD
M75	**HUGH COOGAN	QLD	28.83s	2011	W75	ANN COOPER	SA
M80	**MIKE JOHNSTON	VIC	31.82s	2002 *	W80	CORY COLLINS	ACT
M85	**RICHARD HUGHES	NSW	35.13s	2017	W85	**GWEN GLEESON	ACT
M90	JIM SINCLAIR	VIC	43.69s	2015			
	400 METRES					400 METRES	
M30	**MARK ROSENBERG	NSW	48.35s	1994	W30	**GLENDA DOUGLASS	NSW
M35	ROBERT MCCUBBIN	VIC	49.46s	2002	W35	MARIE KAY	NSW
M40	**ROBERT MCCUBBIN	VIC	49.33s	2004	W40	JUDY POLLOCK	VIC
M45	ANDREW WILCOX	VIC	51.36s	2015	W45	JANELLE DELANEY	NSW
M50	LLOYD SNELLING	SA	52.5s	1981	W50	MARGE ALLISON	NSW
M55	**TREVOR YOUNG	NSW	54.63s	2016	W55	BARBARA BLURTON	WA
M60	**PETER CROMBIE	NSW	56.85s	2005	W60	MARGE ALLISON	NSW
M65	COLIN BUYERS	QLD	59.85s	2009 *	W65	JEANETTE FLYNN	QLD
M70	HUGH COOGAN	QLD	62.17s	2006	W70	ANNE STOBAUS	VIC
M75	HUGH COOGAN	QLD	65.88s	2012	W75	CORRINE COLLINS	ACT
M80	DAVID CARR	WA	72.83s	2013 *	W80	CORRINE COLLINS	ACT
M85	**RICHARD HUGHES	NSW	85.63s	2017	W85	**MARGARET PROWSE	VIC
M90	**JIM SINCLAIR	VIC	1m 51.93s	2015			
	800 METRES					800 METRES	
M30	**PAUL SCHNYDER	VIC	1m 55.40s	1997	W30	DEBBIE LANGE	SA
M35	BRETT HALLS	NSW	1m 53.96s	2013	W35	ANNE HOLCOMBE	VIC
M40	ROBERT MCCUBBIN	VIC	1m 55.88s	2004	W40	**SUZY COLE	TAS
M45	KEITH WHEELER	WA	2m 00.0s	1989	W45	BARBARA BLURTON	VIC
M45	ROBERT SCHWERKOLT	VIC	2m 00.00s	2011	W50	JENNY FLYNN	QLD
M50	TOM ROBERTS	VIC	2m 00.7s	1984	W55	BARBARA BLURTON	WA
M55	PAUL CRITCHLEY	NSW	2m 06.55s	1998	W60	JAN MORREY	VIC
M60	DAVID CARR	WA	2m 16.28s	1993 *	W65	JENNY FLYNN	QLD
M65	ALAN BRADFORD	QLD	2m 22.15s	2004	W70	ANNE STOBAUS	VIC
M70	DAVID CARR	WA	2m 29.64s	2004 *	W75	JEANNE BRYAN	VIC

M75	DAVID CARR	WA	2m 38.5s	2009 *	W80	CORY COLLINS	ACT
M80	DAVID CARR	WA	2m 54.83s	2013	W85	**MARGARET PROWSE	VIC
M85	RICHARD HUGHES	NSW	3m 48.89s	2017			
M90	**ALEX PITTENDRICH	QLD	4m 28.2s	1997			
	1500 METRES					1500 METRES	
M30	BRENDAN GRAY	QLD	4m 06.17s	2004	W30	T. BELL	NSW
M35	BRETT HALLS	NSW	3m 58.35s	2016	W35	MARCIA SHEER	SA
M40	**ALBIE THOMAS	NSW	3m 55.4s	1975	W40	**SUZY COLE	TAS
M45	**KEITH WHEELER	WA	4m 02.1s	1989	W45	DOT BROWNE	VIC
M50	RON YOUNG	VIC	4m 20.95s	1981	W50	JENNY FLYNN	QLD
M55	JACK RYAN	VIC	4m 27.2s	1982	W55	ROBYN BASMAN	NSW
M60	BERT CARSE	WA	4m 40.11s	2002	W60	JEANETTE FLYNN	QLD
M65	DONALD MATHEWSON	NSW	4m 51.60s	2011	W65	LAVINIA PETRIE	VIC
M70	JOHN GILMOUR	WA	5m 10.2s	1991	W70	LAVINIA PETRIE	VIC
M75	RANDALL HUGHES	VIC	5m 32.09s	1999 *	W75	JEANNE BRYAN	VIC
M80	DAVID CARR	WA	6m 31.59s	2014 *	W80	**JUNE MCINTYRE	NT
M85	KEN MATCHETT	VIC	8m 51.48s	2007			
M90	ALEX PITTENDRICH	QLD	11m 04.39s	1998			
	5000 METRES					5000 METRES	
M30	PAUL WILSON	VIC	15m 08.60s	2002	W30	BILLINDA SCHIPP	NSW
M35	**GARY HAND	ACT	14m 36.8s	1985	W35	MARCIA SHEER	SA
M40	ALBIE THOMAS	NSW	14m 50.8s	1975	W40	GLENDA BANAGHAN	QLD
M45	DAVE POWER	NSW	15m 33.6s	1975	W45	**DOT BROWNE	VIC
M50	JIM LANGFORD	WA	16m 02.7s	1996	W50	**BRONWEN CARDY	VIC
M55	JOHN GILMOUR	WA	16m 28.3s	1975	W55	BRONWEN CARDY	VIC
M60	JOHN GILMOUR	WA	16m 38.3s	1982	W60	LAVINIA PETRIE	VIC
M65	JOHN GILMOUR	WA	17m 44.4s	1986	W65	LAVINIA PETRIE	VIC
M70	JOHN GILMOUR	WA	18m 47.0s	1990	W70	**LAVINIA PETRIE	VIC
M75	**RANDALL HUGHES	VIC	20m 18.04s	1999	W75	**SHIRLEY YOUNG	VIC
M80	BILL BURRIDGE	NSW	24m 39.08s	2006 *	W80	JUNE MCINTYRE	NT
M85	**IRWIN BARRETT-LENNARD	WA	28 50.90s	2015			
	10,000 METRES					10,000 METRES	
M30	PAUL WILSON	VIC	31m 50.16s	2002	W30	**BILLINDA SCHIPP	NSW
M35	**ERIC COYLE	TAS	29m 58.6s	1985	W35	DESIREE LETHERBY	SA
M40	STEVE AUSTIN	VIC	30m 23.18s	1992	W40	DOT BROWNE	VIC
M45	DAVE POWER	NSW	32m 10s	1974	W45	**BRONWEN CARDY	VIC
M50	DAVID SWEENEY	QLD	33m 03.74s	2015	W50	THERESIA BAIRD	VIC
M55	JOHN GILMOUR	WA	34m 19s	1976	W55	**BRONWEN CARDY	VIC
M60	JOHN GILMOUR	WA	35m 10s	1980	W60	LAVINIA PETRIE	VIC
M65	PETER SANDERY	SA	37m 40.41	2007	W65	LAVINIA PETRIE	VIC
M70	JOHN GILMOUR	WA	39m 49s	1990	W70	**LAVINIA PETRIE	VIC
M75	**RANDALL HUGHES	VIC	43m 05.41s	2000	W75	SHIRLEY YOUNG	VIC
M80	**BILL BURRIDGE	NSW	50m 23.45s	2006			
M85	**KEN MATCHETT	VIC	60m 52.92s	2007			
	HALF MARATHON					HALF MARATHON	
M30	ANDREW ALLISON	TAS	1h 15m 06s	2010	W30	KAREN WATSON	TAS
M35	PATRICK NISPEL	QLD	1h 12m 03s	2017	W35	SHILOH WATTS	QLD
M40	NEIL PEARSON	NSW	1h 13m 30s	2015	W40	SANDRA PROSENICA	VIC
M45	BRUCE GRAHAM	ACT	1h 13m 05s	2010	W45	GLENDA BANAGHAN	QLD
M50	BRUCE GRAHAM	ACT	1h 16m 54s	2016	W50	DONNA DEW	VIC
M55	RON PETERS	QLD	1h 18m 20s	2013	W55	LOUISA ABRAM	QLD
M60	RON PETERS	QLD	1h 18m 53s	2016	W60	JANET UPCHER	TAS
M65	REX WAGNER	TAS	1h 28m 11s	2016	W65	LAVINIA PETRIE	VIC
M70	BARRY BROOKS	VIC	1h 32m 45s	2012	W70	LAVINIA PETRIE	VIC
M75	ALLAN WAREHAM	NSW	2h 07m 14s	2015			
M80	BILL PAGE	VIC	2h 00m 04s	2011			
M85	GORDON MCKEOWN	VIC	3h 06m 09s	2010			
	MARATHON					MARATHON	
M30	STEVE EVANS	?	2h 27m 25s	1995	W30	CAROL EY	ACT
M35	GARRY HAND	ACT	2h 23m 38s	1985	W35	SUSAN HOBSON	ACT
M40	**GARRY HAND	ACT	2h 19m 00s	1987	W40	JOANNE COWAN	NSW
M45	BILL RAIMOND	NSW	2h 29m 07s	1982	W45	**BEV LUCAS	SA
M50	TONY LARKUM	NSW	2h 36m 30s	1991	W50	BEV LUCAS	SA
M55	JOHN GILMOUR	WA	2h 40m 56s	1978	W55	JANET UPCHER	TAS
M60	JOHN SHAW	QLD	2h 45m 19s	2016	W60	MARIE O'DONOVAN	NSW
M65	**COLIN MCLEOD	QLD	2h 54m 41s	2003	W65	**LAVINIA PETRIE	VIC
M70	COLIN MCLEOD	QLD	3h 04m 07s	2006	W70	LESLEY LE VALLIANT	QLD
M75	RANDALL HUGHES	VIC	3h 40m 47s	1999	W75	NORMA WALLETT	NSW
M80	KEN MATCHETT	VIC	5h 17m 41s	2003			
M85	KEN MATCHETT	VIC	5h 25m 19s	2007			
	3000 METRES STEEPLECHASE					2 km STEEPLECHASE	

M30	BRENDAN GRAY	QLD	10m 05.24s	2004	W30	MARY FIEN	NSW
M35	JEFF BRODERICK	VIC	9m 13s	1991	W35	MARY FIEN	NSW
M40	DOUG WORLING	QLD	9m 31.6s	1975	W40	ELAINE COOPER	ACT
M45	DOUG WORLING	QLD	9m 50.66s	1981 *	W45	**SHARON PEDERSEN	VIC
M50	ALAN BRADFORD	QLD	10m 15.1s	1991	W50	JANUS WRIGHT	VIC
M55	ALAN BRADFORD	QLD	10m 29.16s	1994	W55	**ANTOINETTE SHAW	WA
	2 km STEEPLECHASE		new height	30"	W60	MARGARET SAUNDERS	WA
M60	ALAN BRADFORD	QLD	7m 05.51s	1999	W65	**GILLIAN YOUNG	WA
M65	ALAN BRADFORD	QLD	7m 28.46s	2004	W70	**ANNE LANG	SA
M70	**ALAN BRADFORD	QLD	8m 20.95s	2009 *	W75	LYNNE SCHICKERT	WA
M75	**DAVID CARR	WA	8m 56.59s	2008			
M80	DAVID CARR	WA	9m 52.23s	2014			
M85	KEN MATCHETT	VIC	13m 23.05s	2007			
	110 METRES HURDLES .991m/3'					100 METRES HURDLES	.840
M30	GREG EYEARS	NSW	14.76s	2014	W30	EILEEN HINDLE	WA
M35	**TERRY BALDWIN	VIC	15.10s	1998	W35	EILEEN HINDLE	WA
M40	CONRAD BURGE	ACT	15.5s	1991		80 METRES HURDLES	.762
M45	**HARRY GILES	QLD	15.5s	1990	W40	EILEEN HINDLE	WA
	100 METRES HURDLES .914m/3'				W45	LENORE LAMBERT	NSW
M50	MICK STEVENSON	TAS	15.2s	1991	W50	**SALLY STAGLES	NSW
M55	**HARRY GILES	QLD	15.42s	1994	W55	MICHELE HOSSACK	VIC
	100 METRES HURDLES .840m/2'9"					80 METRES HURDLES	.686
M60	HARRY GILES	QLD	16.68s	2005	W60	MARGARET TAYLOR	ACT
M65	MICK STEVENSON	TAS	16.95s	2007	W65	MARGARET TAYLOR	ACT
	80 METRES HURDLES .762m/2'6"				W70	ANNA ZEITZEN-VANDERBURG	VIC
M70	**MICK STEVENSON	TAS	14.13s	2011 *	W75	FRAN HARRIS	ACT
M75	**FRED O'CONNOR	NSW	15.78s	1999			
M80	**FRED O'CONNOR	NSW	18.64s	2005			
M85	STAN STANKOVIC	VIC	34.62s	2008			
	400 METRES HURDLES .914m/3'					400 METRES HURDLES	.762
M30	STEPHEN RAE	TAS	55.72s	2011	W30	**GLENDA DOUGLASS	NSW
M35	HARRYGILES	QLD	56.09s	1981	W35	JANETTE VAN DEN BULK	VIC
M40	HARRYGILES	QLD	56.73s	1988	W40	STACEY QUITZAU	NSW
M45	HARRYGILES	QLD	58.8s	1990 *	W45	**LENORE LAMBERT	NSW
	JOHN MOLLOY	WA	58.8s	1996		300 METRES HURDLES	.762
	400 METRES HURDLES .840m/2'9"				W50	MICHELE HOSSACK	VIC
M50	HARRY GILES	QLD	62.14s	1994	W55	**MICHELE HOSSACK	VIC
M55	**RICHARD TREMBATH	VIC	62.60s	1999		300 METRES HURDLES	.686
	300 METRES HURDLES .762m/2'6"				W60	MARGE ALLISON	NSW
M60	RICHARD TREMBATH	VIC	45.24s	2003	W65	**FRANCES HARRIS	ACT
M65	JOHN LAMB	NSW	49.05s	2015		200 METRES HURDLES	.686
	300 METRES HURDLES .686m/2'3" from 2000				W70	FRAN HARRIS	WA
M70	MICK STEVENSON	TAS	53.32s	2012			
M75	MICK STEVENSON	TAS	58.46s	2016			
M80	**FRED O'CONNOR	NSW	66.33s	2004			
	300 METRES HURDLES .686m/2'3"						
M80	RAD LEOVIC	ACT	63.25s	2011			
	200 METRES HURDLES .686m/2'3"						
M80	**OSMO MILLRIDGE	NSW	44.11s	2012			
M85	**OSMO MILLRIDGE	NSW	52.22s	2017			
	1500m TRACK WALK					1500m TRACK WALK	
M30	**KIM MOTTROM	SA	6m 04.50s	2017	W30	JUSTIJANA ROSEMAN	VIC
M35	AARON MCDONOUGH	VIC	7m 00.62s	2012	W35	KYLIE IRSHAD	VIC
M40	DEAN NIPPERESS	QLD	6m 06.67s	2014 *	W40	CHERYL WEBB	NSW
M45	JAMES CHRISTMASS	VIC	6m 27.58s	2014	W45	ANN STAUNTON-JUGOVIC	ACT
M50	MARK DONAHOO	VIC	6m 41.86s	2011	W50	PAM TINDAL	VIC
M55	PETER BENNETT	QLD	6m 48.21s	2011	W55	PAM TINDAL	VIC
M60	COLIN HEYWOOD	NT	7m 08.43s	2015	W60	HEATHER CARR	VIC
M65	ANDREW JAMIESON	VIC	7m 15.85s	2015	W65	HEATHER CARR	VIC
M70	**RALPH BENNETT	VIC	8m 00.40s	2012	W70	GWEN STEED	VIC
M75	BOB GARDINER	VIC	8m 35.84s	2012 *	W75	RUTH JOHNSON	WA
M80	**OSMO MILLRIDGE	NSW	9m 54.62s	2012	W80	CHRISTIANE DAUPHINET	QLD
M85	OSMO MILLRIDGE	NSW	11m 33.20s	2017	W85	HEATHER LEE	NSW
M90	**PETER KENNEDY	WA	16m 11.60s				
	5km TRACK WALK					5km TRACK WALK	
M 30	IGNACIO JIMENEZ	QLD	22m 55.1s	1995	W30	MIRIAM HARDING	ACT
M 35	DAVID SMITH	QLD	20m 43.8s	1995	W35	KELLY RUDDICK	VIC
M 40	DAVID SMITH	QLD	21m 26.18s	1998	W40	LYN VENTRIS	WA
M 45	JOHN SMITH	NSW	22m 32s	1984	W45	LYN VENTRIS	WA
M 50	ANDREW JAMIESON	VIC	23m 15.65s	1999	W50	**LYN VENTRIS	WA
M 55	BOB GARDINER	VIC	23m 40.1s	1991	W55	HEATHER CARR	VIC

M 60	ANDREW JAMIESON	VIC	23m 40.81s	2009	W60	**HEATHER CARR	VIC
M 65	ANDREW JAMIESON	VIC	24m 54.01s	2015	W65	BRENDA RILEY	VIC
M 70	**TOM DAINTRY	VIC	27m 01.8s	1982	W70	**JEAN ALBURY	TAS
M 75	TOM DAINTRY	VIC	28m 43.86s	1987	W75	JEAN ALBURY	VIC
M 80	TOM DAINTRY	VIC	30m 42.80s	1992	W80	NANCE JEFFREYS	VIC
M 85	**GUS THEOBALD	VIC	33m 14.2s	1982	W80	CHRISTIANE DAUPHINET	QLD
M 90	**GUS THEOBALD	VIC	35m 10s	1987	W85	HEATHER LEE	NSW
	10km ROAD WALK (Best times, not records)					10 KM ROAD WALK (Best times, not records)	
M30	KIM MOTTROM	SA	47m 42s	2017	W30	LORRAINE JACHNO	ACT
M35	AARON MCDONOUGH	VIC	51m 07s	2012	W35	KELLY RUDDICK	VIC
M40	DEAN NIPPERESS	QLD	49m 39s	2012	W40	**LYN VENTRIS	WA
M45	IGNACIO JIMENEZ	QLD	49m 27s	2011	W45	LYN VENTRIS	WA
M50	MARK DONAHO	VIC	50m 38.3s	2010	W50	**LYN VENTRIS	WA
M55	COLIN HEYWOOD	ACT	50m 17s	2011	W55	HEATHER CARR	VIC
M60	ANDREW JAMIESON	VIC	50m 02s	2011	W60	**HEATHER CARR	VIC
M65	ANDREW JAMIESON	VIC	53m 44s	2014	W65	BRENDA RILEY	VIC
M70	RALPH BENNETT	VIC	56m 29s	2012	W70	**JEAN ALBURY	TAS
M75	**BOB GARDINER	VIC	59m 55s	2012	W75	LORNA THOMPSON	QLD
M80	RICHARD KEATINGE	QLD	1h 11m 10.5s	2003	W75	CHRISTIANE DAUPHINET	QLD
M85	RICHARD KEATINGE	QLD	1h 20m 12s	2009	W80	NANCE JEFFREYS	VIC
					W85	**HEATHER LEE	NSW
	20km ROAD WALK (Best times, not records)					20km ROAD WALK (Best times, not records)	
M30	RICHARD EVERSON	SA	1h 42m 44s	1998		unclaimed	
M35	CHRIS LOCKWOOD	NSW	1h 37m 03s	2001	W35	SARAH BRENNAN	VIC
M40	GEORGE WHITE	VIC	1h 37m 53s	1990	W40	KELLY RUDDICK	VIC
M45	JOHN SMITH	NSW	1h 37m 16s	1984	W45	DONNA ELMS	VIC
M50	ANDREW JAMIESON	VIC	1h 38m 58s	1997	W50	LYNETTE VENTRIS	WA
M55	ANDREW JAMIESON	VIC	1h 39m 44s	2006	W55	BARBARA BRYANT	VIC
M60	ANDREW JAMIESON	VIC	1h 38m 18s	2007	W60	HEATHER CARR	VIC
M65	RUSSELL DICKENSON	VIC	1h 55m 33s	2011	W65	HEATHER CARR	VIC
M70	RALPH BENNETT	VIC	1h 57m 35s	2012	W70	MARLAINE STANWAY	VIC
M75	TOM DAINTRY	VIC	2h 06m 40s	1987	W75	MARGARET BEAUMONT	VIC
M80	A. WARBURTON	VIC	2h 58m 57s	1988			
M85	GUS THEOBALD	VIC	2h 28m 24s	1983			
M90	**GUS THEOBALD	VIC	2h 34m 01s	1987			
	HIGH JUMP					HIGH JUMP	
M30	TERRY BALDWIN	VIC	1.90m	1994	W30	**LYNETTE SMITH	NSW
M35	CLAYTON TOMPKINS	NSW	1.85m	1988	W35	LYNETTE SMITH	NSW
M40	**GRAEME MORRISH	VIC	1.95m	1982	W40	DEANN MAYFIELD	QLD
M45	BEN DICKSON	QLD	1.78m	2011	W45	LENORE LAMBERT	NSW
M50	JOHN HUNT	ACT	1.74m	1992	W50	**MARIE KAY	QLD
M55	JOHN HUNT	ACT	1.68m	1997	W55	**MARGARET TAYLOR	ACT
M55	CLAYTON TOMPKINS	NSW	1.68m	2008	W60	MARGARET TAYLOR	ACT
M60	**CLAYTON TOMPKINS	NSW	1.61m	2013	W65	MARGARET TAYLOR	ACT
M65	JOHN SEARLE	NSW	1.46m	2014	W70	**GWEN DAVIDSON	VIC
M70	**ALAN ROLFE	QLD	1.41m	1999	W75	GWEN DAVIDSON	VIC
M75	**GORDON GOURLAY	VIC	1.33m	2005			
M80	VIC YOUNGER	QLD	1.17m	1994			
M80	TOM HANCOCK	VIC	1.17m	2017			
M85	VIC YOUNGER	QLD	1.05m	1998			
M90	**VIC YOUNGER	VIC	0.95m	2004			
	LONG JUMP					LONG JUMP	
M30	TERRY BALDWIN	VIC	6.46m	1994	W30	**JITKA HISCOX	NSW
M35	CLAYTON TOMPKINS	NSW	6.73m	1986	W35	EILEN HINDLE	WA
M40	ROBERT LEHMANN	VIC	6.66m	2012	W40	HELEN SEARLE	NSW
M45	P. VALLANCE	NSW	6.26m	1991	W45	MARIE KAY	NSW
M50	GRAHAM TAYLOR	ACT	5.76m	1997	W50	**MARIE KAY	QLD
M55	DON FRASER	ACT	5.69m	1994	W55	**MARGARET TAYLOR	ACT
M60	DON FRASER	ACT	5.27m	1999	W60	MARGARET TAYLOR	ACT
M65	JOHN SEARLE	NSW	5.04m	2014	W65	**MARGARET TAYLOR	ACT
M70	DAVID CLIVE	WA	4.57m	2009	W70	PAT CARR	WA
M75	**DAVID CLIVE	WA	4.42m	2012	W75	MIRIAM CUDMORE	NSW
M80	**FRED O'CONNOR	NSW	3.60m	2004	W80	RUTH FRITH	NSW
M85	MAURICE DAUPHINET	QLD	2.98m	2011			
M90	ALEX PITTENDRICH	QLD	2.14m	1998			
	TRIPLE JUMP					TRIPLE JUMP	
M30	ROGER GROPP	VIC	13.10m	1997	W30	**MAREE BUJEJA	QLD
M35	CLAYTON TOMPKINS	NSW	14.19m	1988	W35	**MELISSA FOSTER	WA
M40	DEREK BOOSEY	QLD	14.01m	1987	W40	JULIE BRIMS	QLD
M45	NICK HODGSON	VIC	12.98m	2013	W45	MARGARET TAYLOR	ACT
M50	NICK HODGSON	VIC	12.70m	2016	W50	MARGARET TAYLOR	ACT

M55	KEN McCONNELL	TAS	12.19m	1980	W55	**MARGARET TAYLOR	ACT
M55	CLAYTON TOMPKINS	NSW	12.19m	2010	W60	MARGARET TAYLOR	ACT
M60	CLAYTON TOMPKINS	NSW	11.75m	2013	W65	**MARGARET TAYLOR	ACT
M65	KEN McCONNELL	TAS	10.58m	1990	W70	PAT CARR	WA
M70	**FRED O'CONNOR	NSW	9.85m	1994	W75	**MIRIAM CUDMORE	SA
M75	FRED O'CONNOR	NSW	8.92m	2000	W80	RUTH FRITH	NSW
M80	**FRED O'CONNOR	NSW	8.23m	2004			
M85	LEO COFFEY	VIC	6.23m	2016			
M90	ALEX PITTENDRICH	QLD	5.50m	1998			
	POLE VAULT					POLE VAULT	
M30	WARREN EVANS	QLD	3.65m	2005	W30	MONTSE ROS	NSW
M35	GEOFF GIBBONS	TAS	4.10m	2014	W35	IRIE HILL	VIC
M40	HOWARD ARBUTHNOT	QLD	4.20m	2011	W40	IRIE HILL	VIC
M45	BRUCE ARNOLD	QLD	3.70m	2000	W45	DAWN HARTIGAN	VIC
M50	BRUCE ARNOLD	QLD	3.65m	2005	W50	DAWN HARTIGAN	VIC
M55	GARVIN BROWN	QLD	3.20m	1986	W55	**DAWN HARTIGAN	VIC
M55	JIM POULTER	VIC	3.20m	1997	W60	**WILMA PERKINS	QLD
M55	WILLIAM TYLER	NSW	3.20m	2015	W65	**WILMA PERKINS	QLD
M60	KEN PRIESTLEY	VIC	3.20m	1999			
M65	ROB BARCLAY	VIC	3.10m	2004			
M65	GEORGE SCHILLINGER	VIC	3.10m	2015			
M70	ALBERT GAY	NSW	3.00m	2015			
M75	DON CHAMBERS	VIC	2.10m	2013			
M 80	**FRED O'CONNOR	NSW	1.90m	2004			
M 85	VIC YOUNGER	QLD	1.50m	1999			
	DISCUS THROW					DISCUS THROW	#W75+
M30	YOHAN AMERASEKERA	VIC	44.65m	2004	W30	CHRIS SCHULTZ	VIC
M35	STUART GYNGELL	NSW	48.71m	2003	W35	CHRIS SCHULTZ	VIC
M40	DARRON HAWORTH	QLD	50.65m	2011	W40	CHRIS SCHULTZ	VIC
M45	STUART GYNGELL	NSW	45.95m	2009	W45	CHRIS SCHULTZ	VIC
M50	STUART GYNGELL	NSW	50.78m	2014	W50	ISABELLE DENEFE	VIC
M55	WARWICK SELVEY	QLD	44.38m	1996	W55	CHRIS SCHULTZ	VIC
M60	RAY GREEN	ACT	49.66m	2005	W60	HEATHER DOHERTY	QLD
M65	WARWICK SELVEY	QLD	45.76m	2005	W65	**HEATHER DOHERTY	QLD
M70	TOM HANCOCK	VIC	38.92m	2011	W70	HEATHER DOHERTY	QLD
M75	ROY FOLEY	VIC	35.50m	1992	W75	**HEATHER DOHERTY	QLD
M80	TOM HANCOCK	VIC	31.10m	2017	W75	GWEN DAVIDSON	VIC
M85	**FELIKS JEKABSONS	QLD	25.28m	2008	W80	GWEN DAVIDSON	VIC
M90	MAURICE DAUPHINET	QLD	19.33m	2016	W80	HEATHER DOHERTY	QLD
					W85	RUTH FRITH	NSW
					W90	**RUTH FRITH	NSW
					W95	RUTH FRITH	QLD
					W100	RUTH FRITH	QLD
	SHOT PUT	#M80+ 3kg from 2005				SHOT PUT	#W75+
M30	YOHAN AMERASEKERA	VIC	13.87m	2004	W30	CHRIS SCHULTZ	VIC
M35	STUART GYNGELL	NSW	17.78m	2003	W35	CHRIS SCHULTZ	VIC
M40	STUART GYNGELL	NSW	17.68m	2008	W40	CHRIS SCHULTZ	VIC
M45	STUART GYNGELL	NSW	17.69m	2010	W45	CHRIS SCHULTZ	VIC
M50	STUART GYNGELL	NSW	17.97m	2014	W50	CHRIS SCHULTZ	VIC
M55	GRAEME ROSE	VIC	13.08m	2000	W55	HELEN SEARLE	NSW
M60	GEORGE MENCIK	ACT	13.69m	1994	W60	HELEN SEARLE	NSW
M65	LEO CHRISTOPHER	NSW	12.81m	2012	W65	HELEN SEARLE	QLD
M70	**LEO CHRISTOPHER	NSW	13.44m	2013	W70	HELEN SEARLE	QLD
M75	**JIM PERIDIS	VIC	11.64m	2001	W75	HELEN SEARLE	QLD
M80	TOM HANCOCK	VIC	11.53m	2017	W75	GWEN DAVIDSON	VIC
M85	FELIKS JEKABSONS	QLD	#9.10m	2008	W80	**RUTH FRITH	NSW
M90	MAURICE DAUPHINET	QLD	5.70m	2017	W80	RAEMA MCMILLAN	WA
					W85	RUTH FRITH	NSW
					W90	**RUTH FRITH	NSW
					W95	RUTH FRITH	QLD
					W100	RUTH FRITH	QLD
	HAMMER THROW	#M80+ 3kg from 2005				HAMMER THROW	#W75+
M30	DAVID ALLAN	QLD	57.10m	2005	W30	KARYNE DI MARCO	NSW
M35	RICARD MEIRING	NSW	60.34m	2014	W35	BYRONY GLASS	WA
M40	HANS LOTZ	VIC	57.26m	1990	W40	JAYNE HARDY	ACT
M45	HANS LOTZ	VIC	56.14m	1997	W45	SHARON GIBBONS	ACT
M50	BOB WAGNER	QLD	51.93m	2007	W50	**MARJA PARVIAINEN	NSW
M55	**KEN READWIN	VIC	49.34m	1996	W55	MARJA PARVIAINEN	NSW
M60	GRAEME ROSE	VIC	47.56m	2008	W60	HELEN SEARLE	QLD
M65	WIM VAN WEENEN	VIC	48.32m	1997	W65	**HELEN SEARLE	QLD
M70	WIM VAN WEENEN	VIC	46.99m	2004	W70	JAN BANENS	ACT

M75	ROY FOLEY	VIC	43.10m	1992	*	W75	JAN BANENS	ACT
M80	**WIM VAN WEENEN	VIC	#41.98m	2012		W75	GWEN DAVIDSON	VIC
M85	FELIKS JEKABSONS	QLD	#27.36m	2008		W80	**GWEN DAVIDSON	VIC
M90	MAX MCKAY	NSW	16.40m	2014		W80	VAL WORRELL	VIC
						W85	RUTH FRITH	NSW
						W90	**RUTH FRITH	NSW
						W95	RUTH FRITH	QLD
						W100	RUTH FRITH	QLD
	JAVELIN THROW		#Old Centre of Gravity			JAVELIN THROW	***500g	#Old C
M30	ANDREW CURREY	NSW	77.65m	2001		W30	LYNETTE SMITH	NSW
						W30	MARY THOMAS	NSW
M35	MANFRED ROHKAMPER	VIC	#60.70m	1990		W35	JAYNE HARDY	ACT
						W35	MARY THOMAS	NSW
M40	JOHN KAY	NSW	61.78m	2001		W40	JAYNE HARDY	ACT
						W40	MARY THOMAS	NSW
M45	JOHN KAY	NSW	57.18m	2006		W45	JAYNE HARDY	ACT
						W45	MARY THOMAS	NSW
M50	BOB BANENS	ACT	54.22m	2001		W50	**JAYNE HARDY	ACT
						W50	MARY THOMAS	NSW
M55	BOB BANENS	ACT	51.45m	2004		W55	**MARY THOMAS	NSW
M60	ANDREW FARR	VIC	45.93m	2012		W60	MARY THOMAS	NSW
M65	ANDREW FARR	VIC	41.16m	2016		W60	**JUNE LOWE	NSW
M70	**ERKKI SAARINEN	QLD	42.00m	2006		W65	HEATHER DOHERTY	QLD
M75	ERKKI SAARINEN	QLD	34.83m	2011	*	W65	CAROL DAVIS	QLD
M80	TOM HANCOCK	VIC	30.32m	2017		W70	**HEATHER DOHERTY	QLD
M85	KEVIN HOPKINS	NSW	21.32m	2004		W70	MARY THOMAS	NSW
M90	**MAURICE DAUPHINET	QLD	17.11m	2016		W75	**MIRIAM CUDMORE	SA
						W80	**RAEMA MCMILLAN	WA
						W85	RUTH FRITH	NSW
						W90	RUTH FRITH	NSW
						W95	RUTH FRITH	QLD
						W100	RUTH FRITH	QLD
	WEIGHT THROW					WEIGHT THROW		
M30	DAVID ALLAN	QLD	16.32m	2005		W30	**KARYNE DI MARCO	NSW
M35	**RICARD MEIRING	NSW	19.08m	2014		W35	BYRONY GLASS	WA
M40	GRANT EDWARDS	ACT	15.79m	2005		W40	JAYNE HARDY	ACT
M45	BOB WAGNER	QLD	15.76m	2005		W45	**GABI WATTS	NSW
M50	BOB WAGNER	QLD	19.64m	2007		W50	MARJA PARVIAINEN	NSW
M55	GRAEME ROSE	VIC	16.60m	2000		W55	HELEN SEARLE	NSW
M60	**GRAEME ROSE	VIC	19.03m	2006		W60	**HELEN SEARLE	NSW
M65	**WIM VAN WEENEN	VIC	18.57m	1997		W65	HELEN SEARLE	QLD
M70	WIM VAN WEENEN	VIC	16.79m	2004		W70	HELEN SEARLE	QLD
M75	RON SIMCOCK	NSW	14.81m	2011		W75	**VAL WORRELL	VIC
M80	WIM VAN WEENEN	VIC	15.48m	2012		W80	GWEN DAVIDSON	VIC
M85	JOHN FRASER	VIC	11.56m	2001		W80	VAL WORRELL	VIC
M90	MAX MCKAY	NSW	6.70m	2014		W85	RUTH FRITH	NSW
						W90	**RUTH FRITH	NSW
						W95	RUTH FRITH	QLD
						W100	RUTH FRITH	QLD
THROWS PENTATHLON (2010 Scoring) #new specs from 2005						THROWS PENTATHLON (2010 Scoring) #new spec		
M30	YOHAN AMERASEKERA	VIC	2980	2004		W30	**BYRONY GLASS	WA
M35	STUART GYNGELL	NSW	3611	2002		W35	BYRONY GLASS	WA
M40	**STUART GYNGELL	NSW	3946	2006		W40	**JAYNE HARDY	ACT
M45	**STUART GYNGELL	NSW	4199	2009		W45	CHRIS SCHULTZ	VIC
M50	**STUART GYNGELL	NSW	4072	2015		W50	MARJA PARVIAINEN	NSW
M55	GRAEME ROSE	VIC	4085	2001		W55	HELEN SEARLE	NSW
M60	**GRAEME ROSE	VIC	4242	2006		W60	**HELEN SEARLE	NSW
M65	**GRAEME ROSE	VIC	4325	2009		W60	**JUNE LOWE	NSW
M70	COLIN MURRAYLEE	QLD	4110	1999		W65	**HELEN SEARLE	QLD
M75	TOM HANCOCK	VIC	4132	2012		W65	BEV HAMILTON	WA
M80	TOM HANCOCK	VIC	4394	2017		W70	HELEN SEARLE	QLD
M85	**FELIKS JEKABSONS	QLD	#3897	2008		W70	MARY THOMAS	NSW
						W75	**HEATHER DOHERTY	QLD
						W80	RAEMA MCMILLAN	WA
						W85	RUTH FRITH	NSW
						W90	RUTH FRITH	NSW
						W95	RUTH FRITH	QLD
						W100	RUTH FRITH	QLD
	PENTATHLON w/DISCUS (2010 SCORING)					PENTATHLON w/SHOT from 2009		
M30	GEOFF GIBBONS	TAS	2938	2011		W30	**JITKA HISCOX	VIC
M35	PAUL JEFFERY	WA	3170	2012		W35	**LEONIE HOFFMAN	QLD

M40	GEOFF GIBBONS	TAS	3270	2017	W40	**LEE-ANNE GROSVENOR	QLD
M45	JOHN GORDON	NSW	*3784 3513	1993	W45	RACHEL LITTLE	VIC
M50	KEN DANIELS	ACT	*3519 3209	1989	W50	**DONNA BURGESS	VIC
M55	**DON FRASER	ACT	*4101 3619	1994	W55	CHRISTINE SHAW	NSW
M60	QUENTIN ANTHONY	ACT	*4221 3617	1992	W60	**MARGARET TAYLOR	ACT
M65	MIKE JOHNSTON	VIC	*4142 3325	1991	W65	**PEGGY MACLIVER	WA
					W65	**WILMA PERKINS	QLD
M70	MIKE JOHNSTON	VIC	*4269 3547	1993	W70	ANNE LANG	SA
M75	FRED O'CONNOR	NSW	*3139 3010	2001	W75	**MIRIAM CUDMORE	SA
M80	**FRED O'CONNOR	NSW	*3456 3247	2004		PENTATHLON w/DISCUS (2010 SCORING)	
M85	MAURICE DAUPHINET	QLD	2770	2011	W30	**LYNETTE SMITH	NSW
M90	**MAURICE DAUPHINET	QLD	2955	2016	W35	EILEEN HINDLE	WA
	* Original Scoring, otherwise 2010 scoring				W40	JAN HYNES	QLD
					W45	CHRIS BATTERSBY	VIC
					W50	CHRIS BATTERSBY	VIC
					W55	MARGARET TAYLOR	ACT
					W60	PAT CARR	WA
					W65	LYDIA WIDERA	VIC
					W70	GWEN DAVIDSON	VIC
	DECATHLON (2010 SCORING)				W80	**SHIRLEY BRASHER	TAS
M30	WARREN EVANS	QLD	6352	2003		* Original Scoring, otherwise 2010 scoring	
M35	GEOFF GIBBONS	TAS	6487	2015			
M40	**GEOFF GIBBONS	TAS	7022	2017			
M45	JUSTIN HANRAHAN	VIC	7216	2015		HEPTATHLON (2010 SCORING)	
M50	PETER MURRAY	NSW	5567	2015	W30	LEANNE MCMURDY	QLD
M55	NELSON VINEY	QLD	5192	2003	W35	JENNIFER BALDWIN	VIC
M60	GREG MAMALIS	NSW	5875	2003	W40	LEE-ANNE GROSVENOR	QLD
M65	**DON FRASER	ACT	6746	2005	W45	KAREN CARAH	VIC
M70	**DON FRASER	ACT	6503	2009	W50	WILMA PERKINS	QLD
M75	DON CHAMBERS	VIC	5498	2013	W55	**WILMA PERKINS	QLD
M80	RAD LEOVIC	ACT	3806	2009	W60	CAROL BOWMAN	WA
M90	**VIC YOUNGER	VIC	3217	2003	W65	KATHY HEAGNEY	VIC
	CHAMPION OF CHAMPIONS SPRINTS MEN					CHAMPION OF CHAMPIONS SPRINTS WOMEN	
1987	FRED TURNER M45	NSW	12.57s	SYD	1987	WILMA PERKINS W35	QLD
1988	HARRY GATHERCOLE M80	VIC	12.3s (110)	BRIS	1988	KAREN ADAMS W35	NSW
1994	ROY FEARNALL M50	WA	11.26s	SYD	1994	MAVIS COLLINS W75	QLD
1998	MICK PIRIE M65	QLD	?	BRIS	1998	NOREEN PARISH W55	NSW
1999	REG AUSTIN M60	NSW	10.52s	CANB	1999	J. CASEY W50	NSW
2000	JEFF KING M35	ACT	10.94s	HOB	2000	M. REID W45	ACT
2001	REG AUSTIN M60	NSW	10.46s	SYD	2001	LYNNE CHOATE W45	WA
2002	JOHN WIGHT M55	QLD	10.63s	ADEL	2001	WILMA PERKINS W50	QLD
2003	PETER CROMBIE M55	NSW	10.50s	PERTH	2002	ANN COOPER W70	SA
2004	DAVID CLIVE M67	WA	10.86s	MELB	2003	ANN COOPER W70	SA
2005	JOHN COOPER M65	QLD	10.20s	BRIS	2004	ANN COOPER W75	SA
2006	JOHN COOPER M66	QLD	10.42s	CANB	2005	WENDY SHEAVES/DORAN	QLD
2007	HUGH COOGAN M70	QLD	10.40s	HOB	2006	ANN COOPER W77	SA
2008	NEVILLE MCINTYRE M65	NSW	10.56s	SYD	2007	ANN COOPER W78	SA
2009	NEVILLE MCINTYRE M66	NSW	10.54s	ADEL	2008	GIANNA MOGENTALE W44	NSW
2010	ROB MCDONALD M66	QLD	10.33s	PERTH	2009	GIANNA MOGENTALE W45	NSW
2011	HUGH COOGAN M75	QLD	10.49s	BRIS	2010	GIANNA MOGENTALE W46	NSW
2012	HUGH COOGAN M76	QLD	10.21s	MELB	2011	GIANNA MOGENTALE W47	NSW
2013	ROB MCDONALD M70	QLD	10.46s	CANB	2012	GIANNA MOGENTALE W48	NSW
2014	ROB MAYSTON M56	VIC	10.73s	HOB	2013	GIANNA MOGENTALE W49	NSW
2015	DARREN HUGHES M50	NSW	10.44s	SYD	2014	GIANNA MOGENTALE W50	NSW
2016	PETER CROMBIE M70	NSW	10.56s	ADEL	2015	LYN PEAKE W65	SA
2016	ROB MAYSTON M59	VIC	10.56s	ADEL	2016	LYN PEAKE W66	SA
2017	BOB WISHART M75	VIC	10.41s	DARW *	2017	JULIE BRIMS W53	QLD
	CHAMPION OF CHAMPIONS THROWS MEN					CHAMPION OF CHAMPIONS THROWS WOMEN	
1999	P. O'BRIEN M30	ACT	73.06m (JAV)	ACT	1999	MARY THOMAS W50	NSW
2000	J. DAVIS M65	QLD	60.20m (DT)	HOB	2000	CHRIS SCHULTZ W45	VIC
2001	KEN READWIN M60	VIC	61.36m (HT)	SYD	2001	M. PARVIAINEN W55	NSW
2002	TED VICKERS M82	QLD	18.12m (SP)	ADEL	2002	MARY THOMAS W55	NSW
2003	BOB BANENS M50	ACT	20.37m (WT)	PERTH	2003	RAEMA MCMILLAN W75	WA
2004	BOB WATSON M62	NSW	59.95m (JAV)	MELB	2004	MARY THOMAS W59	NSW
2005	WARREN EVANS	QLD	51.80m (DT)	BRIS	2005	LYNETTE SMITH W30	NSW
2006	GRAEME ROSE M60	VIC	59.19m (HT)	CANB	2006	TATIANA SUDARIKOVA	NSW
2007	STUART GYNGELL M40	NSW	20.77m (SP)	HOB	2007	LISA KIRSCH	TAS
2008	GRAEME ROSE M60	VIC	18.21m (WT)	SYD	2008	RAYLEA RUDOV	ACT
2009	ANDREW ATKINSON-HOWATT M50	NSW	59.73m (JAV)	ADEL	2009	MARY THOMAS W60	NSW
2010	MARK HAMILTON M39	WA	51.06m (DT)	PERTH	2010	RAEMA MCMILLAM W82	WA
2011	PETER NEALE M43	VIC	47.64m (HT)	BRIS	2011	JILL TAYLOR	NSW
2012	KEITH JAMES M70	NSW	19.43m (SP)	MELB	2012	JOANNE PRONK W55	QLD

2013	GRZEGORZ URBANOWICZ M34	WA	21.67m (WT)	CANB	2013	DORN JENKINS W57	VIC
2014	DARRIN NORWOOD	QLD	(JAV)	HOB	2014	CATHY MCKEOWN	TAS
2015	JAMIE MUSCAT M35	NSW	57.82m (DT)	SYD	2015	MARY THOMAS W70	NSW
2016	JAMES DAVIS M80	WA	63.19m (HT)	ADEL	2016	GABI WATTS W50	NSW
2017	DARRIN NORWOOD M35	QLD	21.32m (SP)	DARW *	2017	WILMA PERKINS W67	QLD
ROYCE FOLEY TROPHY (Highest Points Winners in Weight Pentathlon - not to be won more than once in an age group)							
1996	GRAEME ROSE M50	VIC	4256	PERTH	1996	CHRIS SCHULTZ W45	VIC
1997	WIM VAN WEENEN M65	VIC	4516	MELB	1997	HEATHER DOHERTY W60	QLD
1998	TOM HANCOCK M60	VIC	4233	BRIS	1998	HELEN SEARLE W55	NSW
1999	COLIN MURRAYLEE M70	QLD	4484	CANB	1999	HEATHER DOHERTY W65	QLD
1999	GRAEME ROSE M55	VIC	4484	CANB			
2000	RAY GREEN M55	ACT	4070	HOB	2000	HELEN SEARLE W60	NSW
2001	BOB BANEN M50	ACT	4094	SYD	2001	RUTH FRITH W90	NSW
2002	WIM VAN WEENEN M70	VIC	4232	ADEL	2002	MARY THOMAS W55	NSW
2003	TOM HANCOCK M65	VIC	4295	PERTH	2003	GWEN DAVIDSON W80	VIC
2004	FELIKSS JEKABSONS M80	QLD	3985	MELB	2004	HEATHER DOHERTY W70	QLD
2005	COLIN MURRAYLEE M75	QLD	4272	BRIS	2005	RUTH FRITH W95	QLD
2006	GRAEME ROSE M60	VIC	4538	CANB	2006	HELEN SEARLE W65	QLD
2007	KEITH JAMES M65	NSW	4027	HOB	2007	JAN BANENS W65	ACT
2008	FELIKS JEKABSONS M85	QLD	4505	SYD	2008	JAYNE HARDY W45	ACT
2009	GRAEME ROSE M65	VIC	4766	ADEL	2009	HEATHER DOHERTY W75	QLD
2010	RAY GREEN M65	ACT	4126	PERTH	2010	RUTH FRITH W100	QLD
2011	STUART GYNGELL M45	NSW	4004	BRIS	2011	HELEN SEARLE W70	QLD
2012	TOM HANCOCK M70	VIC	4132	MELB	2012	JAN BANENS W70	ACT
2013	GUY QUARTERMAN M71	QLD	3644	CANB	2013	JAYNE HARDY W50	ACT
2014	STUART GYNGELL W50	NSW	3729	LAUN	2014	BEVERLEY SAVAGE W68	NZ
2015	RON SIMCOCK M75	NSW	3829	SYD	2015	MARY THOMAS W70	NSW
2016	TOM GRAVESTOCK M61	WA	3552	ADEL	2016	GABI WATTS W50	NSW
2017	TOM HANCOCK M80	VIC	4394	DARW *	2017	JAN BANENS W75	ACT
BRIAN FOLEY AWARD (Best Age-Graded 800m/1500m Performance)							
2009	DAVID CARR M76	WA	95.99%	ADEL			
2010	LAVINIA PETRIE W66	VIC	95.73%	PERTH			
2011	LAVINIA PETRIE W67	VIC	97.91%	BRIS			
2012	LORRAINE LOPES	WA	96.70%	MELB			
2013	LAVINIA PETRIE W69	VIC	99.45%	CANB			
2014	ALLAN COOK	VIC	95.54%	HOB			
2015	LAVINIA PETRIE W70	VIC	101.18%	SYD			
2016	DONALD MATHEWSON	NSW	91.84%	ADEL			
2017	JEANETTE FLYNN	QLD	95.62%	DARW			
Location of Australian Championships:							
	Melbourne	1973				Perth	1996
	Sydney	1974				Melbourne	1997
	Adelaide	1975				Brisbane	1998
	Brisbane	1976				Canberra	1999
	Perth	1977				Hobart	2000
	Melbourne	1978				Bankstown	2001
	Sydney	1979				Adelaide	2002
	Adelaide	1980				Perth	2003
	Brisbane	1981				Melbourne	2004
	Perth	1982				Brisbane	2005
	Melbourne	1983				Canberra	2006
	Canberra	1984				Hobart	2007
	Hobart	1985				Blacktown	2008
	Adelaide	1986				Adelaide	2009
	Sydney	1987				Perth	2010
	Brisbane	1988				Brisbane	2011
	Perth	1989				Melbourne	2012
	Melbourne	1990				Canberra	2013
	Canberra	1991				Hobart	2014
	Hobart	1992				Bankstown	2015
	Adelaide	1993				Adelaide	2016
	Sydney	1994				Darwin	2017
	Townsville	1995				Perth	2018
Compiled by Clyde Riddoch, AMA Records Officer, 40 Beauchamp Street, Preston Vic 3072							
Tel 03 9470 1490, Mobile 0439 902 907, Email clyderiddoch@msn.com							

**also Aust Record	
TIME	YEAR
WOMEN	
7.95s	2011
7.92s	2014
7.86s	2007
7.75s	2011
8.14s	2016
8.71s	2016
9.25s	2011
9.27s	2015
10.00s	2008
10.23s	2007
13.22s	2009
14.78s	2014
12.31s	1981
12.44s	1981
12.37s	2007
12.55s	2011
12.64s	2011
13.93s	2016
14.40s	1990
14.7s	1987
16.14s	2008
16.09s	2005
19.88s	2017
25.19s	2014
43.22s	2012
24.74s	1999
25.43s	2006
25.14s	2008
25.21s	2011
26.09s	2016
28.27s	2016
29.8s	1991
31.40s	2011
33.40s	2016
34.72s	2005
41.20s	2017
57.85s	2015
55.5s	1996
57.41s	1999
57.0s	1983
57.93s	2015
59.5s	1995
64.68s	2005
67.37s	2005
70.37s	2017
77.93s	2013
90.94s	2013
1m 42.75s	2017
2m 51.21s	2006
2m 14.3s	1986
2m 14.2s	1986
2m 10.48s	2010
2m 17.2s	1996
2m 18.07s	2005
2m 31.66s	2005
2m 41.20s	2003
2m 48.56s	2017
3m 10.49s	2012
3m 43.56s	2017

4m 21.52s	2017
6m 35.91s	2006
4m 43s	1983
4m 30.16s	1993
4m 31.63s	2012
4m 47.7s	1986
4m 49.04s	2004
5m 13.43s	2014
5m 35.48s	2013
6m 00.40s	2011
6m 12.92s	2015
7m 33.44s	2017
9m 09.49s	2017
17m 03.13s	2008
16m 42.74s	1994
17m 05.51s	2007
17m 33.3s	1986
17m 44.75s	2002
18m 52.64s	2007
19m 58.73s	2004
21m 09.72s	2010
21m 34.08s	2014
27m 56.65s	2005
34m 34.80s	2017
35m 07.4s	2008
35m 39s	1983
35m 41s	1983
36m 06.26s	2001
38m 00.32s	1992
37m 50.93	2007
42m 06.09s	2004
44m 07.82s	2010
44m 43.27s	2014
59m 06.37s	2005
1h 26m 01s	2013
1h 25m 27s	2017
1h 20m 43s	2010
1h 22m 34s	2011
1h 30m 44s	2012
1h 26m 35ss	2017
1h 39m 40s	2010
1h 38m 01s	2010
1h 37m 54s	2014
2h 50m 29s	1992
2h 32m 57s	1994
2h 44m 16s	1997
2h 43m 45s	1995
2h 49m 42s	1997
3h 18m 09s	2002
3h 20m 28s	1993
3h 28m 24s	2010
4h 34m 59s	2013
5h 29m 40s	2006
new height	30"

7m 24.74s	2007
7m 33.68s	2009
7m 17.61s	2001
7m 51.79s	2017
8m 34.25s	2001
8m 23.96s	2003
9m 26.96s	2016
10m 02.49s	2013
11m 03.03s	2013
17m 39.31s	2017
m/2'9"	
14.67s	1983
14.7s	1984
m/2'6"	
11.8s	1989
12.57s	2016
12.86s	2011
14.09s	2016
m/2'3" from 2000	
14.63s	2011
17.10s	2015
22.27s	2005
21.67s	2017
m/2'6"	
61.6s	1996
64.71s	2016
64.97s	2001
63.63s	2017
m/2'6"	
51.68s	2013
51.00s	2016
m/2'3" from 2000	
54.87s	2005
67.37s	2007
m/2'3"	
50.94s	2015
7m 58.30s	2010
6m 54.84s	2010
7m 11.20s	2017
7m 26.45s	2011
7m 04.54s	2010
7m 17.68s	2015
7m 21.20s	2010
7m 58.85s	2015
9m 17.63s	2013
10m 53.30s	2017
11m 32.7s	2011
11m 36.90s	2012
25m 46.9s	1988
22m 39.87s	2012
23m 55.5s	2001
23m 51.03s	2006
23m 37.78s	2007
26m 01.40s	2007

26m 29.26s	2010
27m 51.04s	2006
29m 42.75s	2000
35m 31.62s	2007
39m 04s	1990
39m 04.68s	2011
40m 36.43s	2013
47m 39s	1991
47m 57s	2012
47m 25s	2001
48m 34s	2006
48m 27s	2007
54m 33m	2007
54m 12s	2010
56m 53s	2006
62m 31s	2000
74m 53s	2005
74m 53s	2007
77m 35s	1990
80m 54s	2013
1h 49m 22s	2013
1h 36m 45s	2015
2h 21m 04s	2010
1h 39m 51s	2011
2h 00m 23s	2011
1h 56m 18s	2011
2h 07m 10s	2015
2h 33m 11s	2010
3h 01m 23s	2015
1.66m	2005
1.59m	2010
1.70m	2005
1.52m	2016
1.45m	2010
1.35m	2003
1.27m	2010
1.22m	2015
1.16m	1993
1.05m	2001
5.74m	1982
5.71m	1987
5.59m	1983
5.21m	2006
5.41m	2010
4.57m	2003
4.36m	2011
3.96m	2015
3.46m	2003
3.38m	2013
2.14m	1990
11.68m	2006
11.95m	2015
11.17m	2007
10.74m	1995
10.45m	2000

10.20m	2003
9.05m	2012
8.72m	2015
7.47m	2002
7.49m	2013
5.36m	1994
3.00m	2009
3.85m	2006
3.50m	2010
3.35m	2006
3.20m	2010
3.20m	2012
2.33m	2010
2.10m	2015
750gm from 2005	
48.12m	1984
47.36m	1986
44.42m	1991
43.00m	1996
37.60m	1986
32.35m	2006
31.78m	1994
30.74m	1999
25.30m	2005
#24.46m	2012
18.99m(1kg)	1999
15.05m(1kg)	2007
#19.33m	2015
13.34m(1kg)	1998
12.10m(1kg)	2000
#10.29m	2005
#8.14m	2010
2kg from 2005	
14.98m	1984
14.67m	1988
13.22m	1991
13.16m	1996
12.96m	1992
12.00m	1999
12.05m	2000
11.41m	2005
9.67m	2010
#9.48m	2015
6.62m(3kg)	1999
6.93m(3kg)	1994
#7.03m	2010
5.52m(3kg)	1999
5.37m(3kg)	2001
#5.04m	2006
#4.37m	2010
2kg from 2005	
59.27m	2008
54.67m	2013
45.58m	2004
43.10m	2004
51.73m	1998
50.56m	2000
42.85m	2002
41.41m	2006
32.74m	2013

#30.89m	2017
22.92m(3kg)	1999
23.12m(3kg)	2006
#25.02m	2015
13.36m(3kg)	1999
13.13m(3kg)	2000
#12.93m	2005
#10.87m	2011
entre of Gravity	
38.88m	2005
#45.78m	1979
41.28m	2000
#44.20m	1981
38.44m	2003
#41.94m	1985
36.38m	2008
#39.38m	1990
34.64m(500g)	2013
#46.75m(400g)	1998
39.17m(500g)	2001
32.72m	2008
***25.20m	2016
30.52m	1999
***23.32	2017
26.14m	2006
***22.97m	2016
22.63m	2014
15.34m	2010
9.96m	1998
9.64m	2002
7.70m	2005
5.90m	2010
#W75+ 4kg from 2005	
18.57m	2008
17.74m	2013
13.70m	2003
13.88m	2015
16.42m	1999
14.59m	1999
17.52m	2000
16.10m	2006
11.95m	2010
#11.57m	2010
8.76m	2006
#9.49m	2015
6.07m	1999
6.19m	2001
#6.00m	2005
#4.72m	2010
s from 2005 ***500g jav	
3831	2009
3621	2012
3929	2003
4160	1996
4252	1998
4213	1998
4789	2000
***3882	2016
4939	2005
***3415	2015
4572	2010
***4333	2015
#4053	2009
#3862	2010
4489	1998
4337	2000
#4539	2006
#5426	2010
3236	2016
2852	2012

3290	2015
3322	2015
3583	2013
3567	2015
3394	2009
3858	2010
3720	2016
3222	2015
3931	2016
3255	2005
*3014 2787	1987
*3501 3357	1988
*3422 3162	1991
*3490 3292	1994
2922	2003
*3118 2743	1994
*3527 3129	1991
*2798 3054	1993
2510	2008
3192	2003
3945	2002
4068	2014
4883	2016
4406	2003
5200	2005
2551	2018
3065	2018
EN	
13.07s	SYD
11.9s (110)	BRIS
11.46s	SYD
?	BRIS
12.14s	CANB
11.13s	HOB
11.8sh	PERTH
11.8sh	SYD
11.63s	ADEL
11.64s	PERTH
11.81s	MELB
12.11s	BRIS
11.23m	CANB
11.03s	HOB
11.68s	SYD
11.80s	ADEL
11.29s	PERTH
11.56s	BRIS
11.38s	MELB
11.21s	CANB
11.38s	HOB
11.25s	SYD
10.86s	ADEL
11.09s	DARW
EN	
55.65 (JAV)	CANB
50.02 (DT)	HOB
60.65m (HT)	NSW
15.99m (SP)	ADEL
20.72m (WT)	PERTH
50.80m (JAV)	MELB
48.21m (DT)	BRIS
51.34m (HT)	CANB
20.82m (SP)	HOB
13.33m (WT)	SYD
55.03m (JAV)	ADEL
53.44m (DT)	PERTH
35.94m (HT)	BRIS
19.93m (SP)	MELB

