

# Shiny medal haul by Casey Masters

**By Nick Creely**

The Casey Masters Athletics club remain one of the most dominant Victorian groups after a stunning 22 medals - including 16 gold medals - were won at the recent Australian Masters Athletics Championships in Darwin.

The event - which was held from Friday 9 June to Monday 12 June - was a raging success for Casey, who continues to excel all around the country in a range of tournaments.

Paul Olsson simply dominated his four events with gold medals in Triple Jump, Hammer, Weight Pentathlon and Weight Throw in his M60-64 division, an extraordinary achievement.

This was followed up by new-



**Casey Masters, from left: Shaun Taylor, Mike Hall, Rhiannon Lester, Pramesh Prasad, Paul Olsson.**  
Picture: SUPPLIED

comer Rhiannon Lester - competing in her inaugural National Championships - who also won four golds in Triple Jump, 100 metre hurdles,

4/100 and 4/400 Relays in the W35-39 division.

Sprint star Shaun Taylor then stole the show and display his supe-

riority, winning gold in the 60/100 and 200 metres events for the M30-34 division, National Racewalk champion Pramesh Prasad won golds in the 1500/5000 and 10000 walks in the M40-44 division and Rob Italia won gold in the 3000 Steeplechase, silver in the 800 metres and bronze in the 4/400 Relay.

Mike Hall also won five medals in Pole Vault, 60 metre hurdles, High Jump, 200 and 4/100 Relays in the M50-54 division.

Despite being the smallest venue in Victorian Masters Athletics Casey, the friendly group based at Casey Fields each Monday night at 7pm, encourages anyone interested in their general health and fitness to come along regardless of ability.