

NEWS



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LASTING LEGACY



VETERANS group helps family after dad's death.
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NEXT STOP, STRATHPINE



FULL steam ahead for model train show.
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LAKESIDE RALLIES



FAMOUS rally name christens Lakeside track.
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Dave Varley 'dove' off the beam.

Leap into the record books

NORTH Lakes grandfather Dave Varley has returned home from the trip he will never forget. He met his baby granddaughter for the first time and broke a Queensland record in the decathlon at the World Masters Athletics Championships in France. PAGE 5

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presenting to the emergency department each year
 ■ In July, 4942 people presented to emergency, up from 4729 in June

reduce ambulance ramping is the first step needed to fix the problem affecting hospitals across the state.
 United Voice delegate and advanced care paramedic Brian Masters said Redcliffe

"It is always going to be an issue, especially during the flu season," he said.
 Late last week, Health and Ambulance Services Minister Cameron Dick issued a directive to the state's hospitals to improve conditions

departments at emergency departments.
 Under the directive, hospitals must have 90 per cent of patients who arrive in the emergency department via ambulance moved to the correct treatment area within 90 minutes. Redcliffe Hospital acting executive director

Gayle Sutherland said the majority of patients were treated in the recommended time last month. Mr Masters said paramedics could be ramped at the Redcliffe Hospital for up to four hours.
 "The hospital does try. The problem is there just isn't enough beds," he said.

NORTH LAKES

Hop, skip and jump



Dave Varley came home from the World Masters Athletics Championships in France with a Queensland record in the decathlon event. Picture: JOSH WONG

Jamie-Leigh Mason

GRANDFATHER BREAKS DECATHLON RECORD

WATCHING his daughters take part in little athletics and searching for something to keep him busy landed Dave Varley right in the middle of the track and field.
 After taking up training for the decathlon a few years ago, the North Lakes resident set his sights on the World Masters Athletics

Championships in France and the record books.
 With a score of 5591 points, Varley finished in 17th position in the 50-54 age group.
 "I was ecstatic," he said of the result earlier this month, which is a new Queensland record, breaking his own previous record of 5248 points.

"I set myself a goal of getting 5600 points, a personal best score and be in the top-20 type of thing.
 "Two out of three is pretty good. And I was only nine points off (5600 points), which is really good."
 The trip to France also allowed Varley to meet his baby granddaughter

Matilda for the first time.
 "You're mentally tired as well as physically," he said of the tough competition.
 "With discus and shot put, it's all the training in your mind before you start.
 "At the end of the 1500m you are very glad it's over. But the next day you think, when is the next one?"

THE EVENTS

Day one:

- 100m sprint
- Long jump
- Shot put
- High jump
- 400m sprint

Day two:

- 100m hurdles
- Discus
- Pole vault
- Javelin
- 1500m run