

# AUSTRALIAN MASTERS ATHLETICS

## RELAY TEAM SELECTION CRITERIA AMA NATIONAL TRACK & FIELD CHAMPIONSHIPS

### Background

Relays conducted at the end of the program during the AMA National Championships provide an opportunity for **state** clubs to compete against each other. They also provide an opportunity to medal for runners who otherwise might not do so as an individual thereby achieving additional success for their state.

New age bands were endorsed at the AMA Board Meeting, April 2011 and criteria for winning medals were modified in 2013.

The **AMA Championship Manual** adopted by the AMA Council states:

### Relays

4 x 100m and 4 x 400m relays will be conducted with the age groups being 120-169 , 170-219 and 220+ for **women** and 120-179, 180-239 and 240+ for **men**. Teams must be state based and entries close two hours prior to the advertised starting time with the Competition Manager.

- States may enter more than one team in an age band however, only the highest placed team from that state is eligible for medals. The exception to this is when two states compete in a relay age band - then any additional teams from those two states become eligible for the bronze medals (or silver and bronze if only one State participates).
- If more than one State nominates a second team and there are not sufficient lanes then the Competition Director shall draw second teams for the available lanes from a hat.
- Beyond the above, if sufficient lanes are available, composite teams can be entered at the discretion of the Competition Director. Composite teams are not eligible for medals.

### SELECTION CRITERIA

- Age groups shall be determined by adding together the **age group** of each athlete nominated, not their actual age
- Women and men cannot combine to make a team
- All teams, indicating team members and up to two (2) reserves must be nominated by an approved official and submitted to the Competition Manager at least 2 hours before the nominated event.
- Athletes can be nominated for more than one (1) age division but can only compete in one age division
- A team can only race with the athletes nominated on their final entry form

- Nominated runners can run in any order, not necessarily in the order shown on the entry form. Note that for a record, the order of runners must be recorded

### **Record Opportunities**

There are few opportunities for Australian relay teams to take on the challenge of setting a world record other than at a world championship. The AMA Championships provides the opportunity for age group runners to come together and have a go at setting such a record.

The Competition Manager needs to make best endeavours to allow such teams this opportunity.

October 2006 Updated January 2015