

## TRACK POSTAL RELAY RESULTS 2015 - 2016

Relay	Age Group	Team	Team Member 1	Team Member 2	Team Member 3	Team Member 4	Time	Date	Venue	Place
4 x 800m Walk	M50-59	MAWA	John Dennehy	David Solomon	Maurice Creagh	Andrew Cuthbertson	22:48.80	18/02/2016	Ern Clark Athletic Centre	1
4 x 800m Walk	W40-49	MAWA	Delia Baldock	Janne Wells	Lynne Schickert	Karyn Tolardo	20:51.10	18/02/2016	Ern Clark Athletic Centre	1
4 x 400m	M30-39	TMA	Matthew Brooks	Mick Davis	Daniel Smee	Matthew Zegfield	03:56.25	13/02/2016	Briggs Match, DAC	1
4 x 400m	M40-49	QMA	Steve Jones	Gary Parkinson	Graham Scully	Travis Venema	03:49.17	13/12/2015	QSAC	1
4 x 400m	M40-49	MAWA	Maurice Pascal	Doug Peyman	Mark Dawson	Campbell Till	04:23.00	16/02/2016	WA Athletics Stadium	2
4 x 400m	M40-49	TMA	Dean Giblin	Bevan Harman	Matt Sutton	Paul Taranto	04:35.16	13/02/2016	Briggs Match, DAC	3
4 x 400m	M50-59	QMA	Michael Kirkby	Sean Ryan	Robert Lasker	Paul Chaplain	04:45.47	13/12/2015	QSAC	1
4 x 400m	M50-59	TMA	Paul Williams	Phil Hand	Peter Hoskinson	Barry Zeitzen	04:55.40	3/02/2016	Domain Athletic Centre	2
4 x 400m	M60-69	TMA	Ian Cole	Alan Coleman	Phil Grimmond	David Cresswell	05:28.00	3/02/2016	Domain Athletic Centre	1
4 x 400m	M60-69	QMA	Bruce Bodsworth	Colin Mancey	Rick Milnes	Pio Bunin	05:29.06	13/12/2015	QSAC	2
4 x 400m	M70-79	MAWA	Bert Carse	Barrie Kernaghan	David Carr	Henri Cortis	05:20.20	25/02/2016	Ern Clark Athletic Centre	1
4 x 400m	W40-49	QMA	Tamara Paterson	Petrina Brown	Julie Brims	Michelle Mackey	04:34.86	13/12/2015	QSAC	1
4 x 400m	W40-49	TMA	Gayle Cranfield	Carolyn Davis	Natalie Fleming	Wendy Meadowcroft	05:35.49	13/02/2016	Briggs Match, DAC	2
4 x 400m	W50-59	QMA	Anne Ryan	Irene Davey	Carol Davis	Karen Lakin	05:24.79	13/12/2015	QSAC	1
4 x 400m	W60-69	MAWA	Carol Bowman	Peggy Macliver	Jackie Halberg	Margaret Saunders	05:44.50	25/02/2016	Ern Clark Athletic Centre	1
4 x 1500m	M30-39	TMA	Josh Durno	Jamie McConnon	Bevan Harman	Mick Davis	20:43.90	10/02/2016	Domain Athletic Centre	1
4 x 1500m	M50-59	TMA	Roscoe McDonnell	Todd Heffernan	Paul Tucker	Brent Nutting	21:44.70	10/02/2016	Domain Athletic Centre	1
4 x 1500m	M50-59	QMA	John Sheer	Sean Ryan	Robert Cunningham	Richard Flack	23:00.66	23/01/2016	SAF	2
4 x 1500m	M60-69	QMA	John Shaw	Ron Peters	Ian Cameron	Peter Reeves	19:28.03	23/01/2016	SAF	1
4 x 100m	M70-79	QMA	Bill Cook	Alf Lakin	Colin Mancey	Guy Quarterman	01:09.30	13/12/2015	QSAC	1
4 x 100m	W40-49	QMA	Maryann Hearn	Julie Brims	Helena Grono	Michelle Mackey	00:52.96	13/12/2015	QSAC	1
4 x 100m	W40-49	TMA	Andrea Marshall	Gayle Cranfield	Julie Swain	Sharee Maksimovic	01:00.92	13/03/2016	St Leonards Athletic Centre	2
4 x 100m	W50-59	QMA	Denise Quinn	Judy Jennings	Lynda Flynn	Karen Lakin	01:03.72	13/12/2015	QSAC	1
4 x 100m	W60-69	QMA	Rosemary Dean	Carol Davis	Irene Davey	Anne Ryan	01:06.66	13/12/2015	QSAC	1
4 x 100m	M30-39	TMA	Shaun Bailey	Tim Potter	Adrian Tew	Craig Boon	00:57.00	13/03/2016	St Leonards Athletic Centre	1
4 x 100m	M40-49	QMA	Gary Parkinson	Graham Scully	Troy Sherlock	Travis Venema	00:47.00	13/12/2015	QSAC	1
4 x 100m	M40-49	SAMA	Chris Johns	Vince Musolino	Michael Cassidy	Graham Henderson	00:53.80	20/01/2016	SA Athletics Stadium	2
4 x 100m	M40-49	TMA	Bevan Harman	Todd Heffernan	Matt Sutton	Paul Tucker	00:59.20	27/01/2016	Domain Athletic Centre	3
4 x 100m	M50-59	TMA	Michael Stevenson	David Cresswell	Brent Nutting	Paul Williams	01:02.29	13/03/2016	St Leonards Athletic Centre	1
4 x 100m	M60-69	QMA	Jim Furlong	Pio Bunin	Rick Milnes	Paul Chaplain	01:04.59	13/12/2015	QSAC	1
4 x 100m	W30-39	SAMA	Lyn Peake	Karen Long	Vicki Caputo	Jenny Cotter	00:59.49	22/01/2016	SA Athletics Stadium	1
4 x 100m	W30-39	TMA	Tanille Wade	Natalie Fleming	Adele Lucas	Lynne Andrews	01:06.75	13/03/2016	St Leonards Athletic Centre	2

## FIELD POSTAL RELAY RESULTS 2015 - 2016

Relay	Age Group	TEAM	Team Member 1	Team Member 2	Team Member 3	Distance/Height	Date	Venue	Place
Discus	M30-39	QMA	Richard Harris	Darrin Norwood	Tim Lowrey	87.13	13/12/2015	QSAC	1
Discus	M40-49	TMA	Brett Copping	Michael Mullarvey	Jason Lemon	85.01	3/02/2016	Domain Athletic Centre	1
Discus	M50-59	QMA	Michael Kirkby	Michael Hughes	Franz Schlechter	79.41	13/12/2015	QSAC	1
Discus	M60-69	VMA	Peter Young	Clyde Riddoch	Phil Curtain	92.69	20/03/2016	Doncaster	1
Discus	M60-69	QMA	Kevin Ryall	Peter Kennedy	Peter Frangenheim	73.43	13/12/2015	QSAC	2
Discus	M70-79	QMA	Guy Quarterman	Ian Kennedy	Don Quinn	75.28	13/12/2015	QSAC	1
Discus	M70-79	VMA	Ray Mooney	Didimo Tonelli	Errol Amerasekera	73.37	20/03/2016	Doncaster	2
Discus	W40-49	TMA	Sara Jayne Lada	Rita Corney	Cathy McKeown	52.19	3/02/2016	Domain Athletic Centre	1
Discus	W40-49	QMA	Tamara Paterson	Denise Quinn	Judy Jennings	51.39	13/12/2015	QSAC	2
Discus	W50-59	VMA	Chris Bridle	Narelle Messerle	Linda Buttigieg	61.37	20/03/2016	Doncaster	1
Discus	W50-59	TMA	Adele Lucas	Christina Canning	Sally Shade	37.39	3/02/2016	Domain Athletic Centre	2
Javelin	M30-39	QMA	Darrin Norwood	Richard Harris	Tim Lowrey	100.19	13/12/2015	QSAC	1
Javelin	M30-39	TMA	Jamie McConnon	Mark Lyden	Ian Cole	70.69	27/01/2016	Domain Athletic Centre	2
Javelin	M40-49	VMA	Shawn Hennig	Pat Carroll	Nick Carah	110.40	19/03/2016	Doncaster	1
Javelin	M50-59	VMA	Alan Hawkins	Stan Peska	Andrew Eggington	101.78	19/03/2016	Doncaster	1
Javelin	M60-69	VMA	Bob Holzer	Peter Young	Andrew Farr	99.97	19/03/2016	Doncaster	1
Javelin	M60-69	QMA	Bruce Bodsworth	Peter Frangenheim	Peter Kennedy	89.30	13/12/2015	QSAC	2
Javelin	M70-79	VMA	Graeme Rose	Didimo Tonelli	David Wookey	83.13	17/01/2016	DMP	1
Javelin	M70-79	QMA	Guy Quarterman	Ian Kennedy	Don Quinn	72.37	13/12/2015	QSAC	2
Javelin	W30-39	QMA	Lee-Anne Grosvenor	Julie Brims	Sara Wessling	54.96	13/12/2015	QSAC	1
Javelin	W30-39	TMA	Marcia Lucas	Kirsten Bott	Dale McPherson	45.95	27/01/2016	Domain Athletic Centre	2
Javelin	W40-49	QMA	Tamara Paterson	Judy Jennings	Denise Quinn	50.77	13/12/2015	QSAC	1
Javelin	W60-69	TMA	Adele Lucas	Joy Sutcliffe	Jan Montesinos	35.36	27/01/2016	Domain Athletic Centre	1
Long Jump	M40-49	QMA	Travis Venema	Gary Parkinson	Michael Hughes	14.9	13/12/2015	QSAC	1
Long Jump	W40-49	TMA	Adele Lucas	Tasha Lowry	Cathy McKeown	11.24	3/02/2016	Domain Athletic Centre	1
Long Jump	W40-49	QMA	Lee-Anne Grosvenor	Tamara Paterson	Judy Jennings	11.02	13/12/2015	QSAC	2
Long Jump	W50-59	QMA	Carol Davis	Denise Quinn	Rosemary Dean	9.36	13/12/2015	QSAC	1
Shot Put	M30-39	QMA	Darrin Norwood	Richard Harris	Tim Lowrey	32.64	13/12/2015	QSAC	1
Shot Put	M40-49	TMA	Michael Mullarvey	Todd Davey	Jason Lemon	36.11	3/02/2016	Domain Athletic Centre	1
Shot Put	M50-59	QMA	Michael Kirkby	Michael Hughes	Franz Schlechter	25.8	13/12/2015	QSAC	1
Shot Put	M50-59	TMA	Tim Horton	Brett Copping	Ian Cole	22.84	3/02/2016	Domain Athletic Centre	2
Shot Put	M60-69	VMA	Peter Young	Clyde Riddoch	Phil Curtain	28.32	20/03/2016	Doncaster	1
Shot Put	M60-69	QMA	Kevin Ryall	Peter Kennedy	Peter Frangenheim	25.22	13/12/2015	QSAC	2
Shot Put	M70-79	VMA	Ray Mooney	Didimo Tonelli	David Wookey	27.80	20/03/2016	Doncaster	1
Shot Put	M70-79	QMA	Guy Quarterman	Ian Kennedy	Don Quinn	26.22	13/12/2015	QSAC	2
Shot Put	W30-39	QMA	Lee-Anne Grosvenor	Sara Wessling	Denise Quinn	20.40	13/12/2015	QSAC	1
Shot Put	W40-49	TMA	Sara Jayne Lada	Rita Corney	Cathy McKeown	20.68	3/02/2016	Domain Athletic Centre	1
Shot Put	W50-59	TMA	Adele Lucas	Christina Canning	Sally Shade	17.71	3/02/2016	Domain Athletic Centre	1