

AMA Winter Throwing Championships Oct 6-8 2014

Men's Results

NAME	AGE	STATE	HAMMER	SHOT	DISCUS	JAVELIN	WEIGHT	56LB	100LB
Warren Benbow	30	VIC	30.98	11.74	30.96	41.17	10.97	7.32	2.66
Warren Jones	30	NSW	34.84	9.01	26.04	27.21	10.61	6.07	2.05
Shane Benbow	35	VIC	35.77	11.49	34.45	34.64	11.44	7.00	3.06
Jamie Muscat	35	NSW	40.32	13.48	37.68	32.59	12.37	8.58	4.19
Rodney Watson	40	NSW	34.17	11.40	30.56	38.63	11.06	6.70	2.83
Brett Kingston	40	ACT						5.68	3.01
Todd Davey	45	WA	38.79	13.40	41.00	35.98	13.62	8.98	3.46
Stuart Gyngell	50	NSW	44.02	16.08C	45.95C		15.26		
Phil Frkovic	50	NSW	43.35	12.47	36.28		15.08		
Paul Olsson	55	VIC	33.94				11.74		
Robert Hanbury-Brown	55	NSW	36.28	10.19	36.28	37.29	12.59		
John West	60	NSW	17.81	7.64	24.55	27.96	8.44		
Duncan Macnicol	60	ACT	35.41	9.35	32.33	29.62			
Roger Glass	60	VIC	40.47	10.00	29.90	23.62	15.87	6.50	
Bob Jones	60	NSW	15.57	5.38	15.08	12.04	5.91		
Peter Greenland	60	NSW			25.38	26.96			
Bob Banens	65	ACT	30.46	10.50	38.92	33.20	12.45	5.49	2.70
Peter Young	65	VIC	29.48	10.92	35.01	30.03	11.59	4.48	2.16
Robert Holzer	65	VIC	37.85						
Mills Lafferty	65	QLD	29.00	8.23	22.73	26.04	10.68	3.69	1.73
Llewellyn Jenkins	65	VIC	17.61	7.89	20.28	25.11	8.30	3.65	1.70
Robin Whyte	70	ACT	24.28	7.27	20.90	25.91	10.43		
David Wookey	70	VIC							
Didimo Tonelli	70	VIC	22.72	9.27	24.38	29.37	11.20		
Ray Green	70	ACT	35.50	11.15	37.63	26.35	14.74	4.61	2.51
Bruce Wiggins	70	NSW	19.78	6.70	17.82	13.82	9.03		
John Reynolds	70	ACT	31.87	8.74	29.26		12.65	4.62	2.34
Graeme Rose	70	VIC	39.36	11.48	30.21	34.06	16.53		
Noel Donohoe	70	ACT						3.97	1.85

AMA Winter Throwing Championships Oct 6-8 2014

Women's Results

NAME	AGE	STATE	HAMMER	SHOT	DISCUS	JAVELIN	WEIGHT	56LB	100LB
Melissa Holahan	30	NSW	49.02	10.77C	28.30	23.92	15.94	4.45A	2.31
Audrey Thomson	35	NSW	33.99	9.95	28.72	17.53	10.91	3.44	1.79
Kellie Watson	40	NSW	24.65				9.13	3.66	2.00
Samantha Latanis	40	NSW	33.58	10.46	30.54	24.35	10.70		2.15
Althea Mackie	40	QLD	40.16	7.94	26.54	20.52	12.36	4.73	1.96
Gina Etienne	45	ACT		7.58		18.50			
Jayne Hardy	50	ACT	20.01	7.38	17.08	14.49	7.00		
Lorna England	50	ACT	22.51	6.59	17.28				
She' Hawke	50	ACT			15.37	12.07			
Tanya Colyer	50	ACT	17.61						
Lesley Dawson	55	SA	25.81	7.73	17.03	13.71	8.65	2.62	1.44
Sharon Gibbins	55	ACT	35.30	8.58	27.21		10.66		
Kate Clarke	60	NSW	23.22	7.39	20.69	14.32	9.13		
June Lowe	60	NSW	32.60	9.17	24.65	20.02	13.49		
Judy Brown	60	NSW	14.52	5.35	14.21	12.33	5.65		
Karen Jones	60	NSW		4.69	12.67	8.03			
Astrid Rose	70	VIC	23.23		15.22	15.52	8.94		
Irene Mitchell	70	ACT	25.37	5.43	13.59	8.97	8.77		
Mary Thomas	70	NSW	27.75	8.30	23.28C	22.50A	10.98	2.50C	1.02
Raylea Rudov	70	ACT	21.80	6.12	14.89	11.91	10.51	2.50C	1.10
Anne Lang	70	SA		5.95	11.12	14.75			
Jan Banens	70	ACT	29.89	6.83	17.94	15.84	11.54	2.37	
Helen Searle	75	QLD	32.26	9.76A	19.23C		11.55C		
Nola de Chazal	75	ACT	16.36	4.83	10.53		5.78	1.24	
Mary Wahren	80	ACT	14.09C	5.34	10.96	11.85C	5.69C		

Australian Masters Athletics Winter Throwing Championships Throws Pentathlon Oct 5th 2014

WOMEN'S RESULTS:

			AGE	HAMMER		SHOT		DISCUS		JAVELIN		WEIGHT		TOTAL	
NSW	Melissa	Holahan	W30	46.33	851	10.36	553	33.18	523	20.67	301	15.23	816	3044	1
NSW	Audrey	Thompson	W35	33.97	649	9.91	547	27.83	441	17.63	265	10.53	585	2487	1
NSW	Samantha	Latanis	W40	35.33	745	10.17	614	31.29	555	23.56	420	11.21	694	3028	1
QLD	Althea	Mackie	W40	40.11	870	7.40	413	25.48	433	16.98	279	12.56	794	2789	2
ACT	Jayne	Hardy	W50	19.06	374	7.36	482	15.24	278	14.36	268	7.28	408	1810	2
ACT	She'	Hawke	W50	20.73	420	3.37	161	14.97	271	13.18	239	7.91	453	1544	3
ACT	Lorna	England	W50	22.45	468	6.59	419	17.28	326	12.51	223	6.85	377	1813	1
NSW	Christine	Shaw	W55	30.63	773	9.07	690	25.10	580	25.88	619	9.72	649	3311	1
SA	Leslie	Dawson	W55	21.84	505	7.62	558	18.13	390	14.34	303	7.34	461	2217	2
NSW	Judy	Brown	W60	14.16	316	5.05	372	14.86	345	12.27	268	5.45	287	1588	1
VIC	Astrid	Rose	W70	23.99	843	5.95	598	15.34	491	14.62	453	8.62	655	3040	3
ACT	Jan	Banens	W70	31.47	1163	7.12	741	16.84	550	12.65	380	10.54	829	3663	2
ACT	Irene	Mitchell	W70	23.79	834	5.34	524	12.87	396	8.95	244	9.53	737	2735	5
NSW	Mary	Thomas	W70	27.05	973	8.30	888	23.02	797	22.74 A	757	10.39	816	4231 A	1
ACT	Raylea	Rudov	W70	21.78	749	5.75	573	14.99	477	11.99	355	8.56	649	2803	4
QLD	Helen	Searle	W75	32.27A	1257	9.47	1019	19.15	679	15.54	580	10.19	828	4363 A	1
ACT	Mary	Wahren	W80	0.00	0	5.52C	624	11.60C	448	10.63	454	4.80	381	1907	1

Australian Masters Athletics Winter Throwing Championships Throws Pentathlon Oct 5th 2014 - Men's results

				HAMMER		SHOT		DISCUS		JAVELIN		WEIGHT		TOTAL	
VIC	Warren	Benbow	M30	29.43	341	11.54	579	32.30	510	41.96C	471	11.20	519	2420 C	1
NSW	Warren	Jones	M30	34.32	420	9.06	429	26.06	388	29.78	296	10.49	479	2012	2
NSW	Jamie	Muscat	M35	39.57	524	13.59	734	38.63	648	29.56	298	12.39	601	2805	1
VIC	Shane	Benbow	M35	31.35	387	11.33	591	33.90	551	27.65	271	10.67	501	2301	2
NSW	Rodney	Watson	M40	32.16	450	10.86	612	30.98	546	37.42	451	10.54	535	2594	1
WA	Todd	Davey	M45	37.00	608	12.95	824	40.81	853	37.67	502	13.72	795	3582 C	1
VIC	Paul	Olsson	M55	32.40	554	9.63	620	30.87	549	27.81	402	12.12	655	2780	2
NSW	Rob	Hanbury-Brown	M55	33.15	571	10.15	661	31.71	568	30.80	460	10.03	522	2782	1
NSW	John	West	M60	17.37	235	7.53	449	25.43	406	24.29	361	6.76	288	1739	3
ACT	Duncan	Macnicol	M60	36.28	635	9.11	568	32.05	545	29.66	470	10.09	481	2699	2
VIC	Roger	Glass	M60	39.01	694	10.09	642	28.43	469	23.92	353	13.95	709	2867	1
NSW	Bob	Jones	M60	15.77	202	5.23	279	14.62	190	12.37	128	5.90	240	1039	4
VIC	Peter	Young	M65	27.12	508	10.61	755	29.61	553	27.56	486	11.55	614	2916	2
QLD	Mills	Lafferty	M65	29.09	555	8.76	601	22.66	393	25.93	449	10.63	556	2554	3
ACT	Bob	Banens	M65	31.33	609	10.60	754	37.05	728	34.05	636	12.38	667	3394	1
VIC	Llewellyn	Jenkins	M65	16.70	262	7.73	516	19.61	325	20.41	326	7.96	389	1818	4
ACT	Robin	Whyte	M70	24.83	472	7.07	457	21.12	406	25.42	481	9.63	507	2323	5
VIC	Didimo	Tonnelli	M70	20.43	365	9.60	663	23.32	461	24.84	467	10.07	535	2491	4
ACT	Ray	Green	M70	34.76	719	10.65	749	36.57	803	24.61	462	13.89	783	3516	2
NSW	Bruce	Wiggins	M70	18.54	319	7.21	468	17.66	321	13.98	209	8.13	411	1728	6
ACT	John	Reynolds	M70	34.35	709	8.59	580	30.64	648	18.34	311	12.82	713	2961	3
VIC	Graeme	Rose	M70	38.87	822	11.43	814	30.47	643	32.07	646	16.18	934	3859	1
NSW	Brian	Rix	M70	14.97	234	5.96	367	18.49	341	18.18	307	7.71	385	1634	7
ACT	Kevin	Blewitt	M75	29.64	696	7.57	557	24.87	577	23.05	495	10.72	631	2956	1

C = Championship record, A = Australian record (to be ratified)

Australian Masters Athletics Winter Throwing Championships Heavy Weight Pentathlon Oct 6th 2014 - Women's results

	name		age		metres	points		metres	point		metre	point		metre	point		metr	point	total
N	Melissa	Holohan	W30	12lb	19.68	815	16lb	17.87	975	20lb	15.24	1018	25lb	11.61	890	35lb	9.09	858	4556
N	Audrey	Thompson	W35	12lb	14.31	618	16lb	11.97	671	20lb	10.05	683	25lb	8.62	681	35lb	4.88	424	3077
Q	Althea	Mackie	W40	12lb	16.85	808	16lb	14.65	920	20lb	11.97	914	25lb	10.37	928	35lb	7.49	812	4382
N	Samantha	Latanis	W40	12lb	0.00	0	16lb	12.76	787	20lb	10.68	801							DNF
A	Tanya	Colyer	W50	8.8lb	7.26	261	12lb	5.47	246	16lb	4.81	267	20lb	3.68	228	25lb	3.37	244	1246
S	Leslie	Dawson	W55	8.8lb	10.75	470	12lb	10.50	610	16lb	8.24	587	20lb	7.03	607	25lb	5.29	519	2793
N	Judy	Brown	W60	6.6lb	7.48	272	8.8lb	6.23	263	12lb	5.49	293	16lb	4.57	288	20lb	3.71	265	1381
N	Mary	Thomas	W70	6.6lb	13.65	653	8.8lb	12.41	729	12lb	10.13	759	16lb	8.75	810	20lb	7.68	872	3823
A	Jan	Banens	W70	6.6lb	13.48	644	8.8lb	12.79	755	12lb	9.58	710	16lb	8.05	732	20lb	6.63	726	3567
A	Raylea	Rudov	W70	6.6lb	13.21	628	8.8lb	10.55	604	12lb	9.42	696	16lb	6.13	523	20lb	5.39	558	3009
A	Nola	De Chazal	W75	6.6lb	6.33	286	8.8lb	5.64	309	12lb	5.05	353	16lb	4.32	363	20lb	3.57	350	1661

Australian Masters Athletics Winter Throwing Championships Heavy Weight Pentathlon Oct 6th 2014 - Men's results

state	name		age		metres	point		metre	points		metres	points		metres	points		metres	points	TOTAL	
VIC	Warren	Benbow	M30	20lb	15.27	487	25lb	13.73	530	35 lb	9.7	435	45lb	8.54	537	56lb	7.2	594	2583	1
NSW	Warren	Jones	M30	20lb	15.57	499	25lb	14.24	553	35 lb	10.32	470	45lb	8.41	527	56lb	6.28	494	2543	2
NSW	Jamie	Muscat	M35	20lb	17.43	594	25lb	16.07	665	35 lb	12.4	615	45lb	10.76	751	56lb	7.82	696	3321	1
VIC	Shane	Benbow	M35	20lb	15.54	520	25lb	14.75	603	35 lb	10.96	530	45lb	8.79	585	56lb	7.57	668	2906	2
NSW	Rodney	Watson	M40	20lb	16.21	597	25lb	13.82	612	35 lb	10.4	546	45lb	8.48	616	56lb	6.44	598	2969	1
ACT	Brett	Kingston	M40	20lb	13.92	501	25lb	12.57	547	35 lb	9.6	496	45lb	7.17	498	56lb	5.93	534	2576	2
WA	Todd	Davey	M45	20lb	18.1	739	25lb	16.15	800	35 lb	14.1	856	45lb	11.35	964	56lb	8.69	964	4323	1
																				1
VIC	Paul	Olsson	M55	16lb	15.3	601	20lb	13.34	644	25lb	10.85	621	35lb	9.36	650	45lb	7.44	703	3219	1
VIC	Roger	Glass	M60	12lb	19.7	712	16lb	16.72	769	20lb	14.34	827	25lb	12.48	843	35lb	9.93	804	3955	1
NSW	Bob	Jones	M60	12lb	6.85	202	16lb	6.05	223	20lb	6.17	294	25lb	4.53	229	35lb	3.77	216	1164	2
ACT	Bob	Banens	M65	12lb	17.72	746	16lb	15.48	808	20lb	13.17	819	25lb	11.18	825	35lb	8.03	681	3879	1
VIC	Peter	Young	M65	12lb	16.07	668	16lb	12.82	651	20lb	10.94	660	25lb	8.13	562	35lb	5.68	438	2979	2
QLD	Mills	Lafferty	M65	12lb	13.09	529	16lb	11.74	587	20lb	10.32	616	25lb	8.1	559	35lb	6.44	516	2807	3
VIC	Llewellyn	Jenkins	M65	12lb	10.43	405	16lb	8.43	395	20lb	6.77	367	25lb	6.46	420	35lb	4.66	333	1920	4
VIC	Graeme	Rose	M70	8.8lb	20.11	894	12lb	18.94	1029	16lb	15.84	1053	20lb	13.11	1009	25lb	11.22	1047	5032 C	1
ACT	John	Reynolds	M70	8.8lb	17.54	767	12lb	15.23	805	16lb	13.61	885	20lb	11.02	824	25lb	9.19	825	4106	3
ACT	Ray	Green	M70	8.8lb	17.11	746	12lb	14.74	776	16lb	12.87	830	20lb	10.06	740	25lb	9.44	853	3945	4
ACT	Robin	Whyte	M70	8.8lb	13.32	561	12lb	11.12	560	16lb	10.28	638	20lb	8.93	641	25lb	7.44	637	3037	6
VIC	Didimo	Tonnelli	M70	8.8lb	0	0	12lb	0	0	16lb	9.93	613	20lb	6.67	447	25lb	7.37	630	1690	7
VIC	Ken	Priestley	M75	8.8lb	17.84	946	12lb	15.55	978	16lb	11.7	864	20lb	9.86	856	25lb	9.24	984	4628	1
ACT	Kevin	Blewitt	M75	8.8lb	16.19	849	12lb	13.68	847	16lb	11.14	816	20lb	9.07	776	25lb	6.65	661	3949	2