

Competitor	Origin	Age Grp	Distance	Score	Distance	Score	Distance	Score	Distance	Score	Distance	Score	Total score
<b>M30-M45</b>			<b>20lb</b>		<b>25lb</b>		<b>35lb</b>		<b>45lb (20kg)</b>		<b>56lb</b>		
		M30-34		0		0		0		0		0	0
		M30-34		0		0		0		0		0	0
		M30-34		0		0		0		0		0	0
		M30-34		0		0		0		0		0	0
<b>Darron Haworth</b>	QLD	M35-39	23.16	819	19.49	830	15.69	810	12.96	939	10.78	1038	<b>4436</b>
<b>Clayton Campodonico</b>	QLD	M35-39	12.27	394	10.65	409	8.07	362	6.31	379	5.16	394	<b>1938</b>
<b>Brett Kingston</b>	NSW	M35-39	12.05	386	10.80	416	6.93	297	6.27	377	5.00	376	<b>1852</b>
		M35-39		0		0		0		0		0	0
<b>Phil Frkovic</b>	NSW	M40-44	17.70	660	16.17	733	11.15	594	9.45	704	7.87	774	<b>3465</b>
		M40-44		0		0		0		0		0	0
		M40-44		0		0		0		0		0	0
		M40-44		0		0		0		0		0	0
		M45-49		0		0		0		0		0	0
		M45-49		0		0		0		0		0	0
		M45-49		0		0		0		0		0	0
		M45-49		0		0		0		0		0	0
<b>M50-M55</b>			<b>16lb</b>		<b>20lb</b>		<b>25lb</b>		<b>35lb</b>		<b>45lb (20kg)</b>		
<b>Lajos Joni</b>	NSW	M50-54	18.45	681	15.31	678	15.43	855	10.80	703	8.27	729	<b>3646</b>
<b>Geoff Crumpton</b>	ACT	M50-54	19.08	708	14.61	642	13.99	764	10.76	700	7.77	675	<b>3489</b>
<b>Andrew Atkinson-Howatt</b>	NSW	M50-54	16.15	585	13.53	588	11.58	611	8.80	547	5.38	412	<b>2743</b>
		M50-54		0		0		0		0		0	0
<b>Bob Banens</b>	ACT	M55-59	16.22	643	15.12	744	12.78	752	8.52	578	6.65	610	<b>3327</b>
<b>Roger Glass</b>	VIC	M55-59	20.45	835	18.04	910	15.15	916	10.60	755	8.97	887	<b>4303</b>
		M55-59		0		0		0		0		0	0
		M55-59		0		0		0		0		0	0
<b>M60-M65</b>			<b>12lb</b>		<b>16lb</b>		<b>20lb</b>		<b>25lb</b>		<b>35lb</b>		
<b>Don Quinn</b>	QLD	M60-64	17.71	631	13.55	603	11.89	664	10.60	696	7.78	595	<b>3189</b>
<b>John Reynolds</b>	VIC	M60-64	17.40	618	14.94	676	12.44	701	10.30	672	7.87	603	<b>3270</b>
<b>Ray Green</b>	ACT	M60-64	16.55	584	13.39	595	11.52	640	10.05	652	7.19	538	<b>3009</b>
<b>Graeme Rose</b>	VIC	M60-65	22.72	835	19.45	912	16.67	982	14.91	1038	8.88	702	<b>4469</b>
		M60-64		0		0		0		0		0	0
<b>Greg Nicol</b>	NSW	M65-69	10.89	426	0.00	0	0.00	0	0.00	0	0.00	0	<b>426</b>
		M65-69		0		0		0		0		0	0
<b>Brett Sowerby</b>	NSW	M65-69	13.64	554	11.68	584	10.22	609	7.67	523	6.08	478	<b>2748</b>
		M65-70		0		0		0		0		0	0
		M65-71		0		0		0		0		0	0
		M65-69		0		0		0		0		0	0
<b>M70-M75</b>			<b>8.8lb (4kg)</b>		<b>12lb</b>		<b>16lb</b>		<b>20lb</b>		<b>25lb</b>		
<b>Ken Priestley</b>	VIC	M70-74	20.59	850	0.00	0	15.40	943	12.64	893	11.00	944	<b>3630</b>
<b>Dave Bugden</b>	NSW	M70-74	16.65	670	12.63	600		0		0		0	<b>1270</b>
<b>Don Chambers</b>	VIC	M70-74	14.21	559	13.51	648	11.29	658	9.92	671	9.14	756	<b>3292</b>
<b>Tom Hancock</b>	VIC	M70-74	0.00	0	15.12	739		0		0		0	<b>739</b>
<b>Wim Van Weenen</b>	VIC	M75-79	19.18	896	17.00	944	14.87	990	12.14	948	9.67	900	<b>4678</b>
		M75-79		0		0		0		0		0	0
		M75-79		0		0		0		0		0	0
		M75-79		0		0		0		0		0	0
<b>M80-M90</b>			<b>6.6lb (3kg)</b>		<b>8.8lb (4kg)</b>		<b>12lb</b>		<b>16lb</b>		<b>20lb</b>		
<b>Ewen Drummond(M85)</b>	ACT	M80-84	8.96	353	7.70	356		0		0		0	<b>709</b>
		M80-84		0		0		0		0		0	0
<b>Norm Windred</b>	NSW	M80-84	17.25	760	14.50	758	12.67	763	9.86	686	7.95	654	<b>3621</b>

AMA Winter Throwing Championships Masson St Turner, ACT Oct 6<sup>th</sup> 2008

**Heavy Weight Pentathlon Mens 30+ results**

Australian Masters Athletics Winter Throwing Championships

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<b>W30-W45</b>			<b>12lb</b>		<b>16lb</b>		<b>20lb</b>		<b>25lb</b>		<b>35lb</b>		<b>total</b>
<b>Karyne Di Marco</b>	NSW	W30-34	22.38	941	18.97	1043	15.31	1023	12.67	986	9.85	947	<b>4940</b>
		W30-34		0		0		0		0		0	<b>0</b>
		W30-34		0		0		0		0		0	<b>0</b>
		W30-34		0		0		0		0		0	<b>0</b>
<b>Lynette Smith</b>	NSW	W35-39	15.16	660	12.18	684	8.42	552	6.86	514	4.46	373	<b>2783</b>
		W35-39		0		0		0		0		0	<b>0</b>
		W35-39		0		0		0		0		0	<b>0</b>
		W35-39		0		0		0		0		0	<b>0</b>
		W40-44		0		0		0		0		0	<b>0</b>
		W40-44		0		0		0		0		0	<b>0</b>
		W40-44		0		0		0		0		0	<b>0</b>
		W40-44		0		0		0		0		0	<b>0</b>
<b>Jayne Hardy</b>	ACT	W45-49	14.54	769	12.70	857	10.30	837	8.60	809	6.29	717	<b>3989</b>
<b>Lesley Dawson</b>	SA	W45-49	9.31	461	7.33	449	6.57	489	6.02	523	4.62	482	<b>2404</b>
<b>Tanya Colyer</b>	ACT	W45-49	6.38	292	3.95	202	3.96	252	3.14	213	2.74	223	<b>1182</b>
		W45-49		0		0		0		0		0	<b>0</b>
<b>W50-W59</b>			<b>8.8lb (4kg)</b>		<b>12lb</b>		<b>16lb</b>		<b>20lb</b>		<b>25lb</b>		
<b>Jill Taylor</b>	NSW	W50-54	12.74	512	10.41	550	7.52	479	7.72	623	5.80	533	<b>2697</b>
<b>Vicki Clement</b>	NSW	W50-54	11.06	434	9.11	469	7.15	450	4.97	352	3.90	306	<b>2011</b>
		W50-54		0		0		0		0		0	<b>0</b>
		W50-54		0		0		0		0		0	<b>0</b>
<b>Judy Brown</b>	NSW	W55-59	7.18	290	6.49	340	4.91	304	3.84	271	3.23	256	<b>1461</b>
<b>Adriana Van Bockel</b>	NSW	W55-59	10.58	462	7.85	431	6.61	447	4.51	340	4.23	383	<b>2063</b>
<b>Denise Palmer</b>	ACT	W55-59	15.42	711	12.65	757	10.38	772	8.24	737	6.82	718	<b>3695</b>
		W55-59		0		0		0		0		0	<b>0</b>
<b>W60-W80</b>			<b>6.6lb (3kg)</b>		<b>8.8lb (4kg)</b>		<b>12lb</b>		<b>16lb</b>		<b>20lb</b>		
		W60-64		0		0		0		0		0	<b>0</b>
		W60-64		0		0		0		0		0	<b>0</b>
		W60-64		0		0		0		0		0	<b>0</b>
		W60-64		0		0		0		0		0	<b>0</b>
				0		0		0		0		0	<b>0</b>
<b>Raylea Rudov</b>	ACT	W65-69	16.12	725	13.35	728	10.70	742	9.08	774	5.83	561	<b>3530</b>
<b>Jan Banens</b>	ACT	W65-69	14.13	624	11.48	611	10.32	711	7.64	627	0.00	0	<b>2573</b>
<b>Astrid Rose</b>	VIC	W65-69	12.19	527	10.95	579	8.76	584	6.62	524	4.29	369	<b>2583</b>
		W70-74		0		0		0		0		0	<b>0</b>
<b>Joyce Schmidt</b>	ACT	W70-74	10.48	481	8.19	447	5.54	361	5.68	473	4.56	446	<b>2208</b>

**Heavy Weight Pentathlon Results- Women 30+**

Australian Masters Athletics Winter Throwing Championships

October 5<sup>th</sup> 2008 Masson St Turner, ACT

**Weight Pentathlon Results- Men 30+**

Campodonico (Qld) Clayton	M35	22.73	235	10.56	519	29.93	463	32.12	349	9.46	435	2001
Kingston (Nsw) Brett	M35	0	0	8.57	400	22.05	311	23.82	227	9.16	418	1356
Frkovic (Nsw) Phil	M40	39.75	560	11.15	573	33.42	532	28.46	329	11.79	615	2609
Atkinson-H (Nsw) Andrew	M50	33.60	499	9.96	571	37.49	614	43.48	672	12.90	697	3053
Crumpton (Act) Geoff	M50	40.00	621	11.16	654	33.34	531	30.64	430	14.47	797	3033
Joni (Nsw) Lajos	M50	43.35	685	10.74	625	31.35	491	25.75	341	11.53	611	2753
Hanbury-Brown (Nsw) Rob	M50	32.29	474	10.82	631	30.59	476	35.27	517	11.25	593	2691
Chambers (Act) Ray	M50	32.10	470	10.60	616	30.02	465	21.55	265	10.59	551	2367
Baker (Nsw) Tony	M50	26.00	355	11.06	648	28.57	436	24.71	322	9.53	486	2247
Glass (Vic) Roger	M55	43.37	782	10.25	670	28.40	488	26.58	404	16.21	1001	3345
Banens (Act) Bob	M55	35.62	615	9.20	589	35.20	637	42.29	730	12.34	731	3302
Rose (Vic) Graeme	M60	45.90	918	12.29	827	35.76	668	38.85	700	16.20	934	4047
Green (Act) Ray	M60	33.57	630	9.91	642	36.18	677	25.28	405	12.89	717	3071
Reynolds (Vic) John	M60	35.43	673	8.77	554	32.52	594	21.68	329	13.52	758	2908
Quinn (Qld) Don	M60	32.02	594	10.24	667	33.96	627	18.05	253	13.26	741	2882
James (Nsw) Keith	M65	33.16	719	10.78	843	38.46	831	35.89	726	10.68	648	3767
Sowerby (Nsw) Brett	M65	27.45	570	9.22	702	33.75	710	21.45	376	10.00	599	2957
Nicol (Nsw) Greg	M65	24.96	505	8.65	651	25.23	495	26.03	485	7.87	448	2584
Whyte (Act) Robin	M65	23.36	464	7.36	536	22.65	432	24.27	443	9.60	571	2446
Thomas (Act) Bryan	M65	18.29	334	7.37	536	20.81	387	22.59	403	6.60	359	2019
Wiggins (Nsw) Bruce	M65	18.67	344	6.10	424	20.01	368	19.37	327	8.80	514	1977
Simcock (Nsw) Ron	M70	32.97	728	10.18	682	29.92	711	31.63	666	11.99	764	3551
Robbie (Act) Col	M70	31.09	678	9.82	654	30.40	725	31.30	658	11.16	703	3418
Hancock (Vic) Tom	M70	37.08	838	11.39	779	34.44	842	36.44	792	0.00	0	3251
Bugden (Nsw) Dave	M70	34.48	769	9.40	620	26.69	618	21.62	410	12.34	791	3208
Chambers (Vic) Don	M70	26.98	569	9.80	652	21.35	468	19.96	368	13.00	839	2896
Van Weenan (Vic) Wim	M75	40.55	1112	9.30	727	26.19	715	21.44	487	14.88	1135	4176
Mencik (Act) George	M75	31.01	812	11.08	892	28.06	777	16.39	341	14.13	1071	3893
Thew (Act) Kerry	M75	21.88	529	7.54	566	22.01	578	20.57	462	9.22	654	2789
Windred (Nsw) Norm	M80	28.58	771	8.91	715	22.41	719	20.81	484	13.16	1064	3753
Leovic (Act) Rad	M80	20.88	524	6.68	506	15.14	441	15.58	329	7.65	566	2366
Drummond (Act) Ewen	M85	21.46	710	6.92	676	12.99	463	14.79	423	7.32	658	2930

HAMMER SHOT DISCUS JAVELIN WEIGHT

Australian Masters Athletics Winter Throwing Championships October 5<sup>th</sup> 2008

Masson St Turner, ACT

Weight Pentathlon Results- Women 30+

		hammer		discus		shot		jav		weight		total
Di Marco( Nsw) Karyne	W30	55.79	1062	8.46	429	29.87	460	27.92	437	17.45	1142	3530
Sudarikova (Nsw) Tatiana	W35	29.68	575	10.05	569	25.39	390	30.34	483	11.30	764	2781
Smith (Nsw) Lyn	W35	26.39	494	9.05	500	29.95	478	30.78	491	9.91	654	2617
Hardy (Act) Jayne	W45	36.36	1047	8.68	623	26.72	500	20.80	398	11.48	980	3548
Debrot ( Nsw) Kim	W45	19.67	489	8.84	637	23.64	431	20.08	382	7.93	636	2575
Dawson ( Nsw) Lesley	W45	20.22	507	7.66	535	19.80	345	13.93	239	7.89	632	2258
Taylor (Nsw) Jill	W50	25.89	544	8.03	604	19.43	376	17.01	349	9.20	580	2453
Clement (Nsw) Vicki	W50	23.72	486	5.94	415	12.42	210	11.23	202	7.29	434	1747
Palmer (Act) Denise	W55	33.11	832	9.28	800	25.51	588	0.00	0	10.28	738	2958
Van Bockel (Nsw) Adriana	W55	21.45	482	6.34	505	16.68	349	12.97	289	7.67	519	2144
Brown (Nsw) Judy	W55	16.34	332	5.73	445	14.58	294	12.38	273	5.38	330	1674
O'Brien (Act) Wendy	W60	11.15	217	3.70	284	8.09	153	6.14	119	5.40	305	1078
Searle (Qld) Helen	W65	36.09	1198	9.50	1049	20.96	605	19.18	620	13.31	1055	4527
Banens (Act) Jan	W65	34.37	1132	7.76	830	18.85	532	18.62	599	12.29	963	4056
Rudov( Act) Raylea	W65	28.67	913	7.21	761	16.11	440	17.47	556	10.87	836	3506
Rose (Vic) Graeme	W65	26.05	814	6.79	709	17.60	490	16.40	516	10.28	783	3312
Harris (Act) Fran	W65	15.24	410	6.01	612	11.93	302	16.75	529	7.71	556	2409
Schmidt ( Act) Joyce	W70	20.77	724	6.89	835	15.17	480	15.58	565	7.21	601	3205
Thew (Act) Jean	W70	15.03	480	5.12	586	12.41	374	12.13	419	6.54	533	2392
Frith (Qld) Ruth	W95	10.81	1419	4.37	1711	8.46	830	5.78	678	4.64	1454	6092

name	age	hammer	shot	discus	javelin	weight	56lb	100lb	
Anatoly Kirievsky	N	M30	21.43	8.40	26.07	33.30			
Clayton Campodónico	Q	M35					8.65	5.51	2.46
Darron Haworth	Q	M35	49.37	13.16	50.03a		16.13C	10.94a	5.57a
Brett Kingston	N	M35						5.58	2.90
Phil Frkovic	N	M40	43.07C	11.86	32.68	29.13	12.05	7.13	2.87
Stan Grant	V	M40		9.61	29.40	39.15			
Ronny Reichelt	A	M45		7.62	22.33	23.52			
Robert HanburyBrown	N	M50	31.37	11.30	37.45	35.72			
Lajos Joni	N	M50	45.64	10.72	34.77	23.99	14.62	6.85	2.09
Geoff Crumpton	A	M50	40.03	11.31	31.01	32.31	15.17	7.18	3.50
Andrew Atkinson-Howatt	N	M50	34.32	10.17	37.72	43.38	12.17		
Tony Baker	N	M50	27.58	10.21	26.25	26.03			
Ray Chambers	A	M50	30.55	11.14	30.63				
Frank Nugent	A	M50					7.98	3.86	1.87
Bob Banens	A	M55	38.07	10.18	35.22	45.01	13.47	6.36	3.11
Roger Glass	V	M55	44.66	10.20	33.13	25.83	15.80	6.51	2.91
Don Quinn	Q	M60	33.47	10.86	36.28		12.56	4.83	1.64
John Reynolds	V	M60	34.84	9.10	32.74	21.08	14.26	4.24	2.24
Ray Green	A	M60	29.31	9.66	41.50	24.72	13.65	3.96	2.25
Graeme Rose	V	M60	46.15	12.29	37.17	38.91	17.24	6.32	
Greg Nicol	N	M65		8.57		26.65			
Keith James	N	M65	33.60	10.88	38.28				
Bruce Wiggins	N	M65	20.03	7.07	18.16	17.86			
Brett Sowerby	N	M65	27.83	9.09	34.59	22.31	11.00	3.56	1.99
Noel Donohoe	N	M65						4.33	2.10
Bryan Thomas	A	M65		7.43		24.60			
Robin Whyte	A	M65	23.26	7.20		25.85	9.40		
Dave Bugden	N	M70	40.94	9.45	26.76	22.17	15.46		
Don Chambers	V	M70	26.16	9.48	21.47	20.40	13.65	4.21	2.32
Col Robbie	A	M70		10.32	29.13	30.15			
Tom Hancock	V	M70	39.84	11.48	32.79	33.91	15.21		
Ken Priestley	V	M70	41.54				17.38C		
Ron Simcock	N	M70	34.51	10.71	32.37	34.74	12.94		
Wim Van Weenen	V	M75	39.85	9.13			14.91C		
George Mencik	A	M75	35.40	11.24C	30.43C				
Rad Leovic	A	M80	20.62	7.05	13.98	17.14			
Norm Windred	N	M80	30.01C	9.23			12.38	3.12a	1.76a
Ewen Drummond	A	M85	21.95C	6.75	12.97	14.82C	7.57C		

### **2008 Australian Masters Athletics Winter Throwing Championship Results**

4-6 October 2008. Masson St Ground, Turner, ACT

C = Championship record, a = Australian Record

Name	age	hammer	shot	discus	javelin	weight	56lb	100lb
Karyne Di Marco	N W30	57.09C	9.17	31.97	26.40	16.46	4.07a	2.24a
Lyn Smith	N W35	29.80	9.95	31.11	33.85	9.98		
Tatiana Sudarikova	N W35				32.18			
Anne Travis	A W35		5.68	17.21	13.39			
Jayne Hardy	A W45	35.23	8.93	28.27	23.42	11.13	3.69C	2.04C
Kim Debrot	N W45	21.94	8.65	25.16	20.74			
Lesley Dawson	S W45	21.94	7.65	21.47	15.49	7.89	3.24	1.58
Tanya Colyer	A W45	13.36						
Jill Taylor	N W50	27.90	8.44	20.31	18.45	9.62	2.96	1.50a
Vicki Clement	N W50	23.29	5.97	14.67	13.00	8.17		1.12
Adriana Van Bockel	N W55	23.83	6.27	17.04	15.00	7.20		
Judy Brown	N W55	16.91	6.09	17.08	12.85	5.21	1.89	
Denise Palmer	A W55	36.52	10.18	28.69C	19.88	11.16		1.39
Trish Thomas	A W60						2.41	1.16
Wendy O'Brien	A W60	13.20	3.74			5.09		
Astrid Rose	V W65	28.53	6.71	17.44	16.41	9.69		
Fran Harris	A W65	18.83	6.08	12.95	17.21			
Helen Searle	Q W65	37.77	10.00	22.80		13.28		
Raylea Rudov	A W65	29.19	7.36	19.54	17.02	12.34	2.92	
Jan Banens	A W65	36.61	8.27	19.05	20.02	12.43		
Joyce Schmidt	A W70	23.27	7.18	16.15	15.32	6.98		
<b>Records set in weight pent and heavy weight pents</b>							weight pent score	heavy weight pent score
Karyne Di Marco	W30					17.45C		4980C
Joyce Schmidt	W70							2208C
Ruth Frith	W95				5.78C			
Anatoly Kirievsky	M30				33.98C		1788C	
Darron Haworth	M35							4436C
Lajos Joni	M50							3646C
Roger Glass	M55							4303C
Graeme Rose	M60							4469C
Wim Van Weenan	M75	40.55C			21.44C		4176C	4678C
Norm Windred	M80				22.41C		3753C	3621C
Ewen Drummond	M85		6.92C	12.99C			2930C	

**2008 Australian Masters Athletics Winter Throwing Championships Results**

4-6 October Masson St Ground, Turner, ACT. Distance in metres.

C = championship record, a= Australian record.