

AUSTRALIAN MASTERS ATHLETICS & WORLD MASTERS ATHLETICS RECORDS											
AMAI Club Records compiled by Records Officer, Clyde Riddoch, 14 Joan Street, Sunshine West Vic 3020, Tel: 03 9363 2515											
Mobile: 0439 902 907, Email: clyderiddoch@msn.com											
										20-Apr-16	
MEN					WOMEN						
AGE		NAME	STATE	TIME	DATE	AGE		NAME	STATE	TIME	DATE
60 METRES					60 METRES						
M30	AR	ROBERT VIDLER	VIC	6.96s	2011	W30	AR	FIONA CULLEN	QLD	7.95s	2011
M35	AR	ROBERT VIDLER	VIC	7.21s	2012	W35	AR	WENDY SEEGER	WA	7.61s	2015
M40	AR	GREG SMITH	NSW	7.19s	2012		AR	KATH HOLLAND	WA	7.4s h	1978
M45	AR	ROB COLLING	WA	7.28s	2016	W40	AR	GIANNA MOGENTALE	NSW	7.86s	2007
		MICHAEL WILSON	ACT	7.1s h	1995	W45	AR	JULIE BRIMS	QLD	7.75s	2011
M50	AR	WAYNE COUSINS	QLD	7.40s	2001	W50	AR	JULIE BRIMS	QLD	8.14s	2016
M55	AR	JOHN WIGHT	QLD	7.41s	2001	W55	AR	JULIE FORSTER	NSW	8.71s	2016
M60	AR	PETER CROMBIE	NSW	7.94s	2006	W60	AR	WENDY SHEAVES-DORAN	QLD	9.04s	2010
M65	AR	ROB MCDONALD	QLD	8.10s	2010	W65	AR	CAROL DAVIS	QLD	9.12s	2016
M70	AR	GLEN WILSON	QLD	8.41s	2011	W70	AR	ANNETTE HORSNELL	QLD	9.99s	2008
M75	AR	HUGH COOGAN	QLD	8.78s	2012	W75	AR	ANN COOPER	SA	10.23s	2007
M80	AR	TOM BROWN	QLD	9.42s	1999	W80	AR	CONSID LARMOUR	ACT	12.94s	2015
M85	AR	CHARLIE HANKINS	QLD	10.45s	2001	W85	AR	GWEN GLEESON	ACT	14.78s	2014
M90	AR	JIM SINCLAIR	VIC	12.12s	2015	W90	AR	MARGARET PROWSE	VIC	25.54s	2012
100 METRES					100 METRES						
M30	AR	PIYUSH KUMAR	NSW	10.71s	2013	W30	AR	MELISSA MEDLICOTT	NSW	11.55s	2000
M35	AR	MATTHEW PILKINGTON	NSW	10.88s	2009	W35	AR	WENDY SEEGER	WA	12.01s	2016
	WR	KIM COLLINS	SKN	9.96s	2014		WR	MERLENE OTTEY	JAM	10.74s	1996
M40	AR	REG AUSTIN	NSW	10.80s	1977	W40	AR	WENDY SEEGER	WA	12.18s	2016
	WR	TROY DOUGLAS	NED	10.29s	2003		WR	MERLENE OTTEY	SLO	11.09s	2004
M45	AR	BOB WISHART	VIC	11.2s	1989	W45	AR	JULIE BRIMS	QLD	12.37s	2011
	WR	WILLIE GAULT	USA	10.72s	2006		WR	MERLENE OTTEY	SLO	11.34s	2008
M50	AR	PETER CROMBIE	NSW	11.47s	1981	W50	AR	JULIE FORSTER	NSW	12.64s	2011
	WR	WILLIE GAULT	USA	10.88s	2011		WR	MERLENE OTTEY	SLO	11.67s	2010
M55	AR	BERNIE HOGAN	QLD	11.5s	1976	W55	AR	MARIE KAY	QLD	13.44s	2015
	WR	WILLIAM COLLINS	USA	11.44s	2008		WR	NICOLE ALEXIS	FRA	12.80s	2015
M60	AR	BERNIE HOGAN	QLD	12.15s	1981	W60	AR	ANN COOPER	SA	14.40s	1990
	WR	RON TAYLOR	GBR	11.70s	1995		WR	KARLA DEL GRANDE	CAN	13.63s	2014
M65	AR	MALCOLM PIRIE	QLD	12.62s	1994	W65	AR	CAROL DAVIS	QLD	14.61s	2016
	AR	PETER CROMBIE	NSW	12.62s	2010		WR	NADINE O'CONNOR	USA	14.10s	2007
	WR	STEPHEN ROBBINS	USA	12.37s	2008	W70	AR	ANN COOPER	SA	15.72s	1999
	WR	VLADMIR VYBOSTOK	SVK	12.37s	2012		WR	KATHY BERGEN	USA	14.76s	2010
M70	AR	BOB WISHART	VIC	13.28s	2012	W75	AR	ANN COOPER	SA	16.09s	2005
	WR	BOBBY WHILDON	USA	12.77s	2005		WR	KATHY BERGEN	USA	15.31s	2015
M75	AR	HUGH COOGAN	QLD	13.86s	2012	W80	AR	GWEN DAVIDSON	VIC	19.93s	2003
	WR	ROBERT LIDA	USA	13.49s	2012		WR	IRENE OBERA	USA	16.81s	2014
M80	AR	LEO COFFEY	VIC	15.27s	2011	W85	AR	GWEN GLEESON	ACT	25.19s	2014
	WR	PAYTON JORDAN	USA	14.35s	1997		WR	NORA WEDEMO	SWE	19.83s	1999
M85	AR	CHARLIE BOOTH	VIC	16.98s	1989		WR	MITSU MORITA	JPN	19.83s	2008
	WR	YASUYUKI ISHIDA	JPN	15.92s	2015	W90	AR	MARGARET PROWSE	VIC	43.22s	2012
M90	AR	JIM SINCLAIR	VIC	19.63s	2015		WR	MITSU MORITA	JPN	23.15s	2013
	WR	FREDERICO FISCHER	BRA	17.53s	2007	W95	WR	KATSUKO IWAKI	JPN	35.48s	
M95	AR	CHARLIE BOOTH	VIC	28.57s	2002						
	WR	FREDERICO FISCHER	BRA	20.41s	2012						
M100	AR	LES AMEY	QLD	58.29s	2000						
	WR	DON PELLMANN	USA	26.99s	2015						
200 METRES					200 METRES						
M30	AR	ADAM FARLOW	ACT	21.67s	2015	W30	AR	MELISSA MEDLICOTT	NSW	23.4s	2000

800 METRES					800 METRES						
M30	AR	SCOTT TAMBLIN	WA	1m 51.81s	2010	W30	AR	JUDY DALY	SA	2m 07.4s	1978
M35	AR	ROBERT MCCUBBIN	VIC	1m 53.10s	2003	W35	AR	JUDY DALY	SA	2m 11.5s	1986
	WR	JOHNNY GRAY	USA	1m 43.36s	1995		WR	LYUBOV GURINA	RUS	1m 56.53s	1994
M40	AR	ROBERT MCCUBBIN	VIC	1m 51.56s	2004	W40	AR	SUZY COLE	TAS	2m10.48s	2010
	WR	ANTHONY WHITEMAN	GBR	1m 48.22s	2012		WR	Y. PODKOPAYEVA	RUS	1m 59.25s	1994
M45	AR	ALAN BRADFORD	QLD	1m 58.6s	1987	W45	AR	ADRIENNE MCIVOR	QLD	2m 11.19ss	2016
	WR	SALADIN ALLAH	USA	1m 54.18s	2005		WR	Y. PODKOPAYEVA	RUS	2m 02.82s	1998
M50	AR	ALAN BRADFORD	QLD	2m 00.40s	1989	W50	AR	JEANETTE FLYNN	QLD	2m 16.05s	2005
	WR	NOLAN SHAHEED	USA	1m 58.65s	2000		WR	JEANETTE FLYNN	AUS	2m 16.05s	2005
M55	AR	TOM ROBERTS	VIC	2m 05.07s	1989	W55	AR	JEANETTE FLYNN	QLD	2m 21.98s	2007
	WR	STAN IMMELMAN	RSA	2m 03.7s	2001		WR	JEANETTE FLYNN	AUS	2m 21.98s	2007
M60	AR	ALAN BRADFORD	QLD	2m 10.42s	1999	W60	AR	JEANETTE FLYNN	QLD	2m 33.96s	2013
	WR	NOLAN SHAHEED	USA	2m 08.56s	2011		WR	LIDIA ZENTNER	GER	2m 33.09s	2013
M65	AR	DAVID CARR	WA	2m 19.5s	1998	W65	AR	MARGE ALLISON	QLD	2m 55.36s	2010
	WR	EARL FEE	CAN	2m 14.33s	1995		WR	DIANE PALMASON	CAN	2m 41.81s	2003
M70	AR	DAVID CARR	WA	2m 25.14s	2003	W70	AR	ANNE STOBAUS	VIC	3m 03.94s	2011
	WR	EARL FEE	CAN	2m 20.52s	1999		WR	ELFRIEDE HODAPP	GER	2m 59.55s	2006
M75	AR	DAVID CARR	WA	2m 34.3s	2007	W75	AR	LORRAINE LOPES	WA	3m 26.25s	2015
	WR	DAVID CARR	AUS	2m 34.3s	2007		WR	JEANNE DAPRANO	USA	3m 07.35s	2011
M80	AR	DAVID CARR	WA	2m 48.5s	2013	W80	AR	MARION SKARRATT	TAS	4m 20.88s	2001
	WR	EARL FEE	CAN	2m 48.95s	2009		WR	ALICE COLE	CAN	3m 43.62s	2014
M85	AR	MIKE JOHNSTON	VIC	3m 34.5s	2007	W85	AR	HEATHER LEE	NSW	6m 19.59s	2014
	WR	EARL FEE	CAN	3m 09.10s	2014		WR	MELITTA CZERWENKA-NAGE	GER	4m 15.99s	2015
M90	AR	ALEX PITTENDRICH	QLD	4m 28.2s	1997	W90	AR	unclaimed			
	WR	TOSHIO KAMEHAMA	JPN	3m 39.07s	2015		WR	ROSARIO IGLESIAS	MEX	6m 59.18s	2001
M95	WR	HERB KIRK	USA	6m 02.94s	1991						
1500 METRES					1500 METRES						
M30	AR	GLENN RITCHIE	NSW	3m 41.48s	1996	W30	AR	MARCIA SHEER	SA	4m 25.0s	1992
M35	AR	SCOTT TAMBLIN	WA	3m 51.01s	2015	W35	AR	BELINDA MARTIN	NSW	4m 21.03s	2011
	WR	BERNARD LAGAT	USA	3m 32.51s	2010		WR	MARICICA PUICA	ROM	3m 57.73s	1983
M40	AR	ALBIE THOMAS	NSW	3m 55.4s	1975	W40	AR	SUZY COLE	TAS	4m 31.63s	2012
	AR	RICHARD POLKINGHORN	VIC	3m 55.32s	2006		WR	Y. PODKOPAYEVA	RUS	3m 59.78s	1994
	WR	BERNARD LAGAT	USA	3m 41.87s	2015	W45	AR	JEANETTE FLYNN	QLD	4m 33.29s	1997
M45	AR	ROBERT SCHWERKOLT	VIC	4m 00.2s	2011		WR	Y. PODKOPAYEVA	RUS	4m 05.44s	1998
	WR	VYACHESLAV SHABUNIN	RUS	3m 51.22s	2015	W50	AR	JEANETTE FLYNN	QLD	4m 42.00s	2005
M50	AR	TOM ROBERTS	VIC	4m 05.2s	1984		WR	CLARE ELMS	GBR	4m 36.79s	2014
	WR	DAVID HEATH	GBR	3m 58.26s	2015	W55	AR	ANN HOLCOMBE	VIC	5m 00.1s	2002
M55	AR	KEITH BATEMAN	NSW	4m 12.35s	2011		WR	SILKE SCHMIDT	GER	4m 51.26s	2015
	WR	KEITH BATEMAN	AUS	4m 12.35s	2011	W60	AR	JEANETTE FLYNN	QLD	5m 28.07s	2012
M60	AR	JOHN GILMOUR	WA	4m 29.0s	1979		WR	LIDIA ZENTNER	GER	5m 06.65s	2013
	WR	NOLAN SHAHEED	USA	4m 24.00s	2011	W65	AR	LAVINIA PETRIE	VIC	5m 56.1s	2010
M65	AR	JACK RYAN	VIC	4m 41.82s	1987		WR	SABRA HARVEY	USA	5m 29.85s	2014
	WR	SIMON HERLAAR	HOL	4m 39.87s	1994	W70	AR	LAVINIA PETRIE	VIC	6m 04.06s	2014
M70	AR	DONALD MATHEWSON	NSW	5m 02.28s	2015		WR	RIMMA VASINA	RUS	6m 00.50s	2011
	WR	RON ROBERTSON	NZL	4m 52.95s	2011	W75	AR	LORRAINE LOPES	WA	7m 09.6s	2015
M75	AR	DAVID CARR	WA	5m 28.1s	2007		WR	ELFRIEDE HODAPP	GER	6m 34.22s	2010
	WR	SHICHIRO MIDORIKAWA	JPN	5m 22.40s	2007	W80	AR	SHIRLEY BRASHER	TAS	9m 34.52s	2007
M80	AR	DAVID CARR	WA	5m 54.3s	2013		WR	MELITTA CZERWENKA-NAGE	GER	7m 25.50s	2010
	WR	ED WHITLOCK	CAN	5m 48.93s	2011	W85	AR	HEATHER LEE	NSW	11m 56.80s	2014
M85	AR	PETER BROWNBILL	VIC	7m 53s	2004		WR	MELITTA CZERWENKA-NAGE	GER	8m 50.42s	2015
	WR	YOSHIMITSU MIYAUCHI	JPN	6m 51.32s	2009						
M90	AR	PETER BROWNBILL	VIC	9m 32s	2008						
	WR	TOSHIO KAMEHAMA	JPN	7m 37.08s	2015						
M95	WR	PETTER GREEN	NOR	12m 57.7s	2007						
M100	AR	LES AMEY	QLD	16m 46.4s	2000						
	WR	LES AMEY	AUS	16m 46.4s	2000						

1 MILE					1 MILE						
M30	AR	SCOTT TAMBLIN	WA	4m 11.94s	2014	W30	AR	SUE HOBSON	ACT	4m 48s	1989
M35	AR	SCOTT TAMBLIN	WA	4m 11.78s	2015	W35	AR	JUDY DALEY	SA	4m 50.08s	1982
	WR	BERNARD LAGAT	USA	3m 51.38s	2011		WR	MARICICA PUICA	ROM	4m 17.33s	1985
M40	AR	TONY MURRAY	ACT	4m 12.56s	1988	W40	AR	JENNY BRICHACEK	ACT	4m 59.91s	2006
	WR	BERNARD LAGAT	USA	3m 57.91s	2015		WR	Y. PODKOPAYEVA	RUS	4m 23.78s	1993
M45	AR	ROBERT SCHWERKOLT	VIC	4m 27.70s	2012	W45	AR	JEANETTE FLYNN	QLD	5m 07.95s	1997
	WR	TONY YOUNG	USA	4m 16.09s	2008		WR	Y. PODKOPAYEVA	RUS	4m 48.42s	1997
M50	AR	TOM ROBERTS	VIC	4m 30.06s	1987	W50	AR	JEANETTE FLYNN	QLD	5m 13.6s	2004
	WR	NOLAN SHAHEED	USA	4m 25.04s	2001		WR	GITTE KARLSHOJ	DEN	5m 00.59s	2010
M55	AR	KEITH BATEMAN	NSW	4m 35.04s	2010	W55	AR	JEANETTE FLYNN	QLD	5m 27.57s	2006
	WR	KEITH BATEMAN	AUS	4m 35.04s	2010		WR	SILKE SCHMIDT	GER	5m 17.37s	2015
M60	AR	JOHN GILMOUR	WA	4m 57.1s	1980	W60	AR	JEANETTE FLYNN	QLD	5m 56.00s	2012
	WR	TONY MCMANUS	NZL	4m 51.85s	2012		WR	KATHRYN MARTIN	USA	5m 42.65s	2013
M65	AR	JACK RYAN	VIC	5m 05.61s	1987	W65	AR	THERESIA BAIRD	VIC	6m 30.37ss	2007
	WR	DEREK TURNBULL	NZL	4m 56.4s	1992		WR	ANGELA COPSON	GBR	5m 54.59s	2015
M70	AR	JOHN WARREN	NSW	5m 39.38s	2009	W70	AR	LAVINIA PETRIE	VIC	6m 33.96s	2014
	WR	JOOP RUTER	NED	5m 19.75s	2003		WR	JEANNE DAPRANO	USA	6m 47.91s	2007
M75	AR	DAVID CARR	WA	6m 04.2s	2007	W75	AR	LORRAINE LOPES	WA	7m 46.5s	2015
	WR	ED WHITLOCK	CAN	5m 41.80s	2006		WR	JEANNE DAPRANO	USA	6m 58.44s	2012
M80	AR	DAVID CARR	WA	6m 26.6s	2012	W80	AR	ANNE YOUNG	ACT	10m 48.05s	2015
	WR	DAVID CARR	AUS	6m 26.6s	2012		WR	HELLY VISSER	CAN	8m 33.76s	2014
M85	AR	IRWIN BARRETT-LENNARD	WA	8m 50.4s	2014	W85	AR	MARGARET PROWSE	VIC	13m 34.3s	2007
	WR	JOSEF GALIA	GER	8m 04.7s	1985		WR	BLANCHE CUMMINGS	USA	10m 55.25s	2015
M90	AR	PETER BROWNBILL	VIC	10m 30.9s	2008						
	WR	PETER BROWNBILL	AUS	10m 30.9s	2008						
M95	WR	HERB KIRK	USA	14m 48.2s	1990						
3,000 METRES					3,000 METRES						
M30	AR	DAVID LEWIS	NSW	8m 33.7s	1990	W30	AR	SUE HOBSON	ACT	9m 05.93s	1989
M35	AR	SCOTT TAMBLIN	WA	8m 35.3s	2015	W35	AR	BELINDA MARTIN	NSW	9m 18.51s	2011
	WR	BERNARD LAGAT	USA	7m 29.00s	2010		WR	MARICICA PUICA	ROM	8m 27.83s	1985
M40	AR	TONY MURRAY	ACT	8m 36s	1987	W40	AR	BELINDA MARTIN	NSW	9m 36.67s	2014
	WR	BERNARD LAGAT	USA	7m 42.75s	2015		WR	JOYCE SMITH	GBR	9m 11.2s	1978
M45	AR	ROBERT SCHWERKOLT	VIC	8m 49.0s	2011	W45	AR	GLENDA BANAGHAN	QLD	10m 11.04s	2009
	WR	VYACHESLAV SHABUNIN	RUS	8m 15.58s	2015		WR	Y. PODKOPAYEVA	RUS	9m 17.27s	1997
M50	AR	KEITH BATEMAN	NSW	8m 59.62	2009	W50	AR	ROBYN BASMAN	NSW	10m 30.27s	2011
	WR	CHRISTIAN GEFFREY	FRA	8m 41.2s	2007		WR	GITTE KARLSHOJ	DEN	9m 47.20s	2009
M55	AR	KEITH BATEMAN	NSW	8m 56.80s	2010	W55	AR	STACEY VAN DUEREN	VIC	10m 54.6s	2012
	WR	KEITH BATEMAN	AUS	8m 56.80s	2010		WR	SILKE SCHMIDT	GER	10m 03.90s	2015
M60	AR	JOHN GILMOUR	WA	9m 41.2s	1980	W60	AR	ANNE RYAN	QLD	11m 46s	2015
	WR	ADRIAAN HEIJDENS	NED	9m 29.47s	2002		WR	LIDIA ZENTNER	GER	10m 54.04s	2013
M65	AR	JOHN GILMOUR	WA	10m 10.2s	1984	W65	AR	THERESIA BAIRD	VIC	12m 07.18s	2007
	WR	DEREK TURNBULL	NZL	9m 47.4s	1992		WR	ANGELA COPSON	GBR	11m 48.2s	2012
M70	AR	DONALD MATHEWSON	NSW	11m 06.68s	2015	W70	AR	LAVINIA PETRIE	VIC	12m 52.03s	2014
	WR	SIEM HERLAAR	NED	10m 42.40s	1999		WR	LAVINIA PETRIE	AUS	12m 52.03s	2014
M75	AR	DAVID CARR	WA	12m 18.3s	2007	W75	AR	LORRAINE LOPES	WA	14m 40.2s	2015
	WR	ED WHITLOCK	CAN	11m 10.43s	2006		WR	YOKO NAKANO	JPN	13m 55.58s	2012
M80	AR	DAVID CARR	WA	13m 12.3s	2012	W80	AR	LORNA THOMPSON	QLD	20m 28.81s	2007
	WR	ED WHITLOCK	CAN	12m 13.56s	2011		WR	MELITTA CZERWENKA-NAGE	GER	15m 34.64s	2010
M85	AR	IRWIN BARRETT-LENNARD	WA	17m 03.2s	2014	W85	AR	MARGARET PROWSE	VIC	26m 21.8s	2007
	WR	JULIAN BERNAL MEDINA	ESP	14m 13.4s	2005		WR	IVY GRANSTROM	CAN	24m 08.62s	1998
M90	AR	EDDIE GAMBLE	VIC	24m 28.6s	2005						
	WR	YOSHIMITSU MIYAUCHI	JPN	16m 42.01s	2014						
M95	WR	PETTER GREEN	NOR	26m 17.4s	2007						
5,000 METRES					5,000 METRES						

	WR	THADDEUS WILSON	USA	14.37s	2011		WR	PHIL RASCHKER	USA	13.26s	2007
M65	AR	MICK STEVENSON	TAS	16.42s	2005	W65	AR	MARGE ALLISON	QLD	15.11s	2009
	WR	TY BROWN	USA	15.20s	2013		WR	EDITH GRAFF	BEL	14.03s	2008
80 METRES HURDLES				.762m		W70	AR	JEAN HAMPSON	QLD	18.70s	2015
M65	AR	RICHARD TREMBATH	VIC	13.4s	2007		WR	MARIANNE MAIER	AUT	16.04s	2013
M70	AR	MICK STEVENSON	TAS	14.13s	2011	W75	AR	unclaimed			
	WR	TY BROWN	USA	12.61s	2015		WR	CHRISTA BORTIGNON	CAN	17.44s	2013
M75	AR	MICK STEVENSON	TAS	14.98s	2015	W80	AR	unclaimed			
	WR	JAMES STOOKEY	USA	13.62s	2005		WR	IRENE OBERA	USA	19.32s	2015
80 METRES HURDLES				.686m							
M80	AR	FRED O'CONNOR	NSW	18.64s	2005						
	WR	MELVIN LARSEN	USA	14.75s	2005						
M85	AR	VIC YOUNGER	QLD	26.65s	2000						
	WR	KIZO KIMURA	JPN	18.06s	1996						
M90	AR	VIC YOUNGER	VIC	44.4s	2003						
	WR	RALPH MAXWELL	USA	21.62s	2011						
400 METRES HURDLES				.914m		400 METRES HURDLES				.762m	
M30	AR	CAMERON YORKE	WA	53.76s	2010	W30	AR	GLENDA DOUGLASS	NSW	61.6s	1996
M35	AR	MICHAEL EDWARDS	WA	53.79s	1992	W35	A R	STACEY QUITZAW	NSW	62.3s	1996
	WR	DANNY MCFARLANE	JAM	48.13s	2009		WR	MARINA STEPANOVA	URS	52.94s	1986
M40	AR	NOEL CLOUGH	VIC	54.3s	1982	W40	AR	JAN HYNES	QLD	62.80s	1987
	WR	DANNY MCFARLANE	JAM	49.69s	2012		WR	BARBARA GAHLING	GER	58.35s	2007
M45	AR	HARRY GILES	QLD	58.02s	1989	W45	AR	JAN HYNES	QLD	64.09s	1994
	WR	GUIDO MUELLER	FRG	55.18s	1986		WR	BARBARA GAHLING	GER	62.85s	2010
400 METRES HURDLES				.840m		300 METRES HURDLES				.762m	
M50	AR	JOHN GORDON	NSW	60.22s	1997	W50	AR	JAN HYNES	QLD	45.8s	1994
	WR	HOWARD MOSCROP	GBR	56.56s	2008		WR	BARBARA GAHLING	GER	44.90s	2015
M55	AR	RICHARD TREMBATH	VIC	62.60s	1999	W55	AR	MICHELE HOSSACK	VIC	51.00s	2016
	WR	GUIDO MUELLER	GER	58.92s	1995		WR	JANE HORDER	GBR	49.00s	2012
300 METRES HURDLES				.840m							
M50	AR	MICK STEVENSON	TAS	43.58s	1991						
M55	AR	RICHARD TREMBATH	VIC	44.0s	1999						
300 METRES HURDLES				.762m		300 METRES HURDLES				.686m from 2000	
M60	AR	RICHARD TREMBATH	VIC	45.19s	2003	W60	AR	MARGE ALLISON	QLD	51.64s	2005
	WR	GUIDO MUELLER	FRG	42.31s	1999		WR	MARGE ALLISON	AUS	51.64s	2005
M65	AR	MICK STEVENSON	TAS	47.69s	2005	W65	AR	MARGE ALLISON	QLD	54.06s	2011
	WR	GUIDO MUELLER	GER	43.89s	2004		WR	MARGE ALLISON	AUS	54.06s	2011
300 METRES HURDLES				.686m		W70	AR	ANNA ZEITZEN	TAS	96.1s	2003
M70	AR	MICK STEVENSON	TAS	51.64s	2011		WR	FLORENCE MEILOR	USA	67.16s	2004
	WR	GUIDO MUELLER	GER	45.24s	2009	W75	AR	unclaimed			
M75	AR	MICK STEVENSON	TAS	55.47s	2015		WR	JOHNNYE VALIEN	USA	89.00s	2001
	WR	GUIDO MUELLER	GER	49.65s	2014						
M80	AR	FRED O'CONNOR	NSW	66.33s	2004	200 METRES HURDLES				.686m from 2009	
	WR	DAN BULKLEY	USA	62.61s	1999	W70	AR	MARGE ALLISON	QLD	36.71	2015
M85	AR	VIC YOUNGER	QLD	119.8s	1998		WR	MARGE ALLISON	AUS	36.71	2015
	WR	HUGO A DELGADO FLORE	PER	67.99s	2009	W75	WR	CHRISTA BORTIGNON	CAN	39.89s	2013
M90	WR	ILMARI KOPPINEN	FIN	121.71s	2008	W80	WR	IRENE OBERA	USA	42.24s	2014
200 METRES HURDLES				.686m							
M80	AR	OSMO MILLRIDGE	NSW	44.11s	2012						
	WR	EARL FEE	CAN	36.95s	2010						
M85	AR	RAD LEOVIC	ACT	54.84s	2013						
	WR	EARL FEE	CAN	42.70s	2014						
M90	WR	RALPH MAXWELL	USA	51.31s	2010						
1,500 METRES WALK						1,500 METRES WALK					
M30	AR	CLYDE RIDDOCH	VIC	6m 11s	1983	W30	AR	SUE COOK	ACT	6m 40s	1990
M35	AR	STEVE HAUSFELD	ACT	6m 00.3s	1988	W35	AR	SHARON SCHNYDER	VIC	6m 47s	2000

	WB	GARY LITTLE	NZL	1h 26m 32s	1992		WB	LYNETTE VENTRIS	AUS	1h 39m 51s	2011
M55	AB	ANDREW JAMIESON	VIC	1h 35m 13s	2001	W55	AB	LYNETTE VENTRIS	WA	1h 40m 42s	2012
	WB	GRANZIANO MOROTTI	ITA	1h 33m 38s	2006		WB	LYNETTE VENTRIS	AUS	1h 40m 42s	2012
M60	AB	ANDREW JAMIESON	VIC	1h 35m 39s	2008	W60	AB	HEATHER CARR	VIC	1h 56m 18s	2011
	WB	ANDREW JAMIESON	AUS	1h 35m 39s	2008		WB	SANDRA BROWN	GBR	1h 55m 34s	2009
M65	AB	ANDREW JAMIESON	VIC	1h 40m 14s	2012	W65	AB	BRENDA RILEY	VIC	1h 57m 39s	2006
	WB	ANDREW JAMIESON	AUS	1h 40m 14s	2012		WB	BRENDA RILEY	AUS	1h 57m 39s	2006
M70	AB	RALPH BENNETT	VIC	1h 57m 35s	2012	W70	AB	JOAN PURCELL	QLD	2h 30m 05.39s	2011
	WB	ARTHUR THOMSON	GBR	1h 52m 47s	2008		WB	LOUISE WALTERS	USA	2h 12m 27s	2010
M75	AB	TOM DAINTRY	VIC	1h 59m 20s	1986	W75	AB	MARGARET BEAUMONT	VIC	2h 57m 00s	2013
	WB	JAMES GRIMWADE	GBR	1h 55m 19s	1987		WB	U. THUNE	GER	2h 39m 46s	1997
M80	AB	GUS THEOBALD	VIC	2h 11m 55s	1977	W80	AB	unclaimed			
	WB	JAMES GRIMWADE	GBR	2h 04m 49s	1992		WB	DENISE LECLERC	FRA	2h 42m 27s	2013
M85	AB	GUS THEOBALD	VIC	2h 26m 07s	1982						
	WB	JAMES GRIMWADE	GBR	2h 24m 00s	1982						
M90	AB	GUS THEOBALD	VIC	2h 34m 01s	1987						
	WB	GUS THEOBALD	AUS	2h 34m 01s	1987						
M95	WB	P. RABINOWITZ	RSA	2h 48m 19s	1999						
30k ROAD WALK (BEST ON RECORD)			Currently not listed by WMA			30k ROAD WALK (BEST ON RECORD)			Currently not listed by WMA		
M30	AB	DAVID SMITH	VIC	2h 05m 59s	1986						
M35	AB	WILLI SAWALL	VIC	2h 10m 11s	1980						
	WB	MAURIZIO DAMILANO	ITA	2h 06m 14s	1992						
M40	AB	WILLI SAWALL	VIC	2h 08m 0.4s	1982	W40	AB	MICHELLE THOMPSON	VIC	3h 08m 30s	2012
	WB	GERMAN SKURYGIN	RUS	2h 06m 34s	2004						
M45	AB	WILLI SAWALL	VIC	2h 19m 40s	1987	W45	AB	SANDRA HOWORTH	VIC	4h 07m 15s	2012
	WB	GARY LITTLE	NZL	2h 18m 41s	1991						
M50	AB	ANDREW JAMIESON	VIC	2h 31m 20s	1999						
	WB	GARY LITTLE	NZL	2h 18m 14s	1992						
M55	AB	ANDREW JAMIESON	VIC	2h 32m 05s	2003	W55	AB	BARBARA CAIN	SA	3h 31m 15s	2005
	WB	GRANZIANO MOROTTI	ITA	2h 29m 34s	2006						
M60	AB	ANDREW JAMIESON	VIC	2h 28m 55s	2009	W60	AB	HEATHER CARR	VIC	3h 19m 01s	2011
	WB	ANDREW JAMIESON	AUS	2h 28m 55s	2009						
M65	AB	ANDREW JAMIESON	VIC	2h 39m 25s	2011	W65	AB	HEATHER CARR	VIC	3h 37m 02s	2015
	WB	GERHARD WEIDNER	GER	2h 51m 29s	2001						
M70	AB	GEORGE WHITE	SA	3h 14m 05s	2015	W70	AB	VAL CHESTERTON	ACT	4h 27m 59s	2010
	WB	ARTHUR THOMSON	GBR	2h 52m 47s	2006						
M75	WB	CHARLES COLMAN	GBR	3h 20m 38s	1996						
M80	WB	JAMES GRIMWADE	GBR	3h 24m 40s	1996						
50k ROAD WALK (BEST ON RECORD)						50k ROAD WALK (BEST ON RECORD)					
M30	AB	SIMON BAKER	VIC	3h 43m 13s	1989	W30	AB	unclaimed			
M35	AB	WILLI SAWALL	VIC	3h 46m 34s	1980	W35	AB	LISA WILSON	ACT	5h 23m 08s	2004
	WB	YOHANN DINIZ	FRA	3h 32m 33s	2014		WB	ERIN TAYLOR-TALCOTT	USA	4h 38m 11s	2014
M40	AB	WILLI SAWALL	VIC	3h 59m 48s	1986	W40	AB	MICHELLE THOMPSON	VIC	5h 23m 38s	2012
	WB	J.MARIN	ESP	3h 49m 06s	1992		WB	SUSAN RANDALL	USA	4h 42m 34s	2014
M45	AB	PETER BENNETT	QLD	4h 49m 28s	2001	W45	AB	unclaimed			
	WB	JESUS GARCIA	ESP	3h 46m 43s	2015		WB	S.BROWN	GBR	4h 56m 27s	1994
M50	AB	WILLI SAWALL	VIC	4h 12s 57s	1992	W50	AB	unclaimed			
	WB	GERHARD WEIDNER	GER	4h 14m 37s	1983		WB	S.BROSNAHAN	USA	5h 21m 52s	2002
M55	AB	ANDREW JAMIESON	VIC	4h 46m 44s	2004	W55	AB	LIZ FELDMAN	VIC	5h 45m 08s	2004
	WB	GRAZIANO MORETTI	ITA	4h 23m 34s	2007		WB	LIZ FELDMAN	AUS	5h 45m 08s	2004
M60	AB	ANDREW JAMIESON	VIC	4h 23m 16s	2008	W60	AB	LIZ FELDMAN	VIC	6h 05m 43s	2011
	WB	ANDREW JAMIESON	AUS	4h 23m 16s	2008		WB	SANDRA BROWN	GBR	5h 29m 04s	2013
M65	AB	BOB CHAPMAN	ACT	5h 59m 06s	2002	W65	AB	VAL CHESTERTON	ACT	7h 07m 53s	2006
	WB	LEON JASIONOWSKI	USA	5h 11m 22s	2010		WB	DARLENE BACKLUND	USA	6h 26m 44s	2010
	AB	ROBIN WHYTE	ACT	6h 06m 34s	2015	W70	WB	DARLENE BACKLUND	USA	7h 02m 21s	2015
M70	WB	ARTHUR THOMSON	GBR	5h 15m 40s	2007	W75	AB	VAL CHESTERTON	ACT	8h 06m 47s	2015

DISCUS				1kg		WR	KAREN ILLGEN	GER	39.24m	2002	
M60	AR	WARWICK SELVEY	QLD	53.43m	2001	W65	AR	HEATHER DOHERTY	QLD	30.74m	1999
	WR	KLAUS LIEDTKE	GER	66.36m	2001		WR	TAMARA DANILOVA	RUS	37.62m	2005
M65	AR	TOM HANCOCK	VIC	46.79m	2002	W70	AR	HEATHER DOHERTY	QLD	25.45m	2006
	WR	KLAUS LIEDTKE	GER	59.75m	2007		WR	TAMARA DANILOVA	RUS	33.55m	2010
M70	AR	KEITH JAMES	NSW	41.66m	2012					*750gm from 10/200	
	WR	CARMELO RADO	ITN	55.27m	2007	W75	AR	HEATHER DOHERTY	QLD	21.02m	2008
M75	AR	CHARLIE RANN	QLD	36.88m	2003		AR	HEATHER DOHERTY	QLD	*24.46m	2012
	WR	RADO CARMELO	ITA	49.21m	2008		WR	TAMARA DANILOVA	RUS	31.56m	2015
M80	AR	SYDNEY COLEMAN	WA	29.56m	1996	W80	AR	GWEN DAVIDSON	VIC	15.59m	2003
	WR	OSTEN EDLUND	SWE	40.64m	2015		AR	HEATHER DOHERTY	QLD	*22.28m	2014
M85	AR	FELIKS JEKABSONS	QLD	25.28m	2008		WR	SUSANNE WISSINGER	GER	24.42m	2014
	WR	KAUKO JOUPPIILA	FIN	33.10m	2006	W85	AR	RUTH FRITH	NSW	13.92m	1998
M90	AR	JOHN FRASER	VIC	19.72m	2005		AR	RAEMA MCMILLAN	WA	*13.81m	2013
	WR	DONALD PELLMANN	USA	27.93m	2005		WR	RACHEL HANSSSENS	BEL	19.49m	2014
M95	AR	unclaimed				W90	AR	RUTH FRITH	NSW	12.10m	2000
	WR	DONALD PELLMANN	USA	18.21m	2011		WR	OLGA KOTELKO	CAN	14.80m	2009
M100	WR	DONALD PELLMANN	USA	14.86m	2015	W95	AR	RUTH FRITH	QLD	9.85m	2004
							AR	RUTH FRITH	QLD	*10.90m	2006
							WR	GABRE GABIC	ITA	12.86m	2010
						W100	AR	RUTH FRITH	QLD	*9.30m	2011
							WR	RUTH FRITH	AUS	*9.30m	2011
HAMMER				7.26kg		HAMMER				4kg	
M30	AR	STUART RENDELL	ACT	77.53m	2006	W30	AR	KARYNE DI MARCO	NSW	64.10m	2009
M35	AR	HANS LOTZ	VIC	67.92m	1987	W35	AR	BYRONY GLASS	WA	54.67m	2013
	WR	IGOR ASTAPKOVICH	BLR	83.62m	1998		WR	OLGA KUSENKOVA	RUS	72.36m	2007
M40	AR	HANS LOTZ	VIC	66.94m	1987	W40	AR	JAYNE HARDY	ACT	46.33m	2004
	WR	IGOR ASTAPKOVICH	BLR	82.23m	2004		WR	ONEITHEA LEWIS	USA	57.08m	2005
M45	AR	HANS LOTZ	VIC	59.62m	1994	W45	AR	SHARON GIBBONS	ACT	43.87m	2003
	WR	ALEKSANDR DRYHOL	UKR	79.42m	2012		WR	ONEITHEA LEWIS	USA	56.21m	2005
HAMMER				6kg		HAMMER				3kg	
M50	AR	HANS LOTZ	VIC	60.39m	1998	W50	AR	MARJA-LEENA PARVIAINEN	NSW	51.73m	1998
	WR	JUD LOGAN	USA	71.71m	2009		WR	ONEITHEA LEWIS	USA	55.46m	2010
M55	AR	KEN READWIN	VIC	49.34m	1996	W55	AR	MARJA-LEENA PARVIAINEN	NSW	51.30m	2002
	WR	JUD LOGAN	USA	67.27m	2014		WR	MARJA-LEENA PARVIAINEN	AUS	51.30m	2002
HAMMER				5kg		W60	AR	HELEN SEARLE	QLD	46.09m	2001
M60	AR	WIM VAN WEENEN	VIC	50.62m	1994		WR	HELEN SEARLE	AUS	46.09m	2001
	WR	ARILD BUSTERUD	NOR	63.32m	2008	W65	AR	HELEN SEARLE	QLD	41.41m	2006
M65	AR	WIM VAN WEENEN	VIC	50.38m	1997		WR	JUTTA SCHAEFER	GER	44.38m	1997
	WR	ARILD BUSTERUD	NOR	60.65m	2013	W70	AR	JANICE BANENS	ACT	35.67m	2011
HAMMER				4kg			WR	EVAUN B. WILLIAMS	GBR	37.40m	2008
M70	AR	WIM VAN WEENEN	VIC	48.74m	2003					*2kg from 10/2004	
	WR	EDWARD BURKE	USA	59.04m	2010	W75	AR	GWEN DAVIDSON	VIC	23.82m	1999
M75	AR	WIM VAN WEENEN	VIC	43.84m	2008		AR	HELEN SEARLE	QLD	*32.55m	2015
	WR	ROBERT WARD	USA	51.51m	2008		WR	EVAUN B. WILLIAMS	GBR	39.64m	2013
				3kg from 11/2005		W80	AR	GWEN DAVIDSON	VIC	23.12m	2006
M80	AR	WIM VAN WEENEN	VIC	41.98m	2012		AR	VAL WORRELL	VIC	*25.77m	2015
	WR	JOSE SANZA AGREDA	ESP	49.53m	2015		WR	SUSANNE WISSINGER	GER	29.58m	2014
M85	AR	ANTON TESIJA	ACT	28.01m	2000	W85	AR	RUTH FRITH	NSW	18.26m	1995
	WR	HARVEY LEWELLEN	USA	33.18m	2015		AR	RAEMA MCMILLAN	WA	*18.55m	2013
M90	AR	JOHN FRASER	VIC	24.61m	2005		WR	RACHEL HANSSSENS	BEL	26.80m	2014
	WR	JOHN FRASER	AUS	24.61m	2005	W90	AR	RUTH FRITH	NSW	13.13m	2000
M95	AR	unclaimed					WR	OLGA KOTELKO	CAN	16.71m	2011
	WR	ANTONIA FONSECA	BRA	22.01m	2011	W95	AR	RUTH FRITH	QLD	11.37m	2004
M100	WR	TRENT LANE	USA	11.32m	2011		AR	RUTH FRITH	QLD	*13.71m	2006
							WR	OLGAKOTELKO	CAN	14.92m	2014
						W100	AR	RUTH FRITH	QLD	*11.30m	2010
							WR	RUTH FRITH	AUS	*11.30m	2010

		*Pre-1987 old centre of gravity				*Pre-2000 old centre of gravity					
JAVELIN				800g			JAVELIN			600g	
M30	AR	ANDREW CURREY	NSW	86.67m	2001	W30	AR	LYNETTE SMITH	NSW	38.88m	2005
							AR	*MARY THOMAS	NSW	49.40m	1979
M35	AR	TONY SHIELD	VIC	62.11m	2007	W35	AR	JAYNE HARDY	ACT	41.28m	2000
		*FRANCIS RYAK	NSW	64.40m	1986		AR	*MARY THOMAS	NSW	46.98m	1983
	WR	JAN ZELEZNY	CZE	92.80m	2001		WR	STEFFI NERIUS	GER	68.34m	2008
M40	AR	JOHN KAY	NSW	66.90m	2001	W40	AR	JAYNE HARDY	ACT	39.32m	2004
	WR	JAN ZELEZNY	CZE	85.92m	2006		AR	*MARY THOMAS	NSW	48.84m	1985
							WR	FELICIA MOLDOVAN	ROM	61.23m	2008
M45	AR	BOB BANENS	ACT	57.38m	1999	W45	AR	JAYNE HARDY	ACT	37.01m	2010
	WR	PETER BLANK	GER	77.15m	2007		AR	*HEATHER DOHERTY	QLD	42.28m	1980
							WR	ELISABETH WALLANDER	SWE	50.47m	2005
JAVELIN		700g from 2000				JAVELIN				500g from 2000	
M50	AR	BOB BANENS	ACT	58.68m	2001	W50	AR	JAYNE HARDY	ACT	36.19m	2013
	WR	ROALD BRADSTOCK	GBR	76.16m	2012		AR	MARY THOMAS	NSW	48.56m(400g)	1995
							WR	GENOWEFA PATLA	POL	47.14m	2015
M55	AR	BOB BANENS	ACT	51.75m	2005	W55	AR	MARY THOMAS	NSW	39.17m	2001
	WR	MICHAEL BROWN	USA	66.11m	2010		AR	HEATHER DOHERTY	QLD	40.10m(400g)	1989
							WR	NATASA BEZJAK	SLO	44.44m	2002
JAVELIN		600g				JAVELIN				400g *500g from 2011	
M60	AR	BOB BANENS	ACT	49.22m	2010	W60	AR	HEATHER DOHERTY	QLD	36.08m	1993
	WR	ESA KIURU	FIN	62.47m	2007		AR	*JUNE LOWE	NSW	25.20m	2016
M65	AR	AIVARS PAVULINS	VIC	45.00m	1989		WR	GERTRAUD SCHONAUER	AUT	41.28m	1997
	WR	ESA KIURU	FIN	58.58m	2012		WR	*LINDA COHN	USA	37.50m	2014
JAVELIN		500g from 2000				W65	AR	MARY THOMAS	NSW	31.31m	2009
M70	AR	ERKKI SAARINEN	QLD	42.00m	2006		AR	*WILMA PERKINS	QLD	24.51m	2015
	WR	KAYKO TUISKO	FIN	53.09m	2014		WR	EVAUN B. WILLIAMS	GBR	38.07m	2006
M75	AR	ERKKI SAARINEN	QLD	38.12m	2010		WR	*JARMILA KLIMESOVA	CZE	31.14m	2014
	WR	PAAVO NIEMALA	FIN	46.45m	2011	W70	AR	HEATHER DOHERTY	QLD	26.14m	2006
JAVELIN		400g from 2000					AR	*MARY THOMAS	NSW	24.31m	2015
M80	AR	ERKKI SAARINEN	QLD	33.80m	2013		WR	EVAUN B. WILLIAMS	GBR	33.73m	2009
	WR	LOTHAR HUCHTHAUSEN	GER	42.72m	2015		WR	*CAROL FROST	USA	27.78m	2015
M85	AR	VIC YOUNGER	QLD	21.98m	2000	W75	A R	MIRIAM CUDMORE	SA	22.43m	2014
	WR	WILLIAM PLATTS	USA	35.64m	2014		WR	EVAUN B. WILLIAMS	GBR	29.92m	2013
M90	AR	VIC YOUNGER	VIC	17.01m	2003	W80	AR	HEATHER DOHERTY	QLD	19.45m	2014
	WR	HELGE LONNROTH	FIN	23.87m	2007		WR	RACHEL HANSSSENS	BEL	21.83m	2010
M95	WR	TRENT LANE	USA	20.80m	2005	W85	AR	RAEMA MCMILLAN	WA	12.09m	2013
M100	WR	TAKASHI SHIMOKAWARA	JPN	12.42m	2007		WR	RACHEL HANSSSENS	BEL	18.96m	2014
						W90	AR	RUTH FRITH	NSW	10.51m	2002
							WR	OLGA KOTELKO	CAN	13.54m	2009
						W95	AR	RUTH FRITH	QLD	9.03m	2006
							WR	OLGA KOTELKO	CAN	11.24m	2014
						W100	AR	RUTH FRITH	QLD	6.43m	2009
							WR	RUTH FRITH	AUS	6.43m	2009
WEIGHT THROW		15.88kg				WEIGHT THROW				9.072kg	
M30	AR	DAVID ALLAN	QLD	17.05m	2005	W30	AR	KARYNE DI MARCO	NSW	18.57m	2008
M35	AR	RICARD MEIRING	NSW	19.08m	2014	W35	AR	BYRONY GLASS	WA	18.02m	2013
	WR	JURIY TAMM	FIN	25.17m	1992		WR	BYRONY GLASS	AUS	18.02m	2013
M40	AR	HANS LOTZ	VIC	16.60m	1992	W40	AR	JAYNE HARDY	ACT	14.62m	2003
	WR	RALF JOSSA	GER	20.98m	2007		WR	ONEITHEA LEWIS	USA	19.09m	2002
M45	AR	BOB WAGNER	QLD	16.11m	2004	W45	AR	GABI WATTS	NSW	13.88m	2015
	WR	OLEKSANDR DRYGOL	UKR	20.79m	2011		WR	ONEITHEA LEWIS	USA	17.88m	2005
WEIGHT THROW		11.34kg				WEIGHT THROW				7.258kg	
M50	AR	BOB WAGNER	QLD	19.78m	2006	W50	AR	MARJA-LEENA PARVIAINEN	NSW	16.54m	1997
	WR	JUD LOGAN	USA	24.24m	2009		WR	ONEITHEA LEWIS	USA	18.76m	2011
M55	AR	GRAEME ROSE	VIC	17.84m	1999	W55	AR	MARJA-LEENA PARVIAINEN	NSW	15.15m	2002

	WR	JUD LOGAN	USA	21.73m	2014		WR	EVAUN B. WILLIAMS	GBR	17.02m	1994
WEIGHT THROW				9.072kg		WEIGHT THROW				5.449kg	
M60	AR	GRAEME ROSE	VIC	19.03m	2006	W60	AR	DORN JENKINS	VIC	17.58m	2016
	WR	ARILD BUSTERUD	NOR	24.20m	2008		WR	INGE FALDAGER	DEN	17.84m	2008
M65	AR	WIM VAN WEENEN	VIC	18.57m	1997	W65	AR	HELEN SEARLE	QLD	16.44m	2004
	WR	ARILD BUSTERUD	NOR	22.10m	2015		WR	ANNIE VAN ANHOLT	NED	17.34m	2014
WEIGHT THROW				7.258kg		W70	AR	HELEN SEARLE	QLD	13.94m	2009
M70	AR	WIM VAN WEENEN	VIC	17.96m	2002		WR	JUTTA SCHAEFER	GER	15.00m	2004
	WR	EDWARD BURKE	USA	22.33m	2012					*4kg from 10/2004	
M75	AR	WIM VAN WEENEN	VIC	15.98m	2009	W75	AR	GWEN DAVIDSON	VIC	10.30m	1998
	WR	KLAUS ALBERS	GER	20.06m	2015		AR	HELEN SEARLE	QLD	*13.23m	2015
WEIGHT THROW				5.449kg			WR	EVAUN B. WILLIAMS	GBR	14.74m	2013
M80	AR	GEORGE MENCIK	ACT	16.92m	2013	W80	AR	GWEN DAVIDSON	VIC	8.80m	2003
	WR	RADO CARMELO	ITA	19.91m	2013		AR	VAL WORRELL	VIC	*9.72m	2015
M85	AR	JOHN FRASER	VIC	12.99m	2000		WR	RACHEL HANSSSENS	BEL	10.56m	2012
	WR	ERIK ERIKSSON	FIN	15.34m	2008	W85	AR	RUTH FRITH	NSW	7.78m	1995
M90	AR	JOHN FRASER	VIC	10.11m	2005		AR	RAEMA MCMILLAN	WA	*9.90m	2013
	WR	TORGEIR BRANDVOLD	NOR	10.59m	2004		WR	HILJA BAKHOFF	EST	9.23m	2014
M95	AR	unclaimed				W90	AR	RUTH FRITH	NSW	6.19m	2001
	WR	TRENT LANE	USA	7.56m	2006		WR	OLGA KOTELKO	CAN	7.90m	2010
						W95	AR	RUTH FRITH	QLD	5.16m	2006
							AR	RUTH FRITH	QLD	*6.23m	2005
							WR	OLGA KOTELKO	CAN	6.72m	2014
						W100	AR	RUTH FRITH	QLD	*4.88m	2009
							WR	RUTH FRITH	AUS	*4.68m	2011
56lb HEAVY WEIGHT						56lb HEAVY WEIGHT					
M30	AR	GREZEGORZ URBANOWIC	WA	7.74m	2011	W30	AR	MELISSA HOLAHAN	NSW	5.87m	2015
M35	AR	DARRON HAWORTH	QLD	10.94m	2008	W35	AR	BYRONY GLASS	WA	5.71m	2016
M40	AR	GRANT EDWARDS	ACT	10.82m	2007	W40	AR	ALTHEA MACKIE	QLD	5.00m	2014
M45	AR	GRANT EDWARDS	ACT	10.24m	2007	W45	AR	ALTHEA MACKIE	QLD	5.16m	2016
M50	AR	GRANT EDWARDS	ACT	9.79m	2012	W50	AR	JAYNE HARDY	ACT	4.40m	2014
M55	AR	LAJOS JONI	NSW	7.87m	2012	W55	AR	JUDY CORAM	VIC	3.32m	2005
M60	AR	ROGER GLASS	VIC	7.49m	2011	W60	AR	RAYLEA RUDOV	ACT	3.27m	2007
M65	AR	WIM VAN WEENEN	VIC	6.18m	2001	W65	AR	RAYLEA RUDOV	ACT	3.24m	2008
M70	AR	WIM VAN WEENEN	VIC	5.84m	2006	W70	AR	FRAN HARRIS	ACT	2.67m	2013
M75	AR	WIM VAN WEENEN	VIC	5.05m	2009	W75	AR	STELLA SABERTON	ACT	1.97m	2005
M80	AR	WIM VAN WEENEN	VIC	4.30m	2013						
M85	AR	EWEN DRUMMOND	ACT	2.34m	2008						
100lb HEAVY WEIGHT						100lb HEAVY WEIGHT					
M30	AR	GREZEGORZ URBANOWIC	WA	3.97m	2011	W30	AR	KARYNE DI MARCO	NSW	2.51m	2009
M35	AR	DARRON HAWORTH	QLD	5.57m	2008	W35	AR	AUDREY MUSCAT	NSW	2.27m	2015
M40	AR	GRANT EDWARDS	ACT	4.94m	2007	W40	AR	SAMANTHA LATANIS	NSW	2.33m	2014
M45	AR	GRANT EDWARDS	ACT	4.38m	2007	W45	AR	JAYNE HARDY	ACT	2.27m	2008
M50	AR	GEOFF CRUMPTON	ACT	4.22m	2008	W50	AR	JAYNE HARDY	ACT	2.14m	2013
M55	AR	GEOFF CRUMPTON	ACT	4.02m	2011	W55	AR	JILL TAYLOR	NSW	1.62m	2011
M60	AR	ROGER GLASS	VIC	3.68m	2011	W60	AR	TRISH THOMAS	ACT	1.61m	2007
M65	AR	BILL BINKS	VIC	3.09m	2006	W65	AR	JAN BANENS	ACT	1.40m	2008
M70	AR	WIM VAN WEENEN	VIC	2.74m	2006	W70	AR	FRAN HARRIS	ACT	1.37m	2011
M75	AR	HARRY WYNHOVEN	VIC	1.99m	2005						
M80	AR	WIM VAN WEENEN	VIC	1.99m	2013						
M85	AR										
HEAVY WEIGHT PENTATHLON (2015 AMA Tables)						HEAVY WEIGHT PENTATHLON (2015 AMA Tables)					
M30	AR	GREZEGORZ URBANOWIC	WA	2981	2011	W30	AR	KARYNE DI MARCO	NSW	4472	2009
M35	AR	DARRON HAWORTH	QLD	4352	2008	W35	AR	JAYNE HARDY	ACT	3464	2002
M40	AR	MATT STAUNTON	WA	3749	2016	W40	AR	JAYNE HARDY	ACT	3878	2003

M55	AR	DON FRASER	ACT	3619	1994	W60	AR	CAROL DAVIS	QLD	3417	2016	
	WR	WIM THREELS	NED	3804	2008	W65	AR	WILMA PERKINS	QLD	3720	2016	
M60	AR	RUDI HOCHREITER	VIC	3858	1987	W70	AR	MARGE ALLISON	QLD	3437	2016	
	WR	DIETER BARTZSCH	GER	4340	2000	W75	AR	MIRIAM CUDMORE	SA	3931	2016	
M65	AR	RUDI HOCHREITER	VIC	3798	1992	W80	AR	SHIRLEY BRASHER	TAS	2227	2008	
	WR	ROGER KROOSMA	NOR	3944	2009			*Pre-2000 with old Javelin	#500g Javelin from 2014			
M70	AR	MIKE JOHNSTON	VIC	3816	1991	OLD PENTATHLON Long Jump, Javelin, 200m, Discus, 800m (2010 Tables)						
	WR	SHERWOOD SAGEDAHL	USA	3806	2012	W30	AR	LYNETTE SMITH	NSW	3255	2005	
M75	AR	DON FRASER	ACT	3360	2014	W35	AR	PETA BIRD	NSW	3101	1995	
	WR	SHERWOOD SAGEDAHL	USA	4060	2014	W40	AR	JAN HYNES	QLD	3546	1987	
M80	AR	FRED O'CONNOR	NSW	3247	2004	W45	AR	JAN HYNES	QLD	3720	1991	
	WR	KAZIMIERZ BULEZYNZKI	POL	3646	2010	W50	AR	UNA LUND	QLD	3698	1991	
M85	AR	RAD LEOVIC	ACT	2799	2013	W55	AR	WILMA PERKINS	QLD	3430	2005	
	WR	JAN KONARIK	CZE	3003	2002	W60	AR	PEGGY MACLIVER	WA	3161	2007	
M90	AR	MAURICE DAUPHINET	QLD	2955	2016	W65	AR	JOYCE BANNISTER	ACT	3263	1991	
	WR	RALPH MAXWELL	USA	3284	2011	W70	AR	GWEN DAVIDSON	VIC	3065	1993	
						W75	AR	PAT CARR	WA	2506	2007	
						W80	AR	SHIRLEY BRASHER	TAS	2510	2008	
DECATHLON (2010 WMA Tables)			M80 3kg Shot from 11/2005			HEPTATHLON (2010 WMA Tables) #500g Javelin from 2014						
M30	AR	MATT MCEWEN	QLD	7705	2003	W30	AR	LYNETTE SMITH	NSW	3886	2005	
M35	AR	GEOFF GIBBONS	TAS	6696	2012	W35	AR	MARIE KAY	NSW	4897	1999	
	WR	LEV LOBODIN	RUS	8572	2004		WR	SABINE BRAUN	GER	6860	2002	
M40	AR	PAUL JEFFERY	WA	7007	2016	W40	AR	MARIE KAY	NSW	5609	2001	
	WR	KIP JANVRIN	USA	8542	2005		WR	SONIA DEL PRETE	FRA	5843	2010	
M45	AR	MARK JEFFERY	WA	7299	2016	W45	AR	MARIE KAY	QLD	6006	2009	
	WR	VIKTOR GROUZENKIN	RUS	7687	1997		WR	MARIE KAY	AUS	6006	2009	
M50	AR	TERRY HICKS	VIC	6167	2004	W50	AR	MARIE KAY	QLD	6202	2011	
	WR	JEAN LUC DUEZ	FRA	7864	2015		WR	BARBARA GAHLING	GER	6456	2015	
M55	AR	TERRY HICKS	VIC	5928	2009	W55	AR	MARIE KAY	QLD	6682	2015	
	WR	WILLIAM MURRAY	USA	7773	2009		WR	MARIE KAY	AUS	6682	2015	
M60	AR	RUDI HOCHREITER	VIC	6911	1989	W60	AR	MARGE ALLISON	QLD	5076	2008	
	WR	WOLFGANG RITTE	GER	8123	2014		WR	PHIL RASCHKER	USA	6341	2007	
M65	AR	DON FRASER	ACT	6746	2005		WR	#RITA HANSCOM	USA	6043	2015	
	WR	ROLF GEESE	GER	7837	2009	W65	AR	#WILMA PERKINS	QLD	5415	2015	
M70	AR	DON FRASER	ACT	6503	2009		WR	#WEIA REINBOUD	NED	6253	2015	
	WR	PHIL SHIPP	USA	7678	2005	W70	AR	JEAN HAMPSON	QLD	4732	2015	
M75	AR	FRED O'CONNOR	NSW	6793	1999		WR	MARIANNE MAIER	AUT	6253	2013	
	WR	ROBERT HEWITT	USA	7910	2008		WR	#MARIANNE MAIER	AUT	6218	2014	
M80	AR	FRED O'CONNOR	NSW	5593	2006	W75	AR	unclaimed				
	WR	ROBERT HEWITT	USA	8360	2013		WR	CHRISTA BORTIGNON	CAN	6519	2013	
M85	AR	VIC YOUNGER	QLD	4705	1999	W80	AR	unclaimed				
	WR	PEKKA PENTTILA	FIN	6611	2010		WR	FLORENCE MEILER	USA	5730	2015	
M90	AR	VIC YOUNGER	VIC	3217	2003							
	WR	RALPH MAXWELL	USA	7009	2011							
4X100m RELAYS MEN												
M30	AR	Adam Farlow 31, Jesse Matthews 31, Derek Collinge 32, Ryan Reid 31							ACT	44.22s	Canberra	2014
M35	AR	Leigh Phelan 36, Robert Lehmann 40, Geoffrey Pittman 38, Robbie Vidler							VIC	44.02s	Albert Park	2012
	WR	Ho, Dussett, Pittman, Sneer							USA	41.89s	Sacramento	2011
M40	AR	Ricky Irvine VIC, Peter Durham SA, Kealy, Peter Crombie NSW								43.69s	Melbourne	1987
	WR	Strong, Stephen, Berry, Gault							USA	42.20s	Irvine	2004
M45	AR	Martin Lynch NSW, Philip Lyons NSW, James Furlong QLD, Arch Moore QLD								45.35s	Brisbane	2001
	WR	Ross, Franklyn, Oliver, Peters							GBR	43.42s	Gateshead	1999
M50	AR	Ross Kent VIC, Roy Fearnall WA, Fred Turner NSW, Peter Crombie NSW								46.16s	Buffalo	1995
	WR	Frey, James, Fulton, Barnwell							USA	44.47s	Philadelphia	2009
M55	AR	Heinz Steinmann QLD, Neville McIntyre NSW, Fred Turner NSW, John Wight QLD								47.46s	Brisbane	2001
	WR	Franklyn, Walcott, Ross, Oliver							GBR	46.16s	Riccione	2007

M60	AR	David Clive WA, Bernie Condon NSW, Hugh Coogan QLD, Reg Austin NSW					48.95s	Durban	1997
	WR	Peterson, Wilson, Allie, Sanders				USA	47.93s	Sacramento	2010
M65	AR	Col Buyers QLD, Heinz Steinmann QLD, Rob McDonald QLD, Neville McIntyre NSW					50.5s	Adelaide	2009
	WR	Beckering, Scheidt, Hamaekers, Lenk				GER	50.13s	San Sebastian	2005
M70	AR	Norman Richards WA, David Clive WA, Robert Cozens, Hugh Coogan QLD					54.45s	Riccione	2007
	WR	Sims, Bennett, Colbert, Lida				USA	51.96s	Philadelphia	2008
M75	AR	Maurice Dauphinat QLD, Mike Johnston VIC, Syd Elks VIC, Fred O'Connor NSW					61.25s	Brisbane	2001
	WR	Beckering, Lange, Schmidt, Muller				GER	55.44s	Izmir	2014
M80	AR	Leo Coffey 82 VIC, George Harrod 82 QLD, Hugh Thomsen 81 QLD, Richard Hughes 80 NSW					68.43s	Albert Park	2012
	WR	Albrecht, Breder, Herbst, Schumacher				GER	61.83s	Arhus	2004
M85	AR	Andy Smith VIC, Leonard Foulser NSW, Eddie Gamble VIC, Vic Younger VIC					99.73s	Brisbane	2001
	WR	Eble, Mahlo, Muller, Mulhe				GER	77.55s	Potsdam	2002
M90	WR	Ross, Rogers, Englert, Goldy				USA	2m 22.37s	Salem	2014
		4X100m RELAYS WOMEN							
W30	AR	Julie Forster, Kylie Strong, Ranell Hobson, Gianna Mogentale				NSW	48.86s	Hobart	2007
W35	AR	Ranell Hobson NSW, Julie Brims Qld, Kylie Strong NSW, Gianna Mogentale NSW					47.74s	Blacktown	2008
	WR	Stafford, Springer, Hutchinson, Mark-Baird				TTO	47.65s	Lyon	2015
W40	AR	Gianna Mogentale NSW, Julie Brims QLD, Jaqueline Bezuidenhout NSW, Kylie Strong NSW					48.01s	Lahti	2009
	WR	Gianna Mogentale NSW, Julie Brims QLD, Jaqueline Bezuidenhout NSW, Kylie Strong NSW				AUS	48.01s	Lahti	2009
W45	AR	Giola Motti NSW, Julie Brims QLD, Julie Forster NSW, Gianna Mogentale NSW					48.92s	Brisbane	2011
	WR	Giola Motti NSW, Julie Brims QLD, Julie Forster NSW, Gianna Mogentale				AUS	48.92s	Brisbane	2011
W50	AR	Wilma Perkins QLD, Hazel McDonnell QLD, Judy Casey NSW, Kathryn Heagney VIC					53.74s	Southport	2000
	WR	Powell, Horder, McClelland, Godsell				GBR	51.50s		2008
W55	AR	June Reeves VIC, Marge Allison NSW, Peggy Macliver WA, Susan Hanek TAS					57.64s	Brisbane	2001
	WR	Priestman, Lewington, Parsons, Bonner				GBR	54.31s	Arhus	2008
W60	AR	Lynne Choate 60 WA, Lynne Peake 63 SA, Wilma Perkins 64 QLD, Kathy Heagney 63 VIC					58.92s	Brazil	2013
	WR	Schmalbrucht, Reichert, Hoffman, Hoffman				GER	55.77s	Jyvaskyla	2000
W65	AR	Paula Moorhouse 66 NSW, Evelyn Peake 65 SA, Jean Hampson 70 Qld, Wilma Perkins 65 QLD					63.46s	Lyon	2015
	WR	Zorner, Buchholz, Reismann, Meier				GER	60.31s	Lyon	2015
W70	AR	Noreen Parrish 71 NSW, Lynne Andrews 71 TAS, Miriam Cudmore 75 SA, Anne Lang 70 SA					69.95s	Brazil	2013
	WR	Schuele, Schneiderhan, Haule, Mangler				GER	66.05s	Miyazaki	1993
W75	AR	Cory Collins, Gwen Gleeson, Jo Klemke, Consie Larmour				ACT	82.33s	Southport	2012
	WR					USA	70.19s	Sacramento	2011
W80	AR	Anne Young 80 ACT, Joan Mallory 83 ACT, Consie Larmour 80 ACT, Gwen Gleeson 86 ACT					1m 50.13s	AIS ACT	2016
	WR	Donley, Meiler, Chou, Obera				USA	1m 21.06s	Lyon	2015
W85	WR	Styles, Petersen, Valien, Stewart				USA	1m 50.31s	BEREA	2013
		4X400m RELAYS MEN							
M30	AR	Jay Stone 33, Christopher Brack 47, Darrin James 47, Michael Lynch 45				NSW	3m 32.75s	Canberra	2013
M35	AR	Andrew Wilcox 42 VIC, Leigh Phelan 35 VIC, Andrew Keane 41 QLD, Krzysztof Wardecki 43 NSW					3m 32.05s	Sacramento	2011
	WR	Baird, Brown, Collins, Beardsell				GBR	3m 17.82s	Lyon	2015
M40	AR	Ricky Dunbar VIC, Barrie Milligan VIC, N.C.Orange, Reg Austin NSW					3m 26.86s	Christchurch	1981
	WR	Allah, Morning, Goner, Blackwell				USA	3m 20.83s	Philadelphia	2001
M45	AR	Paul Critchley NSW, Barrie Kernaghan WA, Bernie Crealy WA, Fred Turner NSW					3m 33.26s	Melbourne	1987
	WR	Mulazim, Gosa, Lawson, Shute				USA	3m 24.84s	Sacramento	2011
M50	AR	Roy Fearnall WA, Keith Martin WA, Fred Turner NSW, Peter Crombie NSW					3m 37.86s	Buffalo	1995
	WR	Sullivan, Moody, Gatling, Blackwell				USA	3m 31.76s	Sacramento	2011
M55	AR	John Cooper QLD, Mike Stevenson TAS, Richard Trembath VIC, Fred Turner NSW					3m 48.87s	Durban	1997
	WR	Allie, Haywood, Collins, Grant				USA	3m 40.62s	Philadelphia	2010
M60	AR	John Lamb 61 ACT, Alan Carey 60 NSW, Geoff Sims 62 ACT, Stuart Haywood 61 NSW					3m 59.3s	Canberra	2011
	WR	Collins, Grant, Haywood, Allie				USA	3m 51.33s	Philadelphia	2013
M65	AR	Colin Buyers 66 QLD, Heinz Steinmann 66 QLD, Tony Ireland 67 NSW, Neville McIntyre 66 NSW					4m 02.62s	Adelaide	2009
	WR	Colin Buyers 66 QLD, Heinz Steinmann 66 QLD, Tony Ireland 67 NSW, Neville McIntyre 66 NSW				AUS	4m 02.62s	Adelaide	2009
M70	AR	Hugh Coogan 75 QLD, Barrie Kernaghan 71 WA, Michael Stevenson 70 TAS, David Carr 79 WA					4m 29.57s	Sacramento	2011
	WR	Scheidt, Nehren, Klaus, Muller				GER	4m 17.47s	Lahti	2009
M75	AR	Tom Hishon QLD, Max McKay NSW, Fred O'Connor NSW, Mike Johnston VIC					5m 16.77s	Gateshead	1999
	WR	Jakob, Klaus, Knorr, Muller				GER	4m 47.85s	Lyon	2015

M80	AR	David Carr 80 WA, George Harrod 83 QLD, Leo Coffey 82 VIC, Richard Hughes 80 NSW					5m 32.29s	Southport	2012
	WR	David Carr 80 WA, George Harrod 83 QLD, Leo Coffey 82 VIC, Richard Hughes 80 NSW	AUS				5m 32.29s	Southport	2012
M85	AR	Andy Smith VIC, Leonard Foulser NSW, Eddie Gamble VIC, Vic Younger VIC					10m 32.60s	Brisbane	2001
	WR	Saukkosaari, Rantio, Koppinen, Lillqvist				FIN	8m 43.75s	Lahti	2009
M90	WR	Ross, Rogers, Englert, Boyle				USA	12m 41.69s	Salem	2014
		4X400m RELAYS WOMEN							
W30	AR	Lynette Smith, Ranell Hobson, Julie Forster, Gianna Mogentale	NSW				4m 14.96s	Hobart	2007
W35	AR	Jennifer Clancy NSW, Jennifer Baldwin VIC, Gianna Mogentale NSW, Cherie Smees QLD					4m 02.04s	Brisbane	2001
	WR	Mitchell, Mathews, Beadhall, Gabriel				GER	3m 50.80s	Gateshead	1999
W40	AR	Bronwen Loizou VIC, Marie Kay NSW, Leanne Smith QLD, Glynis Cearns QLD					3m 57.28s	Brisbane	2001
	WR	Roberts, Henderson, Brooker, Miles-Clark				USA	3m 56.27s	Philadelphia	2008
W45	AR	Julie Forster NSW, Giola Motti NSW, Gianna Mogentale NSW, Julie Brims Qld					4m 01.22s	Brisbane	2011
	WR	Julie Forster NSW, Giola Motti NSW, Gianna Mogentale NSW, Julie Brims	AUS				4m 01.22s	Brisbane	2011
W50	AR	Wilma Perkins QLD, Kathryn Heagney VIC, Judy Casey NSW, Barbara Blurton VIC					4m 24.92s	Brisbane	2001
	WR	Mahady, Horder, Saunders-Mullins, Powell				GBR	4m 10.80s	Lahti	2009
W55	AR	Marge Allison NSW, Anne Stobaus VIC, Susan Hanek TAS, Peggy Macliver WA					4m 39.31s	Brisbane	2001
	WR	Trimble, Howe, Mullim, Power				GBR	4m 28.74s	Nyiregyhaza	2009
W60	AR	Evelyn Peake 61, Kathryn Heagney 60 VIC, Wilma Perkins 61 QLD, Kathryn Sims 60 ACT					4m 55.53s	Sacramento	2011
	WR	Godsell, Trimble, Roe, Powell				GBR	4m 49.58s	Lyon France	2015
W65	AR	Marge Allison 66 QLD, Peggy Macliver 67 WA, Anne Stobaus 70 VIC, Noreen Parrish 69 QLD					5m 16.39s	Sacramento	2011
	WR	Marge Allison 66 QLD, Peggy Macliver 67 WA, Anne Stobaus 70 VIC, Noreen Parrish 69 QLD	AUS				5m 16.39s	Sacramento	2011
W70	AR	Peggy Macliver 71 WA, Jean Hampson 70 QLD, Anne Lang 72 SA, Marge Allison 70 QLD					5m 32.95s	Lyon France	2015
	WR	Peggy Macliver 71 WA, Jean Hampson 70 QLD, Anne Lang 72 SA, Marge Allison 70 QLD	AUS				5m 32.95s	Lyon France	2015
W75	AR	Consie Larmour 78, Jo Klemke 76, Terri Jones 76, Cory Collins 78				ACT	8m 16.40s	Canberra	2014
	WR	Petley, Cumming, Van Der Veeken, Peters				NZ	6m 58.70s	Lahti	2009
W80	AR	unclaimed							
	WR	Chou, Harada, Donley, Obera				USA	8m 39.32s	Lyon	2015
		4X800m RELAYS MEN							
M30	AR	Gary Parkinson 41, David Hill 38, Bruce Hill 38, Brendan Whelan 34				QLD	8m 30.74s	SAF Brisbane	2008
M35	AR	Steven Bell 36, Brendan Whelan 35, Steven Minns 40, Gary Parkinson 42				QLD	9m 02.09s	SAF Brisbane	2009
	WR	Smith, Schroer, Rhodes, Anderson				USA	7m 55.67s	Williamsburg	2010
M40	AR	Andrew Evans 41, John Schuijers 49, Danny Hecker 41, Paul Skipper 41				VIC	8m 46.68s	Melbourne	2010
M45	AR	Richard McMahon 48, Jonathon Wheatland 45, Kris Wolszczak 49, Mark Worthing 47				SA	9m 02.5s	Adelaide	2010
M40-49	WR	Hinton, Pope, Paulk, Young				USA	7m 54.17s	Eugene	2004
M50	AR	Andrew Egginton 50 Vic, Scott Lawrence 50 Vic, Peter Hawes 55 Qld, John Jago 50 Tas				AUS	8m 39.01s	Melbourne	2011
M55	AR	Jason Collie 57, Bruce Bodsworth 56, Bob Grayson 56, Terry Dauphin 55				QLD	9m 34.44s	SAF Brisbane	2008
M50-59	WR	Touvinen, Faucher, Osland, Sherar				CAN	8m 36.39s	Toronto	2012
M60	AR	Noel Wright 62, Steve Napper 62, Don Mathewson 64, Les Gillies 62				NSW	10m 09.32s	Illawong	2009
M65	AR	Les Gillies 65, Geoff Francis 70, Noel Wright 65, Don Mathewson 67				NSW	11m 01.70s	Illawong	2012
M60-69	WR	Schmanski, Grant, Chantry, Haywood				USA	9m 30.92s	Jacksonville	2015
M70	AR	Alan Burgoyne, Andy Smith, Eddie Gamble, Cliff Barling				VIC	11m 44.1s		
M75	AR	John Spinney 76, Ron Wills 76, Richard Hughes 83, Michael Johnson 80				NSW	14m 04.61s	SOPAC	2015
M70-79	WR	Selby, Escobson, Linde, Bryant				USA	11m 09.87s	Orono	1998
M80	AR	Victor Beaumont 80, Stanley Lockwood 80, Cecil Walkley 80, Irwin Barrett-Lennard 80				WA	16m 01.8s	Perth	2010
M80-89	WR	Eberman, Muller, Grault, Beecker				GER	14m 01.14s	Essen	2013
M90-99	WR	Ross, Rogers, Englert, Boyle				USA	28m 17.10s	Salem	2014
		4X800m RELAYS WOMEN							
W30	AR	Petrina Brown 40, Anne Venema 30, Glenda Banaghan 44, Jeanette Flynn 57				QLD	10m 21.11s	SAF Brisbane	2008
W35	AR	Petrina Brown 45, Katie Menzies 35, Lee-Anne Grosvenor 42, Jeanette Flynn 62				QLD	10m 10.71s	SAF Brisbane	2014
W35-39	WR	Rizzo, Metz, Reifer, McGrath					9m 25.27s	New York	2011
W40	AR	Lisa Harrison 43, Karen Herrmann 41, Jane Boyd 46, Nancy Newsome 44				NSW	10m 04.48s	Illawong	2010
W45	AR	Cris Penn 50, Sue Gore 47, Erika Bunker 53, Jane Boyd 45				CAN	10m 33.70s	Blacktown	2009
W40-49	WR	Padilla, Ryan, Burke, Friend-Uhl				USA	9m 18.33s	Olathe	2013
W50	AR	Robyn Basman 51, Erika Bunker 53, Deborah Drennan 51, Robyn Sutter 50				NSW	11m 08.12s	Illawong	2010
W55	AR	Fay McNeill Qld, Jeanette Flynn Qld, Betty Menzies Qld, Kathy Heagney V				AUS	10m 31.0s	Brisbane	2007

W50-59	WR	Shisler, Allers, Groenendaal, Jasper						USA	10m 24.21s	Salem	2014
W60	AR	Kathy Heagney 62, Kathy Sims 61, Paula Moorhouse 64, Jeanette Flynn 61							11m 22.59s	Canberra	2013
W65	AR	Marge Allison 66, Lesley Le Vaillant 67, Jean Hampson 65, Betty Menzies						AUS	12m 56.64s	SAF Brisbane	2010
W60-69	WR	Harvey, Richards, Stenbach, Martin						USA	11m 06.22s	Salem	2014
W70	AR	Anne Young, Alison Ide, Consie Larmour, Cory Collins						ACT	16m 43.22s	Bruce	2007
W75	AR	Cory Collins 76, Terri Jones 75, Jo Klemke 75, Consie Larmour 77						CAN	19m 43.26s	Bruce	2013
W70-79	WR	Lammet, Stauber, Reintraut, Ritter						GER	14m 45.88s	Essen	2013
		4X1500m RELAYS MEN (currently not listed by WMA)									
M30	AR	Ian Rose 53, Peter Byrne 52, Nick Terranova 54, Stephen Archer 34						NSW	19m 41.0s	Sylvania	2012
M35	AR	Michael Doggett 39, Dennis Wylie 59, Brad Sharpe 51, Mark Gregory 39						NSW	18m 26.0s	Sylvania	2012
M40	AR	Dale Moore, Colin Farlow, Paul Considine, Bryce Anderson						ACT	18m 57.9s	AIS, ACT	2004
M45	AR	Andrew Eggington 54, Kynan Dawes 45, Tony Langelaan 49, Robert Schwerkolt 49						VIC	18m 20.62s	Albert Park	2015
M40-49	WR	Faucheur, Crochemore, Bourdet, Ramdani						FRA	16m 44.78s	Bourgoin-Jallieu	2002
M50	AR	Peter Reeves 58, Con Dimauro 52, David Sweeney 50, Phil Davies 54						QLD	18m 37.91s	SAF Brisbane	2011
M55	AR	Peter Reeves 60, Ian Cameron 60, Phil Davies 57, Con Dimauro 55						QLD	19m 58.67s	SAF Brisbane	2007
M50-59	WR	Irvine, Combs, Sumner, Shapiro						QLD	19m 12.67s	Irvine	2002
M60	AR	John Shaw 62, Ron Peters 62, Ian Cameron 61, Peter Reeves 62						QLD	19m 28.03s	SAF Brisbane	2016
M65	AR	Frank Scorzelli 65, John Warren 73, Noel Wright 65, Don Mathewson 67						NSW	21m 49.0s	Sylvania	2012
M60-69	WR	Steijn, Terlow, Blom, Halter						NED	19m 55.43s	Tessenderlo	1996
M70	AR	Ron Wills 73, Jim Harrison 70, Albert Gay 70, Geoff Francis 70						NSW	25m 10.0s	Sylvania	2012
M75	AR	David Carr 76, Robert Hayres 77, Cecil Walkley 79, Irwin Barrett-Lennard 79						WA	30m 01.7s	Perth	2009
M80	AR	Victor Beaumont 80, Stanley Lockwood 80, Cecil Walkley 80, Irwin Barrett-Lennard 80						WA	34m 04.8s	Perth	2010
		4X1500m RELAYS WOMEN (currently not listed by WMA)									
W30	AR	Anne Venema 30, Jeanette Flynn 57, Petrina Brown 40, Glenda Banaghan 44						QLD	21m 47.9s	SAF Brisbane	2008
W35	AR	Frina Potezny 48, Elizabeth Slattery 51, Lisa Davis 38, Sarah Dawson 47						SA	21m 58s	Adelaide	2015
W35-39	WR	Howard, Gallagher, Davison, Caig						GBR	20m 13.0s		1997
W40	AR	Julia Edwards 41, Kirsten Jackson 46, Simone Quin 41, Kate Seibold 40						VIC	20m 29.56s	Albert Park	2015
W45	AR	Robyn Basman 50, Cris Penn 51, Erika Bunker 53, Jane Boyd 45						NSW	22m 00.95	Sydney	2009
W50	AR	Cris Penn 54, Karen Petley 53, Deborah Drennan 54, Robyn Basman 54							22m 34s	Sylvania	2013
W55	AR	Barbara Blurton 59, Carol Bowman 55, Margaret Saunders 56, Shirley Bell 61						WA	26m 26.9s	Perth	2010
W60	AR	Peggy Macliver 64, Jacquelin Halberg 62, Shirley Bell 60, Gillian Young 61						WA	26m 30.0s	Perth	2009
W65	AR	Marge Allison 66, Lesley Le Vaillant 67, Jean Hampson 65, Betty Menzies						QLD	27m 04.27s	SAF Brisbane	2010
W70	AR	Cory Collins 70, Anne Young 71, Alison Ide 71, Consie Larmour 71							34m 20.42s	AIS, ACT	2006
INDOOR RECORDS - from WMA Indoors Championships: 1st Sindelfingen, Germany, 10-14 March 2004, 2nd Linz, Austria, 15-20 March 2006 3rd Clermont-Ferrand, France, 17-22 March 2008, 4th Kamloops, Canada 1-6 March 2010, 5th Jyvaskyla, Finland 3-8 April 2012, 6th Budapest, Hungary, 25-30 March 2014; from 2003, 2007 & 2008 USA Masters, Boston; from British Masters, 23-24 Feb 2008 & 24 Feb 2013, and from Munich 8th Feb 2014.											
MEN								WOMEN	# World Record		
60 METRES								60 METRES			
M35	AR	Ashley McMahon	NSW	7.38s	2014	W35	AR	Ranell Hobson	NSW	8.17s	2010
M40	AR	Ashley McMahon	NSW	7.21s	2016	W40	AR	Julie Brims	QLD	8.05s	2010
M45	AR	Stephen Jones	QLD	7.57s	2010	W45	AR	Janet Naylor	NSW	8.91s	2012
M50	AR	Colin Pocklington	VIC	7.88s	2010	W50	AR	Gianna Mogentale	NSW	8.21s	2014
M55	AR	Peter Crombie	NSW	7.81s	2003	W55	AR	Robyn Suttor	NSW	9.13s	2014
M60	AR	Peter Crombie	NSW	7.98s	2006	W60	AR	Kathy Heagney	VIC	9.17s	2012
M65	AR	Peter Crombie	NSW	8.35s	2010	W65	AR	Noreen Parrish	QLD	9.88s	2008
M70	AR	Neville McIntyre	NSW	8.60s	2014	W70	AR	Noreen Parrish	QLD	10.31s	2012
M75	AR	Don Chambers	VIC	9.39s	2013						
M80	AR	Radovan Leovic	ACT	11.51s	2010						
M85	AR	Radovan Leovic	ACT	12.17s	2014						
200 METRES						200 METRES					
M35	AR	Ashley McMahon	NSW	23.70s	2014	W35	AR	Ranell Hobson	NSW	28.67s	2010
M40	AR	Ashley McMahon	NSW	23.53s	2016	W40	AR	Julie Brims	QLD	26.83s	2010
M45	AR	Kris Wardecki	NSW	24.10s	2014	W45	AR	#Marie Kay	QLD	25.85s	2008
M50	AR	Colin Pocklington	VIC	26.13s	2010	W50	AR	Marie Kay	QLD	27.21s	2012

M55	AR	Peter Crombie	NSW	24.85s	2003	W55	AR	Robyn Suttor	NSW	30.76s	2014
M60	AR	Peter Crombie	NSW	25.59s	2006	W60	AR	Kathy Heagney	VIC	30.60s	2012
M65	AR	Peter Crombie	NSW	26.95s	2010	W65	AR	Marge Allison	QLD	31.79s	2010
M70	AR	Neville McIntyre	NSW	28.56s	2014	W70	AR	Noreen Parrish	QLD	35.86s	2012
M75	AR	Don Chambers	VIC	32.69s	2013						
M80	AR	Radovan Leovic	ACT	41.82s	2010						
M85	AR	Radovan Leovic	ACT	42.41s	2014						
400 METRES						400 METRES					
M35	AR	Glenn Stephens	VIC	52.94s	2006	W40	AR	Marie Kay	NSW	61.58s	2004
M40	AR	Ken Telfer	ACT	52.99s	2008	W45	AR	#Marie Kay	QLD	56.99s	2008
M45	AR	Andrew Wilcox	VIC	52.02s	2014	W50	AR	Gianna Mogentale	NSW	62.20s	2014
M50	AR	Jonathon Wheatland	SA	58.13s	2014						
M55	AR	Peter Crombie	NSW	57.04s	2004	W55	AR	Robyn Suttor	NSW	69.99s	2014
M60	AR	Peter Crombie	NSW	57.62s	2006	W60	AR	Kathy Heagney	VIC	70.35s	2012
M65	AR	Peter Crombie	NSW	62.35s	2010	W65	AR	Marge Allison	QLD	74.05s	2010
M70	AR	Neville McIntyre	NSW	67.26s	2014	W70	AR	Noreen Parrish	QLD	88.74s	2012
M75	AR	Don Chambers	VIC	85.53s	2013						
M80	AR	Rad Leovic	ACT	88.33s	2008						
M85	AR	Rad Leovic	ACT	99.74s	2014						
800 METRES						800 METRES					
M30	AR	Brendan Whelan	QLD	2m 04.24s	2008	W40	AR	Amanda Coombe	TAS	2m 33.31s	2010
M50	AR	Stuart Paterson	NSW	2m 18.25s	2008	W45	AR	Marie Kay	NSW	2m 39.79s	2006
M55	AR	Peter Hawes	QLD	2m 14.87s	2012	W50	AR	Marie Kay	QLD	2m 46.78s	2010
M60	AR	Neil MacDonald	VIC	2m 16.91s	2004	W55	AR	Deborah Drennan	NSW	2m 42.69s	2016
M65	AR	Kevin Solomon	VIC	2m 25.37s	2014	W60	AR	Jeanette Flynn	QLD	2m 41.40s	2014
M70	AR	Peter Sandery	SA	2m 40.11s	2012	W65	AR	Paula Moorhouse	NSW	3m 06.73s	2014
M80	AR	Rad Leovic	ACT	3m 44.71s	2008						
M85	AR	Rad Leovic	ACT	4m 00.62s	2014						
1000 METRES						1000 METRES					
M50	AR	Roger Pilkington	ACT	4m 12.78s	2010						
M55	AR	John Fienieg	NSW	3m 43.62s	2012						
M60	AR	Viddy Jermacans	QLD	4m 09.49s	2010						
M70	AR	Ken Daniels	QLD	4m 40.41s	2010						
M75	AR	Don Chambers	VIC	6m 22.77s	2013						
M80	AR	Rad Leovic	ACT	4m 47.96s	2008						
M85	AR	Rad Leovic	ACT	5m 35.95s	2014						
1500 METRES						1500 METRES					
M40	AR	Campbell McLennan	VIC	4m 14.31s	2014	W40	AR	Kriszta Kovacs	NSW	5m 02.89s	2014
M45	AR	John Lisiewicz	SA	4m 28.51s	2008						
M50	AR	Stuart Paterson	NSW	4m 41.99s	2008						
M55	AR	Kevin Solomon	VIC	4m 27.49s	2004						
M60	AR	Neil MacDonald	VIC	4m 54.17s	2004	W60	AR	Jeanette Flynn	QLD	5m 45.40s	2014
M65	AR	Kevin Solomon	VIC	4m 52.81s	2014	W65	AR	Paula Moorhouse	NSW	6m 33.37s	2014
M70	AR	Peter Sandery	SA	5m 20.16s	2012						
M80	AR	Rad Leovic	ACT	8m 19.76s	2010						
M85	AR	Rad Leovic	ACT	9m 28.87s	2014						
MILE						MILE					
M30	AR	Brendan Whelan	QLD	4m 31.43s	2008						
M45	AR	Colin Daltin	NSW	5m 34.88s	2016						
M55	AR	Robert Pearce	SA	5m 25.02s	2008						
M60	AR	Kevin Solomon	VIC	5m 01.62s	2008						
M65	AR	Peter Sandery	SA	5m 22.70s	2008						
3000 METRES						3000 METRES					
M30	AR	Brendan Whelan	QLD	9m 02.38s	2008						
M45	AR	John Lisiewicz	SA	9m 23.74s	2008						
M50	AR	Roger Pilkington	ACT	12m 24.33s	2012						
M55	AR	Kevin Solomon	VIC	9m 30.32s	2004	W55	AR	Anne Ryan	QLD	12m 28.31s	2014
M60	AR	Kevin Solomon	VIC	10m 11.85s	2008						

M65	AR	Peter Sandery	SA	10m 36.54s	2008						
M70	AR	Peter Sandery	SA	11m 16.60s	2012						
M80	AR	Rad Leovic	ACT	15m 56.73s	2008						
M85	AR	Rad Leovic	ACT	19m 59.79s	2014						
60 METRES HURDLES						60 METRES HURDLES					
M45	AR	Kris Wardecki	NSW	10.12s	2014	W40	AR	Marie Kay	NSW	9.71s	2004
M55	AR	Steve McGugan	NSW	9.94s	2010	W45	AR	Marie Kay	NSW	9.43s	2006
M60	AR	Conrad Burge	ACT	9.78s	2012	W50	AR	Marie Kay	QLD	9.55s	2010
M70	AR	Don Chambers	VIC	10.54s	2010	W55	AR	Robyn Suttor	NSW	10.53s	2014
M75	AR	Don Chambers	VIC	11.33s	2014	W60	AR	Wilma Perkins	QLD	10.81s	2010
M80	AR	Rad Leovic	ACT	15.33s	2008	W65	AR	Marge Allison	QLD	11.05s	2010
M85	AR	Rad Leovic	ACT	25.35s	2014						
3000 METRES WALK						3000 METRES WALK					
M40	AR	Dean Nipperess	QLD	13m 19.77s	2014	W55	AR	#Lyn Ventriss	WA	14m 51.24s	2012
M50	AR	Mark Donahoo	VIC	13m 55.43s	2012	W60	AR	#Heather Carr	VIC	15m 54.75s	2010
M55	AR	Mark Donahoo	VIC	14m 17.18s	2014	W70	AR	Lynne Schickert	WA	21m 38.23s	2012
M65	AR	#Andrew Jamieson	VIC	14m 39.77s	2012						
HIGH JUMP						HIGH JUMP					
M40	AR	Howard Arbuthnot	QLD	1.65m	2010	W40	AR	Irie Hill	VIC	1.52m	2010
M50	AR	Roger Pilkington	ACT	1.32m	2010	W45	AR	Marie Kay	NSW	1.51m	2006
M55	AR	John Fienieg	NSW	1.48m	2012	W50	AR	Marie Kay	QLD	1.51m	2010
M60	AR	Steve McGugan	NSW	1.33m	2012	W60	AR	Wilma Perkins	QLD	1.23m	2012
M70	AR	Ken Daniels	QLD	1.14m	2010	W65	AR	Marge Allison	QLD	1.17m	2010
M75	AR	Don Chambers	VIC	1.15m	2014						
M80	AR	Rad Leovic	ACT	0.99m	2008						
M85	AR	Rad Leovic	ACT	0.91m	2014						
LONG JUMP						LONG JUMP					
M50	AR	Roger Pilkington	ACT	3.25m	2010	W35	AR	Melissa Foster	WA	5.71m	2014
M55	AR	Viddy Jermacans	QLD	4.99m	2006	W40	AR	Marie Kay	NSW	5.13m	2004
M60	AR	Viddy Jermacans	QLD	4.27m	2010	W45	AR	Marie Kay	QLD	5.57m	2008
M70	AR	Don Chambers	VIC	3.93m	2010	W50	AR	Marie Kay	QLD	5.20m	2012
M75	AR	Don Chambers	VIC	3.63m	2014	W60	AR	Wilma Perkins	QLD	4.09m	2010
M80	AR	Rad Leovic	ACT	3.11m	2008	W65	AR	Jean Hampson	QLD	3.35m	2014
M85	AR	Rad Leovic	ACT	2.26m	2014	W70	AR	Lynne Schickert	WA	2.68m	2012
TRIPLE JUMP						TRIPLE JUMP					
M50	AR	Nick Hodgson	VIC	12.50m	2014	W35	AR	Melissa Foster	WA	11.82m	2014
M55	AR	Viddy Jermacans	QLD	8.88m	2006	W40	AR	Julie Brims	QLD	10.52m	2010
M60	AR	Viddy Jermacans	QLD	8.11m	2010						
M70	AR	Don Chambers	VIC	8.24m	2010	W70	AR	Lynne Schickert	WA	5.46m	2012
M75	AR	Don Chambers	VIC	7.75m	2014						
M80	AR	Rad Leovic	ACT	6.98m	2008						
M85	AR	Rad Leovic	ACT	4.82m	2014						
POLE VAULT						POLE VAULT					
M35	AR	Warren Hill	VIC	3.00m	2004	W40	AR	Irie Hill	VIC	3.65m	2010
M40	AR	Howard Arbuthnot	QLD	4.40m	2010	W45	AR	Dawn Hartigan	VIC	3.35m	2004
M75	AR	Don Chambers	VIC	2.10m	2013	W60	AR	Wilma Perkins	QLD	2.40m	2010
M85	AR	Rad Leovic	ACT	1.00m	2014						
SHOT PUT						SHOT PUT					
M35	AR	Grzegorz Urbanowicz	WA	12.19m	2014	W40	AR	Caroline Layt	QLD	9.72m	2010
M50	AR	Roger Pilkington	ACT	7.13m	2010	W45	AR	Caroline Layt	NSW	10.93m	2014
M55	AR	Lajos Joni	NSW	10.49m	2014	W50	AR	Marie Kay	QLD	12.30m	2010
M60	AR	Bob Banens	ACT	11.31m	2010	W55	AR	Jill Taylor	NSW	9.71m	2014
M70	AR	Don Chambers	VIC	9.98m	2010	W60	AR	Wilma Perkins	QLD	8.80m	2012
M75	AR	Don Chambers	VIC	8.98m	2014	W65	AR	Mary Thomas	NSW	8.42m	2014
M80	AR	Rad Leovic	ACT	7.37m	2008						
M85	AR	Rad Leovic	ACT	6.34m	2014						
WEIGHT THROW						WEIGHT THROW					

M35	AR	Grzegorz Urbanowicz	WA	13.84m	2014	W40	AR	Althea Mackie	QLD	12.61m	2014	
M50	AR	Terrence Gibbs	NSW	14.25m	2007	W45	AR	Caroline Layt	NSW	11.67m	2014	
M55	AR	Lajos Joni	NSW	14.97m	2014	W55	AR	Jill Taylor	NSW	11.36m	2014	
M60	AR	Bob Banens	ACT	14.44m	2010	W65	AR	Jan Banens	ACT	12.47m	2010	
M70	AR	Don Chambers	VIC	12.05m	2010							
M75	AR	Don Chambers	VIC	11.36m	2014							
M80	AR	Rad Leovic	ACT	7.52m	2010							
M85	AR	Rad Leovic	ACT	6.93m	2014							
56LB WEIGHT THROW												
M50	AR	Terrence Gibbs	NSW	7.08m	2007							
M55	AR	Terrence Gibbs	NSW	7.00m	2010							
PENTATHLON			Re-scored with 2010 Tables			PENTATHLON						
M50	AR	Roger Pilkington	ACT	1,382 points	2010	W40	AR	Marie Kay	NSW	3,431 points	2004	
(60mH dnf, HJ 1.32m, SP 7.13m, LJ 3.25m, 1000m 4m 12.78s)						(60mH 9.71s, HJ 1.45m, SP 8.80m, LJ 5.13m, 800 2:57.32)						
M55	AR	John Fienieg	NSW	2,932 points	2012	W45	AR	#Marie Kay	NSW	4,312 points	2006	
(60mH 11.45s, LJ 4.57m, SP 8.51m, HJ 1.48m, 1000m 3m 43.62s)						(60mH 9.43s, HJ 1.51m, SP 10.02m, LJ 5.41m, 800 2:39.79)						
M60	AR	Viddy Jermacans	QLD	2,505	2010	W50	AR	#Marie Kay	QLD	4,758 points	2010	
(60mH 12.51s, HJ 1.28m, SP 8.06m, LJ 4.12m, 1000m 4m 09.49s)						(60mH 9.55s, HJ 1.51m, SP 12.30m, LJ 5.16m, 800 2:46.78)						
M70	AR	Don Chambers	VIC	2,990 points	2010	W60	AR	Wilma Perkins	QLD	3,473 points	2014	
(60mH 10.73s, HJ 1.11m, SP 8.85m, LJ 3.70m, 1000m 5m 00.31s)						(60mH 11.28s, HJ 1.18m, SP 7.96m, LJ 3.96m, 800m 3:48.42)						
M75	AR	Don Chambers	VIC	2,968 points	2014	W65	AR	Marge Allison	QLD	3,799 points	2010	
(60mH 11.33s, HJ 1.15s, SP 8.98m, LJ 3.63m, 1000m DNF)						(60mH 11.53s, HJ 1.17m, SP 6.57m, LJ 3.13m, 800 3:08.99)						
M80	AR	Rad Leovic	ACT	2,883 points	2008							
(60mH 15.33s, LJ 2.91m, SP 7.37m, HJ 0.99m, 1000m 4m 47.96s)												
M85	AR	Rad Leovic	ACT	2,231 points	2014							
(60mH 25.35s, HJ 0.91m, SP 6.34m, LJ 2.26m, 1000m 5m 35.95s)												
4 x 200 METRES RELAY						4 x 200 METRES RELAY						
M40	AR	Kris Wardecki 41	NSW	1m 37.56s	2010	W35	AR	Ranell Hobson 37	NSW	2m 08.29s	2010	
		Ken Telfer 42	ACT					Kathy Heagney 59	VIC			
		Stephen Jones 46	QLD					Amanda Coombe 42	TAS			
		Andrew Wilcox 41	VIC					Caroline Layt 44	NSW			
M50	AR	Colin Pocklington 51	VIC	1m 51.99s	2010	W40	AR	Jacqueline Bezuidenhout	NSW	1m 49.98s	2008	
		Robert Pearce 58	SA					Caroline Layt 42	NSW			
		John Fienieg 55	NSW					Janet Naylor 41	NSW			
		Stuart Paterson 53	NSW					Marie Kay 48	QLD			
M55	AR	Wayne Marriott	NSW	2m 04.87s	2012	W45	AR	Robyn Suttor 55	NSW	2m 00.02s	2014	
		Stuart Paterson	NSW					Gianna Mogentale 50	NSW			
		John Fienieg	NSW					Caroline Layt 49	NSW			
		Peter Sandery	SA					Janet Naylor 47	NSW			
M60	AR	Bill Carr	VIC	1m 57.95s	2012	W60	AR	Lynne Choate 61	WA	2m 07.39s	2014	
		Conrad Burge	ACT					Wilma Perkins 64	QLD			
		Steve McGugan	NSW					Linda Lynch 60	QLD			
		Peter Crombie 67	NSW					Jeanette Flynn 62	QLD			