

<b>AUSTRALIAN MASTERS ATHLETICS, AUSTRALIAN OVER 30 &amp; WMA RECORDS</b>											
Australian Masters Athletics Inc Club Records compiled by AMA Records Officer, Clyde Riddoch, 40 Beauchamp Street, Preston Vic 3072,											
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										1-Mar-17	
<i>Italics indicates record set when not a financial member of Australian Masters Athletics.</i>											
<b>MEN</b>						<b>WOMEN</b>					
<b>AGE</b>	<b>NAME</b>	<b>STATE</b>	<b>TIME</b>	<b>DATE</b>	<b>AGE</b>	<b>NAME</b>	<b>STATE</b>	<b>TIME</b>	<b>DATE</b>		
<b>60 METRES</b>					<b>60 METRES</b>						
M30	AR	ROBERT VIDLER	VIC	6.96s	2011	W30	AR	FIONA CULLEN	QLD	7.95s	2011
M35	AR	ROBERT VIDLER	VIC	7.21s	2012	W35	AR	WENDY SEEGER	WA	7.61s	2015
M40	AR	GREG SMITH	NSW	7.19s	2012		AR	KATH HOLLAND	WA	7.4s h	1978
M45	AR	ROB COLLING	WA	7.28s	2016	W40	AR	GIANNA MOGENTALE	NSW	7.86s	2007
		MICHAEL WILSON	ACT	7.1s h	1995	W45	AR	JULIE BRIMS	QLD	7.75s	2011
M50	AR	WAYNE COUSINS	QLD	7.40s	2001	W50	AR	JULIE BRIMS	QLD	8.01s	2016
M55	AR	JOHN WIGHT	QLD	7.41s	2001	W55	AR	JULIE FORSTER	NSW	8.71s	2016
M60	AR	PETER CROMBIE	NSW	7.94s	2006	W60	AR	WENDY SHEAVES-DORAN	QLD	9.04s	2010
M65	AR	ROB MCDONALD	QLD	8.10s	2010	W65	AR	CAROL DAVIS	QLD	9.12s	2016
M70	AR	GLEN WILSON	QLD	8.41s	2011	W70	AR	ANNETTE HORSNELL	QLD	9.99s	2008
M75	AR	HUGH COOGAN	QLD	8.78s	2012	W75	AR	ANN COOPER	SA	10.23s	2007
M80	AR	TOM BROWN	QLD	9.42s	1999	W80	AR	CONSID LARMOUR	ACT	12.94s	2015
M85	AR	CHARLIE HANKINS	QLD	10.45s	2001	W85	AR	GWEN GLEESON	ACT	14.78s	2014
M90	AR	JIM SINCLAIR	VIC	12.12s	2015	W90	AR	MARGARET PROWSE	VIC	25.54s	2012
<b>100 METRES</b>					<b>100 METRES</b>						
M30	AR	PIYUSH KUMAR	NSW	10.71s	2013	W30	AR	MELISSA MEDLICOTT	NSW	11.55s	2000
	AR	<i>PATRICK JOHNSON</i>	ACT	9.93s	2003		AR	<i>SHIRLEY STRICKLAND</i>	WA	11.3s	1955
M35	AR	MATTHEW PILKINGTON	NSW	10.88s	2009		AR	<i>JODI LAMBERT</i>	WA	11.54s	2002
	AR	<i>PATRICK JOHNSON</i>	ACT	10.17s	2007	W35	AR	WENDY SEEGER	WA	12.01s	2016
	WR	KIM COLLINS	SKN	9.96s	2014		AR	<i>TANIA MURPHY</i>	SA	11.67	2006
M40	AR	ASHLEY MCMAHON	NSW	10.85s	2016		WR	MERLENE OTTEY	JAM	10.74s	1996
	WR	KIM COLLINS	SKN	9.93s	2016	W40	AR	WENDY SEEGER	WA	12.18s	2016
M45	AR	BOB WISHART	VIC	11.2s	1989		WR	MERLENE OTTEY	SLO	11.09s	2004
	WR	WILLIE GAULT	USA	10.72s	2006	W45	AR	JULIE BRIMS	QLD	12.37s	2011
M50	AR	PETER CROMBIE	NSW	11.47s	1981		WR	MERLENE OTTEY	SLO	11.34s	2008
	WR	WILLIE GAULT	USA	10.88s	2011	W50	AR	JULIE BRIMS	QLD	12.39s	2016
M55	AR	BERNIE HOGAN	QLD	11.5s	1976		WR	MERLENE OTTEY	SLO	11.67s	2010
	WR	WILLIAM COLLINS	USA	11.44s	2008	W55	AR	MARIE KAY	QLD	13.44s	2015
M60	AR	BERNIE HOGAN	QLD	12.15s	1981		WR	NICOLE ALEXIS	FRA	12.80s	2015
	WR	RON TAYLOR	GBR	11.70s	1995	W60	AR	ANN COOPER	SA	14.40s	1990
M65	AR	MALCOLM PIRIE	QLD	12.62s	1994		WR	KARLA DEL GRANDE	CAN	13.63s	2014
	AR	PETER CROMBIE	NSW	12.62s	2010	W65	AR	CAROL DAVIS	QLD	14.61s	2016
	WR	STEPHEN ROBBINS	USA	12.37s	2008		WR	NADINE O'CONNOR	USA	14.10s	2007
	WR	VLADIMIR VYBOSTOK	SVK	12.37s	2012	W70	AR	ANN COOPER	SA	15.72s	1999
M70	AR	BOB WISHART	VIC	13.28s	2012		WR	KATHY BERGEN	USA	14.76s	2010
	WR	BOBBY WHILDON	USA	12.77s	2005	W75	AR	ANN COOPER	SA	16.09s	2005
M75	AR	HUGH COOGAN	QLD	13.86s	2012		WR	KATHY BERGEN	USA	15.31s	2015
	WR	ROBERT LIDA	USA	13.49s	2012	W80	AR	CORY COLLINS	ACT	19.29s	2016
M80	AR	LEO COFFEY	VIC	15.27s	2011		WR	IRENE OBERA	USA	16.81s	2014
	WR	PAYTON JORDAN	USA	14.35s	1997	W85	AR	GWEN GLEESON	ACT	25.19s	2014
M85	AR	CHARLIE BOOTH	VIC	16.98s	1989		WR	NORA WEDEMO	SWE	19.83s	1999
	WR	HIROO TANAKA	JPN	15.19s	2016		WR	MITSU MORITA	JPN	19.83s	2008
M90	AR	JIM SINCLAIR	VIC	19.63s	2015	W90	AR	MARGARET PROWSE	VIC	43.22s	2012
	WR	FREDERICO FISCHER	BRA	17.53s	2007		WR	MITSU MORITA	JPN	23.15s	2013
M95	AR	CHARLIE BOOTH	VIC	28.57s	2002	W95	WR	KATSUKO IWAKI	JPN	35.48s	
	WR	FREDERICO FISCHER	BRA	20.41s	2012						
M100	AR	LES AMEY	QLD	58.29s	2000						
	WR	DON PELLMANN	USA	26.99s	2015						
M105	WR	STANISTAW KOWALSKI	POL	34.50s	2015						

200 METRES					200 METRES						
M30	AR	ADAM FARLOW	ACT	21.67s	2015	W30	AR	MELISSA MEDLICOTT	NSW	23.4s	2000
	AR	<i>PATRICK JOHNSON</i>	ACT	20.35s	2006		AR	<i>DENISE BOYD</i>	VIC	23.09s	1983
M35	AR	PETER O'DWYER	VIC	21.98s	2002	W35	AR	WENDY SEEGER	WA	24.42s	2015
	AR	<i>PATRICK JOHNSON</i>	ACT	20.48s	2007		AR	<i>TANIA MURPHY</i>	SA	23.90s	2006
	WR	LINFORD CHRISTIE	GBR	20.11s	1995		WR	MERLENE OTTEY	JAM	21.93s	1995
M40	AR	ASHLEY MCMAHON	NSW	22.03s	2016	W40	AR	WENDY SEEGER	WA	24.52s	2016
	WR	TROY DOUGLAS	NED	20.64s	2003		WR	MERLENE OTTEY	SLO	22.72s	2004
M45	AR	REG AUSTIN	NSW	22.40s	1983	W45	AR	JULIE BRIMS	QLD	25.21s	2011
	WR	WILLIE GAULT	USA	21.80s	2008		WR	MERLENE OTTEY	SLO	23.82s	2006
M50	AR	REG AUSTIN	NSW	23.1s	1987	W50	AR	JULIE BRIMS	QLD	25.84s	2016
	WR	WILLIE GAULT	USA	22.44s	2011		WR	MERLENE OTTEY	SLO	24.33s	2007
M55	AR	HAL THOMAS	SA	24.02s	1992	W55	AR	MARIE KAY	QLD	27.30s	2015
	WR	WILLIAM COLLINS	USA	23.36s	2006		WR	NICOLE ALEXIS	FRA	26.36s	2015
M60	AR	PETER CROMBIE	NSW	24.83s	2005	W60	AR	ANN COOPER	SA	29.8s	1991
	WR	RON TAYLOR	GBR	24.00s	1995		AR	MARGARET TWEEDIE	VIC	29.99s	2016
M65	AR	BERNIE HOGAN	QLD	25.6s	1985		WR	KARLA DEL GRANDE	CAN	28.11s	2013
	AR	PETER CROMBIE	NSW	25.67s	2010	W65	AR	EVELYN PEAKE	QLD	30.87s	2015
	WR	CHARLES ALLIE	USA	24.65s	2013		WR	NADINE O'CONNOR	USA	29.37s	2007
M70	AR	HUGH COOGAN	QLD	26.84s	2005	W70	AR	ANN COOPER	SA	32.83s	1999
	WR	GLYN SUTTON	GBR	26.47s	2015		WR	KATHY BERGEN	USA	31.39s	2011
M75	AR	HUGH COOGAN	QLD	28.44s	2011	W75	AR	ANN COOPER	SA	33.6s	2004
	WR	ROBERT LIDA	USA	27.73s	2012		WR	KATHY BERGEN	USA	33.79s	2015
M80	AR	MIKE JOHNSTON	VIC	31.82s	2002	W80	AR	CORY COLLINS	ACT	39.91s	2017
	WR	HISAMITSU HIJIYA	JPN	29.54s	2011		WR	IRENE OBERA	USA	36.80s	2014
M85	AR	MIKE JOHNSTON	VIC	35.79s	2007	W85	AR	GWEN GLEESON	ACT	57.85s	2015
	WR	HIROO TANAKA	JPN	31.95s	2016		WR	MITSU MORITA	JPN	45.65s	2008
M90	AR	JIM SINCLAIR	VIC	43.12s	2015	W90	AR	MARGARET PROWSE	VIC	97.22s	2011
	WR	LUCAS NEL	RSA	38.04s	2013		WR	MITSU MORITA	JPN	55.62s	2013
M95	WR	FREDRICH MAHLO	GER	48.69s	2007	W95	WR	KUTSUKO IWAKI	JPN	79.96s	2011
M100	WR	PHILLIP RABINOWITZ	RSA	77.59s	2004						
400 METRES					400 METRES						
M30	AR	ADAM FARLOW	ACT	47.63s	2015	W30	AR	GLENDA DOUGLASS	NSW	55.5s	1996
	AR	<i>BEN OFFEREINS</i>	WA	46.13s	2016		AR	<i>RAELENE BOYLE</i>	VIC	51.08s	1982
M35	AR	JEFF KING	ACT	48.2s	2000	W35	AR	WENDY SEEGER	WA	55.72s	2016
	AR	<i>ANDREW WILCOX</i>	VIC	48.13s	2004		AR	<i>WENDY OLD-ABBOTT</i>	SA	55.43s	1996
	WR	CHRISTOPHER BROWN	BAH	44.54s	2015		WR	AURELIA PENTON	CUBA	50.56s	1978
M40	AR	ROBERT McCUBBIN	VIC	49.33s	2004	W40	AR	MARIE KAYE	NSW	56.18s	2003
	WR	ENRICO SARACENI	ITA	47.81s	2004		WR	SARA MONTECINOS	CHL	53.68s	1994
M45	AR	REG AUSTIN	NSW	50.61s	1983	W45	AR	ADRIENNE MCIVOR	QLD	56.60s	2016
	WR	ALLEN ROY WOODWARD	USA	49.69s	2015		WR	MARIE LANDE MATHIEU	PUR	56.15s	2003
M50	AR	REG AUSTIN	NSW	51.81s	1987	W50	AR	MARGE ALLISON	NSW	58.51s	1995
	WR	FRED SOWERBY	USA	51.39s	1999		WR	MARIE LANDE MATHIEU	PUR	57.66s	2007
M55	AR	TREVOR YOUNG	NSW	54.63s	2016	W55	AR	BARBARA BLURTON	WA	63.3s	2005
	WR	CHARLES ALLIE	USA	52.24s	2003		WR	MARIE MATHIEU	PUR	60.56s	2013
M60	AR	PETER CROMBIE	NSW	56.85s	2005	W60	AR	ANNE STOBAUS	VIC	67.30s	2001
	WR	RALPH ROMAIN	TRI	53.88s	1995		WR	CAROLINA POWELL	GBR	64.31s	2015
M65	AR	COLIN BUYERS	QLD	58.90s	2007	W65	AR	JEANETTE FLYNN	QLD	69.32s	2016
	WR	CHARLES ALLIE	USA	56.09s	2013		WR	DIANE PALMASON	CAN	68.21s	2003
M70	AR	HUGH COOGAN	QLD	60.77s	2006	W70	AR	ANNE STOBAUS	VIC	76.63s	2011
	WR	GUIDO MUELLER	GER	59.34s	2009		WR	RIET JONKERS-SLEGERS	NED	75.81s	2013
M75	AR	HUGH COOGAN	QLD	64.10s	2011	W75	AR	RUTH JOHNSON		89.78s	2016
	WR	GUIDO MUELLER	GER	62.40s	2014		WR	CHRISTA BORTIGNON	CAN	79.53s	2013
M80	AR	DAVID CARR	WA	71.40s	2013	W80	AR	CORY COLLINS	ACT	1m 32.75s	2016
	WR	HISAMITSU HIJIYA	JPN	70.01s	2012		WR	EMMA MAZZENGA	USA	1m 31.21s	2013
M85	AR	MIKE JOHNSTON	VIC	85.99s	2007	W85	AR	CHRISTIANE DAUPHINET	QLD	2m 22.65s	2016
	WR	EARLE FEE	CAN	77.12s	2014		WR	NINA NAUMENKO	RUS	1m 49.46s	2011
M90	AR	JIM SINCLAIR	VIC	111.93s	2015	W90	AR	MARGARET PROWSE	VIC	3m 36.47s	2011

	WR	TOSHIO KAMEHAMA	JPN	94.83s	2015		WR	EMILIA GARCIA DE FONTAN	COL	2m 46.56s	2015
M95	AR	ALEX PITTENDRICH	QLD	2m 50.1s	2001						
	WR	CHARLES EUGSTERS	SUI	2m 21.46s	2015						
M100	WR	ERWIN JASKULSKI	AUT	3m 41s	2003						
<b>800 METRES</b>						<b>800 METRES</b>					
M30	AR	SCOTT TAMBLIN	WA	1m 51.81s	2010	W30	AR	JUDY DALY	SA	2m 07.4s	1978
	AR	MARTIN BYRON	NSW	1m 46.45s	2002		AR	MARGARET CROWLEY	VIC	1m 59.97s	2000
M35	AR	ROBERT MCCUBBIN	VIC	1m 53.10s	2003	W35	AR	JUDY DALY	SA	2m 11.5s	1986
	AR	JAMES MCENIRY	VIC	1m 52.00s	2006		AR	JUDY POLLOCK	VIC	1m 59.93s	1976
	WR	JOHNNY GRAY	USA	1m 43.36s	1995		WR	LYUBOV GURINA	RUS	1m 56.53s	1994
M40	AR	ROBERT MCCUBBIN	VIC	1m 51.56s	2004	W40	AR	SUZY COLE	TAS	2m10.48s	2010
	WR	ANTHONY WHITEMAN	GBR	1m 48.22s	2012		WR	Y. PODKOPAYEVA	RUS	1m 59.25s	1994
M45	AR	ALAN BRADFORD	QLD	1m 58.6s	1987	W45	AR	ADRIENNE MCIVOR	QLD	2m 11.19ss	2016
	WR	SALADIN ALLAH	USA	1m 54.18s	2005		WR	Y. PODKOPAYEVA	RUS	2m 02.82s	1998
M50	AR	ALAN BRADFORD	QLD	2m 00.40s	1989	W50	AR	JEANETTE FLYNN	QLD	2m 16.05s	2005
	WR	NOLAN SHAHEED	USA	1m 58.65s	2000		<b>WR</b>	<b>JEANETTE FLYNN</b>	<b>AUS</b>	<b>2m 16.05s</b>	<b>2005</b>
M55	AR	TOM ROBERTS	VIC	2m 05.07s	1989	W55	AR	JEANETTE FLYNN	QLD	2m 21.98s	2007
	WR	PETER OBERLIESSEN	GER	2m 02.92s	2016		<b>WR</b>	<b>JEANETTE FLYNN</b>	<b>AUS</b>	<b>2m 21.98s</b>	<b>2007</b>
M60	AR	ALAN BRADFORD	QLD	2m 10.42s	1999	W60	AR	JEANETTE FLYNN	QLD	2m 33.96s	2013
	WR	NOLAN SHAHEED	USA	2m 08.56s	2011		WR	LIDIA ZENTNER	GER	2m 33.09s	2013
M65	AR	DAVID CARR	WA	2m 19.5s	1998	W65	AR	JEANETTE FLYNN	QLD	2m 43.39s	2016
	WR	EARL FEE	CAN	2m 14.33s	1995		WR	DIANE PALMASON	CAN	2m 41.81s	2003
M70	AR	DAVID CARR	WA	2m 25.14s	2003	W70	AR	ANNE STOBAUS	VIC	3m 03.94s	2011
	WR	EARL FEE	CAN	2m 20.52s	1999		WR	ELFRIEDE HODAPP	GER	2m 59.55s	2006
M75	AR	DAVID CARR	WA	2m 34.3s	2007	W75	AR	LORRAINE LOPES	WA	3m 26.25s	2015
	WR	JOSE V R LOPEZ	ESP	2m 30.59s	2016		WR	JEANNE DAPRANO	USA	3m 07.35s	2011
M80	AR	DAVID CARR	WA	<b>2m 48.5s</b>	2013	W80	AR	MARION SKARRATT	TAS	4m 20.88s	2001
	WR	EARL FEE	CAN	2m 48.95s	2009		WR	ALICE COLE	CAN	3m 43.62s	2014
M85	AR	MIKE JOHNSTON	VIC	3m 34.5s	2007	W85	AR	CHRISTIANE DAUPHINET	QLD	5m 26.22s	2016
	WR	EARL FEE	CAN	3m 09.10s	2014		WR	MELITTA CZERWENKA-NAGE	GER	4m 15.99s	2015
M90	AR	ALEX PITTENDRICH	QLD	4m 28.2s	1997	W90	AR	unclaimed			
	WR	TOSHIO KAMEHAMA	JPN	3m 39.07s	2015		WR	ROSARIO IGLESIAS	MEX	6m 59.18s	2001
M95	AR	JOHN GILMOUR	WA	9m 19.93s	2016						
	WR	HERB KIRK	USA	6m 02.94s	1991						
<b>1500 METRES</b>						<b>1500 METRES</b>					
M30	AR	GLENN RITCHIE	NSW	3m 41.48s	1996	W30	AR	MARCIA SHEER	SA	4m 25.0s	1992
	AR	PAT SCAMMELL	VIC	3m 35.62s	1991		AR	SARAH JAMIESON	VIC	4m 00.93s	2006
M35	AR	SCOTT TAMBLIN	WA	3m 51.01s	2015	W35	AR	BELINDA MARTIN	NSW	4m 21.03s	2011
	AR	PHILO SAUNDERS	ACT	3m 42.43s	2014		AR	JUDY POLLOCK	VIC	4m 14.22s	1976
	WR	BERNARD LAGAT	USA	3m 32.51s	2010		WR	MARICICA PUICA	ROM	3m 57.73s	1983
M40	AR	PHILO SAUNDERS	ACT	3m 47.34s	2017	W40	AR	SUZY COLE	TAS	4m 31.63s	2012
	AR	RICHARD POLKINGHORN	VIC	3m 55.32s	2006		WR	Y. PODKOPAYEVA	RUS	3m 59.78s	1994
	WR	BERNARD LAGAT	USA	3m 41.87s	2015	W45	AR	JEANETTE FLYNN	QLD	4m 33.29s	1997
M45	AR	ROBERT SCHWERKOLT	VIC	4m 00.2s	2011		WR	Y. PODKOPAYEVA	RUS	4m 05.44s	1998
	WR	VYACHESLAV SHABUNIN	RUS	3m 51.22s	2015	W50	AR	JEANETTE FLYNN	QLD	4m 42.00s	2005
M50	AR	TOM ROBERTS	VIC	4m 05.2s	1984		WR	CLARE ELMS	GBR	4m 36.79s	2014
	WR	DAVID HEATH	GBR	3m 58.26s	2015	W55	AR	ANN HOLCOMBE	VIC	5m 00.1s	2002
M55	AR	KEITH BATEMAN	NSW	4m 12.35s	2011		WR	SILKE SCHMIDT	GER	4m 51.26s	2015
	<b>WR</b>	<b>KEITH BATEMAN</b>	<b>AUS</b>	<b>4m 12.35s</b>	<b>2011</b>	W60	AR	JEANETTE FLYNN	QLD	5m 28.07s	2012
M60	AR	JOHN GILMOUR	WA	4m 29.0s	1979		WR	LIDIA ZENTNER	GER	5m 06.65s	2013
	WR	NOLAN SHAHEED	USA	4m 24.00s	2011	W65	AR	JEANETTE FLYNN	QLD	5m 47.83s	2016
M65	AR	JACK RYAN	VIC	4m 41.82s	1987		WR	SABRA HARVEY	USA	5m 29.85s	2014
	WR	SIMON HERLAAR	HOL	4m 39.87s	1994	W70	AR	LAVINIA PETRIE	VIC	6m 04.06s	2014
M70	AR	DONALD MATHEWSON	NSW	5m 02.28s	2015		WR	RIMMA VASINA	RUS	6m 00.50s	2011
	WR	RON ROBERTSON	NZL	4m 52.95s	2011	W75	AR	LORRAINE LOPES	WA	7m 09.6s	2015
M75	AR	DAVID CARR	WA	5m 28.1s	2007		WR	ELFRIEDE HODAPP	GER	6m 34.22s	2010
	WR	SHICHIRO MIDORIKAWA	JPN	5m 22.40s	2007	W80	AR	SHIRLEY BRASHER	TAS	9m 34.52s	2007
M80	AR	DAVID CARR	WA	5m 54.3s	2013		WR	YOKO NAKANO	JPN	6m 52.77s	2016

	WR	MAUEL ALONSO SANCHEZ	ESP	5m 47.35s	2016	W85	AR	HEATHER LEE	NSW	11m 56.80s	2014
M85	AR	PETER BROWNBILL	VIC	7m 53s	2004		WR	MELITTA CZERWENKA-NAGE	GER	8m 50.42s	2015
	WR	EDWARD WHITLOCK	CAN	6m 38.23s	2016						
M90	AR	PETER BROWNBILL	VIC	9m 32s	2008						
	WR	TOSHIO KAMEHAMA	JPN	7m 37.08s	2015						
M95	WR	PETTER GREEN	NOR	12m 57.7s	2007						
M100	AR	LES AMEY	QLD	16m 46.4s	2000						
	WR	LES AMEY	AUS	16m 46.4s	2000						
<b>1 MILE</b>						<b>1 MILE</b>					
M30	AR	SCOTT TAMBLIN	WA	4m 11.94s	2014	W30	AR	SUE HOBSON	ACT	4m 48s	1989
	AR	PAT SCAMMELL	VIC	3m 55.17s	1992		AR	SARAH JAMIESON	VIC	4m 23.40s	2007
M35	AR	SCOTT TAMBLIN	WA	4m 11.78s	2015	W35	AR	JUDY DALEY	SA	4m 50.08s	1982
	AR	PHILO SAUNDERS	ACT	4m 01.81s	2015		WR	MARICICA PUICA	ROM	4m 17.33s	1985
	WR	BERNARD LAGAT	USA	3m 51.38s	2011	W40	AR	JENNY BRICHACEK	ACT	4m 59.91s	2006
M40	AR	TONY MURRAY	ACT	3m 49.70s	1988		WR	Y. PODKOPAYEVA	RUS	4m 23.78s	1993
	WR	BERNARD LAGAT	USA	3m 57.91s	2015	W45	AR	JEANETTE FLYNN	QLD	5m 07.95s	1997
M45	AR	ROBERT SCHWERKOLT	VIC	4m 27.70s	2012		WR	Y. PODKOPAYEVA	RUS	4m 48.42s	1997
	WR	TONY YOUNG	USA	4m 16.09s	2008	W50	AR	JEANETTE FLYNN	QLD	5m 13.6s	2004
M50	AR	TOM ROBERTS	VIC	4m 30.06s	1987		WR	GITTE KARLSHOJ	DEN	5m 00.59s	2010
	WR	NOLAN SHAHEED	USA	4m 25.04s	2001	W55	AR	JEANETTE FLYNN	QLD	5m 27.57s	2006
M55	AR	KEITH BATEMAN	NSW	4m 35.04s	2010		WR	SILKE SCHMIDT	GER	5m 17.37s	2015
	WR	KEITH BATEMAN	AUS	4m 35.04s	2010	W60	AR	JEANETTE FLYNN	QLD	5m 56.00s	2012
M60	AR	JOHN GILMOUR	WA	4m 57.1s	1980		WR	KATHRYN MARTIN	USA	5m 42.65s	2013
	WR	TONY MCMANUS	NZL	4m 51.85s	2012	W65	AR	THERESIA BAIRD	VIC	6m 30.37s	2007
M65	AR	JACK RYAN	VIC	5m 05.61s	1987		WR	ANGELA COPSON	GBR	5m 54.59s	2015
	WR	DEREK TURNBULL	NZL	4m 56.4s	1992	W70	AR	LAVINIA PETRIE	VIC	6m 33.96s	2014
M70	AR	JOHN WARREN	NSW	5m 39.38s	2009		WR	JEANNE DAPRANO	USA	6m 47.91s	2007
	WR	JOOP RUTER	NED	5m 19.75s	2003	W75	AR	LORRAINE LOPES	WA	7m 46.5s	2015
M75	AR	DAVID CARR	WA	6m 04.2s	2007		WR	JEANNE DAPRANO	USA	6m 58.44s	2012
	WR	ED WHITLOCK	CAN	5m 41.80s	2006	W80	AR	ANNE YOUNG	ACT	10m 48.05s	2015
M80	AR	DAVID CARR	WA	6m 26.6s	2012		WR	HELLY VISSER	CAN	8m 33.76s	2014
	WR	DAVID CARR	AUS	6m 26.6s	2012	W85	AR	MARGARET PROWSE	VIC	13m 34.3s	2007
M85	AR	IRWIN BARRETT-LENNARD	WA	8m 50.4s	2014		WR	BLANCHE CUMMINGS	USA	10m 55.25s	2015
	WR	JOSEF GALIA	GER	8m 04.7s	1985						
M90	AR	PETER BROWNBILL	VIC	10m 30.9s	2008						
	WR	PETER BROWNBILL	AUS	10m 30.9s	2008						
M95	WR	HERB KIRK	USA	14m 48.2s	1990						
<b>3,000 METRES</b>						<b>3,000 METRES</b>					
M30	AR	DAVID LEWIS	NSW	8m 33.7s	1990	W30	AR	SUE HOBSON	ACT	9m 05.93s	1989
	AR	DARREN LYNCH	VIC	7m 45.53s	1999		AR	SARAH JAMIESON	VIC	8m 48.41s	2007
M35	AR	SCOTT TAMBLIN	WA	8m 35.3s	2015	W35	AR	BELINDA MARTIN	NSW	9m 18.51s	2011
	AR	SHAUN CREIGHTON	ACT	8m 04.74s	2003		AR	SUSAN HOBSON	ACT	9m 01.77s	1996
	WR	BERNARD LAGAT	USA	7m 29.00s	2010		WR	MARICICA PUICA	ROM	8m 27.83s	1985
M40	AR	PHILO SAUNDERS	ACT	8m 16.34s	2016	W40	AR	BELINDA MARTIN	NSW	9m 36.67s	2014
	WR	BERNARD LAGAT	USA	7m 42.75s	2015		WR	JOYCE SMITH	GBR	9m 11.2s	1978
M45	AR	ROBERT SCHWERKOLT	VIC	8m 49.0s	2011	W45	AR	GLENDA BANAGHAN	QLD	10m 11.04s	2009
	WR	VYACHESLAV SHABUNIN	RUS	8m 15.58s	2015		AR	TRISH WALLACE	VIC	9m 56.7s	1995
M50	AR	KEITH BATEMAN	NSW	8m 59.62	2009		WR	Y. PODKOPAYEVA	RUS	9m 17.27s	1997
	WR	CHRISTIAN GEFFREY	FRA	8m 41.2s	2007	W50	AR	ROBYN BASMAN	NSW	10m 30.27s	2011
M55	AR	KEITH BATEMAN	NSW	8m 56.80s	2010		WR	GITTE KARLSHOJ	DEN	9m 47.20s	2009
	WR	KEITH BATEMAN	AUS	8m 56.80s	2010	W55	AR	STACEY VAN DUEREN	VIC	10m 54.6s	2012
M60	AR	JOHN GILMOUR	WA	9m 41.2s	1980		WR	SILKE SCHMIDT	GER	10m 03.90s	2015
	WR	ADRIAAN HEIJDENS	NED	9m 29.47s	2002	W60	AR	ANNE RYAN	QLD	11m 46s	2015
M65	AR	JOHN GILMOUR	WA	10m 10.2s	1984		WR	LIDIA ZENTNER	GER	10m 54.04s	2013
	WR	DEREK TURNBULL	NZL	9m 47.4s	1992	W65	AR	THERESIA BAIRD	VIC	12m 07.18s	2007
M70	AR	DONALD MATHEWSON	NSW	11m 06.68s	2015		WR	ANGELA COPSON	GBR	11m 48.2s	2012
	WR	SIEM HERLAAR	NED	10m 42.40s	1999	W70	AR	LAVINIA PETRIE	VIC	12m 52.03s	2014
M75	AR	DAVID CARR	WA	12m 18.3s	2007		WR	LAVINIA PETRIE	AUS	12m 52.03s	2014

	WR	ED WHITLOCK	CAN	11m 10.43s	2006	W75	AR	LORRAINE LOPES	WA	14m 40.2s	2015
M80	AR	DAVID CARR	WA	13m 12.3s	2012		WR	YOKO NAKANO	JPN	13m 55.58s	2012
	WR	ED WHITLOCK	CAN	12m 13.56s	2011	W80	AR	LORNA THOMPSON	QLD	20m 28.81s	2007
M85	AR	IRWIN BARRETT-LENNARD	WA	17m 03.2s	2014		WR	MELITTA CZERWENKA-NAGE	GER	15m 34.64s	2010
	WR	JULIAN BERNAL MEDINA	ESP	14m 13.4s	2005	W85	AR	MARGARET PROWSE	VIC	26m 21.8s	2007
M90	AR	EDDIE GAMBLE	VIC	24m 28.6s	2005		WR	IVY GRANSTROM	CAN	24m 08.62s	1998
	WR	YOSHIMITSU MIYAUCHI	JPN	16m 42.01s	2014						
M95	WR	PETTER GREEN	NOR	26m 17.4s	2007						
		<b>5,000 METRES</b>						<b>5,000 METRES</b>			
M30	AR	STEPHEN DINNEEN	VIC	14m 41.02s	2013	W30	AR	SUSAN HOBSON	ACT	16m 25.7s	1989
	AR	SHAUN CREIGHTON	ACT	13m 21.45s	2000		AR	SARAH JAMIESON	VIC	15m 02.90s	2006
M35	AR	GARRY HAND	ACT	14m 36.8s	1985	W35	AR	BELINDA MARTIN	NSW	16m 12.12s	2011
	AR	STEVE MONEGHETTI	VIC	13m 43.95s	1998		AR	ANNE CROSS	VIC	15m 26.65s	2000
	WR	BERNARD LAGAT	USA	12m 53.60s	2011		WR	EDITH MASAI	KEN	14m 33.84s	2006
M40	AR	STEVE AUSTIN	VIC	14m 01.7s	1991	W40	AR	JOANNE COWAN	NSW	17m 00.65s	1998
	WR	BERNARD LAGAT	USA	13m 06.78s	2016		AR	LIZ MILLER	NSW	16m 50.27s	2005
M45	AR	STEVE AUSTIN	VIC	14m 59.0s	1997		WR	JOANNE PAVEY	GBR	15m 04.87s	2014
	WR	LUCIEN RAULT	FRA	14m 23.6s	1982	W45	AR	DOT BROWNE	VIC	17m 33.3s	1986
M50	AR	COLIN O'BRIEN	VIC	15m 49.4s	1997		WR	NICOLE LEVEQUE	FRA	15m 55.71s	1996
	WR	DAVID REES	GBR	14m 53.2s	2003	W50	AR	BRONWEN CARDY	VIC	17m 44.75s	2002
M55	AR	KEITH BATEMAN	NSW	15m 29.7s	2011		WR	GITTE KARLSHOJ	DEN	16m 51.17s	2009
	WR	KEITH BATEMAN	AUS	15m 29.7s	2011	W55	AR	STACEY VAN DUEREN	VIC	18m 37.25s	2012
M60	AR	JOHN GILMOUR	WA	16m 33.3s	1980		WR	SILKE SCHMIDT	GER	17m 29.28s	2015
	WR	ADRIAAN HEIJDENS	NED	16m 12.57s	1999	W60	AR	THERESIA BAIRD	VIC	19m 21.3s	2001
M65	AR	JOHN GILMOUR	WA	17m 25.3s	1985		WR	LIDIA ZENTNER	GER	18m 48.62s	2013
	WR	DEREK TURNBULL	NZ	16m 38.8s	1992	W65	AR	THERESIA BAIRD	VIC	20m 42.5s	2007
M70	AR	JOHN GILMOUR	WA	18m 46.62s	1989		WR	ANGELA COPSON	GBR	20m 10.09s	2013
	WR	RON ROBERTSON	NZL	18m 15.53s	2011	W70	AR	LAVINIA PETRIE	VIC	21m 34.08s	2014
M75	AR	RANDALL HUGHES	VIC	20m 18.04s	1999		WR	LAVINIA PETRIE	AUS	21m 34.08s	2014
	WR	ED WHITLOCK	CAN	19m 07.02s	2006	W75	AR	LORRAINE LOPES	WA	26m 41.46s	2016
M80	AR	COLIN MCLEOD	QLD	22m 58.42s	2016		WR	YOKO NAKANO	JPN	24m 03.90s	2013
	WR	ED WHITLOCK	CAN	20m 58.12s	2011	W80	AR	NORMA WALLETT	ACT	31m 11.58s	2012
M85	AR	IRWIN BARRETT-LENNARD	WA	28m 28.5s	2015		WR	DENISE LECLERC	FRA	26m 33.60s	2014
	WR	GORDON PORTEOUS	GBR	24m 51.7s	1999	W85	AR	MARGARET PROWSE	VIC	45m 33.2s	2007
M90	AR	PETER BROWNBILL	VIC	36m 52.1s	2008		WR	LENORE MONTGOMERY	CAN	32m 36.20s	2015
	WR	YOSHIMITSU MIYAUCHI	JPN	29m 59.94s	2014						
M95	WR	FRANK LEVINE	USA	50m 10.56s	2009						
		<b>10,000 METRES</b>						<b>10,000 METRES</b>			
M30	AR	GLENN RITCHIE	NSW	31m 06.5s	1995	W30	AR	BILLINDA SCHIPP	NSW	35m 07.4s	2008
	AR	STEVE MONEGHETTI	VIC	27m 48.94s	1995		AR	LISA ONDIEKI	SA	31m 11.72s	1992
M35	AR	ERIC COYLE	TAS	29m 58.5s	1985	W35	AR	DESIREE LETHERBY	SA	34m 34.4s	1981
	AR	STEVE MONEGHETTI	VIC	28m 09.96s	1997		AR	SUSAN HOBSON	ACT	31m 54.57s	1996
	WR	HAILE GEVRSELASSIE	ETH	26m 51.20s	2008		WR	JO PAVEY	GBR	30m 53.20s	2012
M40	AR	STEVE AUSTIN	VIC	29m 23.1s	1991	W40	AR	BELINDA MARTIN	NSW	34m 50s	2014
	AR	STEVE MONEGHETTI	VIC	28m 33.68s	2002		WR	JO PAVEY	GBR	31m 34.61s	2016
	WR	MARTTI VAINIO	FIN	28m 30.88s	1991	W45	AR	BRONWEN CARDY	VIC	36m 06.26s	2001
M45	AR	JAMES HARRISON	NSW	31m 43.17s	2009		WR	EVY PALM	SWE	32m 34.06s	1988
	AR	JOHN WILSON	VIC	31m 29s	2003	W50	AR	ANTOINETTE SHAW	WA	37m 31.9s	2000
	WR	ANTONIO VILLANUEVA	MEX	30m 02.56s	1987		WR	FIONA MATHESON	GBR	35m 05.7s	2011
M50	AR	RON PETERS	QLD	32m 54.8s	2003	W55	AR	BRONWEN CARDY	VIC	37m 50.93s	2007
	WR	PETER DE VOCHT	BEL	30m 55.16s	2010		WR	SILKE SCHMIDT	GER	36m 53.81s	2015
M55	AR	KEITH BATEMAN	NSW	31m 51.86s	2011	W60	AR	THERESIA BAIRD	VIC	39m 21.1s	2001
	WR	KEITH BATEMAN	AUS	31m 51.86s	2011		WR	BERNADINE PORTENSKI	NZL	39m 04.23ss	2010
M60	AR	JOHN GILMOUR	WA	34m 23.0s	1980	W65	AR	THERESIA BAIRD	VIC	42m 07.1s	2007
	WR	MICHAEL HAGER	GBR	33m 57.6s	2013		WR	ANGELA COPSON	GBR	41m 40.27s	2012
M65	AR	JOHN GILMOUR	WA	36m 11.0s	1984	W70	AR	LAVINIA PETRIE	VIC	44m 36.7s	2016
	WR	DEREK TURNBULL	NZ	34m 42.2s	1992		WR	LAVINIA PETRIE	AUS	44m 43.27s	2014
M70	AR	JOHN GILMOUR	WA	38m 26.0s	1989	W75	AR	LORRAINE LOPES	WA	51m 31.8s	2015

	WR	ED WHITLOCK	CAN	38m 04.13s	2001		WR	M. CZARWENKA-NAGEL	GER	50m 00.93s	2005
M75	AR	RANDALL HUGHES	VIC	43m 05.41s	2000	W80	AR	unclaimed			
	WR	ED WHITLOCK	CAN	39m 25.16s	2006		WR	DENISE LECLERC	FRA	55m 26.46s	2013
M80	AR	COLIN MCLEOD	QLD	47m 13.84s	2016	W85	AR	unclaimed			
	WR	ED WHITLOCK	CAN	42m 39.95s	2011		WR	VLADYKLENA KOKINA	UKR	86m 15.07s	2014
M85	AR	KEN MATCHETT	VIC	60m 52.92s	2007						
	WR	ED WHITLOCK	CAN	51m 07.53s	2016						
M90	WR	GORDON PORTEOUS	GBR	69m 27.5s	2004						
<b>ONE HOUR RUN (currently not listed by WMA)</b>						<b>ONE HOUR RUN (currently not listed by WMA)</b>					
M30	AR	ADRIAN SHEPPARD	ACT	17296m	2001	W30	AR	CAROL EY	ACT	15705m	1991
M35	AR	PHIL GARVIN	ACT	18790m	1986	W35	AR	ANNETTE PERKINS	ACT	15552m	1985
	AR	MAGNUS MICHELSOSON	VIC	19470.8m	2005		WR	CATHERINA SEGERS	BEL	16521m	1999
	WR	GASTON ROELANTS	BEL	20774m	1972	W40	AR	JACKIE FAIRWEATHER	ACT	16056m	2008
M40	AR	TREVOR JACOBS	ACT	17819m	1992		WR	GERDA MARIE DEHAES	BEL	15844m	1996
	AR	STEVE MONEGHETTI	VIC	19710m	2005	W45	AR	JULIE NORNEY	VIC	15421m	2015
	WR	JOZEF EYCKMANS	BEL	19149m	1996		WR	INEKE STOFMEEL	NED	15288m	2004
M45	AR	FRANK GREEN	ACT	17759m	1985	W50	AR	STACEY VAN DUJEREN	VIC	15142m	2010
	WR	ALAIN MIMOUN	FRA	18862m	1966		WR	GREET WARNAAR	NED	15052m	1993
M50	AR	BRUCE GRAHAM	ACT	17357m	2013	W55	AR	BRONWEN CARDY	VIC	15323m	2007
	WR	ALAIN MIMOUN	FRA	18576m	1971		WR	ROS TABOR	GBR	14275m	2004
M55	AR	JOHN GILMOUR	WA	17186m	1974	W60	AR	BRONWEN CARDY	VIC	14109m	2015
	WR	JOHN VAN DER WANSEM	HOL	17394m	2005		WR	LAVINIA PETRIE	AUS	13823m	2003
M60	AR	JOHN GILMOUR	WA	16854m	1979	W65	AR	LAVINIA PETRIE	VIC	13640m	2011
	WR	JOHN GILMOUR	AUS	16854m	1979		WR	BERTHILIA DE PRETER	BEL	12467m	1996
M65	AR	JOHN GILMOUR	WA	15892m	1984	W70	AR	LAVINIA PETRIE	VIC	13044m	2013
	WR	JOHN GILMOUR	AUS	15892m	1984		WR	BERTHILIA DE PRETER	BEL	11425m	1999
M70	AR	JOHN GILMOUR	WA	15474m	1989	W75	AR	CORRIE DE GROOT	VIC	10050m	2003
	WR	JOHN GILMOUR	AUS	15474m	1989		WR	CORRIE DE GROOT	AUS	10050m	2003
M75	AR	BOB LEWIS	VIC	13038m	2003	W80	AR	ANNE YOUNG	ACT	7202m	2016
	WR	EDWARD BENHAM	USA	13699m	1983		WR	MARY AMES	USA	7049m	1987
M80	AR	BOB LEWIS	VIC	10850m	2008	W85	AR	MARGARET PROWSE	VIC	6469m	2007
	WR	PAUL SPANGLER	USA	12130m	1980						
M85	AR	RAD LEOVIC	ACT	9137m	2012						
	WR	PAUL SPANGLER	USA	10088m	1984						
<b>HALF MARATHON</b>						<b>HALF MARATHON</b>					
M30	AR	STEPHEN DINNEEN	VIC	66m 42s	2014	W30	AR	KATE SEIBOLD-CROSBIE	VIC	77m 45s	2005
	AR	STEVE MONEGHETTI	VIC	60m 06s	1993		AR	KERRY MCCANN	NSW	67m 48s	2000
M35	AR	JOHN MEAGHER	VIC	67m 05.24s	2002	W35	AR	SUSAN HOBSON	ACT	70m 31s	1997
	AR	JOHN ANDREWS	NSW	61m 37s	1993		WR	EDITH MASAI	KEN	67m 16s	2006
	WR	PAUL TERGAT	KEN	59m 10s	2005	W40	AR	SUSAN HOBSON	ACT	73m 27s	1999
M40	AR	GARRY HAND	ACT	68m 01s	1986		WR	HELENA JAVORNIK	SLO	70m 32s	2007
	AR	STEVE MONEGHETTI	VIC	64m 33s	2005	W45	AR	BEV LUCAS	SA	77m 39s	1991
	WR	JOHN CAMPBELL	NZL	62m 28s	1990		WR	EVY PALM	SWE	71m 18s	1988
	WR	NELSON CHIRCHIR	KEN	62m 28s	1996	W50	AR	BEV LUCAS	SA	77m 52s	1996
M45	AR	HANK STOFFERS	WA	70m 17s	1988		WR	TATYANA POZDNYAKOVA	UKR	76m 07s	2006
	AR	STEVE MONEGHETTI	VIC	67m 53s	2010	W55	AR	STACEY VAN DUJEREN	VIC	82m 21s	2012
	WR	JOSE ANDRADE	POR	63m 57s	2003		WR	SHIRLEY MATSON	USA	83m 09s	1996
M50	AR	STEVE MONEGHETTI	VIC	69m 43s	2014	W60	AR	THERESIA BAIRD	VIC	86m 16s	2001
	WR	DAVID MARTIN REES	GBR	66m 42s	2003		WR	THERESIA BAIRD	AUS	86m 16s	2001
M55	AR	RON PETERS	QLD	72m 19s	2009	W65	AR	LAVINIA PETRIE	VIC	97m 53s	2009
	WR	JIM O'NEIL	USA	69m 17s	1993		WR	RONA FREDERIKS	GER	97m 46s	2005
M60	AR	RON PETERS	QLD	75m 07s	2013	W70	AR	LAVINIA PETRIE	VIC	97m 38s	2014
	WR	MANUEL ROSALES TOUZA	ESP	74m 18s	1996		WR	LAVINIA PETRIE	AUS	101m 0s	2016
M65	AR	JOHN GILMOUR	WA	77m 17s	1985	W75	AR	CORRIE DE GROOT	VIC	131m 15s	2004
	WR	WIL VAN DER LEE	NED	77m 13s	1997		WR	BETTY JEAN MCHUGH	CAN	113m 58s	2003
M70	AR	JOHN GILMOUR	WA	81m 41s	1989	W80	AR	NORMA WALLETT	ACT	137m 12s	2010
	WR	JOHN GILMOUR	AUS	81m 41s	1989		WR	UNI WILMANN	NOR	134m 31s	2000
M75	AR	TONY BERRY	VIC	93m 51s	2010	W85	AR	NORMA WALLETT	ACT	162m 43s	2015

	WR	WARREN UTES	USA	90m 19s	1997								
M80	AR	BOB HORMAN	QLD	106m 00s	2000								
	WR	JOHN KESTON	USA	99m 28s	1995								
M85	AR	BOB HORMAN	QLD	125m 11s	2004								
	WR	GEORG GABRIEL	GER	120m 05s	2006								
M90	WR	FAUJA SINGH	IND	158m 55s	2002								
<b>MARATHON (BEST ON RECORD)</b>						<b>MARATHON (BEST ON RECORD)</b>							
M30	AR	BRIAN SIMMONS	VIC	2:26:20	1990	W30	AR	KATE SEIBOLD-CROSBIE	VIC	2:44:11	2005		
	AR	STEVE MONEGHETTI	VIC	2:08:33	1995		AR	LISA ONDIEKI	SA	2:24:40	1992		
M35	AR	GARRY HAND	ACT	2:20:15	1985	W35	AR	KAREN GOBBY	WA	2:36:42	1991		
	AR	STEVE MONEGHETTI	VIC	2:10:00	2000		AR	KERRY MCCANN	NSW	2:27:51	2002		
	WR	HAILE GEBRESELASSIE	ETH	2:03:59	2008		WR	IRINA MITIKENKO	GER	2:19:19	2008		
M40	AR	GARY HAND	ACT	2:19:00	1987	W40	AR	DOT BROWNE	VIC	2:41:25	1983		
	AR	STEVE MONEGHETTI	VIC	2:17:14	2003		AR	SUSAN HOBSON	ACT	2:32:37	2000		
	WR	ANDRES ESPINOSA	MEX	2:08:46	2003		WR	MARLYA KONOVALOVA	RUS	2:22:27	2015		
M45	AR	BILL RAIMOND	NSW	2:25:51	1982	W45	AR	BEV LUCAS	SA	2:43:45	1995		
	WR	KJELL-ERIK STAHL	SWE	2:15:51	1991		WR	TATIANA POZDNIKOVA	UKR	2:29:00	2002		
M50	AR	PETER KALLIO	ACT	2:30:52	1987	W50	AR	BEV LUCAS	SA	2:44:12	1997		
	WR	TITUS MAMABOLA	SAF	2:19:29	1991		WR	TATIANA POZDNIKOVA	UKR	2:31:05	2005		
M55	AR	RON PETERS	QLD	2:37:27	2009	W55	AR	JEAN ALBURY	VIC	3:09:14	1984		
	WR	PIET VAN ALPHEN	NED	2:25:56	1986		WR	RAY BAYMILLER	USA	2:52:14	1998		
M60	AR	JOHN GILMOUR	WA	2:41:07	1981	W60	AR	MARIE O'DONOVAN	NSW	3:20:28	1993		
	WR	YOSHIHISA HOSAKA	JPN	2:36:30	2009		WR	CLAUDINE MARCHADIER	FRA	3:02:50	2007		
M65	AR	COL MCLEOD	QLD	2:54:41	2003	W65	AR	LAVINIA PETRIE	VIC	3:28:24	2010		
	WR	DEREK TURNBULL	NZL	2:41:57	1992		WR	EMMA LUTHI	SUI	3:12:57	2009		
M70	AR	JOHN GILMOUR	WA	3:03:04	1989	W70	AR	LAVINIA PETRIE	VIC	3:38:53	2015		
	WR	ED WHITLOCK	CAN	2:54:48	2004		WR	HELGA MIKETTA	GER	3:35:29	2013		
M75	AR	RANDALL HUGHES	VIC	3:40:47	1999	W75	AR	SHIRLEY YOUNG	VIC	4:36:46	2005		
	WR	ED WHITLOCK	CAN	3:04:54	2007		WR	YOKO NAKANO	JPN	3:53:42	2012		
M80	AR	ROBERT HORMAN	QLD	3:39:18	1998	W80	AR	NORMA WALLETT	ACT	5:31:53	2010		
	WR	ED WHITLOCK	CAN	3:15:54	2011		WR	GWEN MCFARLAN	CAN	4:12:44	2014		
M85	AR	ROBERT HORMAN	QLD	4:34:55	2004	W85	AR	unclaimed					
	WR	ROBERT HORMAN	AUS	4:34:55	2004		WR	BETTY JEAN MCHUGH	CAN	5:14:26	2012		
M90	WR	ERNEST VAN LEEUWEN	USA	6:46:34	2005	W90	WR	MAVIS LINDGREN	USA	8:53:08	1997		
<b>3,000 STEEPLECHASE</b>						<b>2,000 STEEPLECHASE</b>						30" from 2000	
M30	AR	SCOTT MCTAGGART	ACT	9m 05.44s	2007	W30	AR	KATE SEIBOLD-CROSBIE	VIC	7m 08.7s	2005		
	AR	YOUCEF ABDI	NSW	8m 16.35s	2008		AR	DONNA MACFARLANE	TAS	6m 20.06s	2008		
M35	AR	JEFF BRODERICK	VIC	8m 53.57s	1992	W35	AR	ELAINE COOPER	ACT	7m 07.0s	1999		
	AR	ARGARY ZEUNER	SA	8m 51.91s	1989		WR	LESLIE LEHANE	USA	6m 30.83s	1998		
	WR	SIMON VROEMEN	NED	8m 04.95s	2004	W40	AR	ELAINE COOPER	ACT	7m 06.6s	2000		
M40	AR	JEFF BRODERICK	VIC	9m 10.2s	1995		WR	LISA RYAN	USA	6m 49.58s	2011		
	WR	ANDRES CAROSI	ITA	8m 38.40s	2004	W45	AR	ANTOINETTE SHAW	WA	8m 02.4s	1993		
M45	AR	JEFF BRODERICK	VIC	9m 24.4s	2000		WR	LISA VALLE	USA	6m 58.89s	2011		
	WR	BRAD WILSON BARTON	USA	9m 06.68s	2014	W50	AR	LOUISE FAIRFAX	TAS	7m 55.74s	2003		
M50	AR	ALAN BRADFORD	QLD	9m 51.62s	1989		WR	MARIE BODILIS-LOAEC	FRA	7m 42.04s	2011		
	WR	NILS UNDERSAKOR	NOR	9m 38.8s	1989	W55	AR	ANTOINETTE SHAW	WA	8m 23.96s	2003		
M55	AR	ALAN BRADFORD	QLD	10m 14.0s	1994		WR	MARGARET ORMAN	NZL	7m 58.43s	1997		
	WR	RON ROBERTSON	NZL	9m 55.05s	1997	W60	AR	JAN MORREY	VIC	8m 52.30s	2000		
<b>2,000 STEEPLECHASE</b>						<b>2,000 STEEPLECHASE</b>						30" from 2000	
M60	AR	ALAN BRADFORD	QLD	6m 54.31s	1999		WR	KATHRYN MARTIN	USA	8m 37.34s	2014		
	WR	RON ROBERTSON	NZL	6m 30.21s	2001	W65	AR	GILLIAN YOUNG	WA	10m 02.49	2013		
M65	AR	ALAN BRADFORD	QLD	7m 18.2s	2004		WR	MARIE MICHELSON	USA	9m 00.2s	2008		
	WR	RON ROBERTSON	NZL	7m 18.10s	2008	W70	AR	ANNE LANG	SA	11m 03.03s	2013		
M70	AR	PETER SANDERY	SA	8m 16.57s	2011		WR	MARIE MICHELSON	USA	10m 20.43s	2012		
	WR	RON ROBERTSON	NZL	7m 10.03s	2011	W75	AR	FRANCES HARRIS	ACT	13m 03.95s	2017		
M75	AR	DAVID CARR	WA	8m 56.59s	2008		WR	ANNE MARTIN	GBR	11m 40.62s	2011		
	WR	KLEMENS WITTIG	GER	8m 47s	2014	W80	WR	FLORENCE MEILER	USA	15m 43.23s	2015		
M80	AR	DAVID CARR	WA	9m 35.1s	2013								

	WR	DAVID CARR	AUS	9m 35.1s	2013						
M85	AR	IRWIN BARRETT-LENNARD	WA	12m 30.4s	2015						
	WR	SOICHI TAMOI	JPN	11m 36.93s	2008						
M90	WR	CHARLES ROSS	USA	18m 54.10s	2013						
<b>110 METRE HURDLES</b>				<b>.991m</b>		<b>100 METRE HURDLES</b>				<b>.840m</b>	
M30	AR	GREG EYEARS	NSW	14.13s	2012	W30	AR	ELIANA SEYMOUR	QLD	13.94s	2016
	AR	KYLE VANDER-KUYP	VIC	13.65s	2004		AR	PAM RYAN	VIC	12.93s	1972
M35	AR	TERRY BALDWIN	VIC	15.10s	1998	W35	AR	EILEEN HINDLE	WA	14.5s	1985
	WR	ALLEN JOHNSON	USA	12.96s	2006		AR	EILEEN HINDLE	WA	14.0s	1984
M40	AR	GEOFFREY GIBBONS	TAS	15.62s	2016		WR	GAIL DEVERS	USA	12.40s	2002
	WR	DAVID ASHFORD	USA	13.73s	2003	<b>80 METRES HURDLES</b>				<b>.762m</b>	
M45	AR	HARRY GILES	QLD	15.5s	1990	W40	AR	GLYNIS CEARNS	QLD	11.66s	2001
	WR	KARL SMITH	JAM	14.41s	2006		WR	MONICA PELLEGRINELLI	SUI	11.24s	2005
<b>100 METRES HURDLES</b>				<b>.914m</b>		W45	AR	MARIE KAY	QLD	12.32s	2009
M50	AR	TED BARNARD	VIC	15.03s	1995		WR	CHRISTINE MULLER	SUI	11.51s	2004
	AR	MICK STEVENSON	TAS	15.2s	1991	W50	AR	SALLY STAGLES	NSW	12.86s	2011
	WR	WALT BUTLER	USA	13.57s	1991		WR	CHRISTINE MULLER	SUI	12.08s	2009
M55	AR	MICK STEVENSON	TAS	15.53s	1997	W55	AR	MARIE KAY	QLD	13.03s	2015
	WR	HERBERT KREINER	AUT	14.25s	2010		WR	HELGI LAMP	EST	12.31s	1999
<b>100 METRES HURDLES</b>				<b>.840m</b>		<b>80 METRES HURDLES</b>				<b>.686m from 2000</b>	
M60	AR	MICK STEVENSON	TAS	15.86s	2001	W60	AR	UNA LUND	QLD	14.24s	2001
	WR	THADDEUS WILSON	USA	14.37s	2011		WR	PHIL RASCHKER	USA	13.26s	2007
M65	AR	MICK STEVENSON	TAS	16.42s	2005	W65	AR	WILMA PERKINS	QLD	15.09s	2016
	WR	TY BROWN	USA	15.20s	2013		WR	EDITH GRAFF	BEL	14.03s	2008
<b>80 METRES HURDLES</b>				<b>.762m</b>		W70	AR	JEAN HAMPSON	QLD	18.70s	2015
M65	AR	RICHARD TREMBATH	VIC	13.4s	2007		WR	MARIANNE MAIER	AUT	16.04s	2013
M70	AR	MICK STEVENSON	TAS	14.13s	2011	W75	AR	FRANCES HARRIS	ACT	21.24s	2016
	WR	TY BROWN	USA	12.61s	2015		WR	CHRISTA BORTIGNON	CAN	17.44s	2013
M75	AR	MICK STEVENSON	TAS	14.98s	2015	W80	AR	unclaimed			
	WR	JAMES STOOKEY	USA	13.62s	2005		WR	IRENE OBERA	USA	19.32s	2015
<b>80 METRES HURDLES</b>				<b>.686m</b>							
M80	AR	FRED O'CONNOR	NSW	18.64s	2005						
	WR	MELVIN LARSEN	USA	14.75s	2005						
M85	AR	VIC YOUNGER	QLD	26.65s	2000						
	WR	KIZO KIMURA	JPN	18.06s	1996						
M90	AR	VIC YOUNGER	VIC	44.4s	2003						
	WR	RALPH MAXWELL	USA	21.62s	2011						
<b>400 METRES HURDLES</b>				<b>.914m</b>		<b>400 METRES HURDLES</b>				<b>.762m</b>	
M30	AR	CAMERON YORKE	WA	53.76s	2010	W30	AR	GLENDA DOUGLASS	NSW	61.6s	1996
	AR	BLAIR YOUNG	QLD	50.17s	2001		AR	TAMSYN LEWIS	VIC	56.73s	2010
M35	AR	MICHAEL EDWARDS	WA	53.79s	1992	W35	A R	STACEY QUITZAW	NSW	62.3s	1996
	WR	DANNY MCFARLANE	JAM	48.13s	2009		WR	MARINA STEPANOVA	URS	52.94s	1986
M40	AR	NOEL CLOUGH	VIC	54.3s	1982	W40	AR	JAN HYNES	QLD	62.80s	1987
	WR	DANNY MCFARLANE	JAM	49.69s	2012		WR	BARBARA GAHLING	GER	58.35s	2007
M45	AR	HARRY GILES	QLD	58.02s	1989	W45	AR	JAN HYNES	QLD	64.09s	1994
	WR	EDWARD BETTS	GBR	54.92s	2016		WR	BARBARA GAHLING	GER	62.85s	2010
<b>400 METRES HURDLES</b>				<b>.840m</b>		<b>300 METRES HURDLES</b>				<b>.762m</b>	
M50	AR	JOHN GORDON	NSW	60.22s	1997	W50	AR	JAN HYNES	QLD	45.8s	1994
	WR	HOWARD MOSCROP	GBR	56.56s	2008		WR	BARBARA GAHLING	GER	44.90s	2015
M55	AR	RICHARD TREMBATH	VIC	62.60s	1999	W55	AR	MICHELE HOSSACK	VIC	50.12s	2016
	WR	GUIDO MUELLER	GER	58.92s	1995		WR	JANE HORDER	GBR	49.00s	2012
<b>300 METRES HURDLES</b>				<b>.840m</b>							
M50	AR	MICK STEVENSON	TAS	43.58s	1991						
M55	AR	RICHARD TREMBATH	VIC	44.0s	1999						
<b>300 METRES HURDLES</b>				<b>.762m</b>		<b>300 METRES HURDLES</b>				<b>.686m from 2000</b>	
M60	AR	RICHARD TREMBATH	VIC	45.19s	2003	W60	AR	MARGE ALLISON	QLD	51.64s	2005
	WR	GUIDO MUELLER	FRG	42.31s	1999		WR	MARGE ALLISON	AUS	51.64s	2005
M65	AR	MICK STEVENSON	TAS	47.69s	2005	W65	AR	MARGE ALLISON	QLD	54.06s	2011



	WR	GUIDO MUELLER	GER	43.89s	2004		WR	MARGE ALLISON	AUS	54.06s	2011	
<b>300 METRES HURDLES</b>				<b>.686m</b>		W70	AR	ANNA ZEITZEN	TAS	96.1s	2003	
M70	AR	MICK STEVENSON	TAS	51.64s	2011		WR	FLORENCE MEILOR	USA	67.16s	2004	
	WR	GUIDO MUELLER	GER	45.24s	2009	W75	AR	unclaimed				
M75	AR	MICK STEVENSON	TAS	55.47s	2015		WR	JOHNNYE VALIEN	USA	89.00s	2001	
	WR	GUIDO MUELLER	GER	49.65s	2014							
M80	AR	FRED O'CONNOR	NSW	66.33s	2004	<b>200 METRES HURDLES</b>				<b>.686m from 2009</b>		
	WR	DAN BULKLEY	USA	62.61s	1999	W70	AR	MARGE ALLISON	QLD	36.71	2015	
M85	AR	VIC YOUNGER	QLD	119.8s	1998		WR	MARGE ALLISON	AUS	36.71	2015	
	WR	HUGO A DELGADO FLORE	PER	67.99s	2009	W75	WR	CHRISTA BORTIGNON	CAN	39.89s	2013	
M90	WR	ILMARI KOPPINEN	FIN	121.71s	2008	W80	WR	IRENE OBERA	USA	42.24s	2014	
<b>200 METRES HURDLES</b>				<b>.686m</b>								
M80	AR	OSMO MILLRIDGE	NSW	44.11s	2012							
	WR	EARL FEE	CAN	36.95s	2010							
M85	AR	RAD LEOVIC	ACT	54.84s	2013							
	WR	EARL FEE	CAN	42.70s	2014							
M90	WR	RALPH MAXWELL	USA	51.31s	2010							
<b>1,500 METRES WALK</b>						<b>1,500 METRES WALK</b>						
M30	AR	CLYDE RIDDOCH	VIC	6m 11s	1983	W30	AR	SUE COOK	ACT	6m 40s	1990	
M35	AR	STEVE HAUSFELD	ACT	6m 00.3s	1988	W35	AR	SHARON SCHNYDER	VIC	6m 47s	2000	
M40	AR	DAVE THOMPSON	ACT	5m 58.9s	1986	W40	AR	HEATHER MCDONALD	VIC	6m 45s	1990	
M45	AR	PAUL KENNEDY	VIC	6m 14.29s	2003	W45	AR	HEATHER MCDONALD	VIC	6m 49s	1996	
M50	AR	ANDREW JAMIESON	VIC	6m 21.1s	1999	W50	AR	LYNETTE VENTRIS	WA	6m 45.8s	2007	
M55	AR	MURRAY DICKINSON	VIC	6m 44.1s	1995	W55	AR	LYNETTE VENTRIS	WA	7m 00.30s	2011	
M60	AR	ANDREW JAMIESON	VIC	6m 52.50s	2008	W60	AR	HEATHER CARR	VIC	7m 18.50	2010	
M65	AR	ANDREW JAMIESON	VIC	6m 52.56s	2012	W65	AR	BRENDA RILEY	VIC	7m 48.2s	2005	
M70	AR	RALPH BENNETT	VIC	8m 00.40s	2012	W70	AR	JEAN ALBURY	TAS	8m 24s	2000	
M75	AR	BOB GARDINER	VIC	7m 57.44s	2011	W75	AR	JEAN KNOX	VIC	9m 55s	2002	
M80	AR	OSMO MILLRIDGE	NSW	9m 54.62s	2012	W80	AR	LORNA THOMPSON	QLD	11m 12.83s	2008	
M85	AR	RICHARD KEATINGE	QLD	11m 07s	2008	W85	AR	HEATHER LEE	NSW	11m 36.90s	2012	
M90	AR	PETER KENNEDY	WA	16m 11.60s	2010							
<b>2,000 METRES WALK</b>						<b>2,000 METRES WALK</b>						
M30	AR	ANDREW JACHNO	ACT	8m 43s	1994	W30	AR	MIRIAM HARDING	ACT	9m 44s	1988	
M35	AR	ROSS REID	VIC	8m 36s	1994	W35	AR	KELLY RUDDICK	VIC	8m 22s	2013	
M40	AR	DAVE THOMPSON	ACT	8m 07s	1986	W40	AR	KELLY RUDDICK	VIC	8m 46.8s	2013	
M45	AR	PAUL KENNEDY	VIC	8m 22.77s	2004	W45	AR	LYN VENTRIS	WA	9m 08.6s	2006	
M50	AR	ANDREW JAMIESON	VIC	8m 33s	2000	W50	AR	PAM TINDAL	VIC	9m 35.7s	2011	
M55	AR	ANDREW JAMIESON	VIC	8m 47.7s	2003	W55	AR	HEATHER CARR	VIC	9m 57.5s	2006	
M60	AR	ANDREW JAMIESON	VIC	9m 13.5s	2010	W60	AR	HEATHER CARR	VIC	9m 54.9s	2010	
M65	AR	ANDREW JAMIESON	VIC	9m 10.4s	2012	W65	AR	HEATHER CARR	VIC	10m 52.2s	2017	
M70	AR	ANDREW JAMIESON	VIC	10m 32.9s	2016	W70	AR	GWEN STEED	VIC	12m 33.2s	2012	
M75	AR	BOB GARDINER	VIC	11m 20.1s	2011	W75	AR	GLENICE SHANAHAN	WA	16m 31s	2000	
M80	AR	STAN JONES	WA	13m 25.7s	2006							
M85	AR	RUSSELL GRIGG	QLD	18m 40s	2013							
<b>3,000 METRES WALK (WORLD BESTS ONLY)</b>						<b>3,000 METRES WALK (WORLD BESTS ONLY)</b>						
M30	AR	IGNACIO JIMENEZ	QLD	12m 45.81s	1996	W30	AR	KAREN ISELIN	QLD	13m 55.8s	1989	
	AR	LUKE ADAMS	NSW	10m 59.04s	2010		AR	KERRY JUNNA-SAXBY	NSW	11m 52.71s	1993	
M35	AR	WILLI SAWALL	VIC	11m 28.2s	1980	W35	AR	ANNE MANNING	NSW	12m 43.2s	1995	
	AR	DAVID SMITH	QLD	11m 16.38s	1992		WB	KERRY JUNNA-SAXBY	AUS	12m 02.39	1997	
	WB	DAVID SMITH	AUS	11m 16.38s	1992	W40	AR	KELLY RUDDICK	VIC	12m 58.85s	2015	
M40	AR	WILLI SAWALL	VIC	11m 28.21s	1982		WB	S. GRIESBACH	FRA	13m 19.7s	1987	
	WB	WILLI SAWALL	AUS	11m 28.21s	1982	W45	AR	LYNETTE VENTRIS	WA	13m 57.43s	2002	
M45	AR	PAUL KENNEDY	VIC	12m 50.2s	2003		WB	LYNETTE VENTRIS	AUS	13m 57.43s	2002	
	WB	GARY LITTLE	NZL	12m 06s	1991	W50	AR	LYNETTE VENTRIS	WA	13m 54.3s	2007	
M50	AR	ANDREW JAMIESON	VIC	12m 59.5s	2000		WB	LYNETTE VENTRIS	AUS	13m 54.3s	2007	
	WB	GARY LITTLE	NZL	12m 18s	1993	W55	AR	LYNETTE VENTRIS	WA	14m 16.41s	2012	

M55	AR	ANDREW JAMIESON	VIC	13m 21.7s	2003		WB	LYNETTE VENTRIS	AUS	14m 16.41s	2012
	WB	WILLI SAWALL	AUS	12m 44s	1996	W60	AR	HEATHER CARR	VIC	15m 21.94s	2011
M60	AR	ANDREW JAMIESON	VIC	13m 24.07s	2007		WB	HEATHER CARR	AUS	15m 21.94s	2011
	WB	MOROTTI GRAZIANO	ITA	13m 15.11s	2011	W65	AR	BRENDA RILEY	VIC	16m 22.1s	2006
M65	AR	ANDREW JAMIESON	VIC	14m 13.6s	2012		WB	BRENDA RILEY	AUS	16m 22.1s	2006
	WB	IAN RICHARDS	GBR	14m 17.84s	2014	W70	AR	GWEN STEED	VIC	19m 09.2s	2012
M70	AR	ANDREW JAMIESON	VIC	15m 17s	2016		WB	BRITTA TIBBLING	SWE	18m 05s	1989
	WB	ARTHUR THOMSON	GBR	15m 15.24s	2006	W75	AR	LORNA THOMPSON	QLD	20m 42.15s	2002
M75	AR	BOB GARDINER	VIC	17m 01.00	2011		WB	M.GORDON	SWE	20m 41s	2000
	WB	JAMES GRIMWADE	GBR	16m 19.5s	1987	W80	AR	LORNA THOMPSON	QLD	22m 15.42s	2008
M80	AR	TOM DAINTRY	VIC	18m 44s	1992		WB	AINA ENGBERG	SWE	21m 08.2s	2003
	WB	JAMES GRIMWADE	GBR	17m 41.4s	1993	W85	AR	HEATHER LEE	NSW	23m 24.89s	2012
M85	AR	GUS THEOBALD	VIC	19m 31.0s	1982		WB	HEATHER LEE	AUS	23m 24.89s	2012
	WR	GUS THEOBALD	AUS	19m 31.0s	1982						
M90	AR	GUS THEOBALD	VIC	21m 21.3s	1987						
	WR	GUS THEOBALD	AUS	21m 21.3s	1987						
<b>5,000 METRES WALK</b>						<b>5,000 METRES WALK</b>					
M30	AR	IGNACIO JIMENEZ	QLD	21m 38.52s	1996	W30	AR	LORRAINE JACHNO	ACT	22m 17.32s	1990
	AR	DAVID SMITH	VIC	18m 52.87s	1986		AR	KERRY JUNNA-SAXBY	NSW	20m 03s	1996
M35	AR	DAVID SMITH	QLD	19m 53s	1994	W35	AR	ANNE MANNING	NSW	21m 37.5s	1996
	AR	DAVID SMITH	QLD	19m 23.41s	1992		AR	KERRY JUNNA-SAXBY	NSW	20m 41s	1996
	WR	M. DAMILANO	ITA	18m 30.43s	1992		WR	ELISABETTA PERRONNE	ITA	20m 12.41s	2003
M40	AR	WILLI SAWALL	VIC	19m 45.65s	1984	W40	AR	KELLY RUDDICK	VIC	21m 46.68s	2014
	WR	WILLI SAWALL	AUS	19m 45.65s	1984		WR	KELLY RUDDICK	AUS	21m 57.40s	2013
M45	AR	DAVID SMITH	QLD	22m 30.1s	2001	W45	AR	LYNETTE VENTRIS	WA	23m 42.4s	2005
	WR	ALEX FLOREZ STUDER	ESP	20m 46.20s	2016		WR	LYNETTE VENTRIS	AUS	23m 42.4s	2005
M50	AR	ANDREW JAMIESON	VIC	22m 19.3s	2001	W50	AR	LYNETTE VENTRIS	WA	23m 37.78s	2007
	AR	WILLI SAWALL	VIC	21m 38.3s	1992		WR	LYNETTE VENTRIS	AUS	23m 37.78s	2007
	WR	GARY LITTLE	NZL	21m 01s	1992	W55	AR	LYNETTE VENTRIS	WA	23m 57.90s	2012
M55	AR	ANDREW JAMIESON	VIC	22m 40.11s	2001		WR	SIW KARLSTROM	SWE	23m 57.58s	2012
	WR	WILLI SAWALL	AUS	22m 11.5s	1997	W60	AR	HEATHER CARR	VIC	26m 10.22s	2011
M60	AR	ANDREW JAMIESON	VIC	22m 38.7s	2007		WR	HEATHER CARR	AUS	26m 10.22s	2011
	WR	ANDREW JAMIESON	AUS	22m 38.7s	2007	W65	AR	BRENDA RILEY	VIC	27m 19.1s	2006
M65	AR	ANDREW JAMIESON	VIC	24m 14.04s	2012		WR	BRENDA RILEY	AUS	27m 19.1s	2006
	WR	IAN RICHARDS	GBR	24m 13.10s	2013	W70	AR	JEAN ALBURY	TAS	29m 42.75s	2000
M70	AR	ANDREW JAMIESON	VIC	26m 42.08s	2016		WR	BRITTA TIBBLING	SWE	29m 16s	1991
	WR	ARTHUR THOMSON	GBR	26m 01.52s	2006	W75	AR	LORNA THOMPSON	QLD	34m 40.70s	2002
M75	AR	TOM DAINTRY	VIC	28m 02.26s	1987		WR	BRITTA TIBBLING	SWE	32m 44.76s	1993
	WR	JAMES GRIMWADE	GBR	27m 40s	1987	W80	AR	LORNA THOMPSON	QLD	38m 54.73s	2007
M80	AR	GUS THEOBALD	VIC	30m 42.0s	1977		WR	BRITTA TIBBLING	SWE	34m 48.49s	1999
	WR	JAMES GRIMWADE	GBR	29m 24.1s	1992	W85	AR	HEATHER LEE	NSW	40m 06.97s	2012
M85	AR	GUS THEOBALD	VIC	33m 14.2s	1982		WR	HEATHER LEE	AUS	40m 06.97s	2012
	WR	GUS THEOBALD	AUS	33m 15.0s	1982	W90	WB	MARIA RAMIREZ BAUTISTA	MEX	49m 25.20s	2007
M90	AR	GUS THEOBALD	VIC	35m 10s	1987						
	WR	GUS THEOBALD	AUS	35m 10s	1987						
<b>10k ROAD WALK (BEST ON RECORD)</b>						<b>10k ROAD WALK (BEST ON RECORD)</b>					
M30	AB	IGNACIO JIMENEZ	QLD	46m 30s	1995	W30	AB	SUE COOK	ACT	46m 51s	1990
	AB	DAVID SMITH	VIC	38m 20.9s	1985		AB	KERRY JUNNA-SAXBY	NSW	41m 47s	1996
M35	AB	DAVID SMITH	QLD	41m 53s	1994	W35	AB	ANNE MANNING	NSW	44m 28s	1995
	AB	DAVID SMITH	QLD	41m 27.4s	1993		AB	KERRY JUNNA-SAXBY	NSW	42m 52s	1998
	WB	ROBERT KORZENIOWSKI	POL	38m 39s	2004		WB	KJERSTI PLATZER	NOR	41m 41s	2009
M40	AB	MARK DONAHOO	VIC	43m 47.9s	1999	W40	AB	KELLY RUDDICK	VIC	45m 26s	2013
	WB	WILLI SAWALL	AUS	40m 08s	1982		WB	KELLY RUDDICK	AUS	45m 26s	2013
M45	AB	MARK DONAHOO	VIC	46m 40.4s	2003	W45	AB	LYNETTE VENTRIS	WA	46m 36s	2002
	WB	WILLI SAWALL	AUS	42m 18.0s	1988		WB	LYNETTE VENTRIS	AUS	46m 36s	2002
M50	AB	ANDREW JAMIESON	VIC	45m 41s	1999	W50	AB	LYNETTE VENTRIS	WA	48m 27s	2007
	AB	WILLI SAWALL	VIC	44m 10.1s	1992		WB	LYNETTE VENTRIS	AUS	48m 27s	2007
	WB	GARY LITTLE	NZL	42m 20s	1992	W55	AB	LYNETTE VENTRIS	WA	49m 15s	2012

M55	AB	ANDREW JAMIESON	VIC	46m 32.8s	2005		WB	LYNETTE VENTRIS	AUS	49m 15s	2012
	WB	GRANZIANO MORETTI	ITA	46m 32s	2010	W60	AB	HEATHER CARR	VIC	53m 57s	2010
M60	AB	ANDREW JAMIESON	VIC	46m 23s	2007		WB	HEATHER CARR	AUS	53m 57s	2010
	WB	ANDREW JAMIESON	AUS	46m 23s	2007	W65	AB	BRENDA RILEY	VIC	55m 32s	2005
M65	AB	ANDREW JAMIESON	VIC	48m 39s	2012		WB	BRENDA RILEY	AUS	55m 32s	2005
	WB	ANDREW JAMIESON	AUS	48m 39s	2012	W70	AB	JEAN ALBURY	TAS	62m 31s	2000
M70	AB	ANDREW JAMIESON	VIC	53m 17s	2016		WB	BRITTA TIBBLING	SWE	60m 18s	1988
	WB	ANDREW JAMIESON	AUS	53m 17s	2016	W75	AB	LORNA THOMPSON	QLD	72m 49s	2002
M75	AB	BOB GARDINER	VIC	59m 55s	2012		WB	BRITTA TIBBLING	SWE	67m 46s	1993
	WB	JAMES GRIMWADE	GBR	55m 01s	1993	W80	AB	NANCE JEFFREYS	VIC	77m 32s	1989
M80	AB	TOM DAINTRY	VIC	64m 23s	1993		WB	AINA ENGBERG	SWE	74m 12s	2004
	WB	JAMES GRIMWADE	GBR	61m 26s	1993	W85	AB	HEATHER LEE	NSW	80m 54s	2013
M85	AB	RICHARD KEATINGE	QLD	78m 52s	2008		WB	AINA ENGBERG	SWE	78m 06s	2008
	WB	IVAN PUSHKIN	UKR	73m 52s	2015	W90	WB	MARIA RAMIREZ BAUTISTA	MEX	1h 38m 07s	2007
M90	AB	GUS THEOBALD	VIC	77m 52s	1990						
	WB	GUS THEOBALD	AUS	77m 52s	1990						
<b>20k ROAD WALK (BEST ON RECORD)</b>						<b>20k ROAD WALK (BEST ON RECORD)</b>					
M30	AB	IGNACIO JIMENEZ	SA	1h 38m 02s	1997	W30	AB	JUSTIJANA ROSEMAN	VIC	1h 56m 56s	2007
	AB	LUKE ADAMS	NSW	1h 19m 15s	2008		AB	JANE SAVILLE	NSW	1h 29m 05s	2006
M35	AB	WILLI SAWALL	VIC	1h 24m 05s	1980	W35	AB	ANNE MANNING	NSW	1h 36m 04s	1995
	AB	DAVID SMITH	QLD	1h 23m 50s	1991		AB	KERRY JUNNA-SAXBY	NSW	1h 29m 36s	2000
	WB	JOHANN DINIZ	FRA	1h 17s 02s	2015		WB	OLIMPIADA IVANOVA	RUS	1h 25m 41s	2005
M40	AB	WILLI SAWALL	VIC	1h 21m 36s	1982	W40	AB	KELLY RUDDICK	VIC	1h 33m 15s	2013
	WB	WILLI SAWALL	AUS	1h 21m 36s	1982		WB	MARIA G MENDOZA	MEX	1h 33m 04s	2005
M45	AB	WILLI SAWALL	VIC	1h 33m 59s	1987	W45	AB	LYNETTE VENTRIS	WA	1h 34m 15s	2001
	WB	WILLI SAWALL	AUS	1h 25m 03s	1988		WB	LYNETTE VENTRIS	AUS	1h 34m 15s	2001
M50	AB	ANDREW JAMIESON	VIC	1h 34m 38s	1999	W50	AB	LYNETTE VENTRIS	WA	1h 39m 51s	2011
	WB	GARY LITTLE	NZL	1h 26m 32s	1992		WB	LYNETTE VENTRIS	AUS	1h 39m 51s	2011
M55	AB	ANDREW JAMIESON	VIC	1h 35m 13s	2001	W55	AB	LYNETTE VENTRIS	WA	1h 40m 42s	2012
	WB	GRANZIANO MOROTTI	ITA	1h 33m 38s	2006		WB	LYNETTE VENTRIS	AUS	1h 40m 42s	2012
M60	AB	ANDREW JAMIESON	VIC	1h 35m 39s	2008	W60	AB	HEATHER CARR	VIC	1h 56m 18s	2011
	WB	ANDREW JAMIESON	AUS	1h 35m 39s	2008		WB	SANDRA BROWN	GBR	1h 55m 34s	2009
M65	AB	ANDREW JAMIESON	VIC	1h 40m 14s	2012	W65	AB	BRENDA RILEY	VIC	1h 57m 39s	2006
	WB	ANDREW JAMIESON	AUS	1h 40m 14s	2012		WB	BRENDA RILEY	AUS	1h 57m 39s	2006
M70	AB	ANDREW JAMIESON	VIC	1h 52m 36s	2016	W70	AB	JOAN PURCELL	QLD	2h 30m 05.39s	2011
	WB	ANDREW JAMIESON	AUS	1h 52m 36s	2016		WB	LOUISE WALTERS	USA	2h 12m 27s	2010
M75	AB	TOM DAINTRY	VIC	1h 59m 20s	1986	W75	AB	LYNNE SCHICKERT	WA	2h 52m 27s	2016
	WB	JAMES GRIMWADE	GBR	1h 55m 19s	1987		WB	U. THUNE	GER	2h 39m 46s	1997
M80	AB	GUS THEOBALD	VIC	2h 11m 55s	1977	W80	AB	unclaimed			
	WB	JAMES GRIMWADE	GBR	2h 04m 49s	1992		WB	DENISE LECLERC	FRA	2h 42m 27s	2013
M85	AB	GUS THEOBALD	VIC	2h 26m 07s	1982						
	WB	JAMES GRIMWADE	GBR	2h 24m 00s	1982						
M90	AB	GUS THEOBALD	VIC	2h 34m 01s	1987						
	WB	GUS THEOBALD	AUS	2h 34m 01s	1987						
M95	WB	P. RABINOWITZ	RSA	2h 48m 19s	1999						
<b>30k ROAD WALK (BEST ON RECORD)</b>						Currently not listed by WMA					
M30	AB	DAVID SMITH	VIC	2h 05m 59s	1986						
M35	AB	WILLI SAWALL	VIC	2h 10m 11s	1980						
	WB	MAURIZIO DAMILANO	ITA	2h 06m 14s	1992						
M40	AB	WILLI SAWALL	VIC	2h 08m 0.4s	1982	W40	AB	MICHELLE THOMPSON	VIC	3h 08m 30s	2012
	WB	GERMAN SKURYGIN	RUS	2h 06m 34s	2004						
M45	AB	WILLI SAWALL	VIC	2h 19m 40s	1987	W45	AB	SANDRA HOWORTH	VIC	4h 07m 15s	2012
	WB	GARY LITTLE	NZL	2h 18m 41s	1991						
M50	AB	ANDREW JAMIESON	VIC	2h 31m 20s	1999						
	WB	GARY LITTLE	NZL	2h 18m 14s	1992						
M55	AB	ANDREW JAMIESON	VIC	2h 32m 05s	2003	W55	AB	BARBARA CAIN	SA	3h 31m 15s	2005
	WB	GRANZIANO MOROTTI	ITA	2h 29m 34s	2006						
M60	AB	ANDREW JAMIESON	VIC	2h 28m 55s	2009	W60	AB	HEATHER CARR	VIC	3h 19m 01s	2011

	<b>WB</b>	<b>ANDREW JAMIESON</b>	<b>AUS</b>	<b>2h 28m 55s</b>	<b>2009</b>						
M65	AB	ANDREW JAMIESON	VIC	<b>2h 39m 25s</b>	2011	W65	AB	HEATHER CARR	VIC	3h 37m 02s	2015
	WB	GERHARD WEIDNER	GER	2h 51m 29s	2001						
M70	AB	GEORGE WHITE	SA	3h 14m 05s	2015	W70	AB	VAL CHESTERTON	ACT	4h 27m 59s	2010
	WB	ARTHUR THOMSON	GBR	2h 52m 47s	2006						
M75	WB	CHARLES COLMAN	GBR	3h 20m 38s	1996	W75	AB	VAL CHESTERTON	ACT	4h 42m 31s	2016
M80	WB	JAMES GRIMWADE	GBR	3h 24m 40s	1996						
<b>50k ROAD WALK (BEST ON RECORD)</b>						<b>50k ROAD WALK (BEST ON RECORD)</b>					
M30	AB	SIMON BAKER	VIC	3h 43m 13s	1989	W30	AB	unclaimed			
M35	AB	WILLI SAWALL	VIC	3h 46m 34s	1980	W35	AB	LISA WILSON	ACT	5h 23m 08s	2004
	WB	YOHANN DINIZ	FRA	3h 32m 33s	2014		WB	ERIN TAYLOR-TALCOTT	USA	4h 38m 11s	2014
M40	AB	WILLI SAWALL	VIC	3h 59m 48s	1986	W40	AB	MICHELLE THOMPSON	VIC	5h 23m 38s	2012
	WB	J.MARIN	ESP	3h 49m 06s	1992		WB	SUSAN RANDALL	USA	4h 42m 34s	2014
M45	AB	PETER BENNETT	QLD	4h 49m 28s	2001	W45	AB	unclaimed			
	WB	JESUS GARCIA	ESP	3h 46m 43s	2015		WB	S.BROWN	GBR	4h 56m 27s	1994
M50	AB	WILLI SAWALL	VIC	<b>4h 12s 57s</b>	1992	W50	AB	unclaimed			
	WB	GERHARD WEIDNER	GER	4h 14m 37s	1983		WB	S.BROSNAHAN	USA	5h 21m 52s	2002
M55	AB	ANDREW JAMIESON	VIC	4h 46m 44s	2004	W55	AB	LIZ FELDMAN	VIC	5h 45m 08s	2004
	WB	GRAZIANO MORETTI	ITA	4h 23m 34s	2007		WB	LIZ FELDMAN	AUS	5h 45m 08s	2004
M60	AB	ANDREW JAMIESON	VIC	4h 23m 16s	2008	W60	AB	LIZ FELDMAN	VIC	6h 05m 43s	2011
	<b>WB</b>	<b>ANDREW JAMIESON</b>	<b>AUS</b>	<b>4h 23m 16s</b>	<b>2008</b>		WB	SANDRA BROWN	GBR	5h 29m 04s	2013
M65	AB	BOB CHAPMAN	ACT	5h 59m 06s	2002	W65	AB	VAL CHESTERTON	ACT	7h 07m 53s	2006
	WB	LEON JASIONOWSKI	USA	5h 11m 22s	2010		WB	DARLENE BACKLUND	USA	6h 26m 44s	2010
M70	AB	ROBIN WHYTE	ACT	6h 06m 34s	2015	W70	WB	DARLENE BACKLUND	USA	7h 02m 21s	2015
	WB	ARTHUR THOMSON	GBR	5h 15m 40s	2007	W75	AB	VAL CHESTERTON	ACT	8h 06m 47s	2015
M75	WB	KOOS VAN RIJN	NED	7h 04m 02s	2008						
M80	WB	KOOS VAN RIJN	NED	8h 12m 30s	2014						
<b>HIGH JUMP</b>						<b>HIGH JUMP</b>					
M30	AR=	MATT MCEWEN	QLD	1.97m	2003	W30	AR	LYNETTE SMITH	NSW	1.66m	2005
	AR=	SHAUN FLETCHER	NSW	1.97m	2013		AR	<i>DONNA ROBERTSON</i>	<i>NSW</i>	<i>1.85m</i>	<i>1992</i>
	AR=	<i>CHRIS ANDERSON</i>	<i>WA</i>	<i>2.25m</i>	<i>1999</i>	W35	AR	DEANN MAYFIELD	QLD	1.73m	1999
	AR=	<i>NICK MORONEY</i>	<i>NSW</i>	<i>2.25m</i>	<i>2002</i>		AR	VANESSA WARD	WA	<i>1.80m</i>	<i>1998</i>
M35	AR	CLAYTON TOMPKINS	NSW	1.93m	1992	WR=		INGA BABAKOVA	UKR	2.01m	2003
	AR	<i>NICK MORONEY</i>	<i>NSW</i>	<i>2.20m</i>	<i>2008</i>	WR=		RUTH BEITIA	ESP	2.01m	2014
	WR	DRAGUTIN TOPIC	SRB	2.31m	2009	W40	AR	DEANN MAYFIELD	QLD	1.71m	2002
	WR	JAMIE NIETO	USA	2.31m	2012		WR	IRYNA MYHALCHENKO	UKR	1.87m	2012
M40	AR	NICK MORONEY	NSW	2.10m	2012	W45	AR	DEANN MAYFIELD	QLD	1.63m	2009
	WR	DRAGUTIN TOPIC	SRB	2.28m	2012		WR	DEBBIE BRILL	CAN	1.76m	1999
M45	AR	CHRIS ANDERSON	WA	1.90m	2014	W50	AR	DEANN MAYFIELD	QLD	1.56m	2012
	WR	CHARLES AUSTIN	USA	2.05m	2014		WR	DEBBIE BRILL	CAN	1.60m	2004
M50	AR	BEN DICKSON	QLD	1.77m	2014	W55	AR	DEANN MAYFIELD	QLD	1.52m	2017
	WR	THOMAS ZACHARAS	GER	1.98m	1997		WR	FLORENCE PICAUT	FRA	1.55m	2008
M55	AR	JOHN HUNT	ACT	1.74m	1997	W60	AR	MARGARET TAYLOR	ACT	1.30m	2009
	WR	CARLO TRANHART	GER	1.90m	2013		WR	WEIA REINBOUD	NED	1.47m	2010
M60	AR	CLAYTON TOMPKINS	NSW	1.61m	2013	W65	AR	MARGE ALLISON	QLD	1.27m	2009
	WR	VLADIMIR KUNTSEVICH	RUS	1.81m	2012		WR	WEIA REINBOUD	NED	1.42m	2015
M65	AR	JOHN SEARLE	NSW	1.52m	2012	W70	AR	GWEN DAVIDSON	VIC	1.16m	1993
	WR	DUSAN PREZELI	SLO	1.67m	2014		WR	KATHY BERGEN	USA	1.30m	2010
M70	AR	ALAN ROLFE	QLD	1.41m	1999	W75	AR	GWEN DAVIDSON	VIC	1.12m	1999
	WR	CARL-ERIK SARNDAL	SWE	1.59m	2007		WR	RIETJE DIJKMAN	NED	1.22m	2015
M75	AR	GORDON GOURLAY	VIC	1.33m	2005		WR	KATHY BERGEN	USA	1.22m	2015
	WR	CARL-ERIK SARNDAL	SWE	1.49m	2013	W80	AR	unclaimed			
M80	AR	TOM HANCOCK	VIC	1.22m	2016		WR	ROSEMARY CHRIMES	GBR	1.10m	2013
	WR	RICHARD LOWERY	USA	1.37m	2011	W85	AR	unclaimed			
M85	AR	VIC YOUNGER	QLD	1.10m	1999		WR	ROSA PEDERSEN	DEN	0.95m	2015
	WR	SAMULI KORPI	FIN	1.25m	2015	W90	WR	OLGA KOTELKO	CAN	0.82m	2009
M90	AR	VIC YOUNGER	VIC	0.95m	2004	W95	WR	OLGA KOTELKO	CAN	0.75m	2014
	WR	DONALD PELLMAN	USA	1.11m	2005						

M95	WR	EMMERICH ZENSCH	AUT	1.00m	2015						
M100	WR	DONALD PELLMANN	USA	0.90m	2015						
<b>LONG JUMP</b>						<b>LONG JUMP</b>					
M30	AR	SHANE HAIR	WA	7.43m	2006	W30	AR	JITKA HISCOX	NSW	5.74m	2016
	AR	LEIGH STUART	VIC	7.97m	2001		AR	NICOLE BOEGMAN	NSW	6.86m	1998
M35	AR	RUSSELL SARAH	VIC	6.82m	1983	W35	AR	JAN HYNES	QLD	5.89m	1983
	WR	LARRY MYRICKS	USA	8.50m	1991		WR	HEIKE DRECHSLER	GER	6.99m	2000
	WR	CARL LEWIS	USA	8.50m	1996	W40	AR	GLYNIS CEARNS	QLD	5.77m	2001
M40	AR	MURRAY TOLBERT	WA	6.67m	1990		WR	TATYANA TER-MESROBIAN	RUS	6.55m	2008
	WR	AARON SAMPSON	USA	7.68m	2002	W45	AR	MARIE KAY	QLD	5.52m	2008
M45	AR	JUSTIN HANRAHAN	VIC	6.55m	2015		WR	KRIEMHILD MANN	GER	5.62m	2012
	WR	TAPANI TAAVITSAINEN	FIN	7.27m	1990	W50	AR	MARIE KAY	QLD	5.41m	2010
M50	AR	MURRAY TOLBERT	WA	6.11m	1998		WR	MARIE KAY	AUS	5.41m	2010
	AR	LUKE DE BIASI	VIC	6.11m	2016	W55	AR	MARIE KAY	QLD	5.01m	2016
	WR	TAPANI TAAVITSAINEN	FIN	6.84m	1994		WR	C. SCHMALBRUCH	GER	5.01m	1993
M55	AR	MURRAY TOLBERT	WA	5.89m	2001		WR	MARIE KAY	AUS	5.01m	2016
	WR	STIG BACKLUND	FIN	6.35m	1995	W60	AR	MARGARET TAYLOR	ACT	4.38m	2008
M60	AR	DON FRASER	ACT	5.45m	1999		WR	C. SCHMALBRUCH	GER	4.75m	1997
	WR	TOM PATSALIS	USA	6.07m	1982	W65	AR	WILMA PERKINS	QLD	4.02m	2015
M65	AR	DON FRASER	ACT	5.13m	2005		WR	C. SCHMALBRUCH	GER	4.64m	2002
	WR	LOTHAR FISCHER	GER	5.47m	2001	W70	AR	GWEN DAVIDSON	VIC	3.51m	1993
	WR	LAMBERTO BORANGA	ITA	5.47m	2008		AR	PAT CARR	WA	3.51m	2002
M70	AR	MIKE JOHNSTON	VIC	4.75m	1991		WR	CAROL LAFAYETTE-BOYD	CAN	4.26m	2012
	WR	MELVIN LARSEN	USA	5.19m	1994	W75	AR	MIRIAM CUDMORE	SA	3.39m	2015
M75	AR	DAVID CLIVE	WA	4.42m	2012		WR	PAULA SCHNEIDERHAN	GER	3.77m	1997
	WR	SABURO ISHIGAMI	JPN	4.83m	2005	W80	AR	RUTH FRITH	NSW	2.40m	1990
M80	AR	FRED O'CONNOR	NSW	3.60m	2004		WR	CHRISTEL HAPP	GER	3.05m	2010
	WR	SABURO ISHIGAMI	JPN	4.36m	2006	W85	AR	RUTH FRITH	NSW	2.19m	1995
M85	AR	VIC YOUNGER	QLD	3.17m	1999		WR	ROSA PEDERSEN	DEN	2.93m	2015
	WR	GUDMUND SKRIVERVIK	NOR	3.77m	2006	W90	WR	OLGA KOTELKO	CAN	1.77m	2009
M90	AR	VIC YOUNGER	VIC	2.53m	2003	W95	WR	OLGA KOTELKO	CAN	1.28m	2014
	WR	DONALD PELLMAN	USA	3.26m	2005						
M95	AR	ALEX PITTENDRICH	QLD	1.67m	2001						
	WR	EMMERICH ZENSCH	AUT	2.15m	2015						
M100	WR	DONALD PELLMANN	USA	1.78m	2015						
<b>POLE VAULT</b>						<b>POLE VAULT</b>					
M30	AR	MATT MCEWEN	QLD	4.90m	2004	W30	AR	IRIE HILL	VIC	4.00m	2002
	AR	SIMON ARKELL	SA	5.50m	1996		AR	TATIANA GRIGORIEVA	QLD	4.58m	2006
M35	AR	ROB HILL	VIC	4.81m	2009	W35	AR	IRIE HILL	VIC	4.20m	2006
	WR	OTTO BJORN	GER	5.90m	2013		WR	STACY DRAGILA	USA	4.55m	2009
M40	AR	ROB HILL	QLD	4.80m	2010	W40	AR	IRIE HILL	VIC	3.85m	2010
	WR	JEFF HARTWIG	USA	5.70m	2008		WR	DORIS AUER	AUT	4.10m	2011
M45	AR	ROB HILL	QLD	4.60m	2015	W45	AR	DAWN HARTIGAN	VIC	3.50m	2002
	WR	LARRY JESSEE	USA	5.10m	1997		WR	IRIE HILL	GBR	3.76m	2015
M50	AR	CHRIS BOYLEN	VIC	3.75m	2015	W50	AR	DAWN HARTIGAN	VIC	3.40m	2007
	WR	GARY HUNTER	USA	4.75m	2007		WR	DAWN HARTIGAN	AUS	3.40m	2007
M55	AR	PHILLIP CARRERO	NSW	3.65m	2007	W55	AR	DAWN HARTIGAN	VIC	3.26m	2013
	WR	WOLFGANG RITTE	GER	4.60m	2008		WR	DAWN HARTIGAN	AUS	3.26m	2013
M60	AR	PHILLIP CARRERO	NSW	3.40m	2012	W60	AR	WILMA PERKINS	QLD	2.33m	2010
	WR	WOLFGANG RITTE	GER	4.32m	2013		WR	NADINE O'CONNOR	USA	3.12m	2006
M65	AR	ROB BARCLAY	VIC	3.20m	2004	W65	AR	WILMA PERKINS	QLD	2.19m	2016
	WR	JOHN ALTENDORF	USA	3.89m	2011		WR	NADINE O'CONNOR	USA	3.19m	2009
M70	AR	GARVIN BROWN	QLD	3.14m	2000	W70	AR	VAL CHESTERTON	ACT	1.35m	2010
	WR	ROBERT BROWN	GBR	3.31m	2002		WR	NADINE O'CONNOR	USA	2.95m	2012
M75	AR	GARVIN BROWN	QLD	2.85m	2003	W75	AR	VAL CHESTERTON	ACT	1.22m	2016
	WR	DON ISETT	USA	3.20m	2014		WR	FLORENCE MEILER	USA	2.03m	2010
M80	AR	FRED O'CONNOR	NSW	1.90m	2004	W80	AR	unclaimed			
	WR	BUD HELD	USA	2.75m	2008		WR	FLORENCE MEILER	USA	1.83m	2014

M85	AR	VIC YOUNGER	QLD	1.74m	2000	W85	WR	JOHNNYE VALIEN	USA	1.25m	2011
	WR	CAROL JOHNSTON	USA	2.24m	1997						
M90	AR	VIC YOUNGER	VIC	1.42m	2003						
	WR	WILLIAM BELL, SR	USA	2.05m	2013						
<b>TRIPLE JUMP</b>						<b>TRIPLE JUMP</b>					
M30	AR	SHAUN FLETCHER	NSW	14.59m	2016	W30	AR	MAREE BUGEJA	QLD	11.68m	2005
	AR	ANDREW MURPHY	NSW	17.12m	2000		AR	JEANETTE REYES	VIC	13.07m	2010
M35	AR	RUSSELL SARAH	VIC	14.63m	1981	W35	AR	MELISSA FOSTER	WA	12.16m	2015
	AR	ANDREW MURPHY	NSW	16.70m	2006		WR	YAMILE ALDAMA	GBR	14.65m	2012
	WR	JONATHON EDWARDS	GBR	17.92m	2001	W40	AR	GLYNIS CEARNS	QLD	11.45m	2001
M40	AR	RUSSELL SARAH	VIC	14.14m	1987		WR	YAMILE ALDAMA	GBR	14.06m	2013
	AR	PETER BUTLER	NSW	14.18m	1996	W45	AR	MARGARET TAYLOR	ACT	11.22m	1994
	WR	RAY KIMBLE	USA	16.58m	1993		WR	MURIELLE GLOVIL	FRA	12.01m	2015
M45	AR	CLAYTON TOMPKINS	NSW	13.51m	1999	W50	AR	MARGARET TAYLOR	ACT	10.59m	2001
	WR	WOLFGANG KNABE	GER	15.13m	2005		WR	AKIKO OHINATA	JAP	11.66m	2004
M50	AR	NICK HODGSON	VIC	13.11m	2015	W55	AR	MARGARET TAYLOR	ACT	10.20m	2003
	WR	WOLFGANG KNABE	GER	14.44m	2009		WR	AKIKO OHINATA	JAP	10.97m	2006
M55	AR	CLAYTON TOMPKINS	NSW	12.26m	2008	W60	AR	MARGARET TAYLOR	ACT	9.56m	2011
	WR	WOLFGANG KNABE	GER	14.13m	2014		WR	AKIKO OHINATA	JAP	11.04m	2010
M60	AR	KEN McCONNELL	TAS	11.89m	1986	W65	AR	MARGARET TAYLOR	ACT	8.72m	2015
	WR	STIG BACKLUND	FIN	12.68m	2000		WR	AKIKO OHINATA	JAP	9.68m	2015
M65	AR	KEN McCONNELL	TAS	10.87m	1990	W70	AR	PAT CARR	WA	7.64m	2002
	WR	HERMANN STRAUSS	GER	11.94m	1996		WR	CHRISTIANE SCHMALBRUCH	GER	8.65m	2009
M70	AR	FRED O'CONNOR	NSW	9.85m	1994	W75	AR	MIRIAM CUDMORE	SA	7.49m	2013
	WR	KYUSHICHIRO	JPN	10.71m	2010		WR	CHRISTA BORTIGNON	CAN	8.11m	2012
M75	AR	FRED O'CONNOR	NSW	9.31m	1999	W80	AR	RUTH FRITH	NSW	5.65m	1993
	WR	LOTHAR FISCHER	GER	10.10m	2011		WR	ELSA ENARSSON	SWE	6.55m	2010
M80	AR	FRED O'CONNOR	NSW	8.23m	2004	W85	AR	RUTH FRITH	NSW	5.50m	1995
	WR	LOTHAR FISCHER	GER	9.04m	2016		WR	RUTH FRITH	AUS	5.50m	1995
M85	AR	LEO COFFEY	VIC	7.00m	2015	W90	WR	OLGA KOTELKO	CAN	4.25m	2009
	WR	AATOS SAINO	FIN	8.17m	2010	W95	WR	OLGA KOTELKO	CAN	3.37m	2014
M90	AR	ALEX PITTENDRICH	QLD	5.51m	1996						
	WR	AATOS SAINO	FIN	7.10m	2015						
M95	AR	ALEX PITTENDRICH	QLD	3.55m	2001						
	WR	EMMERISCH ZENSCH	AUT	5.23m	2015						
<b>SHOT PUT</b>				<b>7.260kg</b>		<b>SHOT PUT</b>				<b>4kg</b>	
M30	AR	DEAN COWAN	QLD	15.65m	2002	W30	AR	CHRIS SCHULTZ	VIC	15.71m	1984
	AR	JUSTIN ANELZARK	QLD	20.41m	2008		AR	GAEL MARTIN	VIC	18.52m	1987
M35	AR	STUART GYNGELL	NSW	18.55m	2003	W35	AR	CHRIS SCHULTZ	VIC	15.41m	1987
	WR	BRIAN OLDFIELD	USA	22.19m	1984		WR	LARISA PELESHENKO	RUS	21.46m	2000
M40	AR	STUART GYNGELL	NSW	18.55m	2006	W40	AR	CHRIS SCHULTZ	VIC	14.36m	1991
	WR	BRIAN OLDFIELD	USA	21.41m	1985		WR	ANTONINA IVANOVA	URS	19.05m	1973
M45	AR	STUART GYNGELL	NSW	18.12m	2009	W45	AR	CHRIS SCHULTZ	VIC	13.18m	1998
	WR	IVAN IVANCIC	YUG	20.77m	1983		WR	DENKA SILHAVA	CZE	16.95m	1999
<b>SHOT PUT</b>				<b>6kg</b>		<b>SHOT PUT</b>				<b>3kg</b>	
M50	AR	STUART GYNGELL	NSW	18.63m	2014	W50	AR	CHRIS SCHULTZ	VIC	14.39m	2001
	WR	STUART GYNGELL	AUS	18.63m	2014		WR	ALEXANDRA MARGHIEVA	MOL	15.15m	2009
M55	AR	RAY GREEN	ACT	13.85m	2000	W55	AR	MARY THOMAS	NSW	12.09m	2000
	WR	KLAUS LIEDTKE	GER	17.50m	1996		WR	SIGRIN KOFINK	GER	14.47m	1991
<b>SHOT PUT</b>				<b>5kg</b>		W60	AR	HELEN SEARLE	NSW	12.36m	1999
M60	AR	GEORGE MENCIK	ACT	14.30m	1994		WR	LOGHLIN MIHAELA	ROM	13.68m	2012
	WR	KLAUS LIEDTKE	GER	18.37m	2001	W65	AR	HELEN SEARLE	QLD	11.58m	2004
M65	AR	AIVARS PAVULINS	VIC	13.02m	1989		WR	SIGRIN KOFINK	GER	12.21m	2000
	WR	KURT GOLDSCHMIDT	GER	15.90m	2009	W70	AR	HELEN SEARLE	QLD	9.98m	2011
<b>SHOT PUT</b>				<b>4kg</b>			WR	ROSEMARY CHRIMES	GBR	11.02m	2003
M70	AR	LEO CHRISTOPHER	NSW	13.60m	2013					<b>*2kg from 10/2004</b>	
	WR	KARL-HEINZ MARG	GER	15.89m	2008	W75	AR	HEATHER DOHERTY	QLD	7.36m	2008
M75	AR	JIM PERIDIS	NSW	11.64m	2001		AR	HELEN SEARLE	QLD	*10.40m	2015

	WR	KARL-HEINZ MARG	GER	14.24m	2013		WR	EVAUN B WILLIAMS	GBR	11.10m	2013
				<b>*3kg from 11/2005</b>		W80	AR	RUTH FRITH	NSW	6.93m	1994
M80	AR	FELIX JEKABSONS	QLD	9.41m	2003		AR	HEATHER DOHERTY	QLD	*7.44m	2014
		TOM HANCOCK	VIC	*11.77m	2016		WR	ROSEMARY CHRIMES	GBR	9.50m	2013
	WR	LEO SAARINEN	FIN	13.98m	2009	W85	AR	RUTH FRITH	NSW	5.92m	1995
M85	AR	JOHN FRASER	VIC	7.94m	2000		WR	RACHEL HANSSSENS	BEL	7.97m	2014
		FELIX JEKABSONS	QLD	*9.66m	2008	W90	AR	RUTH FRITH	NSW	5.37m	2001
	WR	LEO SAARINEN	FIN	11.82m	2014		WR	NORA KUTTI	EST	5.85m	2012
M90	AR	FELIX JEKABSONS	QLD	6.95m	2014	W95	AR	RUTH FRITH	QLD	4.72m	2006
	WR	TOINA AHVENJARVI	FIN	9.73m	2011		AR	RUTH FRITH	QLD	*5.25m	2006
M95	AR	unclaimed					WR	GABRE GABIC	ITA	5.32m	2010
	WR	DONALD PELLMANN	USA	8.21m	2011	W100	AR	RUTH FRITH	QLD	*4.48m	2010
M100	WR	DONALD PELLMANN	USA	6.56m	2015		WR	RUTH FRITH	AUS	*4.10m	2010
		<b>DISCUS</b>		<b>2kg</b>			<b>DISCUS</b>			<b>1kg</b>	
M30	AR	GRAHAM HICKS	VIC	50.57m	2008	W30	AR	CHRIS SCHULTZ	VIC	50.04m	1985
	AR	AARON NEIGHBOUR	VIC	64.26m	2008		AR	DANIELA COSTIAN	QLD	63.64m	1996
M35	AR	DARRON HAWORTH	QLD	54.15m	2008	W35	AR	CHRIS SCHULTZ	VIC	48.90m	1989
	WR	VIRGILJUS ALEKNA	LTU	71.56m	2007		AR	DANIELA COSTIAN	QLD	61.33m	2000
M40	AR	DARRON HAWORTH	QLD	54.35m	2009		WR	FAINA MYELNIK	URS	69.60m	1980
	WR	VIRGILJUS ALEKNA	LTU	70.28m	2012	W40	AR	CHRIS SCHULTZ	VIC	48.52m	1991
M45	AR	GEOFF TYLER	VIC	49.08m	1994		WR	IRYNA YATCHENKO	BLR	67.89m	2008
	WR	AL OERTER	USA	66.12m	1982	W45	AR	CHRIS SCHULTZ	VIC	44.38m	1999
		<b>DISCUS</b>		<b>1.5kg</b>			WR	ZDENKA SILHAVA	CZE	64.09m	1999
M50	AR	TODD DAVEY	WA	55.26m	2017	W50	AR	CHRIS SCHULTZ	VIC	41.00m	2001
	WR	KLAUS WEIFFENBACH	GER	68.40m	1997		WR	OLGA CHERNIAVSKAIA	RUS	46.11m	2015
M55	AR	WAYNE MARTIN	NSW	44.47m	2012	W55	AR	UNA LUND	QLD	35.30m	1996
	WR	KLAUS LIEDTKE	GER	64.58m	2000		WR	TAMARA DANILOVA	RUS	43.36m	1996
		<b>DISCUS</b>		<b>1kg</b>		W60	AR	HEATHER DOHERTY	QLD	33.24m	1994
M60	AR	WARWICK SELVEY	QLD	53.43m	2001		WR	KAREN ILLGEN	GER	39.24m	2002
	WR	KLAUS LIEDTKE	GER	66.36m	2001	W65	AR	HEATHER DOHERTY	QLD	30.74m	1999
M65	AR	TOM HANCOCK	VIC	46.79m	2002		WR	TAMARA DANILOVA	RUS	37.62m	2005
	WR	KLAUS LIEDTKE	GER	59.75m	2007	W70	AR	HEATHER DOHERTY	QLD	25.45m	2006
M70	AR	KEITH JAMES	NSW	41.66m	2012		WR	TAMARA DANILOVA	RUS	33.55m	2010
	WR	CARMELO RADO	ITN	55.27m	2007					<b>*750gm from 10/200</b>	
M75	AR	CHARLIE RANN	QLD	36.88m	2003	W75	AR	HEATHER DOHERTY	QLD	21.02m	2008
	WR	RADO CARMELO	ITA	49.21m	2008		AR	HEATHER DOHERTY	QLD	*24.46m	2012
M80	AR	TOM HANCOCK	VIC	33.63m	2016		WR	TAMARA DANILOVA	RUS	31.56m	2015
	WR	OSTEN EDLUND	SWE	40.64m	2015	W80	AR	GWEN DAVIDSON	VIC	15.59m	2003
M85	AR	FELIKS JEKABSONS	QLD	25.28m	2008		AR	HEATHER DOHERTY	QLD	*22.28m	2014
	WR	KAUKO JOUPPILA	FIN	33.10m	2006		WR	SUSANNE WISSINGER	GER	24.42m	2014
M90	AR	JOHN FRASER	VIC	19.72m	2005	W85	AR	RUTH FRITH	NSW	13.92m	1998
	WR	DONALD PELLMANN	USA	27.93m	2005		AR	RAEMA MCMILLAN	WA	*13.81m	2013
M95	AR	unclaimed					WR	RACHEL HANSSSENS	BEL	19.49m	2014
	WR	DONALD PELLMANN	USA	18.21m	2011	W90	AR	RUTH FRITH	NSW	12.10m	2000
M100	WR	DONALD PELLMANN	USA	14.86m	2015		WR	OLGA KOTELKO	CAN	14.80m	2009
						W95	AR	RUTH FRITH	QLD	9.85m	2004
							AR	RUTH FRITH	QLD	*10.90m	2006
							WR	GABRE GABIC	ITA	12.86m	2010
						W100	AR	RUTH FRITH	QLD	*9.30m	2011
							<b>WR</b>	<b>RUTH FRITH</b>	<b>AUS</b>	<b>*9.30m</b>	<b>2011</b>
		<b>HAMMER</b>		<b>7.26kg</b>			<b>HAMMER</b>			<b>4kg</b>	
M30	AR	STUART RENDELL	ACT	77.53m	2006	W30	AR	KARYNE DI MARCO	NSW	64.10m	2009
	AR	STUART RENDELL	ACT	79.20m	2003		AR	DEBBIE SOSIMENKO	NSW	66.93m	2004
M35	AR	HANS LOTZ	VIC	67.92m	1987	W35	AR	BYRONY GLASS	WA	54.67m	2013
	AR	HANS LOTZ	VIC	73.80m	1983		WR	OLGA KUSENKOVA	RUS	72.36m	2007
	WR	IGOR ASTAPKOVICH	BLR	83.62m	1998	W40	AR	JAYNE HARDY	ACT	46.33m	2004
M40	AR	HANS LOTZ	VIC	66.94m	1987		WR	ONEITHEA LEWIS	USA	57.08m	2005
	WR	IGOR ASTAPKOVICH	BLR	82.23m	2004	W45	AR	SHARON GIBBONS	ACT	43.87m	2003

M45	AR	HANS LOTZ	VIC	59.62m	1994	WR	ONEITHEA LEWIS	USA	56.21m	2005	
	WR	ALEKSANDR DRYHOL	UKR	79.42m	2012	<b>HAMMER</b>			<b>3kg</b>		
	<b>HAMMER</b>			<b>6kg</b>		W50	AR	MARJA-LEENA PARVIAINEN	NSW	51.73m	1998
M50	AR	HANS LOTZ	VIC	60.39m	1998	WR	ONEITHEA LEWIS	USA	55.46m	2010	
	WR	JUD LOGAN	USA	71.71m	2009	W55	AR	MARJA-LEENA PARVIAINEN	NSW	51.30m	2002
M55	AR	KEN READWIN	VIC	49.34m	1996	WR	MARJA-LEENA PARVIAINEN	AUS	51.30m	2002	
	WR	JUD LOGAN	USA	67.27m	2014	W60	AR	HELEN SEARLE	QLD	46.09m	2001
	<b>HAMMER</b>			<b>5kg</b>		WR	HELEN SEARLE	AUS	46.09m	2001	
M60	AR	WIM VAN WEENEN	VIC	50.62m	1994	W65	AR	HELEN SEARLE	QLD	41.41m	2006
	WR	ARILD BUSTERUD	NOR	63.32m	2008	WR	JUTTA SCHAEFER	GER	44.38m	1997	
M65	AR	WIM VAN WEENEN	VIC	50.38m	1997	W70	AR	JANICE BANENS	ACT	35.67m	2011
	WR	ARILD BUSTERUD	NOR	60.65m	2013	WR	EVAUN B. WILLIAMS	GBR	37.40m	2008	
	<b>HAMMER</b>			<b>4kg</b>					<b>*2kg from 10/2004</b>		
M70	AR	WIM VAN WEENEN	VIC	48.74m	2003	W75	AR	GWEN DAVIDSON	VIC	23.82m	1999
	WR	EDWARD BURKE	USA	59.04m	2010	AR	JAN BANENS	ACT	*34.46m	2016	
M75	AR	WIM VAN WEENEN	VIC	43.84m	2008	WR	EVAUN B. WILLIAMS	GBR	39.64m	2013	
	WR	ROBERT WARD	USA	51.51m	2008	W80	AR	GWEN DAVIDSON	VIC	23.12m	2006
				<b>3kg from 11/2005</b>		AR	VAL WORRELL	VIC	*25.77m	2015	
M80	AR	WIM VAN WEENEN	VIC	41.98m	2012	WR	SUSANNE WISSINGER	GER	29.58m	2014	
	WR	JOSE SANZA AGREDA	ESP	49.53m	2015	W85	AR	RUTH FRITH	NSW	18.26m	1995
M85	AR	ANTON TESJA	ACT	28.01m	2000	AR	RAEMA MCMILLAN	WA	*18.55m	2013	
	WR	HARVEY LEWELLEN	USA	33.18m	2015	WR	RACHEL HANSSSENS	BEL	26.80m	2014	
M90	AR	JOHN FRASER	VIC	24.61m	2005	W90	AR	RUTH FRITH	NSW	13.13m	2000
	WR	JOHN FRASER	AUS	24.61m	2005	WR	OLGA KOTELKO	CAN	16.71m	2011	
M95	AR	unclaimed				W95	AR	RUTH FRITH	QLD	11.37m	2004
	WR	ANTONIA FONSECA	BRA	22.01m	2011	AR	RUTH FRITH	QLD	*13.71m	2006	
M100	WR	TRENT LANE	USA	11.32m	2011	WR	OLGAKOTELKO	CAN	14.92m	2014	
						W100	AR	RUTH FRITH	QLD	*11.30m	2010
						WR	RUTH FRITH	AUS	*11.30m	2010	
	<b>JAVELIN</b>	<b>*Pre-1987 old centre of gravity</b>	<b>800g</b>			<b>JAVELIN</b>	<b>*Pre-2000 old centre of gravity</b>	<b>600g</b>			
M30	AR	ANDREW CURREY	NSW	86.67m	2001	W30	AR	LYNETTE SMITH	NSW	38.88m	2005
M35	AR	TONY SHIELD	VIC	62.11m	2007	AR	*MARY THOMAS	NSW	49.40m	1979	
		*FRANCIS RYAK	NSW	64.40m	1986	AR	LOUISE MCPAUL-CURREY	NSW	66.03m	1999	
	WR	JAN ZELEZNY	CZE	92.80m	2001	W35	AR	JAYNE HARDY	ACT	41.28m	2000
M40	AR	JOHN KAY	NSW	66.90m	2001	AR	*MARY THOMAS	NSW	46.98m	1983	
	WR	JAN ZELEZNY	CZE	85.92m	2006	WR	STEFFI NERIUS	GER	68.34m	2008	
						W40	AR	JAYNE HARDY	ACT	39.32m	2004
M45	AR	BOB BANENS	ACT	57.38m	1999	AR	*MARY THOMAS	NSW	48.84m	1985	
	WR	PETER BLANK	GER	77.15m	2007	WR	FELICIA MOLDOVAN	ROM	61.23m	2008	
						W45	AR	JAYNE HARDY	ACT	37.01m	2010
	<b>JAVELIN</b>			<b>700g from 2000</b>		AR	*HEATHER DOHERTY	QLD	42.28m	1980	
M50	AR	BOB BANENS	ACT	58.68m	2001	WR	ELISABETH WALLANDER	SWE	50.47m	2005	
	WR	ROALD BRADSTOCK	GBR	76.16m	2012	<b>JAVELIN</b>			<b>500g from 2000</b>		
						W50	AR	SUELI DASHWOOD	QLD	38.12m	2016
M55	AR	BOB BANENS	ACT	51.75m	2005	AR	MARY THOMAS	NSW	48.56m(400g)	1995	
	WR	MICHAEL BROWN	USA	66.11m	2010	WR	GENOWEFA PATLA	POL	47.14m	2015	
						W55	AR	MARY THOMAS	NSW	39.17m	2001
	<b>JAVELIN</b>			<b>600g</b>		AR	HEATHER DOHERTY	QLD	40.10m(400g)	1989	
M60	AR	BOB BANENS	ACT	49.22m	2010	WR	NATASA BEZJAK	SLO	44.44m	2002	
	WR	ESA KIURU	FIN	62.47m	2007	<b>JAVELIN</b>			<b>400g *500g from 201</b>		
M65	AR	*AIVARS PAVULINS	VIC	45.00m	1989	W60	AR	HEATHER DOHERTY	QLD	36.08m	1993
	AR	BOB BANENS	ACT	42.85m	2015	AR	*JUNE LOWE	NSW	25.20m	2016	
	WR	ESA KIURU	FIN	58.58m	2012	WR	GERTRAUD SCHONAUER	AUT	41.28m	1997	
	<b>JAVELIN</b>			<b>500g from 2000</b>		WR	*LINDA COHN	USA	37.50m	2014	
M70	AR	ERKKI SAARINEN	QLD	42.00m	2006	W65	AR	MARY THOMAS	NSW	31.31m	2009
	WR	KAYKO TUISKO	FIN	53.09m	2014	AR	*WILMA PERKINS	QLD	24.51m	2015	
M75	AR	ERKKI SAARINEN	QLD	38.12m	2010	WR	EVAUN B. WILLIAMS	GBR	38.07m	2006	
	WR	PAAVO NIEMALA	FIN	46.45m	2011	WR	*REIA REINBOUD	NED	31.79m	2016	



<b>JAVELIN</b>			<b>400g from 2000</b>			W70	AR	HEATHER DOHERTY	QLD	26.14m	2006
M80	AR	ERKKI SAARINEN	QLD	33.80m	2013		AR	*MARY THOMAS	NSW	24.31m	2015
	WR	LOTHAR HUCHTHAUSEN	GER	42.72m	2015		WR	EVAUN B. WILLIAMS	GBR	33.73m	2009
M85	AR	VIC YOUNGER	QLD	21.98m	2000		WR	*CAROL FROST	USA	27.78m	2015
	WR	WILLIAM PLATTS	USA	35.64m	2014	W75	A R	MIRIAM CUDMORE	SA	22.43m	2014
M90	AR	MAURICE DAUPHINET	QLD	17.11m	2016		WR	EVAUN B. WILLIAMS	GBR	29.92m	2013
	WR	HELGE LONNROTH	FIN	23.87m	2007	W80	AR	HEATHER DOHERTY	QLD	19.45m	2014
M95	WR	TRENT LANE	USA	20.80m	2005		WR	RACHEL HANSSSENS	BEL	21.83m	2010
M100	WR	TAKASHI SHIMOKAWARA	JPN	12.42m	2007	W85	AR	RAEMA MCMILLAN	WA	12.09m	2013
							WR	RACHEL HANSSSENS	BEL	18.96m	2014
						W90	AR	RUTH FRITH	NSW	10.51m	2002
							WR	OLGA KOTELKO	CAN	13.54m	2009
						W95	AR	RUTH FRITH	QLD	9.03m	2006
							WR	OLGA KOTELKO	CAN	11.24m	2014
						W100	AR	RUTH FRITH	QLD	6.43m	2009
							WR	RUTH FRITH	AUS	6.43m	2009
<b>WEIGHT THROW</b>			<b>15.88kg</b>			<b>WEIGHT THROW</b>			<b>9.072kg</b>		
M30	AR	DAVID ALLAN	QLD	17.05m	2005	W30	AR	KARYNE DI MARCO	NSW	18.57m	2008
M35	AR	RICARD MEIRING	NSW	19.08m	2014	W35	AR	BYRONY GLASS	WA	18.02m	2013
	WR	JURIY TAMM	FIN	25.17m	1992		WR	BYRONY GLASS	AUS	18.02m	2013
M40	AR	RICARD MEIRING	NSW	17.26m	2016	W40	AR	JAYNE HARDY	ACT	14.62m	2003
	WR	RALF JOSSA	GER	20.98m	2007		WR	ONEITHEA LEWIS	USA	19.09m	2002
M45	AR	BOB WAGNER	QLD	16.11m	2004	W45	AR	GABI WATTS	NSW	13.88m	2015
	WR	OLEKSANDR DRYGOL	UKR	20.79m	2011		WR	ONEITHEA LEWIS	USA	17.88m	2005
<b>WEIGHT THROW</b>			<b>11.34kg</b>			<b>WEIGHT THROW</b>			<b>7.258kg</b>		
M50	AR	BOB WAGNER	QLD	19.78m	2006	W50	AR	MARJA-LEENA PARVIAINEN	NSW	16.54m	1997
	WR	JUD LOGAN	USA	24.24m	2009		WR	ONEITHEA LEWIS	USA	18.76m	2011
M55	AR	GRAEME ROSE	VIC	17.84m	1999	W55	AR	MARJA-LEENA PARVIAINEN	NSW	15.15m	2002
	WR	JUD LOGAN	USA	21.73m	2014		WR	EVAUN B. WILLIAMS	GBR	17.02m	1994
<b>WEIGHT THROW</b>			<b>9.072kg</b>			<b>WEIGHT THROW</b>			<b>5.449kg</b>		
M60	AR	GRAEME ROSE	VIC	19.03m	2006	W60	AR	DORN JENKINS	VIC	17.58m	2016
	WR	ARILD BUSTERUD	NOR	24.20m	2008		WR	INGE FALDAGER	DEN	17.84m	2008
M65	AR	WIM VAN WEENEN	VIC	18.57m	1997	W65	AR	HELEN SEARLE	QLD	16.44m	2004
	WR	ARILD BUSTERUD	NOR	22.10m	2015		WR	ANNIE VAN ANHOLT	NED	17.34m	2014
<b>WEIGHT THROW</b>			<b>7.258kg</b>			<b>WEIGHT THROW</b>			<b>5.449kg</b>		
M70	AR	WIM VAN WEENEN	VIC	17.96m	2002	W70	AR	HELEN SEARLE	QLD	13.94m	2009
	WR	EDWARD BURKE	USA	22.33m	2012		WR	JUTTA SCHAEFER	GER	15.00m	2004
M75	AR	WIM VAN WEENEN	VIC	15.98m	2009	W75	AR	GWEN DAVIDSON	VIC	10.30m	1998
	WR	KLAUS ALBERS	GER	20.06m	2015		AR	JAN BANENS	QLD	*13.48m	2016
<b>WEIGHT THROW</b>			<b>5.449kg</b>				WR	EVAUN B. WILLIAMS	GBR	14.74m	2013
M80	AR	GEORGE MENCIK	ACT	16.92m	2013	W80	AR	GWEN DAVIDSON	VIC	8.80m	2003
	WR	RADO CARMELO	ITA	19.91m	2013		AR	VAL WORRELL	VIC	*9.72m	2015
M85	AR	JOHN FRASER	VIC	12.99m	2000		WR	RACHEL HANSSSENS	BEL	10.56m	2012
	WR	ERIK ERIKSSON	FIN	15.34m	2008	W85	AR	RUTH FRITH	NSW	7.78m	1995
M90	AR	JOHN FRASER	VIC	10.11m	2005		AR	RAEMA MCMILLAN	WA	*9.90m	2013
	WR	TORGEIR BRANDVOLD	NOR	10.59m	2004		WR	HILJA BAKHOFF	EST	9.23m	2014
M95	AR	unclaimed				W90	AR	RUTH FRITH	NSW	6.19m	2001
	WR	TRENT LANE	USA	7.56m	2006		WR	OLGA KOTELKO	CAN	7.90m	2010
						W95	AR	RUTH FRITH	QLD	5.16m	2006
							AR	RUTH FRITH	QLD	*6.23m	2005
							WR	OLGA KOTELKO	CAN	6.72m	2014
						W100	AR	RUTH FRITH	QLD	*4.88m	2009
							WR	RUTH FRITH	AUS	*4.68m	2011
<b>56lb HEAVY WEIGHT</b>			<b>56lb HEAVY WEIGHT</b>			<b>56lb HEAVY WEIGHT</b>			<b>56lb HEAVY WEIGHT</b>		
M30	AR	GREZEGORZ URBANOWICZ	WA	7.74m	2011	W30	AR	MELISSA HOLAHAN	NSW	5.90m	2016
M35	AR	DARRON HAWORTH	QLD	10.94m	2008	W35	AR	BYRONY GLASS	WA	5.71m	2016
M40	AR	GRANT EDWARDS	ACT	10.82m	2007	W40	AR	ALTHEA MACKIE	QLD	5.00m	2014
M45	AR	GRANT EDWARDS	ACT	10.24m	2007	W45	AR	ALTHEA MACKIE	QLD	5.16m	2016

M50	AR	GRANT EDWARDS	ACT	9.79m	2012	W50	AR	JAYNE HARDY	ACT	4.40m	2014
M55	AR	LAJOS JONI	NSW	7.87m	2012	W55	AR	JUDY CORAM	VIC	3.32m	2005
M60	AR	ROGER GLASS	VIC	7.49m	2011	W60	AR	RAYLEA RUDOV	ACT	3.27m	2007
M65	AR	WIM VAN WEENEN	VIC	6.18m	2001	W65	AR	RAYLEA RUDOV	ACT	3.24m	2008
M70	AR	WIM VAN WEENEN	VIC	5.84m	2006	W70	AR	JEANETTE WILLIAMSON	ACT	2.75m	2017
M75	AR	WIM VAN WEENEN	VIC	5.05m	2009	W75	AR	FRAN HARRIS	ACT	2.58m	2016
M80	AR	WIM VAN WEENEN	VIC	4.30m	2013						
M85	AR	EWEN DRUMMOND	ACT	2.34m	2008						
<b>100lb HEAVY WEIGHT</b>						<b>100lb HEAVY WEIGHT</b>					
M30	AR	GREZEGORZ URBANOWIC	WA	3.97m	2011	W30	AR	KARYNE DI MARCO	NSW	2.51m	2009
M35	AR	DARRON HAWORTH	QLD	5.57m	2008	W35	AR	AUDREY MUSCAT	NSW	2.27m	2015
M40	AR	GRANT EDWARDS	ACT	4.94m	2007	W40	AR	SAMANTHA LATANIS	NSW	2.33m	2014
M45	AR	GRANT EDWARDS	ACT	4.38m	2007	W45	AR	JAYNE HARDY	ACT	2.27m	2008
M50	AR	GEOFF CRUMPTON	ACT	4.22m	2008	W50	AR	JAYNE HARDY	ACT	2.14m	2013
M55	AR	GEOFF CRUMPTON	ACT	4.02m	2011	W55	AR	JILL TAYLOR	NSW	1.62m	2011
M60	AR	ROGER GLASS	VIC	3.68m	2011	W60	AR	TRISH THOMAS	ACT	1.61m	2007
M65	AR	BILL BINKS	VIC	3.09m	2006	W65	AR	JAN BANENS	ACT	1.40m	2008
M70	AR	WIM VAN WEENEN	VIC	2.74m	2006	W70	AR	FRAN HARRIS	ACT	1.37m	2011
M75	AR	NOEL DONOHOE	NSW	2.22m	2016	W75	AR	FRAN HARRIS	ACT	1.19m	2016
M80	AR	BILL BINKS	VIC	2.21m	2016						
<b>HEAVY WEIGHT PENTATHLON (2015 AMA Tables)</b>						<b>HEAVY WEIGHT PENTATHLON (2015 AMA Tables)</b>					
M30	AR	GREZEGORZ URBANOWIC	WA	2981	2011	W30	AR	KARYNE DI MARCO	NSW	4472	2009
M35	AR	DARRON HAWORTH	QLD	4352	2008	W35	AR	BRYONY GLASS	WA	4655	2016
M40	AR	MATT STAUNTON	WA	3918	2017	W40	AR	JAYNE HARDY	ACT	3878	2003
M45	AR	STUART GYNGELL	NSW	4576	2012	W45	AR	GABRIELE WATTS	NSW	4174	2016
M50	AR	GRANT EDWARDS	ACT	4647	2013	W50	AR	JAYNE HARDY	ACT	4321	2013
M55	AR	ROGER GLASS	VIC	4328	2008	W55	AR	JILL TAYLOR	NSW	3708	2012
M60	AR	ROGER GLASS	VIC	4459	2008	W60	AR	DORN JENKINS	VIC	4815	2016
M65	AR	KEN PRIESTLEY	VIC	4078	2011	W65	AR	HELEN SEARLE	QLD	4970	2005
M70	AR	GRAEME ROSE	VIC	4326	2014	W70	AR	JAN BANENS	ACT	4699	2011
M75	AR	KEN PRIESTLEY	VIC	4335	2013	W75	AR	STELLA SABERTON	ACT	2896	2005
M80	AR	RON SIMCOCK	NSW	5034	2015						
M85	AR	EWAN DRUMMOND	ACT	2195	2010						
<b>THROWS PENTATHLON (2010 Tables) *new specs from 11/2005</b>						<b>THROWS PENTATHLON (2010 Tables) *new specs 11/2005 #500g Jav f</b>					
M30	AR	GRAHAM HICKS	VIC	3444	2008	W30	AR	BYRONY GLASS	WA	3831	2009
M35	AR	DARRON HAWORTH	QLD	3672	2008	W35	AR	CHRIS SCHULTZ	VIC	3795	1987
	WR	ALFRED KRUGER III	USA	4415	2014		WR	MARIE-JOSEE LE JOUR	CAN	4114	2015
M40	AR	STUART GYNGELL	NSW	3946	2006	W40	AR	JAYNE HARDY	ACT	3929	2003
	WR	STEVE WHYTE	GBR	4366	2005		WR	ONEITHEA LEWIS	USA	4841	2003
M45	AR	STUART GYNGELL	NSW	4199	2009	W45	AR	CHRIS SCHULTZ	VIC	4174	1997
	WR	IVER HYTTEN	NOR	4616	2012		WR	ONEITHEA LEWIS	USA	4752	2005
M50	AR	TODD DAVEY	WA	4195	2017	W50	AR	CHRIS SCHULTZ	VIC	4371	2001
	WR	NORBERT DEMMEL	GER	4696	2016		WR	ONEITHEA LEWIS	USA	4800	2010
M55	AR	GRAEME ROSE	VIC	4174	1999	W55	AR	MARY THOMAS	NSW	4285	1999
	WR	ARILD BUSTERUD	NOR	4777	2003		WR	MARGARETTA TOMANEK	BEL	4581	2005
M60	AR	GRAEME ROSE	VIC	4242	2006	W60	AR	HELEN SEARLE	NSW	4789	2000
	WR	ARILD BUSTERUD	NOR	4955	2010		AR	#DORN JENKINS	VIC	4443	2015
M65	AR	GRAEME ROSE	VIC	4325	2009		WR	HELEN SEARLE	AUS	4789	2000
	WR	ARILD BUSTERUD	NOR	5255	2013		WR	#ANNE JENSEN	DEN	4519	2015
M70	AR	KEITH JAMES	NSW	4122	2012	W65	AR	HELEN SEARLE	QLD	5013	2005
	WR	ROBERT WARD	USA	4876	2004		AR	#MARY THOMAS	NSW	3651	2014
M75	AR	TOM HANCOCK	VIC	4290	2011		WR	EVAUN WILLIAMS	GBR	5313	2006
	WR	CARMELO RADO	ITA	5182	2008		WR	#MYRIE MENSEY	BEL	4754	2015
M80	AR	TOM HANCOCK	VIC	4741	2016	W70	AR	HELEN SEARLE	QLD	4800	2009
	WR	CARMELO RADO	ITA	5258	2013		AR	#MARY THOMAS	NSW	4407	2015
M85	AR	FELIKS JEKABSONS	QLD	*3897	2008		WR	EVAUN WILLIAMS	GBR	5683	2008
	WR	ERIK ERIKSSON	FIN	4662	2008		WR	#MARIA LUISA FANCELLO	ITA	4418	2014
M90	AR	JOHN FRASER	VIC	4005	2005	W75	AR	#HELEN SEARLE	QLD	4637	2015

	WR	HELGE LONNROTH	FIN	3907	2007		WR	EVAUN WILLIAMS	GBR	5528	2013
M95	WR	TRENT LANE	USA	3874	2005	W80	AR	GWEN DAVIDSON	VIC	3935	2003
							AR	HEATHER DOHERTY	QLD	4269	2014
							WR	SUZANNE WISSENGER	BEL	4845	2014
						W85	AR	RUTH FRITH	AUS	3977	1995
							WR	RACHEL HANSSSENS	BEL	4846	2014
						W90	AR	RUTH FRITH	NSW	4337	2000
							WR	OLGA KOTELKO	CAN	4090	2009
						W95	AR	RUTH FRITH	QLD	*4539	2005
							WR	OLGA KOTELKO	CAN	5016	2014
						W100	AR	RUTH FRITH	QLD	*5743	2009
							WR	RUTH FRITH	AUS	*5180	2011
<b>PENTATHLON (2010 Tables) LJ, Javelin, 200m, Discus, 1500m</b>						<b>PENTATHLON (2010 Tables) 100m, Shot, Long Jump, Javelin, 800m</b>					
M30	AR	WARREN EVANS	QLD	3275	2003	W30	AR	JITKA HISCOX	VIC	3236	2016
M35	AR	TERRY BALDWIN	VIC	3494	1998	W30	AR	*WILMA PERKINS	QLD	2864	1984
	WR	FRANZ MAYR	GER	3669	1991	W35	AR	LEONIE HOFFMAN	QLD	2852	2012
M40	AR	PAUL JEFFERY	WA	3639	2014	W35	AR	*WILMA PERKINS	QLD	3110	1986
	WR	MATTIAS SUNNEBORN	SWE	3937	2011	W40	AR	*LEE-ANNE GROSVENOR	QLD	3290	2015
M45	AR	LLOYD MITCHELSON	NSW	3864	1985	W40	AR	*JAN HYNES	QLD	3601	1986
	WR	THOMAS STEWANS	GER	3820	2012	W45	AR	LISA CROUCH	QLD	3572	2009
M50	AR	TERRY HICKS	VIC	3566	2005	W50	AR	DONNA BURGESS	VIC	3583	2013
	WR	GEORG WERTHNER	AUT	3834	2006	W55	AR	WILMA PERKINS	QLD	3932	2004
M55	AR	DON FRASER	ACT	3619	1994	W60	AR	CAROL DAVIS	QLD	3417	2016
	WR	WIM THREELS	NED	3804	2008	W65	AR	CAROL DAVIS	QLD	3720	2017
M60	AR	RUDI HOCHREITER	VIC	3858	1987	W70	AR	MARGE ALLISON	QLD	3437	2016
	WR	DIETER BARTZSCH	GER	4340	2000	W75	AR	MIRIAM CUDMORE	SA	3931	2016
M65	AR	RUDI HOCHREITER	VIC	3798	1992	W80	AR	SHIRLEY BRASHER	TAS	2227	2008
	WR	ROGER KROOSMA	NOR	3944	2009	W85	AR	GWEN GLEESON	ACT	1980	2016
M70	AR	MIKE JOHNSTON	VIC	3816	1991			*Pre-2000 with old Javelin	#500g Javelin from 2014		
	WR	SHERWOOD SAGEDAHL	USA	3806	2012	<b>OLD PENTATHLON Long Jump, Javelin, 200m, Discus, 800m (2010 Tables)</b>					
M75	AR	DON FRASER	ACT	3360	2014	W30	AR	LYNETTE SMITH	NSW	3255	2005
	WR	SHERWOOD SAGEDAHL	USA	4060	2014	W35	AR	PETA BIRD	NSW	3101	1995
M80	AR	FRED O'CONNOR	NSW	3247	2004	W40	AR	JAN HYNES	QLD	3546	1987
	WR	KAZIMIERZ BULEZYNSKI	POL	3646	2010	W45	AR	JAN HYNES	QLD	3720	1991
M85	AR	RAD LEOVIC	ACT	2799	2013	W50	AR	UNA LUND	QLD	3698	1991
	WR	JAN KONARIK	CZE	3003	2002	W55	AR	WILMA PERKINS	QLD	3430	2005
M90	AR	MAURICE DAUPHINET	QLD	2955	2016	W60	AR	PEGGY MACLIVER	WA	3161	2007
	WR	RALPH MAXWELL	USA	3284	2011	W65	AR	JOYCE BANNISTER	ACT	3263	1991
						W70	AR	GWEN DAVIDSON	VIC	3065	1993
						W75	AR	PAT CARR	WA	2506	2007
						W80	AR	SHIRLEY BRASHER	TAS	2510	2008
<b>DECATHLON (2010 WMA Tables)</b>			<b>M80 3kg Shot from 11/2005</b>			<b>HEPTATHLON (2010 WMA Tables) #500g Javelin from 2014</b>					
M30	AR	MATT MCEWEN	QLD	7705	2003	W30	AR	JITKA HISCOCK	NSW	4626	2016
	AR	MATT MCEWEN	QLD	7724	2002		AR	JANE JAMIESON	NSW	5863	2016
M35	AR	GEOFF GIBBONS	TAS	6696	2012	W35	AR	MARIE KAY	NSW	4897	1999
	WR	LEV LOBODIN	RUS	8572	2004	WR	AR	SABINE BRAUN	GER	6860	2002
M40	AR	GEOFF GIBBONS	WA	7022	2017	W40	AR	MARIE KAY	NSW	5609	2001
	WR	KIP JANVRIN	USA	8542	2005	WR	AR	SONIA DEL PRETE	FRA	5843	2010
M45	AR	MARK JEFFERY	WA	7299	2016	W45	AR	MARIE KAY	QLD	6006	2009
	WR	VIKTOR GROUZENKIN	RUS	7687	1997	WR	AR	MARIE KAY	AUS	6006	2009
M50	AR	TERRY HICKS	VIC	6167	2004	W50	AR	MARIE KAY	QLD	6202	2011
	WR	JEAN LUC DUEZ	FRA	7864	2015	WR	AR	BARBARA GAHLING	GER	6456	2015
M55	AR	PETER MURRAY	NSW	6130	2016	W55	AR	MARIE KAY	QLD	6682	2015
	WR	WILLIAM MURRAY	USA	7773	2009	WR	AR	MARIE KAY	AUS	6682	2015
M60	AR	RUDI HOCHREITER	VIC	6911	1989	W60	AR	MARGE ALLISON	QLD	5076	2008
	WR	WOLFGANG RITTE	GER	8123	2014	WR	AR	PHIL RASCHKER	USA	6341	2007
M65	AR	DON FRASER	ACT	6746	2005	WR	AR	#RITA HANSCOM	USA	6043	2015
	WR	ROLF GEESE	GER	7837	2009	W65	AR	#WILMA PERKINS	QLD	5475	2016

M70	AR	DON FRASER	ACT	6503	2009		WR	#WEIA REINBOUD	NED	6253	2015	
	WR	PHIL SHIPP	USA	7678	2005	W70	AR	JEAN HAMPSON	QLD	4732	2015	
M75	AR	FRED O'CONNOR	NSW	6793	1999		WR	MARIANNE MAIER	AUT	6253	2013	
	WR	ROBERT HEWITT	USA	7910	2008		WR	#MARIANNE MAIER	AUT	6218	2014	
M80	AR	FRED O'CONNOR	NSW	5593	2006	W75	AR	FRANCES HARRIS	ACT	4215	2016	
	WR	ROBERT HEWITT	USA	8360	2013		WR	CHRISTA BORTIGNON	CAN	6519	2013	
M85	AR	VIC YOUNGER	QLD	4705	1999	W80	AR	unclaimed				
	WR	PEKKA PENTTILA	FIN	6611	2010		WR	FLORENCE MEILER	USA	5730	2015	
M90	AR	VIC YOUNGER	VIC	3217	2003							
	WR	RALPH MAXWELL	USA	7009	2011							
		<b>4X100m RELAYS MEN</b>										
M30	AR	Adam Farlow 31, Jesse Matthews 31, Derek Collinge 32, Ryan Reid 31							ACT	44.22s	Canberra	2014
M35	AR	Leigh Phelan 36, Robert Lehmann 40, Geoffrey Pittman 38, Robbie Vidler							VIC	44.02s	Albert Park	2012
	WR	Ho, Dussett, Pittman, Sneer							USA	41.89s	Sacramento	2011
M40	AR	Ricky Irvine VIC, Peter Durham SA, Kealy, Peter Crombie NSW								43.69s	Melbourne	1987
	WR	Strong, Stephen, Berry, Gault							USA	42.20s	Irvine	2004
M45	AR	Martin Lynch NSW, Philip Lyons NSW, James Furlong QLD, Arch Moore QLD								45.35s	Brisbane	2001
	WR	Ross, Franklyn, Oliver, Peters							GBR	43.42s	Gateshead	1999
M50	AR	Ross Kent VIC, Roy Fearnall WA, Fred Turner NSW, Peter Crombie NSW								46.16s	Buffalo	1995
	WR	Frey, James, Fulton, Barnwell							USA	44.47s	Philadelphia	2009
M55	AR	Heinz Steinmann QLD, Neville McIntyre NSW, Fred Turner NSW, John Wight QLD								47.46s	Brisbane	2001
	WR	Franklyn, Walcott, Ross, Oliver							GBR	46.16s	Riccione	2007
M60	AR	David Clive WA, Bernie Condon NSW, Hugh Coogan QLD, Reg Austin NSW								48.95s	Durban	1997
	WR	Peterson, Wilson, Allie, Sanders							USA	47.93s	Sacramento	2010
M65	AR	Col Buyers QLD, Heinz Steinmann QLD, Rob McDonald QLD, Neville McIntyre NSW								50.5s	Adelaide	2009
	WR	Beckering, Scheidt, Hamaekers, Lenk							GER	50.13s	San Sebastian	2005
M70	AR	John Wall 70, John Wight 70, Neville McIntyre 73 NSW, Peter Crombie 71 NSW								53.67s	Perth	2016
	WR	Sims, Bennett, Colbert, Lida							USA	51.96s	Philadelphia	2008
M75	AR	Graeme Noden 78 VIC, Michael Stevenson 76 TAS, Pio Bunin 75, Barrie Kernaghan 76 WA								59.95s	Perth	2016
	WR	Beckering, Lange, Schmidt, Muller							GER	55.44s	Izmir	2014
M80	AR	Leo Coffey 82 VIC, George Harrod 82 QLD, Hugh Thomsen 81 QLD, Richard Hughes 80 NSW								68.43s	Albert Park	2012
	WR	Albrecht, Breder, Herbst, Schumacher							GER	61.83s	Arhus	2004
M85	AR	Jack Thackray 85, Derry Foley 87, Jim Sinclair 92 VIC, Leo Coffey 86 VIC								83.82s	Perth	2016
	WR	Eble, Mahlo, Muller, Mulhe							GER	77.55s	Potsdam	2002
M90	WR	Ross, Rogers, Englert, Goldy							USA	2m 22.37s	Salem	2014
		<b>4X100m RELAYS WOMEN</b>										
W30	AR	Julie Forster, Kylie Strong, Ranell Hobson, Gianna Mogentale							NSW	48.86s	Hobart	2007
W35	AR	Ranell Hobson NSW, Julie Brims Qld, Kylie Strong NSW, Gianna Mogentale NSW								47.74s	Blacktown	2008
	WR	Stafford, Springer, Hutchinson, Mark-Baird							TTO	47.65s	Lyon	2015
W40	AR	Gianna Mogentale NSW, Julie Brims QLD, Jaqualine Bezuidenhout NSW, Kylie Strong NSW								48.01s	Lahti	2009
	WR	<b>Gianna Mogentale NSW, Julie Brims QLD, Jaqualine Bezuidenhout NSW, Kylie Strong NSW</b>							<b>AUS</b>	<b>48.01s</b>	<b>Lahti</b>	<b>2009</b>
W45	AR	Giola Motti NSW, Julie Brims QLD, Julie Forster NSW, Gianna Mogentale NSW								48.92s	Brisbane	2011
	WR	<b>Giola Motti NSW, Julie Brims QLD, Julie Forster NSW, Gianna Mogentale NSW</b>							<b>AUS</b>	<b>48.92s</b>	<b>Brisbane</b>	<b>2011</b>
W50	AR	Wilma Perkins QLD, Hazel McDonnell QLD, Judy Casey NSW, Kathryn Heagney VIC								53.74s	Southport	2000
	WR	Powell, Horder, McClelland, Godsell							GBR	51.50s		2008
W55	AR	Sue Bourke 56, Michele Hossack 56 Vic, Christine Shaw 57, Gabrielle Whelan 55								56.82s	Perth	2016
	WR	Priestman, Lewington, Parsons, Bonner							GBR	54.31s	Arhus	2008
W60	AR	Lynne Choate 63 WA, Margaret Tweedie 62 VIC, Leanne Monk 60, Marlene Reid 61								58.55s	Perth	2016
	WR	Drecoll, Reichert, Hoffman, Hoffman							GER	55.77s	Jyvaskyla	2000
W65	AR	Wilma Perkins 67 QLD, Lyn Peake 66 SA, Kathryn Heagney 66 VIC, Carol Davis 65								61.67s	Perth	2016
	WR	Zorner, Buchholz, Reismann, Meier							GER	60.31s	Lyon	2015
W70	AR	Brenda Painter 71, Marge Allison 72 QLD, Anne Lang 73 SA, Peggy MacIver 72 WA								69.00s	Perth	2016
	WR	Schuele, Schneiderhan, Haule, Mangler							GER	66.05s	Miyazaki	1993
W75	AR	Ruth Johnson 75, Miriam Cudmore 78 SA, Jo Klemke 79 ACT, Francis Harris 75 ACT								77.32s	Perth	2016
	WR	Obera, Jordon, Donley, Meiler							USA	70.19s	Sacramento	2011
W80	AR	Gwen Gleeson 86 ACT, Anne Young 80 ACT, Consie Larmour 80 ACT, Cory Collins 80 ACT								1m 41.55s	AIS ACT	2017
	WR	Donley, Meiler, Chou, Obera							USA	1m 21.06s	Lyon	2015
W85	WR	Styles, Petersen, Valien, Stewart							USA	1m 50.31s	BEREA	2013

<b>4X400m RELAYS MEN</b>									
M30	AR	Jay Stone 33, Christopher Brack 47, Darrin James 47, Michael Lynch 45	NSW	3m 32.75s	Canberra	2013			
M35	AR	William Little 35, Kulan Ranasinghe 38, Simon Jackson 37, Leigh Phelan 41	VIC	3m 28.00s	Aberfeldie	2017			
	WR	Baird, Brown, Collins, Beardsell	GBR	3m 17.82s	Lyon	2015			
M40	AR	Ricky Dunbar VIC, Barrie Milligan VIC, N.C.Orange, Reg Austin NSW		3m 26.86s	Christchurch	1981			
	WR	Allah, Morning, Gonera, Blackwell	USA	3m 20.83s	Philadelphia	2001			
M45	AR	Paul Critchley NSW, Barrie Kernaghan WA, Bernie Crealy WA, Fred Turner NSW		3m 33.26s	Melbourne	1987			
	WR	Mulazim, Gosa, Lawson, Shute	USA	3m 24.84s	Sacramento	2011			
M50	AR	Roy Fearnall WA, Keith Martin WA, Fred Turner NSW, Peter Crombie NSW		3m 37.86s	Buffalo	1995			
	WR	Sullivan, Moody, Gatling, Blackwell	USA	3m 31.76s	Sacramento	2011			
M55	AR	John Cooper QLD, Mike Stevenson TAS, Richard Trembath VIC, Fred Turner NSW		3m 48.87s	Durban	1997			
	WR	Allie, Haywood, Collins, Grant	USA	3m 40.62s	Philadelphia	2010			
M60	AR	John Lamb 61 ACT, Alan Carey 60 NSW, Geoff Sims 62 ACT, Stuart Haywood 61 NSW		3m 59.3s	Canberra	2011			
	WR	Collins, Grant, Haywood, Allie	USA	3m 51.33s	Philadelphia	2013			
M65	AR	Colin Buyers 66 QLD, Heinz Steinmann 66 QLD, Tony Ireland 67 NSW, Neville McIntyre 66 NSW		4m 02.62s	Adelaide	2009			
	WR	<b>Colin Buyers 66 QLD, Heinz Steinmann 66 QLD, Tony Ireland 67 NSW, Neville McIntyre 66 NSW</b>	<b>AUS</b>	<b>4m 02.62s</b>	<b>Adelaide</b>	<b>2009</b>			
M70	AR	Hugh Coogan 75 QLD, Barrie Kernaghan 71 WA, Michael Stevenson 70 TAS, David Carr 79 WA		4m 29.57s	Sacramento	2011			
	WR	Scheidt, Nehren, Klaus, Muller	GER	4m 17.47s	Lahti	2009			
M75	AR	Michael O'Reilly 77, Pio Bunin 77, Michael Stevenson 77 Tas, Barrie Kernaghan 76 WA		5m 12.41s	Perth	2016			
	WR	Jakob, Klaus, Knorr, Muller	GER	4m 47.85s	Lyon	2015			
M80	AR	David Carr 80 WA, George Harrod 83 QLD, Leo Coffey 82 VIC, Richard Hughes 80 NSW		5m 32.29s	Southport	2012			
	WR	<b>David Carr 80 WA, George Harrod 83 QLD, Leo Coffey 82 VIC, Richard Hughes 80 NSW</b>	<b>AUS</b>	<b>5m 32.29s</b>	<b>Southport</b>	<b>2012</b>			
M85	AR	Andy Smith VIC, Leonard Foulser NSW, Eddie Gamble VIC, Vic Younger VIC		10m 32.60s	Brisbane	2001			
	WR	Saukkosaari, Rantio, Koppinen, Lillqvist	FIN	8m 43.75s	Lahti	2009			
M90	WR	Ross, Rogers, Englert, Boyle	USA	12m 41.69s	Salem	2014			
<b>4X400m RELAYS WOMEN</b>									
W30	AR	Lynette Smith, Ranell Hobson, Julie Forster, Gianna Mogentale	NSW	4m 14.96s	Hobart	2007			
W35	AR	Jennifer Clancy NSW, Jennifer Baldwin VIC, Gianna Mogentale NSW, Cherie Smee QLD		4m 02.04s	Brisbane	2001			
	WR	Mitchell, Mathews, Beadhall, Gabriel	GER	3m 50.80s	Gateshead	1999			
W40	AR	Bronwen Loizou VIC, Marie Kay NSW, Leanne Smith QLD, Glynis Cearns QLD		3m 57.28s	Brisbane	2001			
	WR	Roberts, Henderson, Brooker, Miles-Clark	USA	3m 56.27s	Philadelphia	2008			
W45	AR	Julie Forster NSW, Giola Motti NSW, Gianna Mogentale NSW, Julie Brims Qld		4m 01.22s	Brisbane	2011			
	WR	<b>Julie Forster NSW, Giola Motti NSW, Gianna Mogentale NSW, Julie B</b>	<b>AUS</b>	<b>4m 01.22s</b>	<b>Brisbane</b>	<b>2011</b>			
W50	AR	Wilma Perkins QLD, Kathryn Heagney VIC, Judy Casey NSW, Barbara Blurton VIC		4m 24.92s	Brisbane	2001			
	WR	Mahady, Horder, Saunders-Mullins, Powell	GBR	4m 10.80s	Lahti	2009			
W55	AR	Sue Bourke 56, Victoria Gunn 55, Gabrielle Whelan 55, Michele Hossack 56 VIC		4m 37.85s	Perth	2016			
	WR	Trimble, Howe, Mullin, Power	GBR	4m 28.74s	Nyiregyhaza	2009			
W60	AR	Evelyn Peake 61 SA, Kathryn Heagney 60 VIC, Wilma Perkins 61 QLD, Kathryn Sims 60 ACT		4m 55.53s	Sacramento	2011			
	WR	Godsell, Trimble, Roe, Powell	GBR	4m 49.58s	Lyon France	2015			
W65	AR	Paula Moorhouse 67, Carol Davis 65, Kathryn Heagney 66, Lyn Peake 66 SA		5m 06.10s	Perth	2016			
	WR	Paula Moorhouse 67, Carol Davis 65, Kathryn Heagney 66, Lyn Peake 66 SA		5m 06.10s	Perth	2016			
W70	AR	Peggy Macliver 71 WA, Jean Hampson 70 QLD, Anne Lang 72 SA, Marge Allison 70 QLD		5m 32.95s	Lyon France	2015			
	WR	<b>Peggy Macliver 71 WA, Jean Hampson 70 QLD, Anne Lang 72 SA, Marge Allison 70 QLD</b>	<b>AUS</b>	<b>5m 32.95s</b>	<b>Lyon France</b>	<b>2015</b>			
W75	AR	Ruth Johnson 75, Cory Collins 80 ACT, Jo Klemke 79, Carol Melling 75		7m 11.20s	Perth	2016			
	WR	Petley, Cumming, Van Der Veecken, Peters	NZ	6m 58.70s	Lahti	2009			
W80	AR	unclaimed							
	WR	Chou, Harada, Donley, Obara	USA	8m 39.32s	Lyon	2015			
<b>4X800m RELAYS MEN</b>									
M30	AR	Gary Parkinson 41, David Hill 38, Bruce Hill 38, Brendan Whelan 34	QLD	8m 30.74s	SAF Brisbane	2008			
M35	AR	Steven Bell 36, Brendan Whelan 35, Steven Minns 40, Gary Parkinson 42	QLD	9m 02.09s	SAF Brisbane	2009			
	WR	Perez, Sotomayor, Pous, Gil	ESP	7m 51.47s	Madrid	2016			
M40	AR	Andrew Evans 41, John Schuijers 49, Danny Hecker 41, Paul Skipper 41	VIC	8m 46.68s	Melbourne	2010			
M45	AR	Richard McMahon 48, Jonathon Wheatland 45, Kris Wolszczak 49, Mark Worthing 47	SA	9m 02.5s	Adelaide	2010			
M40-49	WR	Hinton, Pope, Paulk, Young	USA	7m 54.17s	Eugene	2004			
M50	AR	Andrew Egginton 50 Vic, Scott Lawrence 50 Vic, Peter Hawes 55 Qld, John Jago 50 Tas	AUS	8m 39.01s	Melbourne	2011			
M55	AR	Jason Collie 57, Bruce Bodsworth 56, Bob Grayson 56, Terry Dauphin 55	QLD	9m 34.44s	SAF Brisbane	2008			
M50-59	WR	Duren, Johansson, Olsson, Björkman	SWE	8m 25.79s	Upplands	2016			
M60	AR	Noel Wright 62, Steve Napper 62, Don Mathewson 64, Les Gillies 62	NSW	10m 09.32s	Illawong	2009			

M65	AR	Les Gillies 65, Geoff Francis 70, Noel Wright 65, Don Mathewson 67	NSW	11m 01.70s	Illawong	2012
M60-69	WR	Schmanski, Grant, Chantry, Haywood	USA	9m 30.92s	Jacksonville	2015
M70	AR	Alan Burgoyne, Andy Smith, Eddie Gamble, Cliff Barling	VIC	11m 44.1s		
M75	AR	John Spinney 76, Ron Wills 76, Richard Hughes 83, Michael Johnson 80	NSW	14m 04.61s	SOPAC	2015
M70-79	WR	Selby, Escobson, Linde, Bryant	USA	11m 09.87s	Orono	1998
M80	AR	Victor Beaumont 80, Stanley Lockwood 80, Cecil Walkley 80, Irwin Barrett-Lennard 80	WA	16m 01.8s	Perth	2010
M80-89	WR	Eberman, Muller, Grault, Beecker	GER	14m 01.14s	Essen	2013
M90-99	WR	Ross, Rogers, Englert, Boyle	USA	28m 17.10s	Salem	2014
<b>4X800m RELAYS WOMEN</b>						
W30	AR	Petrina Brown 40, Anne Venema 30, Glenda Banaghan 44, Jeanette Flynn 57	QLD	10m 21.11s	SAF Brisbane	2008
W35	AR	Petrina Brown 45, Katie Menzies 35, Lee-Anne Grosvenor 42, Jeanette Flynn 62	QLD	10m 10.71s	SAF Brisbane	2014
W35-39	WR	Rizzo, Metz, Reifer, McGrath		9m 25.27s	New York	2011
W40	AR	Lisa Harrison 43, Karen Herrmann 41, Jane Boyd 46, Nancy Newsome 44	NSW	10m 04.48s	Illawong	2010
W45	AR	Cris Penn 50, Sue Gore 47, Erika Bunker 53, Jane Boyd 45	NSW	10m 33.70s	Blacktown	2009
W40-49	WR	Boyl, Babcock, Cummins, MacMillan	CAN	9m 16.91s	Vancouver	2016
W50	AR	Robyn Basman 51, Erika Bunker 53, Deborah Drennan 51, Robyn Sutter 50	NSW	11m 08.12s	Illawong	2010
W55	AR	Fay McNeill Qld, Jeanette Flynn Qld, Betty Menzies Qld, Kathy Heagney V	AUS	10m 31.0s	Brisbane	2007
W50-59	WR	Shisler, Allers, Groenendaal, Jasper	USA	10m 24.21s	Salem	2014
W60	AR	Kathy Heagney 62, Kathy Sims 61, Paula Moorhouse 64, Jeanette Flynn 61		11m 22.59s	Canberra	2013
W65	AR	Marge Allison 66, Lesley Le Vaillant 67, Jean Hampson 65, Betty Menzies	AUS	12m 56.64s	SAF Brisbane	2010
W60-69	WR	Harvey, Richards, Stenbach, Martin	USA	11m 06.22s	Salem	2014
W70	AR	Anne Young, Alison Ide, Consie Larmour, Cory Collins	ACT	16m 43.22s	Bruce	2007
W75	AR	Cory Collins 76, Terri Jones 75, Jo Klemke 75, Consie Larmour 77	CAN	19m 43.26s	Bruce	2013
W70-79	WR	Lammet, Stauber, Reintraut, Ritter	GER	14m 45.88s	Essen	2013
<b>4X1500m RELAYS MEN (unofficial and currently not listed by WMA)</b>						
M30	AR	Ian Rose 53, Peter Byrne 52, Nick Terranova 54, Stephen Archer 34	NSW	19m 41.0s	Sylvania	2012
M35	AR	Michael Doggett 39, Dennis Wylie 59, Brad Sharpe 51, Mark Gregory 39	NSW	18m 26.0s	Sylvania	2012
	AR	Scott Peacock, Neil Robertson, Chris MacDonald, Andrew Scott	Vic	17m 20.4s	Murrumbidgee	2011
M40	AR	Dale Moore, Colin Farlow, Paul Considine, Bryce Anderson	ACT	18m 57.9s	AIS, ACT	2004
	AR	James McEniry, Anthony Lee, Dave Venour, James Atkinson	Vic	18m 02s	Murrumbidgee	2011
M45	AR	Andrew Egginton 54, Kynan Dawes 45, Tony Langelaar 49, Robert Schwerkolt 49	VIC	18m 20.62s	Albert Park	2015
M40-49	WR	Faucheur, Crochemore, Bourdet, Ramdani	FRA	16m 44.78s	Bourgoin-Jallieu	2002
M50	AR	John Meagher 53, Andrew Egginton 55, Scott Lawrence 55, Rob Schwerkolt 50	Vic	<b>18m 35.10s</b>	Albert Park	2016
M55	AR	Peter Reeves 60, Ian Cameron 60, Phil Davies 57, Con Dimauro 55	QLD	19m 58.67s	SAF Brisbane	2007
M50-59	WR	Irvine, Combs, Sumner, Shapiro	QLD	19m 12.67s	Irvine	2002
M60	AR	John Shaw 62, Ron Peters 62, Ian Cameron 61, Peter Reeves 62	QLD	<b>19m 28.03s</b>	SAF Brisbane	2016
M65	AR	Frank Scorzelli 65, John Warren 73, Noel Wright 65, Don Mathewson 67	NSW	21m 49.0s	Sylvania	2012
M60-69	WR	Steijn, Terlow, Blom, Halter	NED	19m 55.43s	Tessenderlo	1996
M70	AR	Ron Wills 73, Jim Harrison 70, Albert Gay 70, Geoff Francis 70	NSW	<b>25m 10.0s</b>	Sylvania	2012
M75	AR	David Carr 76, Robert Hayres 77, Cecil Walkley 79, Irwin Barrett-Lennard 79	WA	<b>30m 01.7s</b>	Perth	2009
M80	AR	Victor Beaumont 80, Stanley Lockwood 80, Cecil Walkley 80, Irwin Barrett-Lennard 80	WA	<b>34m 04.8s</b>	Perth	2010
<b>4X1500m RELAYS WOMEN (unofficial and currently not listed by WMA)</b>						
W30	AR	Anne Venema 30, Jeanette Flynn 57, Petrina Brown 40, Glenda Banaghan 44	QLD	21m 47.9s	SAF Brisbane	2008
W35	AR	Erika O'Reilly 35, Petrina Brown 47, Katie Menzies 37, Renee Witt 38	QLD	21m 42.68s	Gold Coast	2016
W35-39	WR	Howard, Gallagher, Davison, Caig	GBR	20m 13.0s		1997
W40	AR	Julia Edwards 41, Kirsten Jackson 46, Simone Quin 41, Kate Seibold 40	VIC	<b>20m 29.56s</b>	Albert Park	2015
W45	AR	Robyn Basman 50, Cris Penn 51, Erika Bunker 53, Jane Boyd 45	NSW	<b>22m 00.95</b>	Sydney	2009
W50	AR	Cris Penn 54, Karen Petley 53, Deborah Drennan 54, Robyn Basman 54		<b>22m 34s</b>	Sylvania	2013
W55	AR	Barbara Blurton 59, Carol Bowman 55, Margaret Saunders 56, Shirley Bell 61	WA	<b>26m 26.9s</b>	Perth	2010
W60	AR	Peggy Macliver 64, Jacquelin Halberg 62, Shirley Bell 60, Gillian Young 61	WA	<b>26m 30.0s</b>	Perth	2009
W65	AR	Marge Allison 66, Lesley Le Vaillant 67, Jean Hampson 65, Betty Menzies	QLD	<b>27m 04.27s</b>	SAF Brisbane	2010
W70	AR	Cory Collins 70, Anne Young 71, Alison Ide 71, Consie Larmour 71		<b>34m 20.42s</b>	AIS, ACT	2006
<b>INDOOR RECORDS From: WMA Indoors Championships: 1st Sindelfingen, Germany, 10-14 March 2004; 2nd Linz, Austria, 15-20 March 2006; 3rd Clermont-Ferrand, France, 17-22 March 2008; 4th Kamloops, Canada 1-6 March 2010; 5th Jyvaskyla, Finland 3-8 April 2012, 6th Budapest, Hungary, 25-30 March 2014. Also from 2003, 2007 &amp; 2008 USA Masters, Boston; British Masters, 23-24 Feb 2008 &amp; 24 Feb 2013; Munich 8th Feb 2014.</b>						
<b>MEN</b>		# World Record	<b>WOMEN</b>			

<b>60 METRES</b>				<b>60 METRES</b>							
M35	AR	Ashley McMahon	NSW	7.38s	2014	W35	AR	Ranell Hobson	NSW	8.17s	2010
M40	AR	Ashley McMahon	NSW	7.21s	2016	W40	AR	Julie Brims	QLD	8.05s	2010
M45	AR	Stephen Jones	QLD	7.57s	2010	W45	AR	Janet Naylor	NSW	8.91s	2012
M50	AR	Colin Pocklington	VIC	7.88s	2010	W50	AR	Gianna Mogentale	NSW	8.21s	2014
M55	AR	Peter Crombie	NSW	7.81s	2003	W55	AR	Robyn Suttor	NSW	9.13s	2014
M60	AR	Peter Crombie	NSW	7.98s	2006	W60	AR	Kathy Heagney	VIC	9.17s	2012
M65	AR	Peter Crombie	NSW	8.35s	2010	W65	AR	Noreen Parrish	QLD	9.88s	2008
M70	AR	Neville McIntyre	NSW	8.60s	2014	W70	AR	Noreen Parrish	QLD	10.31s	2012
M75	AR	Don Chambers	VIC	9.39s	2013						
M80	AR	Radovan Leovic	ACT	11.51s	2010						
M85	AR	Radovan Leovic	ACT	12.17s	2014						
<b>200 METRES</b>				<b>200 METRES</b>							
M35	AR	Ashley McMahon	NSW	23.70s	2014	W35	AR	Ranell Hobson	NSW	28.67s	2010
M40	AR	Ashley McMahon	NSW	23.53s	2016	W40	AR	Julie Brims	QLD	26.83s	2010
M45	AR	Kris Wardecki	NSW	24.10s	2014	W45	AR	Marie Kay	QLD	25.85s	2008
M50	AR	Colin Pocklington	VIC	26.13s	2010	W50	AR	Marie Kay	QLD	27.21s	2012
M55	AR	Peter Crombie	NSW	24.85s	2003	W55	AR	Robyn Suttor	NSW	30.76s	2014
M60	AR	Peter Crombie	NSW	25.59s	2006	W60	AR	Kathy Heagney	VIC	30.60s	2012
M65	AR	Peter Crombie	NSW	26.95s	2010	W65	AR	Marge Allison	QLD	31.79s	2010
M70	AR	Neville McIntyre	NSW	28.56s	2014	W70	AR	Noreen Parrish	QLD	35.86s	2012
M75	AR	Don Chambers	VIC	32.69s	2013						
M80	AR	Radovan Leovic	ACT	41.82s	2010						
M85	AR	Radovan Leovic	ACT	42.41s	2014						
<b>400 METRES</b>				<b>400 METRES</b>							
M35	AR	Glenn Stephens	VIC	52.94s	2006	W40	AR	Marie Kay	NSW	61.58s	2004
M40	AR	Ken Telfer	ACT	52.99s	2008	W45	AR	<b>#Marie Kay</b>	<b>QLD</b>	<b>56.99s</b>	<b>2008</b>
M45	AR	Andrew Wilcox	VIC	52.02s	2014	W50	AR	Gianna Mogentale	NSW	62.20s	2014
M50	AR	Jonathon Wheatland	SA	58.13s	2014						
M55	AR	Peter Crombie	NSW	57.04s	2004	W55	AR	Robyn Suttor	NSW	69.99s	2014
M60	AR	Peter Crombie	NSW	57.62s	2006	W60	AR	Kathy Heagney	VIC	70.35s	2012
M65	AR	Peter Crombie	NSW	62.35s	2010	W65	AR	Marge Allison	QLD	74.05s	2010
M70	AR	Neville McIntyre	NSW	67.26s	2014	W70	AR	Noreen Parrish	QLD	88.74s	2012
M75	AR	Don Chambers	VIC	85.53s	2013						
M80	AR	Rad Leovic	ACT	88.33s	2008						
M85	AR	Rad Leovic	ACT	99.74s	2014						
<b>800 METRES</b>				<b>800 METRES</b>							
M30	AR	Brendan Whelan	QLD	2m 04.24s	2008	W40	AR	Amanda Coombe	TAS	2m 33.31s	2010
M50	AR	Stuart Paterson	NSW	2m 18.25s	2008	W45	AR	Marie Kay	NSW	2m 39.79s	2006
M55	AR	Peter Hawes	QLD	2m 14.87s	2012	W50	AR	Marie Kay	QLD	2m 46.78s	2010
M60	AR	Neil MacDonald	VIC	2m 16.91s	2004	W55	AR	Deborah Drennan	NSW	2m 42.69s	2016
M65	AR	Kevin Solomon	VIC	2m 25.37s	2014	W60	AR	Jeanette Flynn	QLD	2m 41.40s	2014
M70	AR	Peter Sandery	SA	2m 40.11s	2012	W65	AR	Paula Moorhouse	NSW	3m 06.73s	2014
M80	AR	Rad Leovic	ACT	3m 44.71s	2008						
M85	AR	Rad Leovic	ACT	4m 00.62s	2014						
<b>1000 METRES</b>				<b>1000 METRES</b>							
M50	AR	Roger Pilkington	ACT	4m 12.78s	2010						
M55	AR	John Fienieg	NSW	3m 43.62s	2012						
M60	AR	Viddy Jermacans	QLD	4m 09.49s	2010						
M70	AR	Ken Daniels	QLD	4m 40.41s	2010						
M75	AR	Don Chambers	VIC	6m 22.77s	2013						
M80	AR	Rad Leovic	ACT	4m 47.96s	2008						
M85	AR	Rad Leovic	ACT	5m 35.95s	2014						
<b>1500 METRES</b>				<b>1500 METRES</b>							
M40	AR	Campbell McLennan	VIC	4m 14.31s	2014	W40	AR	Kriszta Kovacs	NSW	5m 02.89s	2014
M45	AR	John Lisiewicz	SA	4m 28.51s	2008						
M50	AR	Stuart Paterson	NSW	4m 41.99s	2008						
M55	AR	Kevin Solomon	VIC	4m 27.49s	2004						

M60	AR	Neil MacDonald	VIC	4m 54.17s	2004	W60	AR	Jeanette Flynn	QLD	5m 45.40s	2014
M65	AR	Kevin Solomon	VIC	4m 52.81s	2014	W65	AR	Paula Moorhouse	NSW	6m 33.37s	2014
M70	AR	Peter Sandery	SA	5m 20.16s	2012						
M80	AR	Rad Leovic	ACT	8m 19.76s	2010						
M85	AR	Rad Leovic	ACT	9m 28.87s	2014						
<b>MILE</b>											
M30	AR	Brendan Whelan	QLD	4m 31.43s	2008						
M45	AR	Colin Dalton	NSW	5m 34.88s	2016						
M55	AR	Robert Pearce	SA	5m 25.02s	2008						
M60	AR	Kevin Solomon	VIC	5m 01.62s	2008						
M65	AR	Peter Sandery	SA	5m 22.70s	2008						
<b>3000 METRES</b>						<b>3000 METRES</b>					
M30	AR	Brendan Whelan	QLD	9m 02.38s	2008						
M45	AR	John Lisiewicz	SA	9m 23.74s	2008						
M50	AR	Roger Pilkington	ACT	12m 24.33s	2012						
M55	AR	Kevin Solomon	VIC	9m 30.32s	2004	W55	AR	Anne Ryan	QLD	12m 28.31s	2014
M60	AR	Kevin Solomon	VIC	10m 11.85s	2008						
M65	AR	Peter Sandery	SA	10m 36.54s	2008						
M70	AR	Peter Sandery	SA	11m 16.60s	2012						
M80	AR	Rad Leovic	ACT	15m 56.73s	2008						
M85	AR	Rad Leovic	ACT	19m 59.79s	2014						
<b>60 METRES HURDLES</b>						<b>60 METRES HURDLES</b>					
M45	AR	Kris Wardecki	NSW	10.12s	2014	W40	AR	Marie Kay	NSW	9.71s	2004
M55	AR	Steve McGugan	NSW	9.94s	2010	W45	AR	Marie Kay	NSW	9.43s	2006
M60	AR	Conrad Burge	ACT	9.78s	2012	W50	AR	Marie Kay	QLD	9.55s	2010
M70	AR	Don Chambers	VIC	10.54s	2010	W55	AR	Robyn Suttor	NSW	10.53s	2014
M75	AR	Don Chambers	VIC	11.33s	2014	W60	AR	Wilma Perkins	QLD	10.81s	2010
M80	AR	Rad Leovic	ACT	15.33s	2008	W65	AR	Marge Allison	QLD	11.05s	2010
M85	AR	Rad Leovic	ACT	25.35s	2014						
<b>3000 METRES WALK</b>						<b>3000 METRES WALK</b>					
M40	AR	Dean Nipperess	QLD	13m 19.77s	2014	W55	AR	#Lyn Ventris	WA	14m 51.24s	2012
M50	AR	Mark Donahoo	VIC	13m 55.43s	2012	W60	AR	Heather Carr	VIC	15m 54.75s	2010
M55	AR	Mark Donahoo	VIC	14m 17.18s	2014	W70	AR	Lynne Schickert	WA	21m 38.23s	2012
M65	AR	Andrew Jamieson	VIC	14m 39.77s	2012						
<b>HIGH JUMP</b>						<b>HIGH JUMP</b>					
M40	AR	Howard Arbuthnot	QLD	1.65m	2010	W40	AR	Irie Hill	VIC	1.52m	2010
M50	AR	Roger Pilkington	ACT	1.32m	2010	W45	AR	Marie Kay	NSW	1.51m	2006
M55	AR	John Fienieg	NSW	1.48m	2012	W50	AR	Marie Kay	QLD	1.51m	2010
M60	AR	Steve McGugan	NSW	1.33m	2012	W60	AR	Wilma Perkins	QLD	1.23m	2012
M70	AR	Ken Daniels	QLD	1.14m	2010	W65	AR	Marge Allison	QLD	1.17m	2010
M75	AR	Don Chambers	VIC	1.15m	2014						
M80	AR	Rad Leovic	ACT	0.99m	2008						
M85	AR	Rad Leovic	ACT	0.91m	2014						
<b>LONG JUMP</b>						<b>LONG JUMP</b>					
M50	AR	Roger Pilkington	ACT	3.25m	2010	W35	AR	Melissa Foster	WA	5.71m	2014
M55	AR	Viddy Jermacans	QLD	4.99m	2006	W40	AR	Marie Kay	NSW	5.13m	2004
M60	AR	Viddy Jermacans	QLD	4.27m	2010	W45	AR	Marie Kay	QLD	5.57m	2008
M70	AR	Don Chambers	VIC	3.93m	2010	W50	AR	Marie Kay	QLD	5.20m	2012
M75	AR	Don Chambers	VIC	3.63m	2014	W60	AR	Wilma Perkins	QLD	4.09m	2010
M80	AR	Rad Leovic	ACT	3.11m	2008	W65	AR	Jean Hampson	QLD	3.35m	2014
M85	AR	Rad Leovic	ACT	2.26m	2014	W70	AR	Lynne Schickert	WA	2.68m	2012
<b>TRIPLE JUMP</b>						<b>TRIPLE JUMP</b>					
M50	AR	Nick Hodgson	VIC	12.50m	2014	W35	AR	Melissa Foster	WA	11.82m	2014
M55	AR	Viddy Jermacans	QLD	8.88m	2006	W40	AR	Julie Brims	QLD	10.52m	2010
M60	AR	Viddy Jermacans	QLD	8.11m	2010						
M70	AR	Don Chambers	VIC	8.24m	2010	W70	AR	Lynne Schickert	WA	5.46m	2012
M75	AR	Don Chambers	VIC	7.75m	2014						



M80	AR	Rad Leovic	ACT	6.98m	2008						
M85	AR	Rad Leovic	ACT	4.82m	2014						
<b>POLE VAULT</b>						<b>POLE VAULT</b>					
M35	AR	Warren Hill	VIC	3.00m	2004	W40	AR	Irie Hill	VIC	3.65m	2010
M40	AR	Howard Arbuthnot	QLD	4.40m	2010	W45	AR	Dawn Hartigan	VIC	3.35m	2004
M75	AR	Don Chambers	VIC	2.10m	2013	W60	AR	Wilma Perkins	QLD	2.40m	2010
M85	AR	Rad Leovic	ACT	1.00m	2014						
<b>SHOT PUT</b>						<b>SHOT PUT</b>					
M35	AR	Grzegorz Urbanowicz	WA	12.19m	2014	W40	AR	Caroline Layt	QLD	9.72m	2010
M50	AR	Roger Pilkington	ACT	7.13m	2010	W45	AR	Caroline Layt	NSW	10.93m	2014
M55	AR	Lajos Joni	NSW	10.49m	2014	W50	AR	Marie Kay	QLD	12.30m	2010
M60	AR	Bob Banens	ACT	11.31m	2010	W55	AR	Jill Taylor	NSW	9.71m	2014
M70	AR	Don Chambers	VIC	9.98m	2010	W60	AR	Wilma Perkins	QLD	8.80m	2012
M75	AR	Don Chambers	VIC	8.98m	2014	W65	AR	Mary Thomas	NSW	8.42m	2014
M80	AR	Rad Leovic	ACT	7.37m	2008						
M85	AR	Rad Leovic	ACT	6.34m	2014						
<b>WEIGHT THROW</b>						<b>WEIGHT THROW</b>					
M35	AR	Grzegorz Urbanowicz	WA	13.84m	2014	W40	AR	Althea Mackie	QLD	12.61m	2014
M50	AR	Terrence Gibbs	NSW	14.25m	2007	W45	AR	Caroline Layt	NSW	11.67m	2014
M55	AR	Lajos Joni	NSW	14.97m	2014	W55	AR	Jill Taylor	NSW	11.36m	2014
M60	AR	Bob Banens	ACT	14.44m	2010	W65	AR	Jan Banens	ACT	12.47m	2010
M70	AR	Don Chambers	VIC	12.05m	2010						
M75	AR	Don Chambers	VIC	11.36m	2014						
M80	AR	Rad Leovic	ACT	7.52m	2010						
M85	AR	Rad Leovic	ACT	6.93m	2014						
<b>56LB WEIGHT THROW</b>						<b>56LB WEIGHT THROW</b>					
M50	AR	Terrence Gibbs	NSW	7.08m	2007						
M55	AR	Terrence Gibbs	NSW	7.00m	2010						
<b>PENTATHLON</b>			Re-scored with 2010 Tables			<b>PENTATHLON</b>					
M50	AR	Roger Pilkington	ACT	1,382 points	2010	W40	AR	Marie Kay	NSW	3,431 points	2004
(60mH dnf, HJ 1.32m, SP 7.13m, LJ 3.25m, 1000m 4m 12.78s)						(60mH 9.71s, HJ 1.45m, SP 8.80m, LJ 5.13m, 800 2:57.32)					
M55	AR	John Fienieg	NSW	2,932 points	2012	W45	AR	Marie Kay	NSW	4,312 points	2006
(60mH 11.45s, LJ 4.57m, SP 8.51m, HJ 1.48m, 1000m 3m 43.62s)						(60mH 9.43s, HJ 1.51m, SP 10.02m, LJ 5.41m, 800 2:39.79)					
M60	AR	Viddy Jermacans	QLD	2,505	2010	W50	AR	<b>#Marie Kay</b>	QLD	<b>4,758 points</b>	<b>2010</b>
(60mH 12.51s, HJ 1.28m, SP 8.06m, LJ 4.12m, 1000m 4m 09.49s)						(60mH 9.55s, HJ 1.51m, SP 12.30m, LJ 5.16m, 800 2:46.78)					
M70	AR	Don Chambers	VIC	2,990 points	2010	W60	AR	Wilma Perkins	QLD	3,473 points	2014
(60mH 10.73s, HJ 1.11m, SP 8.85m, LJ 3.70m, 1000m 5m 00.31s)						(60mH 11.28s, HJ 1.18m, SP 7.96m, LJ 3.96m, 800m 3:48.42)					
M75	AR	Don Chambers	VIC	2,968 points	2014	W65	AR	Marge Allison	QLD	3,799 points	2010
(60mH 11.33s, HJ 1.15s, SP 8.98m, LJ 3.63m, 1000m DNF)						(60mH 11.53s, HJ 1.17m, SP 6.57m, LJ 3.13m, 800 3:08.99)					
M80	AR	Rad Leovic	ACT	2,883 points	2008						
(60mH 15.33s, LJ 2.91m, SP 7.37m, HJ 0.99m, 1000m 4m 47.96s)											
M85	AR	Rad Leovic	ACT	2,231 points	2014						
(60mH 25.35s, HJ 0.91m, SP 6.34m, LJ 2.26m, 1000m 5m 35.95s)											
<b>4 x 200 METRES RELAY</b>						<b>4 x 200 METRES RELAY</b>					
M40	AR	Kris Wardecki 41	NSW	1m 37.56s	2010	W35	AR	Ranell Hobson 37	NSW	2m 08.29s	2010
		Ken Telfer 42	ACT					Kathy Heagney 59	VIC		
		Stephen Jones 46	QLD					Amanda Coombe 42	TAS		
		Andrew Wilcox 41	VIC					Caroline Layt 44	NSW		
M50	AR	Colin Pocklington 51	VIC	1m 51.99s	2010	W40	AR	Jacqueline Bezuidenhout	NSW	1m 49.98s	2008
		Robert Pearce 58	SA					Caroline Layt 42	NSW		
		John Fienieg 55	NSW					Janet Naylon 41	NSW		
		Stuart Paterson 53	NSW					Marie Kay 48	QLD		
M55	AR	Wayne Marriott	NSW	2m 04.87s	2012	W45	AR	Robyn Suttor 55	NSW	2m 00.02s	2014
		Stuart Paterson	NSW					Gianna Mogentale 50	NSW		
		John Fienieg	NSW					Caroline Layt 49	NSW		
		Peter Sandery	SA					Janet Naylon 47	NSW		
M60	AR	Bill Carr	VIC	1m 57.95s	2012	W60	AR	Lynne Choate 61	WA	2m 07.39s	2014
		Conrad Burge	ACT					Wilma Perkins 64	QLD		

	Steve McGugan	NSW				Linda Lynch 60	QLD		
	Peter Crombie 67	NSW				Jeanette Flynn 62	QLD		