

MA CHAMPIONSHIP RECORDS as at 30 April 2015

* indicates 2014/15 changes

AGE	N A M E	STATE	TIME	YEAR	AGE	NAME
	60 METRES		MEN			60 METRES
M30	**ROBERT VIDLER	VIC	6.96s	2011	W30	**FIONA CULLEN
M35	**ROBERT VIDLER	VIC	7.21s	2012	W35	WENDY SEEGER
M40	GREGORY SMITH	NSW	7.24s	2013	W40	**GIANNA MOGENTALE
M45	KRZYSZTOF WARDECKI	NSW	7.53s	2014	W45	**JULIE BRIMS
M50	RUDY KOCIS	WA	7.59s	2012	W50	**GIANNA MOGENTALE
M55	GARRY RALSTON	WA	7.77s	2012	W55	LYNNE CHOATE
M60	KEITH HOWDEN	VIC	8.13s	2009	W60	WENDY SHEAVES-DORAN
M65	**ROB MCDONALD	QLD	8.10s	2010	* W65	**EVELYN PEAKE
M70	**GLEN WILSON	QLD	8.41s	2011	W70	ANNETTE HORSNELL
M75	**HUGH COOGAN	QLD	8.92s	2011	W75	ANN COOPER
M80	RICHARD HUGHES	NSW	9.47s	2012	W80	**GWENDOLIN GLEESON
M85	MAURICE DAUPHINET	QLD	10.98s	2012	W85	**GWENDOLIN GLEESON
M90	**JIM SINCLAIR	VIC	12.12s	2015		
	100 METRES					100 METRES
M30	ROBERT VIDLER	VIC	11.05s	2011	W30	LORRAINE GRAINGER
M35	JOHN DUBLEWICZ	NSW	10.9s	1991	W35	D. IRWIN
M40	REG AUSTIN	NSW	11.12s	1981	W40	GIANNA MOGENTALE
M45	HAL THOMAS	SA	11.56s	1981	W45	JULIE BRIMS
M50	**LLOYD SNELLING	SA	11.56s	1981	W50	**JULIE FORSTER
M55	HAL THOMAS	SA	11.63s	1992	W55	LYNNE CHOATE
M60	**BERNIE HOGAN	QLD	12.15s	1981	W60	**ANN COOPER
M65	JOHN COOPER	QLD	12.68s	2006	W65	DAPHNE PIRIE
M70	**BOB WISHART	VIC	13.28s	2012	W70	ANNETTE HORSNELL
M75	HUGH COOGAN	QLD	13.98s	2012	W75	**ANN COOPER
M80	**LEO COFFEY	VIC	15.27s	2011	W80	RUTH FRITH
M85	JAMES SINCLAIR	VIC	17.68s	2011	W85	**GWEN GLEESON
M90	JAMES SINCLAIR	VIC	20.30s	2015	W90	**MARGARET PROWSE
	200 METRES					200 METRES
M30	MARK ROSENBERG	NSW	22.13s	1994	W30	MELISSA MEDLICOTT
M30	JAY STONE	NSW	22.13s	2013		
M35	KEVIN SILVER	QLD	22.29s	1987	W35	MELISSA MEDLICOTT
M40	BRENDON WILSON	SA	22.54s	1983	W40	JULIE BRIMS
M45	REG AUSTIN	NSW	22.6s	1984	W45	**JULIE BRIMS
M50	**REG AUSTIN	NSW	23.1s	1987	W50	**MARGE ALLISON
M55	REG AUSTIN	NSW	24.26	1994	W55	WENDY SHEAVES DORAN
M60	REG AUSTIN	NSW	24.93s	1999	W60	**ANN COOPER
M65	JOHN COOPER	QLD	26.17s	2004	W65	**MARGE ALLISON
M70	HUGH COOGAN	QLD	27.46s	2006	W70	ANN COOPER
M75	**HUGH COOGAN	QLD	28.83s	2011	W75	ANN COOPER
M80	**MIKE JOHNSTON	VIC	31.82s	2002	W80	SHIRLEY BRASHER
M85	HARRY GATHERCOLE	QLD	36.78s	1993	* W85	**GWEN GLEESON
M90	JIM SINCLAIR	VIC	43.69s	2015		
	400 METRES					400 METRES
M30	**MARK ROSENBERG	NSW	48.35s	1994	W30	**GLENDA DOUGLASS
M35	ROBERT MCCUBBIN	VIC	49.46s	2002	W35	MARIE KAY
M40	**ROBERT MCCUBBIN	VIC	49.33s	2004	W40	JUDY POLLOCK
M45	ANDREW WILCOX	VIC	51.36s	2015	* W45	JANELLE DELANEY
M50	LLOYD SNELLING	SA	52.5s	1981	W50	MARGE ALLISON
M55	STUART HAYWARD	NSW	55.11s	2005	W55	BARBARA BLURTON
M60	**PETER CROMBIE	NSW	56.85s	2005	W60	MARGE ALLISON
M65	COLIN BUYERS	QLD	59.85s	2009	* W65	EVELYN PEAKE
M70	HUGH COOGAN	QLD	62.17s	2006	W70	ANNE STOBAUS
M75	HUGH COOGAN	QLD	65.88s	2012	W75	CORRINE COLLINS
M80	DAVID CARR	WA	72.83s	2013	W80	**SHIRLEY BRASHER
M85	HARRY GATHERCOLE	QLD	93.5s	1993	W85	**MARGARET PROWSE
M90	**JIM SINCLAIR	VIC	1m 51.93s	2015		
	800 METRES					800 METRES
M30	**PAUL SCHNYDER	VIC	1m 55.40s	1997	W30	DEBBIE LANGE
M35	BRETT HALLS	NSW	1m 53.96s	2013	W35	ANNE HOLCOMBE
M40	ROBERT MCCUBBIN	VIC	1m 55.88s	2004	W40	**SUZY COLE
M45	KEITH WHEELER	WA	2m 00.0s	1989	W45	BARBARA BLURTON
M45	ROBERT SCHWERKOLT	VIC	2m 00.00s	2011	W50	JENNY FLYNN
M50	TOM ROBERTS	VIC	2m 00.7s	1984	W55	BARBARA BLURTON
M55	PAUL CRITCHLEY	NSW	2m 06.55s	1998	W60	JAN MORREY
M60	DAVID CARR	WA	2m 16.28s	1993	W65	ANNE STOBAUS
M65	ALAN BRADFORD	QLD	2m 22.15s	2004	W70	ANNE STOBAUS
M70	DAVID CARR	WA	2m 29.64s	2004	W75	CORRINE COLLINS

M75	DAVID CARR	WA	2m 38.5s	2009	W80	SHIRLEY BRASHER
M80	DAVID CARR	WA	2m 54.83s	2013	W85	**MARGARET PROWSE
M85	KEN MATCHETT	VIC	4m 23.94s	2007		
M90	**ALEX PITTENDRICH	QLD	4m 28.2s	1997		
	1500 METRES					1500 METRES
M30	BRENDAN GRAY	QLD	4m 06.17s	2004	W30	T. BELL
M35	ALBIE THOMAS	NSW	3m 58.5s	1974	W35	MARCIA SHEER
M40	**ALBIE THOMAS	NSW	3m 55.4s	1975	W40	**SUZY COLE
M45	**KEITH WHEELER	WA	4m 02.1s	1989	W45	DOT BROWNE
M50	RON YOUNG	VIC	4m 20.95s	1981	W50	JENNY FLYNN
M55	JACK RYAN	VIC	4m 27.2s	1982	W55	ROBYN BASMAN
M60	BERT CARSE	WA	4m 40.11s	2002	W60	JEANETTE FLYNN
M65	DONALD MATHEWSON	NSW	4m 51.60s	2011	W65	LAVINIA PETRIE
M70	JOHN GILMOUR	WA	5m 10.2s	1991 *	W70	LAVINIA PETRIE
M75	RANDALL HUGHES	VIC	5m 32.09s	1999	W75	HELEN AGOSTINI
M80	DAVID CARR	WA	6m 31.59s	2014	W80	**SHIRLEY BRASHER
M85	KEN MATCHETT	VIC	8m 51.48s	2007		
M90	ALEX PITTENDRICH	QLD	11m 04.39s	1998		
	5000 METRES					5000 METRES
M30	PAUL WILSON	VIC	15m 08.60s	2002	W30	BILLINDA SCHIPP
M35	**GARY HAND	ACT	14m 36.8s	1985	W35	MARCIA SHEER
M40	ALBIE THOMAS	NSW	14m 50.8s	1975	W40	GLENDA BANAGHAN
M45	DAVE POWER	NSW	15m 33.6s	1975	W45	**DOT BROWNE
M50	JIM LANGFORD	WA	16m 02.7s	1996	W50	**BRONWEN CARDY
M55	JOHN GILMOUR	WA	16m 28.3s	1975	W55	BRONWEN CARDY
M60	JOHN GILMOUR	WA	16m 38.3s	1982	W60	LAVINIA PETRIE
M65	JOHN GILMOUR	WA	17m 44.4s	1986	W65	LAVINIA PETRIE
M70	JOHN GILMOUR	WA	18m 47.0s	1990	W70	**LAVINIA PETRIE
M75	**RANDALL HUGHES	VIC	20m 18.04s	1999	W75	**SHIRLEY YOUNG
M80	BILL BURRIDGE	NSW	24m 39.08s	2006		
M85	**IRWIN BARRETT-LENNARD	WA	28 50.90s	2015		
	10,000 METRES					10,000 METRES
M30	PAUL WILSON	VIC	31m 50.16s	2002	W30	**BILLINDA SCHIPP
M35	**ERIC COYLE	TAS	29m 58.6s	1985	W35	DESIREE LETHERBY
M40	STEVE AUSTIN	VIC	30m 23.18s	1992	W40	DOT BROWNE
M45	DAVE POWER	NSW	32m 10s	1974	W45	**BRONWEN CARDY
M50	DAVID SWEENEY	QLD	33m 03.74s	2015	W50	THERESIA BAIRD
M55	JOHN GILMOUR	WA	34m 19s	1976	W55	**BRONWEN CARDY
M60	JOHN GILMOUR	WA	35m 10s	1980	W60	LAVINIA PETRIE
M65	PETER SANDERY	SA	37m 40.41	2007	W65	LAVINIA PETRIE
M70	JOHN GILMOUR	WA	39m 49s	1990	W70	**LAVINIA PETRIE
M75	**RANDALL HUGHES	VIC	43m 05.41s	2000	W75	SHIRLEY YOUNG
M80	**BILL BURRIDGE	NSW	50m 23.45s	2006		
M85	**KEN MATCHETT	VIC	60m 52.92s	2007		
	HALF MARATHON					HALF MARATHON
M30	ANDREW ALLISON	TAS	1h 15m 06s	2010	W30	KAREN WATSON
M35	CHRIS CHAPMAN	TAS	1h 16m 01s	2012	W35	LISA DAVIS
M40	NEIL PEARSON	NSW	1h 13m 30s	2015	W40	SANDRA PROSENICA
M45	BRUCE GRAHAM	ACT	1h 13m 05s	2010	W45	GLENDA BANAGHAN
M50	PHILIP CLARKE	TAS	1h 17m 23s	2012	W50	DONNA DEW
M55	RON PETERS	QLD	1h 18m 20s	2013	W55	ANNE RYAN
M60	CHARLES CHAMBERS	VIC	1h 24m 18s	2014	W60	JANET UPCHER
M65	REX WAGNER	TAS	1h 28m 47s	2014	W65	LAVINIA PETRIE
M70	BARRY BROOKS	VIC	1h 32m 45s	2012	W70	LAVINIA PETRIE
M75	ALLAN WAREHAM	NSW	2h 07m 14s	2015		
M80	BILL PAGE	VIC	2h 00m 04s	2011		
M85	GORDON MCKEOWN	VIC	3h 06m 09s	2010		
	MARATHON					MARATHON
M30	STEVE EVANS	?	2h 27m 25s	1995	W30	CAROL EY
M35	GARRY HAND	ACT	2h 23m 38s	1985	W35	SUSAN HOBSON
M40	**GARRY HAND	ACT	2h 19m 00s	1987	W40	JOANNE COWAN
M45	BILL RAIMOND	NSW	2h 29m 07s	1982	W45	**BEV LUCAS
M50	TONY LARKUM	NSW	2h 36m 30s	1991	W50	BEV LUCAS
M55	JOHN GILMOUR	WA	2h 40m 56s	1978	W55	JANET UPCHER
M60	COLIN MCLEOD	QLD	2h 47m 22s	1999	W60	MARIE O'DONOVAN
M65	**COLIN MCLEOD	QLD	2h 54m 41s	2003	W65	**LAVINIA PETRIE
M70	COLIN MCLEOD	QLD	3h 04m 07s	2006	W70	LESLEY LE VALLIANT
M75	RANDALL HUGHES	VIC	3h 40m 47s	1999	W75	NORMA WALLETT
M80	KEN MATCHETT	VIC	5h 17m 41s	2003		
M85	KEN MATCHETT	VIC	5h 25m 19s	2007		

3000 METRES STEEPLECHASE					2 km STEEPLECHASE	
M30	BRENDAN GRAY	QLD	10m 05.24s	2004	W30	MARY FIEN
M35	JEFF BRODERICK	VIC	9m 13s	1991	W35	MARY FIEN
M40	DOUG WORLING	QLD	9m 31.6s	1975	W40	ELAINE COOPER
M45	DOUG WORLING	QLD	9m 50.66s	1981	W45	ANTOINETTE SHAW
M50	ALAN BRADFORD	QLD	10m 15.1s	1991	W50	JANUS WRIGHT
M55	ALAN BRADFORD	QLD	10m 29.16s	1994	W55	**ANTOINETTE SHAW
	2 km STEEPLECHASE		new height	30"	W60	HEATHER CARR
M60	ALAN BRADFORD	QLD	7m 05.51s	1999	W65	**GILLIAN YOUNG
M65	ALAN BRADFORD	QLD	7m 28.46s	2004	W70	**ANNE LANG
M70	**ALAN BRADFORD	QLD	8m 20.95s	2009		
M75	**DAVID CARR	WA	8m 56.59s	2008		
M80	DAVID CARR	WA	9m 52.23s	2014		
M85	KEN MATCHETT	VIC	13m 23.05s	2007		
	110 METRES HURDLES .991m/3'3"					100 METRES HURDLES
M30	GREG EYEARS	NSW	14.76s	2014	W30	EILEEN HINDLE
M35	**TERRY BALDWIN	VIC	15.10s	1998	W35	EILEEN HINDLE
M40	CONRAD BURGE	ACT	15.5s	1991		80 METRES HURDLES
M45	**HARRY GILES	QLD	15.5s	1990	W40	EILEEN HINDLE
	100 METRES HURDLES .914m/3'				W45	MARIE KAY
M50	MICK STEVENSON	TAS	15.2s	1991	W50	**SALLY STAGLES
M55	**HARRY GILES	QLD	15.42s	1994	W55	BRENDA PARKINSON
	100 METRES HURDLES .840m/2'9"					80 METRES HURDLES
M60	HARRY GILES	QLD	16.68s	2005	W60	MARGARET TAYLOR
M65	MICK STEVENSON	TAS	16.95s	2007 *	W65	MARGARET TAYLOR
	80 METRES HURDLES .762m/2'6"				W70	ANNA ZEITZEN-VANDEBURG
M70	**MICK STEVENSON	TAS	14.13s	2011		
M75	**FRED O'CONNOR	NSW	15.78s	1999		
M80	**FRED O'CONNOR	NSW	18.64s	2005		
M85	STAN STANKOVIC	VIC	34.62s	2008		
	400 METRES HURDLES .914m/3'					400 METRES HURDLES
M30	STEPHEN RAE	TAS	55.72s	2011	W30	**GLENDA DOUGLASS
M35	HARRYGILES	QLD	56.09s	1981 *	W35	JANETTE VAN DEN BULK
M40	HARRYGILES	QLD	56.73s	1988	W40	STACEY QUITZAU
M45	HARRYGILES	QLD	58.8s	1990	W45	**JAN HYNES
	JOHN MOLLOY	WA	58.8s	1996		300 METRES HURDLES
	400 METRES HURDLES .840m/2'9"				W50	MICHELE HOSSACK
M50	HARRY GILES	QLD	62.14s	1994	W55	MARGARET TWEEDIE
M55	**RICHARD TREMBATH	VIC	62.60s	1999		300 METRES HURDLES
	300 METRES HURDLES .762m/2'6"				W60	MARGE ALLISON
M60	RICHARD TREMBATH	VIC	45.24s	2003	W65	**FRANCES HARRIS
M65	JOHN LAMB	NSW	49.05s	2015		200 METRES HURDLES
	300 METRES HURDLES .686m/2'3" from 2000				* W70	FRAN HARRIS
M70	MICK STEVENSON	TAS	53.32s	2012		
M75	JACK THACKRAY	ACT	59.68s	2007		
M80	**FRED O'CONNOR	NSW	66.33s	2004		
	300 METRES HURDLES .686m/2'3"					
M80	RAD LEOVIC	ACT	63.25s	2011		
	200 METRES HURDLES .686m/2'3"					
M80	**OSMO MILLRIDGE	NSW	44.11s	2012		
	1500m TRACK WALK					1500m TRACK WALK
M30	PAUL CROTHERS	QLD	11m 26.83s	2011	W30	JUSTIJANA ROSEMAN
M35	AARON MCDONOUGH	VIC	7m 00.62s	2012	W35	KYLIE IRSHAD
M40	DEAN NIPPERESS	QLD	6m 06.67s	2014	W40	LYNETTE SMITH
M45	JAMES CHRISTMASS	VIC	6m 27.58s	2014	W45	ANN STAUNTON-JUGOVIC
M50	MARK DONAHOO	VIC	6m 41.86s	2011	W50	PAM TINDAL
M55	PETER BENNETT	QLD	6m 48.21s	2011 *	W55	PAM TINDAL
M60	COLIN HEYWOOD	NT	7m 08.43s	2015	W60	HEATHER CARR
M65	ANDREW JAMIESON	VIC	7m 15.85s	2015 *	W65	HEATHER CARR
M70	**RALPH BENNETT	VIC	8m 00.40s	2012	W70	GWEN STEED
M75	BOB GARDINER	VIC	8m 35.84s	2012	W75	SYLVIA BYERS
M80	**OSMO MILLRIDGE	NSW	9m 54.62s	2012	W80	CHRISTIANE DAUPHINET
M85	COLIN HAINSWORTH	SA	11m 56.27s	2015	W85	HEATHER LEE
M90	**PETER KENNEDY	WA	16m 11.60s			
	5km TRACK WALK					5km TRACK WALK
M 30	IGNACIO JIMENEZ	QLD	22m 55.1s	1995	W30	MIRIAM HARDING
M 35	DAVID SMITH	QLD	20m 43.8s	1995	W35	KELLY RUDDICK
M 40	DAVID SMITH	QLD	21m 26.18s	1998	W40	LYN VENTRIS
M 45	JOHN SMITH	NSW	22m 32s	1984	W45	LYN VENTRIS
M 50	ANDREW JAMIESON	VIC	23m 15.65s	1999	W50	**LYN VENTRIS

M 55	BOB GARDINER	VIC	23m 40.1s	1991	W55	HEATHER CARR
M 60	ANDREW JAMIESON	VIC	23m 40.81s	2009	W60	**HEATHER CARR
M 65	ANDREW JAMIESON	VIC	24m 54.01s	2015	W65	BRENDA RILEY
M 70	**TOM DAINTRY	VIC	27m 01.8s	1982	W70	**JEAN ALBURY
M 75	TOM DAINTRY	VIC	28m 43.86s	1987	W75	JEAN ALBURY
M 80	TOM DAINTRY	VIC	30m 42.80s	1992	W80	NANCE JEFFREYS
M 85	**GUS THEOBALD	VIC	33m 14.2s	1982	W80	CHRISTIANE DAUPHINET
M 90	**GUS THEOBALD	VIC	35m 10s	1987	W85	HEATHER LEE
	10km ROAD WALK (Best times, not records)					10 KM ROAD WALK (Best times, not r
M30	ADAM PATTERSON	VIC	1h 07m 06s	2007	W30	LORRAINE JACHNO
M35	AARON MCDONOUGH	VIC	51m 07s	2012	W35	KELLY RUDDICK
M40	DEAN NIPPERESS	QLD	49m 39s	2012	W40	**LYN VENTRIS
M45	IGNACIO JIMENEZ	QLD	49m 27s	2011	W45	LYN VENTRIS
M50	MARK DONAHO	VIC	50m 38.3s	2010	W50	**LYN VENTRIS
M55	COLIN HEYWOOD	ACT	50m 17s	2011	W55	HEATHER CARR
M60	ANDREW JAMIESON	VIC	50m 02s	2011	W60	**HEATHER CARR
M65	ANDREW JAMIESON	VIC	53m 44s	2014	W65	BRENDA RILEY
M70	RALPH BENNETT	VIC	56m 29s	2012	W70	**JEAN ALBURY
M75	**BOB GARDINER	VIC	59m 55s	2012	W75	LORNA THOMPSON
M80	RICHARD KEATINGE	QLD	1h 11m 10.5s	2003	W75	CHRISTIANE DAUPHINET
M85	RICHARD KEATINGE	QLD	1h 20m 12s	2009	W80	NANCE JEFFREYS
					W85	**HEATHER LEE
	20km ROAD WALK (Best times, not records)					20km ROAD WALK (Best times, not r
M30	RICHARD EVERSON	SA	1h 42m 44s	1998		unclaimed
M35	CHRIS LOCKWOOD	NSW	1h 37m 03s	2001	W35	SARAH BRENNAN
M40	GEORGE WHITE	VIC	1h 37m 53s	1990	W40	**KELLY RUDDICK
M45	JOHN SMITH	NSW	1h 37m 16s	1984	W45	DONNA ELMS
M50	ANDREW JAMIESON	VIC	1h 38m 58s	1997	W50	LYNETTE VENTRIS
M55	ANDREW JAMIESON	VIC	1h 39m 44s	2006	W55	BARBARA BRYANT
M60	ANDREW JAMIESON	VIC	1h 38m 18s	2007	W60	HEATHER CARR
M65	RUSSELL DICKENSON	VIC	1h 55m 33s	2011	W65	JOAN PURCELL
M70	RALPH BENNETT	VIC	1h 57m 35s	2012	W70	MARLAINE STANWAY
M75	TOM DAINTRY	VIC	2h 06m 40s	1987	W75	MARGARET BEAUMONT
M80	A. WARBURTON	VIC	2h 58m 57s	1988		
M85	GUS THEOBALD	VIC	2h 28m 24s	1983		
M90	**GUS THEOBALD	VIC	2h 34m 01s	1987		
	HIGH JUMP					HIGH JUMP
M30	TERRY BALDWIN	VIC	1.90m	1994	W30	**LYNETTE SMITH
M35	CLAYTON TOMPKINS	NSW	1.85m	1988	W35	LYNETTE SMITH
M40	**GRAEME MORRISH	VIC	1.95m	1982	W40	DEANN MAYFIELD
M45	BEN DICKSON	QLD	1.78m	2011	W45	MARGARET TAYLOR
M50	JOHN HUNT	ACT	1.74m	1992	W45	DEANN MAYFIELD
M55	JOHN HUNT	ACT	1.68m	1997 *	W45	KAREN CARAH
M55	CLAYTON TOMPKINS	NSW	1.68m	2008 *	W45	LENORE LAMBERT
M60	**CLAYTON TOMPKINS	NSW	1.61m	2013	W50	**MARIE KAY
M65	JOHN SEARLE	NSW	1.46m	2014	W55	**MARGARET TAYLOR
M70	**ALAN ROLFE	QLD	1.41m	1999	W60	MARGARET TAYLOR
M75	**GORDON GOURLAY	VIC	1.33m	2005 *	W65	MARGARET TAYLOR
M80	VIC YOUNGER	QLD	1.17m	1994	W70	**GWEN DAVIDSON
M85	VIC YOUNGER	QLD	1.05m	1998	W75	GWEN DAVIDSON
M90	**VIC YOUNGER	VIC	0.95m	2004		
	LONG JUMP					LONG JUMP
M30	TERRY BALDWIN	VIC	6.46m	1994	W30	EILEN HINDLE
M35	CLAYTON TOMPKINS	NSW	6.73m	1986	W35	EILEN HINDLE
M40	ROBERT LEHMANN	VIC	6.66m	2012	W40	HELEN SEARLE
M45	P. VALLANCE	NSW	6.26m	1991	W45	MARIE KAY
M50	GRAHAM TAYLOR	ACT	5.76m	1997	W50	**MARIE KAY
M55	DON FRASER	ACT	5.69m	1994	W55	**MARGARET TAYLOR
M60	DON FRASER	ACT	5.27m	1999	W60	MARGARET TAYLOR
M65	JOHN SEARLE	NSW	5.04m	2014 *	W65	**MARGARET TAYLOR
M70	DAVID CLIVE	WA	4.57m	2009	W70	PAT CARR
M75	**DAVID CLIVE	WA	4.42m	2012	W75	MIRIAM CUDMORE
M80	**FRED O'CONNOR	NSW	3.60m	2004	W80	RUTH FRITH
M85	MAURICE DAUPHINET	QLD	2.98m	2011		
M90	ALEX PITTENDRICH	QLD	2.14m	1998		
	TRIPLE JUMP					TRIPLE JUMP
M30	ROGER GROPP	VIC	13.10m	1997	W30	**MAREE BUGEJA
M35	CLAYTON TOMPKINS	NSW	14.19m	1988 *	W35	**MELISSA FOSTER
M40	DEREK BOOSEY	QLD	14.01m	1987	W40	JULIE BRIMS
M45	NICK HODGSON	VIC	12.98m	2013	W45	MARGARET TAYLOR

M50	NICK HODGSON	VIC	12.40m	2014	W50	MARGARET TAYLOR
M55	KEN McCONNELL	TAS	12.19m	1980	W55	**MARGARET TAYLOR
M55	CLAYTON TOMPKINS	NSW	12.19m	2010	W60	MARGARET TAYLOR
M60	CLAYTON TOMPKINS	NSW	11.75m	2013 *	W65	**MARGARET TAYLOR
M65	KEN McCONNELL	TAS	10.58m	1990	W70	PAT CARR
M70	**FRED O'CONNOR	NSW	9.85m	1994	W75	**MIRIAM CUDMORE
M75	FRED O'CONNOR	NSW	8.92m	2000	W80	RUTH FRITH
M80	**FRED O'CONNOR	NSW	8.23m	2004		
M85	VIC YOUNGER	QLD	5.87m	1998		
M90	ALEX PITTENDRICH	QLD	5.50m	1998		
	POLE VAULT					POLE VAULT
M30	WARREN EVANS	QLD	3.65m	2005	W30	MONTSE ROS
M35	GEOFF GIBBONS	TAS	4.10m	2014	W35	IRIE HILL
M40	HOWARD ARBUTHNOT	QLD	4.20m	2011	W40	IRIE HILL
M45	BRUCE ARNOLD	QLD	3.70m	2000	W45	DAWN HARTIGAN
M50	BRUCE ARNOLD	QLD	3.65m	2005	W50	DAWN HARTIGAN
M55	GARVIN BROWN	QLD	3.20m	1986	W55	**DAWN HARTIGAN
M55	JIM POULTER	VIC	3.20m	1997	W60	**WILMA PERKINS
M55	WILLIAM TYLER	NSW	3.20m	2015 *	W65	**WILMA PERKINS
M60	KEN PRIESTLEY	VIC	3.20m	1999		
M65	ROB BARCLAY	VIC	3.10m	2004		
M65	GEORGE SCHILLINGER	VIC	3.10m	2015		
M70	ALBERT GAY	NSW	3.00m	2015		
M75	DON CHAMBERS	VIC	2.10m	2013		
M 80	**FRED O'CONNOR	NSW	1.90m	2004		
M 85	VIC YOUNGER	QLD	1.50m	1999		
	DISCUS THROW					DISCUS THROW
M30	YOHAN AMERASEKERA	VIC	44.65m	2004	W30	CHRIS SCHULTZ
M35	STUART GYNGELL	NSW	48.71m	2003	W35	CHRIS SCHULTZ
M40	DARRON HAWORTH	QLD	50.65m	2011	W40	CHRIS SCHULTZ
M45	STUART GYNGELL	NSW	45.95m	2009	W45	CHRIS SCHULTZ
M50	STUART GYNGELL	NSW	50.78m	2014	W50	ISABELLE DENEFFE
M55	WARWICK SELVEY	QLD	44.38m	1996	W55	CHRIS SCHULTZ
M60	RAY GREEN	ACT	49.66m	2005	W60	HEATHER DOHERTY
M65	WARWICK SELVEY	QLD	45.76m	2005	W65	**HEATHER DOHERTY
M70	TOM HANCOCK	VIC	38.92m	2011	W70	HEATHER DOHERTY
M75	ROY FOLEY	VIC	35.50m	1992	W75	**HEATHER DOHERTY
M80	**SYDNEY COLEMAN	WA	29.56m	1996	W75	GWEN DAVIDSON
M85	**FELIKS JEKABSONS	QLD	25.28m	2008	W80	GWEN DAVIDSON
M90	VIC YOUNGER	VIC	11.64m	2004 *	W80	HEATHER DOHERTY
					W85	RUTH FRITH
					W90	**RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH
	SHOT PUT	#M80+ 3kg from 2005				SHOT PUT
M30	YOHAN AMERASEKERA	VIC	13.87m	2004	W30	CHRIS SCHULTZ
M35	STUART GYNGELL	NSW	17.78m	2003	W35	CHRIS SCHULTZ
M40	STUART GYNGELL	NSW	17.68m	2008	W40	CHRIS SCHULTZ
M45	STUART GYNGELL	NSW	17.69m	2010	W45	CHRIS SCHULTZ
M50	STUART GYNGELL	NSW	17.97m	2014	W50	CHRIS SCHULTZ
M55	GRAEME ROSE	VIC	13.08m	2000	W55	HELEN SEARLE
M60	GEORGE MENCIK	ACT	13.69m	1994	W60	HELEN SEARLE
M65	LEO CHRISTOPHER	NSW	12.81m	2012	W65	HELEN SEARLE
M70	**LEO CHRISTOPHER	NSW	13.44m	2013	W70	HELEN SEARLE
M75	**JIM PERIDIS	VIC	11.64m	2001 *	W75	HELEN SEARLE
M80	FELIKS JEKABSONS	QLD	#10.05m	2006	W75	GWEN DAVIDSON
M85	FELIKS JEKABSONS	QLD	#9.10m	2008	W80	**RUTH FRITH
M90	MAX MCKAY	NSW	4.85m	2014	W80	RAEMA MCMILLAN
					W85	RUTH FRITH
					W90	**RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH
	HAMMER THROW	#M80+ 3kg from 2005				HAMMER THROW
M30	DAVID ALLAN	QLD	57.10m	2005	W30	KARYNE DI MARCO
M35	RICARD MEIRING	NSW	60.34m	2014	W35	BYRONY GLASS
M40	HANS LOTZ	VIC	57.26m	1990	W40	JAYNE HARDY
M45	HANS LOTZ	VIC	56.14m	1997	W45	SHARON GIBBONS
M50	BOB WAGNER	QLD	51.93m	2007	W50	**MARJA PARVIAINEN
M55	**KEN READWIN	VIC	49.34m	1996	W55	MARJA PARVIAINEN
M60	GRAEME ROSE	VIC	47.56m	2008	W60	HELEN SEARLE

M65	WIM VAN WEENEN	VIC	48.32m	1997	W65	**HELEN SEARLE
M70	WIM VAN WEENEN	VIC	46.99m	2004	W70	JAN BANENS
M75	ROY FOLEY	VIC	43.10m	1992	W75	VAL WORRELL
M80	**WIM VAN WEENEN	VIC	#41.98m	2012	W75	GWEN DAVIDSON
M85	FELIKS JEKABSONS	QLD	#27.36m	2008	W80	**GWEN DAVIDSON
M90	MAX MCKAY	NSW	16.40m	2014	* W80	VAL WORRELL
					W85	RUTH FRITH
					W90	**RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH
	JAVELIN THROW		#Old Centre of Gravity			JAVELIN THROW ***500g
M30	ANDREW CURREY	NSW	77.65m	2001	W30	LYNETTE SMITH
					W30	MARY THOMAS
M35	MANFRED ROHKAMPER	VIC	#60.70m	1990	W35	JAYNE HARDY
					W35	MARY THOMAS
M40	JOHN KAY	NSW	61.78m	2001	W40	JAYNE HARDY
					W40	MARY THOMAS
M45	JOHN KAY	NSW	57.18m	2006	W45	JAYNE HARDY
					W45	MARY THOMAS
M50	BOB BANENS	ACT	54.22m	2001	W50	**JAYNE HARDY
					W50	MARY THOMAS
M55	BOB BANENS	ACT	51.45m	2004	W55	**MARY THOMAS
M60	ANDREW FARR	VIC	45.93m	2012	W60	MARY THOMAS
M65	GRAEME ROSE	VIC	41.08m	2009	* W60	JUNE LOWE
M70	**ERKKI SAARINEN	QLD	42.00m	2006	W65	HEATHER DOHERTY
M75	ERKKI SAARINEN	QLD	34.83m	2011	* W65	WILMA PERKINS
M80	**FRED O'CONNOR	NSW	28.72m	2005	W70	**HEATHER DOHERTY
M85	KEVIN HOPKINS	NSW	21.32m	2004	* W70	MARY THOMAS
M90	VIC YOUNGER	VIC	11.34m	2004	W75	**MIRIAM CUDMORE
					W80	**RAEMA MCMILLAN
					W85	RUTH FRITH
					W90	RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH
	WEIGHT THROW					WEIGHT THROW
M30	DAVID ALLAN	QLD	16.32m	2005	W30	**KARYNE DI MARCO
M35	**RICARD MEIRING	NSW	19.08m	2014	W35	BYRONY GLASS
M40	GRANT EDWARDS	ACT	15.79m	2005	W40	JAYNE HARDY
M45	BOB WAGNER	QLD	15.76m	2005	* W45	**GABI WATTS
M50	BOB WAGNER	QLD	19.64m	2007	W50	MARJA PARVIAINEN
M55	GRAEME ROSE	VIC	16.60m	2000	W55	HELEN SEARLE
M60	**GRAEME ROSE	VIC	19.03m	2006	W60	**HELEN SEARLE
M65	**WIM VAN WEENEN	VIC	18.57m	1997	W65	HELEN SEARLE
M70	WIM VAN WEENEN	VIC	16.79m	2004	W70	HELEN SEARLE
M75	RON SIMCOCK	NSW	14.81m	2011	W75	**VAL WORRELL
M80	WIM VAN WEENEN	VIC	15.48m	2012	W80	GWEN DAVIDSON
M85	JOHN FRASER	VIC	11.56m	2001	* W80	VAL WORRELL
M90	MAX MCKAY	NSW	6.70m	2014	W85	RUTH FRITH
					W90	**RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH
	THROWS PENTATHLON (2010 Scoring) #new specs from 2005					THROWS PENTATHLON (2010 Scoring) #ne
M30	YOHAN AMERASEKERA	VIC	2980	2004	W30	**BYRONY GLASS
M35	STUART GYNGELL	NSW	3611	2002	W35	BYRONY GLASS
M40	**STUART GYNGELL	NSW	3946	2006	W40	**JAYNE HARDY
M45	**STUART GYNGELL	NSW	4199	2009	W45	CHRIS SCHULTZ
M50	**STUART GYNGELL	NSW	4072	2015	W50	MARJA PARVIAINEN
M55	GRAEME ROSE	VIC	4085	2001	W55	HELEN SEARLE
M60	**GRAEME ROSE	VIC	4242	2006	W60	**HELEN SEARLE
M65	**GRAEME ROSE	VIC	4325	2009	* W60	**JUNE LOWE
M70	COLIN MURRAYLEE	QLD	4110	1999	W65	**HELEN SEARLE
M75	TOM HANCOCK	VIC	4132	2012	* W65	BEV HAMILTON
M80	FELIKS JEKABSONS	QLD	#3611	2006	W70	HELEN SEARLE
M85	**FELIKS JEKABSONS	QLD	#3897	2008	* W70	MARY THOMAS
					W75	**HEATHER DOHERTY
					W80	RAEMA MCMILLAN
					W85	RUTH FRITH
					W90	RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH

PENTATHLON w/DISCUS (2010 SCORING)					PENTATHLON w/SHOT from 2009		
M30	GEOFF GIBBONS	TAS	2938	2011	W30	**MELISSA FOSTER	
M35	PAUL JEFFERY	WA	3170	2012	W35	**LEONIE HOFFMAN	
M40	MARK JEFFERY	WA	3107	2012	* W40	**LEE-ANNE GROSVENOR	
M45	JOHN GORDON	NSW	*3784 3513	1993	* W45	RACHEL LITTLE	
M50	KEN DANIELS	ACT	*3519 3209	1989	W50	**DONNA BURGESS	
M55	**DON FRASER	ACT	*4101 3619	1994	* W55	CHRISTINE SHAW	
M60	QUENTIN ANTHONY	ACT	*4221 3617	1992	W60	**MARGARET TAYLOR	
M65	MIKE JOHNSTON	VIC	*4142 3325	1991	W65	PEGGY MACLIVER	
M70	MIKE JOHNSTON	VIC	*4269 3547	1993	* W70	**ANNE LANG	
M75	FRED O'CONNOR	NSW	*3139 3010	2001	W75	MIRIAM CUDMORE	
M80	**FRED O'CONNOR	NSW	*3456 3247	2004		PENTATHLON w/DISCUS (2010 SCORING)	
M85	MAURICE DAUPHINET	QLD	2770	2011	W30	**LYNETTE SMITH	
M90	PETER KENNEDY	WA	1359	2010	W35	EILEEN HINDLE	
	* Original Scoring, otherwise 2010 scoring				W40	JAN HYNES	
					W45	CHRIS BATTERSBY	
					W50	CHRIS BATTERSBY	
					W55	MARGARET TAYLOR	
					W60	PAT CARR	
					W65	LYDIA WIDERA	
					W70	GWEN DAVIDSON	
	DECATHLON (2010 SCORING)					W80	**SHIRLEY BRASHER
M30	WARREN EVANS	QLD	6352	2003		* Original Scoring, otherwise 2010 scoring	
M35	GEOFF GIBBONS	TAS	6487	2015			
M40	SHAWN HENNIG	VIC	4523	2013			
M45	JUSTIN HANRAHAN	VIC	7216	2015		HEPTATHLON (2010 SCORING)	
M50	PETER MURRAY	NSW	5567	2015	W30	LEANNE MCMURDY	
M55	NELSON VINEY	QLD	5192	2003	W35	JENNIFER BALDWIN	
M60	GREG MAMALIS	NSW	5875	2003	W40	LEE-ANNE GROSVENOR	
M65	**DON FRASER	ACT	6746	2005	W45	LISA CROUCH	
M70	**DON FRASER	ACT	6503	2009	W50	WILMA PERKINS	
M75	DON CHAMBERS	VIC	5498	2013	W55	**WILMA PERKINS	
M80	RAD LEOVIC	ACT	3806	2009			
M90	**VIC YOUNGER	VIC	3217	2003			
	CHAMPION OF CHAMPIONS SPRINTS MEN					CHAMPION OF CHAMPIONS SPRINTS	
1987	FRED TURNER M45	NSW	12.57s	SYD	1987	WILMA PERKINS W35	
1988	HARRY GATHERCOLE M80	VIC	12.3s (110)	BRIS	1988	KAREN ADAMS W35	
1994	ROY FEARNALL M50	WA	11.26s	SYD	1994	MAVIS COLLINS W75	
1998	MICK PIRIE M65	QLD	?	BRIS	1998	NOREEN PARISH W55	
1999	REG AUSTIN M60	NSW	10.52s	CANB	1999	J. CASEY W50	
2000	JEFF KING M35	ACT	10.94s	HOB	2000	M. REID W45	
2001	REG AUSTIN M60	NSW	10.46s	SYD	2001	LYNNE CHOATE W45	
					2001	WILMA PERKINS W50	
2002	JOHN WIGHT M55	QLD	10.63s	ADEL	2002	ANN COOPER W70	
2003	PETER CROMBIE M55	NSW	10.50s	PERTH	2003	ANN COOPER W70	
2004	DAVID CLIVE M67	WA	10.86s	MELB	2004	ANN COOPER W75	
2005	JOHN COOPER M65	QLD	10.20s	BRIS	2005	WENDY SHEAVES/DORAN	
2006	JOHN COOPER M66	QLD	10.42s	CANB	2006	ANN COOPER W77	
2007	HUGH COOGAN M70	QLD	10.40s	HOB	2007	ANN COOPER W78	
2008	NEVILLE MCINTYRE M65	NSW	10.56s	SYD	2008	GIANNA MOGENTALE W44	
2009	NEVILLE MCINTYRE M66	NSW	10.54s	ADEL	2009	GIANNA MOGENTALE W45	
2010	ROB MCDONALD M66	QLD	10.33s	PERTH	2010	GIANNA MOGENTALE W46	
2011	HUGH COOGAN M75	QLD	10.49s	BRIS	2011	GIANNA MOGENTALE W47	
2012	HUGH COOGAN M76	QLD	10.21s	MELB	2012	GIANNA MOGENTALE W48	
2013	ROB MCDONALD M70	QLD	10.46s	CANB	2013	GIANNA MOGENTALE W49	
2014	ROB MAYSTON M56	VIC	10.73s	HOB	2014	GIANNA MOGENTALE W50	
2015	DARREN HUGHES M50	NSW	10.44s	SYD	* 2015	LYN PEAKE W65	
	CHAMPION OF CHAMPIONS THROWS MEN					CHAMPION OF CHAMPIONS THROWS	
1999	P. O'BRIEN M30	ACT	73.06m (JAV)	ACT	1999	MARY THOMAS W50	
2000	J. DAVIS M65	QLD	60.20m (DT)	HOB	2000	CHRIS SCHULTZ W45	
2001	KEN READWIN M60	VIC	61.36m (HT)	SYD	2001	M. PARVIAINEN W55	
2002	TED VICKERS M82	QLD	18.12m (SP)	ADEL	2002	MARY THOMAS W55	
2003	BOB BANENS M50	ACT	20.37m (WT)	PERTH	2003	RAEMA MCMILLAN W75	
2004	BOB WATSON M62	NSW	59.95m (JAV)	MELB	2004	MARY THOMAS W59	
2005	WARREN EVANS	QLD	51.80m (DT)	BRIS	2005	LYNETTE SMITH W30	
2006	GRAEME ROSE M60	VIC	59.19m (HT)	CANB	2006	TATIANA SUDARIKOVA	
2007	STUART GYNGELL M40	NSW	20.77m (SP)	HOB	2007	LISA KIRSCH	
2008	GRAEME ROSE M60	VIC	18.21m (WT)	SYD	2008	RAYLEA RUDOV	
2009	ANDREW ATKINSON-HOWATT M50	NSW	59.73m (JAV)	ADEL	2009	MARY THOMAS W60	
2010	MARK HAMILTON M39	WA	51.06m (DT)	PERTH	2010	RAEMA MCMILLAM W82	
2011	PETER NEALE M43	VIC	47.64m (HT)	BRIS	2011	JILL TAYLOR	

2012	KEITH JAMES M70	NSW	19.43m (SP)	MELB	2012	JOANNE PRONK W55
2013	GRZEGORZ URBANOWICZ M34	WA	21.67m (WT)	CANB	2013	DORN JENKINS W57
2014	DARRIN NORWOOD	QLD	(JAV)	HOB	2014	CATHY MCKEOWN
2015	JAMIE MUSCAT M35	NSW	57.82m (DT)	SYD *	2015	MARY THOMAS W70
ROYCE FOLEY TROPHY (Highest Points Winners in Weight Pentathlon - not to be won more than once in an ag						
1996	GRAEME ROSE M50	VIC	4256	PERTH	1996	CHRIS SCHULTZ W45
1997	WIM VAN WEENEN M65	VIC	4516	MELB	1997	HEATHER DOHERTY W60
1998	TOM HANCOCK M60	VIC	4233	BRIS	1998	HELEN SEARLE W55
1999	COLIN MURRAYLEE M70	QLD	4484	CANB	1999	HEATHER DOHERTY W65
1999	GRAEME ROSE M55	VIC	4484	CANB		
2000	RAY GREEN M55	ACT	4070	HOB	2000	HELEN SEARLE W60
2001	BOB BANEN M50	ACT	4094	SYD	2001	RUTH FRITH W90
2002	WIM VAN WEENEN M70	VIC	4232	ADEL	2002	MARY THOMAS W55
2003	TOM HANCOCK M65	VIC	4295	PERTH	2003	GWEN DAVIDSON W80
2004	FELIKSS JEKABSONS M80	QLD	3985	MELB	2004	HEATHER DOHERTY W70
2005	COLIN MURRAYLEE M75	QLD	4272	BRIS	2005	RUTH FRITH W95
2006	GRAEME ROSE M60	VIC	4538	CANB	2006	HELEN SEARLE W65
2007	KEITH JAMES M65	NSW	4027	HOB	2007	JAN BANENS W65
2008	FELIKS JEKABSONS M85	QLD	4505	SYD	2008	JAYNE HARDY W45
2009	GRAEME ROSE M65	VIC	4766	ADEL	2009	HEATHER DOHERTY W75
2010	RAY GREEN M65	ACT	4126	PERTH	2010	RUTH FRITH W100
2011	STUART GYNGELL M45	NSW	4004	BRIS	2011	HELEN SEARLE W70
2012	TOM HANCOCK M70	VIC	4132	MELB	2012	JAN BANENS W70
2013	GUY QUARTERMAN M71	QLD	3644	CANB	2013	JAYNE HARDY W50
2014	STUART GYNGELL W50	NSW	3729	LAUN	2014	BEVERLEY SAVAGE W68
2015	RON SIMCOCK M75	NSW	3829	SYD *	2015	MARY THOMAS W70
BRIAN FOLEY AWARD (Best Age-Graded 800m/1500m Performance)						
2009	DAVID CARR M76	WA	95.99%	ADEL		
2010	LAVINIA PETRIE W66	VIC	95.73%	PERTH		
2011	LAVINIA PETRIE W67	VIC	97.91%	BRIS		
2012	LORRAINE LOPES	WA	96.70%	MELB		
2013	LAVINIA PETRIE W69	VIC	99.45%	CANB		
2014	ALLAN COOK	VIC	95.54%	HOB		
2015	LAVINIA PETRIE W70	VIC	101.18%	SYD		
Location of Australian Championships:						
	Melbourne	1973				Perth
	Sydney	1974				Melbourne
	Adelaide	1975				Brisbane
	Brisbane	1976				Canberra
	Perth	1977				Hobart
	Melbourne	1978				Bankstown
	Sydney	1979				Adelaide
	Adelaide	1980				Perth
	Brisbane	1981				Melbourne
	Perth	1982				Brisbane
	Melbourne	1983				Canberra
	Canberra	1984				Hobart
	Hobart	1985				Blacktown
	Adelaide	1986				Adelaide
	Sydney	1987				Perth
	Brisbane	1988				Brisbane
	Perth	1989				Melbourne
	Melbourne	1990				Canberra
	Canberra	1991				Hobart
	Hobart	1992				Bankstown
	Adelaide	1993				Adelaide
	Sydney	1994				Darwin
	Townsville	1995				Melbourne
Compiled by Clyde Riddoch, AMA Records Officer, 14 Joan Street, Sunshine West Vic 3020						
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**also Aust Record		
STATE	TIME	YEAR
WOMEN		
QLD	7.95s	2011
WA	7.92s	2014
NSW	7.86s	2007
QLD	7.75s	2011
NSW	8.17s	2014
WA	9.04s	2009
QLD	9.25s	2011
SA	9.27s	2015
QLD	10.00s	2008
SA	10.23s	2007
ACT	13.22s	2009
ACT	14.78s	2014
NSW	12.31s	1981
VIC	12.44s	1981
NSW	12.37s	2007
QLD	12.55s	2011
NSW	12.64s	2011
WA	13.99s	2010
SA	14.40s	1990
QLD	14.7s	1987
QLD	16.14s	2008
SA	16.09s	2005
NSW	20.2s	1990
ACT	25.19s	2014
VIC	43.22s	2012
NSW	24.74s	1999
NSW	25.43s	2006
QLD	25.14s	2008
QLD	25.21s	2011
NSW	26.4s	1995
QLD	28.64s	2005
SA	29.8s	1991
QLD	31.40s	2011
SA	33.81s	2002
SA	34.72s	2005
TAS	49.20s	2008
ACT	57.85s	2015
NSW	55.5s	1996
NSW	57.41s	1999
VIC	57.0s	1983
NSW	57.93s	2015
NSW	59.5s	1995
WA	64.68s	2005
NSW	67.37s	2005
SA	71.70s	2015
VIC	77.93s	2013
ACT	90.94s	2013
TAS	2m 06.15s	2009
VIC	2m 51.21s	2006
SA	2m 14.3s	1986
VIC	2m 14.2s	1986
TAS	2m 10.48s	2010
VIC	2m 17.2s	1996
QLD	2m 18.07s	2005
WA	2m 31.66s	2005
VIC	2m 41.20s	2003
VIC	3m 00.09s	2010
VIC	3m 10.49s	2012
ACT	4m 01.12s	2012

TAS	4m 46.97s	2007
VIC	6m 35.91s	2006
NSW	4m 43s	1983
SA	4m 30.16s	1993
TAS	4m 31.63s	2012
VIC	4m 47.7s	1986
QLD	4m 49.04s	2004
NSW	5m 13.43s	2014
QLD	5m 35.48s	2013
VIC	6m 00.40s	2011
VIC	6m 12.92s	2015
SA	8m 06.78s	2002
TAS	9m 34.52s	2007
NSW	17m 03.13s	2008
SA	16m 42.74s	1994
QLD	17m 05.51s	2007
VIC	17m 33.3s	1986
VIC	17m 44.75s	2002
VIC	18m 52.64s	2007
VIC	19m 58.73s	2004
VIC	21m 09.72s	2010
VIC	21m 34.08s	2014
VIC	27m 56.65s	2005
		ui
NSW	35m 07.4s	2008
SA	35m 39s	1983
VIC	35m 41s	1983
VIC	36m 06.26s	2001
VIC	38m 00.32s	1992
VIC	37m 50.93	2007
VIC	42m 06.09s	2004
VIC	44m 07.82s	2010
VIC	44m 43.27s	2014
VIC	59m 06.37s	2005
TAS	1h 26m 01s	2013
SA	1h 28m 18s	2014
VIC	1h 20m 43s	2010
QLD	1h 22m 34s	2011
VIC	1h 30m 44s	2012
QLD	1h 36m 01s	2013
TAS	1h 39m 40s	2010
VIC	1h 38m 01s	2010
VIC	1h 37m 54s	2014
ACT	2h 50m 29s	1992
ACT	2h 32m 57s	1994
NSW	2h 44m 16s	1997
SA	2h 43m 45s	1995
SA	2h 49m 42s	1997
TAS	3h 18m 09s	2002
NSW	3h 20m 28s	1993
VIC	3h 28m 24s	2010
QLD	4h 34m 59s	2013
NSW	5h 29m 40s	2006

VIC	26m 01.40s	2007
VIC	26m 29.26s	2010
VIC	27m 51.04s	2006
TAS	29m 42.75s	2000
VIC	35m 31.62s	2007
VIC	39m 04s	1990
QLD	39m 04.68s	2011
NSW	40m 36.43s	2013
records)		
ACT	47m 39s	1991
VIC	47m 57s	2012
WA	47m 25s	2001
WA	48m 34s	2006
WA	48m 27s	2007
VIC	54m 33m	2007
VIC	54m 12s	2010
VIC	56m 53s	2006
TAS	62m 31s	2000
QLD	74m 53s	2005
QLD	74m 53s	2007
VIC	77m 35s	1990
NSW	80m 54s	2013
records)		
VIC	1h 49m 22s	2013
VIC	1h 36m 46s	2013
VIC	2h 21m 04s	2010
WA	1h 39m 51s	2011
VIC	2h 00m 23s	2011
VIC	1h 56m 18s	2011
NSW	2h 34m 56s	2008
VIC	2h 33m 11s	2010
VIC	3h 06m 59s	2013
NSW	1.66m	2005
NSW	1.59m	2010
QLD	1.70m	2005
ACT	1.45m	1997
QLD	1.45m	2011
VIC	1.45m	2015
NSW	1.45m	2015
QLD	1.45m	2010
ACT	1.35m	2003
ACT	1.27m	2010
ACT	1.22m	2015
VIC	1.16m	1993
VIC	1.05m	2001
WA	5.55m	1982
WA	5.71m	1987
NSW	5.59m	1983
NSW	5.21m	2006
QLD	5.41m	2010
ACT	4.57m	2003
ACT	4.36m	2011
ACT	3.96m	2015
WA	3.46m	2003
NSW	3.34m	2013
NSW	2.14m	1990
QLD	11.68m	2006
WA	11.95m	2015
QLD	11.17m	2007
ACT	10.74m	1995

QLD	41.41m	2006
ACT	32.74m	2013
VIC	#28.57m	2012
VIC	22.92m(3kg)	1999
VIC	23.12m(3kg)	2006
VIC	#25.02m	2015
NSW	13.36m(3kg)	1999
NSW	13.13m(3kg)	2000
QLD	#12.93m	2005
QLD	#10.87m	2011
#Old Centre of Gravity		
NSW	38.88m	2005
NSW	#45.78m	1979
ACT	41.28m	2000
NSW	#44.20m	1981
ACT	38.44m	2003
NSW	#41.94m	1985
ACT	36.38m	2008
NSW	#39.38m	1990
ACT	34.64m(500g)	2013
NSW	#46.75m(400g)	1998
NSW	39.17m(500g)	2001
NSW	32.72m	2008
NSW	***21.40m	2015
QLD	30.52m	1999
QLD	***19.85m	2015
QLD	26.14m	2006
NSW	***22.46m	2015
SA	22.63m	2014
WA	15.34m	2010
NSW	9.96m	1998
NSW	9.64m	2002
QLD	7.70m	2005
QLD	5.90m	2010
#W75+ 4kg from 2005		
NSW	18.57m	2008
WA	17.74m	2013
ACT	13.70m	2003
NSW	13.88m	2015
NSW	16.42m	1999
NSW	14.59m	1999
NSW	17.52m	2000
QLD	16.10m	2006
QLD	11.95m	2010
VIC	#11.57m	2010
VIC	8.76m	2006
VIC	#9.49m	2015
NSW	6.07m	1999
NSW	6.19m	2001
QLD	#6.00m	2005
QLD	#4.72m	2010
w specs from 2005 ***500g jav		
WA	3831	2009
WA	3621	2012
ACT	3929	2003
VIC	4160	1996
NSW	4252	1998
NSW	4213	1998
NSW	4789	2000
NSW	***3570	2015
QLD	4939	2005
WA	***3415	2015
QLD	4572	2010
NSW	***4333	2015
QLD	#4053	2009
WA	#3862	2010
NSW	4489	1998
NSW	4337	2000
QLD	#4539	2006
QLD	#5426	2010

WA	2667	2013
QLD	2852	2012
QLD	3290	2015
VIC	3322	2015
VIC	3583	2013
NSW	3567	2015
ACT	3699	2009
WA	3858	2010
SA	3222	2015
SA	3660	2013
ING)		
NSW	3255	2005
WA	*3014 2787	1987
QLD	*3501 3357	1988
VIC	*3422 3162	1991
VIC	*3490 3292	1994
ACT	2922	2003
WA	*3118 2743	1994
VIC	*3527 3129	1991
VIC	*2798 3054	1993
TAS	2510	2008
ng		
QLD	3192	2003
VIC	3945	2002
QLD	4068	2014
QLD	4771	2012
QLD	4406	2003
QLD	5200	2005
S WOMEN		
QLD	13.07s	SYD
NSW	11.9s (110)	BRIS
QLD	11.46s	SYD
NSW	?	BRIS
NSW	12.14s	CANB
ACT	11.13s	HOB
WA	11.8sh	PERTH
QLD	11.8sh	SYD
SA	11.63s	ADEL
SA	11.64s	PERTH
SA	11.81s	MELB
QLD	12.11s	BRIS
SA	11.23m	CANB
SA	11.03s	HOB
NSW	11.68s	SYD
NSW	11.80s	ADEL
NSW	11.29s	PERTH
NSW	11.56s	BRIS
NSW	11.38s	MELB
NSW	11.21s	CANB
NSW	11.38s	HOB
SA	11.25s	SYD
S WOMEN		
NSW	55.65 (JAV)	CANB
VIC	50.02 (DT)	HOB
NSW	60.65m (HT)	NSW
NSW	15.99m (SP)	ADEL
WA	20.72m (WT)	PERTH
NSW	50.80m (JAV)	MELB
NSW	48.21m (DT)	BRIS
NSW	51.34m (HT)	CANB
TAS	20.82m (SP)	HOB
ACT	13.33m (WT)	SYD
NSW	55.03m (JAV)	ADEL
WA	53.44m (DT)	PERTH
NSW	35.94m (HT)	BRIS

