

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 5 May 2017
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THROWS PENTATHLON using 2010 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
M30	Graham Hicks	Vic	3,444	14.12.08	44.89 592	13.94 725	50.57 882	52.09 620	13.07 625
M35	Darron Haworth	Qld	3,672	2.11.08	51.58 728	14.13 768	52.81 945	37.22 409	16.20 822
M40	Stuart Gyngell	NSW	3,946	16.4.06	43.48 659	17.63 1076	47.30 914	41.30 513	14.55 784
M45	Stuart Gyngell	NSW	4,199	12.4.09	43.75 747	17.22 1143	45.47 970	36.98 490	14.53 849
M50	Todd Davey	WA	4,195	18.2.17	47.79 787	15.00 949	53.16 961	41.00 593	17.12 905
M55	Graeme Rose	Vic	4,174	4.7.99	47.05 873	12.72 861	37.84 706	46.19 765	16.98 969
M60	Graeme Rose	Vic	4,242	16.4.06	48.38 898	13.14 876	39.36 702	43.12 752	19.03 1014
M65	Graeme Rose	Vic	4,325	12.4.09	43.98 917	12.12 882	38.97 774	40.46 786	17.05 966
M70	Keith James	NSW	4,122	11.3.12	38.18 805	11.63 830	40.99 920	34.86 716	14.92 851
M75	Tom Hancock	Vic	4,290	15.7.11	36.89 905	11.12 878	33.97 843	33.04 776	14.38 888
M80	Tom Hancock	Vic	4,741	5.11.16	38.51 1041	11.44 927	32.27 934	30.31 791	15.67 1048
M85	Feliks Jekabsons New Specifications	Qld	3,897	23.3.08	27.36(3kg) 882	9.10(3kg) 877	25.28 856	19.44 550	10.35 732
M90	John Fraser Old Specification	Vic	4,005 WR	13.3.05	24.63 1123	6.90 795	19.74 832	12.96 410	10.12 845

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - MEN

M30	Y. Amerasekera	Vic	2,980	11.4.04	36.33 453	13.87 720	44.65 760	44.17 503	11.64 544
M35	Stuart Gyngell	NSW	3,611	2002	44.15 602	17.34 974	45.06 781	43.67 504	14.96 750
M40, M45 & M50 – as above in Australian records Stuart Gyngell M40 3,946, M45 4,199 & M50 4,072									
M55	Graeme Rose	Vic	4,085	2001	43.32 792	12.29 827	38.90 730	49.48 832	15.99 904
M60 & M65 – as above in Australian records Graeme Rose M60 4,242 & M65 4,325									
M70	C. Murray-Lee	Qld	4,083	1999	43.22 932	11.11 787	35.12 764	36.41 755	14.83 845
M75	Tom Hancock	Vic	4,132	8.4.12	35.10 853	10.31 804	35.04 875	29.17 666	15.02 934
M80	Feliks Jekabsons	Qld	3,611	16.4.06	30.30 805	10.13 862	26.92 751	19.88 466	11.40 727
M85 – as above in Australian records Feliks Jekabsons 3,897									

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 5 May 2017
THROWS PENTATHLON using 2010 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
W30	Byrony Glass	WA	3,831	12.4.09	56.99 1104	11.63 637	38.13 618	22.83 342	17.29 1130
W35	Chris Schultz	Vic	3,795	7.12.87	38.24 752	14.77 882	45.10 787	36.58 645	12.68 729
W40	Jayne Hardy	ACT	3,929	20.4.03	41.86 915	10.46 635	37.62 692	39.32 766	14.27 921
W45	Chris Schultz	Vic	4,174	26.7.97	37.24 873	12.68 870	42.46 875	31.12 645	12.94 911
W50	Chris Schultz	Vic	4,371	13.7.01	37.88 902	13.87 1028	40.35 911	32.18 711	12.94 819
W55	Mary Thomas	NSW	4,285	7.8.99	35.00 909	11.65 925	29.79 711	41.02 1043	10.32 697
W60	Helen Searle	NSW	4,789	24.4.00	41.81 1251	12.22 1086	29.61 797	24.32 619	15.48 1036
W60	Dorn Jenkins New Specifications – 500g javelin	Vic	4,443	7.10.15	43.51 1310	8.85 746	28.72 768	21.85 576	15.57 1043
W65	Helen Searle	Qld	5,013	17.1.06	38.49 1282	11.23 1106	27.08 822	23.23 670	15.30 1133
W65	Mary Thomas New Specification – 500g javelin	NSW	3,651	9.1.14	27.50 862	7.79 723	23.35 690	22.55 647	10.44 729
W70	Helen Searle	Qld	4,800	Oct 2009	34.46 1292	9.54 1043	21.55 738	21.31 703	12.65 1024
W70	Mary Thomas New Specification – 500g javelin	NSW	4,407	16.8.15	28.82 1049	8.57 921	22.60 780	22.69 814	10.69 843
W75	Helen Searle	Qld	4,637	14.2.15	31.68 1230	10.40 1134	20.67 743	17.35 658	10.65 872
W80	Gwen Davidson Old Specifications	Vic	3,935	23.3.03	21.67 1056	6.24 872	14.99 752	11.87 518	7.47 737
W80	Heather Doherty New Specifications	Qld	4,269	8.1.14	21.74(2kg) 934	7.11(2kg) 843	19.38(750g) 829	17.27 799	9.42(4kg) 864
W85	Ruth Frith Old specifications	NSW	3,977	7.3.98	15.48 885	5.57 928	13.25 882	9.82 531	6.51 751
W90	Ruth Frith Old specifications	Qld	4,337	24.4.00	13.13 961	5.22 1087	11.81 756	9.33 683	6.00 850
W95	Ruth Frith New Specifications - before 1/1/10 – WR not accepted by WMA	Qld	4,539	Oct 2006	13.71(2kg) 1136	4.99(2kg) 1003	9.49(750g) 831	7.01 750	5.58(4kg) 819
W100	Ruth Frith New Specifications - before 1/1/10 – WR not accepted by WMA	Qld	5,743	23.8.09	10.16(2kg) 1203	4.27(2kg) 1114	9.04(750g) 1292	6.43 1307	4.42(4kg) 827
W100	Ruth Frith New Specifications - after 1/1/10 – WR pending by WMA	Qld	5,570	2.4.11	10.14 1200	3.96 1022	9.30 1335	5.63 1129	4.68 884

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - WOMEN

W30 – as above in **Australian records** Byrony Glass 3,831

W35 Byrony Glass WA 3,621 8.4.12 52.64 11.44 33.55 20.00 16.68
1102 652 553 312 1002

W40 – as above in **Australian records** Jane Hardy 3,929

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 5 May 2017
THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - WOMEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
W45	Chris Schultz	Vic	4,160	1996	36.32 847	13.16 909	42.16 868	32.12 669	12.40 867
W50	M. Parviaiven	NSW	4,252	13.4.98	51.73 1301	9.11 627	34.85 767	22.40 489	16.29 1068
W55	Helen Searle	NSW	4,213	13.4.98	43.20 1165	11.23 887	28.92 687	23.94 595	12.58 879
W60 & W65 – as above in Australian records Helen Searle W60 4,789 & W65 5,013									
W60	June Lowe	NSW	3,882	18.4.16	30.90 875	9.48 809	23.10 593	24.14 646	14.47 959
New 500g Javelin									
W65	Bev Hamilton	WA	3,415	5.4.15	26.89 839	8.22 770	20.51 591	16.91 490	10.39 725
New 500g Javelin									
W70	Helen Searle	Qld	4,572	4.4.10	32.51 1207	9.67 1059	21.96 754	18.38 593	11.95 959
W70	Mary Thomas	NSW	4,333	5.4.15	28.78 1047	8.28 885	21.87 751	22.12 791	10.86 859
New 500g Javelin									
W75 – as above in Australian records with new specifications Heather Doherty 4,053 before 1/1/10 & 3,890 after 1/1/10									
W80	Raema McMillan	WA	3,862	4.4.10	22.36 966	7.03 833	15.57 640	14.87 674	8.33 749
New Specifications									
W85	Ruth Frith	NSW	4,489	13.4.98	14.48 911	5.52 1161	12.84 755	10.62 667	6.43 995
Old specifications									
W90 & W95 – as above in Australian records Ruth Frith W90 4,337 old specifications & W95 4,539 new specifications									
W100	Ruth Frith	Qld	5,426	4.4.10	10.02(2kg) 1184	4.37(2kg) 1144	8.14(750g) 1145	5.90 1189	4.13(4kg) 764
New Specifications									

HEAVY WEIGHT PENTATHLON using 2016 AMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	WEIGHT 1	WEIGHT 2	WEIGHT 3	WEIGHT 4	WEIGHT 5
M30	Grzegorz Urbanowicz	WA	2,981	3.10.11	16.59 20lb 578	14.46 25lb 563	12.37 35lb 585	9.83 20kg 642	7.67 56lb 613
M35	Darron Haworth	Qld	4,352	6.10.08	23.16 20lb 864	19.49 25lb 812	15.69 35lb 792	12.96 20kg 919	10.78 56lb 965
M40	Matthew Staunton	WA	3,918	22.1.17	19.27 757	17.82 792	13.64 727	10.73 793	9.10 849
M45	Stuart Gyngell	NSW	4,576	1.10.12	21.25 20lb 914	17.77 25lb 855	14.34 35lb 837	11.66 20kg 952	9.83 56lb 1018
M50	Grant Edwards	ACT	4,647	7.10.13	21.88 16lb 836	20.88 20lb 929	17.74 25lb 942	14.58 35lb 940	11.30 20kg 1000
M55	Roger Glass	Vic	4,328	14.9.08	20.71 16lb 848	18.29 20lb 859	16.09 25lb 911	11.98 35lb 807	9.71 20kg 903
M60	Roger Glass	Vic	4,459	25.9.11	21.76 12lb 826	20.28 16lb 860	18.31 20lb 970	15.47 25lb 942	11.68 35lb 861
M65	Ken Priestly	Vic	4,078	4.10.04	21.96 12lb 900	16.43 16lb 759	14.94 20lb 830	12.86 25lb 836	9.78 35lb 753
<i>Pending Roger Glass Vic 4,331 25.9.16 22.02 12lb 17.93 16lb 16.15 20lb 13.17 25lb 10.52 35lb</i>									
M70	Graeme Rose	Vic	4,326	6.10.14	20.11 4kg 836	18.94 12lb 893	15.84 16lb 912	13.11 20lb 827	11.22 25lb 858
M75	Ken Priestley	Vic	4,335	7.10.13	20.00 4kg 929	15.97 12lb 880	13.17 16lb 803	11.78 20lb 867	9.87 25lb 856
M80	Ron Simcock	NSW	5,034	5.10.15	22.96 3kg 1157	17.98 4kg 955	15.64 12lb 1046	12.70 16lb 947	10.48 20lb 929
M85	Ewan Drummond	ACT	2,195	4.10.10	9.84 3kg 496	7.47 4kg 396	7.42 12lb 492	5.86 16lb 442	4.34 20lb 369

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 5 May 2017
HEAVY WEIGHT PENTATHLON using 2016 AMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	WEIGHT 1	WEIGHT 2	WEIGHT 3	WEIGHT 4	WEIGHT 5
W30	Karyne Di Marco	NSW	4,472	5.10.09	24.25 12lb 914	20.30 16lb 908	17.12 20lb 934	13.94 25lb 918	10.00 35lb 798
W35	Bryony Glass	WA	4,655	25.6.16	21.04 12lb 860	18.32 16lb 892	16.71 20lb 1005	13.94 25lb 978	10.29 35lb 920
W40	Jayne Hardy	ACT	3,878	6.10.03	17.70 12lb 776	15.97 16lb 837	13.74 20lb 881	10.15 25lb 740	7.12 35lb 644
W45	Gabriele Watts	NSW	4,174	6.2.16	16.71 12lb 805	14.61 16lb 842	12.06 20lb 840	11.05 25lb 905	7.60 35lb 782
W50	Jayne Hardy	ACT	4,321	7.10.13	18.65 4kg 809	16.35 12lb 831	13.80 16lb 883	12.01 20lb 946	9.25 25lb 852
W55	Jill Taylor	NSW	3,708	1.10.12	15.05 4kg 702	13.54 12lb 765	11.27 16lb 773	9.16 20lb 760	7.30 25lb 708
W60	Dorn Jenkins	Vic	4,815	25.9.16	20.63 3kg 973	17.45 4kg 902	14.97 12lb 997	11.56 16lb 900	10.41 20lb 1043
W65	Helen Searle	Qld	4,970	10.05	20.07 3kg 1045	15.81 4kg 917	14.79 12lb 1091	11.65 16lb 1036	8.26 20lb 881
W70	Jan Banens	ACT	4,699	1.11.11	16.53 3kg 970	13.93 4kg 914	12.36 12lb 997	10.06 16lb 982	7.16 20lb 836
W75	Stella Saberton	ACT	2,896	10.05	11.24 2kg 590	10.03 3kg 575	7.21 4kg 496	6.86 12lb 697	5.87 16lb 628
W80	Mary Wahren	ACT	2,028	10.4.16	7.61 2kg 431	7.18 3kg 424	6.26 4kg 471	4.54 12lb 396	3.17 16lb 306

PENTATHLON w/Discus & 200m - using 2010 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M30	Warren Evans	Qld	3,275	12.4.03	6.61 723	49.65 583	23.29 758	47.03 809	5:29.50 402
M35	Terry Baldwin	Vic	3,494	1.3.98	6.57 760	52.78 640	22.8 817	33.88 551	4:35.3 726
M40	Paul Jeffery	WA	3,639	15.3.14	6.26 771	51.93 684	24.2 755	36.86 677	4:42.5 752
M45	Lloyd Mitchelson	NSW	3,864	5/85	5.70 716	49.24 703	24.6 812	34.22 690	4:24.5 943
M50	Terry Hicks	Vic	3,566	27.2.05	5.75 828	37.36 528	25.39 890	22.25 324	4:28.30 996
M55	Don Fraser	ACT	3,619	1.4.94	5.65 913	34.06 549	25.65 868	29.22 513	5:18.2 776
M60	Rudi Hochreiter	Vic	3,858	3.12.87	4.91 792	40.54 698	27.14 822	39.36 702	5:21.58 844
M65	Rudi Hochreiter	Vic	3,798	28.3.92	4.70 845	35.78 676	28.42 808	40.16 803	6:15 666
M70	Mike Johnson	Vic	3,816	15.10.91	4.75 1015	28.00 571	28.1 917	24.76 497	6:06.4 816
M75	Don Fraser	ACT	3,360	27.2.14	4.26 977	26.97 604	33.02 708	26.36 619	8:07.47 452
M80	Fred O'Connor	NSW	3,247	12.4.04	3.58 840	26.30 664	36.37 661	25.27 696	9:22 386
M85	Rad Leovic	ACT	2,799	21.2.13	2.66 563	15.51 410	42.18 562	14.81 443	8:24.93 821
M90	Maurice Dauphinet	Qld	2,955	19.4.16	2.44 608	15.51 518	50.75 481	18.91 790	12:13.17 558

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 5 May 2017
PENTATHLON w/Discus & 200m - AMA CHAMPIONSHIP RECORDS – MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M30	Geoff Gibbons	Tas	2,938	24.4.11	5.96 578	47.52 552	24.31 665	29.07 446	4:37.39 697
M35	Paul Jeffery	WA	3,170	9.4.12	6.10 650	50.93 612	24.21 709	35.51 584	4:53.15 615
M40	Mark Jeffery	WA	3,107	9.4.12	5.61 610	45.95 587	26.15 611	36.40 666	5:02.16 633
M45	John Gordon	NSW	3,513	1993	5.56 679	44.52 620	24.80 794	28.68 555	4:36.52 865
M50	Ken Daniels	ACT	3,209	27.3.89	5.18 666	37.96 563	25.6 851	26.64 410	5:13.7 719
M55 – as above in Australian records Don Fraser 3,619									
M60	Quentin Anthony	ACT	3,617	20.4.92	5.02 828	38.78 660	26.84 846	36.04 630	5:58.2 653
M65	Mike Johnston	Vic	3,325	1.4.91	4.82 888	28.06 498	28.7 768	29.06 452	5:54.4 719
M70	Mike Johnston	Vic	3,547	1993	4.46 898	24.44 480	29.46 831	25.24 509	6:03.78 829
M75	Fred O'Connor	NSW	3,010	2001	3.63 707	26.68 596	32.90 717	26.31 618	8:32.08 372
M80 – as above in Australian records Fred O'Connor 3,247									
M85	Maurice Dauphinet	Qld	2,770	24.4.11	2.88 670	18.63 521	42.89 527	20.35 658	10:46.52 394
M90 – as above in Australian records Maurice Dauphinet 2,955									

PENTATHLON now obsolete w/Discus & 200m, using 2010 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	800M
W30	Lynette Smith	NSW	3,255	28.3.05	4.95 546	38.88 646	27.72 653	38.99 635	2:23.65 775
W35	Peta Bird	NSW	3,101	11.3.95	5.01 631	31.60 544	25.6 880	27.96 443	2:38.2 603
W40	Jan Hynes	Qld	3,546	15.3.87	5.47 871	24.88 449	25.8 949	25.76 438	2:25.6 839
W45	Jan Hynes	Qld	3,720	2.3.91	5.15 868	23.38 461	26.6 970	26.76 505	2:26.2 916
W50	Una Lund	Qld	3,698	16.10.91	4.68 807	32.68 757	28.0 947	34.92 769	3:20.4 418
W55	Wilma Perkins	Qld	3,430	26.2.05	4.10 697	23.68 587	29.74 926	23.32 531	3:01.15 689
W60	Peggy MacIver	WA	3,161	18.3.07	3.74 665	16.90 402	30.9 923	15.01 350	2:58.6 821
W65	Joyce Bannister	ACT	3,263	24.2.91	3.73 789	19.78 556	33.5 846	16.92 469	3:34.4 603
W70	Gwen Davidson	Vic	3,065	7.3.93	3.51 831	16.78 533	35.9 837	16.70 544	4:34 320
W75	Patricia Carr	WA	2,506	18.3.07	3.02 741	13.73 501	41.8 669	13.86 460	5:47.5 135

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 5 May 2017

PENTATHLON now obsolete w/Discus & 200m, using 2010 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	800M
W80	Shirley Brasher	Tas	2,510	24.3.08	2.06 416	9.52 398	49.20 568	10.51 492	4:56.24 636

PENTATHLON now obsolete w/Discus & 200m - AMA CHAMPIONSHIP RECORDS - WOMEN

W30 – as above in **Australian records** (Lynette Smith 3,255)

W35	Eileen Hindle	WA	2,787	20.4.87	5.53 789	18.50 282	26.4 810	21.22 314	2:39.1 592
W40	Jan Hynes	Qld	3,357	4.4.88	5.12 753	22.36 395	26.10 944	25.72 437	2:26.47 828
W45	Chris Battersby	Vic	3,162	1.4.91	4.39 603	27.33 554	29.5 735	29.34 565	2:43.4 705
W50	Chris Battersby	Vic	3,292	1.4.94	4.24 645	28.58 650	30.27 788	26.54 554	2:55.79 655
W55	Margaret Taylor	ACT	2,922	21.4.03	4.28 768	17.16 400	30.75 850	16.55 348	3:14.69 556
W60	Pat Carr	WA	2,743	1.4.94	3.75 671	17.98 433	33.6 733	15.84 374	3:28.53 532
W65	Lydia Widera	Vic	3,129	1.4.91	3.24 570	20.72 587	36.3 666	23.36 691	3:33.0 615
W70	Gwen Davidson	Vic	3,054	1993	3.21 680	17.76 570	34.88 918	16.88 551	4:31.47 335

W80 – as above in **Australian records** Shirley Brasher 2,510

PENTATHLON w/Shot Put & 100m, using 2010 WMA AGE FACTORS – WOMEN *Pre-2000 Javelins

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W30	Jitka Hiscox	Vic	3,236	19.4.16	12.94 778	11.35 618	5.60 729	28.75 453	2:32.83 658
*W30	Wilma Perkins	Qld	2,864	1984	12.70 822	9.42 492	5.25 628	*28.71 452	2:49.4 470
W35	Leonie Hoffman	QLD	2,852	9.4.12	12.95 799	9.49 518	4.98 620	29.08 493	2:54.95 422
*W35	Wilma Pekins	Qld	3,110	9.3.86	12.5 837	9.16 496	5.47 771	28.98 491	2:46.0 515
W40	Lee-Anne Grosvenor	Qld	3,290	6.4.15	13.45 796	9.08 534	4.64 601	29.63 553	2:28.13 806
*W40	Jan Hynes	Qld	3,601	9.3.86	12.5 920	9.55 569	5.59 912	21.62 379	2:27.0 821
W45	Lisa Crouch	Qld	3,572	14.3.09	13.62 853	10.16 670	4.63 686	28.81 590	2:37.55 773
W50	Donna Burgess	Vic	3,583	1.4.13	14.32 828	9.58 666	4.31 671	24.63 522	2:34.73 896
W55	Wilma Perkins	Qld	3,932	'04 Raratonga	14.08 960	? ?	4.28 768	? ?	3:08.32 617

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PENTATHLON w/Shot Put & 100m, using 2010 WMA AGE FACTORS – WOMEN *Pre-2000 Javelins

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W60	Carol Davis	Qld	3,417	17.1.16	14.73	6.42	3.67	18.38	2:55.53
	New Specification – 500g javelin				952	505	637	469	854
W65	Peggy Macliver	WA	3,858	4.4.10	16.00	6.41	3.50	18.42	3:10.62
					983	662	715	591	907
W65	Carol Davis	Qld	3,942	12.2.17	15.29	6.68	3.69	19.91	2:53.13
	New Specification – 500g javelin				9.70	600	771	594	1007
W70	Marjorie Allison	Qld	3,437	17.1.16	16.63	5.87	3.06	14.52	3:23.59
	New Specification – 500g javelin				896	588	609	486	858
W75	Miriam Cudmore	SA	3,931	19.4.16	17.37	7.35	3.22	20.42	4:21.86
					937	758	853	793	590
W80	Shirley Brasher	Tas	2,227	1.8.08	23.75	4.56	1.94	6.41	5:00.03
					423	600	352	240	612
W85	Gwen Gleeson	ACT	1,980	25.2.16	25.60	3.34	1.51	5.88	6:56.17
					492	398	403	283	404

PENTATHLON w/Shot Put & 100m - AMA CHAMPIONSHIP RECORDS – WOMEN

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W30	- as above in Australian records Jitka Hiscox 3,236								
W35	- as above in Australian records Leonie Hoffman 2,852								
W40	- as above in Australian records Lee-Anne Grosvenor 3,290								
W45	Rachel Little	Vic	3,322	6.4.15	13.64	8.57	4.53	21.33	2:30.32
					850	545	651	413	863
W50	- as above in Australian records Donna Burgess 3,583								
W55	Christine Shaw	NSW	3,567	6.4.15	14.44	9.56	4.31	28.65	3:25.85
					901	734	780	696	456
W60	Margaret Taylor	ACT	3,394	13.4.09	14.81	7.18	4.24	16.38	3:20.34
					941	581	880	387	605
W65	- as above in Australian records Peggy Macliver 3,858								
W65	Carol Davis	Qld	3,715	19.4.16	14.65	5.80	3.47	15.38	2:50.54
	New Specification – 500g javelin				1068	505	668	438	1036
W70	Anne Lang	SA	3,222	6.4.15	17.84	6.37	2.66	14.82	3:17.94
	New Specification – 500g javelin				735	649	428	498	428
W75	- as above in Australian records Miriam Cudmore 3,931								

DECATHLON using 2010 WMA AGE FACTORS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M30	Matt McEwan	Qld	7,705	15.2.03	11.23	7.20	15.08	1.97	49.78
					810	862	795	785	825
				16.2.03	15.22	42.91	4.80	56.64	4:57.93
					796	724	849	687	572
M35	Geoffrey Gibbons	Tas	6,696	14.1.12	11.70	6.31	10.92	1.73	51.01
					742	700	565	602	849
				15.1.12	16.31	34.13	4.06	50.41	4:37.66
					716	556	651	604	711

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 5 May 2017

DECATHLON using 2010 WMA AGE FACTORS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M40	Geoffrey Gibbons	Tas	7,022	7.1.17	11.79 795	6.29 778	10.20 567	1.71 619	52.85 841
				8.1.17	15.71 853	28.83 499	3.90 673	48.41 627	4:39.55 770
M45	Mark Jeffery	WA	7,299	14.1.16	12.42 744	5.67 707	10.15 619	1.77 758	56.26 772
				15.1.16	18.76 607	37.65 774	4.20 856	52.12 754	5:02.10 708
M50	Terry Hicks	Vic	6,167	20.11.04	13.11 691	5.57 776	8.06 452	1.50 577	56.33 846
				21.11.04	19.45 461	28.47 447	2.40 342	37.45 553	4:24.34 1022
M55	Peter Murray	NSW	6,130	26.10.16	12.57 872	4.97 702	9.79 633	1.45 610	61.41 728
				27.10.16	18.67 599	29.31 515	2.20 333	35.10 544	5:52.78 594
M60	Rudi Hochreiter	Vic	6,911	27.7.89	13.18 841	4.82 762	11.53 752	1.41 653	63.21 745
				28.7.89	19.62 554	41.46 748	2.30 423	42.12 731	5:48.33 702
M65	Don Fraser	ACT	6,746	19.2.05	13.56 861	4.80 881	9.07 627	1.35 687	67.67 680
				20.2.05	19.62 629	33.68 648	2.20 457	37.14 708	6:36.60 568
M70	Don Fraser	ACT	6,503	28.2.09	14.87 736	4.39 869	8.53 575	1.19 593	70.65 694
				1.3.09	15.63 735	29.82 626	2.00 451	32.07 677	7:06.95 547
M75	Fred O'Connor	NSW	6,793	29.7.99	14.91 850	3.99 859	9.15 700	1.21 731	78.34 610
				30.7.99	15.86 776	29.65 715	1.90 496	25.88 574	7:58.9 482
M80	Fred O'Connor	NSW	5,593	18.2.06	17.35 633	3.16 648	8.36 689	1.09 687	1:42.07 260
				19.2.06	19.30 603	22.40 600	1.70 496	26.29 664	9:48.57 313
M85	Vic Younger	Qld	4,705	1999	19.13 595	3.17 818	6.55 616	1.10 859	2:47.21 0
					27.34 161	17.82 559	1.70 626	17.22 471	DNF 0
M90	Vic Younger	Vic	3,217 WR	22.2.03	31.69 0	2.25 508	5.86 656	0.92 705	DNF 0
				23.2.03	49.76 0	13.72 533	1.15 391	13.30 424	DNF 0

DECATHLON (M80 3kg Shot from 11/2004) - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M30	Warren Evans	Qld	6,352	22.2.03	11.64 723	6.39 673	12.20 619	1.73 577	53.70 652
				23.2.03	16.15 689	44.02 747	4.65 804	53.38 639	6:08.95 229

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 5 May 2017

DECATHLON (M80 3kg Shot from 11/2004) - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M35	Geoff Gibbons	Tas	6,487	28.2.15	11.62 759	6.19 670	11.04 573	1.71 585	51.73 817
				1.3.15	16.21 727	30.72 487	4.20 693	42.65 488	4:41.20 688
				M40 – as above in Australian records Geoffrey Gibbons 7,022					
M45 – as above in Australian records Justin Hanrahan 7,216									
M50	Peter Murray	NSW	5,567	28.2.15	12.72 763	4.97 608	10.47 623	1.47 544	59.11 736
				1.3.15	19.01 499	22.73 333	2.50 371	36.03 504	5:38.40 586
				M55 Nelson Viney Qld 5,192					
M55	Nelson Viney	Qld	5,192	22.2.03	13.40 717	4.79 648	7.43 452	1.25 411	66.80 541
				23.2.03	21.85 336	22.58 368	3.25 696	29.55 435	5:54.07 588
				M60 Greg Mamalis NSW 5,875					
M60	Greg Mamalis	NSW	5,875	22.2.03	13.95 703	4.89 785	10.00 636	1.34 577	70.36 507
				23.3.03	18.67 642	30.38 509	2.65 554	27.19 420	6:21.87 542
				M65 & M70 – as above in Australian records Don Fraser M65 6,746 & M70 6,503					
M75	Don Chambers	Vic	4,608	4/5.1.14	16.10 665	3.67 723	8.54 645	1.10 585	92.31 274
					18.44 509	16.73 347	1.85 472	19.15 388	dnf 0
				M80 Rad Leovic ACT 3,806					
				28.2.09	19.40 383	2.88 527	7.26 582	0.98 528	1:43.54 235
M80	Rad Leovic	ACT	3,806	1.3.09	25.46 168	12.70 289	NH 0	17.66 399	7:49.17 695
				M90 – as above in Australian records Vic Younger 3,217					

HEPTATHLON using 2010 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HRDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Jitka Hiscock	NSW	4,626	1.4.16	15.46 782	1.52 644	11.44 624	26.81 728	5.30 643	32.09 516	2:30.34 689
					W35 Marie Kay NSW 4,897 29/30.8.99						
W35	Marie Kay	NSW	4,897	29/30.8.99	15.76 773	1.59 818	10.39 580	26.97 782	5.25 703	34.82 609	2:35.73 632
					W40 Marie Kay NSW 5,609 4/5.7.01						
W40	Marie Kay	NSW	5,609	4/5.7.01	12.61 851	1.64 978	10.14 612	26.68 893	5.55 899	33.11 629	2:32.82 747
					W45 Marie Kay Qld 6,006 WR 8.09						
W45	Marie Kay	Qld	6,006 WR	8.09	12.32 1058	1.60 1041	10.79 719	26.96 960	5.05 831	32.30 673	2:41.70 724
					W50 Marie Kay Qld 6,202 WR 6/7.7.11						
W50	Marie Kay	Qld	6,202 WR	6/7.7.11	12.93 953	1.51 1041	11.52 829	27.77 986	5.13 985	31.97 706	2:51.40 702
					W55 Marie Kay Qld 6,682 WR 6/7.8.15						
W55	Marie Kay	Qld	6,682 WR	6/7.8.15	12.89 1132	1.42 1029	11.09 874	27.88 1075	4.93 1040	32.48 803	2:57.40 729
					W60 Marge Allison Qld 5,076 28/29.7.08						
W60	Marge Allison	Qld	5,076	28/29.7.08	15.10 843	1.24 855	6.93 556	31.90 868	3.66 634	18.48 448	2:53.86 872
					W65 Wilma Perkins Qld 5,475 28/29.10.16						
W65	Wilma Perkins	Qld	5,475	28/29.10.16	15.09 1037	1.15 842	8.26 775	31.95 971	3.44 657	20.78 624	3:38.36 569
					W70 Marge Allison Qld 5,342 27/28.4.17						
W70	Marge Allison	Qld	5,342	27/28.4.17	17.35 974	1.11 916	5.75 573	33.86 986	2.94 554	13.84 459	3:21.25 880

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 5 May 2017

HEPTATHLON using 2010 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HRDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W75	Frances Harris	ACT	4,215	28/29.10.16	21.39 813	1.00 855	6.84 696	44.85 528	2.37 411	15.64 584	5:04.22 328

HEPTATHLON - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	PTS	DATE	HRDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Leanne McMurdy	Qld	3,192	22/23.2.03	19.08 383	1.42 534	8.10 406	28.00 631	4.69 477	21.97 326	2:52.82 435
W35	Jennifer Baldwin	Vic	3,945	9/10.2.02	18.35 480	1.41 599	9.01 486	28.23 680	4.78 562	29.06 493	2:34.63 645
W40	Lee-Anne Grosvenor	Qld	4,608	4/5.1.14	15.75 424	1.27 512	9.05 532	27.92 789	4.54 567	27.41 504	2:33.40 740
W45	Karen Carah	Vic	4,883	9/10.1.16	13.73 843	1.48 867	9.02 580	29.20 777	4.57 665	29.04 595	2:57.02 556
W50	Wilma Perkins	Qld	4,406	22/23.2.03	15.77 563	1.24 632	9.45 655	29.91 816	4.34 683	22.71 497	3:05.02 560
W55	– as above in Australian records Wilma Perkins 5,200										
W60	Carol Bowman	WA	2,499	7/8.1.17	24.06 61	1.03 523	4.79 347	37.52 507	2.72 292	9.35 198	3:24.11 571

INDOORS PENTATHLON using 2010 WMA AGE FACTORS - MEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	1000M
M40	Geoffrey Gibbons	Tas	3,564	22.3.17	8.83 893	5.88 675	10.37 579	1.69 602		2:53.38 815	
M50	George Jankowski	NSW	1,975	22.3.17	11.21 539	4.05 377	7.38 405	1.18 297		4:06.38 357	
M55	John Fienieg	NSW	2,932	4.4.12	11.45 581	1.48 636	8.51 534	4.57 584		3:43.62 597	
M60	John Fienieg	NSW	2,891	22.3.17	12.04 539	4.19 563	8.55 526	1.36 602		3:46.38 661	
M70	Don Chambers	Vic	2,990	2.3.10	10.73 913	1.11 496	8.85 602	3.70 606		5:00.31 373	
M75	Don Chambers	Vic	2,968	25.3.14	11.33 903	1.15 669	8.98 685	3.63 711		dnf 0	
M80	Rad Leovic	ACT	2,883	2008	15.33 456	0.99 544	7.37 592	2.91 540		4:47.96 751	
M85	Rad Leovic	ACT	2,239	25.3.14	25.35 0	0.91 544	6.34 574	2.26 388		5:35.95 733	

INDOORS PENTATHLON using 2010 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	800M
W35	Melissa Foster	WA	2,282	24.3.17	10.20 742	NH 0	8.43 446	5.33 726		3:00.62 368	
W40	Marie Kay	NSW	3,431	16.3.04	9.71 952	1.45 736	8.80 514	5.13 756		2:57.32 473	

AMA AUSTRALIAN MULTI EVENT RECORDS DETAIL as at 5 May 2017

INDOORS PENTATHLON using 2010 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	800M
W45	Marie Kay	NSW	4,312 WR	18.3.06	9.43 1026	1.51 916	10.02 658	5.41 965	2:39.79 747		
W50	Marie Kay	Qld	4,758 WR	1.3.10	9.55 1075	1.51 1041	12.30 894	5.16 994	2:46.78 754		
W60	Wilma Perkins	Qld	3,473	25.3.14	11.28 918	1.18 759	7.96 659	3.96 764	3:48.42 373		
W65	Marge Allison	Qld	3,799	1.3.10	11.53 969	1.17 879	6.57 589	3.13 522	3:08.99 840		
W75	Fran Harris	ACT	2,400	24.3.17	15.52 629	0.94 736	6.03 598	2.11 294	5:45.37 143		