

## 2017 AMA WINTER THROWS CHAMPIONSHIP RECORDS

Age Group	HAMMER		SHOT PUT		DISCUS		JAVELIN		WEIGHT THROW		56LB		100LB		Weight for Distance		THROWS PENTATHLON		HEAVY WEIGHT PENTATHLON	
																	~2002 table *2010 table		~2002 table *2015 table	
<b>Men 30</b>	36.69	W. Jones	12.47	G Urbanowicz	40.13	M Day	41.96	W Benbow	12.50	G Urbanowicz	7.74	G Urbanowicz	3.97	G Urbanowicz	12.79	M Day	2420	W Benbow~ 2597 M Day*	3023	G Urbanowicz
<b>Men 35</b>	53.42	S Zablotki	17.17	S Gyngell	50.03	D Haworth	51.67	J Hailey	16.13	D Haworth	10.94	D Haworth	5.57	D Haworth	15.09	J Muscat	3457	S Gyngell	4436	D Haworth
<b>Men 40</b>	43.07	P Frkovic	14.43	J Hailey	39.13	J Hailey	46.55	J Hailey	12.73	P Frkovic	8.02	P Frkovic	3.63	R Watson			3271	J Hailey	3532	P Frkovic*
<b>Men 45</b>	51.85	S Zablotki	15.47	S Gyngell	42.88	S Gyngell	47.42	B Banens	14.37	T Davey	10.24	G Edwards	4.38	G Edwards	12.20	T Lowrey	3584	T Davey*	4747	G Edwards*
<b>Men 50</b>	50.25	G Edwards	16.08	S Gyngell	48.25	M Harland	48.18	B Banens	17.74	G Edwards	9.39	G Edwards	4.00	G Edwards			4309	G Rose	4864	G Edwards*
<b>Men 55</b>	47.19	G Rose	12.59	G Rose	42.98	W Selvey	48.95	G Rose	17.40	G Rose	7.33	G Crumpton	4.02	G Crumpton	17.32	P Reed	4187	G Rose	4581	G Rose~ 4303 R Glass*
<b>Men 60</b>	49.00	W van Weenan	12.98	G Gee	49.53	K James	43.06	G Rose	18.49	G Rose	7.49	R Glass	3.68	R Glass			4344	G Rose	4469	G Rose~ 4647 R Glass*
<b>Men 65</b>	47.52	W van Weenan	12.34	G Mencik	43.14	K James	40.91	A Farr	17.83	W van Weenan	6.18	W van Weenan	3.09	B Binks	14.80	D Ross	4384	G Rose	5069	K Priestley
<b>Men 70</b>	42.46	T Hancock	12.11	G Mencik	39.52	K James	37.42	T Hancock	17.38	K Priestley	5.38	W van Weenan	2.74	W van Weenan	10.89	J Reynolds	4322	T Hancock	5032	G Rose
<b>Men 75</b>	40.55	W van Weenan	11.24	G Mencik	33.13	R Simcock	32.44	R Simcock	14.91	W van Weenan	3.96	H Wynhoven	1.99	H Wynhoven			4176	W van Weenan	5186	K Priestley
<b>Men 80</b>	38.71	R Simcock	11.77	R Simcock	29.60	T Hancock	30.68	R Simcock	16.92	G Mencik	3.49	H Wynhoven	1.76	N Windred			4670	T Hancock*	5034	R Simcock
<b>Men 85</b>	23.54	N Windred	8.04	N Windred	23.54	N Windred	20.06	N Windred	11.34	N Windred	3.07	F Jekabsons	1.66	F Jekabsons			3375	N Windred	2186	E Drummond
<b>Women 30</b>	58.47	K Di Marco	10.77	M Holahan	35.40	L Smith	39.75	L Smith	17.52	K Di Marco	5.87	M Holahan	2.51	K DiMarco	8.80	J Day	3531	K Di Marco	5380	K Di Marco
<b>Women 35</b>	47.68	C McCahill	12.96	C McCahill	33.49	K Hunter	40.42	J Hardy	1.87	C McCahill	4.48	A Muscat	2.34	A Muscat	13.63	A Thomson	3757	C McCahill	5101	C McCahill
<b>Women 40</b>	46.33	J Hardy	11.26	J Hardy	39.19	J Hardy	37.76	J Hardy	14.22	J Hardy	5.00	A Mackie	2.24	J Hardy			4194	J Hardy	4830	J Hardy
<b>Women 45</b>	41.51	S Gibbins	12.30	C Schultz	40.82	C Schultz	33.09	J Hardy	13.95	C McCahill	4.30	J Hardy	2.15	J Hardy	10.76	M Cimino	4179	C Schultz	4637	J Hardy
<b>Women 50</b>	49.12	M Parviainen	12.37	M Thomas	34.40	G Watts	42.26	M Thomas (400g)	15.89	M Parviainen	4.40	J Hardy	2.02	J Hardy	9.94	D Engeler	4263	J Hardy	4716	J Hardy
<b>Women 55</b>	46.00	J Davies	11.39	M Kay	29.66	S Gibbins	29.90	J Bourke (500g)	14.04	J Davies	3.32	J Corham	1.62	J Taylor			4005	J Davies	4088	R Rudov
<b>Women 60</b>	46.09	H Searle	12.24	H Searle	32.03	H Searle	26.27	H Searle (400g)	16.22	H Searle	3.05	R Rudov	1.61	T Thomas	17.20	J Taylor	5154	H Searle	4871	H Searle
<b>Women 65</b>	40.11	H Searle	10.53	H Searle	26.34	H Searle	30.69	M Thomas (400g)	13.15	H Searle	2.98	R Rudov	0.55	J Heath			5046	H Searle	4772	H Searle
<b>Women 70</b>	32.08	H Searle	9.90	H Searle	23.28	M Thomas	22.74	M Thomas (500g)	11.71	J Banens	2.50	M Thomas R Rudov	1.37	F Harris			4349	H Searle	4201	J Banens
<b>Women 75</b>	32.27	H Searle	9.79	H Searle	21.00	H Searle	17.47	H Searle	11.55	H Searle	1.97	S Saberton					4363	H Searle	3073	S Saberton
<b>Women 80</b>	15.23	M Wahren	5.52	M Wahren	10.96	M Wahren	11.83	M Wahren	6.68	M Wahren							1914	M Wahren		
<b>Women 85</b>																				
<b>Women 90</b>	12.96	R Frith (3kg)	5.10	R Frith	11.46	R Frith (1kg)	10.00	R Frith	5.96	R Frith (5.45kg)							4180	R Frith		
<b>Women 95</b>	14.09	R Frith (2kg)	5.09	R Frith (2kg)	13.71	R Frith 9750g)	5.78	R Frith	5.33	R Frith							7193	R Frith		
<b>Women 100</b>	11.30	R Frith	4.06	R Frith	8.20	R Frith	5.62	R Frith	4.30	R Frith							5495	R Frith*		