

## **AUSTRALIAN MASTERS ATHLETIC AWARDS**

### **PRESENTED IN PERTH 2010**

#### **SPRINTS**

There were some excellent candidates for this award. Our recipient for the sprints is a very experienced runner who has competed at AMA Championships and worn the Australian uniform on many occasions. They have consistently achieved age grade performances over 90% in the 100m, 200m and 400m. At the WMA Stadia Championships in Lahti they won two gold and a silver medal in these events.

**Congratulations: W65  
Australia**

**Peggy Macliver**

**Western**

#### **MIDDLE DISTANCE**

Our middle distance recipient has had a very successful year, including two Australian records, one in this category at last year's nationals and one in sprints category on their home track. They also pocketed two gold medals and a silver medal at the World Championships in the 800m, 1500m and 2km steeplechase. Our recipient was also inducted into the AMA Hall of Fame twelve months ago.

**Congratulations: M70  
Queensland**

**Alan Bradford**

#### **DISTANCE**

Our recipient for this award has competed in a range of distances over the year. They have been involved in setting middle distance relay records to an Australian Record in the 3000m. At the 2009 AMA Championships they won the 5000m, 10000m and cross country, all with state record times. In their home state they established state records in the half marathon and marathon.

**Congratulations: W45  
Queensland**

**Glenda Banaghan**

#### **WALKS**

This category continues to be the toughest of all the awards to win, such is the quality and depth of our walkers in Australia. Our winner has been a regular participant at all levels of our championships. They have also been a master's competitor from when they were old enough to join.

Our recipient earned themselves three medals at the Lahti Championships. They came home, had a birthday, moved into the next age group and promptly set about rewriting world records in the three kilometre walk, several times, and the 20km road walk.

**Congratulations: W60 Heather Carr  
Victoria**

## **JUMPS**

Our recipient in the jumps continues to establish Australian records as they move up the age group ranks, something they have been doing for almost thirty years. With a high jump age grade of 96.2% and triple jump at 92.2% they continue to shine as one of our best. Add in two gold medals and a silver from Lahti, our recipient has well and truly deserves their award.

**Congratulations: W60 Margaret Taylor Australian Capital  
Territory**

## **THROWS**

Our throws recipient competed in Adelaide and made their presence felt by winning four gold medals and one silver. At the World Masters Games in Sydney they added two gold and a silver medal. During the year they also established an Australian shot put record and broke the weight pentathlon record twice. They are also ranked number one in the world for their age group in shot put.

**Congratulations: M45 Stuart Gyngell New  
South Wales**

## **MULTI EVENTS / RELAYS**

This category pitches the multi event athletes against the relay athletes. The nominations for this year show some outstanding performances amongst the nominees with a number of state, national and world records. This year the award goes to a relay team. The team, by chance, came together at a Gold Coast Panpac meet and ran a time close to the world record. The team then set to work planning their next assault and working towards it. Twelve months ago in Adelaide many of you witnessed their effort when they took almost eight seconds off the world record.

**Congratulations: M65 4 x 400m Col Buyers, Heinz Steinmann, Tony Ireland,  
Neville McIntyre  
Australia**

## **ADMINISTRATOR / OFFICIAL OF THE YEAR**

Our recipient for this award has just completed their 31<sup>st</sup> year serving on their state master's committee. They have also maintained the register of members for that same time period and have been responsible for championships and weekly competition programs for the past 27 years. Throughout that service our recipient has also been responsible for keeping all state records and has been continually praised by our national records officer as being the best records statistician in the country.

Our recipient has the distinction of being the first female AMA president, a just reward for someone who fought hard to have females accepted as members in this sport back in the 1970's. They have served as AMA vice president and been a state delegate for numerous years. Our recipient is also a qualified throws official and on the competition side, they have set state, national and world records in throwing events, including three national records in 2009.

**Congratualtions: Heather Doherty**  
**Queensland**

## **MOST OUTSTANDING INDIVIDUAL PERFORMANCE**

Displaying their talent and versatility at the AMA 2009 Championships, our recipient won every track distance from the 60m to the 1500m and added an additional two gold medals from the long and triple jumps. They then fitted in time to win the Sprint Champion of Champions and be part of their state's winning 4 x 100m and 4 x 400m relay teams. Our recipient also broke the 100m Australian record twice during the competition season. Later in the year they won five medals at the WMA Championships, including being a member of the world record setting W40 4 x 100m team.

**Congratulations: W45 Gianna Mogentale New South**  
**Wales**

## **MOST OUTSTANDING FEMALE ATHLETE**

Our recipient for this award continues to put together outstanding performances on a yearly basis. Our recipient won four gold medals at the WMA Championships and they are currently the only athlete with a world record set right at the end of their age group. They actually broke the world record which they set when they entered the age group almost five years previously. In winning the heptathlon, our recipient was the highest points scorer in all seven disciplines.

**Congratulations: W45 Marie Kay**  
**Queensland**

## **MOST OUTSTANDING MALE ATHLETE**

Our recipient for this award is a versatile athlete who seems to get better as they work their way up the age groups. The earlier part of 2009 saw them winning events at state that included the 1500m and the pentathlon. By the AMA Championships they crossed the line first four times including the 800m and steeplechase. By the WMA Championships they were winning gold in the 400m with an age grade of 99.41% as well as adding an additional two silver medals.

**Congratulations:                    M75                    David Carr                    Western  
Australia**

**Wilma Perkins AMA Board Technical and Awards April 2010**